

# STEPwise Survey for Non Communicable Diseases Risk Factor 2019

**Nepal Health Research Council, Ministry of Health and Population**

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visit\_data\_catalog\_at: <http://catalog.ihsn.org/>

## Identification

### SURVEY ID NUMBER

NPL\_2019\_STEPS\_v01\_M

### TITLE

STEPwise Survey for Non Communicable Diseases Risk Factor 2019

### COUNTRY

Name	Country code
Nepal	NPL

### STUDY TYPE

Other Household Survey [hh/oth]

### SERIES INFORMATION

This is the fourth STEPS conducted by Nepal.

### ABSTRACT

STEPS is a household-based survey to obtain core data on the established risk factors that determine the major burden of NCDs.

### KIND OF DATA

Sample survey data [ssd]

### UNIT OF ANALYSIS

Individuals

## Version

### VERSION DESCRIPTION

Public-use dataset

## Scope

### NOTES

The following topics were included in the survey: tobacco use, alcohol consumption, diet, physical activity, history of raised blood glucose, history of raised blood pressure, history of raised total cholesterol, history of cardiovascular diseases, lifestyle advice, and cervical cancer screening. Additionally, the following measures were taken: blood pressure, height, weight, waist circumference, hip circumference, heart rate, fasting blood glucose, total cholesterol, urinary sodium, urinary potassium and urinary creatinine. Finally, the following optional modules were included: tobacco policy, oral health, violence and injury, mental health/suicide and cervical cancer.

### TOPICS

Topic	Vocabulary
STEPS	Survey

### KEYWORDS

Keyword
noncommunicable diseases
risk factors
health surveys

tobacco use
alcohol use
diet
nutrition
salt
physical activity
blood pressure
cervical cancer
overweight
obesity
diabetes
hypertension
cardiovascular disease
blood glucose
cholesterol
tobacco policy
oral health
violence and injury
mental health

## Coverage

### GEOGRAPHIC COVERAGE

National coverage

### UNIVERSE

Adults aged 15-69 years.

## Producers and sponsors

### PRIMARY INVESTIGATORS

Name
Nepal Health Research Council
Ministry of Health and Population

## Sampling

### SAMPLING PROCEDURE

A multistage sample design was used to produce representative data for that age range in Nepal. Please refer to pages 5-7 of report for further information.

### RESPONSE RATE

The overall response rate was 86.4%.

**WEIGHTING**

Analysis weights were calculated by taking the inverse of the probability of selection of each participant. These weights were adjusted for differences in the age-sex composition of the sample population as compared to the target population.

Different weight variables are available per Step:

wStep1 - for interview data

wStep2 - for physical measures

wStep3 - for biochemical measures

This allows for differences in the weight calculation for each Step of the survey as the age-sex composition of the respondents to each Step can differ slightly due to refusal or drop out. Additionally, some countries perform subsampling for Step 2 and/or Step 3.

**data\_collection****DATES OF DATA COLLECTION**

Start	End
2019-02	2019-05

**DATA COLLECTION MODE**

Face-to-face [f2f]

**DATA COLLECTION NOTES**

Cardiochek devices were used for fasting blood glucose and lipid measurements.

**Access policy****CONTACTS**

Name	Affiliation	Email	URL
NCD Surveillance Team	World Health Organization	ncdmonitoring@who.int	<a href="#">Link</a>

**ACCESS CONDITIONS**

The user undertakes:

- (1) to acknowledge the data source.
- (2) to share any planned publications with WHO prior to publication.
- (3) to offer co-authorship of any reports or publications using the survey results to the coordinator of the survey.
- (4) to use the data for non-commercial, not-for-profit public health purposes only.

**CITATION REQUIREMENTS**

Publications based on STEPS data should cite the survey report (if available) and acknowledge the data source in the following manner:

"This paper uses data from the [country] [year] STEPS survey, implemented by [implementing agency] with the support of the World Health Organization."

**ACCESS AUTHORITY**

Name	Affiliation	Email	URL
NCD Surveillance Team	World Health Organization	ncdmonitoring@who.int	<a href="#">Link</a>

**Disclaimer and copyrights****DISCLAIMER**

The data is being distributed without warranty of any kind. The responsibility for the use of the data lies with the user. In no event shall the World Health Organization be liable for damages arising from its use.

## Metadata production

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### DDI DOCUMENT ID

DDI\_NPL\_2019\_STEPS\_v01\_M

### PRODUCERS

Name	Abbreviation	Affiliation	Role
Yue Wu		World Health Organization	Documentation of data
Melanie Cowan		World Health Organization	Supervision and review of metadata and documentation of study
Development Economics Data Group	DECDG	The World Bank	Metadata adapted for World Bank Microdata Library

### DATE OF METADATA PRODUCTION

2020-04-16

### DDI DOCUMENT VERSION

Identical to a metadata (NPL\_2019\_STEPS\_v01) published on WHO NCD microdata repository (<http://extranet.who.int/ncdsmicrodata/index.php/catalog>). Some of the metadata fields have been edited.

**data\_dictionary**

<b>Data file</b>	<b>Cases</b>	<b>variables</b>
<b>npl2019</b> National public-use dataset	5593	293



**Data file: npl2019**

National public-use dataset

Cases: 5593

variables: 293

**variables**

ID	Name	Label	Question
V587	psu	psu	
V588	province	province psu	
V589	stratum	stratum	
V590	agerange	ageranges for which survey was designed	
V591	wstep1	final analysis weight for step 1 variables (interview)	
V592	wstep2	final analysis weight for step 2 variables (physical measures)	
V593	wstep3	final analysis weight for step 3 variables (biochemical measures)	
V594	pid	participant ID - unique record ID	
V595	sex	sex	
V596	age	age for analysis	
V597	c4	yrs of education	
V598	c5	highest level of education	
V599	c6	ethnic group	
V600	c7	marital status	
V601	c8	work status	
V602	c8x1	currently working as health care worker	
V603	c8x2	currently working as teacher	
V604	c9x1	number of persons in household	
V605	c10x	any lady in house currently pregnant	
V606	t1	current smoking	
V607	t2	current daily smoking	
V608	t3	age started smoking	
V609	t4	time since started smoking	
V610	t4type	time since started smoking - unit of time	
V611	t5a	manufactured cigs smoked per day	
V612	t5aw	manufactured cigs smoked per week	
V613	t5b	hand-rolled cigs smoked per day	
V614	t5bw	hand-rolled cigs smoked per week	
V615	t5c	pipes smoked per day	
V616	t5cw	pipes smoked per week	
V617	t5d	cigars smoked per day	
V618	t5dw	cigars smoked per week	
V619	t5e	bidi sessions per day	
V620	t5ew	bidi sessions per week	
V621	t5f	hukka sessions per day	
V622	t5fw	hukka sessions per week	
V623	t5g	other smoked per day	

ID	Name	Label	Question
V624	t5gw	other smoked per week	
V625	t6	stop smoking attempt in past 12 mos	
V626	t7	advised by MD to stop smoking	
V627	t8	past smoking	
V628	t9	past daily smoking	
V629	t10	age quit smoking	
V630	t11	time since quitting smoking	
V631	t11type	time since quitting smoking - unit of time	
V632	t12	current smokeless tobacco use	
V633	t13	current daily smokeless tobacco use	
V634	t14a	Snuff, by mouth times per day	
V635	t14aw	Snuff, by mouth times per week	
V636	t14b	Snuff, by nose times per day	
V637	t14bw	Snuff, by nose times per week	
V638	t14c	Chewing tobacco times per day	
V639	t14cw	Chewing tobacco times per week	
V640	t14d	Betel leaves with tobacco (Jarda pan), times per day	
V641	t14dw	Betel leaves with tobacco (Jarda pan), times per week	
V642	t14e	Betel quid with tobacco (Sada pan), times per day	
V643	t14ew	Betel quid with tobacco (Sada pan), times per week	
V644	t14f	Gutkha times per day	
V645	t14fw	Gutkha times per week	
V646	t14g	Surti times per day	
V647	t14gw	Surti times per week	
V648	t14h	Khaini times per day	
V649	t14hw	Khaini times per week	
V650	t14i	other times per day	
V651	t14iw	other times per week	
V652	t15	past smokeless tobacco use	
V653	t16	past daily smokeless tobacco use	
V654	tx1	stop smokeless tobacco use in past 12 mos	
V655	tx2	advised by MD to stop smokeless tobacco use	
V656	tx31	methods to stop smoking/ smokeless tobacco use: counseling by any health care wo	
V657	tx32	methods to stop smoking/ smokeless tobacco use: nicotine replacement therapy	
V658	tx33	methods to stop smoking/ smokeless tobacco use: traditional medicine	
V659	tx34	methods to stop smoking/ smokeless tobacco use: quit line/ telephone support lin	
V660	tx35	methods to stop smoking/ smokeless tobacco use: try to quit without assistance	
V661	t17	exposed to smoke in home	
V662	t17x	frequency exposed to smoke in home	
V663	t18	exposed to smoke at work	
V664	tx5a	exposed to smoke: restaurants	
V665	tx5b	exposed to smoke: public transport	
V666	tx5c	exposed to smoke: school	
V667	tx5d	exposed to smoke: health care facilities	
V668	tp1a	notice info on dangers of smoking in newspapers, magazines	

ID	Name	Label	Question
V669	tp1b	notice info on dangers of smoking on TV	
V670	tp1c	notice info on dangers of smoking on radio	
V671	tp1d	notice info on dangers of smoking on internet, websites	
V672	tpx1	notice advertisements promoting smoking in newspapers, magazines	
V673	tpx2	notice advertisements promoting smoking on TV	
V674	tpx3	notice advertisements promoting smoking on radio	
V675	tpx4	notice advertisements promoting smoking on internet, websites	
V676	tpx5	notice advertisements promoting smoking on billboards	
V677	tp2	noticed cig ads	
V678	tp3a	notice cig promos: free samples	
V679	tp3b	notice cig promos: cigs on sale	
V680	tp3c	notice cig promos: coupons	
V681	tp3d	notice cig promos: free gifts	
V682	tp3e	notice cig promos: branded clothing	
V683	tp3f	notice cig promos: in the mail	
V684	tp4	noticed health warnings on cig packs	
V685	tp5	thought about quitting due to health warning	
V686	tp6	number of cigs bought last purchase	
V687	tp7	price paid for last cig purchase	
V688	a1	ever drank alcohol	
V689	a2	drank alcohol in past 12 mos	
V690	ax11	reason stopped drinking alcohol: health reason	
V691	ax12	reason stopped drinking alcohol: family pressure	
V692	ax13	reason stopped drinking alcohol: can't afford/no money to buy	
V693	ax14	reason stopped drinking alcohol: just wanted to stop	
V694	ax15	reason stopped drinking alcohol: spiritual/religious reasons	
V695	ax16	reason stopped drinking alcohol: advice of doctor/health worker	
V696	a4	freq drinking in past 12 mos	
V697	a5	drank alcohol in past 30 days	
V698	a6	number drinking occasions past 30 days	
V699	a7	average number drinks per occasion past 30 days	
V700	a8	largest number drinks past 30 days	
V701	a9	times drank 6+ drinks in single occasion past 30 days	
V702	a10a	number of drinks consumed last Monday	
V703	a10b	number of drinks consumed last Tuesday	
V704	a10c	number of drinks consumed last Wednesday	
V705	a10d	number of drinks consumed last Thursday	
V706	a10e	number of drinks consumed last Friday	
V707	a10f	number of drinks consumed last Saturday	
V708	a10g	number of drinks consumed last Sunday	
V709	a11	drank undeclared alcohol in past 7 days	
V710	a12a	number of homebrewed spirits in past 7 days	
V711	a12b	number of homebrewed beer or wine in past 7 days	
V712	a12c	number of drinks from over the border in past 7 days	
V713	a12d	number of drinks of alcohol not intended for consumption in past 7 days	

ID	Name	Label	Question
V714	a12e	number of drinks of other untaxed alcohol in past 7 days	
V715	a13	unable to stop drinking in past 12 mos	
V716	a14	failed to do what was expected due to drinking in past 12 mos	
V717	a15	needing drink first thin in morning in past 12 mos	
V718	a16	family problems with alcohol in past 12 mos	
V719	d1	days fruit eaten per week	
V720	d2	servings fruit eaten per day	
V721	d3	days veg eaten per week	
V722	d4	servings veg eaten per day	
V723	dx1	think recommended number of fruit and veg servings per day	
V724	d5a	adding salt when eating	
V725	d5b	adding salty sauce when eating	
V726	d7	eating processed foods high in salt	
V727	d8a	how much salt consumed	
V728	d8b	how much salty sauce consumed	
V729	d9	importance lowering salt	
V730	dx2	max amount of salt per day	
V731	dx31	can excess salt hurt health: nothing, more salt is good for health	
V732	dx32	can excess salt hurt health: increase blood pressure	
V733	dx33	can excess salt hurt health: kidney disease	
V734	dx34	can excess salt hurt health: asthma	
V735	dx35	can excess salt hurt health: cancer	
V736	dx36	can excess salt hurt health: tuberculosis	
V737	dx377	can excess salt hurt health: don't know	
V738	dx3other	can excess salt hurt health: other	
V739	dx3_other	specify other reasons excess salt hurt health	
V740	dx4	doing anything regularly to control salt intake	
V741	d11a	limit consumption of processed foods	
V742	d11b	look at salt content on labels	
V743	d11c	buy low salt alternative	
V744	d11d	use spices instead of salt	
V745	d11e	avoid eating out	
V746	d11f	eat meals without adding salt	
V747	d11g	cook meals without adding salt	
V748	d11h	do other things to control salt intake	
V749	dx5	oil used most often	
V750	dx6	meals per week eaten outside home	
V751	p1	vig activity at work	
V752	p2	vig activity at work: days per week	
V753	p3a	vig activity at work: hours per day	
V754	p3b	vig activity at work: mins per day	
V755	p4	mod activity at work	
V756	p5	mod activity at work: days per week	
V757	p6a	mod activity at work: hours per day	
V758	p6b	mod activity at work: mins per day	

ID	Name	Label	Question
V759	p7	active transport	
V760	p8	active transport: days per week	
V761	p9a	active transport: hours per day	
V762	p9b	active transport: mins per day	
V763	p10	vig leisure activity	
V764	p11	vig leisure activity: days per week	
V765	p12a	vig leisure activity: hours per day	
V766	p12b	vig leisure activity: mins per day	
V767	p13	mod leisure activity	
V768	p14	mod leisure activity: days per week	
V769	p15a	mod leisure activity: hours per day	
V770	p15b	mod leisure activity: mins per day	
V771	p16a	sedentary time: hours per day	
V772	p16b	sedentary time: mins per day	
V773	h1	BP measured	
V774	h2a	told had high BP	
V775	h2b	told had high BP in past 12 mos	
V776	h3	taken meds for high BP in past 2 weeks	
V777	h4	seen trad'l healer for high BP	
V778	h5	taking trad'l meds for high BP	
V779	h6	gluc measured	
V780	h7a	told had high gluc	
V781	h7b	told had high gluc in past 12 mos	
V782	h8	taken meds for high gluc in past 2 weeks	
V783	h9	taking insulin for high gluc	
V784	h10	seen trad'l healer for high gluc	
V785	h11	taking trad'l meds for high gluc	
V786	h12	chol measured	
V787	h13a	told had high chol	
V788	h13b	told had high chol in past 12 mos	
V789	h14	taken meds for high chol	
V790	h15	seen trad'l healer for high chol	
V791	h16	taking trad'l meds for high chol	
V792	h17	had heart attack or stroke	
V793	h18	currently taking aspirin	
V794	h19	currently taking statins	
V795	h20a	advised to not smoke	
V796	h20b	advised to reduce salt	
V797	h20c	advised to eat fruit/veg	
V798	h20d	advised to reduce fat	
V799	h20e	advised to do pa	
V800	h20f	advised to lose weight	
V801	h20g	advised to reduce sugary beverages	
V802	cx1	ever tested for cervical cancer	
V803	cx2	age first tested cerv cancer	

ID	Name	Label	Question
V804	cx3	most recent test for cervical cancer-years ago	
V805	cx4	main reason for last test for cervical cancer	
V806	cx5	source of last test for cervical cancer	
V807	cx6	result of last test cervical cancer	
V808	cx7	follow-up visits after test results	
V809	cx8	received treatment because of test results	
V810	o2	state of teeth	
V811	o3	state of gums	
V812	o4	has removable dentures	
V813	o5a	has upper denture	
V814	o5b	has lower denture	
V815	o6	pain in teeth, gums or mouth in past 12 mos	
V816	o7	time since last dentist visit	
V817	o8	main reason for last dentist visit	
V818	o9	frequency of cleaning teeth	
V819	o10	use toothpaste to clean teeth	
V820	o11	toothpaste used has fluoride	
V821	o12a	used to clean teeth: Toothbrush	
V822	o12b	used to clean teeth: Wooden toothpicks	
V823	o12c	used to clean teeth: Plastic toothpicks	
V824	o12d	used to clean teeth: Thread (dental floss)	
V825	o12e	used to clean teeth: Charcoal	
V826	o12f	used to clean teeth: Chewstick / miswak	
V827	o12g	used to clean teeth: Other	
V828	o13a	had problem in past 12 mos: Difficulty in chewing foods	
V829	o13b	had problem in past 12 mos: Difficulty with speech/trouble pronouncing words	
V830	o13c	had problem in past 12 mos: bleeding from gums	
V831	o13d	when gums normally bleed	
V832	o13e	had problem in past 12 mos: swelling from gums	
V833	o13f	had problem in past 12 mos: embarrassed about appearance of teeth	
V834	o13g	had problem in past 12 mos: red and white patch in mouth	
V835	o13h	had problem in past 12 mos: persistent wound and/or swelling in mouth for more t	
V836	o13i	had problem in past 12 mos: days not at work because of teeth or mouth	
V837	o13j	had problem in past 12 mos: difficulty doing usual activities	
V838	o13k	had problem in past 12 mos: difficulty opening mouth	
V839	v1	seat belt use in past 30 days	
V840	v2	helmet use on motorcycle or scooter in past 30 days	
V841	v3	in road traffic accident in past 12 mos	
V842	v4	injured and required medical attention in accident	
V843	v5	injured and required medical attention in incident other than road traffic accid	
V844	v6	cause of non-road traffic accident injury	
V845	v7	location of non-road traffic accident injurt	
V846	v10	in past 30 days ridden in vehicle with driver that had 2+ drinks	
V847	v11	injured in violent incident in past 12 mos	
V848	v12	cause of most serious injury in past 12 mos	

ID	Name	Label	Question
V849	mhx1	have work/business stress	
V850	mhx2	have general stress at home	
V851	mhx3	have severe financial stress/ due to unemployment	
V852	mhx4	have stressful life events in past year	
V853	m1	interviewer ID	
V854	m4a	BP reading 1: systolic	
V855	m4b	BP reading 1: diastolic	
V856	m16a	heart rate reading 1	
V857	m5a	BP reading 2: systolic	
V858	m5b	BP reading 2: diastolic	
V859	m16b	heart rate reading 2	
V860	m6a	BP reading 3: systolic	
V861	m6b	BP reading 3: diastolic	
V862	m16c	heart rate reading 3	
V863	m7	took raised BP meds in past 2 weeks	
V864	m8	pregnant	
V865	m11	height (cm)	
V866	m12	weight (kg)	
V867	m14	waist circumference (cm)	
V868	m15	hip circumference (cm)	
V869	b1	fasting for past 12 hrs	
V870	b3	gluc device ID	
V871	b5	fasting blood glucose (mg/dl)	
V872	b5x	random blood glucose (mg/dl)	
V873	b6	took insulin today	
V874	b8	total cholesterol (mmol/l)	
V875	b9	chol meds taken in past 2 weeks	
V876	b10	fasting prior to urine collection	
V877	b14	urinary sodium (mmol/l)	
V878	b15	urinary creatinine (mg/dl)	
V879	b16	potassium (mmol/l)	

total: 293



**PSU: psu****Data file: npl2019****Overview**

Valid: 5593   Invalid: 0   Minimum: 101   Maximum: 737   Mean: 421.343   Standard deviation: 201.664  
 Type: Continuous   Decimal: 0   Width: 10   Range: 101 - 737   Format: Numeric

**PROVINCE: province psu****Data file: npl2019****Overview**

Valid: 5593   Invalid: 0  
 Type: Discrete   Decimal: 0   Width: 9   Range: 1 - 7   Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1		804	14.4%
2		803	14.4%
3		759	13.6%
4		793	14.2%
5		797	14.2%
6		808	14.4%
7		829	14.8%

**STRATUM: stratum****Data file: npl2019****Overview**

Valid: 5593   Invalid: 0  
 Type: Discrete   Decimal: 0   Width: 24   Range: 1 - 4   Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Metropolitan-urban	431	7.7%
2	Sub-metropolitan-urban	274	4.9%
3	Municipality-rural	2755	49.3%
4	Rural Municipality-rural	2133	38.1%

**AGERANGE: ageranges for which survey was designed****Data file:** npl2019**Overview**

Valid: 5593    Invalid: 0  
 Type: Discrete    Width: 7    Range: -    Format: character

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
15-29		1466	26.2%
30-44		2039	36.5%
45-69		2088	37.3%

**WSTEP1: final analysis weight for step 1 variables (interview)****Data file:** npl2019**Overview**

Valid: 5593    Invalid: 0    Minimum: 41.93    Maximum: 42338.926    Mean: 3062.826    Standard deviation: 3717.391  
 Type: Continuous    Decimal: 0    Width: 9    Range: 41.9298477172852 - 42338.92578125    Format: Numeric

**WSTEP2: final analysis weight for step 2 variables (physical measures)****Data file:** npl2019**Overview**

Valid: 5593    Invalid: 0    Minimum: 41.93    Maximum: 42338.926    Mean: 3062.826    Standard deviation: 3717.391  
 Type: Continuous    Decimal: 0    Width: 9    Range: 41.9298477172852 - 42338.92578125    Format: Numeric

**WSTEP3: final analysis weight for step 3 variables (biochemical measures)****Data file:** npl2019**Overview**

Valid: 5350    Invalid: 243    Minimum: 41.383    Maximum: 43233.766    Mean: 3072.183    Standard deviation: 3745.498  
 Type: Continuous    Decimal: 0    Width: 9    Range: 41.3830642700195 - 43233.765625    Format: Numeric

**PID: participant ID - unique record ID****Data file: npl2019****Overview**

Valid: 5593    Invalid: 0  
 Type: Discrete    Width: 11    Range: -    Format: character

**SEX: sex****Data file: npl2019****Overview**

Valid: 5593    Invalid: 0  
 Type: Discrete    Decimal: 0    Width: 8    Range: 0 - 1    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0	women	3595	64.3%
1	men	1998	35.7%

**AGE: age for analysis****Data file: npl2019****Overview**

Valid: 5593    Invalid: 0    Minimum: 15    Maximum: 69    Mean: 39.893    Standard deviation: 14.108  
 Type: Continuous    Decimal: 0    Width: 10    Range: 15 - 69    Format: Numeric

**C4: yrs of education****Data file: npl2019****Overview**

Valid: 5593    Invalid: 0  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 88    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		2177	38.9%
1		75	1.3%
2		131	2.3%

3		151	2.7%
4		158	2.8%
5		532	9.5%
6		146	2.6%
7		212	3.8%
8		367	6.6%
9		233	4.2%
10		667	11.9%
11		103	1.8%
12		352	6.3%
13		57	1%
14		35	0.6%
15		87	1.6%
16		46	0.8%
17		21	0.4%
18		12	0.2%
19		6	0.1%
20		3	0.1%
22		1	0%
23		2	0%
77	don't know	15	0.3%
88	refused	4	0.1%

## C5: highest level of education

Data file: npl2019

### Overview

Valid: 3416 Invalid: 2177

Type: Discrete Decimal: 0 Width: 44 Range: 1 - 88 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	No formal schooling	80	2.3%
2	Less than primary school	535	15.7%
3	Primary school completed	1051	30.8%
4	Secondary school completed	1088	31.9%
5	High school completed (+2, intermediate,PCL)	485	14.2%

6	Bachelor level completed	132	3.9%
7	Post graduate degree	44	1.3%
88	Refused	1	0%
Sysmiss		2177	

## C6: ethnic group

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 41 Range: 1 - 7 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Dalit	766	13.7%
2	Disadvantaged Janajati	951	17%
3	Disadvantaged Non-Dalit Tarai caste group	689	12.3%
4	Religious Minorities	168	3%
5	Relatively advantaged Janajati	899	16.1%
6	Upper caste group	2114	37.8%
7	Others	6	0.1%

## C7: marital status

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 17 Range: 1 - 6 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Never married	538	9.6%
2	Currently married	4752	85%
3	Separated	25	0.4%
4	Divorced	20	0.4%
5	Widowed	257	4.6%

6	Cohabiting	1	0%
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## C8: work status

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 27 Range: 1 - 88 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Government employee	130	2.3%
2	Non-government employee	354	6.3%
3	Self-employed	1223	21.9%
4	Non-paid	13	0.2%
5	Student	402	7.2%
6	Homemaker	3142	56.2%
7	Retired	45	0.8%
8	Unemployed (able to work)	210	3.8%
9	Unemployed (unable to work)	63	1.1%
10	Others	5	0.1%
88	Refused	6	0.1%

## C8X1: currently working as health care worker

Data file: npl2019

### Overview

Valid: 5162 Invalid: 431

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	84	1.6%
2	No	5078	98.4%
Sysmiss		431	

**C8X2: currently working as teacher****Data file:** npl2019**Overview**

Valid: 5162 Invalid: 431

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	178	3.4%
2	No	4984	96.6%
Sysmiss		431	

**C9X1: number of persons in household****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 99 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1		284	5.1%
2		852	15.2%
3		1171	20.9%
4		1220	21.8%
5		862	15.4%
6		530	9.5%
7		300	5.4%
8		143	2.6%
9		86	1.5%
10		50	0.9%
11		20	0.4%
12		23	0.4%
13		18	0.3%

14		9	0.2%
15		3	0.1%
16		4	0.1%
18		5	0.1%
19		1	0%
20		1	0%
21		2	0%
24		2	0%
29		1	0%
33		1	0%
45		1	0%
77	Don't know	2	0%
88	Refused	1	0%
99	Missing	1	0%

## C10X: any lady in house currently pregnant

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	227	4.1%
2	No	5312	95%
77	Don't know	53	0.9%
88	Refuse	1	0%

## T1: current smoking

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	1065	19%
2	No	4528	81%

## T2: current daily smoking

Data file: npl2019

### Overview

Valid: 1065 Invalid: 4528

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	888	83.4%
2	No	177	16.6%
Sysmiss		4528	

## T3: age started smoking

Data file: npl2019

### Overview

Valid: 1065 Invalid: 4528

Type: Discrete Decimal: 0 Width: 10 Range: 8 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
8		15	1.4%
9		9	0.8%
10		41	3.8%
11		10	0.9%
12		65	6.1%
13		38	3.6%
14		45	4.2%

15		156	14.6%
16		100	9.4%
17		48	4.5%
18		102	9.6%
19		36	3.4%
20		119	11.2%
21		35	3.3%
22		38	3.6%
23		15	1.4%
24		18	1.7%
25		60	5.6%
26		12	1.1%
27		4	0.4%
28		6	0.6%
29		1	0.1%
30		19	1.8%
31		1	0.1%
32		4	0.4%
34		3	0.3%
35		3	0.3%
36		1	0.1%
38		1	0.1%
39		1	0.1%
40		6	0.6%
42		1	0.1%
45		4	0.4%
48		2	0.2%
50		2	0.2%
55		2	0.2%
77	Don't know	42	3.9%
Sysmiss		4528	

#### T4: time since started smoking

Data file: npl2019

#### Overview

Valid: 3 Invalid: 5590

Type: Discrete Decimal: 0 Width: 10 Range: 11 - 25 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
11		1	33.3%
15		1	33.3%
25		1	33.3%
Sysmiss		5590	

### T4TYPE: time since started smoking - unit of time

Data file: npl2019

#### Overview

Valid: 42 Invalid: 0

Type: Discrete Width: 10 Range: - Format: character

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
Don't know		39	92.9%
years		3	7.1%

### T5A: manufactured cigs smoked per day

Data file: npl2019

#### Overview

Valid: 888 Invalid: 4705

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		155	17.5%
1		37	4.2%
2		78	8.8%
3		88	9.9%
4		93	10.5%
5		139	15.7%

6		58	6.5%
7		32	3.6%
8		15	1.7%
9		1	0.1%
10		104	11.7%
11		1	0.1%
12		17	1.9%
13		1	0.1%
14		1	0.1%
15		12	1.4%
20		47	5.3%
40		1	0.1%
77	Don't know	8	0.9%
Sysmiss		4705	

## T5AW: manufactured cigs smoked per week

Data file: npl2019

### Overview

Valid: 332 Invalid: 5261

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7777 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		186	56%
1		27	8.1%
2		37	11.1%
3		23	6.9%
4		10	3%
5		10	3%
6		2	0.6%
7		6	1.8%
8		1	0.3%
9		1	0.3%
10		7	2.1%
12		2	0.6%
14		2	0.6%

15		1	0.3%
20		5	1.5%
35		1	0.3%
40		3	0.9%
77	Don't know	1	0.3%
7777	Don't know	7	2.1%
Sysmiss		5261	

## T5B: hand-rolled cigs smoked per day

Data file: npl2019

### Overview

Valid: 888 Invalid: 4705

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		757	85.2%
1		8	0.9%
2		17	1.9%
3		14	1.6%
4		18	2%
5		16	1.8%
6		7	0.8%
7		4	0.5%
8		2	0.2%
10		7	0.8%
12		1	0.1%
15		5	0.6%
20		3	0.3%
50		1	0.1%
77	Don't know	28	3.2%
Sysmiss		4705	

## T5BW: hand-rolled cigs smoked per week

Data file: npl2019

**Overview**

Valid: 935 Invalid: 4658

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7777 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		903	96.6%
1		4	0.4%
2		9	1%
3		1	0.1%
5		1	0.1%
8		3	0.3%
15		1	0.1%
77	Don't know	2	0.2%
7777	Don't know	11	1.2%
Sysmiss		4658	

**T5C: pipes smoked per day**

Data file: npl2019

**Overview**

Valid: 888 Invalid: 4705

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		753	84.8%
1		12	1.4%
2		13	1.5%
3		16	1.8%
4		7	0.8%
5		12	1.4%
6		4	0.5%
7		3	0.3%
8		3	0.3%
10		21	2.4%

12		2	0.2%
20		6	0.7%
25		1	0.1%
40		1	0.1%
77	Don't know	34	3.8%
Sysmiss		4705	

## T5CW: pipes smoked per week

Data file: npl2019

### Overview

Valid: 930 Invalid: 4663

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7777 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		897	96.5%
1		2	0.2%
2		4	0.4%
3		4	0.4%
4		3	0.3%
5		1	0.1%
7		2	0.2%
8		3	0.3%
10		2	0.2%
20		1	0.1%
70		1	0.1%
77	Don't know	2	0.2%
80		1	0.1%
100		1	0.1%
7777	Don't know	6	0.6%
Sysmiss		4663	

## T5D: cigars smoked per day

Data file: npl2019

**Overview**

Valid: 888 Invalid: 4705

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		836	94.1%
1		4	0.5%
2		2	0.2%
3		2	0.2%
4		1	0.1%
5		5	0.6%
7		2	0.2%
9		1	0.1%
14		1	0.1%
77	Don't know	34	3.8%
Sysmiss		4705	

**T5DW: cigars smoked per week**

Data file: npl2019

**Overview**

Valid: 1015 Invalid: 4578

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7777 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		999	98.4%
1		1	0.1%
2		1	0.1%
3		1	0.1%
5		1	0.1%
6		1	0.1%
8		1	0.1%
74		1	0.1%
77	Don't know	2	0.2%

7777	Don't know	7	0.7%
Sysmiss		4578	

## T5E: bidi sessions per day

Data file: npl2019

### Overview

Valid: 888 Invalid: 4705

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		622	70%
1		8	0.9%
2		31	3.5%
3		24	2.7%
4		36	4.1%
5		47	5.3%
6		7	0.8%
7		6	0.7%
8		5	0.6%
10		34	3.8%
12		11	1.2%
13		1	0.1%
14		1	0.1%
15		4	0.5%
16		1	0.1%
18		1	0.1%
20		15	1.7%
24		1	0.1%
25		2	0.2%
40		1	0.1%
77	Don't know	30	3.4%
Sysmiss		4705	

**T5EW: bidi sessions per week****Data file:** npl2019**Overview**

Valid: 804 Invalid: 4789

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7777 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		773	96.1%
1		3	0.4%
2		7	0.9%
3		2	0.2%
4		3	0.4%
5		5	0.6%
8		2	0.2%
15		1	0.1%
77	Don't know	1	0.1%
80		1	0.1%
7777	Don't know	6	0.7%
Sysmiss		4789	

**T5F: hukka sessions per day****Data file:** npl2019**Overview**

Valid: 888 Invalid: 4705

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		823	92.7%
1		8	0.9%
2		8	0.9%
3		2	0.2%
4		2	0.2%
5		1	0.1%

6		1	0.1%
10		4	0.5%
15		1	0.1%
77	Don't know	38	4.3%
Sysmiss		4705	

## T5FW: hukka sessions per week

Data file: npl2019

### Overview

Valid: 1002 Invalid: 4591

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7777 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		981	97.9%
1		5	0.5%
3		2	0.2%
7		1	0.1%
8		2	0.2%
77	Don't know	1	0.1%
7777	Don't know	10	1%
Sysmiss		4591	

## T5G: other smoked per day

Data file: npl2019

### Overview

Valid: 871 Invalid: 4722

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		819	94%
1		2	0.2%
2		3	0.3%

3		1	0.1%
4		1	0.1%
5		3	0.3%
8		1	0.1%
10		1	0.1%
12		1	0.1%
77	Don't know	39	4.5%
Sysmiss		4722	

### T5GW: other smoked per week

Data file: npl2019

#### Overview

Valid: 985 Invalid: 4608

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7777 Format: Numeric

#### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
0		976	99.1%
7777	Don't know	9	0.9%
Sysmiss		4608	

### T6: stop smoking attempt in past 12 mos

Data file: npl2019

#### Overview

Valid: 1065 Invalid: 4528

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

#### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
1	Yes	245	23%
2	No	820	77%
Sysmiss		4528	

**T7: advised by MD to stop smoking****Data file:** npl2019**Overview**

Valid: 1065 Invalid: 4528

Type: Discrete Decimal: 0 Width: 23 Range: 1 - 3 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	184	17.3%
2	No	501	47%
3	No visit in past 12 mos	380	35.7%
Sysmiss		4528	

**T8: past smoking****Data file:** npl2019**Overview**

Valid: 4528 Invalid: 1065

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	424	9.4%
2	No	4104	90.6%
Sysmiss		1065	

**T9: past daily smoking****Data file:** npl2019**Overview**

Valid: 601 Invalid: 4992

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
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1	Yes	368	61.2%
2	No	233	38.8%
Sysmiss		4992	

## T10: age quit smoking

Data file: npl2019

### Overview

Valid: 424 Invalid: 5169

Type: Discrete Decimal: 0 Width: 10 Range: 10 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
10		1	0.2%
11		3	0.7%
14		1	0.2%
15		1	0.2%
16		6	1.4%
17		6	1.4%
18		6	1.4%
19		7	1.7%
20		8	1.9%
21		6	1.4%
22		6	1.4%
23		7	1.7%
24		3	0.7%
25		16	3.8%
26		7	1.7%
27		2	0.5%
28		9	2.1%
29		1	0.2%
30		18	4.2%
31		6	1.4%
32		3	0.7%
33		7	1.7%
34		4	0.9%
35		25	5.9%

36		6	1.4%
37		6	1.4%
38		13	3.1%
39		6	1.4%
40		37	8.7%
41		4	0.9%
42		8	1.9%
43		5	1.2%
44		7	1.7%
45		29	6.8%
46		2	0.5%
47		5	1.2%
48		6	1.4%
49		11	2.6%
50		23	5.4%
51		4	0.9%
52		9	2.1%
53		3	0.7%
54		6	1.4%
55		16	3.8%
56		2	0.5%
57		6	1.4%
58		9	2.1%
59		6	1.4%
60		7	1.7%
61		2	0.5%
62		4	0.9%
63		1	0.2%
64		2	0.5%
65		2	0.5%
77	Don't know	18	4.2%
Sysmiss		5169	

## T11: time since quitting smoking

Data file: npl2019

### Overview

Valid: 2 Invalid: 5591

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 5 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1		1	50%
5		1	50%
Sysmiss		5591	

## T11TYPE: time since quitting smoking - unit of time

Data file: npl2019

### Overview

Valid: 18 Invalid: 0

Type: Discrete Width: 10 Range: - Format: character

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
Don't know		16	88.9%
weeks		1	5.6%
years		1	5.6%

## T12: current smokeless tobacco use

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	913	16.3%
2	No	4680	83.7%

## T13: current daily smokeless tobacco use

Data file: npl2019

**Overview**

Valid: 913 Invalid: 4680

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	766	83.9%
2	No	147	16.1%
Sysmiss		4680	

**T14A: Snuff, by mouth times per day**

Data file: npl2019

**Overview**

Valid: 766 Invalid: 4827

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		663	86.6%
0.3		1	0.1%
1		9	1.2%
2		6	0.8%
3		9	1.2%
4		11	1.4%
5		20	2.6%
6		4	0.5%
7		6	0.8%
8		4	0.5%
9		1	0.1%
10		8	1%
12		2	0.3%
15		3	0.4%
20		1	0.1%
25		1	0.1%
77	Don't know	17	2.2%

Sysmiss

4827

**T14AW: Snuff, by mouth times per week****Data file: npl2019****Overview**

Valid: 810 Invalid: 4783

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7777 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		777	95.9%
1		4	0.5%
2		3	0.4%
3		2	0.2%
5		2	0.2%
7		1	0.1%
8		1	0.1%
15		1	0.1%
77	Don't know	10	1.2%
7777	Don't know	9	1.1%
Sysmiss		4783	

**T14B: Snuff, by nose times per day****Data file: npl2019****Overview**

Valid: 766 Invalid: 4827

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		738	96.3%
1		3	0.4%
2		1	0.1%
3		1	0.1%

4		1	0.1%
5		1	0.1%
8		1	0.1%
77	Don't know	20	2.6%
Sysmiss		4827	

## T14BW: Snuff, by nose times per week

Data file: npl2019

### Overview

Valid: 885 Invalid: 4708

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7777 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		861	97.3%
1		1	0.1%
77	Don't know	11	1.2%
7777	Don't know	12	1.4%
Sysmiss		4708	

## T14C: Chewing tobacco times per day

Data file: npl2019

### Overview

Valid: 767 Invalid: 4826

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		588	76.7%
1		20	2.6%
2		34	4.4%
3		31	4%
4		17	2.2%
5		31	4%

6		3	0.4%
7		8	1%
8		5	0.7%
10		13	1.7%
12		2	0.3%
15		1	0.1%
20		3	0.4%
24		1	0.1%
50		1	0.1%
77	Don't know	9	1.2%
Sysmiss		4826	

## T14CW: Chewing tobacco times per week

Data file: npl2019

### Overview

Valid: 735 Invalid: 4858

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7777 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		673	91.6%
1		7	1%
2		7	1%
3		7	1%
4		3	0.4%
5		4	0.5%
6		3	0.4%
7		10	1.4%
8		2	0.3%
20		1	0.1%
70		1	0.1%
77	Don't know	8	1.1%
7777	Don't know	9	1.2%
Sysmiss		4858	

**T14D: Betel leaves with tobacco (Jarda pan), times per day****Data file:** npl2019**Overview**

Valid: 766 Invalid: 4827

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		624	81.5%
1		16	2.1%
2		34	4.4%
3		28	3.7%
4		19	2.5%
5		9	1.2%
6		3	0.4%
7		6	0.8%
8		3	0.4%
10		9	1.2%
12		2	0.3%
30		1	0.1%
77	Don't know	12	1.6%
Sysmiss		4827	

**T14DW: Betel leaves with tobacco (Jarda pan), times per week****Data file:** npl2019**Overview**

Valid: 771 Invalid: 4822

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7777 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		712	92.3%
1		5	0.6%
2		9	1.2%
3		8	1%

4		3	0.4%
5		8	1%
7		5	0.6%
8		1	0.1%
10		4	0.5%
12		1	0.1%
15		1	0.1%
20		1	0.1%
77	Don't know	6	0.8%
7777	Don't know	7	0.9%
Sysmiss		4822	

### T14E: Betel quid with tobacco (Sada pan), times per day

Data file: npl2019

#### Overview

Valid: 766 Invalid: 4827

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

#### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		673	87.9%
1		11	1.4%
2		29	3.8%
3		17	2.2%
4		5	0.7%
5		8	1%
6		1	0.1%
7		3	0.4%
8		1	0.1%
10		1	0.1%
12		1	0.1%
15		1	0.1%
77	Don't know	15	2%
Sysmiss		4827	

**T14EW: Betel quid with tobacco (Sada pan), times per week****Data file:** npl2019**Overview**

Valid: 820 Invalid: 4773

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7777 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		766	93.4%
1		4	0.5%
2		13	1.6%
3		9	1.1%
4		2	0.2%
5		3	0.4%
7		5	0.6%
8		1	0.1%
10		2	0.2%
15		2	0.2%
20		1	0.1%
35		1	0.1%
50		1	0.1%
77	Don't know	4	0.5%
7777	Don't know	6	0.7%
Sysmiss		4773	

**T14F: Gutkha times per day****Data file:** npl2019**Overview**

Valid: 766 Invalid: 4827

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		475	62%
0.5		2	0.3%

1		23	3%
2		34	4.4%
3		53	6.9%
4		42	5.5%
5		58	7.6%
6		20	2.6%
7		10	1.3%
8		8	1%
9		2	0.3%
10		14	1.8%
12		9	1.2%
15		3	0.4%
18		1	0.1%
20		2	0.3%
40		1	0.1%
77	Don't know	9	1.2%
Sysmiss		4827	

## T14FW: Gutkha times per week

Data file: npl2019

### Overview

Valid: 622 Invalid: 4971

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7777 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		546	87.8%
1		7	1.1%
2		10	1.6%
3		15	2.4%
4		8	1.3%
5		6	1%
6		2	0.3%
7		2	0.3%
10		6	1%
14		2	0.3%

15		1	0.2%
20		3	0.5%
30		2	0.3%
42		1	0.2%
70		1	0.2%
77	Don't know	7	1.1%
7777	Don't know	3	0.5%
Sysmiss		4971	

## T14G: Surti times per day

Data file: npl2019

### Overview

Valid: 766 Invalid: 4827

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		349	45.6%
0.1		1	0.1%
0.25		1	0.1%
0.3		5	0.7%
0.5		16	2.1%
1		46	6%
2		41	5.4%
3		64	8.4%
4		45	5.9%
5		68	8.9%
6		32	4.2%
7		25	3.3%
8		14	1.8%
9		3	0.4%
10		21	2.7%
12		10	1.3%
15		7	0.9%
20		6	0.8%
21		1	0.1%

25		2	0.3%
50		1	0.1%
77	Don't know	8	1%
Sysmiss		4827	

## T14GW: Surti times per week

Data file: npl2019

### Overview

Valid: 496 Invalid: 5097

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7777 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		407	82.1%
1		10	2%
2		11	2.2%
3		13	2.6%
4		7	1.4%
5		9	1.8%
6		2	0.4%
7		15	3%
8		2	0.4%
10		1	0.2%
13		1	0.2%
14		1	0.2%
21		1	0.2%
25		1	0.2%
49		1	0.2%
77	Don't know	8	1.6%
7777	Don't know	6	1.2%
Sysmiss		5097	

## T14H: Khaini times per day

Data file: npl2019

**Overview**

Valid: 766 Invalid: 4827

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		447	58.4%
0.5		4	0.5%
1		41	5.4%
1.5		1	0.1%
2		46	6%
3		31	4%
4		30	3.9%
5		54	7%
6		21	2.7%
7		15	2%
8		8	1%
10		31	4%
11		1	0.1%
12		8	1%
13		3	0.4%
15		10	1.3%
17		1	0.1%
18		1	0.1%
20		4	0.5%
77	Don't know	9	1.2%
Sysmiss		4827	

**T14HW: Khaini times per week****Data file: npl2019****Overview**

Valid: 594 Invalid: 4999

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7777 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		518	87.2%
1		12	2%
2		11	1.9%
3		11	1.9%
4		5	0.8%
5		6	1%
7		7	1.2%
8		2	0.3%
10		2	0.3%
11		1	0.2%
15		3	0.5%
20		1	0.2%
21		1	0.2%
25		1	0.2%
28		1	0.2%
35		1	0.2%
44		1	0.2%
77	Don't know	6	1%
7777	Don't know	4	0.7%
Sysmiss		4999	

## T14I: other times per day

Data file: npl2019

### Overview

Valid: 743 Invalid: 4850

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		714	96.1%
1		5	0.7%
2		1	0.1%
3		2	0.3%
4		1	0.1%
5		1	0.1%

7		1	0.1%
10		1	0.1%
77	Don't know	17	2.3%
Sysmiss		4850	

## T14IW: other times per week

Data file: npl2019

### Overview

Valid: 851 Invalid: 4742

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 7777 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		841	98.8%
1		1	0.1%
2		1	0.1%
14		1	0.1%
77	Don't know	1	0.1%
7777	Don't know	6	0.7%
Sysmiss		4742	

## T15: past smokeless tobacco use

Data file: npl2019

### Overview

Valid: 4680 Invalid: 913

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	81	1.7%
2	No	4599	98.3%
Sysmiss		913	

**T16: past daily smokeless tobacco use****Data file:** npl2019**Overview**

Valid: 81    Invalid: 5512

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	58	71.6%
2	No	23	28.4%
Sysmiss		5512	

**TX1: stop smokeless tobacco use in past 12 mos****Data file:** npl2019**Overview**

Valid: 913    Invalid: 4680

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	191	20.9%
2	No	722	79.1%
Sysmiss		4680	

**TX2: advised by MD to stop smokeless tobacco use****Data file:** npl2019**Overview**

Valid: 913    Invalid: 4680

Type: Discrete    Decimal: 0    Width: 23    Range: 1 - 3    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	140	15.3%

2	No	490	53.7%
3	No visit in past 12 mos	283	31%
Sysmiss		4680	

### TX31: methods to stop smoking/ smokeless tobacco use: counseling by any health care wo

Data file: npl2019

#### Overview

Valid: 388 Invalid: 5205

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

#### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
1	Yes	74	19.1%
2	No	314	80.9%
Sysmiss		5205	

### TX32: methods to stop smoking/ smokeless tobacco use: nicotine replacement therapy

Data file: npl2019

#### Overview

Valid: 388 Invalid: 5205

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 3 Format: Numeric

#### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
1	Yes	8	2.1%
2	No	378	97.4%
3		2	0.5%
Sysmiss		5205	

### TX33: methods to stop smoking/ smokeless tobacco use: traditional medicine

Data file: npl2019

#### Overview

Valid: 388 Invalid: 5205

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 3    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	9	2.3%
2	No	378	97.4%
3		1	0.3%
Sysmiss		5205	

## TX34: methods to stop smoking/ smokeless tobacco use: quit line/ telephone support lin

Data file: npl2019

### Overview

Valid: 388    Invalid: 5205

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	0	0%
2	No	388	100%
Sysmiss		5205	

## TX35: methods to stop smoking/ smokeless tobacco use: try to quit without assistance

Data file: npl2019

### Overview

Valid: 388    Invalid: 5205

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	316	81.4%
2	No	72	18.6%
Sysmiss		5205	

**T17: exposed to smoke in home****Data file:** npl2019**Overview**

Valid: 5593    Invalid: 0  
 Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	1906	34.1%
2	No	3687	65.9%

**T17X: frequency exposed to smoke in home****Data file:** npl2019**Overview**

Valid: 1906    Invalid: 3687  
 Type: Discrete    Decimal: 0    Width: 17    Range: 1 - 5    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	daily	1250	65.6%
2	weekly	401	21%
3	monthly	95	5%
4	less than monthly	103	5.4%
5	don't know	57	3%
Sysmiss		3687	

**T18: exposed to smoke at work****Data file:** npl2019**Overview**

Valid: 5593    Invalid: 0  
 Type: Discrete    Decimal: 0    Width: 25    Range: 1 - 3    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	1183	21.2%
2	No	3890	69.6%
3	Don't work in closed area	520	9.3%

### TX5A: exposed to smoke: restaurants

Data file: npl2019

#### Overview

Valid: 5593 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 12 Range: 1 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	3539	63.3%
2	No	1080	19.3%
77	Didn't visit	974	17.4%

### TX5B: exposed to smoke: public transport

Data file: npl2019

#### Overview

Valid: 5593 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 12 Range: 1 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	2328	41.6%
2	No	2345	41.9%
77	Didn't visit	920	16.4%

**TX5C: exposed to smoke: school****Data file: npl2019****Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 12 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	317	5.7%
2	No	3534	63.2%
77	Didn't visit	1742	31.1%

**TX5D: exposed to smoke: health care facilities****Data file: npl2019****Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 12 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	123	2.2%
2	No	3644	65.2%
77	Didn't visit	1826	32.6%

**TP1A: notice info on dangers of smoking in newspapers, magazines****Data file: npl2019****Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	2131	38.1%

2	No	2281	40.8%
77	Don't know	1181	21.1%

## TP1B: notice info on dangers of smoking on TV

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	2906	52%
2	No	1766	31.6%
77	Don't know	921	16.5%

## TP1C: notice info on dangers of smoking on radio

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	3176	56.8%
2	No	1633	29.2%
77	Don't know	784	14%

## TP1D: notice info on dangers of smoking on internet, websites

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	975	17.4%
2	No	2072	37%
77	Don't know	2546	45.5%

## TPX1: notice advertisements promoting smoking in newspapers, magazines

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	433	7.7%
2	No	3891	69.6%
77	Don't know	1269	22.7%

## TPX2: notice advertisements promoting smoking on TV

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	623	11.1%
2	No	3787	67.7%
77	Don't know	1183	21.2%

**TPX3: notice advertisements promoting smoking on radio****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	680	12.2%
2	No	3809	68.1%
77	Don't know	1104	19.7%

**TPX4: notice advertisements promoting smoking on internet, websites****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	204	3.6%
2	No	3526	63%
77	Don't know	1863	33.3%

**TPX5: notice advertisements promoting smoking on billboards****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	478	8.5%

2	No	3397	60.7%
77	Don't know	1718	30.7%

## TP2: noticed cig ads

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	552	9.9%
2	No	4217	75.4%
77	Don't know	824	14.7%

## TP3A: notice cig promos: free samples

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	89	1.6%
2	No	3954	70.7%
77	Don't know	1550	27.7%

## TP3B: notice cig promos: cigs on sale

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	86	1.5%
2	No	3819	68.3%
77	Don't know	1688	30.2%

### TP3C: notice cig promos: coupons

Data file: npl2019

#### Overview

Valid: 5593 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	37	0.7%
2	No	3744	66.9%
77	Don't know	1812	32.4%

### TP3D: notice cig promos: free gifts

Data file: npl2019

#### Overview

Valid: 5593 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	65	1.2%
2	No	3714	66.4%
77	Don't know	1814	32.4%

**TP3E: notice cig promos: branded clothing****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	100	1.8%
2	No	3666	65.5%
77	Don't know	1827	32.7%

**TP3F: notice cig promos: in the mail****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	127	2.3%
2	No	3432	61.4%
77	Don't know	2034	36.4%

**TP4: noticed health warnings on cig packs****Data file:** npl2019**Overview**

Valid: 1647 Invalid: 3946

Type: Discrete Decimal: 0 Width: 34 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	1115	67.7%

2	No	398	24.2%
3	Did not see any cigarette packages	42	2.6%
4		92	5.6%
77	Don't know	0	0%
Sysmiss		3946	

## TP5: thought about quitting due to health warning

Data file: npl2019

### Overview

Valid: 1115 Invalid: 4478

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	528	47.4%
2	No	565	50.7%
77	Don't know	22	2%
Sysmiss		4478	

## TP6: number of cigs bought last purchase

Data file: npl2019

### Overview

Valid: 1647 Invalid: 3946

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77777 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		158	9.6%
2		128	7.8%
3		41	2.5%
4		50	3%
5		101	6.1%
6		31	1.9%
7		20	1.2%

8		16	1%
9		1	0.1%
10		181	11%
11		1	0.1%
12		24	1.5%
14		1	0.1%
15		20	1.2%
18		1	0.1%
20		230	14%
22		1	0.1%
25		15	0.9%
28		1	0.1%
30		5	0.3%
35		2	0.1%
40		6	0.4%
58		1	0.1%
60		5	0.3%
77	Don't know	32	1.9%
90		3	0.2%
100		2	0.1%
120		1	0.1%
150		7	0.4%
250		1	0.1%
300		3	0.2%
350		1	0.1%
400		1	0.1%
600		2	0.1%
777	Don't know	11	0.7%
2025		1	0.1%
7774		1	0.1%
7777	Don't know	537	32.6%
7778		1	0.1%
77777	Don't know	3	0.2%
Sysmiss		3946	

### TP7: price paid for last cig purchase

Data file: npl2019

**Overview**

Valid: 1647    Invalid: 3946

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 77777    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1		6	0.4%
2		2	0.1%
5		43	2.6%
6		1	0.1%
8		3	0.2%
10		125	7.6%
12		2	0.1%
15		68	4.1%
20		118	7.2%
25		52	3.2%
28		1	0.1%
30		61	3.7%
35		11	0.7%
40		20	1.2%
45		7	0.4%
50		167	10.1%
55		4	0.2%
60		20	1.2%
65		2	0.1%
70		36	2.2%
75		14	0.9%
77	Don't know	27	1.6%
80		12	0.7%
85		1	0.1%
90		1	0.1%
95		3	0.2%
100		95	5.8%
108		1	0.1%
110		2	0.1%
120		10	0.6%
125		2	0.1%
140		5	0.3%

150		21	1.3%
160		2	0.1%
170		1	0.1%
180		1	0.1%
200		35	2.1%
220		1	0.1%
240		5	0.3%
250		3	0.2%
270		1	0.1%
300		9	0.5%
330		1	0.1%
400		4	0.2%
450		1	0.1%
500		9	0.5%
600		6	0.4%
750		3	0.2%
777	Don't know	14	0.9%
900		1	0.1%
1000		6	0.4%
1200		1	0.1%
1400		1	0.1%
1500		14	0.9%
1800		2	0.1%
2000		4	0.2%
2500		6	0.4%
3000		6	0.4%
3600		1	0.1%
4500		1	0.1%
5500		1	0.1%
7774		1	0.1%
7777	Don't know	544	33%
8888		13	0.8%
15000		1	0.1%
77776		1	0.1%
77777	Don't know	4	0.2%
Sysmiss		3946	

**A1: ever drank alcohol****Data file:** npl2019**Overview**

Valid: 5593    Invalid: 0  
 Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	1574	28.1%
2	No	4019	71.9%

**A2: drank alcohol in past 12 mos****Data file:** npl2019**Overview**

Valid: 1574    Invalid: 4019  
 Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	1345	85.5%
2	No	229	14.5%
Sysmiss		4019	

**AX11: reason stopped drinking alcohol: health reason****Data file:** npl2019**Overview**

Valid: 229    Invalid: 5364  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 2    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		1	0.4%
1	Yes	114	49.8%

2	No	114	49.8%
Sysmiss		5364	

**AX12: reason stopped drinking alcohol: family pressure****Data file:** npl2019**Overview**

Valid: 229    Invalid: 5364

Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 2    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		1	0.4%
1	Yes	17	7.4%
2	No	211	92.1%
Sysmiss		5364	

**AX13: reason stopped drinking alcohol: can't afford/no money to buy****Data file:** npl2019**Overview**

Valid: 229    Invalid: 5364

Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 2    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		1	0.4%
1	Yes	6	2.6%
2	No	222	96.9%
Sysmiss		5364	

**AX14: reason stopped drinking alcohol: just wanted to stop****Data file:** npl2019**Overview**

Valid: 229    Invalid: 5364

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	113	49.3%
2	No	116	50.7%
Sysmiss		5364	

## AX15: reason stopped drinking alcohol: spiritual/religious reasons

Data file: npl2019

### Overview

Valid: 229    Invalid: 5364

Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 5    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		1	0.4%
1	Yes	18	7.9%
2	No	209	91.3%
5		1	0.4%
Sysmiss		5364	

## AX16: reason stopped drinking alcohol: advice of doctor/health worker

Data file: npl2019

### Overview

Valid: 229    Invalid: 5364

Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 2    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		1	0.4%
1	Yes	23	10%
2	No	205	89.5%

Sysmiss		5364	
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#### A4: freq drinking in past 12 mos

Data file: npl2019

##### Overview

Valid: 1345 Invalid: 4248

Type: Discrete Decimal: 0 Width: 22 Range: 1 - 88 Format: Numeric

##### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
1	Daily	339	25.2%
2	5-6 days per week	88	6.5%
3	3-4 days per week	131	9.7%
4	1-2 days per week	282	21%
5	1-3 days per month	235	17.5%
6	Less than once a month	270	20.1%
88	Refused	0	0%
Sysmiss		4248	

#### A5: drank alcohol in past 30 days

Data file: npl2019

##### Overview

Valid: 1345 Invalid: 4248

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

##### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
1	Yes	1152	85.7%
2	No	193	14.3%
Sysmiss		4248	

#### A6: number drinking occasions past 30 days

Data file: npl2019

## Overview

Valid: 1152 Invalid: 4441

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		29	2.5%
1		148	12.8%
2		215	18.7%
3		153	13.3%
4		94	8.2%
5		90	7.8%
6		52	4.5%
7		18	1.6%
8		33	2.9%
9		6	0.5%
10		44	3.8%
12		6	0.5%
13		2	0.2%
14		1	0.1%
15		28	2.4%
16		4	0.3%
18		2	0.2%
20		34	3%
21		2	0.2%
22		3	0.3%
25		14	1.2%
27		2	0.2%
28		6	0.5%
29		1	0.1%
30		109	9.5%
77	Don't know	56	4.9%
Sysmiss		4441	

**A7: average number drinks per occasion past 30 days**

**Data file: npl2019**

**Overview**

Valid: 1123 Invalid: 4470

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1		244	21.7%
2		316	28.1%
3		204	18.2%
4		115	10.2%
5		64	5.7%
6		51	4.5%
7		20	1.8%
8		13	1.2%
9		10	0.9%
10		38	3.4%
77	Don't know	48	4.3%
Sysmiss		4470	

**A8: largest number drinks past 30 days**

Data file: npl2019

**Overview**

Valid: 1152 Invalid: 4441

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1		160	13.9%
2		250	21.7%
3		154	13.4%
4		143	12.4%
5		122	10.6%
6		91	7.9%
7		31	2.7%
8		36	3.1%

9		19	1.6%
10		51	4.4%
11		2	0.2%
12		14	1.2%
13		1	0.1%
14		4	0.3%
15		3	0.3%
16		4	0.3%
19		2	0.2%
20		2	0.2%
77	Don't know	63	5.5%
Sysmiss		4441	

### A9: times drank 6+ drinks in single occasion past 30 days

Data file: npl2019

#### Overview

Valid: 1152 Invalid: 4441

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

#### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		608	52.8%
1		65	5.6%
2		105	9.1%
3		66	5.7%
4		31	2.7%
5		18	1.6%
6		15	1.3%
7		6	0.5%
8		9	0.8%
9		5	0.4%
10		11	1%
12		2	0.2%
15		13	1.1%
16		2	0.2%
19		3	0.3%

20		10	0.9%
25		3	0.3%
30		18	1.6%
77	Don't know	162	14.1%
Sysmiss		4441	

## A10A: number of drinks consumed last Monday

Data file: npl2019

### Overview

Valid: 1152 Invalid: 4441

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		577	50.1%
1		207	18%
2		173	15%
3		60	5.2%
4		23	2%
5		24	2.1%
6		31	2.7%
7		9	0.8%
8		5	0.4%
9		3	0.3%
10		13	1.1%
77	Don't know	27	2.3%
Sysmiss		4441	

## A10B: number of drinks consumed last Tuesday

Data file: npl2019

### Overview

Valid: 1152 Invalid: 4441

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		610	53%
1		203	17.6%
2		135	11.7%
3		70	6.1%
4		26	2.3%
5		16	1.4%
6		32	2.8%
7		10	0.9%
8		6	0.5%
9		3	0.3%
10		14	1.2%
77	Don't know	27	2.3%
Sysmiss		4441	

## A10C: number of drinks consumed last Wednesday

Data file: npl2019

### Overview

Valid: 1152 Invalid: 4441

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		569	49.4%
1		210	18.2%
2		168	14.6%
3		64	5.6%
4		29	2.5%
5		19	1.6%
6		27	2.3%
7		10	0.9%
8		10	0.9%
9		2	0.2%

10		14	1.2%
77	Don't know	30	2.6%
Sysmiss		4441	

### A10D: number of drinks consumed last Thursday

Data file: npl2019

#### Overview

Valid: 1152 Invalid: 4441

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

#### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
0		596	51.7%
1		185	16.1%
2		164	14.2%
3		67	5.8%
4		26	2.3%
5		21	1.8%
6		30	2.6%
7		10	0.9%
8		8	0.7%
9		4	0.3%
10		15	1.3%
77	Don't know	26	2.3%
Sysmiss		4441	

### A10E: number of drinks consumed last Friday

Data file: npl2019

#### Overview

Valid: 1152 Invalid: 4441

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

#### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
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0		548	47.6%
1		209	18.1%
2		163	14.1%
3		73	6.3%
4		43	3.7%
5		25	2.2%
6		27	2.3%
7		8	0.7%
8		12	1%
9		4	0.3%
10		13	1.1%
77	Don't know	27	2.3%
Sysmiss		4441	

## A10F: number of drinks consumed last Saturday

Data file: npl2019

### Overview

Valid: 1152 Invalid: 4441

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		540	46.9%
1		225	19.5%
2		168	14.6%
3		69	6%
4		30	2.6%
5		27	2.3%
6		30	2.6%
7		8	0.7%
8		9	0.8%
9		5	0.4%
10		13	1.1%
77	Don't know	28	2.4%
Sysmiss		4441	

**A10G: number of drinks consumed last Sunday****Data file: npl2019****Overview**

Valid: 1152 Invalid: 4441

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		664	57.6%
1		179	15.5%
2		134	11.6%
3		50	4.3%
4		28	2.4%
5		15	1.3%
6		25	2.2%
7		9	0.8%
8		6	0.5%
9		6	0.5%
10		14	1.2%
77	Don't know	22	1.9%
Sysmiss		4441	

**A11: drank undeclared alcohol in past 7 days****Data file: npl2019****Overview**

Valid: 1152 Invalid: 4441

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	803	69.7%
2	No	349	30.3%
Sysmiss		4441	

**A12A: number of homebrewed spirits in past 7 days****Data file:** npl2019**Overview**

Valid: 803 Invalid: 4790

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		238	29.6%
1		104	13%
2		111	13.8%
3		76	9.5%
4		52	6.5%
5		36	4.5%
6		37	4.6%
7		24	3%
8		11	1.4%
9		13	1.6%
10		86	10.7%
77	Don't know	15	1.9%
Sysmiss		4790	

**A12B: number of homebrewed beer or wine in past 7 days****Data file:** npl2019**Overview**

Valid: 803 Invalid: 4790

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		433	53.9%
1		95	11.8%
2		73	9.1%
3		31	3.9%
4		28	3.5%

5		22	2.7%
6		24	3%
7		19	2.4%
8		10	1.2%
9		2	0.2%
10		57	7.1%
77	Don't know	9	1.1%
Sysmiss		4790	

### A12C: number of drinks from over the border in past 7 days

Data file: npl2019

#### Overview

Valid: 803 Invalid: 4790

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

#### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		762	94.9%
1		17	2.1%
2		6	0.7%
3		2	0.2%
4		3	0.4%
6		1	0.1%
7		1	0.1%
9		1	0.1%
10		3	0.4%
77	Don't know	7	0.9%
Sysmiss		4790	

### A12D: number of drinks of alcohol not intended for consumption in past 7 days

Data file: npl2019

#### Overview

Valid: 803 Invalid: 4790

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		789	98.3%
1		5	0.6%
6		1	0.1%
77	Don't know	8	1%
Sysmiss		4790	

### A12E: number of drinks of other untaxed alcohol in past 7 days

Data file: npl2019

#### Overview

Valid: 790 Invalid: 4803

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		790	100%
77	Don't know	0	0%
Sysmiss		4803	

### A13: unable to stop drinking in past 12 mos

Data file: npl2019

#### Overview

Valid: 1345 Invalid: 4248

Type: Discrete Decimal: 0 Width: 21 Range: 1 - 5 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Daily or almost daily	68	5.1%
2	Weekly	77	5.7%
3	Monthly	64	4.8%
4	Less than monthly	173	12.9%

5	Never	963	71.6%
Sysmiss		4248	

### A14: failed to do what was expected due to drinking in past 12 mos

Data file: npl2019

#### Overview

Valid: 1345 Invalid: 4248

Type: Discrete Decimal: 0 Width: 21 Range: 1 - 5 Format: Numeric

#### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
1	Daily or almost daily	28	2.1%
2	Weekly	38	2.8%
3	Monthly	58	4.3%
4	Less than monthly	161	12%
5	Never	1060	78.8%
Sysmiss		4248	

### A15: needing drink first thin in morning in past 12 mos

Data file: npl2019

#### Overview

Valid: 1345 Invalid: 4248

Type: Discrete Decimal: 0 Width: 21 Range: 1 - 5 Format: Numeric

#### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
1	Daily or almost daily	46	3.4%
2	Weekly	37	2.8%
3	Monthly	37	2.8%
4	Less than monthly	130	9.7%
5	Never	1095	81.4%
Sysmiss		4248	

**A16: family problems with alcohol in past 12 mos****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 40 Range: 1 - 5 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes, more than monthly	79	1.4%
2	Yes, monthly	99	1.8%
3	Yes, several times but less than monthly	73	1.3%
4	Yes, once or twice	366	6.5%
5	No	4976	89%

**D1: days fruit eaten per week****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		1330	23.8%
1		930	16.6%
2		1259	22.5%
3		688	12.3%
4		440	7.9%
5		327	5.8%
6		69	1.2%
7		301	5.4%
77	Don't know	249	4.5%

**D2: servings fruit eaten per day****Data file:** npl2019

**Overview**

Valid: 4014 Invalid: 1579

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		9	0.2%
0.2		1	0%
0.5		84	2.1%
1		2323	57.9%
1.2		4	0.1%
1.5		44	1.1%
2		1225	30.5%
2.5		11	0.3%
3		223	5.6%
4		50	1.2%
4.5		1	0%
5		15	0.4%
6		4	0.1%
7		3	0.1%
10		1	0%
77	Don't know	16	0.4%
Sysmiss		1579	

**D3: days veg eaten per week****Data file: npl2019****Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		21	0.4%
1		47	0.8%
2		172	3.1%

3		255	4.6%
4		479	8.6%
5		797	14.2%
6		482	8.6%
7		3312	59.2%
77	Don't know	28	0.5%

#### D4: servings veg eaten per day

Data file: npl2019

##### Overview

Valid: 5544 Invalid: 49

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

##### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
1		2466	44.5%
1.2		1	0%
1.5		64	1.2%
2		2372	42.8%
2.5		6	0.1%
3		412	7.4%
3.5		2	0%
4		116	2.1%
5		48	0.9%
6		11	0.2%
7		24	0.4%
8		2	0%
9		1	0%
10		1	0%
77	Don't know	18	0.3%
Sysmiss		49	

#### DX1: think recommended number of fruit and veg servings per day

Data file: npl2019

**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 100 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		30	0.5%
0.5		1	0%
1		310	5.5%
1.5		11	0.2%
2		909	16.3%
3		778	13.9%
4		336	6%
5		248	4.4%
6		50	0.9%
7		506	9%
8		9	0.2%
9		5	0.1%
10		3	0.1%
11		1	0%
12		1	0%
14		2	0%
30		8	0.1%
74		5	0.1%
77	Don't know	2379	42.5%
100		1	0%

**D5A: adding salt when eating**

Data file: npl2019

**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
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1	Always	80	1.4%
2	Often	298	5.3%
3	Sometimes	1980	35.4%
4	Rarely	1058	18.9%
5	Never	2164	38.7%
77	Don't know	13	0.2%

## D5B: adding salty sauce when eating

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Always	13	0.2%
2	Often	169	3%
3	Sometimes	1465	26.2%
4	Rarely	1408	25.2%
5	Never	2324	41.6%
77	Don't know	214	3.8%

## D7: eating processed foods high in salt

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Always	81	1.4%
2	Often	640	11.4%
3	Sometimes	2422	43.3%
4	Rarely	1382	24.7%

5	Never	1016	18.2%
77	Don't know	52	0.9%

## D8A: how much salt consumed

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 21 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Far too much	45	0.8%
2	Too much	639	11.4%
3	Just the right amount	3970	71%
4	Too little	790	14.1%
5	Far too little	106	1.9%
77	Don't know	43	0.8%

## D8B: how much salty sauce consumed

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 21 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Far too much	11	0.2%
2	Too much	123	2.2%
3	Just the right amount	1812	32.4%
4	Too little	1324	23.7%
5	Far too little	1722	30.8%
77	Don't know	601	10.7%

**D9: importance lowering salt****Data file: npl2019****Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 20 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Very important	332	5.9%
2	Somewhat important	4005	71.6%
3	Not at all important	418	7.5%
77	Don't know	838	15%

**DX2: max amount of salt per day****Data file: npl2019****Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1		2052	36.7%
1.5		36	0.6%
2		1508	27%
2.5		5	0.1%
3		382	6.8%
4		66	1.2%
5		66	1.2%
6		7	0.1%
7		5	0.1%
10		1	0%
74		1	0%
77	Don't know	1464	26.2%

**DX31: can excess salt hurt health: nothing, more salt is good for health****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	81	1.4%
2	No	5512	98.6%

**DX32: can excess salt hurt health: increase blood pressure****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	3440	61.5%
2	No	2153	38.5%

**DX33: can excess salt hurt health: kidney disease****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	753	13.5%
2	No	4840	86.5%

**DX34: can excess salt hurt health: asthma****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	380	6.8%
2	No	5213	93.2%

**DX35: can excess salt hurt health: cancer****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	89	1.6%
2	No	5504	98.4%

**DX36: can excess salt hurt health: tuberculosis****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	63	1.1%

2	No	5530	98.9%
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**DX377: can excess salt hurt health: don't know****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	1818	32.5%
2	No	3775	67.5%

**DX30THER: can excess salt hurt health: other****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	158	2.8%
2	No	5435	97.2%

**DX3\_OTHER: specify other reasons excess salt hurt health****Data file:** npl2019**Overview**

Valid: 158 Invalid: 0

Type: Discrete Width: 36 Range: - Format: character

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
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ABDOMINAL PAIN		1	0.6%
Affects eyes		1	0.6%
Anger		1	0.6%
BLOOD SUAGAR HIGH		1	0.6%
Blood burn		1	0.6%
Body swelling		3	1.9%
Bone related diseases		1	0.6%
Burning chest		1	0.6%
Burning neck		1	0.6%
Burning sensation		1	0.6%
DM		1	0.6%
Daibetes		1	0.6%
Defect bone		1	0.6%
Dehydration		12	7.6%
Diabetes		2	1.3%
Dizziness		1	0.6%
Dryness		1	0.6%
Effect heart		1	0.6%
Effect on lungs		1	0.6%
Effects brain, heart, lungs		1	0.6%
Effects every body parts		1	0.6%
Effects lungs		3	1.9%
Effects lungs, liver		1	0.6%
Feel angry and swelling of lungs		1	0.6%
Feels Thirsty		1	0.6%
Fluid collection in lungs		1	0.6%
GASTRIC		1	0.6%
GOITIRE		1	0.6%
Gastritis		5	3.2%
Goitre		2	1.3%
HEART BEAT INCREASE HUNCHHA,,		1	0.6%
Harm heart		1	0.6%
Harmful to body		1	0.6%
Harms heart, lungs, liver		1	0.6%
Harms lungs		1	0.6%
Headache		3	1.9%
Headache and eyeache		1	0.6%
Headache, soar throat		1	0.6%
Heart attack		1	0.6%

Heart disease	3	1.9%
Heart diseases,gastritics,	1	0.6%
Heart problem	1	0.6%
Heart related	1	0.6%
Hypersensitive, dehydration	1	0.6%
INCREASE TIREDNESS	1	0.6%
Inflammation of body parts	1	0.6%
Inflammation of lungs	1	0.6%
Intestinal wound	1	0.6%
Jaundice	2	1.3%
Joint problem	1	0.6%
KIDNEY DISEASE	1	0.6%
Leg edema	1	0.6%
Leg swelling	1	0.6%
Loss of vision , lethargy	1	0.6%
Lung swelling	1	0.6%
Lungs	1	0.6%
Lungs Infection	1	0.6%
Lungs damage	1	0.6%
Lungs disease and cold heart	1	0.6%
Lungs diseases	1	0.6%
Lungs diseases, fatigue	1	0.6%
Lungs effect	1	0.6%
Lungs inflammation	1	0.6%
Lungs problem	1	0.6%
Makes thirsty	1	0.6%
No disease	1	0.6%
PAANI TIRKHA LAGCHA	1	0.6%
PATHARI	1	0.6%
PROBLEM IN LIVER AND LUNGS	1	0.6%
Pain in limbs	1	0.6%
RIS DHERAI UTHXA	1	0.6%
Required more amount of water	1	0.6%
SUGAR	1	0.6%
SWELLING	1	0.6%
Stomach Pain	1	0.6%
Stomach pain	2	1.3%
Stomachache and burning neck	1	0.6%
Stone	1	0.6%

Sugar		2	1.3%
Sugar uric acid		1	0.6%
Sugar, heart disease		1	0.6%
Suger		1	0.6%
Sweating		1	0.6%
Swelling of lungs		3	1.9%
Swells lungs		3	1.9%
Swells lungs, liver		1	0.6%
THIRSTY		2	1.3%
THURISTY		2	1.3%
TIRKHA BADI LAGXA		1	0.6%
Temper high		1	0.6%
Testlessness		1	0.6%
Thirstness		6	3.8%
Thirsty		8	5.1%
Thirstyy		1	0.6%
Thuristy		2	1.3%
Thuristy and enlargement of abdomen		1	0.6%
Thurust		3	1.9%
Vomiting		1	0.6%
Weak bones		1	0.6%
body will be fit		1	0.6%
gastric increase hunxa		1	0.6%
headache		1	0.6%
lungs damage hunxa		1	0.6%
lungs disease		1	0.6%
nothing		1	0.6%
pani dherai khana man lagxa		1	0.6%
pani tirkha badi lagxa		1	0.6%
pisab ma kharabi hunxa		1	0.6%
thirsty		1	0.6%

#### **DX4: doing anything regularly to control salt intake**

**Data file: npl2019**

#### **Overview**

Valid: 5593    Invalid: 0  
 Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 77    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	160	2.9%
2	No	5236	93.6%
77	Don't know	197	3.5%

## D11A: limit consumption of processed foods

Data file: npl2019

### Overview

Valid: 160 Invalid: 5433

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	110	68.8%
2	No	50	31.3%
Sysmiss		5433	

## D11B: look at salt content on labels

Data file: npl2019

### Overview

Valid: 160 Invalid: 5433

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	39	24.4%
2	No	121	75.6%
Sysmiss		5433	

**D11C: buy low salt alternative****Data file:** npl2019**Overview**

Valid: 160 Invalid: 5433

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	41	25.6%
2	No	119	74.4%
Sysmiss		5433	

**D11D: use spices instead of salt****Data file:** npl2019**Overview**

Valid: 160 Invalid: 5433

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	43	26.9%
2	No	117	73.1%
Sysmiss		5433	

**D11E: avoid eating out****Data file:** npl2019**Overview**

Valid: 160 Invalid: 5433

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	88	55%

2	No	72	45%
Sysmiss		5433	

**D11F: eat meals without adding salt****Data file:** npl2019**Overview**

Valid: 160 Invalid: 5433

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	114	71.3%
2	No	46	28.8%
Sysmiss		5433	

**D11G: cook meals without adding salt****Data file:** npl2019**Overview**

Valid: 160 Invalid: 5433

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	73	45.6%
2	No	87	54.4%
Sysmiss		5433	

**D11H: do other things to control salt intake****Data file:** npl2019**Overview**

Valid: 156 Invalid: 5437

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	0	0%
2	No	156	100%
Sysmiss		5437	

### DX5: oil used most often

Data file: npl2019

#### Overview

Valid: 5593 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 21 Range: 1 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	mustard oil	2245	40.1%
2	refined vegetable oil	2950	52.7%
3	lard or suet	27	0.5%
4	butter ghee	107	1.9%
5	noodles oil	0	0%
6	vanaspati ghee	57	1%
7	other	3	0.1%
8	nothing in particular	194	3.5%
9	not used	1	0%
77	don't know	9	0.2%

### DX6: meals per week eaten outside home

Data file: npl2019

#### Overview

Valid: 5593 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		3836	68.6%
1		391	7%
2		464	8.3%
3		256	4.6%
4		107	1.9%
5		73	1.3%
6		58	1%
7		119	2.1%
8		13	0.2%
9		1	0%
10		3	0.1%
12		3	0.1%
14		1	0%
15		4	0.1%
20		2	0%
21		2	0%
25		3	0.1%
77	Don't know	257	4.6%

## P1: vig activity at work

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	2657	47.5%
2	No	2936	52.5%

## P2: vig activity at work: days per week

Data file: npl2019

### Overview

Valid: 2657 Invalid: 2936

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1		137	5.2%
2		314	11.8%
3		314	11.8%
4		289	10.9%
5		374	14.1%
6		121	4.6%
7		1091	41.1%
77	Don't know	17	0.6%
Sysmiss		2936	

### P3A: vig activity at work: hours per day

Data file: npl2019

#### Overview

Valid: 2640 Invalid: 2953

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		92	3.5%
1		366	13.9%
2		690	26.1%
3		508	19.2%
4		337	12.8%
5		269	10.2%
6		148	5.6%
7		75	2.8%
8		98	3.7%
9		26	1%
10		17	0.6%
11		1	0%
12		8	0.3%
13		1	0%

15		2	0.1%
77	Don't know	2	0.1%
Sysmiss		2953	

### P3B: vig activity at work: mins per day

Data file: npl2019

#### Overview

Valid: 2640 Invalid: 2953

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

#### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		2034	77%
2		2	0.1%
4		1	0%
5		3	0.1%
8		13	0.5%
10		19	0.7%
12		2	0.1%
15		23	0.9%
20		47	1.8%
25		9	0.3%
30		441	16.7%
35		13	0.5%
38		3	0.1%
40		6	0.2%
45		19	0.7%
50		3	0.1%
77	Don't know	2	0.1%
Sysmiss		2953	

### P4: mod activity at work

Data file: npl2019

#### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	4613	82.5%
2	No	980	17.5%

## P5: mod activity at work: days per week

Data file: npl2019

### Overview

Valid: 4613 Invalid: 980

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1		92	2%
2		285	6.2%
3		440	9.5%
4		386	8.4%
5		525	11.4%
6		191	4.1%
7		2684	58.2%
77	Don't know	10	0.2%
Sysmiss		980	

## P6A: mod activity at work: hours per day

Data file: npl2019

### Overview

Valid: 4603 Invalid: 990

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		380	8.3%

1		1229	26.7%
2		1466	31.8%
3		612	13.3%
4		385	8.4%
5		251	5.5%
6		117	2.5%
7		42	0.9%
8		67	1.5%
9		23	0.5%
10		20	0.4%
12		5	0.1%
15		1	0%
77	Don't know	5	0.1%
Sysmiss		990	

## P6B: mod activity at work: mins per day

Data file: npl2019

### Overview

Valid: 4603 Invalid: 990

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		3313	72%
1		2	0%
3		1	0%
5		6	0.1%
8		11	0.2%
10		26	0.6%
12		1	0%
15		45	1%
20		79	1.7%
25		28	0.6%
30		943	20.5%
33		1	0%
35		30	0.7%

36		1	0%
38		6	0.1%
40		9	0.2%
42		1	0%
45		75	1.6%
46		1	0%
50		15	0.3%
55		4	0.1%
77	Don't know	5	0.1%
Sysmiss		990	

## P7: active transport

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	4674	83.6%
2	No	919	16.4%

## P8: active transport: days per week

Data file: npl2019

### Overview

Valid: 4674 Invalid: 919

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		58	1.2%
2		158	3.4%
3		185	4%
4		255	5.5%

5		428	9.2%
6		294	6.3%
7		3263	69.8%
77	Don't know	33	0.7%
Sysmiss		919	

## P9A: active transport: hours per day

Data file: npl2019

### Overview

Valid: 4641 Invalid: 952

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		1229	26.5%
1		1943	41.9%
2		963	20.7%
3		249	5.4%
4		138	3%
5		67	1.4%
6		18	0.4%
7		9	0.2%
8		9	0.2%
9		2	0%
10		7	0.2%
13		1	0%
15		3	0.1%
77	Don't know	3	0.1%
Sysmiss		952	

## P9B: active transport: mins per day

Data file: npl2019

### Overview

Valid: 4641 Invalid: 952

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		2644	57%
1		1	0%
2		2	0%
5		5	0.1%
8		7	0.2%
10		87	1.9%
12		1	0%
15		137	3%
18		1	0%
20		215	4.6%
25		56	1.2%
28		2	0%
30		1191	25.7%
35		39	0.8%
38		3	0.1%
40		47	1%
42		1	0%
45		168	3.6%
50		30	0.6%
55		1	0%
77	Don't know	3	0.1%
Sysmiss		952	

### P10: vig leisure activity

Data file: npl2019

#### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	328	5.9%

2	No	5265	94.1%
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## P11: vig leisure activity: days per week

Data file: npl2019

### Overview

Valid: 328 Invalid: 5265

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		49	14.9%
2		70	21.3%
3		48	14.6%
4		31	9.5%
5		23	7%
6		18	5.5%
7		79	24.1%
77	Don't know	10	3%
Sysmiss		5265	

## P12A: vig leisure activity: hours per day

Data file: npl2019

### Overview

Valid: 318 Invalid: 5275

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 10 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		65	20.4%
1		164	51.6%
2		66	20.8%
3		11	3.5%
4		4	1.3%
5		3	0.9%

6		1	0.3%
7		1	0.3%
8		1	0.3%
10		2	0.6%
Sysmiss		5275	

## P12B: vig leisure activity: mins per day

Data file: npl2019

### Overview

Valid: 318 Invalid: 5275 Minimum: 0 Maximum: 50 Mean: 10.456 Standard deviation: 15.408  
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 50 Format: Numeric

## P13: mod leisure activity

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	803	14.4%
2	No	4790	85.6%

## P14: mod leisure activity: days per week

Data file: npl2019

### Overview

Valid: 803 Invalid: 4790  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		69	8.6%
2		141	17.6%

3		79	9.8%
4		86	10.7%
5		90	11.2%
6		35	4.4%
7		276	34.4%
77	Don't know	27	3.4%
Sysmiss		4790	

## P15A: mod leisure activity: hours per day

Data file: npl2019

### Overview

Valid: 776 Invalid: 4817

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		191	24.6%
1		353	45.5%
2		177	22.8%
3		35	4.5%
4		7	0.9%
5		8	1%
6		3	0.4%
8		1	0.1%
77	Don't know	1	0.1%
Sysmiss		4817	

## P15B: mod leisure activity: mins per day

Data file: npl2019

### Overview

Valid: 776 Invalid: 4817

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		480	61.9%
1		1	0.1%
5		1	0.1%
8		6	0.8%
10		15	1.9%
12		1	0.1%
15		22	2.8%
20		15	1.9%
25		5	0.6%
28		1	0.1%
30		174	22.4%
35		5	0.6%
38		3	0.4%
40		5	0.6%
45		38	4.9%
48		1	0.1%
50		2	0.3%
77	Don't know	1	0.1%
Sysmiss		4817	

## P16A: sedentary time: hours per day

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		674	12.1%
1		1054	18.8%
2		1422	25.4%
3		655	11.7%
4		336	6%
5		272	4.9%
6		294	5.3%

7		128	2.3%
8		288	5.1%
9		115	2.1%
10		169	3%
11		29	0.5%
12		76	1.4%
13		40	0.7%
14		16	0.3%
15		8	0.1%
16		4	0.1%
77	Don't know	13	0.2%

## P16B: sedentary time: mins per day

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		4230	75.6%
1		2	0%
2		3	0.1%
5		8	0.1%
8		3	0.1%
9		1	0%
10		46	0.8%
12		3	0.1%
15		65	1.2%
18		1	0%
20		86	1.5%
25		36	0.6%
30		968	17.3%
32		1	0%
33		1	0%
35		34	0.6%

38		1	0%
40		14	0.3%
45		62	1.1%
48		2	0%
50		12	0.2%
55		1	0%
77	Don't know	13	0.2%

**H1: BP measured****Data file: npl2019****Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	3231	57.8%
2	No	2362	42.2%

**H2A: told had high BP****Data file: npl2019****Overview**

Valid: 3231 Invalid: 2362

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	501	15.5%
2	No	2730	84.5%
Sysmiss		2362	

**H2B: told had high BP in past 12 mos****Data file: npl2019**

**Overview**

Valid: 501 Invalid: 5092

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	338	67.5%
2	No	163	32.5%
Sysmiss		5092	

**H3: taken meds for high BP in past 2 weeks****Data file: npl2019****Overview**

Valid: 247 Invalid: 5346

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	205	83%
2	No	42	17%
Sysmiss		5346	

**H4: seen trad'l healer for high BP****Data file: npl2019****Overview**

Valid: 501 Invalid: 5092

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	12	2.4%
2	No	489	97.6%
Sysmiss		5092	

**H5: taking trad'l meds for high BP****Data file:** npl2019**Overview**

Valid: 12    Invalid: 5581

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	2	16.7%
2	No	10	83.3%
Sysmiss		5581	

**H6: gluc measured****Data file:** npl2019**Overview**

Valid: 5593    Invalid: 0

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	957	17.1%
2	No	4636	82.9%

**H7A: told had high gluc****Data file:** npl2019**Overview**

Valid: 957    Invalid: 4636

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
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1	Yes	130	13.6%
2	No	827	86.4%
Sysmiss		4636	

### H7B: told had high gluc in past 12 mos

Data file: npl2019

#### Overview

Valid: 130 Invalid: 5463

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

#### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
1	Yes	101	77.7%
2	No	29	22.3%
Sysmiss		5463	

### H8: taken meds for high gluc in past 2 weeks

Data file: npl2019

#### Overview

Valid: 95 Invalid: 5498

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

#### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
1	Yes	79	83.2%
2	No	16	16.8%
Sysmiss		5498	

### H9: taking insulin for high gluc

Data file: npl2019

#### Overview

Valid: 79 Invalid: 5514

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	19	24.1%
2	No	60	75.9%
Sysmiss		5514	

### H10: seen trad'l healer for high gluc

Data file: npl2019

#### Overview

Valid: 130 Invalid: 5463

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	0	0%
2	No	130	100%
Sysmiss		5463	

### H11: taking trad'l meds for high gluc

Data file: npl2019

#### Overview

Valid: 0 Invalid: 5593

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
1	Yes
2	No
Sysmiss	

**H12: chol measured****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	270	4.8%
2	No	5323	95.2%

**H13A: told had high chol****Data file:** npl2019**Overview**

Valid: 270 Invalid: 5323

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	39	14.4%
2	No	231	85.6%
Sysmiss		5323	

**H13B: told had high chol in past 12 mos****Data file:** npl2019**Overview**

Valid: 39 Invalid: 5554

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	32	82.1%
2	No	7	17.9%

Sysmiss		5554	
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## H14: taken meds for high chol

Data file: npl2019

### Overview

Valid: 21 Invalid: 5572

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	16	76.2%
2	No	5	23.8%
Sysmiss		5572	

## H15: seen trad'l healer for high chol

Data file: npl2019

### Overview

Valid: 39 Invalid: 5554

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	0	0%
2	No	39	100%
Sysmiss		5554	

## H16: taking trad'l meds for high chol

Data file: npl2019

### Overview

Valid: 0 Invalid: 5593

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
1	Yes
2	No
Sysmiss	

## H17: had heart attack or stroke

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	107	1.9%
2	No	5486	98.1%

## H18: currently taking aspirin

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	15	0.3%
2	No	5578	99.7%

## H19: currently taking statins

Data file: npl2019

**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	23	0.4%
2	No	5570	99.6%

**H20A: advised to not smoke**

Data file: npl2019

**Overview**

Valid: 1673 Invalid: 3920

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	430	25.7%
2	No	1243	74.3%
Sysmiss		3920	

**H20B: advised to reduce salt**

Data file: npl2019

**Overview**

Valid: 1673 Invalid: 3920

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	793	47.4%
2	No	880	52.6%
Sysmiss		3920	

**H20C: advised to eat fruit/veg****Data file:** npl2019**Overview**

Valid: 1673 Invalid: 3920

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	894	53.4%
2	No	779	46.6%
Sysmiss		3920	

**H20D: advised to reduce fat****Data file:** npl2019**Overview**

Valid: 1673 Invalid: 3920

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	842	50.3%
2	No	831	49.7%
Sysmiss		3920	

**H20E: advised to do pa****Data file:** npl2019**Overview**

Valid: 1673 Invalid: 3920

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	450	26.9%
2	No	1223	73.1%
Sysmiss		3920	

## H20F: advised to lose weight

Data file: npl2019

### Overview

Valid: 1673 Invalid: 3920

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	294	17.6%
2	No	1379	82.4%
Sysmiss		3920	

## H20G: advised to reduce sugary beverages

Data file: npl2019

### Overview

Valid: 1673 Invalid: 3920

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	409	24.4%
2	No	1264	75.6%
Sysmiss		3920	

## CX1: ever tested for cervical cancer

Data file: npl2019

### Overview

Valid: 3596 Invalid: 1997

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 77    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	yes	264	7.3%
2	no	3176	88.3%
77	don't know	156	4.3%
Sysmiss		1997	

**CX2: age first tested cerv cancer**

Data file: npl2019

**Overview**

Valid: 264    Invalid: 5329

Type: Discrete    Decimal: 0    Width: 10    Range: 17 - 77    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
17		1	0.4%
18		4	1.5%
20		2	0.8%
21		10	3.8%
22		9	3.4%
23		5	1.9%
24		6	2.3%
25		14	5.3%
26		16	6.1%
27		5	1.9%
28		9	3.4%
29		4	1.5%
30		22	8.3%
31		6	2.3%
32		15	5.7%
33		6	2.3%
34		7	2.7%
35		22	8.3%

36		7	2.7%
37		4	1.5%
38		3	1.1%
39		5	1.9%
40		6	2.3%
41		5	1.9%
42		5	1.9%
43		2	0.8%
44		3	1.1%
45		9	3.4%
46		2	0.8%
47		3	1.1%
48		2	0.8%
49		1	0.4%
50		7	2.7%
52		3	1.1%
53		1	0.4%
55		3	1.1%
56		1	0.4%
57		2	0.8%
58		1	0.4%
59		2	0.8%
61		1	0.4%
62		1	0.4%
64		1	0.4%
77	Don't know	21	8%
Sysmiss		5329	

### CX3: most recent test for cervical cancer-years ago

Data file: npl2019

#### Overview

Valid: 264 Invalid: 5329

Type: Discrete Decimal: 0 Width: 17 Range: 1 - 88 Format: Numeric

#### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
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1	< than 1 year ago	78	29.5%
2	1-2 year ago	51	19.3%
3	3-5 year ago	60	22.7%
4	>5 years ago	66	25%
77	dont know	9	3.4%
88	refused	0	0%
Sysmiss		5329	

#### CX4: main reason for last test for cervical cancer

Data file: npl2019

##### Overview

Valid: 264 Invalid: 5329

Type: Discrete Decimal: 0 Width: 46 Range: 1 - 88 Format: Numeric

##### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
1	part of routine checkup	55	20.8%
2	next step following abnormal/inconclusive test	13	4.9%
3	recommendation of health care provider	36	13.6%
4	recommendation of other source	11	4.2%
5	experiencing pain or other symptoms	129	48.9%
6	other	14	5.3%
77	dont know	3	1.1%
88	refused	3	1.1%
Sysmiss		5329	

#### CX5: source of last test for cervical cancer

Data file: npl2019

##### Overview

Valid: 264 Invalid: 5329

Type: Discrete Decimal: 0 Width: 26 Range: 1 - 88 Format: Numeric

##### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
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1	Govt: tertiary hospital	16	6.1%
2	Govt:regional/sub-regional	27	10.2%
3	Govt: District hospital	50	18.9%
4	Govt:PHC	3	1.1%
5	Govt:health post	9	3.4%
6	NGO/community hospital	16	6.1%
7	Private hospital	113	42.8%
8	Private clinic	10	3.8%
9	Other	18	6.8%
77	don't know	2	0.8%
88	refused	0	0%
Sysmiss		5329	

## CX6: result of last test cervical cancer

Data file: npl2019

### Overview

Valid: 264 Invalid: 5329

Type: Discrete Decimal: 0 Width: 22 Range: 1 - 88 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	did not receive result	6	2.3%
2	normal	184	69.7%
3	abnormal	44	16.7%
4	suspect cancer	7	2.7%
5	inconclusive	5	1.9%
77	don't know	17	6.4%
88	refused	1	0.4%
Sysmiss		5329	

## CX7: follow-up visits after test results

Data file: npl2019

### Overview

Valid: 56 Invalid: 5537

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 4 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	yes	25	44.6%
2	no	31	55.4%
3	Don't know	0	0%
4	refused	0	0%
Sysmiss		5537	

### CX8: received treatment because of test results

Data file: npl2019

#### Overview

Valid: 56 Invalid: 5537

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 3 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	yes	40	71.4%
2	no	16	28.6%
3	don't know	0	0%
Sysmiss		5537	

### O2: state of teeth

Data file: npl2019

#### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Excellent	120	2.1%
2	Very Good	258	4.6%
3	Good	2738	49%

4	Average	1861	33.3%
5	Poor	568	10.2%
6	Very Poor	46	0.8%
77	Don't Know	2	0%

### 03: state of gums

Data file: npl2019

#### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

#### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
1	Excellent	125	2.2%
2	Very Good	312	5.6%
3	Good	2831	50.6%
4	Average	1961	35.1%
5	Poor	330	5.9%
6	Very Poor	30	0.5%
77	Don't Know	4	0.1%

### 04: has removable dentures

Data file: npl2019

#### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

#### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
1	Yes	177	3.2%
2	No	5416	96.8%

**O5A: has upper denture****Data file:** npl2019**Overview**

Valid: 177    Invalid: 5416

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	139	78.5%
2	No	38	21.5%
Sysmiss		5416	

**O5B: has lower denture****Data file:** npl2019**Overview**

Valid: 177    Invalid: 5416

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	93	52.5%
2	No	84	47.5%
Sysmiss		5416	

**O6: pain in teeth, gums or mouth in past 12 mos****Data file:** npl2019**Overview**

Valid: 5593    Invalid: 0

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	1011	18.1%

2	No	4582	81.9%
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## 07: time since last dentist visit

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0  
Type: Discrete Decimal: 0 Width: 38 Range: 1 - 6 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Less than 6 months	128	2.3%
2	6-12 months	91	1.6%
3	More than 1 year but less than 2 years	123	2.2%
4	2 or more years but less than 5 years	62	1.1%
5	5 or more years	47	0.8%
6	Never received dental care	5142	91.9%

## 08: main reason for last dentist visit

Data file: npl2019

### Overview

Valid: 451 Invalid: 5142  
Type: Discrete Decimal: 0 Width: 41 Range: 1 - 5 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Consultation / advice	30	6.7%
2	Pain or trouble with teeth, gums or mouth	387	85.8%
3	Treatment / Follow-up treatment	25	5.5%
4	Routine check-up treatment	7	1.6%
5	Other	2	0.4%
Sysmiss		5142	

**09: frequency of cleaning teeth****Data file:** npl2019**Overview**

Valid: 5593   Invalid: 0  
 Type: Discrete   Decimal: 0   Width: 19   Range: 1 - 7   Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Never	133	2.4%
2	Once a month	20	0.4%
3	2-3 times a month	36	0.6%
4	Once a week	84	1.5%
5	2-6 times a week	426	7.6%
6	Once a day	4507	80.6%
7	Twice or more a day	387	6.9%

**010: use toothpaste to clean teeth****Data file:** npl2019**Overview**

Valid: 5460   Invalid: 133  
 Type: Discrete   Decimal: 0   Width: 10   Range: 1 - 2   Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	4852	88.9%
2	No	608	11.1%
Sysmiss		133	

**011: toothpaste used has fluoride****Data file:** npl2019**Overview**

Valid: 4852   Invalid: 741  
 Type: Discrete   Decimal: 0   Width: 10   Range: 1 - 77   Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	4086	84.2%
2	No	581	12%
77	Don't know	185	3.8%
Sysmiss		741	

### O12A: used to clean teeth: Toothbrush

Data file: npl2019

#### Overview

Valid: 5460 Invalid: 133

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	5273	96.6%
2	No	187	3.4%
Sysmiss		133	

### O12B: used to clean teeth: Wooden toothpicks

Data file: npl2019

#### Overview

Valid: 5460 Invalid: 133

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	682	12.5%
2	No	4778	87.5%
Sysmiss		133	

**O12C: used to clean teeth: Plastic toothpicks****Data file: npl2019****Overview**

Valid: 5460 Invalid: 133

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	113	2.1%
2	No	5347	97.9%
Sysmiss		133	

**O12D: used to clean teeth: Thread (dental floss)****Data file: npl2019****Overview**

Valid: 5460 Invalid: 133

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	63	1.2%
2	No	5397	98.8%
Sysmiss		133	

**O12E: used to clean teeth: Charcoal****Data file: npl2019****Overview**

Valid: 5460 Invalid: 133

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	120	2.2%

2	No	5340	97.8%
Sysmiss		133	

**O12F: used to clean teeth: Chewstick / miswak****Data file:** npl2019**Overview**

Valid: 5460 Invalid: 133

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	172	3.2%
2	No	5288	96.8%
Sysmiss		133	

**O12G: used to clean teeth: Other****Data file:** npl2019**Overview**

Valid: 5460 Invalid: 133

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	19	0.3%
2	No	5441	99.7%
Sysmiss		133	

**O13A: had problem in past 12 mos: Difficulty in chewing foods****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	615	11%
2	No	4978	89%

## 013B: had problem in past 12 mos: Difficulty with speech/trouble pronouncing words

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	235	4.2%
2	No	5358	95.8%

## 013C: had problem in past 12 mos: bleeding from gums

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	596	10.7%
2	No	4997	89.3%

## 013D: when gums normally bleed

Data file: npl2019

### Overview

Valid: 596 Invalid: 4997

Type: Discrete    Decimal: 0    Width: 19    Range: 1 - 3    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	on brushing	370	62.1%
2	on eating hard food	93	15.6%
3	spontaneously	133	22.3%
Sysmiss		4997	

## 013E: had problem in past 12 mos: swelling from gums

Data file: npl2019

### Overview

Valid: 5593    Invalid: 0

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	478	8.5%
2	No	5115	91.5%

## 013F: had problem in past 12 mos: embarrassed about appearance of teeth

Data file: npl2019

### Overview

Valid: 5593    Invalid: 0

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	151	2.7%
2	No	5442	97.3%

**O13G: had problem in past 12 mos: red and white patch in mouth****Data file: npl2019****Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	141	2.5%
2	No	5452	97.5%

**O13H: had problem in past 12 mos: persistent wound and/or swelling in mouth for more t****Data file: npl2019****Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	96	1.7%
2	No	5497	98.3%

**O13I: had problem in past 12 mos: days not at work because of teeth or mouth****Data file: npl2019****Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	138	2.5%
2	No	5455	97.5%

**O13J: had problem in past 12 mos: difficuly doing usual activities****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	158	2.8%
2	No	5435	97.2%

**O13K: had problem in past 12 mos: difficulty opening mouth****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	158	2.8%
2	No	5435	97.2%

**V1: seat belt use in past 30 days****Data file:** npl2019**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 42 Range: 1 - 88 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	All of the time	43	0.8%

2	Sometimes	110	2%
3	Never	1427	25.5%
4	Have not been in a vehicle in past 30 days	1875	33.5%
5	No seat belt in the car I usually am in	1876	33.5%
77	Don't Know	257	4.6%
88	Refused	5	0.1%

## V2: helmet use on motorcycle or scooter in past 30 days

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 56 Range: 1 - 88 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	All of the time	384	6.9%
2	Sometimes	153	2.7%
3	Never	1319	23.6%
4	Have not been on a motorcycle or scooter in past 30 days	3369	60.2%
5	Do not have a helmet	67	1.2%
77	Don't Know	287	5.1%
88	Refused	14	0.3%

## V3: in road traffic accident in past 12 mos

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 19 Range: 1 - 88 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes (as driver)	63	1.1%
2	Yes (as passenger)	58	1%
3	Yes (as pedestrian)	30	0.5%

4	Yes (as a cyclist)	36	0.6%
5	No	5329	95.3%
77	Don't know	76	1.4%
88	Refused	1	0%

#### V4: injured and required medical attention in accident

Data file: npl2019

##### Overview

Valid: 187 Invalid: 5406

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

##### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
1	yes	111	59.4%
2	no	76	40.6%
77	don't know	0	0%
88	refused	0	0%
Sysmiss		5406	

#### V5: injured and required medical attention in incident other than road traffic accid

Data file: npl2019

##### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

##### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
1	yes	235	4.2%
2	no	5146	92%
77	don't know	209	3.7%
88	refused	3	0.1%

**V6: cause of non-road traffic accident injury****Data file: npl2019****Overview**

Valid: 235 Invalid: 5358

Type: Discrete Decimal: 0 Width: 15 Range: 1 - 88 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Fall	174	74%
2	Burn	7	3%
3	Poisoning	0	0%
4	Cut	37	15.7%
5	Near-drowning	6	2.6%
6	Animal bite	9	3.8%
7	Other (specify)	1	0.4%
77	Don't know	1	0.4%
88	Refused	0	0%
Sysmiss		5358	

**V7: location of non-road traffic accident injurt****Data file: npl2019****Overview**

Valid: 235 Invalid: 5358

Type: Discrete Decimal: 0 Width: 20 Range: 1 - 88 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Home	72	30.6%
2	School	4	1.7%
3	Workplace	42	17.9%
4	Road/Street/Highway	43	18.3%
5	Farm	49	20.9%
6	Sports/athletic area	7	3%
7	Other (specify)	16	6.8%
77	Don't know	2	0.9%

88	Refused	0	0%
Sysmiss		5358	

## V10: in past 30 days ridden in vehicle with driver that had 2+ drinks

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 88 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		1489	26.6%
1		31	0.6%
2		33	0.6%
3		13	0.2%
4		1	0%
5		7	0.1%
6		13	0.2%
7		3	0.1%
8		2	0%
77	don't know	3954	70.7%
88	refused	47	0.8%

## V11: injured in violent incident in past 12 mos

Data file: npl2019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 25 Range: 1 - 88 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Never	4870	87.1%
2	Rarely (1- 2 times)	191	3.4%
3	Sometimes (3 - 5 times)	49	0.9%

4	Often (6 or more times)	15	0.3%
77	Don't know	454	8.1%
88	Refused	14	0.3%

## V12: cause of most serious injury in past 12 mos

Data file: np12019

### Overview

Valid: 255 Invalid: 5338

Type: Discrete Decimal: 0 Width: 70 Range: 1 - 88 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Being shot with a firearm	0	0%
2	A weapon (other than a firearm) was used by the person who injured me	6	2.4%
3	Being injured without any weapon (slapped, pushed)	200	78.4%
77	Don't know	39	15.3%
88	Refused	10	3.9%
Sysmiss		5338	

## MHX1: have work/business stress

Data file: np12019

### Overview

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 3 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	no	2145	38.4%
2	some	3151	56.3%
3	high	297	5.3%

## MHX2: have general stress at home

Data file: np12019

**Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 3 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	no	1851	33.1%
2	some	3360	60.1%
3	high	382	6.8%

**MHX3: have severe financial stress/ due to unemployment****Data file: npl2019****Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	2013	36%
2	No	3580	64%

**MHX4: have stressful life events in past year****Data file: npl2019****Overview**

Valid: 5593 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	802	14.3%
2	No	4791	85.7%

**M1: interviewer ID****Data file:** npl2019**Overview**

Valid: 5582   Invalid: 11   Minimum: 1   Maximum: 30   Mean: 15.255   Standard deviation: 8.655  
 Type: Continuous   Decimal: 0   Width: 10   Range: 1 - 30   Format: Numeric

---

**M4A: BP reading 1: systolic****Data file:** npl2019**Overview**

Valid: 5582   Invalid: 11   Minimum: 65   Maximum: 233   Mean: 128.237   Standard deviation: 19.067  
 Type: Continuous   Decimal: 0   Width: 10   Range: 65 - 233   Format: Numeric

---

**M4B: BP reading 1: diastolic****Data file:** npl2019**Overview**

Valid: 5582   Invalid: 11   Minimum: 37   Maximum: 184   Mean: 84.391   Standard deviation: 11.866  
 Type: Continuous   Decimal: 0   Width: 10   Range: 37 - 184   Format: Numeric

---

**M16A: heart rate reading 1****Data file:** npl2019**Overview**

Valid: 5582   Invalid: 11   Minimum: 30   Maximum: 150   Mean: 80.018   Standard deviation: 12.424  
 Type: Continuous   Decimal: 0   Width: 10   Range: 30 - 150   Format: Numeric

---

**M5A: BP reading 2: systolic****Data file:** npl2019**Overview**

Valid: 5582   Invalid: 11   Minimum: 79   Maximum: 239   Mean: 126.147   Standard deviation: 18.455  
 Type: Continuous   Decimal: 0   Width: 10   Range: 79 - 239   Format: Numeric

---

**M5B: BP reading 2: diastolic****Data file:** npl2019**Overview**

Valid: 5582   Invalid: 11   Minimum: 46   Maximum: 141   Mean: 83.09   Standard deviation: 11.368  
 Type: Continuous   Decimal: 0   Width: 10   Range: 46 - 141   Format: Numeric

**M16B: heart rate reading 2****Data file:** npl2019**Overview**

Valid: 5582   Invalid: 11   Minimum: 43   Maximum: 142   Mean: 79.936   Standard deviation: 12.13  
 Type: Continuous   Decimal: 0   Width: 10   Range: 43 - 142   Format: Numeric

**M6A: BP reading 3: systolic****Data file:** npl2019**Overview**

Valid: 5582   Invalid: 11   Minimum: 80   Maximum: 239   Mean: 124.874   Standard deviation: 17.884  
 Type: Continuous   Decimal: 0   Width: 10   Range: 80 - 239   Format: Numeric

**M6B: BP reading 3: diastolic****Data file:** npl2019**Overview**

Valid: 5582   Invalid: 11   Minimum: 46   Maximum: 152   Mean: 82.445   Standard deviation: 11.296  
 Type: Continuous   Decimal: 0   Width: 10   Range: 46 - 152   Format: Numeric

**M16C: heart rate reading 3****Data file:** npl2019**Overview**

Valid: 5582   Invalid: 11   Minimum: 42   Maximum: 146   Mean: 80.148   Standard deviation: 11.953  
 Type: Continuous   Decimal: 0   Width: 10   Range: 42 - 146   Format: Numeric

**M7: took raised BP meds in past 2 weeks****Data file:** npl2019**Overview**

Valid: 5582   Invalid: 11  
 Type: Discrete   Decimal: 0   Width: 10   Range: 1 - 2   Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	216	3.9%

2	No	5366	96.1%
Sysmiss		11	

**M8: pregnant****Data file:** npl2019**Overview**

Valid: 3586 Invalid: 2007

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	63	1.8%
2	No	3523	98.2%
Sysmiss		2007	

**M11: height (cm)****Data file:** npl2019**Overview**

Valid: 5519 Invalid: 74 Minimum: 111 Maximum: 261 Mean: 154.791 Standard deviation: 8.431

Type: Continuous Decimal: 0 Width: 10 Range: 111 - 261 Format: Numeric

**M12: weight (kg)****Data file:** npl2019**Overview**

Valid: 5519 Invalid: 74 Minimum: 26 Maximum: 177 Mean: 55.47 Standard deviation: 11.352

Type: Continuous Decimal: 0 Width: 10 Range: 26 - 177 Format: Numeric

**M14: waist circumference (cm)****Data file:** npl2019**Overview**

Valid: 5519 Invalid: 74 Minimum: 33 Maximum: 888 Mean: 80.873 Standard deviation: 15.845

Type: Continuous Decimal: 0 Width: 10 Range: 33 - 888 Format: Numeric

**M15: hip circumference (cm)****Data file:** npl2019**Overview**

Valid: 5519 Invalid: 74 Minimum: 45 Maximum: 888 Mean: 90.053 Standard deviation: 15.609  
 Type: Continuous Decimal: 0 Width: 10 Range: 45 - 888 Format: Numeric

**B1: fasting for past 12 hrs****Data file:** npl2019**Overview**

Valid: 5350 Invalid: 243  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	159	3%
2	No	5191	97%
Sysmiss		243	

**B3: gluc device ID****Data file:** npl2019**Overview**

Valid: 5350 Invalid: 243 Minimum: 1 Maximum: 30 Mean: 15.122 Standard deviation: 8.621  
 Type: Continuous Decimal: 0 Width: 10 Range: 1 - 30 Format: Numeric

**B5: fasting blood glucose (mg/dl)****Data file:** npl2019**Overview**

Valid: 5191 Invalid: 402 Minimum: 20 Maximum: 524 Mean: 93.758 Standard deviation: 27.691  
 Type: Continuous Decimal: 0 Width: 10 Range: 20 - 524 Format: Numeric

**B5X: random blood glucose (mg/dl)****Data file:** npl2019**Overview**

Valid: 159 Invalid: 5434 Minimum: 23 Maximum: 358 Mean: 100.434 Standard deviation: 40.93  
 Type: Continuous Decimal: 0 Width: 10 Range: 23 - 358 Format: Numeric

**B6: took insulin today****Data file:** npl2019**Overview**

Valid: 5350 Invalid: 243

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	35	0.7%
2	No	5315	99.3%
Sysmiss		243	

**B8: total cholesterol (mmol/l)****Data file:** npl2019**Overview**

Valid: 5350 Invalid: 243 Minimum: 77 Maximum: 400 Mean: 144.797 Standard deviation: 38.73

Type: Continuous Decimal: 0 Width: 10 Range: 77 - 400 Format: Numeric

**B9: chol meds taken in past 2 weeks****Data file:** npl2019**Overview**

Valid: 5350 Invalid: 243

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	15	0.3%
2	No	5335	99.7%
Sysmiss		243	

**B10: fasting prior to urine collection****Data file:** npl2019

**Overview**

Valid: 5350   Invalid: 243  
 Type: Discrete   Decimal: 0   Width: 10   Range: 1 - 2   Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Yes	1628	30.4%
2	No	3722	69.6%
Sysmiss		243	

**B14: urinary sodium (mmol/l)**

Data file: npl2019

**Overview**

Valid: 4413   Invalid: 1180   Minimum: 0   Maximum: 437   Mean: 120.757   Standard deviation: 80.486  
 Type: Continuous   Decimal: 0   Width: 10   Range: 0 - 437   Format: Numeric

**B15: urinary creatinine (mg/dl)**

Data file: npl2019

**Overview**

Valid: 4413   Invalid: 1180   Minimum: 0   Maximum: 809   Mean: 43.824   Standard deviation: 41.361  
 Type: Continuous   Decimal: 0   Width: 10   Range: 0 - 809   Format: Numeric

**B16: potassium (mmol/l)**

Data file: npl2019

**Overview**

Valid: 4413   Invalid: 1180   Minimum: 0   Maximum: 286   Mean: 47.505   Standard deviation: 36.74  
 Type: Continuous   Decimal: 0   Width: 10   Range: 0 - 286   Format: Numeric

# study\_resources

## questionnaires

### STEPS Nepal 2019 Questionnaire

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title STEPS Nepal 2019 Questionnaire  
country Nepal  
filename STEPS\_Nepal\_2019\_Questionnaire\_English.pdf

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## reports

### STEPS Nepal 2019 Report (English)

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title STEPS Nepal 2019 Report (English)  
country Nepal  
filename STEPS\_Nepal\_2019\_Report\_English.pdf

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### STEPS Nepal 2019 National Fact Sheet (English)

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country Nepal  
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### STEPS Nepal 2019 National Fact Sheet (Nepali)

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country Nepal  
filename STEPS\_Nepal\_2019\_NationalFactSheet\_Nepali.pdf

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### STEPS Nepal 2019 Alcohol Fact Sheet (English)

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country Nepal  
filename STEPS\_Nepal\_2019\_AlcoholFactSheet\_English.pdf

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### STEPS Nepal 2019 Alcohol Fact Sheet (English)

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title STEPS Nepal 2019 Alcohol Fact Sheet (English)  
country Nepal  
filename STEPS\_Nepal\_2019\_TobaccoFactSheet\_English.pdf

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### STEPS Nepal 2019 Province 1 Fact Sheet (Nepali)

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title STEPS Nepal 2019 Province 1 Fact Sheet (Nepali)  
country Nepal  
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**STEPS Nepal 2019 Province 2 Fact Sheet (Nepali)**

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 country Nepal  
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**STEPS Nepal 2019 Province 3 Fact Sheet (Nepali)**

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 country Nepal  
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**STEPS Nepal 2019 Province 4 Fact Sheet (Nepali)**

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 country Nepal  
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**STEPS Nepal 2019 Province 5 Fact Sheet (Nepali)**

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 country Nepal  
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**STEPS Nepal 2019 Province 6 Fact Sheet (Nepali)**

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 country Nepal  
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**STEPS Nepal 2019 Province 7 Fact Sheet (Nepali)**

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 country Nepal  
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**technical\_documents****Generic STEPS Questionnaire (version 3.2)**

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title Generic STEPS Questionnaire (version 3.2)  
 filename STEPS\_Instrument\_V3-2.pdf

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