



The **2010 Fiji GSHS** measured alcohol use; dietary behaviors; mental health; physical activity; sexual behaviors; tobacco use; and violence and unintentional injury.

The Fiji GSHS was a school-based survey of students in Forms 2, 3, and 4. A two-stage cluster sample design was used to produce data representative of all students in Forms 2, 3, and 4 in Fiji. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 100%, the student response rate was 90%, and the overall response rate was 90%. A total of 1673 students participated in the Fiji GSHS. Students self-reported their responses to each question on a computer scannable answer sheet. For comparison purposes, only students aged 13-15 years are included in the analyses for this fact sheet.

Results for students aged 13-15 years	Total	Boys	Girls
Alcohol Use			
Percentage of students who drank at least one drink containing alcohol on one or more of the past 30 days	16.4 (14.0-19.2)	22.1 (18.6-26.0)	11.1 (8.4-14.6)
Percentage of students who drank so much alcohol that they were really drunk one or more times during their life	12.7 (10.6-15.0)	17.3 (14.4-20.7)	8.3 (6.0-11.4)
Dietary Behaviours			
Percentage of students who were underweight (< -2SD from median for BMI for age and sex)	13.8 (9.3-20.0)	18.2 (13.1-24.7)	9.8 (5.6-16.8)
Percentage of students who were overweight (> +1SD from median for BMI for age and sex)	19.2 (15.6-23.4)	17.9 (13.0-24.2)	20.4 (16.1-25.4)
Percentage of students who were obese (> +2SD from median for BMI for age and sex)	5.2 (4.3-6.2)	5.9 (4.0-8.8)	4.5 (3.0-6.7)
Mental Health			
Percentage of students who ever seriously considered attempting suicide during the past 12 months	17.3 (14.2-20.9)	16.8 (11.8-23.3)	17.6 (12.8-23.7)
Percentage of students who had no close friends	6.8 (5.4-8.5)	7.0 (5.4-9.0)	6.6 (4.7-9.0)
Physical Activity			
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more days during the past seven days	33.4 (28.9-38.2)	37.1 (31.8-42.8)	30.0 (24.2-36.6)
Percentage of students who went to physical education (PE) class on three or more days each week during the school year	30.0 (27.2-32.9)	31.6 (27.0-36.6)	28.5 (23.5-34.1)
Percentage of students who spent three or more hours per day during a typical or usual day doing sitting activities	26.9 (22.7-31.6)	29.4 (23.1-36.5)	24.6 (18.8-31.7)
Sexual Behaviours			
Percentage of students who ever had sexual intercourse	15.6 (13.1-18.4)	25.0 (20.3-30.3)	7.5 (5.7-9.6)
Among students who ever had sexual intercourse, the percentage who had sexual intercourse for the first time before age 14 years	54.3 (40.1-67.7)	59.8 (45.1-72.9)	*
Among students who ever had sexual intercourse, the percentage who used a condom the last time they had sexual intercourse	45.6 (35.7-55.9)	46.6 (34.4-59.2)	*



Results for students aged 13-15 years	Total	Boys	Girls
Tobacco Use			
Percentage of students who smoked cigarettes on one or more days during the past 30 days	11.7 (9.7-14.1)	16.2 (12.9-20.2)	7.4 (5.7-9.5)
Among students who ever smoked cigarettes, the percentage who first tried a cigarette before age 14 years	70.7 (60.5-79.1)	72.8 (61.5-81.8)	65.2 (54.7-74.4)
Percentage of students who reported people smoked in their presence on one or more days during the past seven days	55.7 (49.9-61.3)	55.9 (50.0-61.6)	55.4 (48.1-62.5)
Violence and Unintentional Injury			
Percentage of students who were in a physical fight one or more times during the past 12 months	47.3 (42.0-52.6)	58.9 (51.5-65.9)	36.3 (30.7-42.4)
Percentage of students who were seriously injured one or more times during the past 12 months	50.2 (44.3-56.0)	58.0 (48.4-67.0)	43.0 (37.6-48.6)
Percentage of students who were bullied on one or more days during the past 30 days	42.0 (36.3-48.0)	45.6 (38.1-53.3)	38.8 (32.9-45.1)

* Indicates less than 100 students.

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