

Global School-based Student Health Survey (GSHS)

2005 Tajikistan GSHS Questionnaire

For more information:

www.cdc.gov/gshs or
www.who.int/school_youth_health/gshs



2005 TAJIKISTAN GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY

This survey is about your health and the things you do that may affect your health. Students like you all over your country are doing this survey. Students in many other countries around the world also are doing this survey. The information you give will be used to develop better health programs for young people like yourself.

DO NOT write your name on this survey or the answer sheet. The answers you give will be kept private. No one will know how you answer. Answer the questions based on what you really know or do. There is no right or wrong answers.

Completing the survey is voluntary. Your grade or mark in this class will not be affected whether or not you answer the questions. If you do not want to answer a question, just leave it blank.

Make sure to read every question. Fill in the circles on your answer sheet that match your answer. Use only the pencil you are given. When you are done, do what the person who is giving you the survey says to do.

Here is an example of how to fill in the circles:

Fill in the circles like this



Not like this



or



Survey

1. Do fish live in water?
 - A. Yes
 - B. No

Answer sheet

1. B C D E F G H

Thank you very much for your help.

1. How old are you?
 - A. 11 years old or younger
 - B. 12 years old
 - C. 13 years old
 - D. 14 years old
 - E. 15 years old
 - F. 16 years old or older

2. What is your sex?
 - A. Male
 - B. Female

3. In what form or course are you?
 - A. 7 form
 - B. 8 form
 - C. 9 form
 - D. 1 course
 - E. 2 course
 - F. 3 course

The next question asks about physical attacks. A physical attack occurs when one or more people hit or strike someone, or when one or more people hurt another person with a weapon (such as a stick, knife, or gun). It is not a physical attack when two students of about the same strength or power choose to fight each other.

4. During the past 12 months, how many times were you physically attacked?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times

The next question asks about physical fights. A physical fight occurs when two or more students of about the same strength or power choose to fight each other.

5. During the past 12 months, how many times were you in a physical fight?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times

The next 5 questions ask about the most serious injury that happened to you during the past 12 months. An injury is serious when it makes you miss at least one full day of usual activities (such as school, sports, or a job) or requires treatment by a doctor or nurse.

6. During the past 12 months, how many times were you seriously injured?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times

7. During the past 12 months, **what were you doing** when the most serious injury happened to you?

- A. I was not seriously injured during the past 12 months
- B. Playing or training for a sport
- C. Walking or running, but not as part of playing or training for a sport
- D. Riding a bicycle or scooter
- E. Riding or driving in a car or other motor vehicle
- F. Doing any paid or unpaid work, including housework, yard work, or cooking
- G. Nothing
- H. Something else

8. During the past 12 months, **what was the major cause** of the most serious injury that happened to you?

- A. I was not seriously injured during the past 12 months
- B. I was in a motor vehicle accident or hit by a motor vehicle
- C. I fell
- D. Something fell on me or hit me
- E. I was fighting with someone
- F. I was attacked, assaulted, or abused by someone
- G. I was in a fire or too near a flame or something hot
- H. Something else caused my injury

9. During the past 12 months, **how** did the most serious injury happen to you?

- A. I was not seriously injured during the past 12 months
- B. I hurt myself by accident
- C. Someone else hurt me by accident
- D. I hurt myself on purpose
- E. Someone else hurt me on purpose

10. During the past 12 months, **what was** the most serious injury that happened to you?

- A. I was not seriously injured during the past 12 months
- B. I had a broken bone or a dislocated joint
- C. I had a cut, puncture, or stab wound
- D. I had a concussion or other head or neck injury, was knocked out, or could not breathe
- E. I had a gunshot wound
- F. I had a bad burn
- G. I lost all or part of a foot, leg, hand, or arm
- H. Something else happened to me

The next 2 questions ask about bullying. Bullying occurs when a student or group of students say or do bad and unpleasant things to another student. It is also bullying when a student is teased a lot in an unpleasant way or when a student is left out of things on purpose. It is not bullying when two students of about the same strength or power argue or fight or when teasing is done in a friendly and fun way.

11. During the past 30 days, on how many days were you bullied?

- A. 0 days
- B. 1 or 2 days
- C. 3 to 5 days
- D. 6 to 9 days
- E. 10 to 19 days
- F. 20 to 29 days
- G. All 30 days

12. During the past 30 days, how were you bullied **most often**?
- A. I was not bullied during the past 30 days
 - B. I was hit, kicked, pushed, shoved around, or locked indoors
 - C. I was made fun of because of my race or color
 - D. I was made fun of because of my religion
 - E. I was made fun of with sexual jokes, comments, or gestures
 - F. I was left out of activities on purpose or completely ignored
 - G. I was made fun of because of how my body or face looks
 - H. I was bullied in some other way

The next question asks about feeling safe on the way to and from school.

13. During the past 30 days, on how many days did you **not** go to school because you felt you would be unsafe at school or on your way to or from school?
- A. 0 days
 - B. 1 day
 - C. 2 or 3 days
 - D. 4 or 5 day
 - E. 6 or more days

The next 6 questions ask about your feelings and friendships.

14. During the past 12 months, how often have you felt lonely?
- A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always

15. During the past 12 months, how often have you been so worried about something that you could not sleep at night?
- A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always
16. During the past 12 months, did you ever feel so sad or hopeless almost every day for **two weeks or more in a row** that you stopped doing your usual activities?
- A. Yes
 - B. No
17. During the past 12 months, did you ever **seriously** consider attempting suicide?
- A. Yes
 - B. No
18. During the past 12 months, did you make a plan about how you would attempt suicide?
- A. Yes
 - B. No
19. How many close friends do you have?
- A. 0
 - B. 1
 - C. 2
 - D. 3 or more

The next 6 questions ask about cigarette and other tobacco use.

20. How old were you when you first tried a cigarette?

- A. I have never smoked cigarettes
- B. 7 years old or younger
- C. 8 or 9 years old
- D. 10 or 11 years old
- E. 12 or 13 years old
- F. 14 or 15 years old
- G. 16 years old or older

21. During the past 30 days, on how many days did you smoke cigarettes?

- A. 0 days
- B. 1 or 2 days
- C. 3 to 5 days
- D. 6 to 9 days
- E. 10 to 19 days
- F. 20 to 29 days
- G. All 30 days

22. During the past 30 days, on how many days did you use any other form of tobacco, such as traditional forms of tobacco?

- A. 0 days
- B. 1 or 2 days
- C. 3 to 5 days
- D. 6 to 9 days
- E. 10 to 19 days
- F. 20 to 29 days
- G. All 30 days

23. During the past 12 months, have you ever tried to stop smoking cigarettes?

- A. I have never smoked cigarettes
- B. I did not smoke cigarettes during the past 12 months
- C. Yes
- D. No

24. During the past 7 days, on how many days have people smoked in your presence?

- A. 0 days
- B. 1 or 2 days
- C. 3 or 4 days
- D. 5 or 6 days
- E. All 7 days

25. Which of your parents or guardians use any form of tobacco?

- A. Neither
- B. My father or male guardian
- C. My mother or female guardian
- D. Both
- E. I do not know

The next 7 questions ask about drinking alcohol.

This includes drinking wine, vodka, or beer.

Drinking alcohol does not include drinking a few sips of wine or vodka for religious purposes.

26. How old were you when you had your first drink of alcohol other than a few sips?

- A. I have never had a drink of alcohol other than a few sips
- B. 7 years old or younger
- C. 8 or 9 years old
- D. 10 or 11 years old
- E. 12 or 13 years old
- F. 14 or 15 years old
- G. 16 years old or older

27. During the past 30 days, on how many days did you have at least one drink containing alcohol?

- A. 0 days
- B. 1 or 2 days
- C. 3 to 5 days
- D. 6 to 9 days
- E. 10 to 19 days
- F. 20 to 29 days
- G. All 30 days

28. During the past 30 days, on the days you drank alcohol, how many drinks did you **usually** drink per day?
- A. I did not drink alcohol during the past 30 days
 - B. Less than one drink
 - C. 1 drink
 - D. 2 drinks
 - E. 3 drinks
 - F. 4 drinks
 - G. 5 or more drinks
29. During the past 30 days, how did you **usually** get the alcohol you drank? **SELECT ONLY ONE RESPONSE.**
- A. I did not drink alcohol during the past 30 days
 - B. I bought it in a store, shop, or from a street vendor
 - C. I gave someone else money to buy it for me
 - D. I got it from my friends
 - E. I got it from home
 - F. I stole it
 - G. I made it myself
 - H. I got it some other way
30. With whom do you **usually** drink alcohol?
- A. I do not drink alcohol
 - B. With my friends
 - C. With my family
 - D. With persons I have just met
 - E. I usually drink alone
31. During your life, how many times did you drink so much alcohol that you were really drunk?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 or more times

32. During your life, how many times have you ever had a hang-over, felt sick, got into trouble with your family or friends, missed school, or got into fights, as a result of drinking alcohol?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 or more times

The next 5 questions ask about drugs.

33. How old were you when you tried drugs, such as hashish, opium, heroin, or marijuana, for the first time?
- A. I have never tried drugs, such as hashish, opium, heroin, or marijuana
 - B. 7 years old or younger
 - C. 8 or 9 years old
 - D. 10 or 11 years old
 - E. 12 or 13 years old
 - F. 14 or 15 years old
 - G. 16 years old or older
34. During your life, how many times have you used drugs, such as hashish, opium, heroin, or marijuana?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 or more times
35. During your life, how many times have you shared needles or syringes used to inject any drug into your body?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 5 times
 - D. 6 to 9 times
 - E. 10 to 19 times
 - F. 20 to 39 times
 - G. 40 or more times

36. Which one of the drugs listed below have you used most often? SELECT ONLY ONE RESPONSE.
- A. I have never tried any of these drugs
 - B. Marijuana or hashish
 - C. Tranquilizers or sedatives, such as relanium, melenium, or diazepam, without a doctor or nurse telling you to do so
 - D. Amphetamines
 - E. Methamphetamine
 - F. Crack or other forms of cocaine
 - G. Solvents or inhalants (also called glue, benzine, resolvent, or dihlafos)
 - H. Some other drug
37. During this school year, were you taught in any of your classes the dangers of using alcohol and drugs, such as hashish, opium, heroin, or marijuana?
- A. Yes
 - B. No
 - C. I do not know

The next 20 questions ask about sexual behaviors, including sexual intercourse.

38. Have you ever had sexual intercourse?
- A. Yes
 - B. No

39. What is the **main** reason you have not had sexual intercourse?
- A. I have had sexual intercourse
 - B. I want to wait until I am older
 - C. I want to wait until I am married
 - D. I do not want to risk getting pregnant
 - E. I do not want to risk getting a sexually transmitted infection, such as HIV or AIDS
 - F. I have not had a chance to have sex or met anyone that I wanted to have sex with
 - G. It is against my religious values
 - H. Some other reason
40. How old were you when you had sexual intercourse for the first time?
- A. I have never had sexual intercourse
 - B. 11 years old or younger
 - C. 12 years old
 - D. 13 years old
 - E. 14 years old
 - F. 15 years old
 - G. 16 years old or older
41. During your life, with how many people have you had sexual intercourse?
- A. I have never had sexual intercourse
 - B. 1 person
 - C. 2 people
 - D. 3 people
 - E. 4 people
 - F. 5 people
 - G. 6 or more people
42. With whom have you had sexual intercourse?
- A. I have never had sexual intercourse
 - B. Females only
 - C. Males only
 - D. Both females and males

43. How many of your friends have had sexual intercourse?

- A. None of them
- B. Some of them
- C. Most of them
- D. All of them

44. Have you ever been physically forced to have sexual intercourse when you did not want to?

- A. Yes
- B. No

45. During the past 12 months, have you had sexual intercourse?

- A. Yes
- B. No

46. During the past 12 months, how many times did you have sexual intercourse?

- A. 0 times
- B. 1 time
- C. 2 or 3 times
- D. 4 to 9 times
- E. 10 to 29 times
- F. 30 or more times

47. During the past 12 months, how often did you or your partner use a condom when you had sexual intercourse?

- A. I have never had sexual intercourse
- B. I have had sexual intercourse, but not during the past 12 months
- C. Never
- D. Rarely
- E. Sometimes
- F. Most of the time
- G. Always

48. The **last time** you had sexual intercourse; did you or your partner use a condom?

- A. I have never had sexual intercourse
- B. Yes
- C. No

49. **If** you wanted to get a condom, how would you most likely get it?

- A. I would get it from a vending machine
- B. I would get it in a store or shop or from a street vendor
- C. I would get it from a pharmacy, clinic, or hospital
- D. I would give someone else money to buy it for me
- E. I would get it from my friend
- F. I would get it some other way
- G. I do not know

50. The **first time** you had sexual intercourse, did you or your partner use a condom or any method of birth control or protection, such as withdrawal, rhythm (safe time), birth control pills, or any other method to prevent pregnancy?

- A. I have never had sexual intercourse
- B. Yes
- C. No

51. During the past 12 months, how often did you or your partner use any method of birth control?

- A. I have never had sexual intercourse
- B. I have had sexual intercourse, but not during the past 12 months
- C. Never
- D. Rarely
- E. Sometimes
- F. Most of the time
- G. Always

52. If you wanted to get birth control, how would you most likely get it?

- A. I would get it from a vending machine
- B. I would get it in a store or shop or from a street vendor
- C. I would get it from a pharmacy, clinic, or hospital
- D. I would give someone else money to buy it for me
- E. I would borrow it from someone else
- F. I would get from my friend
- G. I would get it some other way
- H. I do not know

53. Did you drink alcohol or use other drugs before you had sexual intercourse the last time?

- A. I have never had sexual intercourse
- B. Yes
- C. No

54. Have you ever been tested for HIV infection or AIDS?

- A. Yes
- B. No

55. Have you ever been told by a doctor or nurse that you had a sexually transmitted infection, such as HIV, AIDS, syphilis, gonorrhoea, trichomonas, or hlamidioz?

- A. Yes
- B. No
- C. I do not know

56. Have you ever talked about HIV infection or AIDS with your parents or guardians?

- A. Yes
- B. No

57. How many times have you been pregnant or gotten someone pregnant?

- A. 0 times
- B. 1 time
- C. 2 or more times
- D. Not sure

The next 10 questions ask about your HIV-related knowledge and skills.

58. Can people protect themselves from HIV infection or AIDS by not having sexual intercourse?

- A. Yes
- B. No
- C. I do not know

59. Can people protect themselves from HIV infection or AIDS by using a condom correctly every time they have sexual intercourse?

- A. Yes
- B. No
- C. I do not know

60. Can people protect themselves from HIV infection or AIDS by having one uninfected faithful partner?

- A. Yes
- B. No
- C. I do not know

61. Can people get HIV infection or AIDS from mosquito bites?

- A. Yes
- B. No
- C. I do not know

62. Can people get HIV infection or AIDS by sharing a meal with someone who is infected?

- A. Yes
- B. No
- C. I do not know

63. Can a healthy-looking person be infected with HIV?

- A. Yes
- B. No
- C. I do not know

64. Can a pregnant woman with HIV infection or AIDS infect her unborn child?

- A. Yes
- B. No
- C. I do not know

65. Can a woman with HIV infection or AIDS infect her newborn child while breastfeeding?

- A. Yes
- B. No
- C. I do not know

66. Do you know how to tell someone you do not want to have sexual intercourse with them?

- A. Yes
- B. No
- C. I do not know

67. Do you know how to tell someone you do not want to have sexual intercourse with them **unless** a condom is used?

- A. Yes
- B. No
- C. I do not know

The next 11 questions ask about what you were taught in school about HIV infection or AIDS.

68. During this school year, were you taught in any of your classes how to avoid HIV infection or AIDS?

- A. Yes
- B. No
- C. I do not know

69. During this school year, were you taught in any of your classes how HIV infection or AIDS passes from one person to another?

- A. Yes
- B. No
- C. I do not know

70. During this school year, were you taught in any of your classes the benefits of **not** having sexual intercourse?

- A. Yes
- B. No
- C. I do not know

71. During this school year, were you taught in any of your classes about the effectiveness of condoms?

- A. Yes
- B. No
- C. I do not know

72. During this school year, were you taught in any of your classes how many people have HIV infection or AIDS?

- A. Yes
- B. No
- C. I do not know

73. During this school year, were you taught in any of your classes how to tell someone you do not want to have sexual intercourse with them?

- A. Yes
- B. No
- C. I do not know

74. During this school year, were you taught in any of your classes how to tell someone you do not want to have sexual intercourse **unless** a condom or is used?

- A. Yes
- B. No
- C. I do not know

75. During this school year, were you taught in any of your classes the importance of being kind and supportive to persons with HIV infection or AIDS?

- A. Yes
- B. No
- C. I do not know

76. During this school year, were you taught in any of your classes the signs and symptoms of HIV infection or AIDS?

- A. Yes
- B. No
- C. I do not know

77. During this school year, were you taught in any of your classes how to support policies and programs that will help prevent HIV infection or AIDS?

- A. Yes
- B. No
- C. I do not know

78. During this school year, were you taught in any of your classes where to get tested for HIV infection or AIDS?

- A. Yes
- B. No
- C. I do not know

79. From where do you get most of your information about HIV infection or AIDS, sexually transmitted infections, and pregnancy?

- A. Television or radio
- B. Newspaper or magazines
- C. School
- D. Friends
- E. Family
- F. Pharmacies, clinics, or hospitals
- G. Somewhere else