

GENERAL INFORMATION

G1	Date of Interview	Month/day/year: ____/____/____
G2	Household ID	____ _
G3	State	_____
G4	Surveyor ID (Part 1)	____ _
G5	Consent Obtained	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂
G6	Interview Language	English <input type="checkbox"/> ₁ Palauan <input type="checkbox"/> ₂
G7	Participant First Name	_____
G8	Participant Last Name	_____
G9	Contact Phone Number	_____

Part 1:**DEMOGRAPHICS**

D1	Part 1 Interview Start Time (24 hour clock)	_____ : _____
D2	Gender	Male <input type="checkbox"/> ₁ Female <input type="checkbox"/> ₂
D3	What is your Date of Birth? (MM/DD/YYYY)	____ / ____ / _____
D4	How old are you?	_____ Years
D5	What is highest level of formal education you have completed ?	Less than high school <input type="checkbox"/> ₁ High school completed <input type="checkbox"/> ₂ Associate's degree completed <input type="checkbox"/> ₃ Bachelor's degree completed <input type="checkbox"/> ₄ Graduate or professional degree completed <input type="checkbox"/> ₅ Refused <input type="checkbox"/> ₉₉
D6a	What is your ethnic background? (Select one)	Palauan <input type="checkbox"/> ₁ Filipino <input type="checkbox"/> ₂ Other <input type="checkbox"/> ₃ <small>IF Other, GO TO D6b, otherwise GO TO D7</small> Refused <input type="checkbox"/> ₉₉
D6b	If other, please describe	Other ethnicity: _____ Refused <input type="checkbox"/> ₉₉
D7	Which best describes your current marital status?	Single, never married <input type="checkbox"/> ₁ Married or domestic partnership <input type="checkbox"/> ₂ Widowed <input type="checkbox"/> ₃ Divorced <input type="checkbox"/> ₄ Separated <input type="checkbox"/> ₅ Refused <input type="checkbox"/> ₉₉
D8	Which best describes your current employment?	Employed for wages <input type="checkbox"/> ₁ Employed not for wages <input type="checkbox"/> ₂ Self-employed <input type="checkbox"/> ₃ Out of work, looking <input type="checkbox"/> ₄ Out of work, not looking <input type="checkbox"/> ₅ Homemaker <input type="checkbox"/> ₆ Retired <input type="checkbox"/> ₇ Student <input type="checkbox"/> ₈ Refused <input type="checkbox"/> ₉₉ <small>If out of work looking, out of work not looking, retired, student or refused skip questions P1 to P6</small>

D9	Approximately how much was your household income this past year?	Less than \$10,000 <input type="checkbox"/> ₁ \$10-<20,000 <input type="checkbox"/> ₂ \$20-<30,000 <input type="checkbox"/> ₃ \$30-<40,000 <input type="checkbox"/> ₄ More than \$40,000 <input type="checkbox"/> ₅ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
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NUTRITION

N1	In a regular week, how many days do you eat fruit ? <i>USE SHOWCARD</i>	Number of days/week: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ <i>IF 0, DK, or Refused GO TO N3</i>
N2	On one of the days that you eat fruit, how many servings of fruit do you eat? <i>USE SHOWCARD</i>	Number of servings/day: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
N3	In a regular week, how many days do you eat vegetables ? <i>USE SHOWCARD</i>	Number of days/week: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ <i>IF 0, DK, or Refused GO TO N5</i>
N4	On one of the days that you eat vegetables, how many servings of vegetables do you eat? <i>USE SHOWCARD</i>	Number of servings/day: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
N5	In a regular day, how many times do you eat processed meats? This does not include canned fish. <i>USE SHOWCARD</i>	Number of times/day: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
N6	In a regular day, how many sugary drinks do you drink? This does not include diet drinks made with artificial sweeteners. <i>USE SHOWCARD</i>	Number of drinks/day: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
N7	Most of the sodium or salt we eat comes from processed foods and foods prepared in restaurants. Salt also can be added in cooking or at the table. Are you currently watching or reducing your sodium or salt intake? <i>USE SHOWCARD</i>	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉

N8	How important to you is lowering the salt in your diet?	Very important <input type="checkbox"/> ₁ Somewhat important <input type="checkbox"/> ₂ Not at all important <input type="checkbox"/> ₃ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
N9	What type of oil or fat is most often used for meal preparation in your household? (Select one) <i>USE SHOWCARD</i>	Vegetable oil <input type="checkbox"/> ₁ Lard <input type="checkbox"/> ₂ Butter <input type="checkbox"/> ₃ Margarine <input type="checkbox"/> ₄ Other <input type="checkbox"/> ₅ None in particular <input type="checkbox"/> ₆ None used <input type="checkbox"/> ₇ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉

PHYSICAL ACTIVITY

P1	Does your work involve vigorous-intensity activity that causes large increases in breathing or heart rate (such as carrying or lifting heavy loads, digging, construction work, etc.) for at least 10 minutes continuously? <i>USE SHOWCARD</i>	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ <i>IF No, DK, or Refused GO TO P4</i>
P2	In a regular week , on how many days do you do vigorous-intensity activities as part of your work ? <i>USE SHOWCARD</i>	Vigorous activity number of days: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ <i>IF 0, DK, or Refused GO TO P4</i>
P3	How much time do you spend doing vigorous-intensity activities at work on a regular day ? <i>USE SHOWCARD</i>	Hours: _____ Minutes: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
P4	Does your work involve moderate-intensity activity that causes small increases in breathing or heart rate (such as brisk walking, carrying light loads, etc.) for at least 10 minutes continuously? <i>USE SHOWCARD</i>	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ <i>IF No, DK, or Refused GO TO P7</i>
P5	In a regular week , on how many days do you do moderate-intensity activities as part of your work ? <i>USE SHOWCARD</i>	Moderate activity number of days: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ <i>IF 0, DK, or Refused GO TO P7</i>
P6	How much time do you spend doing moderate-intensity activities at work on a regular day ? <i>USE SHOWCARD</i>	Hours: _____ Minutes: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
P7	Do you walk or use a bicycle for at least 10 minutes continuously to get to and from places ? <i>USE SHOWCARD</i>	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ <i>IF No, DK, or Refused GO TO P10</i>

P8	In a regular week , on how many days do you walk or bicycle for at least 10 minutes continuously to get to and from places ? <i>USE SHOWCARD</i>	Walk or bike number of days: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ <i>IF 0, DK, or Refused GO TO P10</i>
P9	How much time do you spend walking or bicycling for travel on a regular day ? <i>USE SHOWCARD</i>	Hours: _____ Minutes: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
P10	Do you do any vigorous-intensity sports, fitness, or recreational (leisure) activities that cause large increases in breathing or heart rate (such as running or basketball) for at least 10 minutes continuously? <i>USE SHOWCARD</i>	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ <i>IF No, DK, or Refused GO TO P13</i>
P11	In a regular week , on how many days do you do vigorous intensity sports, fitness, or recreational (leisure) activities? <i>USE SHOWCARD</i>	Vigorous activity number of days: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ <i>IF 0, DK, or Refused GO TO P13</i>
P12	How much time do you spend doing vigorous-intensity sports, fitness, or recreational activities on a regular day ? <i>USE SHOWCARD</i>	Hours: _____ Minutes: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
P13	Do you do any moderate-intensity sports, fitness, or recreational (leisure) activities that cause small increases in breathing or heart rate (such as brisk walking, rowing, swimming, volleyball, etc.) for at least 10 minutes continuously? <i>USE SHOWCARD</i>	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ <i>IF No, DK, or Refused GO TO P16</i>
P14	In a regular week , on how many days do you do moderate-intensity sports, fitness, or recreational (leisure) activities? <i>USE SHOWCARD</i>	Moderate activity number of days: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ <i>IF 0, DK, or Refused GO TO P16</i>
P15	How much time do you spend doing moderate-intensity sports, fitness, or recreational activities on a regular day ? <i>USE SHOWCARD</i>	Hours: _____ Minutes: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
P16	How much time do you usually spend sitting or reclining on a regular day ? (THIS DOES NOT INCLUDE TIME SPENT SLEEPING) <i>USE SHOWCARD</i>	Hours: _____ Minutes: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉

GENERAL HEALTH

H1	Would you say that your general health is...	Excellent <input type="checkbox"/> ₁ Very good <input type="checkbox"/> ₂ Good <input type="checkbox"/> ₃ Fair or Okay <input type="checkbox"/> ₄ Poor or Not Good <input type="checkbox"/> ₅ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
H2	About how long has it been since you last visited a medical provider for an annual checkup? An annual checkup is a general physical exam, not an exam for a specific injury, illness, or condition.	Within the past year (anytime less than 12 months ago) <input type="checkbox"/> ₁ Within the past 2 years (1 year but less than 2 years ago) <input type="checkbox"/> ₂ Within the past 5 years (2 years but less than 5 years ago) <input type="checkbox"/> ₃ 5 or more years ago <input type="checkbox"/> ₄ Never <input type="checkbox"/> ₅ Don't Know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
H3	How long has it been since you last visited a dentist or a dental clinic for any reason? Include visits to dental specialists, such as orthodontists	Within the past year (anytime less than 12 months ago) <input type="checkbox"/> ₁ Within the past 2 years (1 year but less than 2 years ago) <input type="checkbox"/> ₂ Within the past 5 years (2 years but less than 5 years ago) <input type="checkbox"/> ₃ 5 or more years ago <input type="checkbox"/> ₄ Never <input type="checkbox"/> ₅ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
H4	How many of your permanent teeth have been removed because of tooth decay or gum disease? Include teeth lost to infection, but do not include teeth lost for other reasons, such as injury or orthodontics.	1 to 5 <input type="checkbox"/> ₁ 6 or more but not all <input type="checkbox"/> ₂ All <input type="checkbox"/> ₃ None <input type="checkbox"/> ₄ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
H5	About how tall are you without shoes?	____feet and ____inches Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
H6	About how much do you weigh without shoes?	_____pounds Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉

WOMENS HEALTH (WOMEN ONLY) --- If participant is Male - Skip to C1

W1	WOMEN ONLY: Are you currently pregnant or breastfeeding?	Pregnant <input type="checkbox"/> 1 Breastfeeding <input type="checkbox"/> 2 Both , pregnant and breastfeeding <input type="checkbox"/> 3 Neither , pregnant or breastfeeding <input type="checkbox"/> 4 Don't know <input type="checkbox"/> 77 Refused <input type="checkbox"/> 99
W2	WOMEN ONLY: Have you, at some time during your life, wanted to have a baby?	YES <input type="checkbox"/> 1 NO <input type="checkbox"/> 2 Don't know <input type="checkbox"/> 77 Refused <input type="checkbox"/> 99
W3	WOMEN ONLY: Have you, either now or in the past, tried to become pregnant?	YES <input type="checkbox"/> 1 NO <input type="checkbox"/> 2 Don't know <input type="checkbox"/> 77 Refused <input type="checkbox"/> 99 <i>IF No, DK, or Refused GO TO W7</i>
W4	WOMEN ONLY: At any time did you try for more than 12 months and not become pregnant?	YES <input type="checkbox"/> 1 NO <input type="checkbox"/> 2 Don't know <input type="checkbox"/> 77 Refused <input type="checkbox"/> 99
W5	WOMEN ONLY: During any of your relationships now or in the past, have you ever talked to a nurse, a doctor, or other health care provider about ways to help you become pregnant?	YES <input type="checkbox"/> 1 NO <input type="checkbox"/> 2 Don't know <input type="checkbox"/> 77 Refused <input type="checkbox"/> 99
W6	WOMEN ONLY: During any of your relationships now or in the past, have you ever talked to a relative or friend about ways to help you become pregnant?	YES <input type="checkbox"/> 1 NO <input type="checkbox"/> 2 Don't know <input type="checkbox"/> 77 Refused <input type="checkbox"/> 99
W7	WOMEN ONLY: Have you ever been treated with antibiotics for an infection in your fallopian tubes, womb, or ovaries, also called a pelvic infection, pelvic inflammatory disease, or P.I.D.? [Palauan: Baiking ra omcherelem]	YES <input type="checkbox"/> 1 NO <input type="checkbox"/> 2 Don't know <input type="checkbox"/> 77 Refused <input type="checkbox"/> 99
W8	WOMEN ONLY: Were you ever told that you had an ectopic pregnancy (tubal pregnancy that resulted in a miscarriage)? [Palauan: blem diol a ngalk a diak el ngara luuk ma lechub eng ngara ikrel a omecherelem]	YES <input type="checkbox"/> 1 NO <input type="checkbox"/> 2 Don't know <input type="checkbox"/> 77 Refused <input type="checkbox"/> 99
W9	WOMEN ONLY: Have you ever had a mammogram? A mammogram is done with a machine. <i>USE SHOWCARD</i>	YES <input type="checkbox"/> 1 NO <input type="checkbox"/> 2 Don't know <input type="checkbox"/> 77 Refused <input type="checkbox"/> 99 <i>IF No, DK, or Refused GO TO W11</i>

W10	WOMEN ONLY: How long has it been since you had your last mammogram? <i>USE SHOWCARD</i>	Within the past year (anytime less than 12 months ago) <input type="checkbox"/> ₁ Within the past 2 years (1 year but less than 2 years ago) <input type="checkbox"/> ₂ Within the past 3 years (2 years but less than 3 years ago) <input type="checkbox"/> ₃ Within the past 5 years (3 years but less than 5 years ago) <input type="checkbox"/> ₄ 5 or more years ago <input type="checkbox"/> ₅ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
W11	WOMEN ONLY: A clinical breast exam is when a doctor, nurse, or other health professional feels the breasts for lumps. Have you ever had a clinical breast exam? <i>USE SHOWCARD</i>	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ IF No, DK, or Refused GO TO W13
W12	WOMEN ONLY: How long has it been since your last clinical breast exam? <i>USE SHOWCARD</i>	Within the past year (anytime less than 12 months ago) <input type="checkbox"/> ₁ Within the past 2 years (1 year but less than 2 years ago) <input type="checkbox"/> ₂ Within the past 3 years (2 years but less than 3 years ago) <input type="checkbox"/> ₃ Within the past 5 years (3 years but less than 5 years ago) <input type="checkbox"/> ₄ 5 or more years ago <input type="checkbox"/> ₅ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
W13	WOMEN ONLY: Have you ever had a Pap test? <i>USE SHOWCARD</i>	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ IF No, DK, or Refused GO TO C1
W14	WOMEN ONLY: How long has it been since you had your last Pap test? <i>USE SHOWCARD</i>	Within the past year (anytime less than 12 months ago) <input type="checkbox"/> ₁ Within the past 2 years (1 year but less than 2 years ago) <input type="checkbox"/> ₂ Within the past 3 years (2 years but less than 3 years ago) <input type="checkbox"/> ₃ Within the past 5 years (3 years but less than 5 years ago) <input type="checkbox"/> ₄ 5 or more years ago <input type="checkbox"/> ₅ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉

COLON CANCER SCREENING

C1	Have you ever had a colonoscopy? <i>USE SHOWCARD</i>	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ <i>IF No, DK, or Refused GO TO C3</i>
C2	How long has it been since your last colonoscopy? <i>USE SHOWCARD</i>	Within the past year (anytime less than 12 months ago) <input type="checkbox"/> ₁ Within the past 2 years (1 year but less than 2 years ago) <input type="checkbox"/> ₂ Within the past 3 years (2 years but less than 3 years ago) <input type="checkbox"/> ₃ Within the past 5 years (3 years but less than 5 years ago) <input type="checkbox"/> ₄ 5 or more years ago <input type="checkbox"/> ₅ Don't know <input type="checkbox"/> ₇₇ Refuse <input type="checkbox"/> ₉₉
C3	A blood stool test is a test that determines whether the stool contains blood. Have you ever had this test? <i>USE SHOWCARD</i>	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ <i>IF No, DK, or Refused GO TO T1</i>
C4	How long has it been since you had your last blood stool test? <i>USE SHOWCARD</i>	Within the past year (anytime less than 12 months ago) <input type="checkbox"/> ₁ Within the past 2 years (1 year but less than 2 years ago) <input type="checkbox"/> ₂ Within the past 3 years (2 years but less than 3 years ago) <input type="checkbox"/> ₃ Within the past 5 years (3 years but less than 5 years ago) <input type="checkbox"/> ₄ 5 or more years ago <input type="checkbox"/> ₅ Don't know <input type="checkbox"/> ₇₇ Refuse <input type="checkbox"/> ₉₉

TOBACCO

T1	During the past 30 days, on how many days did you smoke cigarettes?	Number of days/Past 30 days: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ <i>IF 0, DK, OR REFUSE GO TO T6</i>
T2	Regularly, how many sticks of cigarettes did you smoke on one of those days?	Number of sticks/day: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
T3	How old were you when you first started regularly smoking cigarettes?	Age: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
T4	During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking cigarettes?	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
T5	Do you want to quit smoking cigarettes?	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
T6	During the past 30 days, on how many days did you use E-Cigarettes or a personal vaporizer (PV), or electronic nicotine? <i>USE SHOWCARD</i>	Number of days/Past 30 days: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉

T7	During the past 7 days, on how many days did someone other than you smoke tobacco inside your home while you were at home?	Number of days/Past 7 days: _____ Don't know <input type="checkbox"/> 77 Refused <input type="checkbox"/> 99
T8	During the past 7 days, on how many days did you breathe tobacco smoke at your workplace from someone else other than you who was smoking tobacco?	Number of days/Past 7 days: _____ Don't know <input type="checkbox"/> 77 Refused <input type="checkbox"/> 99
T9	During the past 7 days, on how many days did you ride in a vehicle where someone other than you was smoking tobacco?	Number of days/Past 7 days: _____ Don't know <input type="checkbox"/> 77 Refused <input type="checkbox"/> 99

BETEL NUT

B1	During the past 30 days, on how many days did you chew betel nut?	Number of days/Past 30 days: _____ Don't know <input type="checkbox"/> 77 Refused <input type="checkbox"/> 99 <i>If 0, DK, or REFUSED GO TO A1</i>
B2	What kind of tobacco do you most often add to your betel nut chew? <i>USE SHOWCARD</i>	Cigarette Sticks <input type="checkbox"/> 1 Imported loose tobacco <input type="checkbox"/> 2 Locally grown tobacco <input type="checkbox"/> 3 Other type of tobacco <input type="checkbox"/> 4 No tobacco <input type="checkbox"/> 5 Don't Know <input type="checkbox"/> 77 Refused <input type="checkbox"/> 99 <i>If No TOBACCO, DK, or REFUSED GO TO A1</i>
B3	How old were you when you first started chewing betel nut with tobacco regularly?	Age: _____ Don't know <input type="checkbox"/> 77 Refused <input type="checkbox"/> 99
B4	How many days does it take for you to chew one pack of cigarettes or one pouch of loose tobacco? <i>USE SHOWCARD</i>	Number of days: _____ Other type of tobacco <input type="checkbox"/> 88 Don't know <input type="checkbox"/> 77 Refused <input type="checkbox"/> 99
B5	During the past 12 months, have you stopped chewing betel nut with tobacco for one day or longer because you were trying to quit chewing?	YES <input type="checkbox"/> 1 NO <input type="checkbox"/> 2 Don't know <input type="checkbox"/> 77 Refused <input type="checkbox"/> 99
B6	Do you want to quit chewing betel nut with tobacco?	YES <input type="checkbox"/> 1 NO <input type="checkbox"/> 2 Don't know <input type="checkbox"/> 77 Refused <input type="checkbox"/> 99

ALCOHOL

A1	During the past 30 days, on how many days did you have at least one standard drink of any alcohol? <i>USE SHOWCARD</i>	Number of days: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ <i>IF 0, DK, OR REFUSED GO TO A6</i>
A2	Regularly, how many standard alcoholic drinks did you drink on one of those days? <i>USE SHOWCARD</i>	Number of drinks/day: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
A3	How old were you when you first started drinking alcohol?	Age: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
A4	During the past 30 days, how many days did you have: <ul style="list-style-type: none"> for men: <ul style="list-style-type: none"> Five or more standard alcoholic drinks? for women: <ul style="list-style-type: none"> Four or more standard alcoholic drinks? <i>USE SHOWCARD</i>	Number of days/Past 30 Days: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
A5	During the past 30 days, on how many days have you driven a vehicle after you've consumed alcohol?	Number of days/Past 30 Days: _____ Don't drive <input type="checkbox"/> ₈₈ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
A6	During the past 30 days, on how many days have you been a passenger in a vehicle with a driver other than yourself who has consumed alcohol?	Number of days/Past 30 Days: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉

OTHER DRUG USE, PERCEPTIONS OF HARM, AND DISAPPROVAL

During the past 30 days, report on how many days you used any of the following substance.

I1	Marijuana, also called weed or pot	Number of days/Past 30 Days: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
I2	Heroin, crack, cocaine, or methamphetamine (locally called "ice" OR "shabu")	Number of days/Past 30 Days: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
I3	Hallucinogens such as LSD (sometimes called acid), Ecstasy (sometimes called MDMA), PCP, or, mushrooms	Number of days/Past 30 Days: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
I4	Inhalants or sniffed/huffed substances such as glue, gasoline, paint thinner, markers, or butane	Number of days/Past 30 Days: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
I5	Prescription drugs such as tramadol, demerol, oxycodone, codeine (Tylenol 3), or morphine without a doctor's orders	Number of days/Past 30 Days: _____ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉

How much do people risk harming themselves physically and in other ways when they engage in the following behaviors?

I6	When they smoke one or more packs of CIGARETTES per day?	No Risk <input type="checkbox"/> ₁ Slight Risk <input type="checkbox"/> ₂ Moderate Risk <input type="checkbox"/> ₃ Great Risk <input type="checkbox"/> ₄ Don't Know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
I7	When they have five or more ALCOHOLIC BEVERAGES once or twice a week?	No Risk <input type="checkbox"/> ₁ Slight Risk <input type="checkbox"/> ₂ Moderate Risk <input type="checkbox"/> ₃ Great Risk <input type="checkbox"/> ₄ Don't Know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
I8	When they smoke MARIJUANA once or twice a week?	No Risk <input type="checkbox"/> ₁ Slight Risk <input type="checkbox"/> ₂ Moderate Risk <input type="checkbox"/> ₃ Great Risk <input type="checkbox"/> ₄ Don't Know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
I9	When they chew BETEL NUT WITH TOBACCO everyday (Includes cigarette stick, loose tobacco, or locally grown tobacco)	No Risk <input type="checkbox"/> ₁ Slight Risk <input type="checkbox"/> ₂ Moderate Risk <input type="checkbox"/> ₃ Great Risk <input type="checkbox"/> ₄ Don't Know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
I10	When they use heroin, crack or cocaine, or methamphetamine (locally called "ice" OR "shabu")	No Risk <input type="checkbox"/> ₁ Slight Risk <input type="checkbox"/> ₂ Moderate Risk <input type="checkbox"/> ₃ Great Risk <input type="checkbox"/> ₄ Don't Know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
I11	When they use hallucinogens such as LSD (sometimes called acid), Ecstasy (sometimes called MDMA), PCP, or, mushrooms	No Risk <input type="checkbox"/> ₁ Slight Risk <input type="checkbox"/> ₂ Moderate Risk <input type="checkbox"/> ₃ Great Risk <input type="checkbox"/> ₄ Don't Know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
I12	When they use inhalants or sniffed/huffed substances such as glue, gasoline, paint thinner, markers, or butane	No Risk <input type="checkbox"/> ₁ Slight Risk <input type="checkbox"/> ₂ Moderate Risk <input type="checkbox"/> ₃ Great Risk <input type="checkbox"/> ₄ Don't Know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
I13	When they use prescription drugs such as tramadol, demerol, oxycodone, codeine (Tylenol 3), or morphine without a doctor's orders	No Risk <input type="checkbox"/> ₁ Slight Risk <input type="checkbox"/> ₂ Moderate Risk <input type="checkbox"/> ₃ Great Risk <input type="checkbox"/> ₄ Don't Know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉

How much do you approve or disapprove of the following substances?		
I14	How do you feel about someone smoking one or more packs of cigarettes a day?	Strongly Approve <input type="checkbox"/> ₁ Somewhat Approve <input type="checkbox"/> ₂ Neither Approve or Disapprove <input type="checkbox"/> ₃ Somewhat Disapprove <input type="checkbox"/> ₄ Strongly Disapprove <input type="checkbox"/> ₅ Don't Know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
I15	How do you feel about someone chewing betel nut with tobacco every day?	Strongly Approve <input type="checkbox"/> ₁ Somewhat Approve <input type="checkbox"/> ₂ Neither Approve or Disapprove <input type="checkbox"/> ₃ Somewhat Disapprove <input type="checkbox"/> ₄ Strongly Disapprove <input type="checkbox"/> ₅ Don't Know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
I16	How do you feel about someone using Marijuana once a month or more?	Strongly Approve <input type="checkbox"/> ₁ Somewhat Approve <input type="checkbox"/> ₂ Neither Approve or Disapprove <input type="checkbox"/> ₃ Somewhat Disapprove <input type="checkbox"/> ₄ Strongly Disapprove <input type="checkbox"/> ₅ Don't Know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
I17	How do you feel about someone your age having one or two alcoholic beverages nearly every day?	Strongly Approve <input type="checkbox"/> ₁ Somewhat Approve <input type="checkbox"/> ₂ Neither Approve or Disapprove <input type="checkbox"/> ₃ Somewhat Disapprove <input type="checkbox"/> ₄ Strongly Disapprove <input type="checkbox"/> ₅ Don't Know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
I18	During the past 30 days, have you talked with your own child or other children in your household about the dangers or problems associated with the use of Tobacco, Alcohol, or Other Drugs?	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ No Children <input type="checkbox"/> ₈₈ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉

BLOOD SUGAR OR DIABETES

E1	Have you ever had your blood sugar checked by a doctor, nurse, or other health worker?	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ <i>If No, DK, or REFUSED, GO TO E6</i>
E2	Have you ever been told by a doctor, nurse, or other health worker that you have high blood sugar or diabetes?	YES <input type="checkbox"/> ₁ YES, but female told only during pregnancy <input type="checkbox"/> ₂ NO <input type="checkbox"/> ₃ NO, pre-diabetes or borderline diabetes <input type="checkbox"/> ₄ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ <i>If No, DK, or REFUSED, GO TO E6</i>
E3	Are you currently receiving insulin prescribed by a doctor or other health worker for your high blood sugar or diabetes?	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
E4	Are you currently receiving other types of medicine prescribed by a doctor or other health worker for your high blood sugar or diabetes that you have taken in the past two weeks?	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
E5	Are you currently taking any herbal or traditional remedy for your high blood sugar or diabetes?	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉

BLOOD PRESSURE OR HYPERTENSION

E6	Have you ever had your blood pressure checked by a doctor, nurse, or other health worker?	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ <i>If No, DK, or REFUSED, GO TO E10</i>
E7	Have you ever been told by a doctor, nurse, or other health worker that you have high blood pressure or hypertension?	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ <i>If No, DK, or REFUSED, GO TO E10</i>
E8	Are you currently receiving medicine prescribed by a doctor or other health worker for your high blood pressure or hypertension that you have taken in the past two weeks?	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
E9	Are you currently taking any herbal or traditional remedy for your high blood pressure or hypertension?	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉

BLOOD CHOLESTEROL

E10	Blood cholesterol is a fatty substance found in the blood. Have you ever had your blood cholesterol checked by a doctor, nurse, or other health worker?	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ If No, DK, OR REFUSED, GO TO F1
E11	Have you ever been told by a doctor, nurse, or other health professional that your blood cholesterol is high?	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉ If No, DK, OR REFUSED, GO TO F1
E12	Are you currently receiving drugs medicine prescribed by a doctor or other health worker for your high cholesterol that you have taken in the past two weeks?	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉
E13	Are you currently taking any herbal or traditional remedy for your high cholesterol?	YES <input type="checkbox"/> ₁ NO <input type="checkbox"/> ₂ Don't know <input type="checkbox"/> ₇₇ Refused <input type="checkbox"/> ₉₉

CHRONIC DISEASES

Have you ever been told by a doctor that you have...																										
Responses: 1. YES 2. NO 77. Don't Know 99. Refused		Data Entry Code																								
F1	Coronary heart disease																									
F2	Angina, also called angina pectoris																									
F3	A heart attack (also called myocardial infarction)																									
F4	Any kind of heart condition or heart disease (other than the ones I just asked about)																									
F5	A stroke																									
F6	Emphysema																									
F7	Chronic obstructive pulmonary disease (COPD)																									
F8	Asthma																									
F9	An ulcer (this could be a stomach, duodenal, or peptic ulcer)																									
F10	Gout																									
F11	Arthritis (not gout)																									
F12	Tuberculosis (TB)																									
F13	Depression																									
F14a	Cancer or a malignancy of any kind	_____																								
		If No, DK, OR REFUSED, GO TO F15																								
F14b	If yes, what kind of cancer was it? (Only one possible answer) <table border="0"> <tr> <td>27. Lip, oral cavity, and pharynx</td> <td>28. Esophagus</td> <td>29. Stomach</td> </tr> <tr> <td>30. Colon, rectum, or anus</td> <td>31. Liver or intra hepatic bile ducts</td> <td>32. Pancreas</td> </tr> <tr> <td>33. Larynx</td> <td>34. Trachea, bronchus, and lung</td> <td>35. Skin</td> </tr> <tr> <td>36. Breast</td> <td>37. Cervix uteri</td> <td>38. Other and unspecific parts of uterus</td> </tr> <tr> <td>39. Ovary</td> <td>40. Prostate</td> <td>41. Bladder</td> </tr> <tr> <td>42. Meninges, brain, other part of the Central Nervous System</td> <td>43. Non-Hodgkin's lymphoma</td> <td>44. Bladder</td> </tr> <tr> <td>44. Multiple myeloma and malignant</td> <td>45. Leukemia</td> <td>46. Remainder of malignant neoplasms</td> </tr> <tr> <td>77. Don't Know</td> <td>99. Refused</td> <td></td> </tr> </table>	27. Lip, oral cavity, and pharynx	28. Esophagus	29. Stomach	30. Colon, rectum, or anus	31. Liver or intra hepatic bile ducts	32. Pancreas	33. Larynx	34. Trachea, bronchus, and lung	35. Skin	36. Breast	37. Cervix uteri	38. Other and unspecific parts of uterus	39. Ovary	40. Prostate	41. Bladder	42. Meninges, brain, other part of the Central Nervous System	43. Non-Hodgkin's lymphoma	44. Bladder	44. Multiple myeloma and malignant	45. Leukemia	46. Remainder of malignant neoplasms	77. Don't Know	99. Refused		Code:
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77. Don't Know	99. Refused																									
F15	Part 1 Finish Time (24 hour clock)	_____ : _____																								

PART 2: PHYSICAL MEASUREMENT

M1	Date of Measurement	Month/day/year: ____/____/____
M2	Part 2 Measurement Start Time (24 hour clock)	____ : ____

MEDICATION

The next few questions are about the medications you took TODAY:		
Responses: 1. YES 2. NO 77. Don't Know 99. Refused		Data Entry Code
M3	During the past 10 to 12 hours have you had anything to eat or drink, other than water? (If answer is no, don't know or refused, STOP Survey)	
M4	Today, have you taken insulin or other medication for high blood sugar or diabetes- prescribed by a doctor, nurse, or other health worker?	
M5	Today, have you taken drugs or medication for high blood pressure or hypertension - prescribed by a doctor, nurse, or other health worker?	
M6	Today, have you taken drugs or medication for high cholesterol- prescribed by a doctor, nurse, or other health worker?	

MEASUREMENTS

M7	Height	Centimeters: ____ Unable <input type="checkbox"/> 888 Refused <input type="checkbox"/> 999
M8	Height Device ID	_____
M9	Height Surveyor ID	____
M10	Weight	Kilograms: ____ Unable <input type="checkbox"/> 888 Max <input type="checkbox"/> 666 Refused <input type="checkbox"/> 999
M11	Weight Device ID	_____
M12	Weight Surveyor ID	____
M13	Arm Circumference	Centimeters: ____ Unable <input type="checkbox"/> 888 Refused <input type="checkbox"/> 999
M14	Arm Circumference Surveyor ID	____

Blood Pressure		
M15	Cuff size used	Small <input type="checkbox"/> ₁ Medium <input type="checkbox"/> ₂ Large <input type="checkbox"/> ₃ Extra-large <input type="checkbox"/> ₄ None <input type="checkbox"/> ₅
M16	BP Reading 1	Systolic _____ Diastolic _____ Error <input type="checkbox"/> ₇₇₇ Refused <input type="checkbox"/> ₉₉₉
M17	BP Reading 2	Systolic _____ Diastolic _____ Error <input type="checkbox"/> ₇₇₇ Refused <input type="checkbox"/> ₉₉₉
M18	BP Reading 3	Systolic _____ Diastolic _____ Error <input type="checkbox"/> ₇₇₇ Refused <input type="checkbox"/> ₉₉₉
M19	BP Average	Systolic _____ Diastolic _____
M20	BP device ID	_____
M21	BP Surveyor ID	____ _

PART 3: BIOCHEMICAL MEASURES

M22	Blood glucose	mg/dL: _____ Min <input type="checkbox"/> ₆₆₆ Error <input type="checkbox"/> ₇₇₇ Max <input type="checkbox"/> ₈₈₈ Refuse <input type="checkbox"/> ₉₉₉
M23	Glucose device ID	_____
M24	Glucose Surveyor ID	____ _
M25	Cholesterol	mg/dl: _____ Min <input type="checkbox"/> ₆₆₆ Error <input type="checkbox"/> ₇₇₇ Max <input type="checkbox"/> ₈₈₈ Refuse <input type="checkbox"/> ₉₉₉
M26	Cholesterol device ID	_____
M27	Cholesterol Surveyor ID	____ _
M28	HDL	mmol/L: _____ Min <input type="checkbox"/> ₆₆₆ Error <input type="checkbox"/> ₇₇₇ Max <input type="checkbox"/> ₈₈₈ Refuse <input type="checkbox"/> ₉₉₉
M29	HDL device ID	_____
M30	HDL Surveyor ID	____ _
M31	Part 3 Measurement Finish Time (24 hour clock)	____ _ : ____ _