

Dear household members:

An enumerator from the Institute of Statistics has visited your household and has left you this diary of food expenditures that we request that you fill in for 14 days. This food diary is an important part of the Albanian Living Standards Measurement Survey which will be conducted from April to June 2005. Your participation in this survey is crucial in order to be able to determine the economic situation of Albanian households. Your household has been randomly chosen. The data collected for this survey is strictly **confidential** and the information collected will be used for statistical purposes only; all information will remain anonymous.

Instructions for filling out this diary:

The enumerator will help you fill in the booklet for yesterday, and then we request that you fill in the diary for the next 13 days beginning today. It is composed of 3 parts:

Note: You must fill the diary every day without skipping a day.

1) **All purchases of food and non-alcoholic beverages that you have done during the day, no matter where you have bought them.** Even if the purchase was of a large quantity that will be used for longer than the 14 day period of the diary, please record the purchase.

2) **Non-purchased food products:**

- Products produced by your household - that come from your household's garden, or from fishing or hunting.
- Food products given to you as a gift or as aid.
- Products that were given for work or other in-kind payment.

Attention: Please give an estimate for the value of the non-purchased products in old leks, using the value of the products in your area.

3) **Food eaten outside the home during the day by any member of the household:**

- Food eaten in a restaurant.
- Fast food consumed by any household member.
- Food or non-alcoholic beverages in a bar or café.

Describe the kind of meal and other products consumed by different household members outside the home.

Use the column to write the total value in old leks of the products consumed outside the home for all the members.

Example **DAILY PURCHASED PRODUCTS**

Description of daily expenditure	Office use only:	Quantity	Unit of Measure	Value in old leks	this will be consumed within... 3 days 1 week 2 weeks 1 month more than 1 month
	Code		Gram Kilo Unit/piece Litre		
White bread	□□□□□□	1	piece	600	3 days
Milk	□□□□□□	1.5	litre	800	3 days
Potatoes	□□□□□□	1	kg	500	2 weeks
Oranges	□□□□□□	1	kg	1000	1 week
Bottled water	□□□□□□	5	litre	800	3 days
Veal	□□□□□□	5	kg	30.000	2 weeks
Sugar	□□□□□□	2	kg	1400	1 month
Flour	□□□□□□	3	kg	2100	1 week
Parsley	□□□□□□	1	unit	100	3 days

Attention: Describe home produced products. Record values in old leks.

Example **NON-PURCHASED PRODUCTS**

Description of non-purchased [PRODUCT] that household consumed	Office use only:	Quantity	Unit of Measure	Value in old leks	Source
	Code		Gram Kilo Unit/piece Litre		Own-prod Gift In-kind pay.
Milk	□□□□□□	1.5	litre	800	own production
Veal	□□□□□□	1	kg	6000	own production
Olives	□□□□□□	300	gram	500	gift
Tomatoes	□□□□□□	500	gram	300	own production
Rice	□□□□□□	1	kg	600	in-kind pay

Example **FOOD EATEN OUTSIDE HOME**

Type of meals eaten outside home (restaurant, bars, cafes, fast food)	Code	Amount spent in total on the meal/beverages
restaurant meal for 4	□□□□□□	50.000
café for 3 persons	□□□□□□	1200
burek	□□□□□□	500

Day 1

Write the Day and Date here _____

DAILY PURCHASED PRODUCTS

Nr.	Description of daily expenditure	Office use only:	Quantity	Unit of Measure Gram Kilo Unit/piece Litre	Value in old leks	this will be consumed within... 3 days 1 week 2 weeks 1 month more than 1 month
		Code				
01						
02						
03						
04						
05						
06						
07						
08						
09						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

NON-PURCHASED PRODUCTS

(products of garden, farm, hunting, fishing, poultry, or products received as gifts or in-kind payments)

Nr.	Description of non-purchased [product] that household consumed	Office use only:	Quantity	Unit of Measure Gram Kilo Unit/piece Litre	If you had to buy this product, how much would you have to pay for it? old leks	Source Own-prod Gift In-kind pay.
		Code				
01						
02						
03						
04						
05						
06						
07						
08						
09						
10						
11						
12						
13						
14						

FOOD EATEN OUTSIDE HOME

(the main diary respondent answers for all household members)

	Type of meals eaten outside home (restaurant, bars, cafes, fast food)	Code of product/ service	Amount spent in total on the meal/beverages (old leks)
01			
02			
03			
04			
05			

10. D: CHECKLIST FOR STAPLE FOODS

Interviewer: check carefully if household has or not purchased/stocked from its own consumption the following items:

1.	2.	3.	4.	5.	6.	7.
Do you generally use the following products?	1. If there is a purchase in the diary >>next product 2.If registered in self-consumption>>next product 3. Not recorded in the diary >>column 3	1. Forgotten>> Fill in diary or self-consumption questionnaire 2. Purchased before reference period >>4 3. Don't use>>next product	How often do you buy [Product]? 1. 15 days 2. 1 month 3. 2 months 4. A quarter 5. Rarely	Quantity purchased last time? Amount	Unit of measure 1. Gr 2. Kg 3. Unit/Piece 4. Liters Unit	What is the total value of the purchase? OLD LEKS
1	Flour					
2	Potatoes					
3	Meat					
4	White beans					
5	Vegetal oil					
6	Olive oil					
7	Butter					
8	Rice					
9	Macaroni					
10	Sugar					
11	Honey					
12	Food for children					
13	Olives					
14	Dried Onions					

Enumerator: Questions on bread

1. How much bread does your family consume in an average day?

none	1>>END	
1/2 loaf	2	
3/4 loaf	3	
1 loaf	4	
1 1/2 loaves	5	
2 loaves	6	
3 loaves	7	
more than 3 loaves (specify _____)	8	

2. From what source does your household get its bread (in the past 14 days?)

buy bread	1>>END	
make bread at home	2	
both buy and make bread at home	3	
send flour to the bakery to have bread made	4	

3. Where do you get the flour for the bread you make at home, or the flour you send to the bakery (for the bread consumed the past 14 days)?

buy flour	1	
flour own production	2	

4. How many kilos of flour does your household consume PER MONTH (on average over the past 6 months), for all consumption?

kilos

5. Of the total flour consumed in a month, how many kilos do you use for making bread?

kilos