

Global School-Based Student Health Survey 2009

Pakistan Medical and Research Council

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Identification

SURVEY ID NUMBER

PAK_2009_GSHS_v01_M

TITLE

Global School-Based Student Health Survey 2009

COUNTRY

Name	Country code
Pakistan	PAK

STUDY TYPE

Other Household Survey [hh/oth]

SERIES INFORMATION

This is the first GSHS conducted by Pakistan.

ABSTRACT

The GSHS is a school-based survey which uses a self-administered questionnaire to obtain data on young people's health behaviour and protective factors related to the leading causes of morbidity and mortality among children and adults worldwide.

KIND OF DATA

Sample survey data [ssd]

UNIT OF ANALYSIS

Individuals

Version

VERSION DESCRIPTION

Public-use dataset

VERSION DATE

2018-08-09

Scope

NOTES

The following core modules were included in the survey:

- dietary behaviours
- hygiene
- mental health
- physical activity
- protective factors
- tobacco use
- violence and unintentional injury

TOPICS

Topic	Vocabulary
Global School-based Student Health Survey (GSHS)	Survey

KEYWORDS

Keyword
adolescents
school health
noncommunicable diseases
risk factors
protective factors
health surveys
diet
nutrition
hygiene
mental health
physical activity
tobacco use
violence and unintentional injury
overweight
obesity
bullying

Coverage

GEOGRAPHIC COVERAGE

National coverage

UNIVERSE

School-going adolescents aged 13-15 years.

Producers and sponsors

PRIMARY INVESTIGATORS

Name
Pakistan Medical and Research Council

FUNDING AGENCY/SPONSOR

Name	Abbreviation
World Health Organization	WHO
US Centers for Disease Control and Prevention	CDC

Sampling

SAMPLING PROCEDURE

The 2008 Pakistan GSHS was a school-based survey of students in 8th, 9th, and 10th. A two-stage cluster sample design was used to produce data representative of all students in 8th, 9th, and 10th in Pakistan. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate.

RESPONSE RATE

The school response rate was 88%, the student response rate was 87%, and the overall response rate was 76%.

WEIGHTING

The weighting formula used is:

$$W=W1 * W2 * f1 * f2 * f3.$$

The list below shows what each variable in the formula represents.

W1 - The inverse of the probability of selecting each school

W2 - The inverse of the probability of selecting each classroom

f1 - A school-level non response adjustment factor

f2 - A student-level non response adjustment factor calculated by classroom

f3 - A post stratification adjustment factor calculated by sex within grade

data_collection

DATES OF DATA COLLECTION

Start	End
2009-02	2009-02

DATA COLLECTION MODE

self-administered

questionnaires

QUESTIONNAIRES

The following core modules were included in the survey:

- dietary behaviours
- hygiene
- mental health
- physical activity
- protective factors
- tobacco use
- violence and unintentional injury

data_processing

DATA EDITING

All data processing (scanning, cleaning, editing, and weighting) was conducted at the US Centers for Disease Control.

Access policy

CONTACTS

Name	Affiliation	Email	URL
NCD Surveillance Team	World Health Organization	ncdmonitoring@who.int	Link

ACCESS CONDITIONS

The user undertakes:

- (1) to acknowledge the data source.
- (2) to share any planned publications with WHO prior to publication.
- (3) to offer co-authorship of any reports or publications using the survey results to the coordinator of the survey.
- (4) to use the data for non-commercial, not-for-profit public health purposes only.

CITATION REQUIREMENTS

Publications based on GSHS data should use the following acknowledgement:

"This paper uses data from the Global School-Based Student Health Survey (GSHS). GSHS is supported by the World Health Organization and the US Centers for Disease Control and Prevention."

Disclaimer and copyrights

DISCLAIMER

The data is being distributed without warranty of any kind. The responsibility for the use of the data lies with the user. In no event shall the World Health Organization be liable for damages arising from its use.

Metadata production

DDI DOCUMENT ID

DDI_PAK_2009_GSHS_v01_M

PRODUCERS

Name	Abbreviation	Affiliation	Role
Yue Wu		World Health Organization	Documentation of data
Melanie Cowan		World Health Organization	Supervision and review of metadata and documentation of study
Development Economics Data Group	DECDG	The World Bank	Metadata adapted for World Bank Microdata Library

DATE OF METADATA PRODUCTION

2018-08-09

DDI DOCUMENT VERSION

Identical to a metadata (PAK_2009_GSHS_v01) published on WHO NCD microdata repository (<http://extranet.who.int/ncdsmicrodata/index.php/catalog>). Some of the metadata fields have been edited.

data_dictionary

Data file	Cases	variables
PAK2009_Public_Use National public-use dataset	5192	84

Data file: PAK2009_Public_Use

National public-use dataset

Cases: 5192

variables: 84

variables

ID	Name	Label	Question
V379	Q1	How old are you	How old are you?
V380	Q2	Sex	What is your sex?
V381	Q3	In what grade are you	In what grade/class/ standard are you? COUNTRY SPECIFIC RESPONSE OPTIONS
V382	Q4	How tall are you	How tall are you without your shoes on? ON THE ANSWER SHEET, WRITE YOUR HEIGHT IN THE SHADED BOXES AT THE TOP OF THE GRID. THEN FILL IN THE OVAL BELOW EACH NUMBER.
V383	Q5	How much do you weigh	How much do you weigh without your shoes on? ON THE ANSWER SHEET, WRITE YOUR WEIGHT IN THE SHADED BOXES AT THE TOP OF THE GRID. THEN FILL IN THE OVAL BELOW EACH NUMBER.
V384	Q6	Went hungry past 30 days	During the past 30 days, how often did you go hungry because there was not enough food in your home?
V385	Q7	Eat fruit per day past 30 days	During the past 30 days, how many times per day did you usually eat fruit, such as COUNTRY SPECIFIC EXAMPLES?
V386	Q8	Eat vegetables past 30 days	During the past 30 days, how many times per day did you usually eat vegetables, such as COUNTRY SPECIFIC EXAMPLES?
V387	Q9	Drink soft drinks past 30 days	During the past 30 days, how many times per day did you usually drink carbonated soft drinks, such as COUNTRY SPECIFIC EXAMPLES? (Do not include diet soft drinks.)
V388	Q10	Ate fast food past 7 days	During the past 7 days, on how many days did you eat food from a fast food restaurant, such as COUNTRY SPECIFIC EXAMPLES?
V389	Q11	How many times per day brush teeth	During the past 30 days, how many times per day did you usually clean or brush your teeth?
V390	Q12	Wash hands before eating past 30 days	During the past 30 days, how often did you wash your hands before eating?
V391	Q13	Wash hands after toilet past 30 day	During the past 30 days, how often did you wash your hands after using the toilet or latrine?
V392	Q14	Used soap on hands past 30 days	During the past 30 days, how often did you use soap when washing your hands?
V393	Q15	Times attacked past 12 mo.	During the past 12 months, how many times were you physically attacked?
V394	Q16	How many times in fight 12 mos	During the past 12 months, how many times were you in a physical fight?
V395	Q17	How many times injured past 12 months	During the past 12 months, how many times were you seriously injured?
V398	Q20	How many days bullied past 30 days	During the past 30 days, on how many days were you bullied?
V399	Q21	How bullied past 30 days	During the past 30 days, how were you bullied most often?
V400	Q22	Times felt lonely past 12 mo.	During the past 12 months, how often have you felt lonely?
V401	Q23	Times could not sleep past 12 mo.	During the past 12 months, how often have you been so worried about something that you could not sleep at night?
V402	Q24	Ever considered suicide 12 mos	During the past 12 months, did you ever seriously consider attempting suicide?

ID	Name	Label	Question
V403	Q25	Ever make suicide plan 12 mos	During the past 12 months, did you make a plan about how you would attempt suicide?
V405	Q27	Number close friends	How many close friends do you have?
V406	Q28	Age first tried cigarette	How old were you when you first tried a cigarette?
V407	Q29	How many days smoked 30 days	During the past 30 days, on how many days did you smoke cigarettes?
V408	Q30	Other forms of tobacco	During the past 30 days, on how many days did you use any tobacco products other than cigarettes, such as COUNTRY SPECIFIC EXAMPLES?
V409	Q31	Try stop smoking past 12 mo.	During the past 12 months, have you ever tried to stop smoking cigarettes?
V410	Q32	Others present smoking past 7 days	During the past 7 days, on how many days have people smoked in your presence?
V411	Q33	Parents who use tobacco	Which of your parents or guardians use any form of tobacco?
V427	Q49	Days active 60 min plus past 7 days	During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? ADD UP ALL THE TIME YOU SPENT IN ANY KIND OF PHYSICAL ACTIVITY EACH DAY.
V428	Q50	Walk or bike to school past 7 days	During the past 7 days, on how many days did you walk or ride a bicycle to or from school?
V429	Q51	Days went to PE each week	During this school year, on how many days did you go to physical education (PE) class each week?
V430	Q52	Time spent sitting on usual day	How much time do you spend during a typical or usual day sitting and watching television, playing computer games, talking with friends, or doing other sitting activities, such as COUNTRY SPECIFIC EXAMPLES?
V431	Q53	Miss school no permission past 30 days	During the past 30 days, on how many days did you miss classes or school without permission?
V432	Q54	Others helpful in school past 30 days	During the past 30 days, how often were most of the students in your school kind and helpful?
V433	Q55	Parents check homework past 30 days	During the past 30 days, how often did your parents or guardians check to see if your homework was done?
V434	Q56	Parent understand troubles past 30 days	During the past 30 days, how often did your parents or guardians understand your problems and worries?
V435	Q57	Parent know what you do past 30 days	During the past 30 days, how often did your parents or guardians really know what you were doing with your free time?
V437	QN6	Went hungry most of time/always past 30 days	Percentage of students who went hungry most of the time or always because there was not enough food in their home during the past 30 days
V438	QN7	Ate fruit 2+ times per day past 30 days	Percentage of students who usually ate fruit two or more times per day during the past 30 days
V439	QN8	Ate vegetables 3+ times per day past 30 day	Percentage of students who usually ate vegetables three or more times per day during the past 30 days
V440	QN9	Drank soft drinks 1+ times per day past 30 day	Percentage of students who usually drank carbonated soft drinks one or more times per day during the past 30 days
V441	QN10	Ate fast food 3+ days past 7 day	Percentage of students who ate food from a fast food restaurant on three or more days during the past 7 days
V442	QN11	Cleaned/brushed teeth <1 time/day past 30 days	Percentage of students who usually cleaned or brushed their teeth less than one time per day during the past 30 days
V443	QN12	Never/rarely wash hands before eating past 30 days	Percentage of students who never or rarely washed their hands before eating during the past 30 days
V444	QN13	Never/rarely wash hands after toilet past 30 days	Percentage of students who never or rarely washed their hands after using the toilet or latrine during the past 30 days
V445	QN14	Never/rarely use soap on hands past 30 days	Percentage of students who never or rarely used soap when washing their hands during the past 30 days

ID	Name	Label	Question
V446	QN15	Attacked 1+ times past 12 months	Percentage of students who were physically attacked one or more times during the past 12 months
V447	QN16	In fight 1+ times past 12 months	Percentage of students who were in a physical fight one or more times during the past 12 months
V448	QN17	Seriously injured 1+ times past 12 months	Percentage of students who were seriously injured one or more times during the past 12 months
V451	QN20	Bullied 1+ of past 30 days	Percentage of students who were bullied on one or more days during the past 30 days
V452	QN21	Of students bullied, most often hit, kicked, etc	Among students who were bullied during the past 30 days, the percentage who were bullied most often by being hit, kicked, pushed, shoved around, or locked indoors
V453	QN22	Lonely most times/always past 12 months	Percentage of students who most of the time or always felt lonely during the past 12 months
V454	QN23	Worry prevented sleep most time/always past 12 mos	Percentage of students who most of the time or always were so worried about something that they could not sleep at night during the past 12 months
V455	QN24	Considered suicide past 12 months	Percentage of students who ever seriously considered attempting suicide during the past 12 months
V456	QN25	Made suicide plan past 12 months	Percentage of students who made a plan about how they would attempt suicide during the past 12 months
V458	QN27	No close friends	Percentage of students who had no close friends
V459	QN28	Age first cigarette before 14	Among students who ever smoked cigarettes, the percentage who first tried a cigarette before age 14 years
V460	QN29	Smoked cigarettes 1+ of past 30 days	Percentage of students who smoked cigarettes on one or more days during the past 30 days
V461	QN30	Used other tobacco 1+ of past 30 days	Percentage of students who used any tobacco products other than cigarettes on one or more days during the past 30 days
V462	QN31	Tried to quit smoking past 12 months	Among students who smoked cigarettes during the past 12 months, the percentage who tried to stop smoking cigarettes during the past 12 months
V463	QN32	Others present smoking 1+ of past 7 days	Percentage of students who reported people smoked in their presence on one or more days during the past seven days
V464	QN33	Either/Both parents use tobacco	Percentage of students who had parents or guardians who used any form of tobacco
V480	QN49	Active 60+ mins/day for 5+ of past 7 days	Percentage of students who were physically active for a total of at least 60 minutes per day on five or more days during the past seven days
V481	QN50	Walk/Bike to/from school 0 of past 7 days	Percentage of students who did not walk or ride a bicycle to or from school during the past seven days
V482	QN51	3+ days PE each week	Percentage of students who went to physical education (PE) class on three or more days each week during this school year
V483	QN52	Sitting activities 3+ hours/day of usual day	Percentage of students who spent three or more hours per day during a typical or usual day doing sitting activities
V484	QN53	Miss school no permission 1+ of past 30 days	Percentage of students who missed classes or school without permission on one or more of the past 30 days
V485	QN54	Students most/always kind 30 days	Percentage of students who reported most of the students in their school were kind and helpful most of the time or always during the past 30 days
V486	QN55	Parents most/always check homework	Percentage of students whose parents or guardians checked to see if their homework was done most of the time or always during the past 30 days
V487	QN56	Parents most/always understand problems	Percentage of students whose parents or guardians understood their problems and worries most of the time or always during the past 30 days

ID	Name	Label	Question
V488	QN57	Parents most/always know about free time	Percentage of students whose parents or guardians really knew what they were doing with their free time most of the time or always during the past 30 days
V493	qnowtg	Overweight	Percentage of students who were overweight ($>+1SD$ from median for BMI by age and sex)
V494	qnobeseg	Obese	Percentage of students who were obese ($>+2SD$ from median for BMI by age and sex)
V495	qnunwtg	Underweight	Percentage of students who were underweight ($<-2SD$ from median for BMI by age and sex)
V496	qnfrvgg	Ate 5+ fruits/vegetables 30 days	Percentage of students who usually ate fruits and vegetables five or more times per day during the past 30 days
V497	qnanytbq	Used any tobacco past 30 days	Percentage of students who used any tobacco on one or more days during the past 30 days
V498	qnpa7g	Physically active all past 7 days	Percentage of students who were physically active for a total of at least 60 minutes per day on all seven days during the past seven days
V499	qnpe5g	Attended PE 5+ days each week	Percentage of students who went to physical education (PE) class on five or more days each week during this school year
V501	qnc2g	Among those worried, currently bullied	Among students who most of the time or always had been so worried about something that they could not sleep at night during the past 12 months, the percentage who were bullied on one or more days during the past 30 days
V502	weight	Weight	
V503	stratum	Stratum	
V504	psu	Primary Sampling Unit	

total: 84

Q1: How old are you**Data file: PAK2009_Public_Use****Overview**

Valid: 5185 Invalid: 7

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 6 Format: Numeric

Questions and instructions

LITERAL QUESTION

How old are you?

CATEGORIES

Value	Category	Cases	
1	11 years old or younger	15	0.3%
2	12 years old	61	1.2%
3	13 years old	890	17.2%
4	14 years old	2148	41.4%
5	15 years old	1899	36.6%
6	16 years old or older	172	3.3%
Sysmiss		7	

Q2: Sex**Data file: PAK2009_Public_Use****Overview**

Valid: 5184 Invalid: 8

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

What is your sex?

CATEGORIES

Value	Category	Cases	
1	Male	3897	75.2%
2	Female	1287	24.8%
Sysmiss		8	

Q3: In what grade are you**Data file: PAK2009_Public_Use**

Overview

Valid: 5186 Invalid: 6
 Type: Discrete Decimal: 0 Width: 1 Range: 1 - 5 Format: Numeric

Questions and instructions

LITERAL QUESTION

In what grade/class/ standard are you? COUNTRY SPECIFIC RESPONSE OPTIONS

CATEGORIES

Value	Category	Cases	
1	Class 8	1679	32.4%
2	Class 9	2315	44.6%
3	Class 10	1192	23%
4	12th grade	0	0%
5	Ungraded or other grade	0	0%
Sysmiss		6	

Q4: How tall are you

Data file: PAK2009_Public_Use

Overview

Valid: 4992 Invalid: 200 Minimum: 1.32 Maximum: 1.9
 Type: Continuous Decimal: 2 Width: 4 Range: 1.32 - 1.9 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 3 questions ask about your height, weight, and going hungry.

LITERAL QUESTION

How tall are you without your shoes on? ON THE ANSWER SHEET, WRITE YOUR HEIGHT IN THE SHADED BOXES AT THE TOP OF THE GRID. THEN FILL IN THE OVAL BELOW EACH NUMBER.

Q5: How much do you weigh

Data file: PAK2009_Public_Use

Overview

Valid: 4992 Invalid: 200 Minimum: 28 Maximum: 126
 Type: Continuous Decimal: 2 Width: 6 Range: 28 - 126 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 3 questions ask about your height, weight, and going hungry.

LITERAL QUESTION

How much do you weigh without your shoes on? ON THE ANSWER SHEET, WRITE YOUR WEIGHT IN THE SHADED BOXES AT THE TOP OF THE GRID. THEN FILL IN THE OVAL BELOW EACH NUMBER.

Q6: Went hungry past 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 5134 Invalid: 58

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 5 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 3 questions ask about your height, weight, and going hungry.

LITERAL QUESTION

During the past 30 days, how often did you go hungry because there was not enough food in your home?

CATEGORIES

Value	Category	Cases	
1	Never	3780	73.6%
2	Rarely	342	6.7%
3	Sometimes	701	13.7%
4	Most of the time	136	2.6%
5	Always	175	3.4%
Sysmiss		58	

Q7: Eat fruit per day past 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 5171 Invalid: 21

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 7 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 4 questions ask about what you might eat and drink

LITERAL QUESTION

During the past 30 days, how many times per day did you usually eat fruit, such as COUNTRY SPECIFIC EXAMPLES?

CATEGORIES

Value	Category	Cases	
1	Did not eat fruit	512	9.9%

2	Less than one time per day	1311	25.4%
3	1 time per day	2307	44.6%
4	2 times per day	670	13%
5	3 times per day	205	4%
6	4 times per day	57	1.1%
7	5 or more times per day	109	2.1%
Sysmiss		21	

Q8: Eat vegetables past 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 5176 Invalid: 16

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 7 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 4 questions ask about what you might eat and drink.

LITERAL QUESTION

During the past 30 days, how many times per day did you usually eat vegetables, such as COUNTRY SPECIFIC EXAMPLES?

CATEGORIES

Value	Category	Cases	
1	Did not eat vegetables	74	1.4%
2	Less than one time per day	416	8%
3	1 time per day	1684	32.5%
4	2 times per day	1946	37.6%
5	3 times per day	914	17.7%
6	4 times per day	45	0.9%
7	5 or more times per day	97	1.9%
Sysmiss		16	

Q9: Drink soft drinks past 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 5159 Invalid: 33

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 7 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 4 questions ask about what you might eat and drink.

LITERAL QUESTION

During the past 30 days, how many times per day did you usually drink carbonated soft drinks, such as COUNTRY SPECIFIC EXAMPLES? (Do not include diet soft drinks.)

CATEGORIES

Value	Category	Cases	
1	Did not drink soft drinks	2278	44.2%
2	Less than one time per day	1175	22.8%
3	1 time per day	1331	25.8%
4	2 times per day	236	4.6%
5	3 times per day	62	1.2%
6	4 times per day	30	0.6%
7	5 or more times per day	47	0.9%
Sysmiss		33	

Q10: Ate fast food past 7 days

Data file: PAK2009_Public_Use

Overview

Valid: 5175 Invalid: 17

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 8 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 4 questions ask about what you might eat and drink.

LITERAL QUESTION

During the past 7 days, on how many days did you eat food from a fast food restaurant, such as COUNTRY SPECIFIC EXAMPLES?

CATEGORIES

Value	Category	Cases	
1	0 days	4113	79.5%
2	1 day	711	13.7%
3	2 days	181	3.5%
4	3 days	85	1.6%
5	4 days	26	0.5%
6	5 days	23	0.4%
7	6 days	9	0.2%

8	7 days	27	0.5%
Sysmiss		17	

Q11: How many times per day brush teeth

Data file: PAK2009_Public_Use

Overview

Valid: 5165 Invalid: 27

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 6 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 4 questions ask about cleaning your teeth and washing your hands

LITERAL QUESTION

During the past 30 days, how many times per day did you usually clean or brush your teeth?

CATEGORIES

Value	Category	Cases	
1	Did not brush my teeth	266	5.2%
2	Less than 1 time per day	693	13.4%
3	1 time per day	2799	54.2%
4	2 times per day	884	17.1%
5	3 times per day	325	6.3%
6	4 or more times per day	198	3.8%
Sysmiss		27	

Q12: Wash hands before eating past 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 5158 Invalid: 34

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 5 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 4 questions ask about cleaning your teeth and washing your hands

LITERAL QUESTION

During the past 30 days, how often did you wash your hands before eating?

CATEGORIES

Value	Category	Cases	
-------	----------	-------	--

1	Never	61	1.2%
2	Rarely	140	2.7%
3	Sometimes	388	7.5%
4	Most of the time	687	13.3%
5	Always	3882	75.3%
Sysmiss		34	

Q13: Wash hands after toilet past 30 day

Data file: PAK2009_Public_Use

Overview

Valid: 5148 Invalid: 44

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 5 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 4 questions ask about cleaning your teeth and washing your hands

LITERAL QUESTION

During the past 30 days, how often did you wash your hands after using the toilet or latrine?

CATEGORIES

Value	Category	Cases	
1	Never	92	1.8%
2	Rarely	97	1.9%
3	Sometimes	193	3.7%
4	Most of the time	430	8.4%
5	Always	4336	84.2%
Sysmiss		44	

Q14: Used soap on hands past 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 5138 Invalid: 54

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 5 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 4 questions ask about cleaning your teeth and washing your hands

LITERAL QUESTION

During the past 30 days, how often did you use soap when washing your hands?

CATEGORIES

Value	Category	Cases	
1	Never	118	2.3%
2	Rarely	325	6.3%
3	Sometimes	850	16.5%
4	Most of the time	1197	23.3%
5	Always	2648	51.5%
Sysmiss		54	

Q15: Times attacked past 12 mo.

Data file: PAK2009_Public_Use

Overview

Valid: 5181 Invalid: 11

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 8 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next question asks about physical attacks. A physical attack occurs when one or more people hit or strike someone, or when one or more people hurt another person with a weapon (such as a stick, knife, or gun). It is not a physical attack when two students of about the same strength or power choose to fight each other.

LITERAL QUESTION

During the past 12 months, how many times were you physically attacked?

CATEGORIES

Value	Category	Cases	
1	0 times	3301	63.7%
2	1 time	901	17.4%
3	2 or 3 times	616	11.9%
4	4 or 5 times	177	3.4%
5	6 or 7 times	60	1.2%
6	8 or 9 times	19	0.4%
7	10 or 11 times	22	0.4%
8	12 or more times	85	1.6%
Sysmiss		11	

Q16: How many times in fight 12 mos

Data file: PAK2009_Public_Use

Overview

Valid: 5175 Invalid: 17

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 8 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next question asks about physical fights. A physical fight occurs when two students of about the same strength or power choose to fight each other.

LITERAL QUESTION

During the past 12 months, how many times were you in a physical fight?

CATEGORIES

Value	Category	Cases	
1	0 times	3057	59.1%
2	1 time	1009	19.5%
3	2 or 3 times	672	13%
4	4 or 5 times	199	3.8%
5	6 or 7 times	97	1.9%
6	8 or 9 times	24	0.5%
7	10 or 11 times	16	0.3%
8	12 or more times	101	2%
Sysmiss		17	

Q17: How many times injured past 12 months

Data file: PAK2009_Public_Use

Overview

Valid: 5147 Invalid: 45

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 8 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 3 questions ask about serious injuries that happened to you. An injury is serious when it makes you miss at least one full day of usual activities (such as school, sports, or a job) or requires treatment by a doctor or nurse.

LITERAL QUESTION

During the past 12 months, how many times were you seriously injured?

CATEGORIES

Value	Category	Cases	
1	0 times	3131	60.8%
2	1 time	1165	22.6%
3	2 or 3 times	580	11.3%

4	4 or 5 times	130	2.5%
5	6 or 7 times	57	1.1%
6	8 or 9 times	22	0.4%
7	10 or 11 times	8	0.2%
8	12 or more times	54	1%
Sysmiss		45	

Q20: How many days bullied past 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 4676 Invalid: 516

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 7 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 2 questions ask about bullying. Bullying occurs when a student or group of students say or do bad and unpleasant things to another student. It is also bullying when a student is teased a lot in an unpleasant way or when a student is left out of things on purpose. It is not bullying when two students of about the same strength or power argue or fight or when teasing is done in a friendly and fun way.

LITERAL QUESTION

During the past 30 days, on how many days were you bullied?

CATEGORIES

Value	Category	Cases	
1	0 days	2646	56.6%
2	1 or 2 days	1265	27.1%
3	3 to 5 days	378	8.1%
4	6 to 9 days	112	2.4%
5	10 to 19 days	100	2.1%
6	20 to 29 days	33	0.7%
7	All 30 days	142	3%
Sysmiss		516	

Q21: How bullied past 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 4660 Invalid: 532

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 8 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 2 questions ask about bullying. Bullying occurs when a student or group of students say or do bad and unpleasant things to another student. It is also bullying when a student is teased a lot in an unpleasant way or when a student is left out of things on purpose. It is not bullying when two students of about the same strength or power argue or fight or when teasing is done in a friendly and fun way.

LITERAL QUESTION

During the past 30 days, how were you bullied most often?

CATEGORIES

Value	Category	Cases	
1	Not bullied	3218	69.1%
2	Kicked, pushed, or shoved	369	7.9%
3	Made fun of race	250	5.4%
4	Made fun because of religion	81	1.7%
5	Made fun of about sex	127	2.7%
6	Left out of activities	34	0.7%
7	Made fun of about body	129	2.8%
8	Some other way	452	9.7%
Sysmiss		532	

Q22: Times felt lonely past 12 mo.

Data file: PAK2009_Public_Use

Overview

Valid: 5133 Invalid: 59

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 5 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 6 questions ask about your feelings and friendships.

LITERAL QUESTION

During the past 12 months, how often have you felt lonely?

CATEGORIES

Value	Category	Cases	
1	Never	2014	39.2%
2	Rarely	1176	22.9%
3	Sometimes	1320	25.7%
4	Most of the time	395	7.7%
5	Always	228	4.4%

Sysmiss		59	
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Q23: Times could not sleep past 12 mo.

Data file: PAK2009_Public_Use

Overview

Valid: 5167 Invalid: 25

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 5 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 6 questions ask about your feelings and friendships.

LITERAL QUESTION

During the past 12 months, how often have you been so worried about something that you could not sleep at night?

CATEGORIES

Value	Category	Cases	
1	Never	2486	48.1%
2	Rarely	1268	24.5%
3	Sometimes	971	18.8%
4	Most of the time	321	6.2%
5	Always	121	2.3%
Sysmiss		25	

Q24: Ever considered suicide 12 mos

Data file: PAK2009_Public_Use

Overview

Valid: 5113 Invalid: 79

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 6 questions ask about your feelings and friendships.

LITERAL QUESTION

During the past 12 months, did you ever seriously consider attempting suicide?

CATEGORIES

Value	Category	Cases	
1	Yes	375	7.3%
2	No	4738	92.7%

Sysmiss		79	
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Q25: Ever make suicide plan 12 mos

Data file: PAK2009_Public_Use

Overview

Valid: 5139 Invalid: 53

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 6 questions ask about your feelings and friendships.

LITERAL QUESTION

During the past 12 months, did you make a plan about how you would attempt suicide?

CATEGORIES

Value	Category	Cases	
1	Yes	386	7.5%
2	No	4753	92.5%
Sysmiss		53	

Q27: Number close friends

Data file: PAK2009_Public_Use

Overview

Valid: 5124 Invalid: 68

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 4 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 6 questions ask about your feelings and friendships.

LITERAL QUESTION

How many close friends do you have?

CATEGORIES

Value	Category	Cases	
1	0	395	7.7%
2	1	1295	25.3%
3	2	1206	23.5%
4	3 or more	2228	43.5%
Sysmiss		68	

Q28: Age first tried cigarette**Data file: PAK2009_Public_Use****Overview**

Valid: 4910 Invalid: 282

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 7 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 6 questions ask about cigarette and other tobacco use.

LITERAL QUESTION

How old were you when you first tried a cigarette?

CATEGORIES

Value	Category	Cases	
1	I have never smoked cigarettes	4124	84%
2	7 years old or younger	159	3.2%
3	8 or 9 years old	93	1.9%
4	10 or 11 years old	134	2.7%
5	12 or 13 years old	192	3.9%
6	14 or 15 years old	201	4.1%
7	16 years old or older	7	0.1%
Sysmiss		282	

Q29: How many days smoked 30 days**Data file: PAK2009_Public_Use****Overview**

Valid: 5147 Invalid: 45

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 7 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 6 questions ask about cigarette and other tobacco use.

LITERAL QUESTION

During the past 30 days, on how many days did you smoke cigarettes?

CATEGORIES

Value	Category	Cases	
1	0 days	4760	92.5%

2	1 or 2 days	256	5%
3	3 to 5 days	58	1.1%
4	6 to 9 days	25	0.5%
5	10 to 19 days	19	0.4%
6	20 to 29 days	9	0.2%
7	All 30 days	20	0.4%
Sysmiss		45	

Q30: Other forms of tobacco

Data file: PAK2009_Public_Use

Overview

Valid: 5179 Invalid: 13

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 7 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 6 questions ask about cigarette and other tobacco use.

LITERAL QUESTION

During the past 30 days, on how many days did you use any tobacco products other than cigarettes, such as COUNTRY SPECIFIC EXAMPLES?

CATEGORIES

Value	Category	Cases	
1	0 days	4785	92.4%
2	1 or 2 days	249	4.8%
3	3 to 5 days	66	1.3%
4	6 to 9 days	25	0.5%
5	10 to 19 days	13	0.3%
6	20 to 29 days	4	0.1%
7	All 30 days	37	0.7%
Sysmiss		13	

Q31: Try stop smoking past 12 mo.

Data file: PAK2009_Public_Use

Overview

Valid: 4982 Invalid: 210

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 4 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 6 questions ask about cigarette and other tobacco use.

LITERAL QUESTION

During the past 12 months, have you ever tried to stop smoking cigarettes?

CATEGORIES

Value	Category	Cases	
1	I have never smoked cigarettes	4441	89.1%
2	Did not smoke cigarettes	189	3.8%
3	Yes	301	6%
4	No	51	1%
Sysmiss		210	

Q32: Others present smoking past 7 days

Data file: PAK2009_Public_Use

Overview

Valid: 5140 Invalid: 52

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 5 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 6 questions ask about cigarette and other tobacco use.

LITERAL QUESTION

During the past 7 days, on how many days have people smoked in your presence?

CATEGORIES

Value	Category	Cases	
1	0 days	2373	46.2%
2	1 or 2 days	1145	22.3%
3	3 or 4 days	514	10%
4	5 or 6 days	256	5%
5	All 7 days	852	16.6%
Sysmiss		52	

Q33: Parents who use tobacco

Data file: PAK2009_Public_Use

Overview

Valid: 5173 Invalid: 19

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 5 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 6 questions ask about cigarette and other tobacco use.

LITERAL QUESTION

Which of your parents or guardians use any form of tobacco?

CATEGORIES

Value	Category	Cases	
1	Neither	3413	66%
2	My father or male guardian	1314	25.4%
3	My mother or female guardian	99	1.9%
4	Both	92	1.8%
5	I do not know	255	4.9%
Sysmiss		19	

Q49: Days active 60 min plus past 7 days

Data file: PAK2009_Public_Use

Overview

Valid: 5132 Invalid: 60

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 8 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 3 questions ask about physical activity. Physical activity is any activity that increases your heart rate and makes you breathe hard. Physical activity can be done in sports, playing with friends, or walking to school. Some examples of physical activity are running, fast walking, biking, dancing, football, and COUNTRY SPECIFIC EXAMPLES.

LITERAL QUESTION

During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? ADD UP ALL THE TIME YOU SPENT IN ANY KIND OF PHYSICAL ACTIVITY EACH DAY.

CATEGORIES

Value	Category	Cases	
1	0 days	2344	45.7%
2	1 day	1129	22%
3	2 days	449	8.7%
4	3 days	236	4.6%
5	4 days	159	3.1%

6	5 days	97	1.9%
7	6 days	113	2.2%
8	7 days	605	11.8%
Sysmiss		60	

Q50: Walk or bike to school past 7 days

Data file: PAK2009_Public_Use

Overview

Valid: 5125 Invalid: 67

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 8 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 3 questions ask about physical activity. Physical activity is any activity that increases your heart rate and makes you breathe hard. Physical activity can be done in sports, playing with friends, or walking to school. Some examples of physical activity are running, fast walking, biking, dancing, football, and COUNTRY SPECIFIC EXAMPLES.

LITERAL QUESTION

During the past 7 days, on how many days did you walk or ride a bicycle to or from school?

CATEGORIES

Value	Category	Cases	
1	0 days	1770	34.5%
2	1 day	378	7.4%
3	2 days	235	4.6%
4	3 days	154	3%
5	4 days	102	2%
6	5 days	117	2.3%
7	6 days	557	10.9%
8	7 days	1812	35.4%
Sysmiss		67	

Q51: Days went to PE each week

Data file: PAK2009_Public_Use

Overview

Valid: 5134 Invalid: 58

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 6 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 3 questions ask about physical activity. Physical activity is any activity that increases your heart rate and makes you breathe hard. Physical activity can be done in sports, playing with friends, or walking to school. Some examples of physical activity are running, fast walking, biking, dancing, football, and COUNTRY SPECIFIC EXAMPLES.

LITERAL QUESTION

During this school year, on how many days did you go to physical education (PE) class each week?

CATEGORIES

Value	Category	Cases	
1	0 days	2933	57.1%
2	1 day	634	12.3%
3	2 days	786	15.3%
4	3 days	231	4.5%
5	4 days	109	2.1%
6	5 or more days	441	8.6%
Sysmiss		58	

Q52: Time spent sitting on usual day

Data file: PAK2009_Public_Use

Overview

Valid: 5147 Invalid: 45

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 6 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next question asks about the time you spend mostly sitting when you are not in school or doing homework.

LITERAL QUESTION

How much time do you spend during a typical or usual day sitting and watching television, playing computer games, talking with friends, or doing other sitting activities, such as COUNTRY SPECIFIC EXAMPLES?

CATEGORIES

Value	Category	Cases	
1	Less than 1 hour per day	3220	62.6%
2	1 to 2 hours per day	1508	29.3%
3	3 to 4 hours per day	302	5.9%
4	5 to 6 hours per day	80	1.6%
5	7 to 8 hours per day	16	0.3%
6	More than 8 hours per day	21	0.4%
Sysmiss		45	

Q53: Miss school no permission past 30 days**Data file: PAK2009_Public_Use****Overview**

Valid: 5152 Invalid: 40

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 5 Format: Numeric

Questions and instructions**QUESTION PRETEXT**

The next 6 questions ask about your experiences at school and at home.

LITERAL QUESTION

During the past 30 days, on how many days did you miss classes or school without permission?

CATEGORIES

Value	Category	Cases	
1	0 days	3837	74.5%
2	1 or 2 days	981	19%
3	3 to 5 days	170	3.3%
4	6 to 9 days	55	1.1%
5	10 or more days	109	2.1%
Sysmiss		40	

Q54: Others helpful in school past 30 days**Data file: PAK2009_Public_Use****Overview**

Valid: 5097 Invalid: 95

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 5 Format: Numeric

Questions and instructions**QUESTION PRETEXT**

The next 6 questions ask about your experiences at school and at home.

LITERAL QUESTION

During the past 30 days, how often were most of the students in your school kind and helpful?

CATEGORIES

Value	Category	Cases	
1	Never	587	11.5%
2	Rarely	1149	22.5%
3	Sometimes	1382	27.1%

4	Most of the time	816	16%
5	Always	1163	22.8%
Sysmiss		95	

Q55: Parents check homework past 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 5151 Invalid: 41

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 5 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 6 questions ask about your experiences at school and at home.

LITERAL QUESTION

During the past 30 days, how often did your parents or guardians check to see if your homework was done?

CATEGORIES

Value	Category	Cases	
1	Never	940	18.2%
2	Rarely	586	11.4%
3	Sometimes	995	19.3%
4	Most of the time	856	16.6%
5	Always	1774	34.4%
Sysmiss		41	

Q56: Parent understand troubles past 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 5133 Invalid: 59

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 5 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 6 questions ask about your experiences at school and at home.

LITERAL QUESTION

During the past 30 days, how often did your parents or guardians understand your problems and worries?

CATEGORIES

Value	Category	Cases	
-------	----------	-------	--

1	Never	820	16%
2	Rarely	670	13.1%
3	Sometimes	920	17.9%
4	Most of the time	791	15.4%
5	Always	1932	37.6%
Sysmiss		59	

Q57: Parent know what you do past 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 5106 Invalid: 86

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 5 Format: Numeric

Questions and instructions

QUESTION PRETEXT

The next 6 questions ask about your experiences at school and at home.

LITERAL QUESTION

During the past 30 days, how often did your parents or guardians really know what you were doing with your free time?

CATEGORIES

Value	Category	Cases	
1	Never	759	14.9%
2	Rarely	721	14.1%
3	Sometimes	1074	21%
4	Most of the time	996	19.5%
5	Always	1556	30.5%
Sysmiss		86	

QN6: Went hungry most of time/always past 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 5134 Invalid: 58

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who went hungry most of the time or always because there was not enough food in their home during the past 30 days

CATEGORIES

Value	Category	Cases	
1	Yes	311	6.1%
2	No	4823	93.9%
Sysmiss		58	

QN7: Ate fruit 2+ times per day past 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 5171 Invalid: 21

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who usually ate fruit two or more times per day during the past 30 days

CATEGORIES

Value	Category	Cases	
1	Yes	1041	20.1%
2	No	4130	79.9%
Sysmiss		21	

QN8: Ate vegetables 3+ times per day past 30 day

Data file: PAK2009_Public_Use

Overview

Valid: 5176 Invalid: 16

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who usually ate vegetables three or more times per day during the past 30 days

CATEGORIES

Value	Category	Cases	
1	Yes	1056	20.4%
2	No	4120	79.6%
Sysmiss		16	

QN9: Drank soft drinks 1+ times per day past 30 day**Data file: PAK2009_Public_Use****Overview**

Valid: 5159 Invalid: 33

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who usually drank carbonated soft drinks one or more times per day during the past 30 days

CATEGORIES

Value	Category	Cases	
1	Yes	1706	33.1%
2	No	3453	66.9%
Sysmiss		33	

QN10: Ate fast food 3+ days past 7 day**Data file: PAK2009_Public_Use****Overview**

Valid: 5175 Invalid: 17

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who ate food from a fast food restaurant on three or more days during the past 7 days

CATEGORIES

Value	Category	Cases	
1	Yes	170	3.3%
2	No	5005	96.7%
Sysmiss		17	

QN11: Cleaned/brushed teeth <1 time/day past 30 days**Data file: PAK2009_Public_Use****Overview**

Valid: 5165 Invalid: 27

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who usually cleaned or brushed their teeth less than one time per day during the past 30 days

CATEGORIES

Value	Category	Cases	
1	Yes	959	18.6%
2	No	4206	81.4%
Sysmiss		27	

QN12: Never/rarely wash hands before eating past 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 5158 Invalid: 34

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who never or rarely washed their hands before eating during the past 30 days

CATEGORIES

Value	Category	Cases	
1	Yes	201	3.9%
2	No	4957	96.1%
Sysmiss		34	

QN13: Never/rarely wash hands after toilet past 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 5148 Invalid: 44

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who never or rarely washed their hands after using the toilet or latrine during the past 30 days

CATEGORIES

Value	Category	Cases	
-------	----------	-------	--

1	Yes	189	3.7%
2	No	4959	96.3%
Sysmiss		44	

QN14: Never/rarely use soap on hands past 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 5138 Invalid: 54

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who never or rarely used soap when washing their hands during the past 30 days

CATEGORIES

Value	Category	Cases	
1	Yes	443	8.6%
2	No	4695	91.4%
Sysmiss		54	

QN15: Attacked 1+ times past 12 months

Data file: PAK2009_Public_Use

Overview

Valid: 5181 Invalid: 11

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who were physically attacked one or more times during the past 12 months

CATEGORIES

Value	Category	Cases	
1	Yes	1880	36.3%
2	No	3301	63.7%
Sysmiss		11	

QN16: In fight 1+ times past 12 months**Data file: PAK2009_Public_Use****Overview**

Valid: 5175 Invalid: 17

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who were in a physical fight one or more times during the past 12 months

CATEGORIES

Value	Category	Cases	
1	Yes	2118	40.9%
2	No	3057	59.1%
Sysmiss		17	

QN17: Seriously injured 1+ times past 12 months**Data file: PAK2009_Public_Use****Overview**

Valid: 5147 Invalid: 45

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who were seriously injured one or more times during the past 12 months

CATEGORIES

Value	Category	Cases	
1	Yes	2016	39.2%
2	No	3131	60.8%
Sysmiss		45	

QN20: Bullied 1+ of past 30 days**Data file: PAK2009_Public_Use****Overview**

Valid: 4676 Invalid: 516

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who were bullied on one or more days during the past 30 days

CATEGORIES

Value	Category	Cases	
1	Yes	2030	43.4%
2	No	2646	56.6%
Sysmiss		516	

QN21: Of students bullied, most often hit, kicked, etc

Data file: PAK2009_Public_Use

Overview

Valid: 1442 Invalid: 3750

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Among students who were bullied during the past 30 days, the percentage who were bullied most often by being hit, kicked, pushed, shoved around, or locked indoors

CATEGORIES

Value	Category	Cases	
1	Yes	369	25.6%
2	No	1073	74.4%
Sysmiss		3750	

QN22: Lonely most times/always past 12 months

Data file: PAK2009_Public_Use

Overview

Valid: 5133 Invalid: 59

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who most of the time or always felt lonely during the past 12 months

CATEGORIES

Value	Category	Cases	
-------	----------	-------	--

1	Yes	623	12.1%
2	No	4510	87.9%
Sysmiss		59	

QN23: Worry prevented sleep most time/always past 12 mos

Data file: PAK2009_Public_Use

Overview

Valid: 5167 Invalid: 25

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who most of the time or always were so worried about something that they could not sleep at night during the past 12 months

CATEGORIES

Value	Category	Cases	
1	Yes	442	8.6%
2	No	4725	91.4%
Sysmiss		25	

QN24: Considered suicide past 12 months

Data file: PAK2009_Public_Use

Overview

Valid: 5113 Invalid: 79

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who ever seriously considered attempting suicide during the past 12 months

CATEGORIES

Value	Category	Cases	
1	Yes	375	7.3%
2	No	4738	92.7%
Sysmiss		79	

QN25: Made suicide plan past 12 months**Data file: PAK2009_Public_Use****Overview**

Valid: 5139 Invalid: 53

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who made a plan about how they would attempt suicide during the past 12 months

CATEGORIES

Value	Category	Cases	
1	Yes	386	7.5%
2	No	4753	92.5%
Sysmiss		53	

QN27: No close friends**Data file: PAK2009_Public_Use****Overview**

Valid: 5124 Invalid: 68

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who had no close friends

CATEGORIES

Value	Category	Cases	
1	Yes	395	7.7%
2	No	4729	92.3%
Sysmiss		68	

QN28: Age first cigarette before 14**Data file: PAK2009_Public_Use****Overview**

Valid: 786 Invalid: 4406

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Among students who ever smoked cigarettes, the percentage who first tried a cigarette before age 14 years

CATEGORIES

Value	Category	Cases	
1	Yes	578	73.5%
2	No	208	26.5%
Sysmiss		4406	

QN29: Smoked cigarettes 1+ of past 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 5147 Invalid: 45

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who smoked cigarettes on one or more days during the past 30 days

CATEGORIES

Value	Category	Cases	
1	Yes	387	7.5%
2	No	4760	92.5%
Sysmiss		45	

QN30: Used other tobacco 1+ of past 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 5179 Invalid: 13

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who used any tobacco products other than cigarettes on one or more days during the past 30 days

CATEGORIES

Value	Category	Cases	
-------	----------	-------	--

1	Yes	394	7.6%
2	No	4785	92.4%
Sysmiss		13	

QN31: Tried to quit smoking past 12 months

Data file: PAK2009_Public_Use

Overview

Valid: 352 Invalid: 4840

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Among students who smoked cigarettes during the past 12 months, the percentage who tried to stop smoking cigarettes during the past 12 months

CATEGORIES

Value	Category	Cases	
1	Yes	301	85.5%
2	No	51	14.5%
Sysmiss		4840	

QN32: Others present smoking 1+ of past 7 days

Data file: PAK2009_Public_Use

Overview

Valid: 5140 Invalid: 52

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who reported people smoked in their presence on one or more days during the past seven days

CATEGORIES

Value	Category	Cases	
1	Yes	2767	53.8%
2	No	2373	46.2%
Sysmiss		52	

QN33: Either/Both parents use tobacco**Data file: PAK2009_Public_Use****Overview**

Valid: 5173 Invalid: 19

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who had parents or guardians who used any form of tobacco

CATEGORIES

Value	Category	Cases	
1	Yes	1505	29.1%
2	No	3668	70.9%
Sysmiss		19	

QN49: Active 60+ mins/day for 5+ of past 7 days**Data file: PAK2009_Public_Use****Overview**

Valid: 5132 Invalid: 60

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who were physically active for a total of at least 60 minutes per day on five or more days during the past seven days

CATEGORIES

Value	Category	Cases	
1	Yes	815	15.9%
2	No	4317	84.1%
Sysmiss		60	

QN50: Walk/Bike to/from school 0 of past 7 days**Data file: PAK2009_Public_Use****Overview**

Valid: 5125 Invalid: 67

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who did not walk or ride a bicycle to or from school during the past seven days

CATEGORIES

Value	Category	Cases	
1	Yes	1770	34.5%
2	No	3355	65.5%
Sysmiss		67	

QN51: 3+ days PE each week

Data file: PAK2009_Public_Use

Overview

Valid: 5134 Invalid: 58

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who went to physical education (PE) class on three or more days each week during this school year

CATEGORIES

Value	Category	Cases	
1	Yes	781	15.2%
2	No	4353	84.8%
Sysmiss		58	

QN52: Sitting activities 3+ hours/day of usual day

Data file: PAK2009_Public_Use

Overview

Valid: 5147 Invalid: 45

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who spent three or more hours per day during a typical or usual day doing sitting activities

CATEGORIES

Value	Category	Cases	
-------	----------	-------	--

1	Yes	419	8.1%
2	No	4728	91.9%
Sysmiss		45	

QN53: Miss school no permission 1+ of past 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 5152 Invalid: 40

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who missed classes or school without permission on one or more of the past 30 days

CATEGORIES

Value	Category	Cases	
1	Yes	1315	25.5%
2	No	3837	74.5%
Sysmiss		40	

QN54: Students most/always kind 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 5097 Invalid: 95

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who reported most of the students in their school were kind and helpful most of the time or always during the past 30 days

CATEGORIES

Value	Category	Cases	
1	Yes	1979	38.8%
2	No	3118	61.2%
Sysmiss		95	

QN55: Parents most/always check homework**Data file:** PAK2009_Public_Use**Overview**

Valid: 5151 Invalid: 41

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students whose parents or guardians checked to see if their homework was done most of the time or always during the past 30 days

CATEGORIES

Value	Category	Cases	
1	Yes	2630	51.1%
2	No	2521	48.9%
Sysmiss		41	

QN56: Parents most/always understand problems**Data file:** PAK2009_Public_Use**Overview**

Valid: 5133 Invalid: 59

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students whose parents or guardians understood their problems and worries most of the time or always during the past 30 days

CATEGORIES

Value	Category	Cases	
1	Yes	2723	53%
2	No	2410	47%
Sysmiss		59	

QN57: Parents most/always know about free time**Data file:** PAK2009_Public_Use**Overview**

Valid: 5106 Invalid: 86

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students whose parents or guardians really knew what they were doing with their free time most of the time or always during the past 30 days

CATEGORIES

Value	Category	Cases	
1	Yes	2552	50%
2	No	2554	50%
Sysmiss		86	

QNOWTG: Overweight

Data file: PAK2009_Public_Use

Overview

Valid: 4992 Invalid: 200

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who were overweight (>+1SD from median for BMI by age and sex)

CATEGORIES

Value	Category	Cases	
1	Yes	312	6.3%
2	No	4680	93.8%
Sysmiss		200	

QNOBESEG: Obese

Data file: PAK2009_Public_Use

Overview

Valid: 4992 Invalid: 200

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who were obese (>+2SD from median for BMI by age and sex)

CATEGORIES

Value	Category	Cases	
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1	Yes	50	1%
2	No	4942	99%
Sysmiss		200	

QNUNWTG: Underweight

Data file: PAK2009_Public_Use

Overview

Valid: 4992 Invalid: 200

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who were underweight (<-2SD from median for BMI by age and sex)

CATEGORIES

Value	Category	Cases	
1	Yes	557	11.2%
2	No	4435	88.8%
Sysmiss		200	

QNFRVGG: Ate 5+ fruits/vegetables 30 days

Data file: PAK2009_Public_Use

Overview

Valid: 5157 Invalid: 35

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who usually ate fruits and vegetables five or more times per day during the past 30 days

CATEGORIES

Value	Category	Cases	
1	Yes	526	10.2%
2	No	4631	89.8%
Sysmiss		35	

QNANYTBG: Used any tobacco past 30 days**Data file: PAK2009_Public_Use****Overview**

Valid: 5135 Invalid: 57

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who used any tobacco on one or more days during the past 30 days

CATEGORIES

Value	Category	Cases	
1	Yes	593	11.5%
2	No	4542	88.5%
Sysmiss		57	

QNPA7G: Physically active all past 7 days**Data file: PAK2009_Public_Use****Overview**

Valid: 5132 Invalid: 60

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who were physically active for a total of at least 60 minutes per day on all seven days during the past seven days

CATEGORIES

Value	Category	Cases	
1	Yes	605	11.8%
2	No	4527	88.2%
Sysmiss		60	

QNPE5G: Attended PE 5+ days each week**Data file: PAK2009_Public_Use****Overview**

Valid: 5134 Invalid: 58

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Percentage of students who went to physical education (PE) class on five or more days each week during this school year

CATEGORIES

Value	Category	Cases	
1	Yes	441	8.6%
2	No	4693	91.4%
Sysmiss		58	

QNC2G: Among those worried, currently bullied

Data file: PAK2009_Public_Use

Overview

Valid: 376 Invalid: 4816

Type: Discrete Decimal: 0 Width: 1 Range: 1 - 2 Format: Numeric

Questions and instructions

LITERAL QUESTION

Among students who most of the time or always had been so worried about something that they could not sleep at night during the past 12 months, the percentage who were bullied on one or more days during the past 30 days

CATEGORIES

Value	Category	Cases	
1	Yes	234	62.2%
2	No	142	37.8%
Sysmiss		4816	

WEIGHT: Weight

Data file: PAK2009_Public_Use

Overview

Valid: 5192 Invalid: 0

Type: Continuous Decimal: 0 Width: 9 Range: 230.4769 - 1261.5398 Format: Numeric Weighted: yes

STRATUM: Stratum

Data file: PAK2009_Public_Use

Overview

Valid: 5192 Invalid: 0

Type: Continuous Decimal: 0 Width: 9 Range: 200901001 - 200901022 Format: Numeric

PSU: Primary Sampling Unit**Data file: PAK2009_Public_Use****Overview**

Valid: 5192 Invalid: 0

Type: Continuous Decimal: 0 Width: 2 Range: 1 - 44 Format: Numeric

study_resources

questionnaires

Questionnaire

title Questionnaire
country Pakistan
filename 2008_Pakistan_GSHS_Questionnaire.pdf

reports

Fact Sheet

title Fact Sheet
country Pakistan
filename Pakistan_2009_FS.pdf

technical_documents

Codebook

title Codebook
country Pakistan
filename PAK2009_public_use_codebook.pdf
