

STEPwise Approach to Non-Communicable Diseases Risk Factor Surveillance 2006

School of Public Health, Addis Ababa University

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Identification

SURVEY ID NUMBER

ETH_2006_STEPS_v01_M

TITLE

STEPwise Approach to Non-Communicable Diseases Risk Factor Surveillance 2006

SUBTITLE

Addis Ababa

COUNTRY

Name	Country code
Ethiopia	ETH

STUDY TYPE

Other Household Survey [hh/oth]

SERIES INFORMATION

This is the second STEPS conducted by Ethiopia.

ABSTRACT

STEPS is a household-based survey to obtain core data on the established risk factors that determine the major burden of NCDs.

KIND OF DATA

Sample survey data [ssd]

UNIT OF ANALYSIS

Individuals

Version

VERSION DESCRIPTION

Public-use dataset

Scope

NOTES

The following topics were included in the survey: tobacco use, alcohol consumption, diet, physical activity, history of raised blood glucose and history of raised blood pressure. Additionally, the following measures were taken: blood pressure, height, weight, waist circumference and hip circumference.

TOPICS

Topic	Vocabulary
STEPS	Survey

KEYWORDS

Keyword
noncommunicable diseases
risk factors
health surveys

tobacco use
alcohol use
diet
nutrition
physical activity
blood pressure
overweight
obesity
diabetes
hypertension

Coverage

GEOGRAPHIC COVERAGE

Subnational coverage: Addis Ababa

UNIVERSE

Adults aged 25-64 years.

Producers and sponsors

PRIMARY INVESTIGATORS

Name
School of Public Health, Addis Ababa University

Sampling

SAMPLING PROCEDURE

A multi-stage (cluster + random) sampling design was used. 10 of the 99 kebeles were randomly selected, then identified and listed for further random selection as smaller geographic units within the kebeles (known as zones or villages). 4 zones from each kebele were randomly selected, then the first household from each zone were randomly selected. Thereafter, subsequent households were selected on the basis of proximity to the first and the preceding household. The total sample size of 4001 was distributed among the 10 kebeles so that approximately 400 adults, equally divided between men and women, were included from each kebele. Adults aged 25 to 64 years who were permanent residents and available in the selected households at the time of the visit were eligible to participate.

RESPONSE RATE

The overall response rate was 98.2%.

WEIGHTING

Data were not weighted.

data_collection

DATES OF DATA COLLECTION

Start	End
2006-10	2006-12

DATA COLLECTION MODE

Face-to-face [f2f]

Access policy

CONTACTS

Name	Affiliation	Email	URL
NCD Surveillance Team	World Health Organization	ncdmonitoring@who.int	Link

ACCESS CONDITIONS

The user undertakes:

- (1) to acknowledge the data source.
- (2) to share any planned publications with WHO prior to publication.
- (3) to offer co-authorship of any reports or publications using the survey results to the coordinator of the survey.
- (4) to use the data for non-commercial, not-for-profit public health purposes only.

CITATION REQUIREMENTS

Publications based on STEPS data should cite the survey report (if available) and acknowledge the data source in the following manner:

"This paper uses data from the [country] [year] STEPS survey, implemented by [implementing agency] with the support of the World Health Organization."

ACCESS AUTHORITY

Name	Affiliation	Email	URL
NCD Surveillance Team	World Health Organization	ncdmonitoring@who.int	Link

Disclaimer and copyrights

DISCLAIMER

The data is being distributed without warranty of any kind. The responsibility for the use of the data lies with the user. In no event shall the World Health Organization be liable for damages arising from its use.

Metadata production

DDI DOCUMENT ID

DDI_ETH_2006_STEPS_v01_M

PRODUCERS

Name	Abbreviation	Affiliation	Role
Yue Wu		World Health Organization	Documentation of data
Melanie Cowan		World Health Organization	Supervision and review of metadata and documentation of study
Development Economics Data Group	DECDG	The World Bank	Metadata adapted for World Bank Microdata Library

DATE OF METADATA PRODUCTION

2020-01-12

DDI DOCUMENT VERSION

Identical to a metadata (ETH_2006_STEPS_v01) published on WHO NCD microdata repository (<http://extranet.who.int/ncdsmicrodata/index.php/catalog>). Some of the metadata fields have been edited.

data_dictionary

Data file	Cases	variables
Addis Ababa public-use dataset Addis Ababa public-use dataset	4002	92

Data file: Addis Ababa public-use dataset

Addis Ababa public-use dataset

Cases: 4002

variables: 92

variables

ID	Name	Label	Question
V1	pid	participant ID - unique record ID	
V2	age	Age	
V3	sex	Sex	
V4	t1	current smoking	
V5	t2	current daily smoking	
V6	t3	age started smoking	
V7	t4a	time since started smoking (years)	
V8	t4b	time since started smoking (months)	
V9	t4c	time since started smoking (weeks)	
V10	t5a	manufactured cigs smoked per day	
V11	t5b	hand-rolled cigs smoked per day	
V12	t5c	pipes smoked per day	
V13	t5d	cigars smoked per day	
V14	t5e	other smoked per day	
V15	t5f	specify other product smoked	
V16	t6	past daily smoking	
V17	t7	age quit smoking	
V18	t9	current smokeless tobacco use	
V19	t10	current daily smokeless tobacco use	
V20	t12	past daily smokeless use	
V21	a1	drank alcohol in past 12 mos	
V22	a2	freq drinking in past 12 mos	
V23	a3	average drinks during one day	
V24	a4	drank alcohol in past 30 days	
V25	a5a	number of drinks consumed last Monday	
V26	a5b	number of drinks consumed last Tuesday	
V27	a5c	number of drinks consumed last Wednesday	
V28	a5d	number of drinks consumed last Thursday	
V29	a5e	number of drinks consumed last Friday	
V30	a5f	number of drinks consumed last Saturday	
V31	a5g	number of drinks consumed last Sunday	
V32	a6	largest number drinks past 12 months	
V33	a7	times drank 5+(men) drinks in single occasion past 12 mos	
V34	a8	times drank 4+(women) drinks in single occasion past 30 12mos	
V35	d1	days fruit eaten per week	
V36	d2	servings fruit eaten per day	
V37	d3	days veg eaten per week	

ID	Name	Label	Question
V38	d4	servings veg eaten per day	
V39	p1	vig activity at work	
V40	p2	vig activity at work: days per week	
V41	p3a	vig activity at work: hours per day	
V42	p3b	vig activity at work: mins per day	
V43	p4	mod activity at work	
V44	p5	mod activity at work: days per week	
V45	p6a	mod activity at work: hours per day	
V46	p6b	mod activity at work: mins per day	
V47	p7	active transport	
V48	p8	active transport: days per week	
V49	p9a	active transport: hours per day	
V50	p9b	active transport: mins per day	
V51	p10	vig leisure activity	
V52	p11	vig leisure activity: days per week	
V53	p12a	vig leisure activity: hours per day	
V54	p12b	vig leisure activity: mins per day	
V55	p13	mod leisure activity	
V56	p14	mod leisure activity: days per week	
V57	p15a	mod leisure activity: hours per day	
V58	p15b	mod leisure activity: mins per day	
V59	p16a	sedentary time: hours per day	
V60	p16b	sedentary time: mins per day	
V61	h1	BP last measured	
V62	h2	told had high BP in past 12 mos	
V63	h3a	currently receiving for high BP: drugs	
V64	h3b	currently receiving for high BP: advice to reduce salt intake	
V65	h3c	currently receiving for high BP: advice/treatment to lose weight	
V66	h3d	currently receiving for high BP: advice/treatment to stop smoking	
V67	h3e	currently receiving for high BP: advice/treatment to exercise more	
V68	h4	ever seen trad'l healer for high BP	
V69	h5	taking trad'l meds for high BP	
V70	h6	gluc measured in past 12 mos	
V71	h7	told had high gluc in past 12 mos	
V72	h8a	currently receiving for high gluc: insulin	
V73	h8b	currently receiving for high gluc: drugs	
V74	h8c	currently receiving for high gluc: special diet	
V75	h8d	currently receiving for high gluc: advice/treatment to lose weight	
V76	h8e	currently receiving for high gluc: advice/treatment to stop smoking	
V77	h8f	currently receiving for high gluc: advice/treatment to exercise more	
V78	h9	seen trad'l healer for high gluc in past 12 mos	
V79	h10	taking trad'l meds for high gluc	
V80	m3	height (cm)	
V81	m4	weight (kg)	
V82	m5	pregnant	

ID	Name	Label	Question
V83	m7	waist circumference (cm)	
V84	m11a	BP reading 1: systolic	
V85	m11b	BP reading 1: diastolic	
V86	m12a	BP reading 2: systolic	
V87	m12b	BP reading 2: diastolic	
V88	m13a	BP reading 3: systolic	
V89	m13b	BP reading 3: diastolic	
V90	m14	took raised BP meds in past 2 weeks	
V91	m15	hip circumference (cm)	
V92	agerange	AgeRange	

total: 92

PID: participant ID - unique record ID**Data file: Addis Ababa public-use dataset****Overview**

Valid: 4002 Invalid: 0 Minimum: 1 Maximum: 4007 Mean: 2005.453 Standard deviation: 1156.664
 Type: Continuous Decimal: 0 Width: 10 Range: 1 - 4007 Format: Numeric

T5A: manufactured cigs smoked per day**Data file: Addis Ababa public-use dataset****Overview**

Valid: 179 Invalid: 3823 Minimum: 1 Maximum: 30 Mean: 7.732 Standard deviation: 5.171
 Type: Continuous Decimal: 0 Width: 10 Range: 1 - 30 Format: Numeric

AGE: Age**Data file: Addis Ababa public-use dataset****Overview**

Valid: 4002 Invalid: 0 Minimum: 25 Maximum: 64 Mean: 41.67 Standard deviation: 11.48
 Type: Continuous Decimal: 0 Width: 10 Range: 25 - 64 Format: Numeric

SEX: Sex**Data file: Addis Ababa public-use dataset****Overview**

Valid: 4002 Invalid: 0
 Type: Discrete Width: 5 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
Men		1648	41.2%
Women		2354	58.8%

T1: current smoking**Data file: Addis Ababa public-use dataset****Overview**

Valid: 4002 Invalid: 0
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	223	5.6%
2	No	3779	94.4%

T2: current daily smoking

Data file: Addis Ababa public-use dataset

Overview

Valid: 223 Invalid: 3779

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	186	83.4%
2	No	37	16.6%
Sysmiss		3779	

T3: age started smoking

Data file: Addis Ababa public-use dataset

Overview

Valid: 187 Invalid: 3815 Minimum: 7 Maximum: 40 Mean: 21.877 Standard deviation: 5.824

Type: Continuous Decimal: 0 Width: 10 Range: 7 - 40 Format: Numeric

T4A: time since started smoking (years)

Data file: Addis Ababa public-use dataset

Overview

Valid: 185 Invalid: 3817 Minimum: 1 Maximum: 50 Mean: 16.627 Standard deviation: 10.844

Type: Continuous Decimal: 0 Width: 10 Range: 1 - 50 Format: Numeric

T4B: time since started smoking (months)

Data file: Addis Ababa public-use dataset

Overview

Valid: 1 Invalid: 4001

Type: Discrete Decimal: 0 Width: 10 Range: 5 - 5 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
5		1	100%
Sysmiss		4001	

T4C: time since started smoking (weeks)**Data file: Addis Ababa public-use dataset****Overview**

Valid: 0 Invalid: 4002

Type: Discrete Decimal: 0 Width: 10 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

T5B: hand-rolled cigs smoked per day**Data file: Addis Ababa public-use dataset****Overview**

Valid: 0 Invalid: 4002

Type: Discrete Decimal: 0 Width: 10 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

T5C: pipes smoked per day**Data file: Addis Ababa public-use dataset**

Overview

Valid: 1 Invalid: 4001

Type: Discrete Decimal: 0 Width: 10 Range: 2 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
2		1	100%
Sysmiss		4001	

T5D: cigars smoked per day**Data file: Addis Ababa public-use dataset****Overview**

Valid: 4 Invalid: 3998

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		3	75%
2		1	25%
Sysmiss		3998	

T5E: other smoked per day**Data file: Addis Ababa public-use dataset****Overview**

Valid: 2 Invalid: 4000

Type: Discrete Decimal: 0 Width: 10 Range: 2 - 3 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
2		1	50%
3		1	50%
Sysmiss		4000	

T5F: specify other product smoked**Data file: Addis Ababa public-use dataset****Overview**

Valid: 0 Invalid: 4002

Type: Discrete Decimal: 0 Width: 10 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

T6: past daily smoking**Data file: Addis Ababa public-use dataset****Overview**

Valid: 3836 Invalid: 166

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	137	3.6%
2	No	3699	96.4%
Sysmiss		166	

T7: age quit smoking**Data file: Addis Ababa public-use dataset****Overview**

Valid: 136 Invalid: 3866 Minimum: 8 Maximum: 60 Mean: 32.125 Standard deviation: 9.399

Type: Continuous Decimal: 0 Width: 10 Range: 8 - 60 Format: Numeric

T9: current smokeless tobacco use**Data file: Addis Ababa public-use dataset**

Overview

Valid: 4000 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	3	0.1%
2	No	3997	99.9%
Sysmiss		2	

T10: current daily smokeless tobacco use**Data file: Addis Ababa public-use dataset****Overview**

Valid: 3 Invalid: 3999

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	2	66.7%
2	No	1	33.3%
Sysmiss		3999	

T12: past daily smokeless use**Data file: Addis Ababa public-use dataset****Overview**

Valid: 3998 Invalid: 4

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1	0%
2	No	3997	100%
Sysmiss		4	

A1: drank alcohol in past 12 mos**Data file: Addis Ababa public-use dataset****Overview**

Valid: 4002 Invalid: 0
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	2466	61.6%
2	No	1536	38.4%

A2: freq drinking in past 12 mos**Data file: Addis Ababa public-use dataset****Overview**

Valid: 2466 Invalid: 1536
 Type: Discrete Decimal: 0 Width: 22 Range: 1 - 5 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Daily	105	4.3%
2	5-6 days per week	49	2%
3	1-4 days per week	430	17.4%
4	1-3 days per month	610	24.7%
5	Less than once a month	1272	51.6%
Sysmiss		1536	

A3: average drinks during one day**Data file: Addis Ababa public-use dataset****Overview**

Valid: 2455 Invalid: 1547
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 20 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		560	22.8%
2		950	38.7%
3		442	18%
4		265	10.8%
5		98	4%
6		48	2%
7		21	0.9%
8		15	0.6%
9		1	0%
10		45	1.8%
12		5	0.2%
14		1	0%
15		2	0.1%
20		2	0.1%
Sysmiss		1547	

A4: drank alcohol in past 30 days

Data file: Addis Ababa public-use dataset

Overview

Valid: 2448 Invalid: 1554

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 3 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1829	74.7%
2	No	595	24.3%
3		24	1%
Sysmiss		1554	

A5A: number of drinks consumed last Monday

Data file: Addis Ababa public-use dataset

Overview

Valid: 233 Invalid: 3769 Minimum: 1 Maximum: 40 Mean: 3.567 Standard deviation: 3.273
 Type: Continuous Decimal: 0 Width: 10 Range: 1 - 40 Format: Numeric

A5B: number of drinks consumed last Tuesday

Data file: Addis Ababa public-use dataset

Overview

Valid: 222 Invalid: 3780
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 20 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		25	11.3%
2		71	32%
3		47	21.2%
4		32	14.4%
5		14	6.3%
6		14	6.3%
7		6	2.7%
8		5	2.3%
9		2	0.9%
10		4	1.8%
16		1	0.5%
20		1	0.5%
Sysmiss		3780	

A5C: number of drinks consumed last Wednesday

Data file: Addis Ababa public-use dataset

Overview

Valid: 229 Invalid: 3773
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 10 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		26	11.4%

2		79	34.5%
3		52	22.7%
4		30	13.1%
5		14	6.1%
6		13	5.7%
7		4	1.7%
8		8	3.5%
10		3	1.3%
Sysmiss		3773	

A5D: number of drinks consumed last Thursday

Data file: Addis Ababa public-use dataset

Overview

Valid: 221 Invalid: 3781

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 11 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		26	11.8%
2		72	32.6%
3		48	21.7%
4		34	15.4%
5		11	5%
6		13	5.9%
7		4	1.8%
8		7	3.2%
10		5	2.3%
11		1	0.5%
Sysmiss		3781	

A5E: number of drinks consumed last Friday

Data file: Addis Ababa public-use dataset

Overview

Valid: 203 Invalid: 3799

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 12 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		24	11.8%
2		63	31%
3		49	24.1%
4		28	13.8%
5		12	5.9%
6		11	5.4%
7		5	2.5%
8		8	3.9%
9		1	0.5%
10		1	0.5%
12		1	0.5%
Sysmiss		3799	

A5F: number of drinks consumed last Saturday

Data file: Addis Ababa public-use dataset

Overview

Valid: 339 Invalid: 3663 Minimum: 1 Maximum: 23 Mean: 3.342 Standard deviation: 2.49
 Type: Continuous Decimal: 0 Width: 10 Range: 1 - 23 Format: Numeric

A5G: number of drinks consumed last Sunday

Data file: Addis Ababa public-use dataset

Overview

Valid: 359 Invalid: 3643
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 15 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		77	21.4%
2		119	33.1%
3		63	17.5%
4		44	12.3%
5		19	5.3%

6		15	4.2%
7		3	0.8%
8		8	2.2%
10		5	1.4%
12		3	0.8%
15		3	0.8%
Sysmiss		3643	

A6: largest number drinks past 12 months

Data file: Addis Ababa public-use dataset

Overview

Valid: 2448 Invalid: 1554 Minimum: 1 Maximum: 36 Mean: 3.705 Standard deviation: 3.289
 Type: Continuous Decimal: 0 Width: 10 Range: 1 - 36 Format: Numeric

A7: times drank 5+(men) drinks in single occasion past 12 mos

Data file: Addis Ababa public-use dataset

Overview

Valid: 1137 Invalid: 2865 Minimum: 0 Maximum: 365 Mean: 19.349 Standard deviation: 47.798
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 365 Format: Numeric

A8: times drank 4+(women) drinks in single occasion past 30 12mos

Data file: Addis Ababa public-use dataset

Overview

Valid: 1329 Invalid: 2673 Minimum: 0 Maximum: 300 Mean: 1.339 Standard deviation: 9.475
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 300 Format: Numeric

D1: days fruit eaten per week

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
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0		2300	57.5%
1		699	17.5%
2		530	13.2%
3		253	6.3%
4		63	1.6%
5		29	0.7%
6		10	0.2%
7		118	2.9%

D2: servings fruit eaten per day

Data file: Addis Ababa public-use dataset

Overview

Valid: 1701 Invalid: 2301

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 7 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		1364	80.2%
2		281	16.5%
3		50	2.9%
4		4	0.2%
5		1	0.1%
7		1	0.1%
Sysmiss		2301	

D3: days veg eaten per week

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		1323	33.1%

1		748	18.7%
2		1148	28.7%
3		447	11.2%
4		116	2.9%
5		44	1.1%
6		9	0.2%
7		167	4.2%

D4: servings veg eaten per day

Data file: Addis Ababa public-use dataset

Overview

Valid: 2679 Invalid: 1323

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 7 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		1561	58.3%
2		1076	40.2%
3		39	1.5%
4		2	0.1%
7		1	0%
Sysmiss		1323	

P1: vig activity at work

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	748	18.7%
2	No	3254	81.3%

P2: vig activity at work: days per week**Data file: Addis Ababa public-use dataset****Overview**

Valid: 4002 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		3279	81.9%
1		43	1.1%
2		95	2.4%
3		69	1.7%
4		43	1.1%
5		182	4.5%
6		151	3.8%
7		140	3.5%

P3A: vig activity at work: hours per day**Data file: Addis Ababa public-use dataset****Overview**

Valid: 4002 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 19 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		3345	83.6%
1		108	2.7%
2		61	1.5%
3		48	1.2%
4		45	1.1%
5		19	0.5%
6		58	1.4%
7		11	0.3%

8		188	4.7%
9		19	0.5%
10		41	1%
11		3	0.1%
12		49	1.2%
13		1	0%
14		2	0%
16		2	0%
17		1	0%
19		1	0%

P3B: vig activity at work: mins per day

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0 Minimum: 0 Maximum: 45 Mean: 0.962 Standard deviation: 5.277
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 45 Format: Numeric

P4: mod activity at work

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	2124	53.1%
2	No	1878	46.9%

P5: mod activity at work: days per week

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 8 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		1910	47.7%
1		299	7.5%
2		472	11.8%
3		315	7.9%
4		159	4%
5		272	6.8%
6		175	4.4%
7		396	9.9%
8		4	0.1%

P6A: mod activity at work: hours per day

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0 Minimum: 0 Maximum: 24 Mean: 2.164 Standard deviation: 3.053
Type: Continuous Decimal: 0 Width: 10 Range: 0 - 24 Format: Numeric

P6B: mod activity at work: mins per day

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0 Minimum: 0 Maximum: 50 Mean: 2.266 Standard deviation: 8
Type: Continuous Decimal: 0 Width: 10 Range: 0 - 50 Format: Numeric

P7: active transport

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0
Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	3767	94.1%

2	No	235	5.9%
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P8: active transport: days per week

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 8 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		263	6.6%
1		188	4.7%
2		449	11.2%
3		487	12.2%
4		257	6.4%
5		569	14.2%
6		252	6.3%
7		1529	38.2%
8		8	0.2%

P9A: active transport: hours per day

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 20 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		2673	66.8%
1		911	22.8%
2		252	6.3%
3		92	2.3%
4		36	0.9%
5		14	0.3%

6		10	0.2%
8		8	0.2%
10		2	0%
11		1	0%
12		1	0%
15		1	0%
20		1	0%

P9B: active transport: mins per day

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0 Minimum: 0 Maximum: 55 Mean: 18.986 Standard deviation: 15.018
Type: Continuous Decimal: 0 Width: 10 Range: 0 - 55 Format: Numeric

P10: vig leisure activity

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0
Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	281	7%
2	No	3721	93%

P11: vig leisure activity: days per week

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0
Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
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0		3721	93%
1		57	1.4%
2		53	1.3%
3		68	1.7%
4		18	0.4%
5		13	0.3%
6		14	0.3%
7		58	1.4%

P12A: vig leisure activity: hours per day

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 10 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		3829	95.7%
1		89	2.2%
2		59	1.5%
3		10	0.2%
4		10	0.2%
5		2	0%
6		2	0%
10		1	0%

P12B: vig leisure activity: mins per day

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0 Minimum: 0 Maximum: 50 Mean: 1.012 Standard deviation: 5.582

Type: Continuous Decimal: 0 Width: 10 Range: 0 - 50 Format: Numeric

P13: mod leisure activity

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	356	8.9%
2	No	3646	91.1%

P14: mod leisure activity: days per week**Data file: Addis Ababa public-use dataset****Overview**

Valid: 4002 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		3649	91.2%
1		63	1.6%
2		107	2.7%
3		74	1.8%
4		22	0.5%
5		21	0.5%
6		10	0.2%
7		56	1.4%

P15A: mod leisure activity: hours per day**Data file: Addis Ababa public-use dataset****Overview**

Valid: 4002 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 8 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		3810	95.2%
1		104	2.6%
2		57	1.4%
3		15	0.4%
4		8	0.2%
5		5	0.1%
6		2	0%
8		1	0%

P15B: mod leisure activity: mins per day

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0 Minimum: 0 Maximum: 50 Mean: 1.374 Standard deviation: 6.31
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 50 Format: Numeric

P16A: sedentary time: hours per day

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 16 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		876	21.9%
1		765	19.1%
2		801	20%
3		545	13.6%
4		397	9.9%
5		190	4.7%
6		213	5.3%
7		34	0.8%
8		103	2.6%
9		6	0.1%
10		44	1.1%
11		1	0%

12		24	0.6%
13		1	0%
16		2	0%

P16B: sedentary time: mins per day

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0 Minimum: 0 Maximum: 55 Mean: 7.401 Standard deviation: 12.871
Type: Continuous Decimal: 0 Width: 10 Range: 0 - 55 Format: Numeric

H1: BP last measured

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0
Type: Discrete Decimal: 0 Width: 23 Range: 1 - 3 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Within past 12 months	1910	47.7%
2	1-5 years ago	581	14.5%
3	Not within past 5 years	1511	37.8%

H2: told had high BP in past 12 mos

Data file: Addis Ababa public-use dataset

Overview

Valid: 4001 Invalid: 1
Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	620	15.5%
2	No	3381	84.5%
Sysmiss		1	

H3A: currently receiving for high BP: drugs**Data file: Addis Ababa public-use dataset****Overview**

Valid: 4002 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	177	4.4%
2	No	3825	95.6%

H3B: currently receiving for high BP: advice to reduce salt intake**Data file: Addis Ababa public-use dataset****Overview**

Valid: 4002 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	474	11.8%
2	No	3528	88.2%

H3C: currently receiving for high BP: advice/treatment to lose weight**Data file: Addis Ababa public-use dataset****Overview**

Valid: 4002 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	252	6.3%

2	No	3750	93.7%
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H3D: currently receiving for high BP: advice/treatment to stop smoking

Data file: Addis Ababa public-use dataset

Overview

Valid: 4002 Invalid: 0
Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	34	0.8%
2	No	3968	99.2%

H3E: currently receiving for high BP: advice/treatment to exercise more

Data file: Addis Ababa public-use dataset

Overview

Valid: 4001 Invalid: 1
Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	315	7.9%
2	No	3686	92.1%
Sysmiss		1	

H4: ever seen trad'l healer for high BP

Data file: Addis Ababa public-use dataset

Overview

Valid: 4001 Invalid: 1
Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	21	0.5%
2	No	3980	99.5%
Sysmiss		1	

H5: taking trad'l meds for high BP

Data file: Addis Ababa public-use dataset

Overview

Valid: 4001 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	18	0.4%
2	No	3983	99.6%
Sysmiss		1	

H6: gluc measured in past 12 mos

Data file: Addis Ababa public-use dataset

Overview

Valid: 4000 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	442	11.1%
2	No	3558	89%
Sysmiss		2	

H7: told had high gluc in past 12 mos

Data file: Addis Ababa public-use dataset

Overview

Valid: 4000 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	143	3.6%
2	No	3857	96.4%
Sysmiss		2	

H8A: currently receiving for high gluc: insulin

Data file: Addis Ababa public-use dataset

Overview

Valid: 4001 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	43	1.1%
2	No	3958	98.9%
Sysmiss		1	

H8B: currently receiving for high gluc: drugs

Data file: Addis Ababa public-use dataset

Overview

Valid: 4001 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	59	1.5%
2	No	3942	98.5%
Sysmiss		1	

H8C: currently receiving for high gluc: special diet**Data file: Addis Ababa public-use dataset****Overview**

Valid: 4001 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	112	2.8%
2	No	3889	97.2%
Sysmiss		1	

H8D: currently receiving for high gluc: advice/treatment to lose weight**Data file: Addis Ababa public-use dataset****Overview**

Valid: 4001 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	72	1.8%
2	No	3929	98.2%
Sysmiss		1	

H8E: currently receiving for high gluc: advice/treatment to stop smoking**Data file: Addis Ababa public-use dataset****Overview**

Valid: 4001 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	11	0.3%

2	No	3990	99.7%
Sysmiss		1	

H8F: currently receiving for high gluc: advice/treatment to exercise more

Data file: Addis Ababa public-use dataset

Overview

Valid: 4001 Invalid: 1
Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	97	2.4%
2	No	3904	97.6%
Sysmiss		1	

H9: seen trad'l healer for high gluc in past 12 mos

Data file: Addis Ababa public-use dataset

Overview

Valid: 4001 Invalid: 1
Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	10	0.2%
2	No	3991	99.8%
Sysmiss		1	

H10: taking trad'l meds for high gluc

Data file: Addis Ababa public-use dataset

Overview

Valid: 4001 Invalid: 1
Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	6	0.1%
2	No	3995	99.9%
Sysmiss		1	

M3: height (cm)

Data file: Addis Ababa public-use dataset

Overview

Valid: 3988 Invalid: 14 Minimum: 105 Maximum: 198 Mean: 161.07 Standard deviation: 9.114
 Type: Continuous Decimal: 0 Width: 10 Range: 105 - 198 Format: Numeric

M4: weight (kg)

Data file: Addis Ababa public-use dataset

Overview

Valid: 3993 Invalid: 9 Minimum: 18.1 Maximum: 135.5 Mean: 60.42 Standard deviation: 11.794
 Type: Continuous Decimal: 0 Width: 10 Range: 18.1 - 135.5 Format: Numeric

M5: pregnant

Data file: Addis Ababa public-use dataset

Overview

Valid: 2299 Invalid: 1703
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 3 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	33	1.4%
2	No	2251	97.9%
3		15	0.7%
Sysmiss		1703	

M7: waist circumference (cm)**Data file: Addis Ababa public-use dataset****Overview**

Valid: 3981 Invalid: 21 Minimum: 34 Maximum: 294 Mean: 87.51 Standard deviation: 15.582
 Type: Continuous Decimal: 0 Width: 10 Range: 34 - 294 Format: Numeric

M11A: BP reading 1: systolic**Data file: Addis Ababa public-use dataset****Overview**

Valid: 3991 Invalid: 11 Minimum: 64 Maximum: 272 Mean: 131.673 Standard deviation: 24.119
 Type: Continuous Decimal: 0 Width: 10 Range: 64 - 272 Format: Numeric

M11B: BP reading 1: diastolic**Data file: Addis Ababa public-use dataset****Overview**

Valid: 3991 Invalid: 11 Minimum: 31 Maximum: 141 Mean: 82.306 Standard deviation: 13.372
 Type: Continuous Decimal: 0 Width: 10 Range: 31 - 141 Format: Numeric

M12A: BP reading 2: systolic**Data file: Addis Ababa public-use dataset****Overview**

Valid: 3967 Invalid: 35 Minimum: 68 Maximum: 256 Mean: 128.784 Standard deviation: 23.239
 Type: Continuous Decimal: 0 Width: 10 Range: 68 - 256 Format: Numeric

M12B: BP reading 2: diastolic**Data file: Addis Ababa public-use dataset****Overview**

Valid: 3967 Invalid: 35 Minimum: 26 Maximum: 198 Mean: 81.079 Standard deviation: 13.291
 Type: Continuous Decimal: 0 Width: 10 Range: 26 - 198 Format: Numeric

M13A: BP reading 3: systolic**Data file: Addis Ababa public-use dataset****Overview**

Valid: 3975 Invalid: 27 Minimum: 52 Maximum: 259 Mean: 127.267 Standard deviation: 22.572
 Type: Continuous Decimal: 0 Width: 10 Range: 52 - 259 Format: Numeric

M13B: BP reading 3: diastolic**Data file: Addis Ababa public-use dataset****Overview**

Valid: 3974 Invalid: 28 Minimum: 37 Maximum: 199 Mean: 80.044 Standard deviation: 13.071
 Type: Continuous Decimal: 0 Width: 10 Range: 37 - 199 Format: Numeric

M14: took raised BP meds in past 2 weeks**Data file: Addis Ababa public-use dataset****Overview**

Valid: 4002 Invalid: 0
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 9 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	128	3.2%
2	No	3662	91.5%
9	Don't know	212	5.3%

M15: hip circumference (cm)**Data file: Addis Ababa public-use dataset****Overview**

Valid: 3981 Invalid: 21 Minimum: 32 Maximum: 150 Mean: 97.263 Standard deviation: 9.788
 Type: Continuous Decimal: 0 Width: 10 Range: 32 - 150 Format: Numeric

AGERANGE: AgeRange**Data file: Addis Ababa public-use dataset****Overview**

Valid: 4002 Invalid: 0
 Type: Discrete Width: 5 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
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25-34		1182	29.5%
35-44		1123	28.1%
45-54		961	24%
55-64		736	18.4%

study_resources

questionnaires

Questionnaire

title Questionnaire
country Ethiopia
filename STEPS_Ethiopia_2006_Questionnaire.pdf

reports

Fact Sheet

title Fact Sheet
country Ethiopia
filename STEPS_Ethiopia_2006_FactSheet.pdf

technical_documents

Generic STEPS Questionnaire (version 2.0)

title Generic STEPS Questionnaire (version 2.0)
filename STEPS_Instrument_v2_0.pdf
