

# STEPwise Survey for Non Communicable Diseases Risk Factor 2006

**Ministry of Health**

report\_generated\_on: March 19, 2024

visit\_data\_catalog\_at: <http://catalog.ihsn.org/>

## Identification

### SURVEY ID NUMBER

MRT\_2006\_STEPS\_v01\_M

### TITLE

STEPwise Survey for Non Communicable Diseases Risk Factor 2006

### SUBTITLE

Nouakchott

### COUNTRY

Name	Country code
Mauritania	MRT

### STUDY TYPE

Other Household Survey [hh/oth]

### SERIES INFORMATION

This is the first STEPS conducted by Mauritania.

### ABSTRACT

STEPS is a household-based survey to obtain core data on the established risk factors that determine the major burden of NCDs.

### KIND OF DATA

Sample survey data [ssd]

### UNIT OF ANALYSIS

Individuals

## Version

### VERSION DESCRIPTION

Public-use dataset

## Scope

### NOTES

The following topics were included in the survey: tobacco use, diet, physical activity, history of raised blood glucose and history of raised blood pressure. Additionally, the following measures were taken: height, weight, waist circumference, hip circumference, heart rate, fasting blood glucose, total cholesterol.

### TOPICS

Topic	Vocabulary
STEPS	Survey

### KEYWORDS

Keyword
noncommunicable diseases
risk factors
health surveys

tobacco use
diet
nutrition
physical activity
overweight
obesity
diabetes
hypertension
blood glucose
cholesterol

## Coverage

### GEOGRAPHIC COVERAGE

Subnational coverage: Nouakchott

### UNIVERSE

Adults aged 15-64 years.

## Producers and sponsors

### PRIMARY INVESTIGATORS

Name
Ministry of Health

## Sampling

### SAMPLING PROCEDURE

A multi-stage cluster sample design was used to produce representative data for Nouakchott. See p. 14 of the report for more details.

### WEIGHTING

Analysis weights are not available.

## data\_collection

### DATES OF DATA COLLECTION

Start	End
2006-01	2006-06

### DATA COLLECTION MODE

Face-to-face [f2f]

## questionnaires

## QUESTIONNAIRES

Note GPAQ1 (physical activity module) has been mapped to GPAQ2 in dataset.

## Access policy

## CONTACTS

Name	Affiliation	Email	URL
NCD Surveillance Team	World Health Organization	ncdmonitoring@who.int	<a href="#">Link</a>

## ACCESS CONDITIONS

The user undertakes:

- (1) to acknowledge the data source.
- (2) to share any planned publications with WHO prior to publication.
- (3) to offer co-authorship of any reports or publications using the survey results to the coordinator of the survey.
- (4) to use the data for non-commercial, not-for-profit public health purposes only.

## CITATION REQUIREMENTS

Publications based on STEPS data should cite the survey report (if available) and acknowledge the data source in the following manner:

"This paper uses data from the [country] [year] STEPS survey, implemented by [implementing agency] with the support of the World Health Organization."

## ACCESS AUTHORITY

Name	Affiliation	Email	URL
NCD Surveillance Team	World Health Organization	ncdmonitoring@who.int	<a href="#">Link</a>

## Disclaimer and copyrights

## DISCLAIMER

The data is being distributed without warranty of any kind. The responsibility for the use of the data lies with the user. In no event shall the World Health Organization be liable for damages arising from its use.

## Metadata production

## DDI DOCUMENT ID

DDI\_MRT\_2006\_STEPS\_v01\_M

## PRODUCERS

Name	Abbreviation	Affiliation	Role
Yue Wu		World Health Organization	Documentation of data
Melanie Cowan		World Health Organization	Supervision and review of metadata and documentation of study
Development Economics Data Group	DECDG	The World Bank	Metadata adapted for World Bank Microdata Library

## DATE OF METADATA PRODUCTION

2020-03-31

## DDI DOCUMENT VERSION

Identical to a metadata (MRT\_2006\_STEPS\_v01) published on WHO NCD microdata repository (<http://extranet.who.int/ncdsmicrodata/index.php/catalog>). Some of the metadata fields have been edited.

**data\_dictionary**

<b>Data file</b>	<b>Cases</b>	<b>variables</b>
<b>mrt2006</b> Subnational public-use dataset	2600	105



**Data file: mrt2006**

Subnational public-use dataset

Cases: 2600

variables: 105

**variables**

ID	Name	Label	Question
V110	pid	participant ID - unique record ID	
V115	age	age for analysis	
V116	sex	sex	
V117	c4	yrs of education	
V118	c5	native language	
V119	c6	highest level of education	
V120	c7	work status	
V121	c8	adults older than 18yrs in household	
V122	c9a	average earnings of household per week	
V123	c9b	average earnings of household per month	
V124	c9c	average earnings of household per year	
V125	c9d	average earnings refused to disclose	
V126	c10	estimate of annual household income	
V127	t1	current smoking	
V128	t2	current daily smoking	
V129	t3	age started smoking	
V130	t4a	time since started smoking (years)	
V131	t4b	time since started smoking (months)	
V132	t4c	time since started smoking (weeks)	
V133	t5a	manufactured cigs smoked per day	
V134	t5b	hand-rolled cigs smoked per day	
V135	t5c	pipes smoked per day	
V136	t5d	cigars smoked per day	
V137	t5e	other smoked per day	
V138	t5other	specify other product smoked	
V139	t6	past daily smoking	
V140	t7	age quit smoking	
V141	t8a	time since quitting smoking (years)	
V142	t8b	time since quitting smoking (months)	
V143	t8c	time since quitting smoking (weeks)	
V144	t9	current smokeless tobacco use	
V145	t10	current daily smokeless tobacco use	
V146	t11a	Snuff, by mouth times per day	
V147	t11b	Snuff, by nose times per day	
V148	t11c	Chewing tobacco times per day	
V149	t11d	Betel, quid times per day	
V150	t11e	other smokeless product per day	

ID	Name	Label	Question
V151	t11other	specify other smokeless product per day	
V152	t12	past daily smokeless use	
V153	d1	days fruit eaten per week	
V154	d2	servings fruit eaten per day	
V155	d3	days veg eaten per week	
V156	d4	servings veg eaten per day	
V157	d5	oil used most often	
V158	p1	vig activity at work	
V159	p2	vig activity at work: days per week	
V160	p3a	vig activity at work: hours per day	
V161	p3b	vig activity at work: mins per day	
V162	p4	mod activity at work	
V163	p5	mod activity at work: days per week	
V164	p6a	mod activity at work: hours per day	
V165	p6b	mod activity at work: mins per day	
V166	p7	active transport	
V167	p8	active transport: days per week	
V168	p9a	active transport: hours per day	
V169	p9b	active transport: mins per day	
V170	p10	vig leisure activity	
V171	p11	vig leisure activity: days per week	
V172	p12a	vig leisure activity: hours per day	
V173	p12b	vig leisure activity: mins per day	
V174	p13	mod leisure activity	
V175	p14	mod leisure activity: days per week	
V176	p15a	mod leisure activity: hours per day	
V177	p15b	mod leisure activity: mins per day	
V178	p16a	sedentary time: hours per day	
V179	p16b	sedentary time: mins per day	
V180	h1	BP measured	
V181	h2	told had high BP in past 12 mos	
V182	h3a	currently receiving for high BP: drugs	
V183	h3b	currently receiving for high BP: advice to reduce salt intake	
V184	h3c	currently receiving for high BP: advice/treatment to lose weight	
V185	h3d	currently receiving for high BP: advice/treatment to stop smoking	
V186	h3e	currently receiving for high BP: advice/treatment to exercise more	
V187	h4	seen trad'l healer for high BP in past 12 mos	
V188	h5	taking trad'l meds for high BP	
V189	h6	gluc measured	
V190	h7	told had high gluc	
V191	h8a	currently receiving for high gluc: insulin	
V192	h8b	currently receiving for high gluc: drugs	
V193	h8c	currently receiving for high gluc: special diet	
V194	h8d	currently receiving for high gluc: advice/treatment to lose weight	
V195	h8e	currently receiving for high gluc: advice/treatment to stop smoking	



ID	Name	Label	Question
V196	h8f	currently receiving for high gluc: advice/treatment to exercise more	
V197	h9	seen trad'l healer for high gluc in past 12 mos	
V198	h10	taking trad'l meds for high gluc	
V199	m1	interviewer ID	
V200	m2a	device ID (height)	
V201	m2b	device ID (weight)	
V202	m3	height (cm)	
V203	m4	weight (kg)	
V204	m5	pregnant	
V205	m6	device ID (waist)	
V206	m7	waist circumference (cm)	
V207	m9	device ID (blood pressure)	
V208	m10	cuff size	
V209	m14	took raised BP meds in past 2 weeks	
V210	m15	hip circumference (cm)	
V211	m16a	heart rate reading 1 (beats per minute)	
V212	m16b	heart rate reading 2 (beats per minute)	
V213	m16c	heart rate reading 3 (beats per minute)	
V214	b1	ate/drank in past 12 hours (fasting status)	
V215	b4	time blood sample taken	
V216	b5	fasting blood glucose (mg/dl)	
V217	b7	total cholesterol (mg/dl)	
V218	agerange	ageranges for which survey was designed	

total: 105



**PID: participant ID - unique record ID****Data file:** mrt2006**Overview**

Valid: 2600 Invalid: 0 Minimum: 1 Maximum: 2673 Mean: 1330.324 Standard deviation: 772.566  
 Type: Continuous Decimal: 0 Width: 8 Range: 1 - 2673 Format: Numeric

**AGE: age for analysis****Data file:** mrt2006**Overview**

Valid: 2600 Invalid: 0 Minimum: 15 Maximum: 64 Mean: 36.383 Standard deviation: 13.687  
 Type: Continuous Decimal: 0 Width: 8 Range: 15 - 64 Format: Numeric

**SEX: sex****Data file:** mrt2006**Overview**

Valid: 2600 Invalid: 0  
 Type: Discrete Width: 5 Range: - Format: character

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
men		1185	45.6%
women		1415	54.4%

**C4: yrs of education****Data file:** mrt2006**Overview**

Valid: 2600 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		938	36.1%
1		45	1.7%
2		74	2.8%

3		86	3.3%
4		74	2.8%
5		129	5%
6		263	10.1%
7		105	4%
8		108	4.2%
9		151	5.8%
10		70	2.7%
11		42	1.6%
12		171	6.6%
13		49	1.9%
14		60	2.3%
15		46	1.8%
16		59	2.3%
17		17	0.7%
18		25	1%
19		7	0.3%
20		10	0.4%
22		2	0.1%
77	Don't know	69	2.7%

## C5: native language

Data file: mrt2006

### Overview

Valid: 2600 Invalid: 0

Type: Discrete Decimal: 0 Width: 11 Range: 1 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Arabe	1500	57.7%
2	Pular	633	24.3%
3	SoninkÃ©	116	4.5%
4	Wolof	150	5.8%
5	Autres	29	1.1%
99	Ne sait pas	172	6.6%

**C6: highest level of education****Data file: mrt2006****Overview**

Valid: 2600 Invalid: 0

Type: Discrete Decimal: 0 Width: 34 Range: 1 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Aucune instruction officielle	814	31.3%
2	Enseignement originel	603	23.2%
3	Moins que l'École primaire	370	14.2%
4	Fin de l'École primaire	342	13.2%
5	Fin du collège	258	9.9%
6	Fin du lycée ou équivalent	90	3.5%
7	Ecole supérieure, Université	21	0.8%
8	Diplôme post-universitaire Obtenu	0	0%
99	Ne sait pas	102	3.9%

**C7: work status****Data file: mrt2006****Overview**

Valid: 2600 Invalid: 0

Type: Discrete Decimal: 0 Width: 23 Range: 1 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Employé de l'Etat	232	8.9%
2	Employé dans le privé	226	8.7%
3	Indépendant	577	22.2%
4	Bénévole	23	0.9%
5	Etudiant	220	8.5%
6	Femme au foyer	760	29.2%
7	Retraité	36	1.4%
8	Chômeur	244	9.4%
9	Invalide	21	0.8%

88	Refuse	3	0.1%
99	Ne sait pas	258	9.9%

## C8: adults older than 18yrs in household

Data file: mrt2006

### Overview

Valid: 2600 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		52	2%
2		322	12.4%
3		369	14.2%
4		308	11.8%
5		298	11.5%
6		253	9.7%
7		121	4.7%
8		112	4.3%
9		61	2.3%
10		58	2.2%
11		41	1.6%
12		23	0.9%
14		7	0.3%
15		2	0.1%
16		2	0.1%
17		4	0.2%
18		6	0.2%
19		2	0.1%
99	Don't know	559	21.5%

## C9A: average earnings of household per week

Data file: mrt2006

### Overview

Valid: 524 Invalid: 2076 Minimum: 500 Maximum: 200000 Mean: 15168.989 Standard deviation: 18805.599

Type: Continuous    Decimal: 0    Width: 12    Range: 500 - 200000    Format: Numeric

### **C9B: average earnings of household per month**

**Data file:** mrt2006

#### **Overview**

Valid: 553    Invalid: 2047    Minimum: 1000    Maximum: 340000    Mean: 46536.618    Standard deviation: 38625.777

Type: Continuous    Decimal: 0    Width: 12    Range: 1000 - 340000    Format: Numeric

### **C9C: average earnings of household per year**

**Data file:** mrt2006

#### **Overview**

Valid: 28    Invalid: 2572    Minimum: 20000    Maximum: 600000    Mean: 125035.714    Standard deviation: 132547.82

Type: Continuous    Decimal: 0    Width: 12    Range: 20000 - 600000    Format: Numeric

### **C9D: average earnings refused to disclose**

**Data file:** mrt2006

#### **Overview**

Valid: 1496    Invalid: 1104

Type: Discrete    Decimal: 0    Width: 8    Range: 8 - 8    Format: Numeric

#### **Questions and instructions**

#### CATEGORIES

Value	Category	Cases	
8	Refused	1496	100%
Sysmiss		1104	

### **C10: estimate of annual household income**

**Data file:** mrt2006

#### **Overview**

Valid: 1496    Invalid: 1104

Type: Discrete    Decimal: 0    Width: 15    Range: 1 - 9    Format: Numeric

#### **Questions and instructions**

#### CATEGORIES

Value	Category	Cases	
1	<=100,000	8	0.5%
2	101,000-300,000	30	2%
3	301,000-600,000	76	5.1%
4	601,000-900,000	39	2.6%
5	901,000 e plus	1	0.1%
8	Refused	256	17.1%
9	Don't know	1086	72.6%
Sysmiss		1104	

## T1: current smoking

Data file: mrt2006

### Overview

Valid: 2600 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	478	18.4%
2	No	1936	74.5%
99	Don't know	186	7.2%

## T2: current daily smoking

Data file: mrt2006

### Overview

Valid: 665 Invalid: 1935

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	424	63.8%
2	No	29	4.4%
99	Don't know	212	31.9%
Sysmiss		1935	



**T3: age started smoking****Data file: mrt2006****Overview**

Valid: 636    Invalid: 1964

Type: Discrete    Decimal: 0    Width: 10    Range: 7 - 99    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
7		3	0.5%
8		5	0.8%
9		4	0.6%
10		14	2.2%
11		8	1.3%
12		19	3%
13		8	1.3%
14		20	3.1%
15		53	8.3%
16		27	4.2%
17		18	2.8%
18		34	5.3%
19		12	1.9%
20		15	2.4%
21		5	0.8%
22		7	1.1%
23		3	0.5%
24		5	0.8%
25		6	0.9%
26		1	0.2%
27		1	0.2%
30		3	0.5%
31		3	0.5%
32		1	0.2%
34		1	0.2%
35		1	0.2%
36		1	0.2%
37		1	0.2%

40		2	0.3%
77	Don't know	108	17%
88	Don't know	7	1.1%
99	Don't know	240	37.7%
Sysmiss		1964	

## T4A: time since started smoking (years)

Data file: mrt2006

### Overview

Valid: 356 Invalid: 2244

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		2	0.6%
2		3	0.8%
3		2	0.6%
4		4	1.1%
5		4	1.1%
6		2	0.6%
7		2	0.6%
8		3	0.8%
10		4	1.1%
19		3	0.8%
20		3	0.8%
22		2	0.6%
25		1	0.3%
27		1	0.3%
30		1	0.3%
77	Don't know	15	4.2%
88	Don't know	3	0.8%
99	Don't know	301	84.6%
Sysmiss		2244	

**T4B: time since started smoking (months)****Data file:** mrt2006**Overview**

Valid: 319    Invalid: 2281

Type: Discrete    Decimal: 0    Width: 10    Range: 77 - 99    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
77	Don't know	4	1.3%
88	Don't know	1	0.3%
99	Don't know	314	98.4%
Sysmiss		2281	

**T4C: time since started smoking (weeks)****Data file:** mrt2006**Overview**

Valid: 319    Invalid: 2281

Type: Discrete    Decimal: 0    Width: 10    Range: 77 - 99    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
77	Don't know	5	1.6%
88	Don't know	1	0.3%
99	Don't know	313	98.1%
Sysmiss		2281	

**T5A: manufactured cigs smoked per day****Data file:** mrt2006**Overview**

Valid: 636    Invalid: 1964

Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 99    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		2	0.3%
1		199	31.3%
2		5	0.8%
3		30	4.7%
4		6	0.9%
5		3	0.5%
6		4	0.6%
7		1	0.2%
10		3	0.5%
12		1	0.2%
20		4	0.6%
30		2	0.3%
77	Don't know	3	0.5%
99	Don't know	373	58.6%
Sysmiss		1964	

## T5B: hand-rolled cigs smoked per day

Data file: mrt2006

### Overview

Valid: 636 Invalid: 1964

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		5	0.8%
1		7	1.1%
2		11	1.7%
3		39	6.1%
4		6	0.9%
6		1	0.2%
14		1	0.2%
15		1	0.2%
77	Don't know	2	0.3%
99	Don't know	563	88.5%
Sysmiss		1964	

**T5C: pipes smoked per day****Data file:** mrt2006**Overview**

Valid: 636 Invalid: 1964

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		7	1.1%
1		2	0.3%
2		1	0.2%
3		11	1.7%
4		3	0.5%
10		1	0.2%
15		1	0.2%
20		3	0.5%
77	Don't know	35	5.5%
88	Don't know	1	0.2%
99	Don't know	571	89.8%
Sysmiss		1964	

**T5D: cigars smoked per day****Data file:** mrt2006**Overview**

Valid: 636 Invalid: 1964

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		6	0.9%
4		2	0.3%
5		1	0.2%
6		2	0.3%

7		1	0.2%
10		4	0.6%
20		6	0.9%
77	Don't know	11	1.7%
99	Don't know	603	94.8%
Sysmiss		1964	

## T5E: other smoked per day

Data file: mrt2006

### Overview

Valid: 636 Invalid: 1964

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		6	0.9%
1		4	0.6%
2		1	0.2%
9		1	0.2%
19		1	0.2%
77	Don't know	5	0.8%
99	Don't know	618	97.2%
Sysmiss		1964	

## T5OTHER: specify other product smoked

Data file: mrt2006

### Overview

Valid: 16 Invalid: 0

Type: Discrete Width: 17 Range: - Format: character

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
2 sachets		1	6.3%
autre prise		1	6.3%

chime		1	6.3%
cigarette 04		1	6.3%
cigarette 04 = 08		1	6.3%
cigarette 04= 10		1	6.3%
cigarette 04= 20		1	6.3%
cigarette 04=05		1	6.3%
cigarette 04=07		1	6.3%
cigarette 04=30		1	6.3%
cigarettes=12		1	6.3%
igarette 04		1	6.3%
nasale		2	12.5%
nez		1	6.3%
tabac (chime)		1	6.3%

## T6: past daily smoking

Data file: mrt2006

### Overview

Valid: 664 Invalid: 1936

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	116	17.5%
2	No	225	33.9%
99	Don't know	323	48.6%
Sysmiss		1936	

## T7: age quit smoking

Data file: mrt2006

### Overview

Valid: 440 Invalid: 2160

Type: Discrete Decimal: 0 Width: 10 Range: 10 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
10		1	0.2%
14		4	0.9%
16		2	0.5%
17		3	0.7%
18		2	0.5%
20		3	0.7%
22		2	0.5%
23		1	0.2%
24		3	0.7%
25		5	1.1%
26		1	0.2%
27		2	0.5%
29		1	0.2%
30		4	0.9%
31		2	0.5%
32		1	0.2%
33		2	0.5%
34		2	0.5%
37		1	0.2%
38		1	0.2%
39		2	0.5%
40		1	0.2%
42		1	0.2%
51		1	0.2%
53		1	0.2%
77	Don't know	10	2.3%
88	Don't know	1	0.2%
99	Don't know	380	86.4%
Sysmiss		2160	

## T8A: time since quitting smoking (years)

Data file: mrt2006

### Overview

Valid: 389 Invalid: 2211

Type: Discrete Decimal: 0 Width: 10 Range: 2 - 99 Format: Numeric



## Questions and instructions

### CATEGORIES

Value	Category	Cases	
2		1	0.3%
3		1	0.3%
5		1	0.3%
18		1	0.3%
77	Don't know	2	0.5%
88	Don't know	1	0.3%
99	Don't know	382	98.2%
Sysmiss		2211	

### T8B: time since quitting smoking (months)

Data file: mrt2006

#### Overview

Valid: 387 Invalid: 2213

Type: Discrete Decimal: 0 Width: 10 Range: 4 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
4		1	0.3%
6		1	0.3%
77	Don't know	2	0.5%
99	Don't know	383	99%
Sysmiss		2213	

### T8C: time since quitting smoking (weeks)

Data file: mrt2006

#### Overview

Valid: 385 Invalid: 2215

Type: Discrete Decimal: 0 Width: 10 Range: 77 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
77	Don't know	2	0.5%
99	Don't know	383	99.5%
Sysmiss		2215	

## T9: current smokeless tobacco use

Data file: mrt2006

### Overview

Valid: 664 Invalid: 1936

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	33	5%
2	No	288	43.4%
77	Don't know	1	0.2%
99	Don't know	342	51.5%
Sysmiss		1936	

## T10: current daily smokeless tobacco use

Data file: mrt2006

### Overview

Valid: 368 Invalid: 2232

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	26	7.1%
2	No	4	1.1%
77	Don't know	1	0.3%
99	Don't know	337	91.6%
Sysmiss		2232	

**T11A: Snuff, by mouth times per day****Data file:** mrt2006**Overview**

Valid: 364 Invalid: 2236

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1		11	3%
2		2	0.5%
4		1	0.3%
5		3	0.8%
6		1	0.3%
7		1	0.3%
9		1	0.3%
10		5	1.4%
12		1	0.3%
15		1	0.3%
20		12	3.3%
40		1	0.3%
77	Don't know	1	0.3%
88	Don't know	1	0.3%
99	Don't know	322	88.5%
Sysmiss		2236	

**T11B: Snuff, by nose times per day****Data file:** mrt2006**Overview**

Valid: 362 Invalid: 2238

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		1	0.3%
1		2	0.6%

2		13	3.6%
3		1	0.3%
6		1	0.3%
10		4	1.1%
13		1	0.3%
50		1	0.3%
77	Don't know	2	0.6%
88	Don't know	1	0.3%
99	Don't know	335	92.5%
Sysmiss		2238	

## T11C: Chewing tobacco times per day

Data file: mrt2006

### Overview

Valid: 362 Invalid: 2238

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		1	0.3%
77	Don't know	2	0.6%
88	Don't know	1	0.3%
99	Don't know	358	98.9%
Sysmiss		2238	

## T11D: Betel, quid times per day

Data file: mrt2006

### Overview

Valid: 362 Invalid: 2238

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		1	0.3%

77	Don't know	1	0.3%
88	Don't know	1	0.3%
99	Don't know	359	99.2%
Sysmiss		2238	

## T11E: other smokeless product per day

Data file: mrt2006

### Overview

Valid: 362 Invalid: 2238

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		1	0.3%
77	Don't know	1	0.3%
88	Don't know	1	0.3%
99	Don't know	359	99.2%
Sysmiss		2238	

## T11OTHER: specify other smokeless product per day

Data file: mrt2006

### Overview

Valid: 4 Invalid: 0

Type: Discrete Width: 11 Range: - Format: character

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
autre fumer		1	25%
cigarette		3	75%

## T12: past daily smokeless use

Data file: mrt2006

**Overview**

Valid: 664 Invalid: 1936

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	14	2.1%
2	No	303	45.6%
77	Don't know	1	0.2%
99	Don't know	346	52.1%
Sysmiss		1936	

**D1: days fruit eaten per week**

Data file: mrt2006

**Overview**

Valid: 2600 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		56	2.2%
1		609	23.4%
2		387	14.9%
3		211	8.1%
4		125	4.8%
5		68	2.6%
6		19	0.7%
7		95	3.7%
99	Don't know	1030	39.6%

**D2: servings fruit eaten per day**

Data file: mrt2006

**Overview**

Valid: 2544 Invalid: 56

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1		788	31%
2		458	18%
3		129	5.1%
4		39	1.5%
5		19	0.7%
6		10	0.4%
7		4	0.2%
8		2	0.1%
9		5	0.2%
10		3	0.1%
12		1	0%
77	Don't know	2	0.1%
99	Don't know	1084	42.6%
Sysmiss		56	

### D3: days veg eaten per week

Data file: mrt2006

#### Overview

Valid: 2600 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		53	2%
1		103	4%
2		77	3%
3		9	0.3%
4		6	0.2%
5		10	0.4%
6		15	0.6%
7		903	34.7%
99	Don't know	1424	54.8%

**D4: servings veg eaten per day****Data file: mrt2006****Overview**

Valid: 2600 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		3	0.1%
1		103	4%
1.20000004768372		1	0%
1.5		30	1.2%
1.79999995231628		1	0%
2		102	3.9%
2.5		33	1.3%
3		49	1.9%
4		43	1.7%
5		50	1.9%
6		10	0.4%
7		12	0.5%
9		23	0.9%
10		4	0.2%
50		1	0%
77	Don't know	66	2.5%
88	Don't know	1	0%
99	Don't know	2068	79.5%

**D5: oil used most often****Data file: mrt2006****Overview**

Valid: 2600 Invalid: 0

Type: Discrete Decimal: 0 Width: 26 Range: 1 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES



Value	Category	Cases	
1	Huile vÃ©gÃ©tale	2321	89.3%
2	Graisse	28	1.1%
3	Beurre ou beurre allÃ©gÃ©	1	0%
4	Margarine	0	0%
5	Beurre traditionnel	4	0.2%
6	Autres	12	0.5%
18		3	0.1%
77	Ne Sait Pas	1	0%
99	Ne Sait Pas	230	8.8%

## P1: vig activity at work

Data file: mrt2006

### Overview

Valid: 2377 Invalid: 223

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	80	3.4%
2	No	1733	72.9%
99	Don't know	564	23.7%
Sysmiss		223	

## P2: vig activity at work: days per week

Data file: mrt2006

### Overview

Valid: 594 Invalid: 2006

Type: Discrete Decimal: 0 Width: 10 Range: 2 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
2		22	3.7%
3		6	1%

4		4	0.7%
5		11	1.9%
6		12	2%
7		22	3.7%
99	Don't know	517	87%
Sysmiss		2006	

### P3A: vig activity at work: hours per day

Data file: mrt2006

#### Overview

Valid: 594 Invalid: 2006

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

#### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		13	2.2%
1		7	1.2%
2		3	0.5%
3		8	1.3%
4		6	1%
6		6	1%
7		2	0.3%
8		11	1.9%
9		4	0.7%
10		6	1%
11		1	0.2%
12		2	0.3%
13		1	0.2%
99	Don't know	524	88.2%
Sysmiss		2006	

### P3B: vig activity at work: mins per day

Data file: mrt2006

#### Overview

Valid: 594 Invalid: 2006

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		55	9.3%
4		1	0.2%
9		1	0.2%
10		5	0.8%
15		1	0.2%
30		7	1.2%
45		1	0.2%
99	Don't know	523	88%
Sysmiss		2006	

### P4: mod activity at work

Data file: mrt2006

#### Overview

Valid: 2377 Invalid: 223

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	148	6.2%
2	No	1655	69.6%
99	Don't know	574	24.1%
Sysmiss		223	

### P5: mod activity at work: days per week

Data file: mrt2006

#### Overview

Valid: 673 Invalid: 1927

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1		6	0.9%
2		12	1.8%
3		14	2.1%
4		8	1.2%
5		17	2.5%
6		35	5.2%
7		52	7.7%
99	Don't know	529	78.6%
Sysmiss		1927	

## P6A: mod activity at work: hours per day

Data file: mrt2006

### Overview

Valid: 731 Invalid: 1869

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		24	3.3%
1		6	0.8%
2		11	1.5%
3		5	0.7%
4		11	1.5%
5		7	1%
6		15	2.1%
7		7	1%
8		35	4.8%
9		4	0.5%
10		4	0.5%
12		7	1%
13		1	0.1%
18		1	0.1%
20		3	0.4%
24		1	0.1%
88	Don't know	1	0.1%

99	Don't know	588	80.4%
Sysmiss		1869	

## P6B: mod activity at work: mins per day

Data file: mrt2006

### Overview

Valid: 730 Invalid: 1870

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		113	15.5%
2		3	0.4%
3		1	0.1%
5		1	0.1%
6		1	0.1%
9		1	0.1%
12		1	0.1%
15		1	0.1%
20		2	0.3%
30		16	2.2%
45		1	0.1%
88	Don't know	1	0.1%
99	Don't know	588	80.5%
Sysmiss		1870	

## P7: active transport

Data file: mrt2006

### Overview

Valid: 2599 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
-------	----------	-------	--

1	Yes	1742	67%
2	No	329	12.7%
77	Don't know	3	0.1%
99	Don't know	525	20.2%
Sysmiss		1	

## P8: active transport: days per week

Data file: mrt2006

### Overview

Valid: 2123 Invalid: 477

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		65	3.1%
2		97	4.6%
3		88	4.1%
4		50	2.4%
5		236	11.1%
6		300	14.1%
7		735	34.6%
99	Don't know	552	26%
Sysmiss		477	

## P9A: active transport: hours per day

Data file: mrt2006

### Overview

Valid: 2123 Invalid: 477

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		1001	47.2%
1		264	12.4%

2		88	4.1%
3		27	1.3%
4		18	0.8%
5		23	1.1%
6		19	0.9%
7		9	0.4%
8		10	0.5%
9		4	0.2%
20		1	0%
77	Don't know	47	2.2%
99	Don't know	612	28.8%
Sysmiss		477	

## P9B: active transport: mins per day

Data file: mrt2006

### Overview

Valid: 2123 Invalid: 477

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		412	19.4%
1		1	0%
2		1	0%
3		2	0.1%
4		1	0%
5		9	0.4%
7		2	0.1%
9		2	0.1%
10		155	7.3%
12		9	0.4%
13		1	0%
14		2	0.1%
15		132	6.2%
16		1	0%
17		2	0.1%

18		3	0.1%
19		1	0%
20		114	5.4%
21		4	0.2%
22		1	0%
24		1	0%
25		32	1.5%
30		450	21.2%
32		1	0%
35		12	0.6%
40		52	2.4%
45		41	1.9%
49		1	0%
50		10	0.5%
60		7	0.3%
77	Don't know	47	2.2%
99	Don't know	614	28.9%
Sysmiss		477	

## P10: vig leisure activity

Data file: mrt2006

### Overview

Valid: 2599 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	52	2%
2	No	2094	80.6%
99	Don't know	453	17.4%
Sysmiss		1	

## P11: vig leisure activity: days per week

Data file: mrt2006



**Overview**

Valid: 495 Invalid: 2105

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1		42	8.5%
2		66	13.3%
3		33	6.7%
4		7	1.4%
5		27	5.5%
6		9	1.8%
7		73	14.7%
99	Don't know	238	48.1%
Sysmiss		2105	

**P12A: vig leisure activity: hours per day**

Data file: mrt2006

**Overview**

Valid: 495 Invalid: 2105

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		111	22.4%
1		71	14.3%
2		47	9.5%
3		11	2.2%
4		6	1.2%
5		1	0.2%
6		1	0.2%
7		2	0.4%
8		4	0.8%
9		1	0.2%
77	Don't know	2	0.4%

99	Don't know	238	48.1%
Sysmiss		2105	

## P12B: vig leisure activity: mins per day

Data file: mrt2006

### Overview

Valid: 495 Invalid: 2105

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		138	27.9%
1		7	1.4%
2		13	2.6%
3		8	1.6%
4		1	0.2%
5		12	2.4%
8		1	0.2%
10		14	2.8%
15		4	0.8%
20		4	0.8%
30		41	8.3%
40		2	0.4%
45		9	1.8%
50		1	0.2%
77	Don't know	2	0.4%
99	Don't know	238	48.1%
Sysmiss		2105	

## P13: mod leisure activity

Data file: mrt2006

### Overview

Valid: 1964 Invalid: 636

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	42	2.1%
2	No	1724	87.8%
99	Don't know	198	10.1%
Sysmiss		636	

### P14: mod leisure activity: days per week

Data file: mrt2006

#### Overview

Valid: 404 Invalid: 2196

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1		20	5%
2		54	13.4%
3		20	5%
4		6	1.5%
5		15	3.7%
6		2	0.5%
7		53	13.1%
99	Don't know	234	57.9%
Sysmiss		2196	

### P15A: mod leisure activity: hours per day

Data file: mrt2006

#### Overview

Valid: 494 Invalid: 2106

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		89	18%
1		39	7.9%
2		26	5.3%
3		7	1.4%
4		7	1.4%
5		2	0.4%
6		4	0.8%
77	Don't know	1	0.2%
99	Don't know	319	64.6%
Sysmiss		2106	

## P15B: mod leisure activity: mins per day

Data file: mrt2006

### Overview

Valid: 494 Invalid: 2106

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		79	16%
1		1	0.2%
2		1	0.2%
3		1	0.2%
5		4	0.8%
10		19	3.8%
12		1	0.2%
15		8	1.6%
20		8	1.6%
24		1	0.2%
25		2	0.4%
30		40	8.1%
35		1	0.2%
40		2	0.4%
45		3	0.6%
50		2	0.4%

77	Don't know	1	0.2%
99	Don't know	320	64.8%
Sysmiss		2106	

## P16A: sedentary time: hours per day

Data file: mrt2006

### Overview

Valid: 2599 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		134	5.2%
1		170	6.5%
2		279	10.7%
3		156	6%
4		152	5.8%
5		139	5.3%
6		66	2.5%
7		37	1.4%
8		77	3%
9		46	1.8%
10		81	3.1%
11		34	1.3%
12		52	2%
13		5	0.2%
14		21	0.8%
15		31	1.2%
16		14	0.5%
17		1	0%
18		4	0.2%
19		4	0.2%
20		9	0.3%
21		11	0.4%
22		1	0%
23		2	0.1%

24		15	0.6%
77	Don't know	11	0.4%
99	Don't know	1047	40.3%
Sysmiss		1	

## P16B: sedentary time: mins per day

Data file: mrt2006

### Overview

Valid: 2599 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		1354	52.1%
1		1	0%
3		2	0.1%
4		2	0.1%
5		1	0%
6		1	0%
9		1	0%
10		11	0.4%
11		1	0%
15		21	0.8%
19		1	0%
20		10	0.4%
24		1	0%
28		5	0.2%
30		101	3.9%
35		2	0.1%
38		1	0%
40		9	0.3%
42		2	0.1%
45		10	0.4%
50		3	0.1%
77	Don't know	12	0.5%
99	Don't know	1047	40.3%

Sysmiss

1

**H1: BP measured****Data file: mrt2006****Overview**

Valid: 2600 Invalid: 0

Type: Discrete Decimal: 0 Width: 20 Range: 1 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	within last 12 month	813	31.3%
2	1-5 years ago	768	29.5%
3	not past 5 years	683	26.3%
77	don't know	1	0%
88	don't know	6	0.2%
99	don't know	329	12.7%

**H2: told had high BP in past 12 mos****Data file: mrt2006****Overview**

Valid: 2600 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	187	7.2%
2	No	1959	75.3%
99	Don't know	454	17.5%

**H3A: currently receiving for high BP: drugs****Data file: mrt2006****Overview**

Valid: 641 Invalid: 1959

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 99    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	63	9.8%
2	No	99	15.4%
99	Don't know	479	74.7%
Sysmiss		1959	

### H3B: currently receiving for high BP: advice to reduce salt intake

Data file: mrt2006

#### Overview

Valid: 641    Invalid: 1959

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 99    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	55	8.6%
2	No	76	11.9%
99	Don't know	510	79.6%
Sysmiss		1959	

### H3C: currently receiving for high BP: advice/treatment to lose weight

Data file: mrt2006

#### Overview

Valid: 641    Invalid: 1959

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 99    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	35	5.5%
2	No	91	14.2%
99	Don't know	515	80.3%



Sysmiss		1959	
---------	--	------	--

### H3D: currently receiving for high BP: advice/treatment to stop smoking

Data file: mrt2006

#### Overview

Valid: 641 Invalid: 1959

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

#### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
1	Yes	13	2%
2	No	98	15.3%
99	Don't know	530	82.7%
Sysmiss		1959	

### H3E: currently receiving for high BP: advice/treatment to exercise more

Data file: mrt2006

#### Overview

Valid: 641 Invalid: 1959

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

#### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
1	Yes	27	4.2%
2	No	99	15.4%
88		1	0.2%
99	Don't know	514	80.2%
Sysmiss		1959	

### H4: seen trad'l healer for high BP in past 12 mos

Data file: mrt2006

#### Overview

Valid: 641 Invalid: 1959

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 99    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	25	3.9%
2	No	108	16.8%
99	Don't know	508	79.3%
Sysmiss		1959	

## H5: taking trad'l meds for high BP

Data file: mrt2006

### Overview

Valid: 641    Invalid: 1959

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 99    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	23	3.6%
2	No	110	17.2%
99	Don't know	508	79.3%
Sysmiss		1959	

## H6: gluc measured

Data file: mrt2006

### Overview

Valid: 2600    Invalid: 0

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 99    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	294	11.3%
2	No	2036	78.3%
99	Don't know	270	10.4%

**H7: told had high gluc****Data file: mrt2006****Overview**

Valid: 2600 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	36	1.4%
2	No	1772	68.2%
99	Don't know	792	30.5%

**H8A: currently receiving for high gluc: insulin****Data file: mrt2006****Overview**

Valid: 828 Invalid: 1772

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	6	0.7%
2	No	24	2.9%
99	Don't know	798	96.4%
Sysmiss		1772	

**H8B: currently receiving for high gluc: drugs****Data file: mrt2006****Overview**

Valid: 828 Invalid: 1772

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	15	1.8%
2	No	15	1.8%
99	Don't know	798	96.4%
Sysmiss		1772	

### H8C: currently receiving for high gluc: special diet

Data file: mrt2006

#### Overview

Valid: 828 Invalid: 1772

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	25	3%
2	No	6	0.7%
99	Don't know	797	96.3%
Sysmiss		1772	

### H8D: currently receiving for high gluc: advice/treatment to lose weight

Data file: mrt2006

#### Overview

Valid: 828 Invalid: 1772

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	23	2.8%
2	No	7	0.8%
99	Don't know	798	96.4%
Sysmiss		1772	

**H8E: currently receiving for high gluc: advice/treatment to stop smoking****Data file:** mrt2006**Overview**

Valid: 828 Invalid: 1772

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	6	0.7%
2	No	21	2.5%
99	Don't know	801	96.7%
Sysmiss		1772	

**H8F: currently receiving for high gluc: advice/treatment to exercise more****Data file:** mrt2006**Overview**

Valid: 828 Invalid: 1772

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	16	1.9%
2	No	13	1.6%
99	Don't know	799	96.5%
Sysmiss		1772	

**H9: seen trad'l healer for high gluc in past 12 mos****Data file:** mrt2006**Overview**

Valid: 828 Invalid: 1772

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	10	1.2%
2	No	54	6.5%
99	Don't know	764	92.3%
Sysmiss		1772	

### H10: taking trad'l meds for high gluc

Data file: mrt2006

#### Overview

Valid: 828 Invalid: 1772

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	13	1.6%
2	No	18	2.2%
99	Don't know	797	96.3%
Sysmiss		1772	

### M1: interviewer ID

Data file: mrt2006

#### Overview

Valid: 2600 Invalid: 0 Minimum: 1 Maximum: 999 Mean: 993.822 Standard deviation: 68.65

Type: Continuous Decimal: 0 Width: 8 Range: 1 - 999 Format: Numeric

### M2A: device ID (height)

Data file: mrt2006

#### Overview

Valid: 2600 Invalid: 0

Type: Discrete Decimal: 0 Width: 8 Range: 99 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
99		2600	100%

### M2B: device ID (weight)

Data file: mrt2006

#### Overview

Valid: 2600 Invalid: 0 Minimum: 72 Maximum: 99 Mean: 98.985 Standard deviation: 0.588  
Type: Continuous Decimal: 0 Width: 8 Range: 72 - 99 Format: Numeric

### M3: height (cm)

Data file: mrt2006

#### Overview

Valid: 2600 Invalid: 0 Minimum: 112 Maximum: 999.9 Mean: 194.977 Standard deviation: 158.737  
Type: Continuous Decimal: 0 Width: 9 Range: 112 - 999.900024414062 Format: Numeric

### M4: weight (kg)

Data file: mrt2006

#### Overview

Valid: 2549 Invalid: 51 Minimum: 30.6 Maximum: 999.9 Mean: 86.969 Standard deviation: 132.608  
Type: Continuous Decimal: 0 Width: 9 Range: 30.6000003814697 - 999.900024414062 Format: Numeric

### M5: pregnant

Data file: mrt2006

#### Overview

Valid: 1435 Invalid: 1165  
Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	51	3.6%
2	No	427	29.8%

99	Don't know	957	66.7%
Sysmiss		1165	

**M6: device ID (waist)****Data file:** mrt2006**Overview**

Valid: 2537 Invalid: 63 Minimum: 1 Maximum: 99 Mean: 98.417 Standard deviation: 7.281  
 Type: Continuous Decimal: 0 Width: 8 Range: 1 - 99 Format: Numeric

**M7: waist circumference (cm)****Data file:** mrt2006**Overview**

Valid: 2549 Invalid: 51 Minimum: 65 Maximum: 999.9 Mean: 115.442 Standard deviation: 161.784  
 Type: Continuous Decimal: 0 Width: 9 Range: 65 - 999.900024414062 Format: Numeric

**M9: device ID (blood pressure)****Data file:** mrt2006**Overview**

Valid: 2600 Invalid: 0 Minimum: 10 Maximum: 99 Mean: 98.882 Standard deviation: 2.627  
 Type: Continuous Decimal: 0 Width: 8 Range: 10 - 99 Format: Numeric

**M10: cuff size****Data file:** mrt2006**Overview**

Valid: 2600 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	short	36	1.4%
2	normal	822	31.6%
3	long	5	0.2%
7	don't know	0	0%
99	don't know	1737	66.8%



**M14: took raised BP meds in past 2 weeks****Data file:** mrt2006**Overview**

Valid: 2600    Invalid: 0  
 Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 99    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	14	0.5%
2	No	944	36.3%
88	Don't know	2	0.1%
99	Don't know	1640	63.1%

**M15: hip circumference (cm)****Data file:** mrt2006**Overview**

Valid: 2600    Invalid: 0    Minimum: 65    Maximum: 999.9    Mean: 129.757    Standard deviation: 165.321  
 Type: Continuous    Decimal: 0    Width: 9    Range: 65 - 999.900024414062    Format: Numeric

**M16A: heart rate reading 1 (beats per minute)****Data file:** mrt2006**Overview**

Valid: 2600    Invalid: 0    Minimum: 45    Maximum: 999    Mean: 104.368    Standard deviation: 146.07  
 Type: Continuous    Decimal: 0    Width: 8    Range: 45 - 999    Format: Numeric

**M16B: heart rate reading 2 (beats per minute)****Data file:** mrt2006**Overview**

Valid: 2600    Invalid: 0    Minimum: 42    Maximum: 999    Mean: 256.001    Standard deviation: 361.434  
 Type: Continuous    Decimal: 0    Width: 8    Range: 42 - 999    Format: Numeric

**M16C: heart rate reading 3 (beats per minute)****Data file:** mrt2006

**Overview**

Valid: 2600 Invalid: 0 Minimum: 47 Maximum: 999 Mean: 558.299 Standard deviation: 458.847  
 Type: Continuous Decimal: 0 Width: 8 Range: 47 - 999 Format: Numeric

---

**B1: ate/drank in past 12 hours (fasting status)**

Data file: mrt2006

**Overview**

Valid: 2600 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	62	2.4%
2	No	2538	97.6%

---

**B4: time blood sample taken**

Data file: mrt2006

**Overview**

Valid: 2600 Invalid: 0 Minimum: 2.35 Maximum: 99.99 Mean: 81.403 Standard deviation: 36.962  
 Type: Continuous Decimal: 0 Width: 9 Range: 2.34999990463257 - 99.9899978637695 Format: Numeric

---

**B5: fasting blood glucose (mg/dl)**

Data file: mrt2006

**Overview**

Valid: 2600 Invalid: 0 Minimum: 50 Maximum: 999 Mean: 151.566 Standard deviation: 230.854  
 Type: Continuous Decimal: 0 Width: 8 Range: 50 - 999 Format: Numeric

---

**B7: total cholesterol (mg/dl)**

Data file: mrt2006

**Overview**

Valid: 2600 Invalid: 0 Minimum: 70 Maximum: 999 Mean: 229.831 Standard deviation: 217.072  
 Type: Continuous Decimal: 0 Width: 8 Range: 70 - 999 Format: Numeric

---

**AGERANGE: ageranges for which survey was designed****Data file: mrt2006****Overview**

Valid: 2600    Invalid: 0

Type: Discrete    Width: 5    Range: -    Format: character

**Questions and instructions**

---

## CATEGORIES

Value	Category	Cases	
15-24		629	24.2%
25-34		622	23.9%
35-44		521	20%
45-54		432	16.6%
55-64		396	15.2%

---

# study\_resources

## questionnaires

### Questionnaire (French)

---

title Questionnaire (French)  
country Mauritania  
filename STEPS\_Mauritania\_2006\_Questionnaire\_FR.pdf

---

## reports

### Fact Sheet (English)

---

title Fact Sheet (English)  
country Mauritania  
filename STEPS\_Mauritania\_2006\_FactSheet\_EN.pdf

---

### Report (French)

---

title Report (French)  
country Mauritania  
filename STEPS\_Mauritania\_2006\_Report\_FR.pdf

---

## technical\_documents

### Generic STEPS Questionnaire (version 2.0)

---

title Generic STEPS Questionnaire (version 2.0)  
filename STEPS\_Instrument\_v2-0.pdf

---