

# STEPwise Survey for Non Communicable Diseases Risk Factor 2006

**Ministry of Health**

report\_generated\_on: February 16, 2024

visit\_data\_catalog\_at: <http://catalog.ihsn.org/>

## Identification

### SURVEY ID NUMBER

LKA\_2006\_STEPS\_v01\_M

### TITLE

STEPwise Survey for Non Communicable Diseases Risk Factor 2006

### COUNTRY

Name	Country code
Sri Lanka	LKA

### STUDY TYPE

Other Household Survey [hh/oth]

### SERIES INFORMATION

This is the first STEPS conducted by Sri Lanka.

### ABSTRACT

STEPS is a household-based survey to obtain core data on the established risk factors that determine the major burden of NCDs.

### KIND OF DATA

Sample survey data [ssd]

### UNIT OF ANALYSIS

Individuals

## Version

### VERSION DESCRIPTION

Public-use dataset

## Scope

### NOTES

The following topics were included in the survey: tobacco use, alcohol consumption, diet and physical activity. Additionally, the following measures were taken: blood pressure, height, weight, waist circumference and heart rate.

### TOPICS

Topic	Vocabulary
STEPS	Survey

### KEYWORDS

Keyword
noncommunicable diseases
risk factors
health surveys
tobacco use
alcohol use
diet

nutrition
physical activity
blood pressure
overweight
obesity
hypertension

## Coverage

### GEOGRAPHIC COVERAGE

National coverage

### UNIVERSE

Adults aged 15-64 years.

## Producers and sponsors

### PRIMARY INVESTIGATORS

Name
Ministry of Health

## Sampling

### SAMPLING PROCEDURE

Multistage sampling was carried out. Please refer to page 9-10 of report for further information.

### WEIGHTING

Analysis weights are not available.

## data\_collection

### DATES OF DATA COLLECTION

Start	End
2006	2006

### DATA COLLECTION MODE

Face-to-face [f2f]

## Access policy

### CONTACTS

Name	Affiliation	Email	URL
NCD Surveillance Team	World Health Organization	ncdmonitoring@who.int	<a href="#">Link</a>

### ACCESS CONDITIONS

The user undertakes:

- (1) to acknowledge the data source.
- (2) to share any planned publications with WHO prior to publication.
- (3) to offer co-authorship of any reports or publications using the survey results to the coordinator of the survey.
- (4) to use the data for non-commercial, not-for-profit public health purposes only.

**CITATION REQUIREMENTS**

Publications based on STEPS data should cite the survey report (if available) and acknowledge the data source in the following manner:

"This paper uses data from the [country] [year] STEPS survey, implemented by [implementing agency] with the support of the World Health Organization."

**ACCESS AUTHORITY**

Name	Affiliation	Email	URL
NCD Surveillance Team	World Health Organization	ncdmonitoring@who.int	<a href="#">Link</a>

## Disclaimer and copyrights

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**DISCLAIMER**

The data is being distributed without warranty of any kind. The responsibility for the use of the data lies with the user. In no event shall the World Health Organization be liable for damages arising from its use.

## Metadata production

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**DDI DOCUMENT ID**

DDI\_LKA\_2006\_STEPS\_v01\_M

**PRODUCERS**

Name	Abbreviation	Affiliation	Role
Yue Wu		World Health Organization	Documentation of data
Melanie Cowan		World Health Organization	Supervision and review of metadata and documentation of study
Development Economics Data Group	DECDG	The World Bank	Metadata adapted for World Bank Microdata Library

**DATE OF METADATA PRODUCTION**

2020-03-22

**DDI DOCUMENT VERSION**

Identical to a metadata (LKA\_2006\_STEPS\_v01) published on WHO NCD microdata repository (<http://extranet.who.int/ncdsmicrodata/index.php/catalog>). Some of the metadata fields have been edited.

**data\_dictionary**

<b>Data file</b>	<b>Cases</b>	<b>variables</b>
<b>Ika2006</b> National public-use dataset	12429	89



**Data file: Ika2006**

National public-use dataset

Cases: 12429

variables: 89

**variables**

ID	Name	Label	Question
V181	pid	participant ID - unique record ID	
V182	age	age for analysis	
V183	sex	sex	
V184	c4	yrs of education	
V185	c6	highest level of education	
V186	t1	current smoking	
V187	t2	current daily smoking	
V188	t3	age started smoking	
V189	t4a	time since started smoking (years)	
V190	t4b	time since started smoking (months)	
V191	t4c	time since started smoking (weeks)	
V192	t5a	manufactured cigs smoked per day	
V193	t5b	hand-rolled cigs smoked per day	
V194	t5c	pipes smoked per day	
V195	t5d	cigars smoked per day	
V196	t5e	other smoked per day	
V197	t5other	specify other product smoked	
V198	t6	past daily smoking	
V199	t8a	time since quitting smoking (years)	
V200	t8b	time since quitting smoking (months)	
V201	t8c	time since quitting smoking (weeks)	
V202	t9	current smokeless tobacco use	
V203	t10	current daily smokeless tobacco use	
V204	t11d	Betel, quid times per day	
V205	t11e	other smokeless product per day	
V206	t11other	specify other smokeless product per day	
V207	a1	drank alcohol in past 12 mos	
V208	a2	freq drinking in past 12 mos	
V209	a3	average drinks during one day	
V210	a4	drank alcohol in past 30 days	
V211	a5a	number of drinks consumed last Monday	
V212	a5b	number of drinks consumed last Tuesday	
V213	a5c	number of drinks consumed last Wednesday	
V214	a5d	number of drinks consumed last Thursday	
V215	a5e	number of drinks consumed last Friday	
V216	a5f	number of drinks consumed last Saturday	
V217	a5g	number of drinks consumed last Sunday	

ID	Name	Label	Question
V218	d1	days fruit eaten per week	
V219	d2	servings fruit eaten per day	
V220	d3	days veg eaten per week	
V221	d4	servings veg eaten per day	
V222	d6	days green leafy veg eaten per week	
V223	d7	servings green leafy veg per day	
V224	p1	vig activity at work	
V225	p2	vig activity at work: days per week	
V226	p3a	vig activity at work: hours per day	
V227	p3b	vig activity at work: mins per day	
V228	p4	mod activity at work	
V229	p5	mod activity at work: days per week	
V230	p6a	mod activity at work: hours per day	
V231	p6b	mod activity at work: mins per day	
V232	p7	active transport	
V233	p8	active transport: days per week	
V234	p9a	active transport: hours per day	
V235	p9b	active transport: mins per day	
V236	p10	vig leisure activity	
V237	p11	vig leisure activity: days per week	
V238	p12a	vig leisure activity: hours per day	
V239	p12b	vig leisure activity: mins per day	
V240	p13	mod leisure activity	
V241	p14	mod leisure activity: days per week	
V242	p15a	mod leisure activity: hours per day	
V243	p15b	mod leisure activity: mins per day	
V244	p16a	sedentary time: hours per day	
V245	p16b	sedentary time: mins per day	
V246	p17a	watching tv: hours per day	
V247	p17b	watching tv: mins per day	
V248	m1	interviewer ID	
V249	m2a	height device ID	
V250	m2b	weight device ID	
V251	m3	height (cm)	
V252	m4	weight (kg)	
V253	m5	pregnant	
V254	m6	waist device ID	
V255	m7	waist circumference (cm)	
V256	m8	BP interviewer ID	
V257	m9	BP device ID	
V258	m10	cuff size	
V259	m11a	BP reading 1: systolic	
V260	m11b	BP reading 1: diastolic	
V261	m12a	BP reading 2: systolic	
V262	m12b	BP reading 2: diastolic	



ID	Name	Label	Question
V263	m13a	BP reading 3: systolic	
V264	m13b	BP reading 3: diastolic	
V265	m14	took raised BP meds in past 2 weeks	
V266	m16a	heart rate reading 1	
V267	m16b	heart rate reading 2	
V268	m16c	heart rate reading 3	
V269	agerange	ageranges for which survey was designed	

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total: 89



**PID: participant ID - unique record ID****Data file: Ika2006****Overview**

Valid: 12429   Invalid: 0   Minimum: 1   Maximum: 12500   Mean: 6244.999   Standard deviation: 3603.9  
 Type: Continuous   Decimal: 0   Width: 8   Range: 1 - 12500   Format: Numeric

**AGE: age for analysis****Data file: Ika2006****Overview**

Valid: 12429   Invalid: 0   Minimum: 15   Maximum: 64   Mean: 39.189   Standard deviation: 14.115  
 Type: Continuous   Decimal: 0   Width: 8   Range: 15 - 64   Format: Numeric

**SEX: sex****Data file: Ika2006****Overview**

Valid: 12429   Invalid: 0  
 Type: Discrete   Width: 5   Range: -   Format: character

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
men		6158	49.5%
women		6271	50.5%

**C4: yrs of education****Data file: Ika2006****Overview**

Valid: 12429   Invalid: 0  
 Type: Discrete   Decimal: 0   Width: 10   Range: 0 - 77   Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		82	0.7%
1		35	0.3%
2		238	1.9%

3		252	2%
4		329	2.6%
5		580	4.7%
6		495	4%
7		389	3.1%
8		967	7.8%
9		730	5.9%
10		3880	31.2%
11		1534	12.3%
12		1711	13.8%
13		899	7.2%
14		42	0.3%
15		16	0.1%
16		10	0.1%
17		8	0.1%
18		7	0.1%
20		2	0%
77	Don't know	223	1.8%

## C6: highest level of education

Data file: lka2006

### Overview

Valid: 12429    Invalid: 0  
 Type: Discrete    Decimal: 0    Width: 28    Range: 1 - 99    Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	No formal schooling	233	1.9%
2	Less than primary school	1314	10.6%
3	Primary school completed	7139	57.4%
4	Secondary school completed	3518	28.3%
5	College/University completed	145	1.2%
6	Post graduate degree	29	0.2%
77	Refused	5	0%
99	Don't know	46	0.4%

**T1: current smoking****Data file: Ika2006****Overview**

Valid: 12429    Invalid: 0  
 Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 9    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	1875	15.1%
2	No	10548	84.9%
9	Don't know	6	0%

**T2: current daily smoking****Data file: Ika2006****Overview**

Valid: 1881    Invalid: 10548  
 Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 9    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	1425	75.8%
2	No	438	23.3%
9	Don't know	18	1%
Sysmiss		10548	

**T3: age started smoking****Data file: Ika2006****Overview**

Valid: 1441    Invalid: 10988  
 Type: Discrete    Decimal: 0    Width: 10    Range: 4 - 99    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
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4		1	0.1%
10		10	0.7%
11		2	0.1%
12		17	1.2%
13		11	0.8%
14		9	0.6%
15		87	6%
16		85	5.9%
17		48	3.3%
18		192	13.3%
19		55	3.8%
20		285	19.8%
21		29	2%
22		78	5.4%
23		21	1.5%
24		30	2.1%
25		150	10.4%
26		26	1.8%
27		11	0.8%
28		25	1.7%
29		4	0.3%
30		64	4.4%
31		1	0.1%
32		4	0.3%
33		2	0.1%
34		3	0.2%
35		17	1.2%
38		2	0.1%
40		10	0.7%
45		2	0.1%
47		1	0.1%
50		3	0.2%
61		1	0.1%
77	Don't know	96	6.7%
99	Don't know	59	4.1%
Sysmiss		10988	

**T4A: time since started smoking (years)****Data file: lka2006****Overview**

Valid: 317    Invalid: 12112

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 99    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1		4	1.3%
2		4	1.3%
3		2	0.6%
4		6	1.9%
5		9	2.8%
6		7	2.2%
8		5	1.6%
9		3	0.9%
10		13	4.1%
11		3	0.9%
12		4	1.3%
13		3	0.9%
14		3	0.9%
15		8	2.5%
16		3	0.9%
17		3	0.9%
18		8	2.5%
19		5	1.6%
20		18	5.7%
21		2	0.6%
22		5	1.6%
23		4	1.3%
24		3	0.9%
25		6	1.9%
26		3	0.9%
29		1	0.3%
30		13	4.1%
31		1	0.3%
32		4	1.3%
33		2	0.6%

34		2	0.6%
35		4	1.3%
36		3	0.9%
37		1	0.3%
38		2	0.6%
39		2	0.6%
40		2	0.6%
41		1	0.3%
42		1	0.3%
43		1	0.3%
44		1	0.3%
46		1	0.3%
50		2	0.6%
77	Don't know	76	24%
99	Don't know	63	19.9%
Sysmiss		12112	

#### T4B: time since started smoking (months)

Data file: lka2006

##### Overview

Valid: 140 Invalid: 12289

Type: Discrete Decimal: 0 Width: 10 Range: 2 - 99 Format: Numeric

##### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
2		2	1.4%
10		1	0.7%
77	Don't know	76	54.3%
99	Don't know	61	43.6%
Sysmiss		12289	

#### T4C: time since started smoking (weeks)

Data file: lka2006

##### Overview

Valid: 137 Invalid: 12292

Type: Discrete Decimal: 0 Width: 10 Range: 4 - 99 Format: Numeric



## Questions and instructions

### CATEGORIES

Value	Category	Cases	
4		1	0.7%
7		1	0.7%
77	Don't know	74	54%
99	Don't know	61	44.5%
Sysmiss		12292	

### T5A: manufactured cigs smoked per day

Data file: lka2006

#### Overview

Valid: 1437 Invalid: 10992

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		204	14.2%
1		91	6.3%
2		237	16.5%
3		197	13.7%
4		170	11.8%
5		175	12.2%
6		99	6.9%
7		19	1.3%
8		33	2.3%
9		3	0.2%
10		90	6.3%
12		11	0.8%
15		21	1.5%
18		2	0.1%
19		1	0.1%
20		9	0.6%
24		2	0.1%
25		2	0.1%

27		1	0.1%
30		1	0.1%
77	Don't know	28	1.9%
99	Don't know	41	2.9%
Sysmiss		10992	

## T5B: hand-rolled cigs smoked per day

Data file: lka2006

### Overview

Valid: 1437 Invalid: 10992

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		1286	89.5%
1		3	0.2%
2		4	0.3%
3		1	0.1%
4		2	0.1%
7		1	0.1%
10		1	0.1%
77	Don't know	12	0.8%
88	Don't know	1	0.1%
99	Don't know	126	8.8%
Sysmiss		10992	

## T5C: pipes smoked per day

Data file: lka2006

### Overview

Valid: 1437 Invalid: 10992

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
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0		1298	90.3%
77	Don't know	12	0.8%
88	Don't know	1	0.1%
99	Don't know	126	8.8%
Sysmiss		10992	

## T5D: cigars smoked per day

Data file: lka2006

### Overview

Valid: 1437 Invalid: 10992

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		925	64.4%
1		11	0.8%
2		49	3.4%
3		31	2.2%
4		38	2.6%
5		60	4.2%
6		41	2.9%
7		8	0.6%
8		33	2.3%
9		1	0.1%
10		71	4.9%
12		10	0.7%
14		1	0.1%
15		22	1.5%
20		9	0.6%
25		2	0.1%
30		2	0.1%
40		1	0.1%
77	Don't know	16	1.1%
88	Don't know	1	0.1%
99	Don't know	105	7.3%
Sysmiss		10992	

**T5E: other smoked per day****Data file:** Ika2006**Overview**

Valid: 1437 Invalid: 10992

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		1299	90.4%
1		2	0.1%
8		1	0.1%
10		1	0.1%
77	Don't know	11	0.8%
88	Don't know	1	0.1%
99	Don't know	122	8.5%
Sysmiss		10992	

**T5OTHER: specify other product smoked****Data file:** Ika2006**Overview**

Valid: 0 Invalid: 0

Type: Discrete Width: 1 Range: - Format: character

**T6: past daily smoking****Data file:** Ika2006**Overview**

Valid: 12429 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 9 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	980	7.9%
2	No	11353	91.3%

8	Don't know	1	0%
9	Don't know	95	0.8%

## T8A: time since quitting smoking (years)

Data file: Ika2006

### Overview

Valid: 1076 Invalid: 11353

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		2	0.2%
1		68	6.3%
2		73	6.8%
3		59	5.5%
4		44	4.1%
5		77	7.2%
6		43	4%
7		21	2%
8		31	2.9%
9		7	0.7%
10		84	7.8%
11		1	0.1%
12		16	1.5%
13		5	0.5%
14		7	0.7%
15		65	6%
16		9	0.8%
17		3	0.3%
18		13	1.2%
19		1	0.1%
20		92	8.6%
22		3	0.3%
23		1	0.1%
24		2	0.2%
25		26	2.4%

26		3	0.3%
28		2	0.2%
30		34	3.2%
32		2	0.2%
34		2	0.2%
35		10	0.9%
36		1	0.1%
39		3	0.3%
40		7	0.7%
50		1	0.1%
77	Don't know	83	7.7%
88	Don't know	4	0.4%
99	Don't know	171	15.9%
Sysmiss		11353	

## T8B: time since quitting smoking (months)

Data file: lka2006

### Overview

Valid: 1067 Invalid: 11362

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		5	0.5%
2		10	0.9%
3		11	1%
4		4	0.4%
5		4	0.4%
6		22	2.1%
7		3	0.3%
8		4	0.4%
9		3	0.3%
10		3	0.3%
12		1	0.1%
20		1	0.1%
77	Don't know	425	39.8%

88	Don't know	19	1.8%
99	Don't know	552	51.7%
Sysmiss		11362	

## T8C: time since quitting smoking (weeks)

Data file: Ika2006

### Overview

Valid: 1066 Invalid: 11363

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		4	0.4%
2		3	0.3%
3		1	0.1%
7		1	0.1%
77	Don't know	455	42.7%
88	Don't know	17	1.6%
99	Don't know	585	54.9%
Sysmiss		11363	

## T9: current smokeless tobacco use

Data file: Ika2006

### Overview

Valid: 12429 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 9 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	1991	16%
2	No	10416	83.8%
7	Don't know	2	0%
9	Don't know	20	0.2%

**T10: current daily smokeless tobacco use****Data file:** Ika2006**Overview**

Valid: 2008    Invalid: 10421

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 9    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	1673	83.3%
2	No	292	14.5%
9	Don't know	43	2.1%
Sysmiss		10421	

**T11D: Betel, quid times per day****Data file:** Ika2006**Overview**

Valid: 1713    Invalid: 10716

Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 99    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		5	0.3%
1		103	6%
2		168	9.8%
3		197	11.5%
4		197	11.5%
5		266	15.5%
6		215	12.6%
7		55	3.2%
8		95	5.5%
9		5	0.3%
10		206	12%
11		5	0.3%



12		45	2.6%
13		1	0.1%
15		67	3.9%
20		34	2%
25		6	0.4%
30		3	0.2%
35		1	0.1%
39		1	0.1%
49		1	0.1%
50		3	0.2%
77		16	0.9%
99	Don't know	18	1.1%
Sysmiss		10716	

## T11E: other smokeless product per day

Data file: lka2006

### Overview

Valid: 1712 Invalid: 10717

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		1504	87.9%
1		1	0.1%
2		2	0.1%
4		1	0.1%
77	Don't know	5	0.3%
88	Don't know	2	0.1%
99	Don't know	197	11.5%
Sysmiss		10717	

## T11OTHER: specify other smokeless product per day

Data file: lka2006

### Overview

Valid: 396 Invalid: 0

Type: Discrete Width: 6 Range: - Format: character

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
+		1	0.3%
.		9	2.3%
0		135	34.1%
0.		1	0.3%
00		160	40.4%
00.		1	0.3%
000		18	4.5%
03		1	0.3%
2		1	0.3%
221		1	0.3%
99		65	16.4%
Baabul		2	0.5%
Ganja		1	0.3%

### A1: drank alcohol in past 12 mos

Data file: lka2006

#### Overview

Valid: 12429 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 9 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	3672	29.5%
2	No	8739	70.3%
7	Don't know	2	0%
9	Don't know	16	0.1%

### A2: freq drinking in past 12 mos

Data file: lka2006

#### Overview

Valid: 3693 Invalid: 8736  
 Type: Discrete Decimal: 0 Width: 22 Range: 1 - 9 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Daily	314	8.5%
2	5-6 days per week	91	2.5%
3	1-4 days per week	323	8.7%
4	1-3 days per month	717	19.4%
5	Less than once a month	2194	59.4%
7	Don't know	5	0.1%
9	Don't know	49	1.3%
Sysmiss		8736	

### A3: average drinks during one day

Data file: lka2006

### Overview

Valid: 3690 Invalid: 8739

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		2	0.1%
1		1081	29.3%
2		400	10.8%
3		228	6.2%
4		99	2.7%
5		17	0.5%
6		1271	34.4%
7		6	0.2%
8		13	0.4%
9		16	0.4%
10		3	0.1%
12		286	7.8%
16		2	0.1%
18		19	0.5%
21		1	0%

22		1	0%
24		31	0.8%
30		9	0.2%
36		9	0.2%
42		1	0%
77	Don't know	158	4.3%
99	Don't know	37	1%
Sysmiss		8739	

#### A4: drank alcohol in past 30 days

Data file: lka2006

##### Overview

Valid: 3684 Invalid: 8745

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 9 Format: Numeric

##### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
1	Yes	1662	45.1%
2	No	1949	52.9%
7	Don't know	2	0.1%
9	Don't know	71	1.9%
Sysmiss		8745	

#### A5A: number of drinks consumed last Monday

Data file: lka2006

##### Overview

Valid: 1740 Invalid: 10689

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

##### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
0		1092	62.8%
1		55	3.2%
2		49	2.8%

3		15	0.9%
4		23	1.3%
5		3	0.2%
6		208	12%
7		1	0.1%
8		6	0.3%
9		3	0.2%
10		2	0.1%
12		76	4.4%
16		1	0.1%
18		5	0.3%
20		1	0.1%
21		2	0.1%
24		17	1%
25		1	0.1%
30		1	0.1%
32		2	0.1%
36		1	0.1%
71		1	0.1%
77	Don't know	38	2.2%
99	Don't know	137	7.9%
Sysmiss		10689	

## A5B: number of drinks consumed last Tuesday

Data file: lka2006

### Overview

Valid: 1730 Invalid: 10699

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		1087	62.8%
1		46	2.7%
2		48	2.8%
3		20	1.2%
4		17	1%

5		2	0.1%
6		218	12.6%
8		6	0.3%
9		5	0.3%
10		2	0.1%
11		1	0.1%
12		79	4.6%
18		6	0.3%
20		1	0.1%
24		16	0.9%
32		1	0.1%
36		1	0.1%
72		1	0.1%
77	Don't know	36	2.1%
99	Don't know	137	7.9%
Sysmiss		10699	

## A5C: number of drinks consumed last Wednesday

Data file: lka2006

### Overview

Valid: 1729 Invalid: 10700

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		1024	59.2%
1		61	3.5%
2		49	2.8%
3		20	1.2%
4		21	1.2%
5		6	0.3%
6		232	13.4%
8		9	0.5%
9		7	0.4%
10		7	0.4%
12		94	5.4%

14		1	0.1%
18		5	0.3%
20		1	0.1%
24		14	0.8%
30		1	0.1%
32		1	0.1%
36		2	0.1%
77	Don't know	37	2.1%
99	Don't know	137	7.9%
Sysmiss		10700	

### A5D: number of drinks consumed last Thursday

Data file: lka2006

#### Overview

Valid: 1729 Invalid: 10700

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

#### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		1047	60.6%
1		62	3.6%
2		52	3%
3		22	1.3%
4		19	1.1%
5		2	0.1%
6		224	13%
8		9	0.5%
9		5	0.3%
10		1	0.1%
12		89	5.1%
14		1	0.1%
18		4	0.2%
20		1	0.1%
24		14	0.8%
26		1	0.1%
30		1	0.1%

32		1	0.1%
36		1	0.1%
77	Don't know	36	2.1%
99	Don't know	137	7.9%
Sysmiss		10700	

## A5E: number of drinks consumed last Friday

Data file: lka2006

### Overview

Valid: 1729 Invalid: 10700

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		1087	62.9%
1		52	3%
2		40	2.3%
3		24	1.4%
4		26	1.5%
5		4	0.2%
6		199	11.5%
8		4	0.2%
9		3	0.2%
10		1	0.1%
12		90	5.2%
13		1	0.1%
14		1	0.1%
18		5	0.3%
21		1	0.1%
24		16	0.9%
36		1	0.1%
77	Don't know	37	2.1%
99	Don't know	137	7.9%
Sysmiss		10700	



**A5F: number of drinks consumed last Saturday****Data file:** lka2006**Overview**

Valid: 1729 Invalid: 10700

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		1043	60.3%
1		59	3.4%
2		46	2.7%
3		24	1.4%
4		24	1.4%
5		4	0.2%
6		220	12.7%
7		1	0.1%
8		7	0.4%
9		6	0.3%
10		1	0.1%
11		1	0.1%
12		93	5.4%
14		2	0.1%
18		7	0.4%
20		1	0.1%
24		16	0.9%
32		1	0.1%
36		1	0.1%
77	Don't know	36	2.1%
99	Don't know	136	7.9%
Sysmiss		10700	

**A5G: number of drinks consumed last Sunday****Data file:** lka2006**Overview**

Valid: 1729 Invalid: 10700

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		974	56.3%
1		68	3.9%
2		62	3.6%
3		27	1.6%
4		24	1.4%
5		5	0.3%
6		260	15%
8		2	0.1%
9		8	0.5%
11		2	0.1%
12		94	5.4%
16		3	0.2%
18		6	0.3%
24		16	0.9%
30		3	0.2%
32		1	0.1%
36		1	0.1%
44		1	0.1%
77	Don't know	38	2.2%
99	Don't know	134	7.8%
Sysmiss		10700	

### D1: days fruit eaten per week

Data file: Ika2006

#### Overview

Valid: 12429 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 9 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		34	0.3%
1		1054	8.5%

2		2782	22.4%
3		3121	25.1%
4		1722	13.9%
5		1138	9.2%
6		314	2.5%
7		2183	17.6%
9	Don't know	81	0.7%

## D2: servings fruit eaten per day

Data file: lka2006

### Overview

Valid: 12192 Invalid: 237

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		135	1.1%
1		5103	41.9%
2		3815	31.3%
3		1359	11.1%
4		711	5.8%
5		199	1.6%
6		288	2.4%
7		72	0.6%
8		23	0.2%
9		6	0%
10		12	0.1%
11		2	0%
12		1	0%
13		3	0%
15		2	0%
77	Don't know	390	3.2%
99	Don't know	71	0.6%
Sysmiss		237	

**D3: days veg eaten per week****Data file: lka2006****Overview**

Valid: 12429    Invalid: 0  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 9    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		8	0.1%
1		38	0.3%
2		78	0.6%
3		222	1.8%
4		352	2.8%
5		636	5.1%
6		375	3%
7		10710	86.2%
9	Don't know	10	0.1%

**D4: servings veg eaten per day****Data file: lka2006****Overview**

Valid: 12421    Invalid: 8  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 99    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		57	0.5%
1		4596	37%
2		3524	28.4%
3		1886	15.2%
4		1018	8.2%
5		272	2.2%
6		433	3.5%
7		280	2.3%
8		12	0.1%

9		5	0%
10		6	0%
11		1	0%
12		2	0%
13		1	0%
15		1	0%
77	Don't know	315	2.5%
99	Don't know	12	0.1%
Sysmiss		8	

## D6: days green leafy veg eaten per week

Data file: Ika2006

### Overview

Valid: 12429    Invalid: 0  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 9    Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		19	0.2%
1		708	5.7%
2		2199	17.7%
3		3165	25.5%
4		1987	16%
5		1302	10.5%
6		444	3.6%
7		2580	20.8%
9	Don't know	25	0.2%

## D7: servings green leafy veg per day

Data file: Ika2006

### Overview

Valid: 12350    Invalid: 79  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 99    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		116	0.9%
1		7861	63.7%
2		2745	22.2%
3		641	5.2%
4		270	2.2%
5		53	0.4%
6		152	1.2%
7		33	0.3%
8		1	0%
9		2	0%
10		1	0%
11		1	0%
12		17	0.1%
13		5	0%
15		1	0%
77	Don't know	428	3.5%
99	Don't know	23	0.2%
Sysmiss		79	

### P1: vig activity at work

Data file: lka2006

### Overview

Valid: 12429 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 9 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	3652	29.4%
2	No	8754	70.4%
7	Don't know	2	0%
9	Don't know	21	0.2%

**P2: vig activity at work: days per week****Data file: lka2006****Overview**

Valid: 3672 Invalid: 8757

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 9 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		2	0.1%
1		254	6.9%
2		413	11.2%
3		349	9.5%
4		285	7.8%
5		512	13.9%
6		446	12.1%
7		1395	38%
9	Don't know	16	0.4%
Sysmiss		8757	

**P3A: vig activity at work: hours per day****Data file: lka2006****Overview**

Valid: 3667 Invalid: 8762

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		337	9.2%
1		344	9.4%
2		399	10.9%
3		338	9.2%
4		354	9.7%
5		262	7.1%
6		364	9.9%
7		128	3.5%

8		828	22.6%
9		94	2.6%
10		125	3.4%
11		4	0.1%
12		23	0.6%
13		3	0.1%
14		1	0%
15		6	0.2%
18		2	0.1%
19		1	0%
22		1	0%
77	Don't know	2	0.1%
99	Don't know	51	1.4%
Sysmiss		8762	

### P3B: vig activity at work: mins per day

Data file: lka2006

#### Overview

Valid: 3663 Invalid: 8766

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

#### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		3108	84.8%
2		3	0.1%
5		2	0.1%
7		1	0%
10		35	1%
11		2	0.1%
12		2	0.1%
15		50	1.4%
20		23	0.6%
22		1	0%
30		348	9.5%
35		2	0.1%
40		3	0.1%



45		28	0.8%
50		1	0%
77	Don't know	2	0.1%
99	Don't know	52	1.4%
Sysmiss		8766	

#### P4: mod activity at work

Data file: lka2006

##### Overview

Valid: 12429 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 9 Format: Numeric

##### Questions and instructions

###### CATEGORIES

Value	Category	Cases	
1	Yes	7109	57.2%
2	No	5280	42.5%
7	Don't know	3	0%
9	Don't know	37	0.3%

#### P5: mod activity at work: days per week

Data file: lka2006

##### Overview

Valid: 7135 Invalid: 5294  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 9 Format: Numeric

##### Questions and instructions

###### CATEGORIES

Value	Category	Cases	
0		1	0%
1		380	5.3%
2		899	12.6%
3		676	9.5%
4		442	6.2%
5		927	13%
6		557	7.8%

7		3220	45.1%
9	Don't know	33	0.5%
Sysmiss		5294	

## P6A: mod activity at work: hours per day

Data file: Ika2006

### Overview

Valid: 7128 Invalid: 5301

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		1332	18.7%
1		1128	15.8%
2		1199	16.8%
3		768	10.8%
4		579	8.1%
5		423	5.9%
6		547	7.7%
7		166	2.3%
8		648	9.1%
9		49	0.7%
10		136	1.9%
11		7	0.1%
12		42	0.6%
13		11	0.2%
14		6	0.1%
15		8	0.1%
16		1	0%
18		1	0%
22		1	0%
77	Don't know	1	0%
99	Don't know	75	1.1%
Sysmiss		5301	

**P6B: mod activity at work: mins per day****Data file: lka2006****Overview**

Valid: 7128 Invalid: 5301

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		5247	73.6%
1		3	0%
2		1	0%
3		1	0%
5		21	0.3%
8		1	0%
10		190	2.7%
12		1	0%
15		177	2.5%
20		198	2.8%
22		1	0%
25		10	0.1%
26		1	0%
30		1095	15.4%
35		6	0.1%
40		27	0.4%
45		59	0.8%
50		4	0.1%
54		1	0%
60		1	0%
77	Don't know	1	0%
99	Don't know	82	1.2%
Sysmiss		5301	

**P7: active transport****Data file: lka2006****Overview**

Valid: 12429 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 9 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	9799	78.8%
2	No	2613	21%
7	Don't know	2	0%
9	Don't know	15	0.1%

### P8: active transport: days per week

Data file: Ika2006

#### Overview

Valid: 9818 Invalid: 2611

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 9 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		1	0%
1		610	6.2%
2		984	10%
3		875	8.9%
4		567	5.8%
5		1465	14.9%
6		778	7.9%
7		4508	45.9%
9	Don't know	30	0.3%
Sysmiss		2611	

### P9A: active transport: hours per day

Data file: Ika2006

#### Overview

Valid: 9814 Invalid: 2615

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		6334	64.5%
1		2184	22.3%
2		791	8.1%
3		242	2.5%
4		106	1.1%
5		34	0.3%
6		38	0.4%
7		7	0.1%
8		28	0.3%
9		1	0%
10		2	0%
11		1	0%
14		1	0%
15		2	0%
77	Don't know	1	0%
99	Don't know	42	0.4%
Sysmiss		2615	

### P9B: active transport: mins per day

Data file: Ika2006

#### Overview

Valid: 9813 Invalid: 2616

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		2954	30.1%
1		1	0%
2		4	0%
3		3	0%
4		1	0%
5		59	0.6%

6		1	0%
7		5	0.1%
8		2	0%
10		793	8.1%
11		1	0%
12		7	0.1%
15		1027	10.5%
16		1	0%
20		1082	11%
25		78	0.8%
30		3170	32.3%
35		32	0.3%
40		250	2.5%
45		277	2.8%
50		21	0.2%
77	Don't know	1	0%
99	Don't know	43	0.4%
Sysmiss		2616	

## P10: vig leisure activity

Data file: Ika2006

### Overview

Valid: 12429    Invalid: 0  
 Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 9    Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	821	6.6%
2	No	11597	93.3%
7	Don't know	2	0%
9	Don't know	9	0.1%

## P11: vig leisure activity: days per week

Data file: Ika2006

**Overview**

Valid: 842 Invalid: 11587

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 9 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		6	0.7%
1		93	11%
2		165	19.6%
3		150	17.8%
4		89	10.6%
5		122	14.5%
6		34	4%
7		177	21%
9	Don't know	6	0.7%
Sysmiss		11587	

**P12A: vig leisure activity: hours per day**

Data file: Ika2006

**Overview**

Valid: 836 Invalid: 11593

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		404	48.3%
1		216	25.8%
2		123	14.7%
3		40	4.8%
4		21	2.5%
5		3	0.4%
6		3	0.4%
8		8	1%
10		1	0.1%
15		1	0.1%

20		1	0.1%
77	Don't know	0	0%
99	Don't know	15	1.8%
Sysmiss		11593	

## P12B: vig leisure activity: mins per day

Data file: lka2006

### Overview

Valid: 827 Invalid: 11602

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		355	42.9%
5		4	0.5%
8		1	0.1%
10		52	6.3%
15		69	8.3%
20		51	6.2%
25		2	0.2%
30		209	25.3%
40		17	2.1%
45		52	6.3%
77	Don't know	0	0%
99	Don't know	15	1.8%
Sysmiss		11602	

## P13: mod leisure activity

Data file: lka2006

### Overview

Valid: 12429 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 9 Format: Numeric

### Questions and instructions

#### CATEGORIES



Value	Category	Cases	
1	Yes	1901	15.3%
2	No	10512	84.6%
7	Don't know	1	0%
9	Don't know	15	0.1%

## P14: mod leisure activity: days per week

Data file: Ika2006

### Overview

Valid: 1914 Invalid: 10515

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 9 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		5	0.3%
1		202	10.6%
2		377	19.7%
3		278	14.5%
4		152	7.9%
5		263	13.7%
6		106	5.5%
7		519	27.1%
9	Don't know	12	0.6%
Sysmiss		10515	

## P15A: mod leisure activity: hours per day

Data file: Ika2006

### Overview

Valid: 1907 Invalid: 10522

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		1039	54.5%

1		472	24.8%
2		245	12.8%
3		59	3.1%
4		25	1.3%
5		12	0.6%
6		9	0.5%
7		2	0.1%
8		6	0.3%
10		3	0.2%
15		1	0.1%
77	Don't know	1	0.1%
99	Don't know	33	1.7%
Sysmiss		10522	

## P15B: mod leisure activity: mins per day

Data file: lka2006

### Overview

Valid: 1907 Invalid: 10522

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		732	38.4%
1		1	0.1%
2		1	0.1%
3		3	0.2%
5		18	0.9%
7		1	0.1%
8		1	0.1%
10		148	7.8%
11		1	0.1%
12		1	0.1%
15		189	9.9%
20		126	6.6%
25		4	0.2%
30		562	29.5%

32		1	0.1%
35		2	0.1%
40		18	0.9%
45		63	3.3%
50		2	0.1%
77	Don't know	1	0.1%
99	Don't know	32	1.7%
Sysmiss		10522	

## P16A: sedentary time: hours per day

Data file: Ika2006

### Overview

Valid: 12429 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		2062	16.6%
1		2714	21.8%
2		2596	20.9%
3		1582	12.7%
4		1049	8.4%
5		711	5.7%
6		526	4.2%
7		168	1.4%
8		367	3%
9		113	0.9%
10		117	0.9%
11		12	0.1%
12		32	0.3%
13		9	0.1%
16		1	0%
20		17	0.1%
77	Don't know	10	0.1%
99	Don't know	343	2.8%

**P16B: sedentary time: mins per day****Data file: lka2006****Overview**

Valid: 12429 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		8825	71%
1		3	0%
2		1	0%
3		6	0%
5		67	0.5%
7		1	0%
9		2	0%
10		151	1.2%
13		1	0%
15		285	2.3%
20		148	1.2%
22		1	0%
25		12	0.1%
30		2398	19.3%
33		3	0%
35		4	0%
40		35	0.3%
45		94	0.8%
50		8	0.1%
60		3	0%
77	Don't know	11	0.1%
99	Don't know	370	3%

**P17A: watching tv: hours per day****Data file: lka2006****Overview**

Valid: 12429 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		1831	14.7%
1		3283	26.4%
2		3289	26.5%
3		1571	12.6%
4		538	4.3%
5		170	1.4%
6		68	0.5%
7		14	0.1%
8		11	0.1%
9		27	0.2%
10		11	0.1%
11		1	0%
12		1	0%
20		3	0%
21		1	0%
77	Don't know	14	0.1%
88	Don't know	5	0%
99	Don't know	1591	12.8%

### P17B: watching tv: mins per day

Data file: lka2006

#### Overview

Valid: 12429    Invalid: 0  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 99    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		7728	62.2%
1		2	0%
2		2	0%
3		6	0%
4		1	0%

5		7	0.1%
10		48	0.4%
13		1	0%
15		162	1.3%
20		90	0.7%
25		6	0%
30		2604	21%
33		3	0%
35		5	0%
40		12	0.1%
45		68	0.5%
50		1	0%
77	Don't know	16	0.1%
88	Don't know	5	0%
99	Don't know	1662	13.4%

**M1: interviewer ID****Data file:** lka2006**Overview**

Valid: 12429   Invalid: 0   Minimum: 10   Maximum: 703   Mean: 305.274   Standard deviation: 141.673  
 Type: Continuous   Decimal: 0   Width: 8   Range: 10 - 703   Format: Numeric

**M2A: height device ID****Data file:** lka2006**Overview**

Valid: 12428   Invalid: 1   Minimum: 1   Maximum: 99   Mean: 16.919   Standard deviation: 9.319  
 Type: Continuous   Decimal: 0   Width: 8   Range: 1 - 99   Format: Numeric

**M2B: weight device ID****Data file:** lka2006**Overview**

Valid: 12428   Invalid: 1   Minimum: 1   Maximum: 99   Mean: 16.027   Standard deviation: 9.419  
 Type: Continuous   Decimal: 0   Width: 8   Range: 1 - 99   Format: Numeric

**M3: height (cm)****Data file:** lka2006

**Overview**

Valid: 12428    Invalid: 1    Minimum: 101    Maximum: 999.9    Mean: 159.229    Standard deviation: 35.92  
 Type: Continuous    Decimal: 0    Width: 9    Range: 101 - 999.900024414062    Format: Numeric

**M4: weight (kg)**

**Data file:** Ika2006

**Overview**

Valid: 12428    Invalid: 1    Minimum: 24    Maximum: 999.9    Mean: 56.489    Standard deviation: 33.8  
 Type: Continuous    Decimal: 0    Width: 9    Range: 24 - 999.900024414062    Format: Numeric

**M5: pregnant**

**Data file:** Ika2006

**Overview**

Valid: 6272    Invalid: 6157  
 Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 9    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	48	0.8%
2	No	6033	96.2%
9	Don't know	191	3%
Sysmiss		6157	

**M6: waist device ID**

**Data file:** Ika2006

**Overview**

Valid: 12344    Invalid: 85    Minimum: 1    Maximum: 99    Mean: 30.011    Standard deviation: 17.29  
 Type: Continuous    Decimal: 0    Width: 8    Range: 1 - 99    Format: Numeric

**M7: waist circumference (cm)**

**Data file:** Ika2006

**Overview**

Valid: 12342    Invalid: 87    Minimum: 31    Maximum: 999.9    Mean: 81.565    Standard deviation: 57.362  
 Type: Continuous    Decimal: 0    Width: 9    Range: 31 - 999.900024414062    Format: Numeric

**M8: BP interviewer ID****Data file:** Ika2006**Overview**

Valid: 12428   Invalid: 1   Minimum: 3   Maximum: 999   Mean: 305.208   Standard deviation: 142.14  
 Type: Continuous   Decimal: 0   Width: 8   Range: 3 - 999   Format: Numeric

**M9: BP device ID****Data file:** Ika2006**Overview**

Valid: 12428   Invalid: 1   Minimum: 1   Maximum: 99   Mean: 55.103   Standard deviation: 36.838  
 Type: Continuous   Decimal: 0   Width: 8   Range: 1 - 99   Format: Numeric

**M10: cuff size****Data file:** Ika2006**Overview**

Valid: 12428   Invalid: 1  
 Type: Discrete   Decimal: 0   Width: 8   Range: 1 - 3   Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	small	55	0.4%
2	medium	12272	98.7%
3	large	101	0.8%
Sysmiss		1	

**M11A: BP reading 1: systolic****Data file:** Ika2006**Overview**

Valid: 12428   Invalid: 1   Minimum: 55   Maximum: 999   Mean: 129.217   Standard deviation: 29.84  
 Type: Continuous   Decimal: 0   Width: 8   Range: 55 - 999   Format: Numeric

**M11B: BP reading 1: diastolic****Data file:** Ika2006



**Overview**

Valid: 12428    Invalid: 1    Minimum: 32    Maximum: 999    Mean: 75.046    Standard deviation: 25.093  
 Type: Continuous    Decimal: 0    Width: 8    Range: 32 - 999    Format: Numeric

---

**M12A: BP reading 2: systolic**

**Data file:** Ika2006

**Overview**

Valid: 12428    Invalid: 1    Minimum: 58    Maximum: 999    Mean: 125.322    Standard deviation: 30.326  
 Type: Continuous    Decimal: 0    Width: 8    Range: 58 - 999    Format: Numeric

---

**M12B: BP reading 2: diastolic**

**Data file:** Ika2006

**Overview**

Valid: 12428    Invalid: 1    Minimum: 0    Maximum: 999    Mean: 73.689    Standard deviation: 28.814  
 Type: Continuous    Decimal: 0    Width: 8    Range: 0 - 999    Format: Numeric

---

**M13A: BP reading 3: systolic**

**Data file:** Ika2006

**Overview**

Valid: 12427    Invalid: 2    Minimum: 64    Maximum: 999    Mean: 124.801    Standard deviation: 38.294  
 Type: Continuous    Decimal: 0    Width: 8    Range: 64 - 999    Format: Numeric

---

**M13B: BP reading 3: diastolic**

**Data file:** Ika2006

**Overview**

Valid: 12427    Invalid: 2    Minimum: 35    Maximum: 999    Mean: 73.583    Standard deviation: 36.262  
 Type: Continuous    Decimal: 0    Width: 8    Range: 35 - 999    Format: Numeric

---

**M14: took raised BP meds in past 2 weeks**

**Data file:** Ika2006

**Overview**

Valid: 12427    Invalid: 2  
 Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 9    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	708	5.7%
2	No	11657	93.8%
8	Don't know	2	0%
9	Don't know	60	0.5%
Sysmiss		2	

**M16A: heart rate reading 1****Data file:** Ika2006**Overview**

Valid: 12427   Invalid: 2   Minimum: 41   Maximum: 999   Mean: 82.57   Standard deviation: 33.651  
 Type: Continuous   Decimal: 0   Width: 8   Range: 41 - 999   Format: Numeric

**M16B: heart rate reading 2****Data file:** Ika2006**Overview**

Valid: 12427   Invalid: 2   Minimum: 35   Maximum: 999   Mean: 82.25   Standard deviation: 37.981  
 Type: Continuous   Decimal: 0   Width: 8   Range: 35 - 999   Format: Numeric

**M16C: heart rate reading 3****Data file:** Ika2006**Overview**

Valid: 12427   Invalid: 2   Minimum: 38   Maximum: 999   Mean: 84.364   Standard deviation: 52.917  
 Type: Continuous   Decimal: 0   Width: 8   Range: 38 - 999   Format: Numeric

**AGERANGE: ageranges for which survey was designed****Data file:** Ika2006**Overview**

Valid: 12429   Invalid: 0  
 Type: Discrete   Width: 5   Range: -   Format: character

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
15-24		2454	19.7%

25-34		2573	20.7%
35-44		2530	20.4%
45-54		2483	20%
55-64		2389	19.2%

# study\_resources

## questionnaires

### Questionnaire

---

title Questionnaire  
country Sri Lanka  
filename STEPS\_SriLanka\_2006\_Questionnaire.pdf

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## reports

### Report

---

title Report  
country Sri Lanka  
filename STEPS\_SriLanka\_2006\_Report.pdf

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## technical\_documents

### Generic STEPS Questionnaire (version 2.0)

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title Generic STEPS Questionnaire (version 2.0)  
filename STEPS\_Instrument\_v2\_0.pdf

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