

STEPwise Approach to Non-Communicable Diseases Risk Factor Surveillance 2005

Prof. LONGO-MBENZA

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Identification

SURVEY ID NUMBER

COD_2005_STEPS_v01_M

TITLE

STEPwise Approach to Non-Communicable Diseases Risk Factor Surveillance 2005

SUBTITLE

Ville-Province of Kinshasa

COUNTRY

Name	Country code
Congo, Dem. Rep.	COD

STUDY TYPE

Other Household Survey [hh/oth]

SERIES INFORMATION

This is the first STEPS conducted by the Democratic Republic of the Congo.

ABSTRACT

STEPS is a household-based survey to obtain core data on the established risk factors that determine the major burden of NCDs.

KIND OF DATA

Sample survey data [ssd]

UNIT OF ANALYSIS

Individuals

Version

VERSION DESCRIPTION

Public-use dataset

Scope

NOTES

The following topics were included in the survey: tobacco use, alcohol consumption, diet, physical activity, history of raised blood glucose, history of raised blood pressure and lifestyle advice. Additionally, the following measures were taken: blood pressure, height, weight, waist circumference, heart rate and fasting blood glucose.

TOPICS

Topic	Vocabulary
STEPS	Survey

KEYWORDS

Keyword
noncommunicable diseases
risk factors
health surveys

tobacco use
alcohol use
diet
nutrition
physical activity
blood pressure
overweight
obesity
diabetes
hypertension
blood glucose

Coverage

GEOGRAPHIC COVERAGE

Subnational (Ville-Province of Kinshasa)

UNIVERSE

Adults aged 15+ years.

Producers and sponsors

PRIMARY INVESTIGATORS

Name
Prof. LONGO-MBENZA

Sampling

SAMPLING PROCEDURE

A multi-stage cluster sample of households. All eligible individuals within the age range of the survey were selected per household. See pages 13-16 of the report for further detail.

RESPONSE RATE

78%

WEIGHTING

Selection probabilities were not available therefore the data were not able to be weighted.

data_collection

DATES OF DATA COLLECTION

Start	End
2005-03	2005-04

DATA COLLECTION MODE

Face-to-face [f2f]

Access policy

CONTACTS

Name	Affiliation	Email	URL
NCD Surveillance Team	World Health Organization	ncdmonitoring@who.int	Link

ACCESS CONDITIONS

The user undertakes:

- (1) to acknowledge the data source.
- (2) to share any planned publications with WHO prior to publication.
- (3) to offer co-authorship of any reports or publications using the survey results to the coordinator of the survey.
- (4) to use the data for non-commercial, not-for-profit public health purposes only.

CITATION REQUIREMENTS

Publications based on STEPS data should cite the survey report (if available) and acknowledge the data source in the following manner:

"This paper uses data from the [country] [year] STEPS survey, implemented by [implementing agency] with the support of the World Health Organization."

ACCESS AUTHORITY

Name	Affiliation	Email	URL
NCD Surveillance Team	World Health Organization	ncdmonitoring@who.int	Link

Disclaimer and copyrights

DISCLAIMER

The data is being distributed without warranty of any kind. The responsibility for the use of the data lies with the user. In no event shall the World Health Organization be liable for damages arising from its use.

Metadata production

DDI DOCUMENT ID

DDI_COD_2005_STEPS_v01_M

PRODUCERS

Name	Abbreviation	Affiliation	Role
Melanie Cowan		World Health Organization	Documentation of data
Development Economics Data Group	DECDG	The World Bank	Metadata adapted for World Bank Microdata Library

DATE OF METADATA PRODUCTION

2021-07-13

DDI DOCUMENT VERSION

Identical to a metadata (COD_2005_STEPS_v01) published on WHO NCD microdata repository

(<http://extranet.who.int/ncdsmicrodata/index.php/catalog>). Some of the metadata fields have been edited.

data_dictionary

Data file	Cases	variables
cod2005 Subnational public-use dataset	1943	111

Data file: cod2005

Subnational public-use dataset

Cases: 1943

variables: 111

variables

ID	Name	Label	Question
V1	pid	participant ID - unique record ID	
V2	i5	date of interview	
V3	i8	interview language	
V4	sex	sex	
V5	age	age for analysis	
V6	c4	yrs of education	
V7	c6	highest level of education	
V8	c7	work status	
V9	x6	marital status	
V10	t1	current smoking	
V11	t2	current daily smoking	
V12	t3	age started smoking daily	
V13	t4a	time since started smoking daily (years)	
V14	t4b	time since started smoking daily (months)	
V15	t4c	time since started smoking daily (weeks)	
V16	t5a	manufactured cigs smoked per day	
V17	t5b	hand-rolled cigs smoked per day	
V18	t5c	pipes smoked per day	
V19	t5d	cigars smoked per day	
V20	t5e	other smoked per day	
V21	t6	past daily smoking	
V22	t7	age stopped smoking daily	
V23	t8a	time since stopped smoking daily (years)	
V24	t8b	time since stopped smoking daily (months)	
V25	t8c	time since stopped smoking daily (days)	
V26	t9	current smokeless tobacco use	
V27	t10	current daily smokeless tobacco use	
V28	t11a	Snuff, by mouth times per day	
V29	t11b	Snuff, by nose times per day	
V30	t11c	Chewing tobacco times per day	
V31	t11e	other smokeless product per day	
V32	t12	past daily smokeless use	
V33	x7	ever drank alcohol	
V34	a1	drank alcohol in past 12 mos	
V35	a2	freq drinking in past 12 mos	
V36	a3	avg number drinks per drinking day	
V37	a5a	number of drinks consumed last Monday	

ID	Name	Label	Question
V38	a5b	number of drinks consumed last Tuesday	
V39	a5c	number of drinks consumed last Wednesday	
V40	a5d	number of drinks consumed last Thursday	
V41	a5e	number of drinks consumed last Friday	
V42	a5f	number of drinks consumed last Saturday	
V43	a5g	number of drinks consumed last Sunday	
V44	d1	days fruit eaten per week	
V45	d2	servings fruit eaten per day	
V46	d3	days veg eaten per week	
V47	d4	servings veg eaten per day	
V48	d5	oil used most often	
V49	p1	vig activity at work	
V50	p2	vig activity at work: days per week	
V51	p3a	vig activity at work: hours per day	
V52	p3b	vig activity at work: mins per day	
V53	p4	mod activity at work	
V54	p5	mod activity at work: days per week	
V55	p6a	mod activity at work: hours per day	
V56	p6b	mod activity at work: mins per day	
V57	p7	active transport	
V58	p8	active transport: days per week	
V59	p9a	active transport: hours per day	
V60	p9b	active transport: mins per day	
V61	p10	vig leisure activity	
V62	p11	vig leisure activity: days per week	
V63	p12a	vig leisure activity: hours per day	
V64	p12b	vig leisure activity: mins per day	
V65	p13	mod leisure activity	
V66	p14	mod leisure activity: days per week	
V67	p15a	mod leisure activity: hours per day	
V68	p15b	mod leisure activity: mins per day	
V69	p16a	sedentary time: hours per day	
V70	p16b	sedentary time: mins per day	
V71	h1	BP last measured	
V72	h2	told had high BP in past 12 mos	
V73	x14	currently receiving treatment for high BP	
V74	h3a	currently receiving for high BP: drugs	
V75	h3b	currently receiving for high BP: special diet	
V76	h3c	currently receiving for high BP: advice/treatment to lose weight	
V77	h3d	currently receiving for high BP: advice/treatment to stop smoking	
V78	h3e	currently receiving for high BP: advice/treatment to exercise more	
V79	h4	seen trad'l healer for high BP in past 12 mos	
V80	h5	taking trad'l meds for high BP	
V81	h6	gluc measured in past 12 mos	
V82	h7	told had high gluc in past 12 mos	

ID	Name	Label	Question
V83	x15	currently receiving treatment for high gluc	
V84	h8a	currently receiving for high gluc: insulin	
V85	h8b	currently receiving for high gluc: drugs	
V86	h8c	currently receiving for high gluc: special diet	
V87	h8d	currently receiving for high gluc: advice/treatment to lose weight	
V88	h8e	currently receiving for high gluc: advice/treatment to stop smoking	
V89	h8f	currently receiving for high gluc: advice/treatment to exercise more	
V90	h9	seen trad'l healer for high gluc in past 12 mos	
V91	h10	taking trad'l meds for high gluc	
V92	m3	height (cm)	
V93	m4	weight (kg)	
V94	m5	pregnant	
V95	m7	waist circumference (cm)	
V96	m10	cuff size	
V97	m11a	BP reading 1: systolic	
V98	m11b	BP reading 1: diastolic	
V99	m12a	BP reading 2: systolic	
V100	m12b	BP reading 2: diastolic	
V101	m13a	BP reading 3: systolic	
V102	m13b	BP reading 3: diastolic	
V103	m14	took raised BP meds in past 2 weeks	
V104	m16a	heart rate reading 1	
V105	m16b	heart rate reading 2	
V106	m16c	heart rate reading 3	
V107	b1	ate/drank in past 12 hours (fasting status)	
V108	b5	fasting blood glucose (mmol/l)	
V109	ageg	ageg	
V110	urbanrural	location (more or less urban)	
V111	agerange	ageranges for which survey was designed	

total: 111

PID: participant ID - unique record ID**Data file: cod2005****Overview**

Valid: 1943 Invalid: 0 Minimum: 1 Maximum: 1999 Mean: 993.175 Standard deviation: 576.513
 Type: Continuous Decimal: 0 Width: 10 Range: 1 - 1999 Format: Numeric

T1: current smoking**Data file: cod2005****Overview**

Valid: 1943 Invalid: 0
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	124	6.4%
2	no	1819	93.6%

I5: date of interview**Data file: cod2005****Overview**

Valid: 1943 Minimum: 2005-03-31 Maximum: 2005-05-19
 Type: Discrete Width: 11 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
2005-03-31		6	0.3%
2005-04-01		97	5%
2005-04-02		101	5.2%
2005-04-03		5	0.3%
2005-04-04		112	5.8%
2005-04-05		35	1.8%
2005-04-06		142	7.3%
2005-04-07		91	4.7%
2005-04-08		152	7.8%

2005-04-09		425	21.9%
2005-04-10		20	1%
2005-04-11		158	8.1%
2005-04-12		111	5.7%
2005-04-13		52	2.7%
2005-04-14		23	1.2%
2005-04-15		56	2.9%
2005-04-16		45	2.3%
2005-04-17		5	0.3%
2005-04-18		40	2.1%
2005-04-19		36	1.9%
2005-04-20		8	0.4%
2005-04-21		83	4.3%
2005-04-22		43	2.2%
2005-04-23		5	0.3%
2005-04-24		12	0.6%
2005-04-26		3	0.2%
2005-04-29		8	0.4%
2005-04-30		13	0.7%
2005-05-01		17	0.9%
2005-05-02		37	1.9%
2005-05-14		1	0.1%
2005-05-19		1	0.1%

I8: interview language

Data file: cod2005

Overview

Valid: 1935 Invalid: 8

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 5 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Lingala	1771	91.5%
2	Kikongo	35	1.8%
3	Swahili	4	0.2%
4	Tshiluba	13	0.7%

5	Francais	112	5.8%
Sysmiss		8	

SEX: sex**Data file: cod2005****Overview**

Valid: 1943 Invalid: 0

Type: Discrete Width: 5 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
Men		762	39.2%
Women		1181	60.8%

AGE: age for analysis**Data file: cod2005****Overview**

Valid: 1943 Invalid: 0 Minimum: 15 Maximum: 86 Mean: 34.012 Standard deviation: 15.277

Type: Continuous Decimal: 0 Width: 10 Range: 15 - 86 Format: Numeric

C4: yrs of education**Data file: cod2005****Overview**

Valid: 1906 Invalid: 37 Minimum: 0 Maximum: 23 Mean: 9.131 Standard deviation: 3.998

Type: Continuous Decimal: 0 Width: 10 Range: 0 - 23 Format: Numeric

C6: highest level of education**Data file: cod2005****Overview**

Valid: 1938 Invalid: 5

Type: Discrete Decimal: 0 Width: 33 Range: 1 - 8 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Aucune instruction officielle	106	5.5%
2	Moins que l'��cole primaire	228	11.8%
3	Fin de l'��cole primaire	268	13.8%
4	Fin de l'��cole secondaire	362	18.7%
5		7	0.4%
6	Ecole superieure, Universite	153	7.9%
7	Diplome post-universitaire obtenu	38	2%
8	Pas termine l'��cole secondaire	776	40%
Sysmiss		5	

C7: work status

Data file: cod2005

Overview

Valid: 1936 Invalid: 7

Type: Discrete Decimal: 0 Width: 21 Range: 1 - 9 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Employe de l'��Etat	135	7%
2	Employe dans le prive	139	7.2%
3	Independant	447	23.1%
4	Benevole	18	0.9%
5	Etudiant	396	20.5%
6	Menagere	522	27%
7	Retraite	31	1.6%
8	Ch��meur/sans emploi	228	11.8%
9	Invalide	20	1%
Sysmiss		7	

X6: marital status

Data file: cod2005

Overview

Valid: 1934 Invalid: 9

Type: Discrete Decimal: 0 Width: 14 Range: 1 - 6 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Celibataire	836	43.2%
2	Marie polygame	95	4.9%
3	Marie monogame	709	36.7%
4	Divorce/Separe	59	3.1%
5	Veuf (veuve)	124	6.4%
6	Union libre	111	5.7%
Sysmiss		9	

T2: current daily smoking

Data file: cod2005

Overview

Valid: 124 Invalid: 1819

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	85	68.5%
2	no	39	31.5%
Sysmiss		1819	

T3: age started smoking daily

Data file: cod2005

Overview

Valid: 85 Invalid: 1858 Minimum: 8 Maximum: 77 Mean: 29.318 Standard deviation: 22.781

Type: Continuous Decimal: 0 Width: 10 Range: 8 - 77 Format: Numeric

T4A: time since started smoking daily (years)

Data file: cod2005

Overview

Valid: 15 Invalid: 1928

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 7 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		1	6.7%
2		1	6.7%
4		7	46.7%
5		5	33.3%
7		1	6.7%
Sysmiss		1928	

T4B: time since started smoking daily (months)

Data file: cod2005

Overview

Valid: 0 Invalid: 1943

Type: Discrete Decimal: 0 Width: 10 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

T4C: time since started smoking daily (weeks)

Data file: cod2005

Overview

Valid: 0 Invalid: 1943

Type: Discrete Decimal: 0 Width: 10 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

T5A: manufactured cigs smoked per day

Data file: cod2005

Overview

Valid: 85 Invalid: 1858 Minimum: 1 Maximum: 88 Mean: 15.118 Standard deviation: 23.354
 Type: Continuous Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

T5B: hand-rolled cigs smoked per day

Data file: cod2005

Overview

Valid: 83 Invalid: 1860 Minimum: 0 Maximum: 88 Mean: 79.916 Standard deviation: 24.098
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 88 Format: Numeric

T5C: pipes smoked per day

Data file: cod2005

Overview

Valid: 83 Invalid: 1860 Minimum: 0 Maximum: 88 Mean: 82.036 Standard deviation: 20.551
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 88 Format: Numeric

T5D: cigars smoked per day

Data file: cod2005

Overview

Valid: 83 Invalid: 1860 Minimum: 0 Maximum: 88 Mean: 81.952 Standard deviation: 20.87
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 88 Format: Numeric

T5E: other smoked per day

Data file: cod2005

Overview

Valid: 83 Invalid: 1860 Minimum: 0 Maximum: 88 Mean: 75.831 Standard deviation: 29.115
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 88 Format: Numeric

T6: past daily smoking

Data file: cod2005

Overview

Valid: 1943 Invalid: 0
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	201	10.3%
2	no	1742	89.7%

T7: age stopped smoking daily**Data file:** cod2005**Overview**

Valid: 201 Invalid: 1742 Minimum: 13 Maximum: 77 Mean: 47.99 Standard deviation: 25.102
 Type: Continuous Decimal: 0 Width: 10 Range: 13 - 77 Format: Numeric

T8A: time since stopped smoking daily (years)**Data file:** cod2005**Overview**

Valid: 79 Invalid: 1864
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 20 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		1	1.3%
2		4	5.1%
3		5	6.3%
4		8	10.1%
5		8	10.1%
6		2	2.5%
7		4	5.1%
8		26	32.9%
9		2	2.5%
10		4	5.1%
11		4	5.1%
12		4	5.1%
13		2	2.5%
14		1	1.3%
15		1	1.3%
17		2	2.5%
20		1	1.3%

Sysmiss		1864	
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T8B: time since stopped smoking daily (months)

Data file: cod2005

Overview

Valid: 0 Invalid: 1943

Type: Discrete Decimal: 0 Width: 10 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

T8C: time since stopped smoking daily (days)

Data file: cod2005

Overview

Valid: 0 Invalid: 1943

Type: Discrete Decimal: 0 Width: 10 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

T9: current smokeless tobacco use

Data file: cod2005

Overview

Valid: 1918 Invalid: 25

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	175	9.1%
2	no	1743	90.9%

Sysmiss		25	
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T10: current daily smokeless tobacco use

Data file: cod2005

Overview

Valid: 175 Invalid: 1768

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	106	60.6%
2	no	69	39.4%
Sysmiss		1768	

T11A: Snuff, by mouth times per day

Data file: cod2005

Overview

Valid: 106 Invalid: 1837 Minimum: 1 Maximum: 88 Mean: 68.009 Standard deviation: 35.355

Type: Continuous Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

T11B: Snuff, by nose times per day

Data file: cod2005

Overview

Valid: 106 Invalid: 1837 Minimum: 1 Maximum: 88 Mean: 30.717 Standard deviation: 37.777

Type: Continuous Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

T11C: Chewing tobacco times per day

Data file: cod2005

Overview

Valid: 106 Invalid: 1837 Minimum: 1 Maximum: 88 Mean: 85.5 Standard deviation: 14.133

Type: Continuous Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

T11E: other smokeless product per day**Data file: cod2005****Overview**

Valid: 104 Invalid: 1839 Minimum: 1 Maximum: 88 Mean: 87.163 Standard deviation: 8.531
 Type: Continuous Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

T12: past daily smokeless use**Data file: cod2005****Overview**

Valid: 1916 Invalid: 27
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	161	8.4%
2	no	1755	91.6%
Sysmiss		27	

X7: ever drank alcohol**Data file: cod2005****Overview**

Valid: 1943 Invalid: 0
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	1311	67.5%
2	no	632	32.5%

A1: drank alcohol in past 12 mos**Data file: cod2005****Overview**

Valid: 1943 Invalid: 0
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	807	41.5%
2	no	1136	58.5%

A2: freq drinking in past 12 mos

Data file: cod2005

Overview

Valid: 807 Invalid: 1136

Type: Discrete Decimal: 0 Width: 26 Range: 1 - 4 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	5 or more days per week	84	10.4%
2	1-4 days per week	155	19.2%
3	1-3 days per month	179	22.2%
4	less than 1 time per month	389	48.2%
Sysmiss		1136	

A3: avg number drinks per drinking day

Data file: cod2005

Overview

Valid: 807 Invalid: 1136 Minimum: 0 Maximum: 77 Mean: 8.016 Standard deviation: 15.534

Type: Continuous Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

A5A: number of drinks consumed last Monday

Data file: cod2005

Overview

Valid: 807 Invalid: 1136 Minimum: 0 Maximum: 99 Mean: 9.937 Standard deviation: 25.222

Type: Continuous Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

A5B: number of drinks consumed last Tuesday**Data file:** cod2005**Overview**

Valid: 807 Invalid: 1136 Minimum: 0 Maximum: 99 Mean: 10.554 Standard deviation: 25.97
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

A5C: number of drinks consumed last Wednesday**Data file:** cod2005**Overview**

Valid: 807 Invalid: 1136 Minimum: 0 Maximum: 99 Mean: 10.737 Standard deviation: 26.177
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

A5D: number of drinks consumed last Thursday**Data file:** cod2005**Overview**

Valid: 807 Invalid: 1136 Minimum: 0 Maximum: 99 Mean: 10.918 Standard deviation: 26.379
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

A5E: number of drinks consumed last Friday**Data file:** cod2005**Overview**

Valid: 807 Invalid: 1136 Minimum: 0 Maximum: 99 Mean: 11.279 Standard deviation: 26.685
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

A5F: number of drinks consumed last Saturday**Data file:** cod2005**Overview**

Valid: 807 Invalid: 1136 Minimum: 0 Maximum: 99 Mean: 16.195 Standard deviation: 30.1
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

A5G: number of drinks consumed last Sunday**Data file:** cod2005**Overview**

Valid: 807 Invalid: 1136 Minimum: 0 Maximum: 99 Mean: 12.994 Standard deviation: 27.836
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

D1: days fruit eaten per week**Data file:** cod2005**Overview**

Valid: 1943 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		285	14.7%
1		524	27%
2		377	19.4%
3		271	13.9%
4		126	6.5%
5		89	4.6%
6		67	3.4%
7		204	10.5%

D2: servings fruit eaten per day**Data file:** cod2005**Overview**

Valid: 1658 Invalid: 285

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 10 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		522	31.5%
2		453	27.3%
3		346	20.9%
4		150	9%
5		102	6.2%
6		26	1.6%
7		21	1.3%
8		14	0.8%

9		3	0.2%
10		21	1.3%
Sysmiss		285	

D3: days veg eaten per week

Data file: cod2005

Overview

Valid: 1943 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		51	2.6%
1		184	9.5%
2		335	17.2%
3		393	20.2%
4		304	15.6%
5		213	11%
6		134	6.9%
7		329	16.9%

D4: servings veg eaten per day

Data file: cod2005

Overview

Valid: 1892 Invalid: 51 Minimum: 1 Maximum: 77 Mean: 3.242 Standard deviation: 4.046

Type: Continuous Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

D5: oil used most often

Data file: cod2005

Overview

Valid: 1910 Invalid: 33

Type: Discrete Decimal: 0 Width: 63 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Huile vegetale	507	26.5%
2	Lard ou graisse	7	0.4%
3	Beurre ou beurre allège	2	0.1%
4	Margarine	1	0.1%
5	Autres	11	0.6%
6	Aucune en particulier	127	6.6%
7	Jamais de matiere grasse utilisee dans la preparation des repas	3	0.2%
8	Huile de palme	1248	65.3%
77	Ne Sait Pas	4	0.2%
Sysmiss		33	

P1: vig activity at work

Data file: cod2005

Overview

Valid: 1943 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	51	2.6%
2	no	1892	97.4%

P2: vig activity at work: days per week

Data file: cod2005

Overview

Valid: 51 Invalid: 1892

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 7 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		4	7.8%
2		3	5.9%

3		4	7.8%
4		3	5.9%
5		4	7.8%
6		25	49%
7		8	15.7%
Sysmiss		1892	

P3A: vig activity at work: hours per day

Data file: cod2005

Overview

Valid: 51 Invalid: 1892

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 12 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		1	2%
1		5	9.8%
2		3	5.9%
3		2	3.9%
4		2	3.9%
5		3	5.9%
6		2	3.9%
7		9	17.6%
8		8	15.7%
9		7	13.7%
10		3	5.9%
11		1	2%
12		5	9.8%
Sysmiss		1892	

P3B: vig activity at work: mins per day

Data file: cod2005

Overview

Valid: 51 Invalid: 1892 Minimum: 0 Maximum: 30 Mean: 1.471 Standard deviation: 6.188

Type: Continuous Decimal: 0 Width: 10 Range: 0 - 30 Format: Numeric

P4: mod activity at work**Data file: cod2005****Overview**

Valid: 1941 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	83	4.3%
2	no	1858	95.7%
Sysmiss		2	

P5: mod activity at work: days per week**Data file: cod2005****Overview**

Valid: 83 Invalid: 1860

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 7 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		6	7.2%
2		3	3.6%
3		9	10.8%
4		8	9.6%
5		6	7.2%
6		29	34.9%
7		22	26.5%
Sysmiss		1860	

P6A: mod activity at work: hours per day**Data file: cod2005**

Overview

Valid: 83 Invalid: 1860 Minimum: 0 Maximum: 24 Mean: 5.084 Standard deviation: 4.1
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 24 Format: Numeric

P6B: mod activity at work: mins per day

Data file: cod2005

Overview

Valid: 83 Invalid: 1860 Minimum: 0 Maximum: 45 Mean: 7.048 Standard deviation: 13.7
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 45 Format: Numeric

P7: active transport

Data file: cod2005

Overview

Valid: 1943 Invalid: 0
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	1580	81.3%
2	no	363	18.7%

P8: active transport: days per week

Data file: cod2005

Overview

Valid: 1580 Invalid: 363
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 7 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		104	6.6%
2		134	8.5%
3		183	11.6%
4		100	6.3%
5		190	12%

6		404	25.6%
7		465	29.4%
Sysmiss		363	

P9A: active transport: hours per day

Data file: cod2005

Overview

Valid: 1580 Invalid: 363

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 12 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		96	6.1%
1		290	18.4%
2		928	58.7%
3		110	7%
4		52	3.3%
5		26	1.6%
6		33	2.1%
7		10	0.6%
8		16	1%
9		7	0.4%
10		6	0.4%
11		2	0.1%
12		4	0.3%
Sysmiss		363	

P9B: active transport: mins per day

Data file: cod2005

Overview

Valid: 1580 Invalid: 363 Minimum: 0 Maximum: 60 Mean: 16.712 Standard deviation: 13.533

Type: Continuous Decimal: 0 Width: 10 Range: 0 - 60 Format: Numeric

P10: vig leisure activity

Data file: cod2005

Overview

Valid: 1943 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	28	1.4%
2	no	1915	98.6%

P11: vig leisure activity: days per week

Data file: cod2005

Overview

Valid: 28 Invalid: 1915

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 7 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		2	7.1%
2		2	7.1%
3		7	25%
4		3	10.7%
5		3	10.7%
6		6	21.4%
7		5	17.9%
Sysmiss		1915	

P12A: vig leisure activity: hours per day

Data file: cod2005

Overview

Valid: 28 Invalid: 1915

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 11 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		6	21.4%
1		4	14.3%
2		10	35.7%
3		4	14.3%
5		1	3.6%
8		2	7.1%
11		1	3.6%
Sysmiss		1915	

P12B: vig leisure activity: mins per day

Data file: cod2005

Overview

Valid: 28 Invalid: 1915 Minimum: 0 Maximum: 45 Mean: 8.75 Standard deviation: 13.919
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 45 Format: Numeric

P13: mod leisure activity

Data file: cod2005

Overview

Valid: 1940 Invalid: 3
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	46	2.4%
2	no	1894	97.6%
Sysmiss		3	

P14: mod leisure activity: days per week

Data file: cod2005

Overview

Valid: 46 Invalid: 1897
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 7 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		4	8.7%
2		7	15.2%
3		10	21.7%
4		4	8.7%
5		4	8.7%
6		11	23.9%
7		6	13%
Sysmiss		1897	

P15A: mod leisure activity: hours per day

Data file: cod2005

Overview

Valid: 46 Invalid: 1897

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 10 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		10	21.7%
1		7	15.2%
2		11	23.9%
3		6	13%
4		5	10.9%
5		2	4.3%
8		2	4.3%
9		2	4.3%
10		1	2.2%
Sysmiss		1897	

P15B: mod leisure activity: mins per day

Data file: cod2005

Overview

Valid: 46 Invalid: 1897 Minimum: 0 Maximum: 50 Mean: 13.587 Standard deviation: 18.094
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 50 Format: Numeric

P16A: sedentary time: hours per day

Data file: cod2005

Overview

Valid: 1937 Invalid: 6 Minimum: 0 Maximum: 22 Mean: 6.536 Standard deviation: 5.053
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 22 Format: Numeric

P16B: sedentary time: mins per day

Data file: cod2005

Overview

Valid: 1939 Invalid: 4 Minimum: 0 Maximum: 80 Mean: 7.185 Standard deviation: 13.88
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 80 Format: Numeric

H1: BP last measured

Data file: cod2005

Overview

Valid: 1943 Invalid: 0
 Type: Discrete Decimal: 0 Width: 23 Range: 1 - 3 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	within past 12 mos	719	37%
2	1-5 years ago	472	24.3%
3	not within past 5 years	752	38.7%

H2: told had high BP in past 12 mos

Data file: cod2005

Overview

Valid: 1943 Invalid: 0
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	158	8.1%
2	no	1785	91.9%

X14: currently receiving treatment for high BP

Data file: cod2005

Overview

Valid: 158 Invalid: 1785

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	47	29.7%
2	no	111	70.3%
Sysmiss		1785	

H3A: currently receiving for high BP: drugs

Data file: cod2005

Overview

Valid: 158 Invalid: 1785

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	67	42.4%
2	no	91	57.6%
Sysmiss		1785	

H3B: currently receiving for high BP: special diet

Data file: cod2005

Overview

Valid: 158 Invalid: 1785

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	74	46.8%
2	no	84	53.2%
Sysmiss		1785	

H3C: currently receiving for high BP: advice/treatment to lose weight**Data file: cod2005****Overview**

Valid: 158 Invalid: 1785

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	33	20.9%
2	no	125	79.1%
Sysmiss		1785	

H3D: currently receiving for high BP: advice/treatment to stop smoking**Data file: cod2005****Overview**

Valid: 158 Invalid: 1785

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	22	13.9%
2	no	136	86.1%
Sysmiss		1785	

H3E: currently receiving for high BP: advice/treatment to exercise more**Data file: cod2005****Overview**

Valid: 158 Invalid: 1785

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	29	18.4%
2	no	129	81.6%
Sysmiss		1785	

H4: seen trad'l healer for high BP in past 12 mos**Data file: cod2005****Overview**

Valid: 158 Invalid: 1785

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	8	5.1%
2	no	150	94.9%
Sysmiss		1785	

H5: taking trad'l meds for high BP**Data file: cod2005****Overview**

Valid: 158 Invalid: 1785

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	9	5.7%
2	no	149	94.3%
Sysmiss		1785	

H6: gluc measured in past 12 mos

Data file: cod2005

Overview

Valid: 1943 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	176	9.1%
2	no	1767	90.9%

H7: told had high gluc in past 12 mos

Data file: cod2005

Overview

Valid: 1943 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	25	1.3%
2	no	1918	98.7%

X15: currently receiving treatment for high gluc

Data file: cod2005

Overview

Valid: 25 Invalid: 1918

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	7	28%
2	no	18	72%
Sysmiss		1918	

H8A: currently receiving for high gluc: insulin

Data file: cod2005

Overview

Valid: 25 Invalid: 1918

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	11	44%
2	no	14	56%
Sysmiss		1918	

H8B: currently receiving for high gluc: drugs

Data file: cod2005

Overview

Valid: 25 Invalid: 1918

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	19	76%
2	no	6	24%
Sysmiss		1918	

H8C: currently receiving for high gluc: special diet**Data file: cod2005****Overview**

Valid: 25 Invalid: 1918

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	17	68%
2	no	8	32%
Sysmiss		1918	

H8D: currently receiving for high gluc: advice/treatment to lose weight**Data file: cod2005****Overview**

Valid: 25 Invalid: 1918

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	9	36%
2	no	16	64%
Sysmiss		1918	

H8E: currently receiving for high gluc: advice/treatment to stop smoking**Data file: cod2005****Overview**

Valid: 25 Invalid: 1918

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	11	44%

2	no	14	56%
Sysmiss		1918	

H8F: currently receiving for high gluc: advice/treatment to exercise more

Data file: cod2005

Overview

Valid: 25 Invalid: 1918

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	8	32%
2	no	17	68%
Sysmiss		1918	

H9: seen trad'l healer for high gluc in past 12 mos

Data file: cod2005

Overview

Valid: 25 Invalid: 1918

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	6	24%
2	no	19	76%
Sysmiss		1918	

M12B: BP reading 2: diastolic

Data file: cod2005

Overview

Valid: 1938 Invalid: 5 Minimum: 40 Maximum: 185 Mean: 73.864 Standard deviation: 15.535

Type: Continuous Decimal: 0 Width: 10 Range: 40 - 185 Format: Numeric

H10: taking trad'l meds for high gluc**Data file:** cod2005**Overview**

Valid: 25 Invalid: 1918

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	5	20%
2	no	20	80%
Sysmiss		1918	

M3: height (cm)**Data file:** cod2005**Overview**

Valid: 1941 Invalid: 2 Minimum: 53.2 Maximum: 199.5 Mean: 163.413 Standard deviation: 10.821

Type: Continuous Decimal: 0 Width: 10 Range: 53.2 - 199.5 Format: Numeric

M4: weight (kg)**Data file:** cod2005**Overview**

Valid: 1940 Invalid: 3 Minimum: 25.1 Maximum: 112.3 Mean: 57.863 Standard deviation: 12.013

Type: Continuous Decimal: 0 Width: 10 Range: 25.1 - 112.3 Format: Numeric

M5: pregnant**Data file:** cod2005**Overview**

Valid: 1083 Invalid: 860

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	27	2.5%
2	no	1056	97.5%

Sysmiss		860	
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M7: waist circumference (cm)**Data file:** cod2005**Overview**

Valid: 1832 Invalid: 111 Minimum: 37.1 Maximum: 126.3 Mean: 77.463 Standard deviation: 10.923
 Type: Continuous Decimal: 0 Width: 10 Range: 37.1 - 126.3 Format: Numeric

M10: cuff size**Data file:** cod2005**Overview**

Valid: 1533 Invalid: 410
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 3 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Small	301	19.6%
2	Medium	1190	77.6%
3	Large	42	2.7%
Sysmiss		410	

M11A: BP reading 1: systolic**Data file:** cod2005**Overview**

Valid: 1940 Invalid: 3 Minimum: 65 Maximum: 260 Mean: 121.502 Standard deviation: 21.612
 Type: Continuous Decimal: 0 Width: 10 Range: 65 - 260 Format: Numeric

M11B: BP reading 1: diastolic**Data file:** cod2005**Overview**

Valid: 1940 Invalid: 3 Minimum: 33 Maximum: 168 Mean: 76.214 Standard deviation: 14.994
 Type: Continuous Decimal: 0 Width: 10 Range: 33 - 168 Format: Numeric

M12A: BP reading 2: systolic**Data file:** cod2005**Overview**

Valid: 1940 Invalid: 3 Minimum: 54 Maximum: 272 Mean: 118.903 Standard deviation: 21.43
 Type: Continuous Decimal: 0 Width: 10 Range: 54 - 272 Format: Numeric

M13A: BP reading 3: systolic**Data file:** cod2005**Overview**

Valid: 413 Invalid: 1530 Minimum: 60 Maximum: 247 Mean: 122.133 Standard deviation: 23.937
 Type: Continuous Decimal: 0 Width: 10 Range: 60 - 247 Format: Numeric

M13B: BP reading 3: diastolic**Data file:** cod2005**Overview**

Valid: 409 Invalid: 1534 Minimum: 41 Maximum: 182 Mean: 75.222 Standard deviation: 17.417
 Type: Continuous Decimal: 0 Width: 10 Range: 41 - 182 Format: Numeric

M14: took raised BP meds in past 2 weeks**Data file:** cod2005**Overview**

Valid: 1543 Invalid: 400
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 3 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	26	1.7%
2	no	1516	98.3%
3		1	0.1%
Sysmiss		400	

M16A: heart rate reading 1**Data file:** cod2005

Overview

Valid: 1923 Invalid: 20 Minimum: 11 Maximum: 177 Mean: 77.198 Standard deviation: 13.218
 Type: Continuous Decimal: 0 Width: 10 Range: 11 - 177 Format: Numeric

M16B: heart rate reading 2

Data file: cod2005

Overview

Valid: 1911 Invalid: 32 Minimum: 11 Maximum: 192 Mean: 77.516 Standard deviation: 12.971
 Type: Continuous Decimal: 0 Width: 10 Range: 11 - 192 Format: Numeric

M16C: heart rate reading 3

Data file: cod2005

Overview

Valid: 392 Invalid: 1551 Minimum: 43 Maximum: 176 Mean: 77.482 Standard deviation: 13.059
 Type: Continuous Decimal: 0 Width: 10 Range: 43 - 176 Format: Numeric

B1: ate/drank in past 12 hours (fasting status)

Data file: cod2005

Overview

Valid: 200 Invalid: 1743
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	0	0%
2	no	200	100%
Sysmiss		1743	

B5: fasting blood glucose (mmol/l)

Data file: cod2005

Overview

Valid: 200 Invalid: 1743 Minimum: 1.5 Maximum: 21.6 Mean: 6.158 Standard deviation: 2.264
 Type: Continuous Decimal: 0 Width: 10 Range: 1.5 - 21.6 Format: Numeric

AGEG: ageg**Data file: cod2005****Overview**

Valid: 1943 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 6 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		649	33.4%
2		540	27.8%
3		303	15.6%
4		193	9.9%
5		156	8%
6		102	5.2%

URBANRURAL: location (more or less urban)**Data file: cod2005****Overview**

Valid: 1943 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	more urban	714	36.7%
2	less urban	1229	63.3%

AGERANGE: ageranges for which survey was designed**Data file: cod2005****Overview**

Valid: 1943 Invalid: 0

Type: Discrete Width: 5 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
15-24		653	33.6%
25-34		546	28.1%
35-44		299	15.4%
45-54		192	9.9%
55-64		155	8%
65+		98	5%

study_resources

questionnaires

Mapped Questionnaire

title Mapped Questionnaire
filename DRC_Mapped_Instrument.pdf

Questionnaire

title Questionnaire
filename Questionnaire_sur_lenquete_MNT_final.pdf

reports

Fact Sheet

title Fact Sheet
filename 2005_DRC_FactSheet_EN.pdf

Report

title Report
filename STEPS_DRC_Final.pdf
