

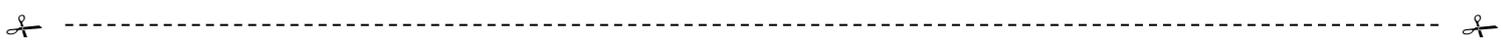
National STEPS Survey Questionnaire for Chronic Noncommunicable Diseases (NCDs) Risk Factors

Palau 2011



Survey Information

| Location and Date | | Response | Code |
|-------------------|---|---|------|
| 1 | Hamlet ID | _ _ _ _ | I1 |
| 2 | Hamlet name | | I2 |
| 3 | Interviewer ID | _ _ _ _ | I3 |
| 4 | Date of completion of the questionnaire | _ _ _ _ _ _ _ _ dd mm year | I4 |



| Consent, Interview Language and Name | | Response | Code |
|--|--------------------------------------|---------------------------------|------|
| Participant Id Number _ _ _ _ _ _ _ _ _ _ _ _ _ _ | | | |
| 5 | Consent has been read and obtained | Yes 1 No 2 IF NO, END | I5 |
| 6 | Interview Language | English 1 Tagalog 2 | I6 |
| 7 | Time of interview (24 hour clock) | _ _ : _ _ hrs mins | I7 |
| 8 | Family Surname | | I8 |
| 9 | First Name | | I9 |
| 10 | Contact phone number where possible | | I10 |

Record and file identification information (I5 to I10) separately from the completed questionnaire.

Participant Identification Number

| | | | |
|---------------|-----------|------|-----|
| Don't Know 77 | Wednesday | ____ | A8c |
| | Thursday | ____ | A8d |
| | Friday | ____ | A8e |
| | Saturday | ____ | A8f |
| | Sunday | ____ | A8g |

| Diet | | | |
|--|--|---|---------|
| The next questions ask about the fruits and vegetables that you usually eat. I have a nutrition card here that shows you some examples of local fruits and vegetables. Each picture represents the size of a serving. As you answer these questions please think of a typical week in the last year. | | | |
| Question | Response | | Code |
| 49 | In a typical week, on how many days do you eat fruit ? (USE SHOWCARD) | Number of days Don't Know 77 ____ <i>If Zero days, go to D3</i> | D1 |
| 50 | How many servings of fruit do you eat on one of those days? (USE SHOWCARD) | Number of servings Don't Know 77 ____ | D2 |
| 51 | In a typical week, on how many days do you eat vegetables ? (USE SHOWCARD) | Number of days Don't Know 77 ____ <i>If Zero days, go to D5</i> | D3 |
| 52 | How many servings of vegetables do you eat on one of those days? (USE SHOWCARD) | Number of servings Don't know 77 ____ | D4 |
| 53 | What type of oil or fat is most often used for meal preparation in your household? (USE SHOWCARD) (SELECT ONLY ONE) | Vegetable oil 1 Lard or suet 2 Butter or ghee 3 Margarine 4 Other 5 <i>If Other, go to D5 other</i> None in particular 6 None used 7 Don't know 77 | D5 |
| | | Other _____ | D5other |
| 54 | On average, how many meals per week do you eat that were not prepared at a home? By meal, I mean breakfast, lunch and dinner. | Number Don't know 77 ____ | D6 |
| 55 | On average how long does it take to consume 500g of salt? (USE SHOWCARD) | Number of days Don't Know 77 ____ <i>If Zero days, go to P1</i> | X8 |

