



STATISTIKAAMET

## HOUSEHOLD'S BUDGET SURVEY

### FOOD EXPENDITURE DIARY

- Household Budget Survey is part of a country's statistics with a purpose to investigate the expenditures to the food and observing of consumption of own-produced foodstuffs of households living in Estonia
- Household Budget Survey serves as a basis for calculating the standard of living, cost-of-living index and poverty line
- The results of Household Budget Survey depends directly from Your responses: Your refusing or not filling of diaries decrease the reliability of data
- **Statistical Office of Estonia will guarantee the confidentiality of the data provided by you**

Time of filling in the diary:

beginning end

day month day month year

|\_|\_| - |\_|\_| |\_|\_|-|\_|\_|20|\_|\_|

Household's code |\_|\_|\_|\_|\_|

County code |\_|\_|

Interviewer's certificate number |\_|\_|\_|

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- All food items bought, received from others or consumed free of charge by your household should be recorded in the food expenditure diary.
- Alcohol and tobacco products are also considered as food items. Medicaments should be recorded in the consumer goods diary.
- Food expenditure diary is kept for half a month.
- We advise you to keep all the receipts you receive in the shops. Record the expenses in the diary as soon as possible after having made them - otherwise you might forget them.

## I. EATING OUT

- All the expenses on eating out, paid by the members of your household, should be recorded in this table.
- Record the amount paid for child's school lunches.
- Record the food bought from kiosks (e.g. a hamburger).
- If you leave tips, please bring the amount out separately by recording it on the next line.

Code	Place of eating	Items consumed (briefly)	Total cost (kroons, cents)
		<u>Tuesday, January 10</u>	
	café	bun, tea	10.80
	kiosk	hamburger, beer	20.00
	school canteen	lunch money to a child	104.00
		<u>Wednesday, January 11</u>	
	buffet	salad, sausages, milk, coffee	24.20
	restaurant	soup, main course, ice-cream, cocktail	120.00
	canteen	2 main courses, 2 soups, 2 desserts	44.80
	bar	chocolate, coffee, 100g of brandy	53.20
		<u>Saturday, January 14</u>	
	kiosk	hamburger, coffee	27.50
	bar	salad, coffee, gin&tonic	49.50
	canteen	soup, porridge, milk	15.40
	restaurant	main courses, 100g of whiskey	200.00
	restaurant	tips	10.00
	kiosk	ice-cream	10.10
		<b>The expenditures of your household:</b>	





## II. BUYING FOOD FOR YOUR HOUSEHOLD (INCL. FOOD BOUGHT FOR DOGS, CATS AND OTHER PETS)

In this table please record daily all the items of food bought by your household for own consumption (regardless of the means of payment, either in cash, with a credit card or via a bank transfer).

**Do not record the goods**, that are bought for someone else on his/her request and that have been prepaid or will be paid for later (e.g. the neighbor asked you to buy foodstuff and paid for it – these are not expenditures of your household).

For each item, write in the corresponding column of the table its description, amount bought and units of measure (gram, kilo, piece, litre, etc), the cost of the purchase and whether it was bought for the household or a person not belonging to your household.

- When entering the **description of goods** please try to be as accurate as possible: it is important to distinguish cooked sausage and smoked sausage, canned vegetable with or without meat, toffees, caramel and chocolate candies. **In the case of milk it is important to draw distinctions between whole and skimmed milk**, hence record the fat percentage. If it is not possible (e.g. the milk bought is unmarked, from the market or straight from the producer), then mark the place of purchase, e.g. shop, market, etc. or was it unpacked (open) milk to enable us to identify which group it belongs to.
- Enter the **amount of food** in units of weight (grams, kilos, litres etc). In most cases it is marked on the packaging. Therefore, instead of *a pack of coffee, a bottle of ketchup and two sausages*, enter *400 g of coffee, 250 g of ketchup and 65 g of sausages in the diary*. **Liquids** (e.g. milk, oil, juice, beer) record in **liters**.
- In **units** mark **only eggs and cigarettes (not in packs)**. **The matches should be recorded into the consumer goods diary**.
- Record the **cost of goods** in kroons and cents.
- Also record the amount spent on your **pets (parrots, guinea pigs, etc.) food**. Write it down with a note 'for pets'.

Code	Food item <i>(If necessary continue on the next line)</i>	Amount	Unit (g, kg, piece, liter, etc.)	Total cost (kroons, cents)
	<b>EXAMPLE:</b> <i>Saturday, January 21</i>			
	<i>Sausage for cooking</i>	350	g	15.25
	<i>bread</i>	750	g	7.40
	<i>baby food</i>	1	kg	15.00
	<i>vegetable oil</i>	1	l	19.50
	<i>Pedigree canned meat for the dog</i>	300	g	8.50
	<i>Tart</i>	890	g	33.90















#### IV. CONSUMPTION OF OWN PRODUCED FOOD, FOOD ACQUIRED FREE OF CHARGE AND IN RETURN OF PAYMENT IN KIND

In addition to the food bought, every household consumes own produced or cooked food or food acquired free of charge (e.g. potatoes and jam from one's cellar, vegetables grown in one's allotment or milk, vegetables, eggs, etc. produced by the household, food obtained as a support).

The following table is meant for recording the consumption of own produced or free of charge acquired food or food acquired for payment in kind. Do not enter the products used for making jams, etc., but the consumption of the above mentioned, e.g. eating the strawberry jam made last summer.

In addition to the food description, please write down its approximate amount, cost and whether it was own produced, obtained as a present (free of charge) or for payment in kind – encircle the right answer.

Code	Product (If necessary, continue on the next line)	Approx. amount	Unit (g, kg, pcs, l etc.)	Approx. cost in kroons	①- own produced ②- for payment in kind ③- free of charge		
	<b>EXAMPLE:</b> <u>Week 1</u>						
	potatoes	10	kg	25	①	2	3
	jam	2	l	30	①	2	3
	whole milk	12	l	36	①	2	3
	pork	2	kg	44	①	2	3
	butter	2	kg	75	1	2	
	eggs	20	pcs	17	①	2	3
	fresh fish	4	kg	40	①	2	3
	flour	2	kg	8	①	2	3
	<b><u>Week 2 until the end of the survey period</u></b>						
	potatoes	10	kg	25	①	2	3
	pork	3	kg	65	1	②	3
	pickled cucumbers	3	l	20	①	2	3
	red currant juice	3	l	30	①	2	3
	apples	3	kg	30	1	2	
	cheese	10	kg	400	1	②	3



