

STEPwise Approach to Non-Communicable Diseases Risk Factor Surveillance 2018

Ministry of Public Health

report_generated_on: November 20, 2023

visit_data_catalog_at: <http://catalog.ihsn.org/>

Identification

SURVEY ID NUMBER
ECU_2018_STEPS_v01_M

TITLE
STEPwise Approach to Non-Communicable Diseases Risk Factor Surveillance 2018

COUNTRY

Name	Country code
Ecuador	ECU

STUDY TYPE
Other Household Survey [hh/oth]

SERIES INFORMATION
This is the second STEPS conducted by Ecuador.

ABSTRACT
STEPS is a household-based survey to obtain core data on the established risk factors that determine the major burden of NCDs.

KIND OF DATA
Sample survey data [ssd]

UNIT OF ANALYSIS
Individuals

Version

VERSION DESCRIPTION
Public-use dataset

Scope

NOTES
The following topics were included in the survey: tobacco use, alcohol consumption, diet, physical activity, history of raised blood glucose, history of raised blood pressure, history of raised total cholesterol, history of cardiovascular diseases, lifestyle advice, and cervical cancer screening. Additionally, the following measures were taken: blood pressure, height, weight, waist circumference, heart rate, fasting blood glucose and total cholesterol. Finally, the following optional modules were included: tobacco policy, oral health and cancer screening.

TOPICS

Topic	Vocabulary
STEPS	Survey

KEYWORDS

Keyword
noncommunicable diseases
risk factors
health surveys
tobacco use

alcohol use
diet
nutrition
salt
physical activity
blood pressure
cervical cancer
overweight
obesity
diabetes
hypertension
cardiovascular disease
blood glucose
cholesterol
tobacco policy
oral health

Coverage

GEOGRAPHIC COVERAGE

National coverage

UNIVERSE

Adults aged 18-69 years.

Producers and sponsors

PRIMARY INVESTIGATORS

Name
Ministry of Public Health

Sampling

SAMPLING PROCEDURE

A multistage cluster sample design was used to produce representative data for the target age range in Ecuador. Please refer to pages 17-18 of the report for further information.

RESPONSE RATE

The overall response rate was 69.4%.

WEIGHTING

Analysis weights were calculated by taking the inverse of the probability of selection of each participant. These weights were adjusted for differences in the age-sex composition of the sample population as compared to the target population.

Different weight variables are available per Step:

wStep1 - for interview data

wStep2 - for physical measures

wStep3 - for biochemical measures

This allows for differences in the weight calculation for each Step of the survey as the age-sex composition of the respondents to each Step can differ slightly due to refusal or drop out.

data_collection

DATES OF DATA COLLECTION

Start	End
2018-05	2018-06

DATA COLLECTION MODE

Face-to-face [f2f]

DATA COLLECTION NOTES

Cardiochek devices were used for the blood measures in Step 3.

Access policy

CONTACTS

Name	Affiliation	Email	URL
NCD Surveillance Team	World Health Organization	ncdmonitoring@who.int	Link

ACCESS CONDITIONS

The user undertakes:

- (1) to acknowledge the data source.
- (2) to share any planned publications with WHO prior to publication.
- (3) to offer co-authorship of any reports or publications using the survey results to the coordinator of the survey.
- (4) to use the data for non-commercial, not-for-profit public health purposes only.

CITATION REQUIREMENTS

Publications based on STEPS data should cite the survey report (if available) and acknowledge the data source in the following manner:

"This paper uses data from the [country] [year] STEPS survey, implemented by [implementing agency] with the support of the World Health Organization."

ACCESS AUTHORITY

Name	Affiliation	Email	URL
NCD Surveillance Team	World Health Organization	ncdmonitoring@who.int	Link

Disclaimer and copyrights

DISCLAIMER

The data is being distributed without warranty of any kind. The responsibility for the use of the data lies with the user. In no event shall the World Health Organization be liable for damages arising from its use.

Metadata production

DDI DOCUMENT ID

DDI_ECU_2018_STEPS_v01_M

PRODUCERS

Name	Abbreviation	Affiliation	Role
Yue Wu		World Health Organization	Documentation of data
Melanie Cowan		World Health Organization	Supervision and review of metadata and documentation of study
Development Economics Data Group	DECDG	The World Bank	Metadata adapted for World Bank Microdata Library

DATE OF METADATA PRODUCTION

2020-08-14

DDI DOCUMENT VERSION

Identical to a metadata (ECU_2018_STEPS_v01) published on WHO NCD microdata repository (<http://extranet.who.int/ncdsmicrodata/index.php/catalog>). Some of the metadata fields have been edited.

data_dictionary

Data file	Cases	variables
ecu2018	4638	225

Data file: ecu2018

Cases: 4638

variables: 225

variables

ID	Name	Label	Question
V674	pid	participant ID - unique record ID	
V675	psu	psu	
V676	stratum	stratum	
V677	sex	sex	
V678	age	age for analysis	
V679	c4	yrs of education	
V680	c5	highest level of education	
V681	c6	ethnic group	
V682	c6other	specify other ethnic group	
V683	c7	marital status	
V684	c8	work status	
V685	c9	adults older than 18yrs in household	
V686	c10	household earnings	
V687	c10type	household earnings - unit of time	
V688	x1	estimated monthly household income (range)	
V689	t1	current smoking	
V690	t2	current daily smoking	
V691	t3	age started smoking	
V692	t4	time since started smoking	
V693	t4type	time since started smoking - unit of time	
V694	t5a	manufactured cigs smoked per day	
V695	t5aw	manufactured cigs smoked per week	
V696	t5b	hand-rolled cigs smoked per day	
V697	t5bw	hand-rolled cigs smoked per week	
V698	t5c	pipes smoked per day	
V699	t5cw	pipes smoked per week	
V700	t5d	cigars smoked per day	
V701	t5dw	cigars smoked per week	
V702	t5e	shisha sessions per day	
V703	t5ew	shisha sessions per week	
V704	t5f	other smoked per day	
V705	t5fw	other smoked per week	
V706	t5other	specify other product smoked	
V707	t6	stop smoking attempt in past 12 mos	
V708	t7	advised by MD to stop smoking	
V709	t8	past smoking	
V710	t9	past daily smoking	
V711	t10	age quit smoking	

ID	Name	Label	Question
V712	t11	time since quitting smoking	
V713	t11a	time since quitting smoking (years)	
V714	t11b	time since quitting smoking (months)	
V715	t11c	time since quitting smoking (weeks)	
V716	t11type	time since quitting smoking - unit of time	
V717	t12	current smokeless tobacco use	
V718	t13	current daily smokeless tobacco use	
V719	t14a	Snuff, by mouth times per day	
V720	t14aw	Snuff, by mouth times per week	
V721	t14b	Snuff, by nose times per day	
V722	t14bw	Snuff, by nose times per week	
V723	t14c	Chewing tobacco times per day	
V724	t14cw	Chewing tobacco times per week	
V725	t14d	Betel, quid times per day	
V726	t14dw	Betel, quid times per week	
V727	t14e	other smokeless product per day	
V728	t14ew	other smokeless product per week	
V729	t14other	specify other tobacco product used	
V730	t17	exposed to smoke in home	
V731	t18	exposed to smoke at work	
V732	x2	using electronic cigarettes	
V733	tp1a	notice info on dangers of smoking in newspapers, magazines	
V734	tp1b	notice info on dangers of smoking on TV	
V735	tp1c	notice info on dangers of smoking on radio	
V736	tp2	noticed cig ads	
V737	tp3a	notice cig promos: free samples	
V738	tp3b	notice cig promos: cigs on sale	
V739	tp3c	notice cig promos: coupons	
V740	tp3d	notice cig promos: free gifts	
V741	tp3e	notice cig promos: branded clothing	
V742	tp3f	notice cig promos: in the mail	
V743	tp4	noticed health warnings on cig packs	
V744	tp5	thought about quitting due to health warning	
V745	tp6	number of cigs bought last purchase	
V746	tp7	price paid for last cig purchase	
V747	a1	ever drank alcohol	
V748	a2	drank alcohol in past 12 mos	
V749	a3	stopped drinking due to health reasons	
V750	a4	freq drinking in past 12 mos	
V751	a5	drank alcohol in past 30 days	
V752	a6	number drinking occasions past 30 days	
V753	a7	average number drinks per occasion past 30 days	
V754	a8	largest number drinks past 30 days	
V755	a9	times drank 6+ drinks in single occasion past 30 days	
V756	a10a	number of drinks consumed last Monday	

ID	Name	Label	Question
V757	a10b	number of drinks consumed last Tuesday	
V758	a10c	number of drinks consumed last Wednesday	
V759	a10d	number of drinks consumed last Thursday	
V760	a10e	number of drinks consumed last Friday	
V761	a10f	number of drinks consumed last Saturday	
V762	a10g	number of drinks consumed last Sunday	
V763	a11	drank undeclared alcohol in past 7 days	
V764	a12a	number of homebrewed spirits in past 7 days	
V765	a12b	number of homebrewed beer or wine in past 7 days	
V766	a12c	number of drinks from over the border in past 7 days	
V767	a12d	number of drinks of alcohol not intended for consumption in past 7 days	
V768	a12e	number of drinks of other untaxed alcohol in past 7 days	
V769	a13	unable to stop drinking in past 12 mos	
V770	a14	failed to do what was expected due to drinking in past 12 mos	
V771	a15	needing drink first thin in morning in past 12 mos	
V772	a16	family problems with alcohol in past 12 mos	
V773	d1	days fruit eaten per week	
V774	d2	servings fruit eaten per day	
V775	d3	days veg eaten per week	
V776	d4	servings veg eaten per day	
V777	d5	adding salt when eating	
V778	d6	adding salt when cooking	
V779	d6a	adding salty sauce when cooking	
V780	d7	eating processed foods high in salt	
V781	d8	how much salt consumed	
V782	d11a	limit processed food consumption	
V783	d11b	look at salt content on labels	
V784	d11c	buy low salt alternative	
V785	d11d	use spices instead of salt	
V786	d11e	avoid eating out	
V787	d11f	do other things to control salt intake	
V788	d11other	specify other	
V789	p1	vig activity at work	
V790	p2	vig activity at work: days per week	
V791	p3a	vig activity at work: hours per day	
V792	p3b	vig activity at work: mins per day	
V793	p4	mod activity at work	
V794	p5	mod activity at work: days per week	
V795	p6a	mod activity at work: hours per day	
V796	p6b	mod activity at work: mins per day	
V797	p7	active transport	
V798	p8	active transport: days per week	
V799	p9a	active transport: hours per day	
V800	p9b	active transport: mins per day	
V801	p10	vig leisure activity	

ID	Name	Label	Question
V802	p11	vig leisure activity: days per week	
V803	p12a	vig leisure activity: hours per day	
V804	p12b	vig leisure activity: mins per day	
V805	p13	mod leisure activity	
V806	p14	mod leisure activity: days per week	
V807	p15a	mod leisure activity: hours per day	
V808	p15b	mod leisure activity: mins per day	
V809	p16a	sedentary time: hours per day	
V810	p16b	sedentary time: mins per day	
V811	h1	BP measured	
V812	h2a	told had high BP	
V813	h2b	told had high BP in past 12 mos	
V814	h3	taken meds for high BP	
V815	h4	seen trad'l healer for high BP	
V816	h5	taking trad'l meds for high BP	
V817	h6	gluc measured	
V818	h7a	told had high gluc	
V819	h7b	told had high gluc in past 12 mos	
V820	h8	taken meds for high gluc	
V821	h9	taking insulin for high gluc	
V822	h10	seen trad'l healer for high gluc	
V823	h11	taking trad'l meds for high gluc	
V824	h11a	had two glycated hemoglobin tests in past 12 mos	
V825	h11b	eyes last examined	
V826	h11c	feet last examined	
V827	h12	chol measured	
V828	h13a	told had high chol	
V829	h13b	told had high chol in past 12 mos	
V830	h14	taken meds for high chol	
V831	h15	seen trad'l healer for high chol	
V832	h16	taking trad'l meds for high chol	
V833	h17	had heart attack or stroke	
V834	h18	currently taking aspirin	
V835	h19	currently taking statins	
V836	h20	saw doctor or health worker in past 12 mos	
V837	h20a	advised to not smoke	
V838	h20b	advised to reduce salt	
V839	h20c	advised to eat fruit/veg	
V840	h20d	advised to reduce fat	
V841	h20e	advised to do pa	
V842	h20f	advised to lose weight	
V843	h20g	advised to reduce sugary beverages	
V844	cx1	cerv cancer screening	
V845	s1	had faecal occult blood test	
V846	s2	had colonoscopy	

ID	Name	Label	Question
V847	s3	men: had prostate exam	
V848	s4	women: taught how to examine breast	
V849	s5	last time breast examined	
V850	s6	last time had mammogram	
V851	o1	number natural teeth	
V852	o2	state of teeth	
V853	o3	state of gums	
V854	o4	has removable dentures	
V855	o5a	has upper denture	
V856	o5b	has lower denture	
V857	o6	pain in teeth, gums or mouth in past 12 mos	
V858	o7	time since last dentist visit	
V859	o8	main reason for last dentist visit	
V860	o8other	other reason for dentist visit	
V861	o9	frequency of cleaning teeth	
V862	o10	use toothpaste to clean teeth	
V863	o11	toothpaste used has fluoride	
V864	o13a	had problem in past 12 mos: Difficulty in chewing foods	
V865	o13b	had problem in past 12 mos: Difficulty with speech/trouble pronouncing words	
V866	o13c	had problem in past 12 mos: Felt tense because of problems with teeth or mouth	
V867	o13f	had problem in past 12 mos: Sleep is often interrupted	
V868	o13g	had problem in past 12 mos: Days not at work because of teeth or mouth	
V869	o13i	had problem in past 12 mos: Less tolerant of spouse or people close to you	
V870	o13j	had problem in past 12 mos: Reduced participation in social activities	
V871	m3	cuff size	
V872	m4a	BP reading 1: systolic	
V873	m4b	BP reading 1: diastolic	
V874	m5a	BP reading 2: systolic	
V875	m5b	BP reading 2: diastolic	
V876	m6a	BP reading 3: systolic	
V877	m6b	BP reading 3: diastolic	
V878	m7	took raised BP meds in past 2 weeks	
V879	m8	pregnant	
V880	m9	interviewer ID	
V881	m10a	height device ID	
V882	m10b	weight device ID	
V883	m11	height (cm)	
V884	m12	weight (kg)	
V885	m13	waist circ device ID	
V886	m14	waist circumference (cm)	
V887	m16a	heart rate reading 1	
V888	m16b	heart rate reading 2	
V889	m16c	heart rate reading 3	
V890	b1	fasting for past 12 hrs	
V891	b5	fasting blood glucose (mg/dl)	

ID	Name	Label	Question
V892	b6	took insulin today	
V893	b8	total cholesterol (mg/dl)	
V894	b9	chol meds taken in past 2 weeks	
V895	wstep1	final analysis weight for step 1 variables (interview)	
V896	wstep2	final analysis weight for step 2 variables (physical measures)	
V897	wstep3	final analysis weight for step 3 variables (biochemical measures)	
V898	agerange	ageranges for which survey was designed	

total: 225

PID: participant ID - unique record ID**Data file: ecu2018****Overview**

Valid: 4638 Invalid: 0

Type: Discrete Width: 8 Range: - Format: character

PSU: psu**Data file: ecu2018****Overview**

Valid: 4638 Invalid: 0

Type: Discrete Width: 12 Range: - Format: character

Questions and instructions

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100450006101		13	0.3%
100452900601		16	0.3%
100456000101		16	0.3%
100457000202		13	0.3%
100457901101		9	0.2%
100457901188		9	0.2%
100552900401		14	0.3%
110150001901		11	0.2%

110150008202		5	0.1%
110150027503		11	0.2%
110250000902		12	0.3%
110250001801		15	0.3%
110350002002		9	0.2%
110350002005		14	0.3%
110850001001		10	0.2%
110950000702		11	0.2%
110956900201		9	0.2%
111050900201		10	0.2%
111155900401		8	0.2%
111450900301		13	0.3%
120150001902		10	0.2%
120150013901		9	0.2%
120154901101		13	0.3%
120154902002		13	0.3%
120154903701		13	0.3%
120155000503		10	0.2%
120350900201		12	0.3%
120350902901		10	0.2%
120550002403		11	0.2%
120550003701		11	0.2%
120550004402		13	0.3%
120550016402		11	0.2%
120553900401		12	0.3%
120651001401		11	0.2%
120750001102		9	0.2%
120850906502		13	0.3%
120851000202		12	0.3%
120851902401		12	0.3%
120950900801		8	0.2%
121050001903		11	0.2%
121050003801		14	0.3%
121150003002		11	0.2%
121250001501		11	0.2%
130150001703		9	0.2%
130150006303		10	0.2%
130150015203		12	0.3%
130150017102		13	0.3%

130150026401		13	0.3%
130150028502		12	0.3%
130150028602		5	0.1%
130150901802		14	0.3%
130150904201		15	0.3%
130151902002		15	0.3%
130153001603		11	0.2%
130154900302		12	0.3%
130250001202		12	0.3%
130350001102		11	0.2%
130350001202		13	0.3%
130350002602		12	0.3%
130350007802		8	0.2%
130350009502		12	0.3%
130350009602		8	0.2%
130350009802		14	0.3%
130353900501		10	0.2%
130355901501		10	0.2%
130550000602		9	0.2%
130550000903		11	0.2%
130750000501		11	0.2%
130750901501		13	0.3%
130750901601		10	0.2%
130850014902		8	0.2%
130850025802		8	0.2%
130850039602		10	0.2%
130950009402		6	0.1%
130952000201		10	0.2%
131150900101		10	0.2%
131350900901		10	0.2%
131453000402		9	0.2%
131550001301		9	0.2%
131550902102		11	0.2%
131752000201		15	0.3%
140150002003		12	0.3%
140150002101		12	0.3%
140150003102		12	0.3%
140250000703		9	0.2%
140255900102		5	0.1%

150350000301		9	0.2%
150352901701		14	0.3%
150451000201		9	0.2%
150750000102		11	0.2%
160150001402		12	0.3%
160152900401		12	0.3%
160252000104		13	0.3%
160252001001		12	0.3%
170150004902		8	0.2%
170150006901		11	0.2%
170150008301		8	0.2%
170150008601		5	0.1%
170150016901		10	0.2%
170150022802		6	0.1%
170150022901		10	0.2%
170150035601		10	0.2%
170150037201		11	0.2%
170150049901		11	0.2%
170150059902		9	0.2%
170150062201		7	0.2%
170150078901		11	0.2%
170150082502		10	0.2%
170150086701		5	0.1%
170150087801		12	0.3%
170150098102		8	0.2%
170150106801		9	0.2%
170150113102		8	0.2%
170150114703		14	0.3%
170150118102		9	0.2%
170150124101		7	0.2%
170150124401		9	0.2%
170150134701		8	0.2%
170150137501		9	0.2%
170150150501		10	0.2%
170150160302		10	0.2%
170150164004		9	0.2%
170150166402		9	0.2%
170150188103		11	0.2%
170150194801		10	0.2%

170150197702		6	0.1%
170150242801		13	0.3%
170150246901		6	0.1%
170150265002		16	0.3%
170150265301		15	0.3%
170150268901		6	0.1%
170150281301		12	0.3%
170150305002		8	0.2%
170150313202		10	0.2%
170150321302		14	0.3%
170150322701		13	0.3%
170150323502		11	0.2%
170150325302		16	0.3%
170150332601		9	0.2%
170150333101		13	0.3%
170150335601		12	0.3%
170150340801		13	0.3%
170150346201		15	0.3%
170150352202		10	0.2%
170150358702		15	0.3%
170150373502		13	0.3%
170150376401		13	0.3%
170150382601		15	0.3%
170151003801		12	0.3%
170151900201		12	0.3%
170151900401		10	0.2%
170152008501		11	0.2%
170152900201		12	0.3%
170155025301		9	0.2%
170155026002		9	0.2%
170155034004		9	0.2%
170159900702		15	0.3%
170160900102		13	0.3%
170163080701		14	0.3%
170164901302		16	0.3%
170181900101		16	0.3%
170184108801		11	0.2%
170184906101		13	0.3%
170184906402		15	0.3%

170185105002		14	0.3%
170185901102		13	0.3%
170250009701		15	0.3%
170250011801		15	0.3%
170350901402		15	0.3%
170352012602		13	0.3%
170353020801		14	0.3%
170451025502		13	0.3%
170453025201		16	0.3%
170550043002		13	0.3%
170550046802		10	0.2%
180150021702		10	0.2%
180150024201		7	0.2%
180150031401		8	0.2%
180150032602		5	0.1%
180150037702		10	0.2%
180150039402		10	0.2%
180150041403		9	0.2%
180156901401		10	0.2%
180159900701		10	0.2%
180163900401		12	0.3%
180165901501		9	0.2%
180650901501		9	0.2%
180650903801		11	0.2%
180651901101		8	0.2%
180850901802		13	0.3%
180855901801		8	0.2%
190150001901		9	0.2%
190553000101		10	0.2%
190651900301		11	0.2%
190853000103		12	0.3%
210150002003		16	0.3%
210150002701		16	0.3%
210150006802		15	0.3%
210150008602		15	0.3%
210150901201		14	0.3%
210150901202		14	0.3%
220150001301		11	0.2%
220350000702		10	0.2%

220350002101		13	0.3%
220357900501		12	0.3%
230150000101		7	0.2%
230150016002		10	0.2%
230150022301		13	0.3%
230150031202		10	0.2%
230150038501		13	0.3%
230150042502		9	0.2%
230150043501		5	0.1%
230150048202		13	0.3%
230150052102		13	0.3%
230150055601		5	0.1%
230152901302		12	0.3%
230154900401		10	0.2%
240150004801		10	0.2%
240152000704		12	0.3%
240152900402		14	0.3%
240154002002		13	0.3%
240154002401		11	0.2%
240250012002		12	0.3%
240250012502		13	0.3%
240250013501		6	0.1%
240350003702		6	0.1%
240352000701		12	0.3%
900151000301		12	0.3%
900151900102		6	0.1%
900351000201		14	0.3%
900451900401		13	0.3%

STRATUM: stratum**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0 Minimum: 1 Maximum: 90 Mean: 12.747 Standard deviation: 9.399
 Type: Continuous Decimal: 0 Range: 1 - 90 Format: Numeric

SEX: sex**Data file:** ecu2018

Overview

Valid: 4638 Invalid: 0
 Type: Discrete Width: 5 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
Men		1944	41.9%
Women		2694	58.1%

AGE: age for analysis

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0 Minimum: 18 Maximum: 69 Mean: 40.917 Standard deviation: 14.281
 Type: Continuous Decimal: 0 Range: 18 - 69 Format: Numeric

C4: yrs of education

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0
 Type: Discrete Decimal: 0 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		147	3.2%
1		53	1.1%
2		101	2.2%
3		123	2.7%
4		91	2%
5		60	1.3%
6		1276	27.5%
7		78	1.7%
8		100	2.2%
9		233	5%
10		130	2.8%
11		120	2.6%

12		1082	23.3%
13		145	3.1%
14		120	2.6%
15		144	3.1%
16		121	2.6%
17		186	4%
18		203	4.4%
19		38	0.8%
20		42	0.9%
21		8	0.2%
22		11	0.2%
23		3	0.1%
24		5	0.1%
25		1	0%
26		1	0%
27		3	0.1%
30		2	0%
77	Don't know	11	0.2%

C5: highest level of education

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Sin escolarizaci3n oficial	455	9.8%
2	Centro de alfabetizaci3n	58	1.3%
3	Primaria	1759	37.9%
4	Educaci3n b3sica	180	3.9%
5	Secundaria	929	20%
6	Educaci3n media/Bachillerato	609	13.1%
7	Superior no Universitario	95	2%
8	Superior Universitario	489	10.5%
9	Postgrado	60	1.3%

88	No Sabe/No responde	4	0.1%
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C6: ethnic group

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0
Type: Discrete Decimal: 0 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Indígena	378	8.2%
2	Afroecuatoriano/Afrodescendiente	81	1.7%
3	Negro/a	73	1.6%
4	Mulato/a	73	1.6%
5	Montubio/a	335	7.2%
6	Mestizo/a	3567	76.9%
7	Blanco/a	119	2.6%
8	Otro	10	0.2%
88	Se nega a responder	2	0%

C6OTHER: specify other ethnic group

Data file: ecu2018

Overview

Valid: 10 Invalid: 0
Type: Discrete Width: 14 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
Arabe		1	10%
Cayambi		1	10%
Chino		2	20%
Ecuatoriana		1	10%
Nativa Quichua		1	10%
Oriente		1	10%

Serrano		1	10%
Shuar		2	20%

C7: marital status

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0
Type: Discrete Decimal: 0 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Nunca se ha casado	1319	28.4%
2	Actualmente casado o casada	1519	32.8%
3	Separado o separada	427	9.2%
4	Divorciado o divorciada	200	4.3%
5	Viudo o viuda	173	3.7%
6	Unión libre	995	21.5%
88	Se nega a responder	5	0.1%

C8: work status

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0
Type: Discrete Decimal: 0 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Empleado del sector público	292	6.3%
2	Empleado del sector privado	1083	23.4%
3	Trabaja por cuenta propia	1575	34%
4	Trabaja sin remuneración	57	1.2%
5	Estudia	256	5.5%
6	Ama de casa	1022	22%
7	Jubilado o jubilada	79	1.7%

8	Desempleado o desempleada (en condiciones de trabajar)	221	4.8%
9	Desempleado o desempleada (incapaz de trabajar)	49	1.1%
88	Se negÃ³ a responder	4	0.1%

C9: adults older than 18yrs in household

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0
Type: Discrete Decimal: 0 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		1087	23.4%
2		2080	44.8%
3		920	19.8%
4		362	7.8%
5		126	2.7%
6		47	1%
7		9	0.2%
8		2	0%
9		1	0%
12		1	0%
77	don't know	2	0%
88	refused	1	0%

C10: household earnings

Data file: ecu2018

Overview

Valid: 4184 Invalid: 454 Minimum: 8 Maximum: 40000 Mean: 529.432 Standard deviation: 1136.007
Type: Continuous Decimal: 0 Range: 8 - 40000 Format: Numeric

C10TYPE: household earnings - unit of time

Data file: ecu2018

Overview

Valid: 4635 Invalid: 0

Type: Discrete Width: 5 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
77		313	6.8%
88		138	3%
month		3306	71.3%
week		844	18.2%
year		34	0.7%

X1: estimated monthly household income (range)

Data file: ecu2018

Overview

Valid: 454 Invalid: 4184

Type: Discrete Decimal: 0 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	'Â¿De 0 a 375?	233	51.3%
2	Â¿De 376 a 724?	46	10.1%
3	Â¿De 725 a 1087?	22	4.8%
4	Â¿De 1088 a 1449?	4	0.9%
5	Â¿Mayor a 1449?	3	0.7%
77	No sabe	64	14.1%
88	Se negÃ³ a responder	82	18.1%
Sysmiss		4184	

T1: current smoking

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	585	12.6%
2	No	4053	87.4%

T2: current daily smoking

Data file: ecu2018

Overview

Valid: 585 Invalid: 4053

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	161	27.5%
2	No	424	72.5%
Sysmiss		4053	

T3: age started smoking

Data file: ecu2018

Overview

Valid: 585 Invalid: 4053

Type: Discrete Decimal: 0 Range: 8 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
8		1	0.2%
9		1	0.2%
10		1	0.2%
11		4	0.7%
12		16	2.7%
13		21	3.6%
14		27	4.6%

15		50	8.5%
16		51	8.7%
17		67	11.5%
18		125	21.4%
19		25	4.3%
20		59	10.1%
21		14	2.4%
22		23	3.9%
23		2	0.3%
24		4	0.7%
25		31	5.3%
26		9	1.5%
27		4	0.7%
28		5	0.9%
30		12	2.1%
32		2	0.3%
34		1	0.2%
35		12	2.1%
38		1	0.2%
39		2	0.3%
40		3	0.5%
45		3	0.5%
46		1	0.2%
77	Don't know	8	1.4%
Sysmiss		4053	

T4: time since started smoking

Data file: ecu2018

Overview

Valid: 2 Invalid: 4636

Type: Discrete Decimal: 0 Range: 8 - 20 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
8		1	50%
20		1	50%

Sysmiss		4636	
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T4TYPE: time since started smoking - unit of time

Data file: ecu2018

Overview

Valid: 8 Invalid: 0

Type: Discrete Width: 5 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
77		6	75%
years		2	25%

T5A: manufactured cigs smoked per day

Data file: ecu2018

Overview

Valid: 161 Invalid: 4477 Minimum: 0 Maximum: 40 Mean: 5.062 Standard deviation: 5.859

Type: Continuous Decimal: 0 Range: 0 - 40 Format: Numeric

T5AW: manufactured cigs smoked per week

Data file: ecu2018

Overview

Valid: 428 Invalid: 4210

Type: Discrete Decimal: 0 Range: 0 - 777 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		112	26.2%
1		110	25.7%
2		56	13.1%
3		29	6.8%
4		21	4.9%
5		27	6.3%

6		11	2.6%
7		5	1.2%
8		4	0.9%
10		25	5.8%
12		1	0.2%
14		1	0.2%
15		2	0.5%
20		9	2.1%
24		1	0.2%
25		1	0.2%
40		3	0.7%
60		1	0.2%
777	Don't know	9	2.1%
Sysmiss		4210	

T5B: hand-rolled cigs smoked per day

Data file: ecu2018

Overview

Valid: 161 Invalid: 4477

Type: Discrete Decimal: 0 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		153	95%
1		1	0.6%
2		2	1.2%
5		2	1.2%
77	Don't know	3	1.9%
Sysmiss		4477	

T5BW: hand-rolled cigs smoked per week

Data file: ecu2018

Overview

Valid: 577 Invalid: 4061

Type: Discrete Decimal: 0 Range: 0 - 777 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		563	97.6%
1		7	1.2%
2		1	0.2%
3		1	0.2%
6		1	0.2%
777	Don't know	4	0.7%
Sysmiss		4061	

T5C: pipes smoked per day

Data file: ecu2018

Overview

Valid: 161 Invalid: 4477

Type: Discrete Decimal: 0 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		159	98.8%
77	Don't know	2	1.2%
Sysmiss		4477	

T5CW: pipes smoked per week

Data file: ecu2018

Overview

Valid: 583 Invalid: 4055

Type: Discrete Decimal: 0 Range: 0 - 777 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		579	99.3%
2		1	0.2%

3		1	0.2%
777	Don't know	2	0.3%
Sysmiss		4055	

T5D: cigars smoked per day

Data file: ecu2018

Overview

Valid: 161 Invalid: 4477

Type: Discrete Decimal: 0 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		159	98.8%
77	Don't know	2	1.2%
Sysmiss		4477	

T5DW: cigars smoked per week

Data file: ecu2018

Overview

Valid: 583 Invalid: 4055

Type: Discrete Decimal: 0 Range: 0 - 777 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		578	99.1%
1		2	0.3%
777	Don't know	3	0.5%
Sysmiss		4055	

T5E: shisha sessions per day

Data file: ecu2018

Overview

Valid: 161 Invalid: 4477

Type: Discrete Decimal: 0 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		158	98.1%
4		1	0.6%
77	Don't know	2	1.2%
Sysmiss		4477	

T5EW: shisha sessions per week

Data file: ecu2018

Overview

Valid: 582 Invalid: 4056

Type: Discrete Decimal: 0 Range: 0 - 777 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		571	98.1%
1		6	1%
2		2	0.3%
777	Don't know	3	0.5%
Sysmiss		4056	

T5F: other smoked per day

Data file: ecu2018

Overview

Valid: 161 Invalid: 4477

Type: Discrete Decimal: 0 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		150	93.2%
1		4	2.5%

3		1	0.6%
5		1	0.6%
6		1	0.6%
77	Don't know	4	2.5%
Sysmiss		4477	

T5FW: other smoked per week

Data file: ecu2018

Overview

Valid: 574 Invalid: 4064

Type: Discrete Decimal: 0 Range: 0 - 777 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		558	97.2%
1		6	1%
2		1	0.2%
3		1	0.2%
7		1	0.2%
10		1	0.2%
777	Don't know	6	1%
Sysmiss		4064	

T5OTHER: specify other product smoked

Data file: ecu2018

Overview

Valid: 17 Invalid: 0

Type: Discrete Width: 24 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		3	17.6%
6		1	5.9%
777		1	5.9%

Electronico		1	5.9%
Filtro y fuma lark		1	5.9%
LARK CON FILTRO		1	5.9%
Ninguno		3	17.6%
Ning��n		1	5.9%
No		1	5.9%
Normal		1	5.9%
Puros, pipas, cigarrillo		1	5.9%
Tabaco con filtro		1	5.9%
Tabaco llamado pueblo		1	5.9%

T6: stop smoking attempt in past 12 mos

Data file: ecu2018

Overview

Valid: 585 Invalid: 4053

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	320	54.7%
2	No	265	45.3%
Sysmiss		4053	

T7: advised by MD to stop smoking

Data file: ecu2018

Overview

Valid: 585 Invalid: 4053

Type: Discrete Decimal: 0 Range: 1 - 3 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	198	33.8%
2	no	287	49.1%
3	no visit in past 12 mos	100	17.1%

Sysmiss

4053

T8: past smoking**Data file:** ecu2018**Overview**

Valid: 4053 Invalid: 585

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1007	24.8%
2	No	3046	75.2%
Sysmiss		585	

T9: past daily smoking**Data file:** ecu2018**Overview**

Valid: 1431 Invalid: 3207

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	316	22.1%
2	No	1115	77.9%
Sysmiss		3207	

T10: age quit smoking**Data file:** ecu2018**Overview**

Valid: 1007 Invalid: 3631

Type: Discrete Decimal: 0 Range: 8 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
8		1	0.1%
10		3	0.3%
11		2	0.2%
12		1	0.1%
13		5	0.5%
14		7	0.7%
15		20	2%
16		20	2%
17		36	3.6%
18		86	8.5%
19		46	4.6%
20		97	9.6%
21		18	1.8%
22		46	4.6%
23		36	3.6%
24		27	2.7%
25		82	8.1%
26		19	1.9%
27		17	1.7%
28		22	2.2%
29		12	1.2%
30		70	7%
31		3	0.3%
32		17	1.7%
33		10	1%
34		14	1.4%
35		34	3.4%
36		7	0.7%
37		10	1%
38		15	1.5%
39		7	0.7%
40		54	5.4%
41		2	0.2%
42		12	1.2%
43		7	0.7%

44		4	0.4%
45		29	2.9%
46		4	0.4%
47		3	0.3%
48		5	0.5%
49		6	0.6%
50		24	2.4%
51		2	0.2%
52		4	0.4%
53		1	0.1%
54		5	0.5%
55		12	1.2%
56		2	0.2%
57		2	0.2%
58		6	0.6%
59		3	0.3%
60		12	1.2%
61		2	0.2%
62		2	0.2%
63		1	0.1%
65		3	0.3%
66		2	0.2%
67		1	0.1%
77	Don't know	7	0.7%
Sysmiss		3631	

T11: time since quitting smoking

Data file: ecu2018

Overview

Valid: 2 Invalid: 4636

Type: Discrete Decimal: 0 Range: 6 - 12 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
6		1	50%
12		1	50%

Sysmiss		4636	
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T11A: time since quitting smoking (years)

Data file: ecu2018

Overview

Valid: 7 Invalid: 4631

Type: Discrete Decimal: 0 Range: 6 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
6		1	14.3%
12		1	14.3%
77	Don't know	5	71.4%
Sysmiss		4631	

T11B: time since quitting smoking (months)

Data file: ecu2018

Overview

Valid: 5 Invalid: 4633

Type: Discrete Decimal: 0 Range: 77 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
77	Don't know	5	100%
Sysmiss		4633	

T11C: time since quitting smoking (weeks)

Data file: ecu2018

Overview

Valid: 5 Invalid: 4633

Type: Discrete Decimal: 0 Range: 77 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
77	Don't know	5	100%
Sysmiss		4633	

T11TYPE: time since quitting smoking - unit of time

Data file: ecu2018

Overview

Valid: 7 Invalid: 0

Type: Discrete Width: 5 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
77		5	71.4%
years		2	28.6%

T12: current smokeless tobacco use

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	2	0%
2	No	4636	100%

T13: current daily smokeless tobacco use

Data file: ecu2018

Overview

Valid: 2 Invalid: 4636

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	0	0%
2	No	2	100%
Sysmiss		4636	

T14A: Snuff, by mouth times per day

Data file: ecu2018

Overview

Valid: 0 Invalid: 4638

Type: Discrete Decimal: 0 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

T14AW: Snuff, by mouth times per week

Data file: ecu2018

Overview

Valid: 2 Invalid: 4636

Type: Discrete Decimal: 0 Range: 1 - 1 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		2	100%
Sysmiss		4636	

T14B: Snuff, by nose times per day

Data file: ecu2018

Overview

Valid: 0 Invalid: 4638

Type: Discrete Decimal: 0 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

T14BW: Snuff, by nose times per week**Data file: ecu2018****Overview**

Valid: 2 Invalid: 4636

Type: Discrete Decimal: 0 Range: 0 - 0 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		2	100%
Sysmiss		4636	

T14C: Chewing tobacco times per day**Data file: ecu2018****Overview**

Valid: 0 Invalid: 4638

Type: Discrete Decimal: 0 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

T14CW: Chewing tobacco times per week**Data file: ecu2018**

Overview

Valid: 2 Invalid: 4636

Type: Discrete Decimal: 0 Range: 0 - 0 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		2	100%
Sysmiss		4636	

T14D: Betel, quid times per day

Data file: ecu2018

Overview

Valid: 0 Invalid: 4638

Type: Discrete Decimal: 0 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

T14DW: Betel, quid times per week

Data file: ecu2018

Overview

Valid: 2 Invalid: 4636

Type: Discrete Decimal: 0 Range: 0 - 0 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		2	100%
Sysmiss		4636	

T14E: other smokeless product per day

Data file: ecu2018

Overview

Valid: 0 Invalid: 4638

Type: Discrete Decimal: 0 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

T14EW: other smokeless product per week**Data file: ecu2018****Overview**

Valid: 2 Invalid: 4636

Type: Discrete Decimal: 0 Range: 0 - 0 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		2	100%
Sysmiss		4636	

T14OTHER: specify other tobacco product used**Data file: ecu2018****Overview**

Valid: 0 Invalid: 4638

Type: Discrete Decimal: 0 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

T17: exposed to smoke in home**Data file: ecu2018**

Overview

Valid: 4638 Invalid: 0
 Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	440	9.5%
2	No	4198	90.5%

T18: exposed to smoke at work

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0
 Type: Discrete Decimal: 0 Range: 1 - 3 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	326	7%
2	no	3712	80%
3	don't work in closed area	600	12.9%

X2: using electronic cigarettes

Data file: ecu2018

Overview

Valid: 585 Invalid: 4053
 Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	13	2.2%
2	No	544	93%
77	Don't know	28	4.8%
Sysmiss		4053	

TP1A: notice info on dangers of smoking in newspapers, magazines**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0
 Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	2147	46.3%
2	No	2421	52.2%
77	Don't know	70	1.5%

TP1B: notice info on dangers of smoking on TV**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0
 Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	2668	57.5%
2	No	1871	40.3%
77	Don't know	99	2.1%

TP1C: notice info on dangers of smoking on radio**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0
 Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1997	43.1%
2	No	2475	53.4%
77	Don't know	166	3.6%

TP2: noticed cig ads

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0
Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1032	22.3%
2	No	3507	75.6%
77	Don't know	99	2.1%

TP3A: notice cig promos: free samples

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0
Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	166	3.6%
2	No	4392	94.7%
77	Don't know	80	1.7%

TP3B: notice cig promos: cigs on sale

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	392	8.5%
2	No	4121	88.9%
77	Don't know	125	2.7%

TP3C: notice cig promos: coupons

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	42	0.9%
2	No	4415	95.2%
77	Don't know	181	3.9%

TP3D: notice cig promos: free gifts

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	64	1.4%
2	No	4248	91.6%
77	Don't know	326	7%

TP3E: notice cig promos: branded clothing**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	219	4.7%
2	No	4120	88.8%
77	Don't know	299	6.4%

TP3F: notice cig promos: in the mail**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	25	0.5%
2	No	4279	92.3%
77	Don't know	334	7.2%

TP4: noticed health warnings on cig packs**Data file:** ecu2018**Overview**

Valid: 585 Invalid: 4053

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	534	91.3%

2	No	43	7.4%
3	Did not see any cigarette packages	5	0.9%
77	Don't know	3	0.5%
Sysmiss		4053	

TP5: thought about quitting due to health warning

Data file: ecu2018

Overview

Valid: 534 Invalid: 4104

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	427	80%
2	No	103	19.3%
77	Don't know	4	0.7%
Sysmiss		4104	

TP6: number of cigs bought last purchase

Data file: ecu2018

Overview

Valid: 585 Invalid: 4053

Type: Discrete Decimal: 0 Range: 1 - 7777 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		190	32.5%
2		91	15.6%
3		40	6.8%
4		19	3.2%
5		17	2.9%
6		12	2.1%
7		1	0.2%
8		2	0.3%

10		93	15.9%
12		1	0.2%
15		2	0.3%
20		68	11.6%
40		5	0.9%
50		1	0.2%
60		1	0.2%
200		1	0.2%
7777	Don't know	41	7%
Sysmiss		4053	

TP7: price paid for last cig purchase

Data file: ecu2018

Overview

Valid: 523 Invalid: 4115

Type: Discrete Decimal: 0 Range: 0.1 - 8888 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0.1		4	0.8%
0.12		1	0.2%
0.15		16	3.1%
0.2		10	1.9%
0.25		33	6.3%
0.3		27	5.2%
0.35		15	2.9%
0.4		22	4.2%
0.45		6	1.1%
0.5		70	13.4%
0.6		13	2.5%
0.65		1	0.2%
0.7		10	1.9%
0.75		11	2.1%
0.8		11	2.1%
0.85		1	0.2%
0.9		3	0.6%

0.95		1	0.2%
1		71	13.6%
1.05		2	0.4%
1.1		1	0.2%
1.2		8	1.5%
1.25		12	2.3%
1.28		1	0.2%
1.35		1	0.2%
1.4		3	0.6%
1.5		29	5.5%
1.6		1	0.2%
1.75		3	0.6%
1.8		1	0.2%
2		26	5%
2.05		1	0.2%
2.1		1	0.2%
2.25		1	0.2%
2.4		2	0.4%
2.5		12	2.3%
2.75		5	1%
2.8		3	0.6%
2.85		3	0.6%
2.9		1	0.2%
3		30	5.7%
3.25		1	0.2%
3.5		9	1.7%
3.75		3	0.6%
3.9		1	0.2%
4		6	1.1%
4.15		1	0.2%
4.5		2	0.4%
5		7	1.3%
5.4		2	0.4%
5.5		3	0.6%
5.6		1	0.2%
5.75		1	0.2%
5.8		1	0.2%
6		4	0.8%
6.5		1	0.2%

7		1	0.2%
8		1	0.2%
10		1	0.2%
30		1	0.2%
7777	Don't know	2	0.4%
8888	Refused	1	0.2%
Sysmiss		4115	

A1: ever drank alcohol

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0
 Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	3790	81.7%
2	No	848	18.3%

A2: drank alcohol in past 12 mos

Data file: ecu2018

Overview

Valid: 3790 Invalid: 848
 Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	2641	69.7%
2	No	1149	30.3%
Sysmiss		848	

A3: stopped drinking due to health reasons

Data file: ecu2018

Overview

Valid: 1149 Invalid: 3489

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	421	36.6%
2	No	728	63.4%
Sysmiss		3489	

A4: freq drinking in past 12 mos**Data file: ecu2018****Overview**

Valid: 2641 Invalid: 1997

Type: Discrete Decimal: 0 Range: 1 - 7 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Daily	8	0.3%
2	5-6 days per week	9	0.3%
3	3-4 days per week	14	0.5%
4	1-2 days per week	161	6.1%
5	1-3 days per month	336	12.7%
6	Less than once a month	2066	78.2%
7	never	47	1.8%
Sysmiss		1997	

A5: drank alcohol in past 30 days**Data file: ecu2018****Overview**

Valid: 2641 Invalid: 1997

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1647	62.4%
2	No	994	37.6%
Sysmiss		1997	

A6: number drinking occasions past 30 days

Data file: ecu2018

Overview

Valid: 1647 Invalid: 2991

Type: Discrete Decimal: 0 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		6	0.4%
1		923	56%
2		351	21.3%
3		124	7.5%
4		135	8.2%
5		27	1.6%
6		15	0.9%
7		5	0.3%
8		16	1%
9		1	0.1%
10		10	0.6%
12		11	0.7%
15		8	0.5%
20		4	0.2%
21		1	0.1%
24		1	0.1%
28		1	0.1%
30		3	0.2%
40		1	0.1%
50		1	0.1%

77	Don't know	3	0.2%
Sysmiss		2991	

A7: average number drinks per occasion past 30 days

Data file: ecu2018

Overview

Valid: 1641 Invalid: 2997

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		279	17%
2		235	14.3%
3		121	7.4%
4		127	7.7%
5		93	5.7%
6		91	5.5%
7		18	1.1%
8		94	5.7%
9		15	0.9%
10		109	6.6%
11		3	0.2%
12		90	5.5%
13		3	0.2%
14		11	0.7%
15		43	2.6%
16		15	0.9%
17		1	0.1%
18		17	1%
20		55	3.4%
21		1	0.1%
22		3	0.2%
23		2	0.1%
24		33	2%
25		30	1.8%
26		3	0.2%

28		2	0.1%
30		29	1.8%
31		1	0.1%
32		3	0.2%
33		2	0.1%
34		3	0.2%
35		1	0.1%
36		10	0.6%
40		11	0.7%
42		1	0.1%
44		1	0.1%
45		4	0.2%
46		1	0.1%
48		11	0.7%
50		41	2.5%
77	Don't know	28	1.7%
Sysmiss		2997	

A8: largest number drinks past 30 days

Data file: ecu2018

Overview

Valid: 1647 Invalid: 2991

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		388	23.6%
2		212	12.9%
3		121	7.3%
4		117	7.1%
5		79	4.8%
6		96	5.8%
7		10	0.6%
8		89	5.4%
9		12	0.7%
10		93	5.6%

11		2	0.1%
12		91	5.5%
13		3	0.2%
14		9	0.5%
15		43	2.6%
16		17	1%
18		15	0.9%
20		43	2.6%
21		2	0.1%
22		3	0.2%
23		1	0.1%
24		29	1.8%
25		23	1.4%
26		3	0.2%
28		2	0.1%
30		33	2%
32		3	0.2%
33		1	0.1%
34		1	0.1%
35		2	0.1%
36		6	0.4%
40		13	0.8%
42		1	0.1%
43		1	0.1%
45		3	0.2%
48		6	0.4%
50		38	2.3%
77	Don't know	36	2.2%
Sysmiss		2991	

A9: times drank 6+ drinks in single occasion past 30 days

Data file: ecu2018

Overview

Valid: 1647 Invalid: 2991

Type: Discrete Decimal: 0 Range: 0 - 77 Format: Numeric

Questions and instructions

Value	Category	Cases	
0		624	37.9%
1		585	35.5%
2		164	10%
3		64	3.9%
4		62	3.8%
5		14	0.9%
6		20	1.2%
7		6	0.4%
8		14	0.9%
9		2	0.1%
10		14	0.9%
12		14	0.9%
14		2	0.1%
15		7	0.4%
18		1	0.1%
20		1	0.1%
23		1	0.1%
24		3	0.2%
27		2	0.1%
30		3	0.2%
77	Don't know	44	2.7%
Sysmiss		2991	

A10A: number of drinks consumed last Monday

Data file: ecu2018

Overview

Valid: 1647 Invalid: 2991 Minimum: 0 Maximum: 35 Mean: 0.227 Standard deviation: 2.028
 Type: Continuous Decimal: 0 Range: 0 - 35 Format: Numeric

A10B: number of drinks consumed last Tuesday

Data file: ecu2018

Overview

Valid: 1647 Invalid: 2991
 Type: Discrete Decimal: 0 Range: 0 - 12 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		1613	97.9%
1		16	1%
2		1	0.1%
3		1	0.1%
5		4	0.2%
6		4	0.2%
8		4	0.2%
10		2	0.1%
12		2	0.1%
Sysmiss		2991	

A10C: number of drinks consumed last Wednesday

Data file: ecu2018

Overview

Valid: 1647 Invalid: 2991

Type: Discrete Decimal: 0 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		1603	97.3%
1		14	0.9%
2		7	0.4%
3		4	0.2%
5		2	0.1%
6		3	0.2%
7		1	0.1%
8		4	0.2%
9		2	0.1%
12		3	0.2%
15		1	0.1%
20		2	0.1%
77	Don't know	1	0.1%

Sysmiss

2991

A10D: number of drinks consumed last Thursday**Data file:** ecu2018**Overview**

Valid: 1647 Invalid: 2991 Minimum: 0 Maximum: 45 Mean: 0.284 Standard deviation: 2.057
 Type: Continuous Decimal: 0 Range: 0 - 45 Format: Numeric

A10E: number of drinks consumed last Friday**Data file:** ecu2018**Overview**

Valid: 1647 Invalid: 2991 Minimum: 0 Maximum: 50 Mean: 0.921 Standard deviation: 4.395
 Type: Continuous Decimal: 0 Range: 0 - 50 Format: Numeric

A10F: number of drinks consumed last Saturday**Data file:** ecu2018**Overview**

Valid: 1647 Invalid: 2991
 Type: Discrete Decimal: 0 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		1057	64.2%
1		219	13.3%
2		40	2.4%
3		43	2.6%
4		33	2%
5		19	1.2%
6		34	2.1%
7		3	0.2%
8		29	1.8%
9		1	0.1%
10		33	2%
11		1	0.1%
12		38	2.3%

13		1	0.1%
14		2	0.1%
15		11	0.7%
16		10	0.6%
18		8	0.5%
20		9	0.5%
22		1	0.1%
24		10	0.6%
25		8	0.5%
26		1	0.1%
28		2	0.1%
30		4	0.2%
31		1	0.1%
34		1	0.1%
35		1	0.1%
36		3	0.2%
40		6	0.4%
45		2	0.1%
48		2	0.1%
50		12	0.7%
77	Don't know	2	0.1%
Sysmiss		2991	

A10G: number of drinks consumed last Sunday

Data file: ecu2018

Overview

Valid: 1647 Invalid: 2991

Type: Discrete Decimal: 0 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		1328	80.6%
1		117	7.1%
2		31	1.9%
3		20	1.2%
4		17	1%

5		12	0.7%
6		19	1.2%
7		1	0.1%
8		18	1.1%
9		2	0.1%
10		20	1.2%
12		17	1%
13		1	0.1%
14		3	0.2%
15		6	0.4%
20		7	0.4%
21		1	0.1%
22		1	0.1%
24		3	0.2%
25		6	0.4%
28		1	0.1%
30		6	0.4%
33		1	0.1%
35		1	0.1%
40		1	0.1%
50		6	0.4%
77	Don't know	1	0.1%
Sysmiss		2991	

A11: drank undeclared alcohol in past 7 days

Data file: ecu2018

Overview

Valid: 1647 Invalid: 2991

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	131	8%
2	No	1516	92%
Sysmiss		2991	

A12A: number of homebrewed spirits in past 7 days**Data file:** ecu2018**Overview**

Valid: 131 Invalid: 4507

Type: Discrete Decimal: 0 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		12	9.2%
1		41	31.3%
2		12	9.2%
3		8	6.1%
4		6	4.6%
5		5	3.8%
6		7	5.3%
7		1	0.8%
8		7	5.3%
10		10	7.6%
12		4	3.1%
15		1	0.8%
20		3	2.3%
25		3	2.3%
30		3	2.3%
35		1	0.8%
38		1	0.8%
40		1	0.8%
50		3	2.3%
77	Don't know	2	1.5%
Sysmiss		4507	

A12B: number of homebrewed beer or wine in past 7 days**Data file:** ecu2018**Overview**

Valid: 131 Invalid: 4507 Minimum: 0 Maximum: 25 Mean: 0.763 Standard deviation: 2.922

Type: Continuous Decimal: 0 Range: 0 - 25 Format: Numeric

A12C: number of drinks from over the border in past 7 days**Data file:** ecu2018**Overview**

Valid: 131 Invalid: 4507

Type: Discrete Decimal: 0 Range: 0 - 8 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		129	98.5%
1		1	0.8%
8		1	0.8%
Sysmiss		4507	

A12D: number of drinks of alcohol not intended for consumption in past 7 days**Data file:** ecu2018**Overview**

Valid: 131 Invalid: 4507

Type: Discrete Decimal: 0 Range: 0 - 0 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		131	100%
Sysmiss		4507	

A12E: number of drinks of other untaxed alcohol in past 7 days**Data file:** ecu2018**Overview**

Valid: 131 Invalid: 4507

Type: Discrete Decimal: 0 Range: 0 - 0 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		131	100%

Sysmiss		4507	
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A13: unable to stop drinking in past 12 mos

Data file: ecu2018

Overview

Valid: 2641 Invalid: 1997

Type: Discrete Decimal: 0 Range: 1 - 5 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Daily or almost daily	6	0.2%
2	Weekly	45	1.7%
3	Monthly	75	2.8%
4	Less than monthly	274	10.4%
5	Never	2241	84.9%
Sysmiss		1997	

A14: failed to do what was expected due to drinking in past 12 mos

Data file: ecu2018

Overview

Valid: 2641 Invalid: 1997

Type: Discrete Decimal: 0 Range: 1 - 5 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Daily or almost daily	2	0.1%
2	Weekly	22	0.8%
3	Monthly	37	1.4%
4	Less than monthly	211	8%
5	Never	2369	89.7%
Sysmiss		1997	

A15: needing drink first thin in morning in past 12 mos**Data file:** ecu2018**Overview**

Valid: 2641 Invalid: 1997

Type: Discrete Decimal: 0 Range: 1 - 5 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Daily or almost daily	5	0.2%
2	Weekly	16	0.6%
3	Monthly	13	0.5%
4	Less than monthly	70	2.7%
5	Never	2537	96.1%
Sysmiss		1997	

A16: family problems with alcohol in past 12 mos**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 5 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes, more than monthly	50	1.1%
2	Yes, monthly	17	0.4%
3	Yes, several times but less than monthly	60	1.3%
4	Yes, once or twice	185	4%
5	No	4326	93.3%

D1: days fruit eaten per week**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		174	3.8%
1		480	10.3%
2		822	17.7%
3		888	19.1%
4		347	7.5%
5		366	7.9%
6		101	2.2%
7		1453	31.3%
77	Don't know	7	0.2%

D2: servings fruit eaten per day

Data file: ecu2018

Overview

Valid: 4457 Invalid: 181

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		2331	52.3%
2		1383	31%
3		471	10.6%
4		147	3.3%
5		72	1.6%
6		21	0.5%
7		17	0.4%
8		4	0.1%
10		5	0.1%
11		2	0%
12		1	0%
14		2	0%
77	Don't know	1	0%
Sysmiss		181	

D3: days veg eaten per week**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		119	2.6%
1		384	8.3%
2		808	17.4%
3		938	20.2%
4		482	10.4%
5		484	10.4%
6		98	2.1%
7		1320	28.5%
77	Don't know	5	0.1%

D4: servings veg eaten per day**Data file:** ecu2018**Overview**

Valid: 4514 Invalid: 124

Type: Discrete Decimal: 0 Range: 1 - 12 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		3148	69.7%
2		1067	23.6%
3		224	5%
4		41	0.9%
5		14	0.3%
6		1	0%
7		11	0.2%

8		3	0.1%
10		3	0.1%
11		1	0%
12		1	0%
Sysmiss		124	

D5: adding salt when eating

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Always	272	5.9%
2	Often	260	5.6%
3	Sometimes	598	12.9%
4	Rarely	955	20.6%
5	Never	2534	54.6%
77	Don't know	19	0.4%

D6: adding salt when cooking

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Always	2997	64.6%
2	Often	533	11.5%
3	Sometimes	356	7.7%
4	Rarely	397	8.6%
5	Never	336	7.2%

77	Don't know	19	0.4%
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D6A: adding salty sauce when cooking

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0
Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Always	589	12.7%
2	Often	404	8.7%
3	Sometimes	887	19.1%
4	Rarely	1299	28%
5	Never	1411	30.4%
77	Don't know	48	1%

D7: eating processed foods high in salt

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0
Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Always	129	2.8%
2	Often	362	7.8%
3	Sometimes	1349	29.1%
4	Rarely	2152	46.4%
5	Never	646	13.9%
77	Don't know	0	0%

D8: how much salt consumed**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0
 Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Muchísima	19	0.4%
2	Mucha	159	3.4%
3	La cantidad justa	2592	55.9%
4	Poca	1432	30.9%
5	Poquísima	356	7.7%
6	Nada	78	1.7%
77	No sé	2	0%

D11A: limit processed food consumption**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0
 Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	3138	67.7%
2	No	1500	32.3%

D11B: look at salt content on labels**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0
 Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	3130	67.5%
2	No	1508	32.5%

D11C: buy low salt alternative

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0
Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	2020	43.6%
2	No	2618	56.4%

D11D: use spices instead of salt

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0
Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	920	19.8%
2	No	3718	80.2%

D11E: avoid eating out

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	2591	55.9%
2	No	2047	44.1%

D11F: do other things to control salt intake

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	53	1.1%
2	No	4585	98.9%

D11OTHER: specify other

Data file: ecu2018

Overview

Valid: 53 Invalid: 0

Type: Discrete Width: 92 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
Ajo sÃ³lo		1	1.9%
Ajo y cebolla		1	1.9%
Al arroz no le coloca sal		1	1.9%
Anexa mas frutas o cerduras ya que sufre de la tiroide		1	1.9%
Aplica limÃ³n a la comida		1	1.9%
Arroz son sal		1	1.9%
Coloca una pizca de azÃºcar a las comidas a veces		1	1.9%

Come todo lo que cocina, cr��a animale, cultiva y cosecha hortalizas	1	1.9%
Comer menos fuera y consumo de comida elaborado en casa	1	1.9%
Condimenta con organo	1	1.9%
Consumo de curcuma	1	1.9%
Cuando aplica cubitos de mango. Limita el consumo de sal	1	1.9%
Disminuye totalmente la sal asunto comida personal	1	1.9%
En una ensalada casi nada	1	1.9%
Especies como horegano curcuma	1	1.9%
Hiervas natural	1	1.9%
Intentar dejar la sal consumiendo poca	1	1.9%
LLEVA COMIDA PREPARADA PARA NO COMER FUERA POR LA CANTIDAD DEL QUE PONEN EN LOS RESTAURANTES	1	1.9%
Le pone lim��n	1	1.9%
Limita la sal en alimentos por problemas de par��lisis cerebral	1	1.9%
Ninguna	2	3.8%
Ninguno	1	1.9%
No	1	1.9%
No comer cosas con sal	1	1.9%
No cocinar con sal	1	1.9%
No pone mucha sal	1	1.9%
No pone sal	1	1.9%
No utiliza sal, utiliza hierbas ajo	1	1.9%
PREFIEREN ALIMENTOS CON VAJO CONTENIDO EN SAL	1	1.9%
Pone hiervas que siembra, perejil si la tropa, hiervas arom��ticas para infusiones	1	1.9%
Pone limon	1	1.9%
Pone m��is hievas	1	1.9%
Poner m��is hiervas arom��ticas en vez sal	1	1.9%
Prepara m��is ali��o natural y m��is hiervas	1	1.9%
Que la Familia consuma alimentos sin sal	1	1.9%
Quita la sal en siertosmalimentos	1	1.9%
Reducir el consumo de sal y pone m��is hievas6	1	1.9%
Sasona las comidas con oregano	1	1.9%
Solo pone ali��os	1	1.9%
Suelen remplazar la sal con otras especies ..apio oregano u alvaca	1	1.9%
Sustituye la sal por chile ..u otros vegetales	1	1.9%
Sustituye sal con especias	1	1.9%
Tomar mucha agua	1	1.9%
Utiliza ajo	1	1.9%
Utiliza alimentos org��nicos, sal marina	1	1.9%

Utiliza cebolla y ajo		1	1.9%
Utiliza del marina		1	1.9%
Utiliza oregano..y aliño mas natural		1	1.9%
Utiliza sal en grano no sal refinada		1	1.9%
Vaso el uso de la sal al preparar los alimentos		1	1.9%
Viajar el consumo de sal,y ve ver aguas aromaricas		1	1.9%
utiliza sal en grano		1	1.9%

P1: vig activity at work

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	865	18.7%
2	No	3773	81.3%

P2: vig activity at work: days per week

Data file: ecu2018

Overview

Valid: 865 Invalid: 3773

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		70	8.1%
2		120	13.9%
3		105	12.1%
4		58	6.7%
5		231	26.7%
6		150	17.3%
7		129	14.9%

77	Don't know	2	0.2%
Sysmiss		3773	

P3A: vig activity at work: hours per day

Data file: ecu2018

Overview

Valid: 863 Invalid: 3775

Type: Discrete Decimal: 0 Range: 0 - 16 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		115	13.3%
1		94	10.9%
2		114	13.2%
3		81	9.4%
4		85	9.8%
5		91	10.5%
6		65	7.5%
7		24	2.8%
8		142	16.5%
9		17	2%
10		17	2%
11		8	0.9%
12		6	0.7%
13		1	0.1%
15		2	0.2%
16		1	0.1%
Sysmiss		3775	

P3B: vig activity at work: mins per day

Data file: ecu2018

Overview

Valid: 863 Invalid: 3775 Minimum: 0 Maximum: 55 Mean: 5.112 Standard deviation: 11.298

Type: Continuous Decimal: 0 Range: 0 - 55 Format: Numeric

P4: mod activity at work**Data file: ecu2018****Overview**

Valid: 4638 Invalid: 0
 Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	2440	52.6%
2	No	2198	47.4%

P5: mod activity at work: days per week**Data file: ecu2018****Overview**

Valid: 2440 Invalid: 2198
 Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		114	4.7%
2		274	11.2%
3		288	11.8%
4		152	6.2%
5		656	26.9%
6		278	11.4%
7		677	27.7%
77	Don't know	1	0%
Sysmiss		2198	

P6A: mod activity at work: hours per day**Data file: ecu2018****Overview**

Valid: 2439 Invalid: 2199
 Type: Discrete Decimal: 0 Range: 0 - 16 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		245	10%
1		415	17%
2		407	16.7%
3		247	10.1%
4		267	10.9%
5		204	8.4%
6		184	7.5%
7		49	2%
8		304	12.5%
9		27	1.1%
10		46	1.9%
11		6	0.2%
12		28	1.1%
13		3	0.1%
15		5	0.2%
16		2	0.1%
Sysmiss		2199	

P6B: mod activity at work: mins per day

Data file: ecu2018

Overview

Valid: 2439 Invalid: 2199 Minimum: 0 Maximum: 50 Mean: 4.62 Standard deviation: 10.699
 Type: Continuous Decimal: 0 Range: 0 - 50 Format: Numeric

P7: active transport

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0
 Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
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1	Yes	3475	74.9%
2	No	1163	25.1%

P8: active transport: days per week

Data file: ecu2018

Overview

Valid: 3475 Invalid: 1163

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		125	3.6%
2		250	7.2%
3		331	9.5%
4		169	4.9%
5		938	27%
6		268	7.7%
7		1393	40.1%
77	Don't know	1	0%
Sysmiss		1163	

P9A: active transport: hours per day

Data file: ecu2018

Overview

Valid: 3474 Invalid: 1164

Type: Discrete Decimal: 0 Range: 0 - 15 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		1844	53.1%
1		870	25%
2		386	11.1%
3		132	3.8%
4		92	2.6%

5		56	1.6%
6		29	0.8%
7		10	0.3%
8		39	1.1%
9		3	0.1%
10		10	0.3%
12		1	0%
13		1	0%
15		1	0%
Sysmiss		1164	

P9B: active transport: mins per day

Data file: ecu2018

Overview

Valid: 3474 Invalid: 1164 Minimum: 0 Maximum: 55 Mean: 15.647 Standard deviation: 14.878
 Type: Continuous Decimal: 0 Range: 0 - 55 Format: Numeric

P10: vig leisure activity

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0
 Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	898	19.4%
2	No	3740	80.6%

P11: vig leisure activity: days per week

Data file: ecu2018

Overview

Valid: 898 Invalid: 3740
 Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		349	38.9%
2		265	29.5%
3		114	12.7%
4		49	5.5%
5		51	5.7%
6		22	2.4%
7		47	5.2%
77	Don't know	1	0.1%
Sysmiss		3740	

P12A: vig leisure activity: hours per day

Data file: ecu2018

Overview

Valid: 897 Invalid: 3741

Type: Discrete Decimal: 0 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		111	12.4%
1		325	36.2%
2		311	34.7%
3		93	10.4%
4		40	4.5%
5		6	0.7%
6		6	0.7%
7		1	0.1%
8		1	0.1%
10		2	0.2%
77	Don't know	1	0.1%
Sysmiss		3741	

P12B: vig leisure activity: mins per day**Data file: ecu2018****Overview**

Valid: 897 Invalid: 3741

Type: Discrete Decimal: 0 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		679	75.7%
3		1	0.1%
8		1	0.1%
10		4	0.4%
15		6	0.7%
20		10	1.1%
25		1	0.1%
30		142	15.8%
35		2	0.2%
40		23	2.6%
45		24	2.7%
50		3	0.3%
77	Don't know	1	0.1%
Sysmiss		3741	

P13: mod leisure activity**Data file: ecu2018****Overview**

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1028	22.2%
2	No	3610	77.8%

P14: mod leisure activity: days per week**Data file: ecu2018****Overview**

Valid: 1028 Invalid: 3610

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		285	27.7%
2		215	20.9%
3		200	19.5%
4		72	7%
5		127	12.4%
6		25	2.4%
7		102	9.9%
77	Don't know	2	0.2%
Sysmiss		3610	

P15A: mod leisure activity: hours per day**Data file: ecu2018****Overview**

Valid: 1026 Invalid: 3612

Type: Discrete Decimal: 0 Range: 0 - 12 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		290	28.3%
1		445	43.4%
2		209	20.4%
3		56	5.5%
4		18	1.8%
5		4	0.4%
6		1	0.1%
7		1	0.1%
10		1	0.1%

12		1	0.1%
Sysmiss		3612	

P15B: mod leisure activity: mins per day

Data file: ecu2018

Overview

Valid: 1026 Invalid: 3612 Minimum: 0 Maximum: 50 Mean: 10.937 Standard deviation: 15.031
Type: Continuous Decimal: 0 Range: 0 - 50 Format: Numeric

P16A: sedentary time: hours per day

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0
Type: Discrete Decimal: 0 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		462	10%
1		998	21.5%
2		1111	24%
3		650	14%
4		418	9%
5		293	6.3%
6		222	4.8%
7		95	2%
8		224	4.8%
9		36	0.8%
10		63	1.4%
11		9	0.2%
12		32	0.7%
13		1	0%
14		10	0.2%
15		7	0.2%
16		4	0.1%
77	Don't know	3	0.1%

P16B: sedentary time: mins per day**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		3754	80.9%
1		2	0%
2		2	0%
5		2	0%
8		17	0.4%
10		25	0.5%
15		41	0.9%
18		2	0%
20		80	1.7%
25		4	0.1%
30		615	13.3%
33		1	0%
35		7	0.2%
38		1	0%
40		27	0.6%
45		36	0.8%
46		1	0%
50		18	0.4%
77	Don't know	3	0.1%

H1: BP measured**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	4026	86.8%
2	No	612	13.2%

H2A: told had high BP

Data file: ecu2018

Overview

Valid: 4026 Invalid: 612

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	844	21%
2	No	3182	79%
Sysmiss		612	

H2B: told had high BP in past 12 mos

Data file: ecu2018

Overview

Valid: 844 Invalid: 3794

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	575	68.1%
2	No	269	31.9%
Sysmiss		3794	

H3: taken meds for high BP

Data file: ecu2018

Overview

Valid: 844 Invalid: 3794

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	376	44.5%
2	No	468	55.5%
Sysmiss		3794	

H4: seen trad'l healer for high BP**Data file: ecu2018****Overview**

Valid: 844 Invalid: 3794

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	44	5.2%
2	No	800	94.8%
Sysmiss		3794	

H5: taking trad'l meds for high BP**Data file: ecu2018****Overview**

Valid: 844 Invalid: 3794

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	132	15.6%
2	No	712	84.4%
Sysmiss		3794	

H6: gluc measured**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0
 Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	2283	49.2%
2	No	2355	50.8%

H7A: told had high gluc**Data file:** ecu2018**Overview**

Valid: 2283 Invalid: 2355
 Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	293	12.8%
2	No	1990	87.2%
Sysmiss		2355	

H7B: told had high gluc in past 12 mos**Data file:** ecu2018**Overview**

Valid: 293 Invalid: 4345
 Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
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1	Yes	222	75.8%
2	No	71	24.2%
Sysmiss		4345	

H8: taken meds for high gluc

Data file: ecu2018

Overview

Valid: 293 Invalid: 4345

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	155	52.9%
2	No	138	47.1%
Sysmiss		4345	

H9: taking insulin for high gluc

Data file: ecu2018

Overview

Valid: 293 Invalid: 4345

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	40	13.7%
2	No	253	86.3%
Sysmiss		4345	

H10: seen trad'l healer for high gluc

Data file: ecu2018

Overview

Valid: 293 Invalid: 4345

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	14	4.8%
2	No	279	95.2%
Sysmiss		4345	

H11: taking trad'l meds for high gluc

Data file: ecu2018

Overview

Valid: 293 Invalid: 4345

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	78	26.6%
2	No	215	73.4%
Sysmiss		4345	

H11A: had two glyated hemoglobin tests in past 12 mos

Data file: ecu2018

Overview

Valid: 293 Invalid: 4345

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	122	41.6%
2	No	168	57.3%
77	Don't know	3	1%
Sysmiss		4345	

H11B: eyes last examined**Data file:** ecu2018**Overview**

Valid: 293 Invalid: 4345

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	En los Últimos dos años	70	23.9%
2	Hace más de un año	33	11.3%
3	Nunca	188	64.2%
77	No sé	2	0.7%
Sysmiss		4345	

H11C: feet last examined**Data file:** ecu2018**Overview**

Valid: 293 Invalid: 4345

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	En los Últimos dos años	48	16.4%
2	Hace más de un año	14	4.8%
3	Nunca	231	78.8%
77	No sé	0	0%
Sysmiss		4345	

H12: chol measured**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	2386	51.4%
2	No	2252	48.6%

H13A: told had high chol

Data file: ecu2018

Overview

Valid: 2386 Invalid: 2252

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	981	41.1%
2	No	1405	58.9%
Sysmiss		2252	

H13B: told had high chol in past 12 mos

Data file: ecu2018

Overview

Valid: 981 Invalid: 3657

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	567	57.8%
2	No	414	42.2%
Sysmiss		3657	

H14: taken meds for high chol

Data file: ecu2018

Overview

Valid: 981 Invalid: 3657

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	200	20.4%
2	No	781	79.6%
Sysmiss		3657	

H15: seen trad'l healer for high chol**Data file: ecu2018****Overview**

Valid: 981 Invalid: 3657

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	21	2.1%
2	No	960	97.9%
Sysmiss		3657	

H16: taking trad'l meds for high chol**Data file: ecu2018****Overview**

Valid: 981 Invalid: 3657

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	291	29.7%
2	No	690	70.3%
Sysmiss		3657	

H17: had heart attack or stroke**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0
 Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	391	8.4%
2	No	4247	91.6%

H18: currently taking aspirin**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0
 Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	155	3.3%
2	No	4483	96.7%

H19: currently taking statins**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0
 Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	106	2.3%

2	No	4532	97.7%
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H20: saw doctor or health worker in past 12 mos

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0
Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	2753	59.4%
2	No	1885	40.6%

H20A: advised to not smoke

Data file: ecu2018

Overview

Valid: 2753 Invalid: 1885
Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	696	25.3%
2	No	2057	74.7%
Sysmiss		1885	

H20B: advised to reduce salt

Data file: ecu2018

Overview

Valid: 2753 Invalid: 1885
Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1537	55.8%
2	No	1216	44.2%
Sysmiss		1885	

H20C: advised to eat fruit/veg

Data file: ecu2018

Overview

Valid: 2753 Invalid: 1885

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1972	71.6%
2	No	781	28.4%
Sysmiss		1885	

H20D: advised to reduce fat

Data file: ecu2018

Overview

Valid: 2753 Invalid: 1885

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	2017	73.3%
2	No	736	26.7%
Sysmiss		1885	

H20E: advised to do pa

Data file: ecu2018

Overview

Valid: 2753 Invalid: 1885

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1816	66%
2	No	937	34%
Sysmiss		1885	

H20F: advised to lose weight**Data file: ecu2018****Overview**

Valid: 2753 Invalid: 1885

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1822	66.2%
2	No	931	33.8%
Sysmiss		1885	

H20G: advised to reduce sugary beverages**Data file: ecu2018****Overview**

Valid: 2753 Invalid: 1885

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1800	65.4%
2	No	953	34.6%
Sysmiss		1885	

CX1: cerv cancer screening**Data file:** ecu2018**Overview**

Valid: 2694 Invalid: 1944

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1679	62.3%
2	No	1003	37.2%
77	Don't know	12	0.4%
Sysmiss		1944	

S1: had faecal occult blood test**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	838	18.1%
2	No	3800	81.9%

S2: had colonoscopy**Data file:** ecu2018**Overview**

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	281	6.1%

2	No	4357	93.9%
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S3: men: had prostate exam

Data file: ecu2018

Overview

Valid: 1944 Invalid: 2694

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	314	16.2%
2	No	1630	83.8%
Sysmiss		2694	

S4: women: taught how to examine breast

Data file: ecu2018

Overview

Valid: 2694 Invalid: 1944

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1442	53.5%
2	No	1252	46.5%
Sysmiss		1944	

S5: last time breast examined

Data file: ecu2018

Overview

Valid: 2694 Invalid: 1944

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Hace 1 año o menos	599	22.2%
2	Entre 1 a 2 años	339	12.6%
3	Más de 2 años	561	20.8%
4	Nunca	1189	44.1%
77	No sé	6	0.2%
Sysmiss		1944	

S6: last time had mammogram

Data file: ecu2018

Overview

Valid: 2694 Invalid: 1944

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	año o menos	232	8.6%
2	Entre 1 a 2 años	140	5.2%
3	Más de 2 años	352	13.1%
4	Nunca	1963	72.9%
77	No sé	7	0.3%
Sysmiss		1944	

O1: number natural teeth

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
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1	No natural teeth	161	3.5%
2	1 to 9 teeth	282	6.1%
3	10 to 19 teeth	738	15.9%
4	20 teeth or more	3418	73.7%
77	Don't know	39	0.8%

O2: state of teeth

Data file: ecu2018

Overview

Valid: 4477 Invalid: 161

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Excellent	136	3%
2	Very Good	422	9.4%
3	Good	1833	40.9%
4	Average	1655	37%
5	Poor	395	8.8%
6	Very Poor	31	0.7%
77	Don't Know	5	0.1%
Sysmiss		161	

O3: state of gums

Data file: ecu2018

Overview

Valid: 4477 Invalid: 161

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Excellent	189	4.2%
2	Very Good	497	11.1%
3	Good	2312	51.6%

4	Average	1229	27.5%
5	Poor	223	5%
6	Very Poor	17	0.4%
77	Don't Know	10	0.2%
Sysmiss		161	

04: has removable dentures

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1115	24%
2	No	3523	76%

05A: has upper denture

Data file: ecu2018

Overview

Valid: 1115 Invalid: 3523

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1084	97.2%
2	No	31	2.8%
Sysmiss		3523	

05B: has lower denture

Data file: ecu2018

Overview

Valid: 1115 Invalid: 3523

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	314	28.2%
2	No	801	71.8%
Sysmiss		3523	

06: pain in teeth, gums or mouth in past 12 mos

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1703	36.7%
2	No	2935	63.3%

07: time since last dentist visit

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 6 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Less than 6 months	1548	33.4%
2	6-12 months	986	21.3%
3	More than 1 year but less than 2 years	682	14.7%
4	2 or more years but less than 5 years	712	15.4%
5	5 or more years	577	12.4%
6	Never received dental care	133	2.9%

O8: main reason for last dentist visit**Data file:** ecu2018**Overview**

Valid: 4505 Invalid: 133

Type: Discrete Decimal: 0 Range: 1 - 5 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Consultation / advice	1351	30%
2	Pain or trouble with teeth, gums or mouth	2347	52.1%
3	Treatment / Follow-up treatment	518	11.5%
4	Routine check-up treatment	221	4.9%
5	Other	68	1.5%
Sysmiss		133	

O8OTHER: other reason for dentist visit**Data file:** ecu2018**Overview**

Valid: 68 Invalid: 0

Type: Discrete Width: 92 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
CO,OCACION DE PLACAS		1	1.5%
Calzar el diente roto		1	1.5%
Cambio de placas , superior y inferior que lo realiza cada 4 años		1	1.5%
Colocaci3n de NUEVA placa		1	1.5%
Curacion de caries		1	1.5%
DESDE QUE PUSO LA PLACA NO VOLVIO IR AL MEDICO		1	1.5%
Dolor de encias		1	1.5%
Extraccion de terceros molares		2	2.9%
Extraccion de una pieza dental		1	1.5%
Extracci3n de muela,limpieza de conducto		1	1.5%

FUE AL ODONTOLOGÍA PARA HACER PLACAS DENTALES NUEVAS , NO TIENE NINGUNA PIEZA DENTAL PROPIA	1	1.5%
Fue cuando le pusieron la placa hace 25 años	1	1.5%
HACER CALSAR UNA MUELA	1	1.5%
HACER SE LIMPIEZA	1	1.5%
Hacer poner la placas	1	1.5%
Hacer poner las placas	1	1.5%
LA ULTIMA VEZ SE FUE A PONER LA DENTADURA	1	1.5%
LIM PIEZA TOTAL DE LA DENTADURA	1	1.5%
LIMPIEZA BUCAL	2	2.9%
LIMPIEZA DE DIENTES	2	2.9%
LIMPIEZA DE DIENTES Y CURACIONES	1	1.5%
LIMPIEZA DE LOS DIENTES	1	1.5%
Le PUSIERON LAS DENTADURAS POSTIZAS	1	1.5%
Le estaban doliendo las cordales q le estaban saliendo	1	1.5%
Le pusieron las placas dentales hace 25 años	1	1.5%
Le sacaron las cordales	1	1.5%
Le sacaron una cordal	1	1.5%
Limpieza	9	13.2%
Limpieza de los dientes	2	2.9%
POR ER PLACA SUPERIOR	1	1.5%
POR CALSACION DE DIENTES	1	1.5%
POR COLOCACION DE IMPLANTES	1	1.5%
POR COLOCACION DE PLACA	1	1.5%
POR EMBARAZO	1	1.5%
POR HACER CALSAR EL DIENTE	1	1.5%
POR INFECCION A LAS ENCIAS	1	1.5%
POR REVISION DE LA PLACA	1	1.5%
Para q le pongan la placa	1	1.5%
Para q le pongan las placas	1	1.5%
Para que el doctor le haga nueva dentadura	1	1.5%
Poner dentadura postiza	1	1.5%
Poner dentadura postiza placa superior	1	1.5%
Ponerse la prótesis o placa	1	1.5%
Por las cordales	1	1.5%
RAPARACION DE CALSA DE 1 DIENTE	1	1.5%
Restauracion de la placa.	1	1.5%
SE FUE CUANDO SE COLOCO LAS PLACAS DENTALES	1	1.5%
SE FUE CUANDO SE puso la placa	1	1.5%

SE SALIÓ UN DIENTE DE LA PLACA. MAXILO SUPERIOR		1	1.5%
SE estuvo poniendo placa superior		1	1.5%
Se fue al odontólogo porque le raspaba las encías la dentadura postiza		1	1.5%
Se revisó un calce		1	1.5%
Se saco todas las muelas para ponerse la dentadura postiza		1	1.5%
TRATAMIENTO DE ORTODONCIA		1	1.5%
Tratamiento de la dentadura que se puso		1	1.5%
colocación de la placa		1	1.5%

09: frequency of cleaning teeth

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 7 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Never	12	0.3%
2	Once a month	3	0.1%
3	2-3 times a month	13	0.3%
4	Once a week	19	0.4%
5	2-6 times a week	47	1%
6	Once a day	625	13.5%
7	Twice or more a day	3919	84.5%

010: use toothpaste to clean teeth

Data file: ecu2018

Overview

Valid: 4626 Invalid: 12

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	4584	99.1%

2	No	42	0.9%
Sysmiss		12	

011: toothpaste used has fluoride

Data file: ecu2018

Overview

Valid: 4584 Invalid: 54

Type: Discrete Decimal: 0 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	4521	98.6%
2	No	38	0.8%
77	Don't know	25	0.5%
Sysmiss		54	

013A: had problem in past 12 mos: Difficulty in chewing foods

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1104	23.8%
2	No	3534	76.2%

013B: had problem in past 12 mos: Difficulty with speech/trouble pronouncing words

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	453	9.8%
2	No	4185	90.2%

013C: had problem in past 12 mos: Felt tense because of problems with teeth or mouth

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0
Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	672	14.5%
2	No	3966	85.5%

013F: had problem in past 12 mos: Sleep is often interrupted

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0
Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	488	10.5%
2	No	4150	89.5%

013G: had problem in past 12 mos: Days not at work because of teeth or mouth

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	206	4.4%
2	No	4432	95.6%

O13I: had problem in past 12 mos: Less tolerant of spouse or people close to you

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	463	10%
2	No	4175	90%

O13J: had problem in past 12 mos: Reduced participation in social activities

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	254	5.5%
2	No	4384	94.5%

M3: cuff size

Data file: ecu2018

Overview

Valid: 4543 Invalid: 95
 Type: Discrete Decimal: 0 Range: 2 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
2	Medium	4543	100%
Sysmiss		95	

M4A: BP reading 1: systolic

Data file: ecu2018

Overview

Valid: 4543 Invalid: 95 Minimum: 40 Maximum: 888 Mean: 124.015 Standard deviation: 33.266
 Type: Continuous Decimal: 0 Range: 40 - 888 Format: Numeric

M4B: BP reading 1: diastolic

Data file: ecu2018

Overview

Valid: 4543 Invalid: 95 Minimum: 30 Maximum: 888 Mean: 78.176 Standard deviation: 31.765
 Type: Continuous Decimal: 0 Range: 30 - 888 Format: Numeric

M5A: BP reading 2: systolic

Data file: ecu2018

Overview

Valid: 4537 Invalid: 101 Minimum: 40 Maximum: 225 Mean: 120.149 Standard deviation: 17.168
 Type: Continuous Decimal: 0 Range: 40 - 225 Format: Numeric

M5B: BP reading 2: diastolic

Data file: ecu2018

Overview

Valid: 4537 Invalid: 101 Minimum: 30 Maximum: 155 Mean: 76.057 Standard deviation: 11.59
 Type: Continuous Decimal: 0 Range: 30 - 155 Format: Numeric

M6A: BP reading 3: systolic**Data file:** ecu2018**Overview**

Valid: 4537 Invalid: 101 Minimum: 40 Maximum: 216 Mean: 119.058 Standard deviation: 16.761
 Type: Continuous Decimal: 0 Range: 40 - 216 Format: Numeric

M6B: BP reading 3: diastolic**Data file:** ecu2018**Overview**

Valid: 4537 Invalid: 101 Minimum: 30 Maximum: 140 Mean: 75.697 Standard deviation: 11.43
 Type: Continuous Decimal: 0 Range: 30 - 140 Format: Numeric

M7: took raised BP meds in past 2 weeks**Data file:** ecu2018**Overview**

Valid: 4543 Invalid: 95
 Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	406	8.9%
2	No	4137	91.1%
Sysmiss		95	

M8: pregnant**Data file:** ecu2018**Overview**

Valid: 2644 Invalid: 1994
 Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	62	2.3%
2	No	2582	97.7%

Sysmiss		1994	
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M9: interviewer ID

Data file: ecu2018

Overview

Valid: 4481 Invalid: 157 Minimum: 1 Maximum: 60 Mean: 21.636 Standard deviation: 12.393
 Type: Continuous Decimal: 0 Range: 1 - 60 Format: Numeric

M10A: height device ID

Data file: ecu2018

Overview

Valid: 4481 Invalid: 157 Minimum: 1 Maximum: 60 Mean: 21.636 Standard deviation: 12.393
 Type: Continuous Decimal: 0 Range: 1 - 60 Format: Numeric

M10B: weight device ID

Data file: ecu2018

Overview

Valid: 4481 Invalid: 157 Minimum: 1 Maximum: 60 Mean: 21.636 Standard deviation: 12.393
 Type: Continuous Decimal: 0 Range: 1 - 60 Format: Numeric

M11: height (cm)

Data file: ecu2018

Overview

Valid: 4481 Invalid: 157 Minimum: 123.5 Maximum: 888 Mean: 159.303 Standard deviation: 30.314
 Type: Continuous Decimal: 0 Range: 123.5 - 888 Format: Numeric

M12: weight (kg)

Data file: ecu2018

Overview

Valid: 4481 Invalid: 157 Minimum: 33.4 Maximum: 888 Mean: 69.886 Standard deviation: 34.429
 Type: Continuous Decimal: 0 Range: 33.4 - 888 Format: Numeric

M13: waist circ device ID

Data file: ecu2018

Overview

Valid: 4481 Invalid: 157 Minimum: 1 Maximum: 60 Mean: 21.636 Standard deviation: 12.393
 Type: Continuous Decimal: 0 Range: 1 - 60 Format: Numeric

M14: waist circumference (cm)

Data file: ecu2018

Overview

Valid: 4481 Invalid: 157 Minimum: 57 Maximum: 888 Mean: 91.303 Standard deviation: 31.544
 Type: Continuous Decimal: 0 Range: 57 - 888 Format: Numeric

M16A: heart rate reading 1

Data file: ecu2018

Overview

Valid: 4543 Invalid: 95 Minimum: 30 Maximum: 888 Mean: 76.267 Standard deviation: 32.158
 Type: Continuous Decimal: 0 Range: 30 - 888 Format: Numeric

M16B: heart rate reading 2

Data file: ecu2018

Overview

Valid: 4537 Invalid: 101 Minimum: 30 Maximum: 179 Mean: 75.697 Standard deviation: 12.596
 Type: Continuous Decimal: 0 Range: 30 - 179 Format: Numeric

M16C: heart rate reading 3

Data file: ecu2018

Overview

Valid: 4537 Invalid: 101 Minimum: 30 Maximum: 152 Mean: 75.944 Standard deviation: 12.142
 Type: Continuous Decimal: 0 Range: 30 - 152 Format: Numeric

B1: fasting for past 12 hrs

Data file: ecu2018

Overview

Valid: 4078 Invalid: 560
 Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	38	0.9%
2	No	4040	99.1%
Sysmiss		560	

B5: fasting blood glucose (mg/dl)**Data file:** ecu2018**Overview**

Valid: 4040 Invalid: 598 Minimum: 5 Maximum: 439 Mean: 94.431 Standard deviation: 36.435
 Type: Continuous Decimal: 0 Range: 5 - 439 Format: Numeric

B6: took insulin today**Data file:** ecu2018**Overview**

Valid: 4078 Invalid: 560
 Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	101	2.5%
2	No	3977	97.5%
Sysmiss		560	

B8: total cholesterol (mg/dl)**Data file:** ecu2018**Overview**

Valid: 4078 Invalid: 560 Minimum: 5 Maximum: 386 Mean: 173.282 Standard deviation: 49.336
 Type: Continuous Decimal: 0 Range: 5 - 386 Format: Numeric

B9: chol meds taken in past 2 weeks**Data file:** ecu2018**Overview**

Valid: 4078 Invalid: 560
 Type: Discrete Decimal: 0 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	66	1.6%
2	No	4012	98.4%
Sysmiss		560	

WSTEP1: final analysis weight for step 1 variables (interview)

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0 Minimum: 165.354 Maximum: 15087.286 Mean: 2209.868 Standard deviation: 1548.33

Type: Continuous Decimal: 0 Range: 165.353586214332 - 15087.286038086 Format: Numeric

WSTEP2: final analysis weight for step 2 variables (physical measures)

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0 Minimum: 165.354 Maximum: 15087.286 Mean: 2209.868 Standard deviation: 1548.33

Type: Continuous Decimal: 0 Range: 165.353586214332 - 15087.286038086 Format: Numeric

WSTEP3: final analysis weight for step 3 variables (biochemical measures)

Data file: ecu2018

Overview

Valid: 4348 Invalid: 290 Minimum: 165.658 Maximum: 20783.158 Mean: 2357.261 Standard deviation: 1739.363

Type: Continuous Decimal: 0 Range: 165.657589876751 - 20783.1581557895 Format: Numeric

AGERANGE: ageranges for which survey was designed

Data file: ecu2018

Overview

Valid: 4638 Invalid: 0

Type: Discrete Width: 5 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
18-44		2801	60.4%
45-69		1837	39.6%

study_resources

questionnaires

Questionnaire (Spanish)

title Questionnaire (Spanish)
country Ecuador
filename STEPS_Ecuador_2018_Questionnaire_ES.pdf

Step 1 and 2 Questionnaire (xlsform format)

title Step 1 and 2 Questionnaire (xlsform format)
country Ecuador
filename ecusteps_12.xls

Step 3 Questionnaire (xlsform format)

title Step 3 Questionnaire (xlsform format)
country Ecuador
filename ecusteps_3.xls

reports

STEPS Ecuador 2018 Fact Sheet (English)

title STEPS Ecuador 2018 Fact Sheet (English)
country Ecuador
filename STEPS_Ecuador_2018_FactSheet_EN.pdf

STEPS Ecuador 2018 Fact Sheet (Spanish)

title STEPS Ecuador 2018 Fact Sheet (Spanish)
country Ecuador
filename STEPS_Ecuador_2018_FactSheet_ES.pdf

Report (Spanish)

title Report (Spanish)
filename STEPS_Ecuador_2018_informe_final.pdf

technical_documents

Generic STEPS Questionnaire (version 3.2)

title Generic STEPS Questionnaire (version 3.2)
filename STEPS_Instrument_V3_2.pdf