

# STEPwise Survey for Non Communicable Diseases Risk Factor 2013

**Ministry of National Health Services, Regulation and Coordination, Pakistan Health Research Council**

report\_generated\_on: April 18, 2024

visit\_data\_catalog\_at: <http://catalog.ihsn.org/>

## Identification

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SURVEY ID NUMBER  
PAK\_2013\_STEPS\_v01\_M

TITLE  
STEPwise Survey for Non Communicable Diseases Risk Factor 2013

SUBTITLE  
Punjab and Sindh provinces

COUNTRY

| Name     | Country code |
|----------|--------------|
| Pakistan | PAK          |

STUDY TYPE  
Other Household Survey [hh/oth]

SERIES INFORMATION  
This is the first STEPS conducted by Pakistan.

### ABSTRACT

STEPS is a household-based survey to obtain core data on the established risk factors that determine the major burden of NCDs.

KIND OF DATA  
Sample survey data [ssd]

UNIT OF ANALYSIS  
Individuals

## Version

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VERSION DESCRIPTION  
Public-use dataset

## Scope

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### NOTES

The following topics were included in the survey: tobacco use, alcohol consumption, diet, physical activity, history of raised blood glucose, history of raised blood pressure, history of raised total cholesterol, history of cardiovascular diseases, lifestyle advice, and cervical cancer screening. Additionally, the following measures were taken: blood pressure, height, weight, waist circumference and hip circumference. Finally, the following optional modules were included: tobacco policy and violence and injury.

### TOPICS

| Topic | Vocabulary |
|-------|------------|
| STEPS | Survey     |

### KEYWORDS

| Keyword                  |
|--------------------------|
| noncommunicable diseases |
| risk factors             |

|                        |
|------------------------|
| health surveys         |
| tobacco use            |
| alcohol use            |
| diet                   |
| nutrition              |
| physical activity      |
| blood pressure         |
| cervical cancer        |
| overweight             |
| obesity                |
| diabetes               |
| hypertension           |
| cardiovascular disease |
| tobacco policy         |
| violence and injury    |

## Coverage

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### GEOGRAPHIC COVERAGE

Subnational coverage: Punjab and Sindh provinces of Pakistan

### UNIVERSE

Adults aged 18-69 years.

## Producers and sponsors

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### PRIMARY INVESTIGATORS

| Name  |
|---|
| Ministry of National Health Services, Regulation and Coordination |
| Pakistan Health Research Council                                  |

## Sampling

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### SAMPLING PROCEDURE

A two-stage cluster sample design was used to produce representative data for Punjab and Sindh provinces. Please refer to pages 7-8 of report for further information.

### RESPONSE RATE

The overall response rate was 95.4%.

### WEIGHTING

Analysis weights were calculated by taking the inverse of the probability of selection of each participant. These weights were adjusted for differences in the age-sex composition of the sample population as compared to the target population.

Different weight variables are available per Step:

wStep1 - for interview data

wStep2 - for physical measures

This allows for differences in the weight calculation for each Step of the survey as the age-sex composition of the respondents to each Step can differ slightly due to refusal or drop out.

## **data\_collection**

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### DATES OF DATA COLLECTION

| <b>Start</b> | <b>End</b> |
|--------------|------------|
| 2013-11      | 2014-04    |

### DATA COLLECTION MODE

Face-to-face [f2f]

## **Access policy**

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### CONTACTS

| <b>Name</b>           | <b>Affiliation</b>        | <b>Email</b>          | <b>URL</b>           |
|-----------------------|---------------------------|-----------------------|----------------------|
| NCD Surveillance Team | World Health Organization | ncdmonitoring@who.int | <a href="#">Link</a> |

### ACCESS CONDITIONS

The user undertakes:

- (1) to acknowledge the data source.
- (2) to share any planned publications with WHO prior to publication.
- (3) to offer co-authorship of any reports or publications using the survey results to the coordinator of the survey.
- (4) to use the data for non-commercial, not-for-profit public health purposes only.

### CITATION REQUIREMENTS

Publications based on STEPS data should cite the survey report (if available) and acknowledge the data source in the following manner:

"This paper uses data from the [country] [year] STEPS survey, implemented by [implementing agency] with the support of the World Health Organization."

### ACCESS AUTHORITY

| <b>Name</b>           | <b>Affiliation</b>        | <b>Email</b>          | <b>URL</b>           |
|-----------------------|---------------------------|-----------------------|----------------------|
| NCD Surveillance Team | World Health Organization | ncdmonitoring@who.int | <a href="#">Link</a> |

## **Disclaimer and copyrights**

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### DISCLAIMER

The data is being distributed without warranty of any kind. The responsibility for the use of the data lies with the user. In no event shall the World Health Organization be liable for damages arising from its use.

## **Metadata production**

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### DDI DOCUMENT ID

DDI\_PAK\_2013\_STEPS\_v01\_M

### PRODUCERS

| <b>Name</b> | <b>Abbreviation</b> | <b>Affiliation</b>        | <b>Role</b>           |
|-------------|---------------------|---------------------------|-----------------------|
| Yue Wu      |                     | World Health Organization | Documentation of data |

|                                  |       |                           |   |
|----------------------------------|-------|---------------------------|---|
| Melanie Cowan                    |       | World Health Organization | Supervision and review of metadata and documentation of study |
| Development Economics Data Group | DECDG | The World Bank            | Metadata adapted for World Bank Microdata Library             |

## DATE OF METADATA PRODUCTION

2020-04-01

## DDI DOCUMENT VERSION

Identical to a metadata (PAK\_2013\_STEPS\_v01) published on WHO NCD microdata repository (<http://extranet.who.int/ncdsmicrodata/index.php/catalog>). Some of the metadata fields have been edited.

**data\_dictionary**

| Data file  | Cases | variables |
|--|-------|-----------|
| <b>pak2013</b><br>Subnational public-use dataset | 7366  | 158       |



**Data file: pak2013**

Subnational public-use dataset

Cases: 7366

variables: 158

**variables**

| ID   | Name    | Label                                  | Question |
|------|---------|--|----------|
| V167 | pid     | participant ID - unique record ID      |          |
| V176 | sex     | sex                                    |          |
| V177 | age     | age for analysis                       |          |
| V178 | c4      | yrs of education                       |          |
| V179 | c5      | highest level of education             |          |
| V180 | c6      | ethnic group                           |          |
| V181 | c7      | marital status                         |          |
| V182 | c8      | work status                            |          |
| V183 | c9      | adults older than 18yrs in household   |          |
| V184 | c10a    | average household earnings (per week)  |          |
| V185 | c10b    | average household earnings (per month) |          |
| V186 | c10c    | average household earnings (per year)  |          |
| V187 | c10d    | average earnings refused to disclose   |          |
| V188 | c11     | average earnings in a year             |          |
| V189 | t1      | current smoking                        |          |
| V190 | t2      | current daily smoking                  |          |
| V191 | t3      | age started smoking                    |          |
| V192 | t4a     | time since started smoking (years)     |          |
| V193 | t4b     | time since started smoking (months)    |          |
| V194 | t4c     | time since started smoking (weeks)     |          |
| V195 | t5a     | manufactured cigs smoked per day       |          |
| V196 | t5aw    | manufactured cigs smoked per week      |          |
| V197 | t5b     | hand-rolled cigs smoked per day        |          |
| V198 | t5bw    | hand-rolled cigs smoked per week       |          |
| V199 | t5c     | pipes smoked per day                   |          |
| V200 | t5cw    | pipes smoked per week                  |          |
| V201 | t5d     | cigars smoked per day                  |          |
| V202 | t5dw    | cigars smoked per week                 |          |
| V203 | t5e     | shisha sessions per day                |          |
| V204 | t5ew    | shisha sessions per week               |          |
| V205 | t5f     | other smoked per day                   |          |
| V206 | t5fw    | other smoked per week                  |          |
| V207 | t5other | specify other product smoked per day   |          |
| V208 | t6      | stop smoking attempt in past 12 mos    |          |
| V209 | t7      | advised by MD to stop smoking          |          |
| V210 | t8      | past smoking                           |          |
| V211 | t9      | past daily smoking                     |          |

| ID   | Name     | Label  | Question |
|------|----------|--|----------|
| V212 | t10      | age stopped smoking  |          |
| V213 | t11a     | time since stopped smoking (years)                         |          |
| V214 | t11b     | time since stopped smoking (months)                        |          |
| V215 | t11c     | time since stopped smoking (weeks)                         |          |
| V216 | t12      | current smokeless tobacco use                              |          |
| V217 | t13      | current daily smokeless tobacco use                        |          |
| V218 | t14a     | Snuff, by mouth times per day                              |          |
| V219 | t14aw    | Snuff, by mouth times per week                             |          |
| V220 | t14b     | Snuff, by nose times per day                               |          |
| V221 | t14bw    | Snuff, by nose times per week                              |          |
| V222 | t14c     | Chewing tobacco times per day                              |          |
| V223 | t14cw    | Chewing tobacco times per week                             |          |
| V224 | t14d     | Betel, quid times per day                                  |          |
| V225 | t14dw    | Betel, quid times per week                                 |          |
| V226 | t14e     | other smokeless product per day                            |          |
| V227 | t14ew    | other smokeless product per week                           |          |
| V228 | t14other | specify other smokeless product per day                    |          |
| V229 | t15      | past smokeless tobacco use                                 |          |
| V230 | t16      | past daily smokeless tobacco use                           |          |
| V231 | t17      | exposed to smoke in home                                   |          |
| V232 | t18      | exposed to smoke at work                                   |          |
| V233 | tp1a     | notice info on dangers of smoking in newspapers, magazines |          |
| V234 | tp1c     | notice info on dangers of smoking on radio                 |          |
| V235 | tp1b     | notice info on dangers of smoking on TV                    |          |
| V236 | tp2      | noticed cig ads  |          |
| V237 | tp3a     | notice cig promos: free samples                            |          |
| V238 | tp3b     | notice cig promos: cigs on sale                            |          |
| V239 | tp3c     | notice cig promos: coupons                                 |          |
| V240 | tp3d     | notice cig promos: free gifts                              |          |
| V241 | tp3e     | notice cig promos: branded clothing                        |          |
| V242 | tp3f     | notice cig promos: in the mail                             |          |
| V243 | tp4      | noticed health warnings on cig packs                       |          |
| V244 | tp5      | thought about quitting due to health warning               |          |
| V245 | tp6      | number of cigs bought last purchase                        |          |
| V246 | tp7      | price paid for last cig purchase                           |          |
| V247 | d1       | days fruit eaten per week                                  |          |
| V248 | d2       | servings fruit eaten per day                               |          |
| V249 | d3       | days veg eaten per week                                    |          |
| V250 | d4       | servings veg eaten per day                                 |          |
| V251 | d5       | oil used most often  |          |
| V252 | d6       | meals per week eaten outside home                          |          |
| V253 | p1       | vig activity at work                                       |          |
| V254 | p2       | vig activity at work: days per week                        |          |
| V255 | p3a      | vig activity at work: hours per day                        |          |
| V256 | p3b      | vig activity at work: mins per day                         |          |

| ID   | Name | Label                               | Question |
|------|------|-------------------------------------|----------|
| V257 | p4   | mod activity at work                |          |
| V258 | p5   | mod activity at work: days per week |          |
| V259 | p6a  | mod activity at work: hours per day |          |
| V260 | p6b  | mod activity at work: mins per day  |          |
| V261 | p7   | active transport                    |          |
| V262 | p8   | active transport: days per week     |          |
| V263 | p9a  | active transport: hours per day     |          |
| V264 | p9b  | active transport: mins per day      |          |
| V265 | p10  | vig leisure activity                |          |
| V266 | p11  | vig leisure activity: days per week |          |
| V267 | p12a | vig leisure activity: hours per day |          |
| V268 | p12b | vig leisure activity: mins per day  |          |
| V269 | p13  | mod leisure activity                |          |
| V270 | p14  | mod leisure activity: days per week |          |
| V271 | p15a | mod leisure activity: hours per day |          |
| V272 | p15b | mod leisure activity: mins per day  |          |
| V273 | p16a | sedentary time: hours per day       |          |
| V274 | p16b | sedentary time: mins per day        |          |
| V275 | h1   | BP measured                         |          |
| V276 | h2a  | told had high BP                    |          |
| V277 | h2b  | told had high BP in past 12 mos     |          |
| V278 | h3   | taken meds for high BP              |          |
| V279 | h4   | seen trad'l healer for high BP      |          |
| V280 | h5   | taking trad'l meds for high BP      |          |
| V281 | h6   | gluc measured                       |          |
| V282 | h7a  | told had high gluc                  |          |
| V283 | h7b  | told had high gluc in past 12 mos   |          |
| V284 | h8   | taken meds for high gluc            |          |
| V285 | h9   | taking insulin for high gluc        |          |
| V286 | h10  | seen trad'l healer for high gluc    |          |
| V287 | h11  | taking trad'l meds for high gluc    |          |
| V288 | h12  | chol measured                       |          |
| V289 | h13a | told had high chol                  |          |
| V290 | h13b | told had high chol in past 12 mos   |          |
| V291 | h14  | taken meds for high chol            |          |
| V292 | h15  | seen trad'l healer for high chol    |          |
| V293 | h16  | taking trad'l meds for high chol    |          |
| V294 | h17  | had heart attack or stroke          |          |
| V295 | h18  | currently taking aspirin            |          |
| V296 | h19  | currently taking statins            |          |
| V297 | h20a | advised to not smoke                |          |
| V298 | h20b | advised to reduce salt              |          |
| V299 | h20c | advised to eat fruit/veg            |          |
| V300 | h20d | advised to reduce fat               |          |
| V301 | h20e | advised to do pa                    |          |

| ID   | Name     | Label  | Question |
|------|----------|--|----------|
| V302 | h20f     | advised to lose weight   |          |
| V303 | cx1      | cerv cancer screening  |          |
| V304 | v2       | helmet use on motorcycle or scooter in past 30 days                              |          |
| V305 | v4       | injured and required medical attention in accident                               |          |
| V306 | v5       | injured and required medical attention in incident other than road traffic accid |          |
| V307 | v6       | cause of non-road traffic accident injury  |          |
| V308 | v6other  | specify other cause  |          |
| V309 | v7       | location of non-road traffic accident injurt                                     |          |
| V310 | v7other  | specify other location   |          |
| V311 | m2       | BP device ID   |          |
| V312 | m4a      | BP reading 1: systolic   |          |
| V313 | m4b      | BP reading 1: diastolic  |          |
| V314 | m5a      | BP reading 2: systolic   |          |
| V315 | m5b      | BP reading 2: diastolic  |          |
| V316 | m6a      | BP reading 3: systolic   |          |
| V317 | m6b      | BP reading 3: diastolic  |          |
| V318 | m7       | took raised BP meds in past 2 weeks  |          |
| V319 | m8       | pregnant   |          |
| V320 | m10a     | height device ID   |          |
| V321 | m10b     | weight device ID   |          |
| V322 | m11      | height (cm)  |          |
| V323 | m12      | weight (kg)  |          |
| V324 | m13      | waist circ device ID   |          |
| V325 | m14      | waist circumference (cm)   |          |
| V326 | m15      | hip circumference (cm)   |          |
| V327 | wstep1   | final analysis weight for step 1 variables (interview)                           |          |
| V328 | wstep2   | final analysis weight for step 2 variables (physical measures)                   |          |
| V329 | psu      | psu  |          |
| V330 | agerange | ageranges for which survey was designed  |          |
| V331 | stratum  | stratum  |          |
| V332 | prov     | Prov   |          |

total: 158



**PID: participant ID - unique record ID****Data file:** pak2013**Overview**

Valid: 7366 Invalid: 0 Minimum: 1 Maximum: 7366 Mean: 3683.5 Standard deviation: 2126.525  
 Type: Continuous Decimal: 0 Width: 9 Range: 1 - 7366 Format: Numeric

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**SEX: sex****Data file:** pak2013**Overview**

Valid: 7366 Invalid: 0  
 Type: Discrete Width: 5 Range: - Format: character

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| Men          |                 | 3150         | 42.8% |
| Women        |                 | 4216         | 57.2% |

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**AGE: age for analysis****Data file:** pak2013**Overview**

Valid: 7366 Invalid: 0 Minimum: 18 Maximum: 69 Mean: 36.265 Standard deviation: 13.197  
 Type: Continuous Decimal: 0 Width: 8 Range: 18 - 69 Format: Numeric

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**C4: yrs of education****Data file:** pak2013**Overview**

Valid: 7366 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 88 Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 0            |                 | 3128         | 42.5% |
| 1            |                 | 13           | 0.2%  |
| 2            |                 | 88           | 1.2%  |

|    |            |      |       |
|----|------------|------|-------|
| 3  |            | 127  | 1.7%  |
| 4  |            | 99   | 1.3%  |
| 5  |            | 815  | 11.1% |
| 6  |            | 89   | 1.2%  |
| 7  |            | 79   | 1.1%  |
| 8  |            | 558  | 7.6%  |
| 9  |            | 76   | 1%    |
| 10 |            | 1073 | 14.6% |
| 11 |            | 42   | 0.6%  |
| 12 |            | 523  | 7.1%  |
| 13 |            | 32   | 0.4%  |
| 14 |            | 292  | 4%    |
| 15 |            | 14   | 0.2%  |
| 16 |            | 143  | 1.9%  |
| 17 |            | 4    | 0.1%  |
| 18 |            | 16   | 0.2%  |
| 20 |            | 1    | 0%    |
| 29 |            | 1    | 0%    |
| 77 | Don't know | 151  | 2%    |
| 88 | Don't know | 2    | 0%    |

## C5: highest level of education

Data file: pak2013

### Overview

Valid: 7366 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 28 Range: 1 - 88 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value | Category                     | Cases |       |
|-------|------------------------------|-------|-------|
| 1     | No formal schooling          | 3261  | 44.3% |
| 2     | Less than primary school     | 375   | 5.1%  |
| 3     | Primary school completed     | 902   | 12.2% |
| 4     | Middle school completed      | 691   | 9.4%  |
| 5     | Matriculation                | 1093  | 14.8% |
| 6     | College/University completed | 537   | 7.3%  |
| 7     | Post graduate degree         | 341   | 4.6%  |

|    |         |     |      |
|----|---------|-----|------|
| 88 | Refused | 166 | 2.3% |
|----|---------|-----|------|

## C6: ethnic group

Data file: pak2013

### Overview

Valid: 7366 Invalid: 0  
Type: Discrete Decimal: 0 Width: 8 Range: 1 - 4 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value | Category | Cases |       |
|-------|----------|-------|-------|
| 1     | Urdu     | 813   | 11%   |
| 2     | Sindhi   | 1687  | 22.9% |
| 3     | Punjabi  | 3185  | 43.2% |
| 4     | Any      | 1681  | 22.8% |

## C7: marital status

Data file: pak2013

### Overview

Valid: 7366 Invalid: 0  
Type: Discrete Decimal: 0 Width: 17 Range: 1 - 88 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value | Category          | Cases |       |
|-------|-------------------|-------|-------|
| 1     | Never married     | 1166  | 15.8% |
| 2     | Currently married | 5921  | 80.4% |
| 3     | Separated         | 25    | 0.3%  |
| 4     | Divorced          | 13    | 0.2%  |
| 5     | Widowed           | 236   | 3.2%  |
| 88    | Refused           | 5     | 0.1%  |

## C8: work status

Data file: pak2013

## Overview

Valid: 7366 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 27 Range: 1 - 88 Format: Numeric

## Questions and instructions

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### CATEGORIES

| Value | Category                    | Cases |       |
|-------|-----------------------------|-------|-------|
| 1     | Government employee         | 274   | 3.7%  |
| 2     | Non-government employee     | 1555  | 21.1% |
| 3     | Self-employed               | 902   | 12.2% |
| 4     | Student                     | 289   | 3.9%  |
| 5     | Retired                     | 84    | 1.1%  |
| 6     | Unemployed (able to work)   | 312   | 4.2%  |
| 7     | Unemployed (unable to work) | 117   | 1.6%  |
| 8     | Homemaker                   | 3814  | 51.8% |
| 88    | Refused                     | 19    | 0.3%  |

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## C9: adults older than 18yrs in household

Data file: pak2013

## Overview

Valid: 7366 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 88 Format: Numeric

## Questions and instructions

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### CATEGORIES

| Value | Category | Cases |       |
|-------|----------|-------|-------|
| 1     |          | 309   | 4.2%  |
| 2     |          | 2846  | 38.6% |
| 3     |          | 1722  | 23.4% |
| 4     |          | 1098  | 14.9% |
| 5     |          | 605   | 8.2%  |
| 6     |          | 426   | 5.8%  |
| 7     |          | 140   | 1.9%  |
| 8     |          | 108   | 1.5%  |
| 9     |          | 40    | 0.5%  |
| 10    |          | 18    | 0.2%  |
| 11    |          | 7     | 0.1%  |

|    |         |    |      |
|----|---------|----|------|
| 12 |         | 10 | 0.1% |
| 88 | Refused | 37 | 0.5% |

## C10A: average household earnings (per week)

Data file: pak2013

### Overview

Valid: 962 Invalid: 6404 Minimum: 0 Maximum: 50000 Mean: 2875.74 Standard deviation: 3963.199  
 Type: Continuous Decimal: 0 Width: 12 Range: 0 - 50000 Format: Numeric

## C10B: average household earnings (per month)

Data file: pak2013

### Overview

Valid: 4210 Invalid: 3156 Minimum: 0 Maximum: 700000 Mean: 15548.31 Standard deviation: 23339.452  
 Type: Continuous Decimal: 0 Width: 12 Range: 0 - 700000 Format: Numeric

## C10C: average household earnings (per year)

Data file: pak2013

### Overview

Valid: 234 Invalid: 7132 Minimum: 0 Maximum: 900000 Mean: 90532.051 Standard deviation: 120718.833  
 Type: Continuous Decimal: 0 Width: 12 Range: 0 - 900000 Format: Numeric

## C10D: average earnings refused to disclose

Data file: pak2013

### Overview

Valid: 7347 Invalid: 19  
 Type: Discrete Decimal: 0 Width: 9 Range: 0 - 1 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category  | Cases |       |
|---------|-----------|-------|-------|
| 0       | disclosed | 5406  | 73.6% |
| 1       | refused   | 1941  | 26.4% |
| Sysmiss |           | 19    |       |

**C11: average earnings in a year****Data file:** pak2013**Overview**

Valid: 1960 Invalid: 5406  
 Type: Discrete Decimal: 0 Width: 19 Range: 1 - 88 Format: Numeric

**Questions and instructions**

## CATEGORIES

| <b>Value</b> | <b>Category</b>     | <b>Cases</b> |       |
|--------------|---------------------|--------------|-------|
| 1            | Less than 1 million | 223          | 11.4% |
| 2            | 1 to 2 million      | 52           | 2.7%  |
| 3            | 2 to 4 million      | 9            | 0.5%  |
| 4            | More than 4 million | 8            | 0.4%  |
| 77           | Don't know          | 1393         | 71.1% |
| 88           | Refused             | 275          | 14%   |
| Sysmiss      |                     | 5406         |       |

**T1: current smoking****Data file:** pak2013**Overview**

Valid: 7366 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 1            | Yes             | 942          | 12.8% |
| 2            | No              | 6424         | 87.2% |

**T2: current daily smoking****Data file:** pak2013**Overview**

Valid: 942 Invalid: 6424  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

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### CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 862   | 91.5% |
| 2       | No       | 80    | 8.5%  |
| Sysmiss |          | 6424  |       |

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## T3: age started smoking

Data file: pak2013

### Overview

Valid: 941 Invalid: 6425  
 Type: Discrete Decimal: 0 Width: 10 Range: 8 - 77 Format: Numeric

## Questions and instructions

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### CATEGORIES

| Value | Category | Cases |       |
|-------|----------|-------|-------|
| 8     |          | 13    | 1.4%  |
| 9     |          | 3     | 0.3%  |
| 10    |          | 28    | 3%    |
| 11    |          | 3     | 0.3%  |
| 12    |          | 36    | 3.8%  |
| 13    |          | 11    | 1.2%  |
| 14    |          | 27    | 2.9%  |
| 15    |          | 105   | 11.2% |
| 16    |          | 43    | 4.6%  |
| 17    |          | 19    | 2%    |
| 18    |          | 96    | 10.2% |
| 19    |          | 17    | 1.8%  |
| 20    |          | 174   | 18.5% |
| 21    |          | 10    | 1.1%  |
| 22    |          | 39    | 4.1%  |
| 23    |          | 15    | 1.6%  |
| 24    |          | 8     | 0.9%  |
| 25    |          | 84    | 8.9%  |
| 26    |          | 9     | 1%    |
| 27    |          | 3     | 0.3%  |

|         |            |      |      |
|---------|------------|------|------|
| 28      |            | 6    | 0.6% |
| 29      |            | 1    | 0.1% |
| 30      |            | 75   | 8%   |
| 31      |            | 1    | 0.1% |
| 32      |            | 2    | 0.2% |
| 33      |            | 2    | 0.2% |
| 34      |            | 1    | 0.1% |
| 35      |            | 22   | 2.3% |
| 36      |            | 2    | 0.2% |
| 39      |            | 3    | 0.3% |
| 40      |            | 22   | 2.3% |
| 42      |            | 3    | 0.3% |
| 43      |            | 1    | 0.1% |
| 45      |            | 9    | 1%   |
| 47      |            | 1    | 0.1% |
| 48      |            | 3    | 0.3% |
| 50      |            | 5    | 0.5% |
| 54      |            | 2    | 0.2% |
| 65      |            | 1    | 0.1% |
| 77      | Don't know | 36   | 3.8% |
| Sysmiss |            | 6425 |      |

#### T4A: time since started smoking (years)

Data file: pak2013

#### Overview

Valid: 35    Invalid: 7331  
 Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 77    Format: Numeric

#### Questions and instructions

#### CATEGORIES

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 1       |            | 1     | 2.9%  |
| 5       |            | 1     | 2.9%  |
| 20      |            | 2     | 5.7%  |
| 30      |            | 1     | 2.9%  |
| 77      | Don't know | 30    | 85.7% |
| Sysmiss |            | 7331  |       |

**T4B: time since started smoking (months)****Data file:** pak2013**Overview**

Valid: 31 Invalid: 7335  
 Type: Discrete Decimal: 0 Width: 10 Range: 6 - 77 Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 6            |                 | 1            | 3.2%  |
| 77           | Don't know      | 30           | 96.8% |
| Sysmiss      |                 | 7335         |       |

**T4C: time since started smoking (weeks)****Data file:** pak2013**Overview**

Valid: 30 Invalid: 7336  
 Type: Discrete Decimal: 0 Width: 10 Range: 77 - 77 Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |      |
|--------------|-----------------|--------------|------|
| 77           | Don't know      | 30           | 100% |
| Sysmiss      |                 | 7336         |      |

**T5A: manufactured cigs smoked per day****Data file:** pak2013**Overview**

Valid: 862 Invalid: 6504  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |  |
|--------------|-----------------|--------------|--|
|              |                 |              |  |

|         |            |      |       |
|---------|------------|------|-------|
| 0       |            | 223  | 25.9% |
| 1       |            | 19   | 2.2%  |
| 2       |            | 23   | 2.7%  |
| 3       |            | 20   | 2.3%  |
| 4       |            | 30   | 3.5%  |
| 5       |            | 48   | 5.6%  |
| 6       |            | 27   | 3.1%  |
| 7       |            | 18   | 2.1%  |
| 8       |            | 13   | 1.5%  |
| 9       |            | 1    | 0.1%  |
| 10      |            | 92   | 10.7% |
| 11      |            | 1    | 0.1%  |
| 12      |            | 17   | 2%    |
| 14      |            | 2    | 0.2%  |
| 15      |            | 17   | 2%    |
| 16      |            | 2    | 0.2%  |
| 18      |            | 1    | 0.1%  |
| 20      |            | 233  | 27%   |
| 24      |            | 3    | 0.3%  |
| 25      |            | 8    | 0.9%  |
| 30      |            | 13   | 1.5%  |
| 35      |            | 1    | 0.1%  |
| 40      |            | 27   | 3.1%  |
| 50      |            | 7    | 0.8%  |
| 77      | Don't know | 16   | 1.9%  |
| Sysmiss |            | 6504 |       |

## T5AW: manufactured cigs smoked per week

Data file: pak2013

### Overview

Valid: 228    Invalid: 7138  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 140    Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value | Category | Cases |       |
|-------|----------|-------|-------|
| 0     |          | 148   | 64.9% |

|         |            |      |      |
|---------|------------|------|------|
| 1       |            | 6    | 2.6% |
| 2       |            | 6    | 2.6% |
| 3       |            | 5    | 2.2% |
| 4       |            | 3    | 1.3% |
| 5       |            | 4    | 1.8% |
| 6       |            | 8    | 3.5% |
| 7       |            | 2    | 0.9% |
| 10      |            | 6    | 2.6% |
| 12      |            | 2    | 0.9% |
| 15      |            | 1    | 0.4% |
| 17      |            | 1    | 0.4% |
| 20      |            | 11   | 4.8% |
| 60      |            | 1    | 0.4% |
| 70      |            | 1    | 0.4% |
| 77      | Don't know | 21   | 9.2% |
| 80      |            | 1    | 0.4% |
| 140     |            | 1    | 0.4% |
| Sysmiss |            | 7138 |      |

## T5B: hand-rolled cigs smoked per day

Data file: pak2013

### Overview

Valid: 862 Invalid: 6504  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value | Category | Cases |       |
|-------|----------|-------|-------|
| 0     |          | 760   | 88.2% |
| 1     |          | 11    | 1.3%  |
| 2     |          | 7     | 0.8%  |
| 3     |          | 2     | 0.2%  |
| 4     |          | 5     | 0.6%  |
| 5     |          | 5     | 0.6%  |
| 6     |          | 1     | 0.1%  |
| 7     |          | 1     | 0.1%  |
| 8     |          | 1     | 0.1%  |

|         |            |      |      |
|---------|------------|------|------|
| 10      |            | 10   | 1.2% |
| 12      |            | 1    | 0.1% |
| 15      |            | 3    | 0.3% |
| 16      |            | 1    | 0.1% |
| 18      |            | 1    | 0.1% |
| 20      |            | 16   | 1.9% |
| 25      |            | 2    | 0.2% |
| 30      |            | 2    | 0.2% |
| 40      |            | 1    | 0.1% |
| 50      |            | 2    | 0.2% |
| 77      | Don't know | 30   | 3.5% |
| Sysmiss |            | 6504 |      |

---

## T5BW: hand-rolled cigs smoked per week

Data file: pak2013

### Overview

Valid: 441 Invalid: 6925  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 240 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category   | Cases |      |
|---------|------------|-------|------|
| 0       |            | 397   | 90%  |
| 1       |            | 4     | 0.9% |
| 2       |            | 2     | 0.5% |
| 6       |            | 2     | 0.5% |
| 7       |            | 2     | 0.5% |
| 12      |            | 1     | 0.2% |
| 30      |            | 1     | 0.2% |
| 56      |            | 1     | 0.2% |
| 77      | Don't know | 28    | 6.3% |
| 100     |            | 1     | 0.2% |
| 140     |            | 1     | 0.2% |
| 240     |            | 1     | 0.2% |
| Sysmiss |            | 6925  |      |

---

**T5C: pipes smoked per day****Data file:** pak2013**Overview**

Valid: 862 Invalid: 6504  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 0            |                 | 835          | 96.9% |
| 2            |                 | 3            | 0.3%  |
| 3            |                 | 1            | 0.1%  |
| 5            |                 | 1            | 0.1%  |
| 10           |                 | 1            | 0.1%  |
| 77           | Don't know      | 21           | 2.4%  |
| Sysmiss      |                 | 6504         |       |

**T5CW: pipes smoked per week****Data file:** pak2013**Overview**

Valid: 475 Invalid: 6891  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 0            |                 | 448          | 94.3% |
| 2            |                 | 1            | 0.2%  |
| 7            |                 | 1            | 0.2%  |
| 77           | Don't know      | 24           | 5.1%  |
| 777          |                 | 1            | 0.2%  |
| Sysmiss      |                 | 6891         |       |

**T5D: cigars smoked per day****Data file:** pak2013

## Overview

Valid: 862 Invalid: 6504  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 0       |            | 677   | 78.5% |
| 1       |            | 19    | 2.2%  |
| 2       |            | 23    | 2.7%  |
| 3       |            | 32    | 3.7%  |
| 4       |            | 15    | 1.7%  |
| 5       |            | 28    | 3.2%  |
| 6       |            | 21    | 2.4%  |
| 7       |            | 9     | 1%    |
| 8       |            | 4     | 0.5%  |
| 9       |            | 1     | 0.1%  |
| 10      |            | 13    | 1.5%  |
| 12      |            | 2     | 0.2%  |
| 15      |            | 2     | 0.2%  |
| 77      | Don't know | 16    | 1.9%  |
| Sysmiss |            | 6504  |       |

## T5DW: cigars smoked per week

Data file: pak2013

## Overview

Valid: 432 Invalid: 6934  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

| Value | Category | Cases |      |
|-------|----------|-------|------|
| 0     |          | 393   | 91%  |
| 1     |          | 4     | 0.9% |
| 2     |          | 3     | 0.7% |
| 3     |          | 8     | 1.9% |
| 4     |          | 1     | 0.2% |

|         |            |      |      |
|---------|------------|------|------|
| 5       |            | 2    | 0.5% |
| 7       |            | 1    | 0.2% |
| 77      | Don't know | 20   | 4.6% |
| Sysmiss |            | 6934 |      |

## T5E: shisha sessions per day

Data file: pak2013

### Overview

Valid: 862 Invalid: 6504  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 0       |            | 840   | 97.4% |
| 1       |            | 2     | 0.2%  |
| 2       |            | 1     | 0.1%  |
| 7       |            | 1     | 0.1%  |
| 8       |            | 1     | 0.1%  |
| 77      | Don't know | 17    | 2%    |
| Sysmiss |            | 6504  |       |

## T5EW: shisha sessions per week

Data file: pak2013

### Overview

Valid: 475 Invalid: 6891  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 0       |            | 452   | 95.2% |
| 1       |            | 1     | 0.2%  |
| 77      | Don't know | 22    | 4.6%  |
| Sysmiss |            | 6891  |       |

## T5F: other smoked per day

Data file: pak2013

### Overview

Valid: 862 Invalid: 6504  
 Type: Discrete Decimal: 0 Width: 8 Range: 0 - 0 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category | Cases |      |
|---------|----------|-------|------|
| 0       |          | 862   | 100% |
| Sysmiss |          | 6504  |      |

## T5FW: other smoked per week

Data file: pak2013

### Overview

Valid: 391 Invalid: 6975  
 Type: Discrete Decimal: 0 Width: 8 Range: 0 - 0 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category | Cases |      |
|---------|----------|-------|------|
| 0       |          | 391   | 100% |
| Sysmiss |          | 6975  |      |

## T5OTHER: specify other product smoked per day

Data file: pak2013

### Overview

Valid: 1 Invalid: 7365  
 Type: Discrete Decimal: 0 Width: 8 Range: 77 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value | Category | Cases |      |
|-------|----------|-------|------|
| 77    |          | 1     | 100% |

|         |      |  |
|---------|------|--|
| Sysmiss | 7365 |  |
|---------|------|--|

**T6: stop smoking attempt in past 12 mos****Data file:** pak2013**Overview**

Valid: 942 Invalid: 6424  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 1            | Yes             | 522          | 55.4% |
| 2            | No              | 420          | 44.6% |
| Sysmiss      |                 | 6424         |       |

**T7: advised by MD to stop smoking****Data file:** pak2013**Overview**

Valid: 942 Invalid: 6424  
 Type: Discrete Decimal: 0 Width: 34 Range: 1 - 3 Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b>                    | <b>Cases</b> |       |
|--------------|------------------------------------|--------------|-------|
| 1            | Yes                                | 376          | 39.9% |
| 2            | No                                 | 447          | 47.5% |
| 3            | No visit during the past 12 months | 119          | 12.6% |
| Sysmiss      |                                    | 6424         |       |

**T8: past smoking****Data file:** pak2013**Overview**

Valid: 6424 Invalid: 942  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 155   | 2.4%  |
| 2       | No       | 6269  | 97.6% |
| Sysmiss |          | 942   |       |

---

## T9: past daily smoking

Data file: pak2013

### Overview

Valid: 235 Invalid: 7131  
Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 153   | 65.1% |
| 2       | No       | 82    | 34.9% |
| Sysmiss |          | 7131  |       |

---

## T10: age stopped smoking

Data file: pak2013

### Overview

Valid: 155 Invalid: 7211  
Type: Discrete Decimal: 0 Width: 10 Range: 8 - 77 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| Value | Category | Cases |      |
|-------|----------|-------|------|
| 8     |          | 1     | 0.6% |
| 9     |          | 1     | 0.6% |
| 10    |          | 1     | 0.6% |
| 12    |          | 4     | 2.6% |
| 14    |          | 1     | 0.6% |
| 15    |          | 4     | 2.6% |

|    |  |    |      |
|----|--|----|------|
| 16 |  | 2  | 1.3% |
| 17 |  | 2  | 1.3% |
| 18 |  | 14 | 9%   |
| 19 |  | 2  | 1.3% |
| 20 |  | 13 | 8.4% |
| 21 |  | 4  | 2.6% |
| 22 |  | 9  | 5.8% |
| 23 |  | 3  | 1.9% |
| 24 |  | 6  | 3.9% |
| 25 |  | 11 | 7.1% |
| 26 |  | 3  | 1.9% |
| 27 |  | 1  | 0.6% |
| 28 |  | 1  | 0.6% |
| 29 |  | 3  | 1.9% |
| 30 |  | 9  | 5.8% |
| 32 |  | 3  | 1.9% |
| 33 |  | 2  | 1.3% |
| 34 |  | 1  | 0.6% |
| 35 |  | 3  | 1.9% |
| 36 |  | 1  | 0.6% |
| 37 |  | 1  | 0.6% |
| 38 |  | 1  | 0.6% |
| 39 |  | 2  | 1.3% |
| 40 |  | 2  | 1.3% |
| 41 |  | 1  | 0.6% |
| 42 |  | 1  | 0.6% |
| 43 |  | 2  | 1.3% |
| 44 |  | 1  | 0.6% |
| 45 |  | 3  | 1.9% |
| 48 |  | 1  | 0.6% |
| 49 |  | 1  | 0.6% |
| 50 |  | 6  | 3.9% |
| 52 |  | 3  | 1.9% |
| 53 |  | 1  | 0.6% |
| 54 |  | 2  | 1.3% |
| 55 |  | 2  | 1.3% |
| 56 |  | 2  | 1.3% |
| 57 |  | 1  | 0.6% |
| 58 |  | 2  | 1.3% |

|         |            |      |      |
|---------|------------|------|------|
| 60      |            | 3    | 1.9% |
| 61      |            | 1    | 0.6% |
| 62      |            | 2    | 1.3% |
| 64      |            | 1    | 0.6% |
| 65      |            | 1    | 0.6% |
| 77      | Don't know | 7    | 4.5% |
| Sysmiss |            | 7211 |      |

### T11A: time since stopped smoking (years)

Data file: pak2013

#### Overview

Valid: 6 Invalid: 7360  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

#### Questions and instructions

##### CATEGORIES

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 1       |            | 1     | 16.7% |
| 2       |            | 1     | 16.7% |
| 3       |            | 1     | 16.7% |
| 4       |            | 1     | 16.7% |
| 25      |            | 1     | 16.7% |
| 77      | Don't know | 1     | 16.7% |
| Sysmiss |            | 7360  |       |

### T11B: time since stopped smoking (months)

Data file: pak2013

#### Overview

Valid: 2 Invalid: 7364  
 Type: Discrete Decimal: 0 Width: 10 Range: 8 - 77 Format: Numeric

#### Questions and instructions

##### CATEGORIES

| Value | Category   | Cases |     |
|-------|------------|-------|-----|
| 8     |            | 1     | 50% |
| 77    | Don't know | 1     | 50% |

|         |  |      |  |
|---------|--|------|--|
| Sysmiss |  | 7364 |  |
|---------|--|------|--|

**T11C: time since stopped smoking (weeks)****Data file:** pak2013**Overview**

Valid: 1 Invalid: 7365  
 Type: Discrete Decimal: 0 Width: 10 Range: 77 - 77 Format: Numeric

**Questions and instructions****CATEGORIES**

| Value   | Category   | Cases |      |
|---------|------------|-------|------|
| 77      | Don't know | 1     | 100% |
| Sysmiss |            | 7365  |      |

**T12: current smokeless tobacco use****Data file:** pak2013**Overview**

Valid: 7366 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

**Questions and instructions****CATEGORIES**

| Value | Category | Cases |       |
|-------|----------|-------|-------|
| 1     | Yes      | 655   | 8.9%  |
| 2     | No       | 6711  | 91.1% |

**T13: current daily smokeless tobacco use****Data file:** pak2013**Overview**

Valid: 655 Invalid: 6711  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

**Questions and instructions****CATEGORIES**

| Value | Category | Cases |  |
|-------|----------|-------|--|
|-------|----------|-------|--|

|         |     |      |       |
|---------|-----|------|-------|
| 1       | Yes | 608  | 92.8% |
| 2       | No  | 47   | 7.2%  |
| Sysmiss |     | 6711 |       |

---

## T14A: Snuff, by mouth times per day

Data file: pak2013

### Overview

Valid: 608    Invalid: 6758  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 77    Format: Numeric

### Questions and instructions

---

#### CATEGORIES

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 0       |            | 288   | 47.4% |
| 1       |            | 29    | 4.8%  |
| 2       |            | 12    | 2%    |
| 3       |            | 35    | 5.8%  |
| 4       |            | 33    | 5.4%  |
| 5       |            | 36    | 5.9%  |
| 6       |            | 31    | 5.1%  |
| 7       |            | 19    | 3.1%  |
| 8       |            | 14    | 2.3%  |
| 9       |            | 3     | 0.5%  |
| 10      |            | 38    | 6.3%  |
| 11      |            | 1     | 0.2%  |
| 12      |            | 17    | 2.8%  |
| 13      |            | 2     | 0.3%  |
| 15      |            | 22    | 3.6%  |
| 20      |            | 17    | 2.8%  |
| 22      |            | 1     | 0.2%  |
| 25      |            | 3     | 0.5%  |
| 30      |            | 1     | 0.2%  |
| 50      |            | 2     | 0.3%  |
| 77      | Don't know | 4     | 0.7%  |
| Sysmiss |            | 6758  |       |

---

**T14AW: Snuff, by mouth times per week****Data file:** pak2013**Overview**

Valid: 234    Invalid: 7132  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 77    Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 0            |                 | 211          | 90.2% |
| 1            |                 | 1            | 0.4%  |
| 2            |                 | 2            | 0.9%  |
| 3            |                 | 1            | 0.4%  |
| 4            |                 | 2            | 0.9%  |
| 6            |                 | 1            | 0.4%  |
| 7            |                 | 5            | 2.1%  |
| 8            |                 | 4            | 1.7%  |
| 10           |                 | 2            | 0.9%  |
| 77           | Don't know      | 5            | 2.1%  |
| Sysmiss      |                 | 7132         |       |

**T14B: Snuff, by nose times per day****Data file:** pak2013**Overview**

Valid: 608    Invalid: 6758  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 77    Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 0            |                 | 566          | 93.1% |
| 1            |                 | 4            | 0.7%  |
| 2            |                 | 7            | 1.2%  |
| 3            |                 | 9            | 1.5%  |
| 4            |                 | 1            | 0.2%  |
| 5            |                 | 3            | 0.5%  |
| 6            |                 | 2            | 0.3%  |

|         |            |      |      |
|---------|------------|------|------|
| 7       |            | 1    | 0.2% |
| 10      |            | 3    | 0.5% |
| 15      |            | 2    | 0.3% |
| 50      |            | 1    | 0.2% |
| 77      | Don't know | 9    | 1.5% |
| Sysmiss |            | 6758 |      |

## T14BW: Snuff, by nose times per week

Data file: pak2013

### Overview

Valid: 378 Invalid: 6988  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 0       |            | 356   | 94.2% |
| 1       |            | 3     | 0.8%  |
| 2       |            | 2     | 0.5%  |
| 3       |            | 2     | 0.5%  |
| 4       |            | 1     | 0.3%  |
| 6       |            | 1     | 0.3%  |
| 7       |            | 3     | 0.8%  |
| 10      |            | 1     | 0.3%  |
| 777     | Don't know | 9     | 2.4%  |
| Sysmiss |            | 6988  |       |

## T14C: Chewing tobacco times per day

Data file: pak2013

### Overview

Valid: 608 Invalid: 6758  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value | Category | Cases |  |
|-------|----------|-------|--|
|       |          |       |  |

|         |            |      |       |
|---------|------------|------|-------|
| 0       |            | 446  | 73.4% |
| 1       |            | 24   | 3.9%  |
| 2       |            | 21   | 3.5%  |
| 3       |            | 25   | 4.1%  |
| 4       |            | 23   | 3.8%  |
| 5       |            | 20   | 3.3%  |
| 6       |            | 13   | 2.1%  |
| 7       |            | 7    | 1.2%  |
| 8       |            | 7    | 1.2%  |
| 9       |            | 1    | 0.2%  |
| 10      |            | 3    | 0.5%  |
| 12      |            | 4    | 0.7%  |
| 13      |            | 1    | 0.2%  |
| 24      |            | 1    | 0.2%  |
| 50      |            | 1    | 0.2%  |
| 77      | Don't know | 11   | 1.8%  |
| Sysmiss |            | 6758 |       |

## T14CW: Chewing tobacco times per week

Data file: pak2013

### Overview

Valid: 308 Invalid: 7058  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value | Category | Cases |      |
|-------|----------|-------|------|
| 0     |          | 271   | 88%  |
| 1     |          | 5     | 1.6% |
| 2     |          | 6     | 1.9% |
| 3     |          | 3     | 1%   |
| 4     |          | 2     | 0.6% |
| 5     |          | 1     | 0.3% |
| 6     |          | 1     | 0.3% |
| 7     |          | 2     | 0.6% |
| 10    |          | 1     | 0.3% |
| 21    |          | 1     | 0.3% |

|         |            |      |      |
|---------|------------|------|------|
| 350     |            | 2    | 0.6% |
| 777     | Don't know | 13   | 4.2% |
| Sysmiss |            | 7058 |      |

---

## T14D: Betel, quid times per day

Data file: pak2013

### Overview

Valid: 608 Invalid: 6758  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

---

#### CATEGORIES

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 0       |            | 445   | 73.2% |
| 1       |            | 35    | 5.8%  |
| 2       |            | 22    | 3.6%  |
| 3       |            | 19    | 3.1%  |
| 4       |            | 25    | 4.1%  |
| 5       |            | 18    | 3%    |
| 6       |            | 8     | 1.3%  |
| 7       |            | 5     | 0.8%  |
| 8       |            | 2     | 0.3%  |
| 9       |            | 1     | 0.2%  |
| 10      |            | 7     | 1.2%  |
| 12      |            | 4     | 0.7%  |
| 20      |            | 3     | 0.5%  |
| 25      |            | 1     | 0.2%  |
| 50      |            | 3     | 0.5%  |
| 77      | Don't know | 10    | 1.6%  |
| Sysmiss |            | 6758  |       |

---

## T14DW: Betel, quid times per week

Data file: pak2013

### Overview

Valid: 277 Invalid: 7089  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 0            |                 | 254          | 91.7% |
| 1            |                 | 4            | 1.4%  |
| 2            |                 | 2            | 0.7%  |
| 3            |                 | 1            | 0.4%  |
| 7            |                 | 1            | 0.4%  |
| 77           |                 | 1            | 0.4%  |
| 350          |                 | 3            | 1.1%  |
| 777          | Don't know      | 11           | 4%    |
| Sysmiss      |                 | 7089         |       |

---

### T14E: other smokeless product per day

Data file: pak2013

#### Overview

Valid: 608 Invalid: 6758  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |      |
|--------------|-----------------|--------------|------|
| 0            |                 | 535          | 88%  |
| 1            |                 | 37           | 6.1% |
| 2            |                 | 5            | 0.8% |
| 3            |                 | 5            | 0.8% |
| 4            |                 | 3            | 0.5% |
| 5            |                 | 2            | 0.3% |
| 7            |                 | 4            | 0.7% |
| 10           |                 | 1            | 0.2% |
| 14           |                 | 1            | 0.2% |
| 20           |                 | 1            | 0.2% |
| 25           |                 | 1            | 0.2% |
| 50           |                 | 3            | 0.5% |
| 77           | Don't know      | 10           | 1.6% |
| Sysmiss      |                 | 6758         |      |

**T14EW: other smokeless product per week****Data file:** pak2013**Overview**

Valid: 337    Invalid: 7029  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 777    Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |      |
|--------------|-----------------|--------------|------|
| 0            |                 | 300          | 89%  |
| 1            |                 | 12           | 3.6% |
| 2            |                 | 1            | 0.3% |
| 3            |                 | 2            | 0.6% |
| 7            |                 | 4            | 1.2% |
| 20           |                 | 2            | 0.6% |
| 28           |                 | 1            | 0.3% |
| 350          |                 | 4            | 1.2% |
| 777          | Don't know      | 11           | 3.3% |
| Sysmiss      |                 | 7029         |      |

**T14OTHER: specify other smokeless product per day****Data file:** pak2013**Overview**

Valid: 0    Invalid: 7366  
 Type: Discrete    Decimal: 0    Width: 8    Range: -    Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> |
|--------------|-----------------|
| Sysmiss      |                 |

**T15: past smokeless tobacco use****Data file:** pak2013

## Overview

Valid: 6711 Invalid: 655  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 141   | 2.1%  |
| 2       | No       | 6570  | 97.9% |
| Sysmiss |          | 655   |       |

---

## T16: past daily smokeless tobacco use

Data file: pak2013

## Overview

Valid: 188 Invalid: 7178  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 74    | 39.4% |
| 2       | No       | 114   | 60.6% |
| Sysmiss |          | 7178  |       |

---

## T17: exposed to smoke in home

Data file: pak2013

## Overview

Valid: 7366 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| Value | Category | Cases |       |
|-------|----------|-------|-------|
| 1     | Yes      | 2087  | 28.3% |
| 2     | No       | 5279  | 71.7% |

**T18: exposed to smoke at work****Data file:** pak2013**Overview**

Valid: 7366 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 27 Range: 1 - 3 Format: Numeric

**Questions and instructions**

## CATEGORIES

| <b>Value</b> | <b>Category</b>             | <b>Cases</b> |       |
|--------------|-----------------------------|--------------|-------|
| 1            | Yes                         | 1006         | 13.7% |
| 2            | No                          | 4567         | 62%   |
| 3            | Don't work in a closed area | 1793         | 24.3% |

**TP1A: notice info on dangers of smoking in newspapers, magazines****Data file:** pak2013**Overview**

Valid: 7366 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 1            | yes             | 2893         | 39.3% |
| 2            | no              | 4131         | 56.1% |
| 77           | don't know      | 342          | 4.6%  |

**TP1C: notice info on dangers of smoking on radio****Data file:** pak2013**Overview**

Valid: 7366 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

| Value | Category   | Cases |       |
|-------|------------|-------|-------|
| 1     | yes        | 2072  | 28.1% |
| 2     | no         | 4882  | 66.3% |
| 77    | don't know | 412   | 5.6%  |

---

## TP1B: notice info on dangers of smoking on TV

Data file: pak2013

### Overview

Valid: 7366 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

---

#### CATEGORIES

| Value | Category   | Cases |       |
|-------|------------|-------|-------|
| 1     | yes        | 4244  | 57.6% |
| 2     | no         | 2842  | 38.6% |
| 77    | don't know | 280   | 3.8%  |

---

## TP2: noticed cig ads

Data file: pak2013

### Overview

Valid: 7366 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

---

#### CATEGORIES

| Value | Category   | Cases |      |
|-------|------------|-------|------|
| 1     | yes        | 375   | 5.1% |
| 2     | no         | 6558  | 89%  |
| 77    | don't know | 433   | 5.9% |

---

## TP3A: notice cig promos: free samples

Data file: pak2013

### Overview

Valid: 7366 Invalid: 0

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 77    Format: Numeric

## Questions and instructions

### CATEGORIES

| Value | Category   | Cases |       |
|-------|------------|-------|-------|
| 1     | yes        | 176   | 2.4%  |
| 2     | no         | 6739  | 91.5% |
| 77    | don't know | 451   | 6.1%  |

## TP3B: notice cig promos: cigs on sale

**Data file:** pak2013

### Overview

Valid: 7366    Invalid: 0

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 77    Format: Numeric

## Questions and instructions

### CATEGORIES

| Value | Category   | Cases |       |
|-------|------------|-------|-------|
| 1     | yes        | 289   | 3.9%  |
| 2     | no         | 6513  | 88.4% |
| 77    | don't know | 564   | 7.7%  |

## TP3C: notice cig promos: coupons

**Data file:** pak2013

### Overview

Valid: 7366    Invalid: 0

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 77    Format: Numeric

## Questions and instructions

### CATEGORIES

| Value | Category   | Cases |       |
|-------|------------|-------|-------|
| 1     | yes        | 183   | 2.5%  |
| 2     | no         | 6600  | 89.6% |
| 77    | don't know | 583   | 7.9%  |

**TP3D: notice cig promos: free gifts****Data file:** pak2013**Overview**

Valid: 7366 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 1            | yes             | 117          | 1.6%  |
| 2            | no              | 6601         | 89.6% |
| 77           | don't know      | 648          | 8.8%  |

**TP3E: notice cig promos: branded clothing****Data file:** pak2013**Overview**

Valid: 7366 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 1            | yes             | 202          | 2.7%  |
| 2            | no              | 6573         | 89.2% |
| 77           | don't know      | 591          | 8%    |

**TP3F: notice cig promos: in the mail****Data file:** pak2013**Overview**

Valid: 7366 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |      |
|--------------|-----------------|--------------|------|
| 1            | yes             | 33           | 0.4% |

|    |            |      |       |
|----|------------|------|-------|
| 2  | no         | 6657 | 90.4% |
| 77 | don't know | 676  | 9.2%  |

## TP4: noticed health warnings on cig packs

Data file: pak2013

### Overview

Valid: 943 Invalid: 6423  
 Type: Discrete Decimal: 0 Width: 34 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category                           | Cases |       |
|---------|------------------------------------|-------|-------|
| 1       | Yes                                | 670   | 71%   |
| 2       | No                                 | 220   | 23.3% |
| 3       | Did not see any cigarette packages | 22    | 2.3%  |
| 77      | Don't know                         | 31    | 3.3%  |
| Sysmiss |                                    | 6423  |       |

## TP5: thought about quitting due to health warning

Data file: pak2013

### Overview

Valid: 670 Invalid: 6696  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 1       | yes        | 434   | 64.8% |
| 2       | no         | 232   | 34.6% |
| 77      | don't know | 4     | 0.6%  |
| Sysmiss |            | 6696  |       |

## TP6: number of cigs bought last purchase

Data file: pak2013

## Overview

Valid: 943 Invalid: 6423  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 7777 Format: Numeric

## Questions and instructions

### CATEGORIES

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 1       |            | 50    | 5.3%  |
| 2       |            | 51    | 5.4%  |
| 3       |            | 16    | 1.7%  |
| 4       |            | 18    | 1.9%  |
| 5       |            | 57    | 6%    |
| 6       |            | 8     | 0.8%  |
| 7       |            | 3     | 0.3%  |
| 8       |            | 3     | 0.3%  |
| 10      |            | 123   | 13%   |
| 11      |            | 1     | 0.1%  |
| 12      |            | 21    | 2.2%  |
| 14      |            | 1     | 0.1%  |
| 15      |            | 16    | 1.7%  |
| 17      |            | 2     | 0.2%  |
| 19      |            | 1     | 0.1%  |
| 20      |            | 418   | 44.3% |
| 24      |            | 2     | 0.2%  |
| 25      |            | 1     | 0.1%  |
| 30      |            | 4     | 0.4%  |
| 32      |            | 1     | 0.1%  |
| 7777    | don't know | 146   | 15.5% |
| Sysmiss |            | 6423  |       |

## TP7: price paid for last cig purchase

Data file: pak2013

## Overview

Valid: 796 Invalid: 6570  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 7777 Format: Numeric

## Questions and instructions

## CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 1            |                 | 5            | 0.6%  |
| 2            |                 | 13           | 1.6%  |
| 3            |                 | 4            | 0.5%  |
| 4            |                 | 11           | 1.4%  |
| 5            |                 | 26           | 3.3%  |
| 6            |                 | 3            | 0.4%  |
| 7            |                 | 2            | 0.3%  |
| 8            |                 | 2            | 0.3%  |
| 10           |                 | 77           | 9.7%  |
| 12           |                 | 9            | 1.1%  |
| 13           |                 | 4            | 0.5%  |
| 15           |                 | 22           | 2.8%  |
| 16           |                 | 1            | 0.1%  |
| 17           |                 | 1            | 0.1%  |
| 18           |                 | 1            | 0.1%  |
| 20           |                 | 116          | 14.6% |
| 22           |                 | 1            | 0.1%  |
| 23           |                 | 2            | 0.3%  |
| 24           |                 | 1            | 0.1%  |
| 25           |                 | 27           | 3.4%  |
| 30           |                 | 55           | 6.9%  |
| 35           |                 | 11           | 1.4%  |
| 36           |                 | 1            | 0.1%  |
| 38           |                 | 1            | 0.1%  |
| 40           |                 | 254          | 31.9% |
| 42           |                 | 3            | 0.4%  |
| 45           |                 | 35           | 4.4%  |
| 50           |                 | 25           | 3.1%  |
| 55           |                 | 1            | 0.1%  |
| 57           |                 | 1            | 0.1%  |
| 60           |                 | 7            | 0.9%  |
| 65           |                 | 1            | 0.1%  |
| 70           |                 | 1            | 0.1%  |
| 75           |                 | 4            | 0.5%  |
| 77           |                 | 3            | 0.4%  |
| 80           |                 | 9            | 1.1%  |
| 85           |                 | 2            | 0.3%  |

|         |            |      |      |
|---------|------------|------|------|
| 88      |            | 7    | 0.9% |
| 90      |            | 18   | 2.3% |
| 95      |            | 1    | 0.1% |
| 100     |            | 13   | 1.6% |
| 105     |            | 1    | 0.1% |
| 130     |            | 2    | 0.3% |
| 150     |            | 2    | 0.3% |
| 160     |            | 1    | 0.1% |
| 200     |            | 3    | 0.4% |
| 500     |            | 2    | 0.3% |
| 7777    | don't know | 4    | 0.5% |
| Sysmiss |            | 6570 |      |

---

**D1: days fruit eaten per week**

Data file: pak2013

**Overview**

Valid: 7365 Invalid: 1  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions****CATEGORIES**

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 0       |            | 1898  | 25.8% |
| 1       |            | 1347  | 18.3% |
| 2       |            | 1543  | 21%   |
| 3       |            | 999   | 13.6% |
| 4       |            | 407   | 5.5%  |
| 5       |            | 309   | 4.2%  |
| 6       |            | 142   | 1.9%  |
| 7       |            | 604   | 8.2%  |
| 77      | Don't know | 116   | 1.6%  |
| Sysmiss |            | 1     |       |

---

**D2: servings fruit eaten per day**

Data file: pak2013

## Overview

Valid: 5350 Invalid: 2016  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 1       |            | 2122  | 39.7% |
| 2       |            | 2240  | 41.9% |
| 3       |            | 724   | 13.5% |
| 4       |            | 151   | 2.8%  |
| 5       |            | 76    | 1.4%  |
| 6       |            | 14    | 0.3%  |
| 7       |            | 16    | 0.3%  |
| 8       |            | 2     | 0%    |
| 11      |            | 2     | 0%    |
| 77      | Don't know | 3     | 0.1%  |
| Sysmiss |            | 2016  |       |

---

## D3: days veg eaten per week

Data file: pak2013

## Overview

Valid: 7364 Invalid: 2  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| Value | Category   | Cases |       |
|-------|------------|-------|-------|
| 0     |            | 114   | 1.5%  |
| 1     |            | 164   | 2.2%  |
| 2     |            | 603   | 8.2%  |
| 3     |            | 1188  | 16.1% |
| 4     |            | 1605  | 21.8% |
| 5     |            | 1871  | 25.4% |
| 6     |            | 772   | 10.5% |
| 7     |            | 1012  | 13.7% |
| 77    | Don't know | 35    | 0.5%  |

Sysmiss

2

**D4: servings veg eaten per day****Data file:** pak2013**Overview**

Valid: 7229 Invalid: 137  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |      |
|--------------|-----------------|--------------|------|
| 1            |                 | 3828         | 53%  |
| 2            |                 | 1949         | 27%  |
| 3            |                 | 465          | 6.4% |
| 4            |                 | 466          | 6.4% |
| 5            |                 | 424          | 5.9% |
| 6            |                 | 67           | 0.9% |
| 7            |                 | 21           | 0.3% |
| 8            |                 | 3            | 0%   |
| 11           |                 | 2            | 0%   |
| 77           | Don't know      | 4            | 0.1% |
| Sysmiss      |                 | 137          |      |

**D5: oil used most often****Data file:** pak2013**Overview**

Valid: 7364 Invalid: 2  
 Type: Discrete Decimal: 0 Width: 14 Range: 1 - 77 Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 1            | Cooking oil     | 3325         | 45.2% |
| 2            | Mustard oil     | 98           | 1.3%  |
| 3            | Butter or ghee  | 207          | 2.8%  |
| 4            | Fat             | 1119         | 15.2% |

|         |                |      |       |
|---------|----------------|------|-------|
| 5       | Margarine      | 193  | 2.6%  |
| 6       | Something else | 2320 | 31.5% |
| 77      | Don't know     | 102  | 1.4%  |
| Sysmiss |                | 2    |       |

---

## D6: meals per week eaten outside home

Data file: pak2013

### Overview

Valid: 7363 Invalid: 3  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

---

#### CATEGORIES

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 0       |            | 5804  | 78.8% |
| 1       |            | 440   | 6%    |
| 2       |            | 274   | 3.7%  |
| 3       |            | 130   | 1.8%  |
| 4       |            | 26    | 0.4%  |
| 5       |            | 43    | 0.6%  |
| 6       |            | 26    | 0.4%  |
| 7       |            | 94    | 1.3%  |
| 8       |            | 3     | 0%    |
| 9       |            | 1     | 0%    |
| 10      |            | 1     | 0%    |
| 12      |            | 2     | 0%    |
| 14      |            | 3     | 0%    |
| 15      |            | 2     | 0%    |
| 20      |            | 2     | 0%    |
| 21      |            | 5     | 0.1%  |
| 77      | Don't know | 507   | 6.9%  |
| Sysmiss |            | 3     |       |

---

## P1: vig activity at work

Data file: pak2013

## Overview

Valid: 7360 Invalid: 6  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

| Value   | Category | Cases |     |
|---------|----------|-------|-----|
| 1       | Yes      | 1475  | 20% |
| 2       | No       | 5885  | 80% |
| Sysmiss |          | 6     |     |

## P2: vig activity at work: days per week

Data file: pak2013

## Overview

Valid: 1475 Invalid: 5891  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 1       |            | 93    | 6.3%  |
| 2       |            | 110   | 7.5%  |
| 3       |            | 110   | 7.5%  |
| 4       |            | 75    | 5.1%  |
| 5       |            | 109   | 7.4%  |
| 6       |            | 168   | 11.4% |
| 7       |            | 802   | 54.4% |
| 77      | Don't know | 8     | 0.5%  |
| Sysmiss |            | 5891  |       |

## P3A: vig activity at work: hours per day

Data file: pak2013

## Overview

Valid: 1466 Invalid: 5900  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 0            |                 | 124          | 8.5%  |
| 1            |                 | 224          | 15.3% |
| 2            |                 | 250          | 17.1% |
| 3            |                 | 209          | 14.3% |
| 4            |                 | 148          | 10.1% |
| 5            |                 | 112          | 7.6%  |
| 6            |                 | 135          | 9.2%  |
| 7            |                 | 38           | 2.6%  |
| 8            |                 | 128          | 8.7%  |
| 9            |                 | 9            | 0.6%  |
| 10           |                 | 29           | 2%    |
| 11           |                 | 1            | 0.1%  |
| 12           |                 | 25           | 1.7%  |
| 14           |                 | 1            | 0.1%  |
| 15           |                 | 6            | 0.4%  |
| 77           | Don't know      | 27           | 1.8%  |
| Sysmiss      |                 | 5900         |       |

---

### P3B: vig activity at work: mins per day

Data file: pak2013

#### Overview

Valid: 1466 Invalid: 5900  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 0            |                 | 1097         | 74.8% |
| 1            |                 | 8            | 0.5%  |
| 2            |                 | 1            | 0.1%  |
| 3            |                 | 3            | 0.2%  |
| 4            |                 | 2            | 0.1%  |
| 5            |                 | 10           | 0.7%  |

|         |            |      |       |
|---------|------------|------|-------|
| 6       |            | 1    | 0.1%  |
| 8       |            | 4    | 0.3%  |
| 9       |            | 1    | 0.1%  |
| 10      |            | 35   | 2.4%  |
| 12      |            | 1    | 0.1%  |
| 13      |            | 1    | 0.1%  |
| 15      |            | 28   | 1.9%  |
| 20      |            | 22   | 1.5%  |
| 22      |            | 1    | 0.1%  |
| 25      |            | 2    | 0.1%  |
| 30      |            | 199  | 13.6% |
| 40      |            | 6    | 0.4%  |
| 45      |            | 9    | 0.6%  |
| 50      |            | 1    | 0.1%  |
| 59      |            | 7    | 0.5%  |
| 77      | Don't know | 27   | 1.8%  |
| Sysmiss |            | 5900 |       |

## P4: mod activity at work

Data file: pak2013

### Overview

Valid: 7359 Invalid: 7  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 1901  | 25.8% |
| 2       | No       | 5458  | 74.2% |
| Sysmiss |          | 7     |       |

## P5: mod activity at work: days per week

Data file: pak2013

### Overview

Valid: 1901 Invalid: 5465  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 1            |                 | 154          | 8.1%  |
| 2            |                 | 222          | 11.7% |
| 3            |                 | 146          | 7.7%  |
| 4            |                 | 72           | 3.8%  |
| 5            |                 | 119          | 6.3%  |
| 6            |                 | 169          | 8.9%  |
| 7            |                 | 1002         | 52.7% |
| 77           | Don't know      | 17           | 0.9%  |
| Sysmiss      |                 | 5465         |       |

---

## P6A: mod activity at work: hours per day

Data file: pak2013

### Overview

Valid: 1874 Invalid: 5492  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 0            |                 | 476          | 25.4% |
| 1            |                 | 459          | 24.5% |
| 2            |                 | 341          | 18.2% |
| 3            |                 | 167          | 8.9%  |
| 4            |                 | 95           | 5.1%  |
| 5            |                 | 60           | 3.2%  |
| 6            |                 | 98           | 5.2%  |
| 7            |                 | 16           | 0.9%  |
| 8            |                 | 69           | 3.7%  |
| 9            |                 | 5            | 0.3%  |
| 10           |                 | 22           | 1.2%  |
| 11           |                 | 2            | 0.1%  |
| 12           |                 | 20           | 1.1%  |
| 15           |                 | 3            | 0.2%  |

|         |            |      |      |
|---------|------------|------|------|
| 77      | Don't know | 41   | 2.2% |
| Sysmiss |            | 5492 |      |

## P6B: mod activity at work: mins per day

Data file: pak2013

### Overview

Valid: 1874 Invalid: 5492  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 0       |            | 1145  | 61.1% |
| 1       |            | 12    | 0.6%  |
| 2       |            | 4     | 0.2%  |
| 3       |            | 4     | 0.2%  |
| 5       |            | 9     | 0.5%  |
| 6       |            | 2     | 0.1%  |
| 8       |            | 3     | 0.2%  |
| 10      |            | 102   | 5.4%  |
| 12      |            | 1     | 0.1%  |
| 14      |            | 1     | 0.1%  |
| 15      |            | 75    | 4%    |
| 20      |            | 83    | 4.4%  |
| 23      |            | 1     | 0.1%  |
| 25      |            | 9     | 0.5%  |
| 30      |            | 326   | 17.4% |
| 35      |            | 1     | 0.1%  |
| 40      |            | 22    | 1.2%  |
| 45      |            | 20    | 1.1%  |
| 50      |            | 5     | 0.3%  |
| 55      |            | 1     | 0.1%  |
| 59      |            | 7     | 0.4%  |
| 77      | Don't know | 41    | 2.2%  |
| Sysmiss |            | 5492  |       |

## P7: active transport

**Data file:** pak2013

### Overview

Valid: 7358 Invalid: 8  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 5340  | 72.6% |
| 2       | No       | 2018  | 27.4% |
| Sysmiss |          | 8     |       |

## P8: active transport: days per week

**Data file:** pak2013

### Overview

Valid: 5340 Invalid: 2026  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 1       |            | 347   | 6.5%  |
| 2       |            | 397   | 7.4%  |
| 3       |            | 415   | 7.8%  |
| 4       |            | 133   | 2.5%  |
| 5       |            | 415   | 7.8%  |
| 6       |            | 553   | 10.4% |
| 7       |            | 3012  | 56.4% |
| 77      | Don't know | 68    | 1.3%  |
| Sysmiss |            | 2026  |       |

## P9A: active transport: hours per day

**Data file:** pak2013

### Overview

Valid: 5240 Invalid: 2126

Type: Discrete   Decimal: 0   Width: 10   Range: 0 - 77   Format: Numeric

## Questions and instructions

---

### CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 0            |                 | 1716         | 32.7% |
| 1            |                 | 1551         | 29.6% |
| 2            |                 | 1000         | 19.1% |
| 3            |                 | 509          | 9.7%  |
| 4            |                 | 157          | 3%    |
| 5            |                 | 83           | 1.6%  |
| 6            |                 | 53           | 1%    |
| 7            |                 | 10           | 0.2%  |
| 8            |                 | 20           | 0.4%  |
| 9            |                 | 2            | 0%    |
| 10           |                 | 16           | 0.3%  |
| 11           |                 | 4            | 0.1%  |
| 12           |                 | 4            | 0.1%  |
| 77           | Don't know      | 115          | 2.2%  |
| Sysmiss      |                 | 2126         |       |

---

## P9B: active transport: mins per day

Data file: pak2013

### Overview

Valid: 5254   Invalid: 2112  
Type: Discrete   Decimal: 0   Width: 10   Range: 0 - 77   Format: Numeric

## Questions and instructions

---

### CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 0            |                 | 2802         | 53.3% |
| 1            |                 | 6            | 0.1%  |
| 2            |                 | 7            | 0.1%  |
| 3            |                 | 1            | 0%    |
| 4            |                 | 1            | 0%    |
| 5            |                 | 5            | 0.1%  |
| 6            |                 | 1            | 0%    |

|         |            |      |       |
|---------|------------|------|-------|
| 7       |            | 3    | 0.1%  |
| 10      |            | 211  | 4%    |
| 12      |            | 6    | 0.1%  |
| 13      |            | 3    | 0.1%  |
| 14      |            | 1    | 0%    |
| 15      |            | 254  | 4.8%  |
| 18      |            | 1    | 0%    |
| 20      |            | 310  | 5.9%  |
| 21      |            | 2    | 0%    |
| 22      |            | 2    | 0%    |
| 23      |            | 2    | 0%    |
| 25      |            | 70   | 1.3%  |
| 30      |            | 1232 | 23.4% |
| 33      |            | 1    | 0%    |
| 35      |            | 6    | 0.1%  |
| 40      |            | 98   | 1.9%  |
| 45      |            | 64   | 1.2%  |
| 50      |            | 29   | 0.6%  |
| 52      |            | 1    | 0%    |
| 59      |            | 20   | 0.4%  |
| 77      | Don't know | 115  | 2.2%  |
| Sysmiss |            | 2112 |       |

## P10: vig leisure activity

Data file: pak2013

### Overview

Valid: 7358 Invalid: 8  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 253   | 3.4%  |
| 2       | No       | 7105  | 96.6% |
| Sysmiss |          | 8     |       |

**P11: vig leisure activity: days per week****Data file:** pak2013**Overview**

Valid: 253 Invalid: 7113  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 1            |                 | 62           | 24.5% |
| 2            |                 | 34           | 13.4% |
| 3            |                 | 19           | 7.5%  |
| 4            |                 | 5            | 2%    |
| 5            |                 | 26           | 10.3% |
| 6            |                 | 29           | 11.5% |
| 7            |                 | 69           | 27.3% |
| 77           | Don't know      | 9            | 3.6%  |
| Sysmiss      |                 | 7113         |       |

**P12A: vig leisure activity: hours per day****Data file:** pak2013**Overview**

Valid: 241 Invalid: 7125  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 0            |                 | 38           | 15.8% |
| 1            |                 | 81           | 33.6% |
| 2            |                 | 65           | 27%   |
| 3            |                 | 22           | 9.1%  |
| 4            |                 | 12           | 5%    |
| 5            |                 | 8            | 3.3%  |
| 6            |                 | 3            | 1.2%  |
| 8            |                 | 1            | 0.4%  |
| 10           |                 | 1            | 0.4%  |

|         |            |      |      |
|---------|------------|------|------|
| 11      |            | 1    | 0.4% |
| 12      |            | 1    | 0.4% |
| 77      | Don't know | 8    | 3.3% |
| Sysmiss |            | 7125 |      |

## P12B: vig leisure activity: mins per day

Data file: pak2013

### Overview

Valid: 243 Invalid: 7123  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 0       |            | 149   | 61.3% |
| 1       |            | 3     | 1.2%  |
| 2       |            | 3     | 1.2%  |
| 3       |            | 1     | 0.4%  |
| 5       |            | 1     | 0.4%  |
| 6       |            | 2     | 0.8%  |
| 10      |            | 13    | 5.3%  |
| 12      |            | 1     | 0.4%  |
| 15      |            | 5     | 2.1%  |
| 20      |            | 10    | 4.1%  |
| 25      |            | 1     | 0.4%  |
| 30      |            | 42    | 17.3% |
| 40      |            | 1     | 0.4%  |
| 45      |            | 3     | 1.2%  |
| 77      | Don't know | 8     | 3.3%  |
| Sysmiss |            | 7123  |       |

## P13: mod leisure activity

Data file: pak2013

### Overview

Valid: 7358 Invalid: 8  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 320   | 4.3%  |
| 2       | No       | 7038  | 95.7% |
| Sysmiss |          | 8     |       |

---

## P14: mod leisure activity: days per week

Data file: pak2013

### Overview

Valid: 320 Invalid: 7046  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

---

CATEGORIES

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 1       |            | 83    | 25.9% |
| 2       |            | 39    | 12.2% |
| 3       |            | 27    | 8.4%  |
| 4       |            | 13    | 4.1%  |
| 5       |            | 18    | 5.6%  |
| 6       |            | 20    | 6.3%  |
| 7       |            | 113   | 35.3% |
| 77      | Don't know | 7     | 2.2%  |
| Sysmiss |            | 7046  |       |

---

## P15A: mod leisure activity: hours per day

Data file: pak2013

### Overview

Valid: 302 Invalid: 7064  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

---

CATEGORIES

| Value | Category | Cases |  |
|-------|----------|-------|--|
|-------|----------|-------|--|

|         |            |      |       |
|---------|------------|------|-------|
| 0       |            | 77   | 25.5% |
| 1       |            | 117  | 38.7% |
| 2       |            | 66   | 21.9% |
| 3       |            | 18   | 6%    |
| 4       |            | 5    | 1.7%  |
| 5       |            | 4    | 1.3%  |
| 6       |            | 3    | 1%    |
| 8       |            | 3    | 1%    |
| 10      |            | 1    | 0.3%  |
| 12      |            | 1    | 0.3%  |
| 77      | Don't know | 7    | 2.3%  |
| Sysmiss |            | 7064 |       |

---

**P15B: mod leisure activity: mins per day****Data file:** pak2013**Overview**

Valid: 125    Invalid: 7241  
 Type: Discrete    Decimal: 0    Width: 10    Range: 10 - 77    Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 10           |                 | 11           | 8.8%  |
| 15           |                 | 13           | 10.4% |
| 20           |                 | 19           | 15.2% |
| 25           |                 | 1            | 0.8%  |
| 30           |                 | 70           | 56%   |
| 40           |                 | 3            | 2.4%  |
| 45           |                 | 1            | 0.8%  |
| 50           |                 | 2            | 1.6%  |
| 77           | Don't know      | 5            | 4%    |
| Sysmiss      |                 | 7241         |       |

---

**P16A: sedentary time: hours per day****Data file:** pak2013

## Overview

Valid: 7358 Invalid: 8  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 0       |            | 126   | 1.7%  |
| 1       |            | 703   | 9.6%  |
| 2       |            | 1573  | 21.4% |
| 3       |            | 1350  | 18.3% |
| 4       |            | 1038  | 14.1% |
| 5       |            | 790   | 10.7% |
| 6       |            | 686   | 9.3%  |
| 7       |            | 132   | 1.8%  |
| 8       |            | 425   | 5.8%  |
| 9       |            | 39    | 0.5%  |
| 10      |            | 100   | 1.4%  |
| 11      |            | 10    | 0.1%  |
| 12      |            | 66    | 0.9%  |
| 13      |            | 5     | 0.1%  |
| 14      |            | 13    | 0.2%  |
| 15      |            | 21    | 0.3%  |
| 16      |            | 22    | 0.3%  |
| 77      | Don't know | 259   | 3.5%  |
| Sysmiss |            | 8     |       |

## P16B: sedentary time: mins per day

Data file: pak2013

## Overview

Valid: 7358 Invalid: 8  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

| Value | Category | Cases |     |
|-------|----------|-------|-----|
| 0     |          | 6107  | 83% |

|         |            |     |      |
|---------|------------|-----|------|
| 1       |            | 15  | 0.2% |
| 2       |            | 12  | 0.2% |
| 3       |            | 14  | 0.2% |
| 4       |            | 8   | 0.1% |
| 5       |            | 5   | 0.1% |
| 6       |            | 6   | 0.1% |
| 7       |            | 2   | 0%   |
| 8       |            | 4   | 0.1% |
| 10      |            | 38  | 0.5% |
| 11      |            | 1   | 0%   |
| 12      |            | 6   | 0.1% |
| 13      |            | 1   | 0%   |
| 14      |            | 1   | 0%   |
| 15      |            | 37  | 0.5% |
| 20      |            | 38  | 0.5% |
| 22      |            | 1   | 0%   |
| 23      |            | 1   | 0%   |
| 24      |            | 2   | 0%   |
| 25      |            | 7   | 0.1% |
| 26      |            | 1   | 0%   |
| 30      |            | 696 | 9.5% |
| 33      |            | 5   | 0.1% |
| 40      |            | 6   | 0.1% |
| 45      |            | 58  | 0.8% |
| 50      |            | 7   | 0.1% |
| 55      |            | 1   | 0%   |
| 59      |            | 19  | 0.3% |
| 77      | Don't know | 259 | 3.5% |
| Sysmiss |            | 8   |      |

## H1: BP measured

Data file: pak2013

### Overview

Valid: 7358 Invalid: 8  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 1            | Yes             | 3959         | 53.8% |
| 2            | No              | 3399         | 46.2% |
| Sysmiss      |                 | 8            |       |

---

## H2A: told had high BP

**Data file:** pak2013

### Overview

Valid: 3959 Invalid: 3407  
Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

---

#### CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 1            | Yes             | 1049         | 26.5% |
| 2            | No              | 2910         | 73.5% |
| Sysmiss      |                 | 3407         |       |

---

## H2B: told had high BP in past 12 mos

**Data file:** pak2013

### Overview

Valid: 1049 Invalid: 6317  
Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

---

#### CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 1            | Yes             | 855          | 81.5% |
| 2            | No              | 194          | 18.5% |
| Sysmiss      |                 | 6317         |       |

---

## H3: taken meds for high BP

**Data file:** pak2013

### Overview

Valid: 1049 Invalid: 6317

Type: Discrete    Decimal: 0    Width: 8    Range: 1 - 2    Format: Numeric

**Questions and instructions**

## CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 1            | Yes             | 588          | 56.1% |
| 2            | No              | 461          | 43.9% |
| Sysmiss      |                 | 6317         |       |

**H4: seen trad'l healer for high BP****Data file:** pak2013**Overview**

Valid: 1049    Invalid: 6317

Type: Discrete    Decimal: 0    Width: 8    Range: 1 - 2    Format: Numeric

**Questions and instructions**

## CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |     |
|--------------|-----------------|--------------|-----|
| 1            | Yes             | 210          | 20% |
| 2            | No              | 839          | 80% |
| Sysmiss      |                 | 6317         |     |

**H5: taking trad'l meds for high BP****Data file:** pak2013**Overview**

Valid: 1049    Invalid: 6317

Type: Discrete    Decimal: 0    Width: 8    Range: 1 - 2    Format: Numeric

**Questions and instructions**

## CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 1            | Yes             | 103          | 9.8%  |
| 2            | No              | 946          | 90.2% |
| Sysmiss      |                 | 6317         |       |

**H6: gluc measured****Data file:** pak2013**Overview**

Valid: 7358 Invalid: 8  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 1614  | 21.9% |
| 2       | No       | 5744  | 78.1% |
| Sysmiss |          | 8     |       |

**H7A: told had high gluc****Data file:** pak2013**Overview**

Valid: 1614 Invalid: 5752  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 256   | 15.9% |
| 2       | No       | 1358  | 84.1% |
| Sysmiss |          | 5752  |       |

**H7B: told had high gluc in past 12 mos****Data file:** pak2013**Overview**

Valid: 256 Invalid: 7110  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

| Value | Category | Cases |       |
|-------|----------|-------|-------|
| 1     | Yes      | 202   | 78.9% |

|         |    |      |       |
|---------|----|------|-------|
| 2       | No | 54   | 21.1% |
| Sysmiss |    | 7110 |       |

## H8: taken meds for high gluc

Data file: pak2013

### Overview

Valid: 256 Invalid: 7110  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 198   | 77.3% |
| 2       | No       | 58    | 22.7% |
| Sysmiss |          | 7110  |       |

## H9: taking insulin for high gluc

Data file: pak2013

### Overview

Valid: 256 Invalid: 7110  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 42    | 16.4% |
| 2       | No       | 214   | 83.6% |
| Sysmiss |          | 7110  |       |

## H10: seen trad'l healer for high gluc

Data file: pak2013

### Overview

Valid: 256 Invalid: 7110  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 30    | 11.7% |
| 2       | No       | 226   | 88.3% |
| Sysmiss |          | 7110  |       |

---

### H11: taking trad'l meds for high gluc

Data file: pak2013

#### Overview

Valid: 256 Invalid: 7110  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 27    | 10.5% |
| 2       | No       | 229   | 89.5% |
| Sysmiss |          | 7110  |       |

---

### H12: chol measured

Data file: pak2013

#### Overview

Valid: 7357 Invalid: 9  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 504   | 6.9%  |
| 2       | No       | 6853  | 93.1% |
| Sysmiss |          | 9     |       |

---

**H13A: told had high chol****Data file:** pak2013**Overview**

Valid: 504 Invalid: 6862  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

| Value   | Category | Cases |     |
|---------|----------|-------|-----|
| 1       | Yes      | 131   | 26% |
| 2       | No       | 373   | 74% |
| Sysmiss |          | 6862  |     |

**H13B: told had high chol in past 12 mos****Data file:** pak2013**Overview**

Valid: 131 Invalid: 7235  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 87    | 66.4% |
| 2       | No       | 44    | 33.6% |
| Sysmiss |          | 7235  |       |

**H14: taken meds for high chol****Data file:** pak2013**Overview**

Valid: 131 Invalid: 7235  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

| Value | Category | Cases |       |
|-------|----------|-------|-------|
| 1     | Yes      | 57    | 43.5% |

|         |    |      |       |
|---------|----|------|-------|
| 2       | No | 74   | 56.5% |
| Sysmiss |    | 7235 |       |

## H15: seen trad'l healer for high chol

Data file: pak2013

### Overview

Valid: 131 Invalid: 7235  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 22    | 16.8% |
| 2       | No       | 109   | 83.2% |
| Sysmiss |          | 7235  |       |

## H16: taking trad'l meds for high chol

Data file: pak2013

### Overview

Valid: 131 Invalid: 7235  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 9     | 6.9%  |
| 2       | No       | 122   | 93.1% |
| Sysmiss |          | 7235  |       |

## H17: had heart attack or stroke

Data file: pak2013

### Overview

Valid: 7356 Invalid: 10  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 579   | 7.9%  |
| 2       | No       | 6777  | 92.1% |
| Sysmiss |          | 10    |       |

---

## H18: currently taking aspirin

Data file: pak2013

### Overview

Valid: 7357 Invalid: 9  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 334   | 4.5%  |
| 2       | No       | 7023  | 95.5% |
| Sysmiss |          | 9     |       |

---

## H19: currently taking statins

Data file: pak2013

### Overview

Valid: 7357 Invalid: 9  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 89    | 1.2%  |
| 2       | No       | 7268  | 98.8% |
| Sysmiss |          | 9     |       |

---

**H20A: advised to not smoke****Data file:** pak2013**Overview**

Valid: 7356 Invalid: 10  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 1            | Yes             | 1579         | 21.5% |
| 2            | No              | 5777         | 78.5% |
| Sysmiss      |                 | 10           |       |

**H20B: advised to reduce salt****Data file:** pak2013**Overview**

Valid: 7356 Invalid: 10  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 1            | Yes             | 2437         | 33.1% |
| 2            | No              | 4919         | 66.9% |
| Sysmiss      |                 | 10           |       |

**H20C: advised to eat fruit/veg****Data file:** pak2013**Overview**

Valid: 7356 Invalid: 10  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 1            | Yes             | 2620         | 35.6% |

|         |    |      |       |
|---------|----|------|-------|
| 2       | No | 4736 | 64.4% |
| Sysmiss |    | 10   |       |

## H20D: advised to reduce fat

Data file: pak2013

### Overview

Valid: 7356 Invalid: 10  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 2765  | 37.6% |
| 2       | No       | 4591  | 62.4% |
| Sysmiss |          | 10    |       |

## H20E: advised to do pa

Data file: pak2013

### Overview

Valid: 7356 Invalid: 10  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 1880  | 25.6% |
| 2       | No       | 5476  | 74.4% |
| Sysmiss |          | 10    |       |

## H20F: advised to lose weight

Data file: pak2013

### Overview

Valid: 7356 Invalid: 10  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| Value   | Category | Cases |       |
|---------|----------|-------|-------|
| 1       | Yes      | 1786  | 24.3% |
| 2       | No       | 5570  | 75.7% |
| Sysmiss |          | 10    |       |

---

## CX1: cerv cancer screening

Data file: pak2013

### Overview

Valid: 4212 Invalid: 3154  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 1       | yes        | 36    | 0.9%  |
| 2       | no         | 4029  | 95.7% |
| 77      | don't know | 147   | 3.5%  |
| Sysmiss |            | 3154  |       |

---

## V2: helmet use on motorcycle or scooter in past 30 days

Data file: pak2013

### Overview

Valid: 7353 Invalid: 13  
 Type: Discrete Decimal: 0 Width: 56 Range: 1 - 88 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| Value | Category   | Cases |       |
|-------|--|-------|-------|
| 1     | All of the time  | 227   | 3.1%  |
| 2     | Sometimes  | 491   | 6.7%  |
| 3     | Never  | 4771  | 64.9% |
| 4     | Have not been on a motorcycle or scooter in past 30 days | 1205  | 16.4% |
| 5     | Do not have a helmet                                     | 347   | 4.7%  |

|         |            |     |      |
|---------|------------|-----|------|
| 77      | Don't Know | 193 | 2.6% |
| 88      | Refused    | 119 | 1.6% |
| Sysmiss |            | 13  |      |

---

**V4: injured and required medical attention in accident****Data file:** pak2013**Overview**

Valid: 7353 Invalid: 13  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

**Questions and instructions****CATEGORIES**

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 1       | yes        | 258   | 3.5%  |
| 2       | no         | 6960  | 94.7% |
| 77      | don't know | 106   | 1.4%  |
| 88      | refused    | 29    | 0.4%  |
| Sysmiss |            | 13    |       |

---

**V5: injured and required medical attention in incident other than road traffic accid****Data file:** pak2013**Overview**

Valid: 7354 Invalid: 12  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

**Questions and instructions****CATEGORIES**

| Value   | Category   | Cases |       |
|---------|------------|-------|-------|
| 1       | yes        | 202   | 2.7%  |
| 2       | no         | 7091  | 96.4% |
| 77      | don't know | 54    | 0.7%  |
| 88      | refused    | 7     | 0.1%  |
| Sysmiss |            | 12    |       |

---

**V6: cause of non-road traffic accident injury****Data file:** pak2013**Overview**

Valid: 202    Invalid: 7164  
 Type: Discrete    Decimal: 0    Width: 15    Range: 1 - 88    Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 1            | Fall            | 151          | 74.8% |
| 2            | Burn            | 6            | 3%    |
| 3            | Poisoning       | 0            | 0%    |
| 4            | Cut             | 21           | 10.4% |
| 5            | Near-drowning   | 1            | 0.5%  |
| 6            | Animal bite     | 2            | 1%    |
| 7            | Other (specify) | 14           | 6.9%  |
| 77           | Don't know      | 6            | 3%    |
| 88           | Refused         | 1            | 0.5%  |
| Sysmiss      |                 | 7164         |       |

**V6OTHER: specify other cause****Data file:** pak2013**Overview**

Valid: 0    Invalid: 7366  
 Type: Discrete    Decimal: 0    Width: 8    Range: -    Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> |
|--------------|-----------------|
| Sysmiss      |                 |

**V7: location of non-road traffic accident injurt****Data file:** pak2013**Overview**

Valid: 202    Invalid: 7164  
 Type: Discrete    Decimal: 0    Width: 20    Range: 1 - 88    Format: Numeric

## Questions and instructions

---

### CATEGORIES

| <b>Value</b> | <b>Category</b>      | <b>Cases</b> |       |
|--------------|----------------------|--------------|-------|
| 1            | Home                 | 71           | 35.1% |
| 2            | School               | 5            | 2.5%  |
| 3            | Workplace            | 34           | 16.8% |
| 4            | Road/Street/Highway  | 73           | 36.1% |
| 5            | Farm                 | 9            | 4.5%  |
| 6            | Sports/athletic area | 2            | 1%    |
| 7            | Other (specify)      | 4            | 2%    |
| 77           | Don't know           | 3            | 1.5%  |
| 88           | Refused              | 1            | 0.5%  |
| Sysmiss      |                      | 7164         |       |

---

## V70THER: specify other location

Data file: pak2013

### Overview

Valid: 0 Invalid: 7366  
 Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

---

### CATEGORIES

| <b>Value</b> | <b>Category</b> |
|--------------|-----------------|
| Sysmiss      |                 |

---

## M2: BP device ID

Data file: pak2013

### Overview

Valid: 7091 Invalid: 275 Minimum: 0 Maximum: 99 Mean: 15.23 Standard deviation: 10.888  
 Type: Continuous Decimal: 0 Width: 8 Range: 0 - 99 Format: Numeric

---

## M4A: BP reading 1: systolic

Data file: pak2013

**Overview**

Valid: 7075 Invalid: 291 Minimum: 44 Maximum: 888 Mean: 133.381 Standard deviation: 56.673  
 Type: Continuous Decimal: 0 Width: 8 Range: 44 - 888 Format: Numeric

---

**M4B: BP reading 1: diastolic****Data file:** pak2013**Overview**

Valid: 7075 Invalid: 291 Minimum: 30 Maximum: 888 Mean: 89.652 Standard deviation: 56.998  
 Type: Continuous Decimal: 0 Width: 8 Range: 30 - 888 Format: Numeric

---

**M5A: BP reading 2: systolic****Data file:** pak2013**Overview**

Valid: 7042 Invalid: 324 Minimum: 47 Maximum: 888 Mean: 132.22 Standard deviation: 56.655  
 Type: Continuous Decimal: 0 Width: 8 Range: 47 - 888 Format: Numeric

---

**M5B: BP reading 2: diastolic****Data file:** pak2013**Overview**

Valid: 7042 Invalid: 324 Minimum: 30 Maximum: 888 Mean: 88.453 Standard deviation: 52.896  
 Type: Continuous Decimal: 0 Width: 8 Range: 30 - 888 Format: Numeric

---

**M6A: BP reading 3: systolic****Data file:** pak2013**Overview**

Valid: 7012 Invalid: 354 Minimum: 47 Maximum: 888 Mean: 132.19 Standard deviation: 60.935  
 Type: Continuous Decimal: 0 Width: 8 Range: 47 - 888 Format: Numeric

---

**M6B: BP reading 3: diastolic****Data file:** pak2013**Overview**

Valid: 7013 Invalid: 353 Minimum: 1 Maximum: 888 Mean: 88.231 Standard deviation: 55.527  
 Type: Continuous Decimal: 0 Width: 8 Range: 1 - 888 Format: Numeric

---

**M7: took raised BP meds in past 2 weeks****Data file:** pak2013**Overview**

Valid: 7090 Invalid: 276  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 1            | yes             | 501          | 7.1%  |
| 2            | no              | 6567         | 92.6% |
| 77           | don't know      | 22           | 0.3%  |
| Sysmiss      |                 | 276          |       |

**M8: pregnant****Data file:** pak2013**Overview**

Valid: 4086 Invalid: 3280  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

**Questions and instructions****CATEGORIES**

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 1            | Yes             | 357          | 8.7%  |
| 2            | No              | 3729         | 91.3% |
| Sysmiss      |                 | 3280         |       |

**M10A: height device ID****Data file:** pak2013**Overview**

Valid: 6732 Invalid: 634 Minimum: 1 Maximum: 888 Mean: 19.15 Standard deviation: 37.439  
 Type: Continuous Decimal: 0 Width: 8 Range: 1 - 888 Format: Numeric

**M10B: weight device ID****Data file:** pak2013

## Overview

Valid: 6732 Invalid: 634 Minimum: 1 Maximum: 888 Mean: 18.524 Standard deviation: 37.184  
 Type: Continuous Decimal: 0 Width: 8 Range: 1 - 888 Format: Numeric

---

## M11: height (cm)

**Data file:** pak2013

## Overview

Valid: 6713 Invalid: 653 Minimum: 88 Maximum: 889 Mean: 162.101 Standard deviation: 50.686  
 Type: Continuous Decimal: 0 Width: 8 Range: 88 - 889 Format: Numeric

---

## M12: weight (kg)

**Data file:** pak2013

## Overview

Valid: 6713 Invalid: 653 Minimum: 25 Maximum: 889 Mean: 64.268 Standard deviation: 49.632  
 Type: Continuous Decimal: 0 Width: 8 Range: 25 - 889 Format: Numeric

---

## M13: waist circ device ID

**Data file:** pak2013

## Overview

Valid: 6732 Invalid: 634 Minimum: 0 Maximum: 99 Mean: 17.186 Standard deviation: 13.372  
 Type: Continuous Decimal: 0 Width: 8 Range: 0 - 99 Format: Numeric

---

## M14: waist circumference (cm)

**Data file:** pak2013

## Overview

Valid: 6644 Invalid: 722 Minimum: 30 Maximum: 889 Mean: 96.151 Standard deviation: 99.59  
 Type: Continuous Decimal: 0 Width: 8 Range: 30 - 889 Format: Numeric

---

## M15: hip circumference (cm)

**Data file:** pak2013

## Overview

Valid: 6644 Invalid: 722 Minimum: 45 Maximum: 889 Mean: 109.014 Standard deviation: 108.804  
 Type: Continuous Decimal: 0 Width: 8 Range: 45 - 889 Format: Numeric

---

## **WSTEP1: final analysis weight for step 1 variables (interview)**

**Data file:** pak2013

### **Overview**

Valid: 7366 Invalid: 0 Minimum: 65 Maximum: 4190 Mean: 868.161 Standard deviation: 612.625  
 Type: Continuous Decimal: 0 Width: 8 Range: 65 - 4190 Format: Numeric

---

## **WSTEP2: final analysis weight for step 2 variables (physical measures)**

**Data file:** pak2013

### **Overview**

Valid: 7366 Invalid: 0 Minimum: 65 Maximum: 4190 Mean: 868.161 Standard deviation: 612.625  
 Type: Continuous Decimal: 0 Width: 8 Range: 65 - 4190 Format: Numeric

---

## **PSU: psu**

**Data file:** pak2013

### **Overview**

Valid: 7366 Invalid: 0 Minimum: 110101 Maximum: 220513 Mean: 162417.986 Standard deviation: 49803.004  
 Type: Continuous Decimal: 0 Width: 12 Range: 110101 - 220513 Format: Numeric

---

## **AGERANGE: ageranges for which survey was designed**

**Data file:** pak2013

### **Overview**

Valid: 7366 Invalid: 0  
 Type: Discrete Width: 5 Range: - Format: character

### **Questions and instructions**

---

#### **CATEGORIES**

| <b>Value</b> | <b>Category</b> | <b>Cases</b> |       |
|--------------|-----------------|--------------|-------|
| 18-29        |                 | 2651         | 36%   |
| 30-44        |                 | 2714         | 36.8% |
| 45-59        |                 | 1378         | 18.7% |
| 60-69        |                 | 623          | 8.5%  |

---

## **STRATUM: stratum**

**Data file:** pak2013

## Overview

Valid: 7366 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 1 Format: Numeric

## Questions and instructions

---

### CATEGORIES

| Value | Category | Cases |      |
|-------|----------|-------|------|
| 1     |          | 7366  | 100% |

---

## PROV: Prov

Data file: pak2013

## Overview

Valid: 7366 Invalid: 0  
 Type: Discrete Width: 6 Range: - Format: character

## Questions and instructions

---

### CATEGORIES

| Value  | Category | Cases |       |
|--------|----------|-------|-------|
| Punjab |          | 3956  | 53.7% |
| Sindh  |          | 3410  | 46.3% |

---

# study\_resources

## questionnaires

### Questionnaire (Urdu)

---

title Questionnaire (Urdu)  
country Pakistan  
filename STEPS\_Pakistan\_2013\_Questionnaire\_Urdu.pdf

---

## reports

### Fact Sheet

---

title Fact Sheet  
country Pakistan  
filename STEPS\_Pakistan\_2013\_FactSheet\_EN.pdf

---

### Tobacco Fact Sheet

---

title Tobacco Fact Sheet  
country Pakistan  
filename STEPS\_Pakistan\_2013\_TobaccoFactSheet\_EN.pdf

---

## Report

---

title Report  
country Pakistan  
filename STEPS\_Pakistan\_2013\_Report\_EN.pdf

---

## technical\_documents

### Generic STEP Questionnaire (version 3.0)

---

title Generic STEP Questionnaire (version 3.0)  
filename STEPS\_Instrument\_V3-0.pdf

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