

KFSSG Urban CFSVA 2010 24 HOUR RECALL RECORDING SHEET

Follow all the instructions carefully and make sure that your answers are legible

SECTION 1: IDENTIFICATION INFORMATION

1.1 Livelihood Zone name: _____	1.2 Livelihood Zone code [][]	
1.3 District name: _____	1.4 District code: [][][]	
1.5 EA name: _____	1.6 EA code : [][][]	
1.7 Name of the town _____ 1.8 Name of settlement/neighborhood: _____ 1.9 HH number: [][] 1.10 Urban =1 / Peri-urban =2 []		
1.11 QUESTIONNAIRE ID	[][][][] + [][][][] EA code + HH number	
1.12 Name of the HH head _____		
1.13 Respondent name: _____ respondent ID: [][][] (from the roster)		
1.14 Enumerator names: 1 _____ 2 _____	1.15 Team Number: [][][][]	1.16 Date of interview: [][][] / [][][] day month
1.17 Name of Supervisor: _____	1.18 Supervisor code: [][][]	1.19 Date of check: [][][] / [][][] day month
1.20 Name of Data Entry Operator: _____	1.21 Data Entry Operator code: [][][][]	1.22 Date of data entry: [][][] / [][][] day month

2.1. Tick the day of the week which you are recalling (it should be the day before the interview)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

2.1. STEP 1: Ask: “Please think back to when you woke up yesterday morning to the time you went to sleep in the evening. I want you to try remember what the members of your household ate or drank yesterday from the moment they got up until they went to sleep again last night. Run through the whole day in your mind and try to remember everything that they ate or drank”

- THE INTERVIEWER MUST GIVE THE RESPONDENT A LITTLE TIME TO DO THIS
- AFTER THE PARTICIPANT MENTIONS AN ITEM, THE INTERVIEWER SHOULD PROMPT THE RESPONDENT BY SAYING “AND THEN?” ENTER THE INFORMATION IN **COLUMN 1 of the TABLE 1.**

2.2. STEP 2: Now, ask the following question on forgotten foods and enter them in the **column 2 of the table 1.**

Did any member of your household have any cold drinks or soda yesterday?

Did any member of your household have any sweets and or chocolate yesterday?

Did any member of your household have any cake and or biscuit yesterday?

Did any member of your household have any snacks like chips, samosa, “mutura”, “ngumu” yesterday?

Did any member of your household have any (other) fruit yesterday?

Did any member of your household have any (other) vegetable yesterday?

Did any member of your household have any bread yesterday?

Did any member of your household have any mandazi yesterday?

Did any member of your household have anything else yesterday?

Did any member of your household have any alcoholic drinks yesterday?

Table 1 : record table for the steps 1 and 2

COLUMN 1	COLUMN 2
STEP 1: Food/drink eaten/drank during the day Q2.2a	STEP 2: Forgotten foods (PROMPTED) Q2.2b
1.	
2.	
3.	
4.	

2.2c. What was eaten/drank by members of your household; was it same as, more than or less than usual? (tick)

1. Same ☐
2. More ☐
3. Less ☐

2.2d If more or less than usual, explain why (tick one)

1. Celebration ☐
2. Religious Activity ☐
3. Little food in household ☐
4. Other (spec _____) ☐

2.3. STEP 3: ask the following: “Now I am going to ask you more about each food or drink that was eaten/drunk yesterday”

- START WITH THE 1ST ITEM REPORTED IN TABLE 1. TRANSFER THIS ITEM TO THE COLUMN 1 IN THE TABLE BELOW (SEE TABLE 2).
- ASK “At what time was the item 1 eaten?” REPORT THE TIME IN COLUMN 1. DO NOT SPEND MUCH TIME IN GETTING THE EXACT HOUR.
- ASK “for what meal was the item 1 eaten? INDICATE FOR WHAT MEAL ITEM 1 WAS EATEN AND REPORT IT IN COLUMN 3.

2.4. STEP 4: “Now I want you to tell me more about this food item....”

- THIS INCLUDES A DETAILED DESCRIPTION OF THE FOOD (BRAND NAME, IF UNPROCESSED, SEMI-PROCESSED OR FULLY PROCESSED, SIZE, ETC), THE AMOUNT PREPARED AND THE METHOD OF PREPARATION. ENTER THIS INFORMATION IN COLUMN 4, (4.1, 4.2 AND 4.3)
- USE STANDARD HOUSEHOLD MEASURES AND WEIGHTS TO DETERMINE AMOUNTS OF INGREDIENTS USED. INDICATE IF FOOD WAS PURCHASED ALREADY COOKED FROM THE STREETS BY INCLUDING THE FOLLOWING TEXT “STREET FOOD” NEXT TO THE ITEM).

2.5. Step 5: “Now we are going to find out how much of this item was eaten/drunk.”

- INTERVIEWER AND RESPONDENT USE HOUSEHOLD MEASURES AND WEIGHING EQUIPMENT TO DETERMINE HOUSEHOLD PORTION SIZES.
- A DESCRIPTION OF HOUSEHOLD PORTION SIZES IN TERMS OF CUPS, SPOONS, BOWLS, GLASSES, MATCHBOXES, MANUAL PICTURE SIZE OR CENTIMETERS (USING THE RULER) IS THEN ENTERED IN COLUMN 5.
- INFORMATION SHOULD BE OBTAINED FOR TOTAL AMOUNT OF COOKED FOOD, AND AMOUNTS CONSUMED. AMOUNTS SHOULD BE ENTERED IN HOUSEHOLD MEASURES AND ACTUAL WEIGHTS (GRAMS).
- FOR EACH FOOD ITEM CONSUMED INDICATE THE NUMBER OF HOUSEHOLD MEMBERS WHO CONSUMED THAT FOOD (COLUMN 6).

Table 2 : recording sheet for the information collected in steps3, 4, 5, 6

1. item carried from step 1 and 2	2. Time	3. Meal 1=breakfast 2=lunch 3=dinner 4=snack 5=other	4. Detailed description of the item before consumption (ingredients, quantities and cooking method)				5. Amount of food eaten					6. Number of household members who ate
			4.1 description of ingredients <i>(Include: • brand name, • if unprocessed, semi-processed and fully processed)</i>	4.2 Quantity of ingredients <i>description of of ingredients in household measures</i>		4.3 Cooking method	5.1 Total Amount Cooked <i>In HH measures</i>		5.2 Total Amount Eaten <i>In HH measures</i>			
					Weight (grams)		Weight (grams)		Weight (grams)			

Table 2 : recording sheet for the information collected in steps 3, 4, 5, 6

1. food item carried from step 1 and 2	2. Time	3. Meal 1=breakfast 2=lunch 3=dinner 4=snack 5=other	4. Detailed description of the item before consumption (ingredients, quantities and cooking method)				5. Amount of food eaten					6. Number of household members who ate
			description of ingredients (Include: • brand name, • if unprocessed, semi-processed and fully processed, • large, medium, small)	Quantity of ingredients		Cooking method	Total Amount Cooked		Total Amount Eaten			
				description of of ingredients in household measures	Weight (grams)		In HH measures	Weight (grams)	In HH measures	Weight (grams)		

Table 2 : recording sheet for the information collected in steps 3, 4, 5, 6

1. item carried from step 1 and 2	2. Time	3. Meal 1=breakfast 2=lunch 3=dinner 4=snack 5=other	4. Detailed description of the item before consumption (ingredients, quantities and cooking method)				5. Amount of food eaten					6. Number of household members who ate
			description of ingredients (Include: • brand name, • if unprocessed, semi-processed and fully processed, • large, medium, small)	Quantity of ingredients		Cooking method	Total Amount Cooked		Total Amount Eaten			
				description of of ingredients in household measures	Weight (grams)		In HH measures	Weight (grams)	In HH measures	Weight (grams)		

Table 2 : recording sheet for the information collected in steps 3, 4, 5, 6

1. item carried from step 1 and 2	2. Time	3. Meal 1=breakfast 2=lunch 3=dinner 4=snack 5=other	4. Detailed description of the item before consumption (ingredients, quantities and cooking method)				5. Amount of food eaten					6. Number of household members who ate
			description of ingredients (Include: • brand name, • if unprocessed, semi-processed and fully processed, • large, medium, small)	Quantity of ingredients		Cooking method	Total Amount Cooked		Total Amount Eaten			
				description of of ingredients in household measures	Weight (grams)		In HH measures	Weight (grams)	In HH measures	Weight (grams)		

Table 2 : recording sheet for the information collected in steps 3, 4, 5, 6

1. item carried from step 1 and 2	2. Time	3. Meal 1=breakfast 2=lunch 3=dinner 4=snack 5=other	4. Detailed description of the item before consumption (ingredients, quantities and cooking method)				5. Amount of food eaten					6. Number of household members who ate
			description of ingredients (Include: • brand name, • if unprocessed, semi-processed and fully processed, • large, medium, small)	Quantity of ingredients		Cooking method	Total Amount Cooked		Total Amount Eaten			
				description of of ingredients in household measures	Weight (grams)		In HH measures	Weight (grams)	In HH measures	Weight (grams)		

Table 2 : recording sheet for the information collected in steps 3, 4, 5, 6

1. item carried from step 1 and 2	2. Time	3. Meal 1=breakfast 2=lunch 3=dinner 4=snack 5=other	4. Detailed description of the item before consumption (ingredients, quantities and cooking method)				5. Amount of food eaten					6. Number of household members who ate
			description of ingredients (Include: • brand name, • if unprocessed, semi-processed and fully processed, • large, medium, small)	Quantity of ingredients		Cooking method	Total Amount Cooked		Total Amount Eaten			
				description of of ingredients in household measures	Weight (grams)		In HH measures	Weight (grams)	In HH measures	Weight (grams)		

Table 2 : recording sheet for the information collected in steps 3, 4, 5, 6

1. item carried from step 1 and 2	2. Time	3. Meal 1=breakfast 2=lunch 3=dinner 4=snack 5=other	4. Detailed description of the item before consumption (ingredients, quantities and cooking method)				5. Amount of food eaten					6. Number of household members who ate
			description of ingredients (Include: • brand name, • if unprocessed, semi-processed and fully processed, • large, medium, small)	Quantity of ingredients		Cooking method	Total Amount Cooked		Total Amount Eaten			
				description of of ingredients in household measures	Weight (grams)		In HH measures	Weight (grams)	In HH measures	Weight (grams)		