

# STEPwise Survey for Non Communicable Diseases Risk Factor 2004

**Ministry of Health**

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visit\_data\_catalog\_at: <http://catalog.ihsn.org/>

## Identification

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SURVEY ID NUMBER  
NRU\_2004\_STEPS\_v01\_M

TITLE  
STEPwise Survey for Non Communicable Diseases Risk Factor 2004

COUNTRY

Name	Country code
Nauru	NRU

STUDY TYPE  
Other Household Survey [hh/oth]

SERIES INFORMATION  
This is the first STEPS conducted by Nauru.

### ABSTRACT

STEPS is a household-based survey to obtain core data on the established risk factors that determine the major burden of NCDs.

### KIND OF DATA

Sample survey data [ssd]

### UNIT OF ANALYSIS

Individuals

## Version

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VERSION DESCRIPTION  
Public-use dataset

## Scope

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### NOTES

The following topics were included in the survey: tobacco use, alcohol consumption, diet, physical activity, history of raised blood glucose and history of raised blood pressure. Additionally, the following measures were taken: blood pressure, height, weight, waist circumference, heart rate, fasting blood glucose, total cholesterol and albuminuria.

### TOPICS

Topic	Vocabulary
STEPS	Survey

### KEYWORDS

Keyword
noncommunicable diseases
risk factors
health surveys
tobacco use
alcohol use

diet
nutrition
physical activity
blood pressure
overweight
obesity
diabetes
hypertension
blood glucose
cholesterol

## Coverage

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### GEOGRAPHIC COVERAGE

National coverage

### UNIVERSE

Adults aged 15-64 years.

## Producers and sponsors

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### PRIMARY INVESTIGATORS

#### Name

Ministry of Health

### PRODUCERS

#### Name

World Health Organization

Centre for Physical Activity and Health, University of Sydney

## Sampling

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### SAMPLING PROCEDURE

A systematic random sample design was used to produce representative data for that age range in Nauru. Please refer to page 18-19 of report for further information.

### RESPONSE RATE

The overall response rate was 82.0%

### WEIGHTING

Analysis weights reflect adjustments for differences in the age-sex composition of the sample population as compared to the target population.

Different weight variables are available per Step:

wStep1 - for interview data

wStep2 - for physical measures

wStep3 - for biochemical measures

This allows for differences in the weight calculation for each Step of the survey as the age-sex composition of the

respondents to each Step can differ slightly due to refusal or drop out. Additionally, some countries perform subsampling for Step 2 and/or Step 3. When no subsampling is done and response rates do not differ across Steps of the survey, the 3 weight variables will be the same.

## **data\_collection**

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### DATES OF DATA COLLECTION

<b>Start</b>	<b>End</b>
2004-07	2004-09

### DATA COLLECTION MODE

Face-to-face [f2f]

## **Access policy**

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### CONTACTS

<b>Name</b>	<b>Affiliation</b>	<b>Email</b>	<b>URL</b>
NCD Surveillance Team	World Health Organization	ncdmonitoring@who.int	<a href="#">Link</a>

### ACCESS CONDITIONS

The user undertakes:

- (1) to acknowledge the data source.
- (2) to share any planned publications with WHO prior to publication.
- (3) to offer co-authorship of any reports or publications using the survey results to the coordinator of the survey.
- (4) to use the data for non-commercial, not-for-profit public health purposes only.

### CITATION REQUIREMENTS

Publications based on STEPS data should cite the survey report (if available) and acknowledge the data source in the following manner:

"This paper uses data from the [country] [year] STEPS survey, implemented by [implementing agency] with the support of the World Health Organization."

### ACCESS AUTHORITY

<b>Name</b>	<b>Affiliation</b>	<b>Email</b>	<b>URL</b>
NCD Surveillance Team	World Health Organization	ncdmonitoring@who.int	<a href="#">Link</a>

## **Disclaimer and copyrights**

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### DISCLAIMER

The data is being distributed without warranty of any kind. The responsibility for the use of the data lies with the user. In no event shall the World Health Organization be liable for damages arising from its use.

## **Metadata production**

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### DDI DOCUMENT ID

DDI\_NRU\_2004\_STEPS\_v01\_M

### PRODUCERS

<b>Name</b>	<b>Abbreviation</b>	<b>Affiliation</b>	<b>Role</b>
Yue Wu		World Health Organization	Documentation of data

Melanie Cowan		World Health Organization	Supervision and review of metadata and documentation of study
Development Economics Data Group	DECDG	The World Bank	Metadata adapted for World Bank Microdata Library

## DATE OF METADATA PRODUCTION

2019-12-25

## DDI DOCUMENT VERSION

Identical to a metadata (NRU\_2004\_STEPS\_v01) published on WHO NCD microdata repository (<http://extranet.who.int/ncdsmicrodata/index.php/catalog>). Some of the metadata fields have been edited.

**data\_dictionary**

Data file	Cases	variables
<b>NRU2004</b> National public-use dataset	2272	96



**Data file: NRU2004**

National public-use dataset

Cases: 2272

variables: 96

**variables**

ID	Name	Label	Question
V193	pid	ID	
V194	sex	sex	
V195	age	age for analysis	
V196	c4	yrs of education	
V197	c8	adults older than 15yrs in household	
V198	t1	current smoking	
V199	t2	current daily smoking	
V200	t3	age started smoking	
V201	t4a	time since started smoking (years)	
V202	t4b	time since started smoking (months)	
V203	t4c	time since started smoking (weeks)	
V204	t5a	manufactured cigs smoked per day	
V205	t5b	hand-rolled cigs smoked per day	
V206	t5c	pipes smoked per day	
V207	t5d	cigars smoked per day	
V208	t5e	other smoked per day	
V209	t5other	specify other product smoked	
V210	a1a	ever drank alcohol	
V211	a1	drank alcohol in past 12 mos	
V212	a2	freq drinking in past 12 mos	
V213	a3	average drinks during one day	
V214	a5a	number of drinks consumed last Monday	
V215	a5b	number of drinks consumed last Tuesday	
V216	a5c	number of drinks consumed last Wednesday	
V217	a5d	number of drinks consumed last Thursday	
V218	a5e	number of drinks consumed last Friday	
V219	a5f	number of drinks consumed last Saturday	
V220	a5g	number of drinks consumed last Sunday	
V221	d1	days fruit eaten per week	
V222	d2	servings fruit eaten per day	
V223	d3	days veg eaten per week	
V224	d4	servings veg eaten per day	
V225	p1	vig activity at work	
V226	p2	vig activity at work: days per week	
V227	p3a	vig activity at work: hours per day	
V228	p3b	vig activity at work: mins per day	
V229	p4	mod activity at work	

ID	Name	Label	Question
V230	p5	mod activity at work: days per week	
V231	p6a	mod activity at work: hours per day	
V232	p6b	mod activity at work: mins per day	
V233	p7	active transport	
V234	p8	active transport: days per week	
V235	p9a	active transport: hours per day	
V236	p9b	active transport: mins per day	
V237	p10	vig leisure activity	
V238	p11	vig leisure activity: days per week	
V239	p12a	vig leisure activity: hours per day	
V240	p12b	vig leisure activity: mins per day	
V241	p13	mod leisure activity	
V242	p14	mod leisure activity: days per week	
V243	p15a	mod leisure activity: hours per day	
V244	p15b	mod leisure activity: mins per day	
V245	p16a	sedentary time: hours per day	
V246	p16b	sedentary time: mins per day	
V247	h2	told had high BP in past 12 mos	
V248	h3a	currently receiving for high BP: drugs	
V249	h7	told had high gluc in past 12 mos	
V250	h8a	currently receiving for high gluc: insulin	
V251	h8b	currently receiving for high gluc: drugs	
V252	h8c	currently receiving for high gluc: special diet	
V253	m1	interviewer ID	
V254	m2a	height device ID	
V255	m2b	weight device ID	
V256	m3	height (cm)	
V257	m4	weight (kg)	
V258	m5	pregnant	
V259	m6	waist device ID	
V260	m7	waist circumference (cm)	
V261	m8	interviewer ID	
V262	m9	BP device ID	
V263	m10	cuff size	
V264	m11a	BP reading 1: systolic	
V265	m11b	BP reading 1: diastolic	
V266	m12a	BP reading 2: systolic	
V267	m12b	BP reading 2: diastolic	
V268	m13a	BP reading 3: systolic	
V269	m13b	BP reading 3: diastolic	
V270	m16a	heart rate reading 1	
V271	m16b	heart rate reading 2	
V272	m16c	heart rate reading 3	
V273	b1	ate/drank in past 12 hours (fasting status)	
V274	b2	technician ID	

ID	Name	Label	Question
V275	b3	gluc device ID	
V276	b4	time blood sample taken	
V277	b5	fasting blood glucose (mmol/l)	
V278	b6	chol device ID	
V279	b7	total cholesterol (mmol/l)	
V280	x7	albumin device ID	
V281	x8	albuminuria	
V282	x9	albuminuria - number of positive	
V283	agerange	ageranges for which survey was designed	
V284	psu	psu	
V285	stratum	stratum	
V286	wstep1	final analysis weight for step 1 (interview) - pop adjusted only	
V287	wstep2	final analysis weight for step 2 (physical measures) - pop adjusted only	
V288	wstep3	final analysis weight for step 3 (biochemical measures) - pop adjusted only	

total: 96



**PID: ID****Data file: NRU2004****Overview**

Valid: 2272 Invalid: 0 Minimum: 1 Maximum: 4796 Mean: 1983.64 Standard deviation: 1288.781  
 Type: Continuous Decimal: 0 Width: 8 Range: 1 - 4796 Format: Numeric

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**SEX: sex****Data file: NRU2004****Overview**

Valid: 2272 Invalid: 0  
 Type: Discrete Width: 5 Range: - Format: character

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
Men		1086	47.8%
Women		1186	52.2%

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**AGE: age for analysis****Data file: NRU2004****Overview**

Valid: 2272 Invalid: 0 Minimum: 15 Maximum: 64 Mean: 35.513 Standard deviation: 12.157  
 Type: Continuous Decimal: 0 Width: 8 Range: 15 - 64 Format: Numeric

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**C4: yrs of education****Data file: NRU2004****Overview**

Valid: 2272 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
0		3	0.1%
1		6	0.3%
2		6	0.3%

3		7	0.3%
4		11	0.5%
5		13	0.6%
6		52	2.3%
7		112	4.9%
8		184	8.1%
9		406	17.9%
10		674	29.7%
11		398	17.5%
12		222	9.8%
13		33	1.5%
14		9	0.4%
15		18	0.8%
16		27	1.2%
17		9	0.4%
18		7	0.3%
19		3	0.1%
20		3	0.1%
77	Don't know	69	3%

## C8: adults older than 15yrs in household

Data file: NRU2004

### Overview

Valid: 2270 Invalid: 2 Minimum: 1 Maximum: 24 Mean: 5.591 Standard deviation: 3.142  
 Type: Continuous Decimal: 0 Width: 8 Range: 1 - 24 Format: Numeric

## T1: current smoking

Data file: NRU2004

### Overview

Valid: 2272 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	1205	53%
2	No	1067	47%

## T2: current daily smoking

**Data file:** NRU2004

### Overview

Valid: 1206 Invalid: 1066  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	1105	91.6%
2	No	101	8.4%
Sysmiss		1066	

## T3: age started smoking

**Data file:** NRU2004

### Overview

Valid: 1050 Invalid: 1222 Minimum: 6 Maximum: 50 Mean: 16.181 Standard deviation: 4.315  
 Type: Continuous Decimal: 0 Width: 8 Range: 6 - 50 Format: Numeric

## T4A: time since started smoking (years)

**Data file:** NRU2004

### Overview

Valid: 54 Invalid: 2218  
 Type: Discrete Decimal: 0 Width: 10 Range: 2 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
2		1	1.9%
3		1	1.9%
4		2	3.7%
5		1	1.9%
6		1	1.9%
9		1	1.9%
10		1	1.9%

12		1	1.9%
13		2	3.7%
14		1	1.9%
15		2	3.7%
17		1	1.9%
18		1	1.9%
19		1	1.9%
20		3	5.6%
22		1	1.9%
25		1	1.9%
30		2	3.7%
38		1	1.9%
77	Don't know	29	53.7%
Sysmiss		2218	

## T4B: time since started smoking (months)

Data file: NRU2004

### Overview

Valid: 30 Invalid: 2242  
 Type: Discrete Decimal: 0 Width: 10 Range: 5 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
5		1	3.3%
77	Don't know	29	96.7%
Sysmiss		2242	

## T4C: time since started smoking (weeks)

Data file: NRU2004

### Overview

Valid: 29 Invalid: 2243  
 Type: Discrete Decimal: 0 Width: 10 Range: 77 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
77	Don't know	29	100%
Sysmiss		2243	

## T5A: manufactured cigs smoked per day

Data file: NRU2004

### Overview

Valid: 1105 Invalid: 1167  
Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
0		2	0.2%
1		11	1%
2		23	2.1%
3		35	3.2%
4		27	2.4%
5		53	4.8%
6		34	3.1%
7		18	1.6%
8		33	3%
9		8	0.7%
10		90	8.1%
11		2	0.2%
12		42	3.8%
13		23	2.1%
14		4	0.4%
15		37	3.3%
16		6	0.5%
17		5	0.5%
18		5	0.5%
19		2	0.2%
20		41	3.7%
21		2	0.2%
23		1	0.1%
25		366	33.1%

28		2	0.2%
30		12	1.1%
32		1	0.1%
35		7	0.6%
37		7	0.6%
40		7	0.6%
47		1	0.1%
50		134	12.1%
55		1	0.1%
60		52	4.7%
77	Don't know	11	1%
Sysmiss		1167	

## T5B: hand-rolled cigs smoked per day

Data file: NRU2004

### Overview

Valid: 1104 Invalid: 1168  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		1027	93%
1		26	2.4%
2		11	1%
3		13	1.2%
4		4	0.4%
5		2	0.2%
6		2	0.2%
7		1	0.1%
10		2	0.2%
25		1	0.1%
50		1	0.1%
77	Don't know	14	1.3%
Sysmiss		1168	

**T5C: pipes smoked per day****Data file:** NRU2004**Overview**

Valid: 1105   Invalid: 1167  
 Type: Discrete   Decimal: 0   Width: 10   Range: 0 - 77   Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
0		1087	98.4%
1		2	0.2%
2		1	0.1%
8		1	0.1%
77	Don't know	14	1.3%
Sysmiss		1167	

**T5D: cigars smoked per day****Data file:** NRU2004**Overview**

Valid: 1105   Invalid: 1167  
 Type: Discrete   Decimal: 0   Width: 10   Range: 0 - 77   Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
0		1085	98.2%
1		7	0.6%
3		1	0.1%
77	Don't know	12	1.1%
Sysmiss		1167	

**T5E: other smoked per day****Data file:** NRU2004**Overview**

Valid: 1103   Invalid: 1169  
 Type: Discrete   Decimal: 0   Width: 10   Range: 0 - 77   Format: Numeric

## Questions and instructions

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### CATEGORIES

Value	Category	Cases	
0		1072	97.2%
1		1	0.1%
77	Don't know	30	2.7%
Sysmiss		1169	

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### T5OTHER: specify other product smoked

Data file: NRU2004

#### Overview

Valid: 1 Invalid: 0  
 Type: Discrete Width: 8 Range: - Format: character

## Questions and instructions

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### CATEGORIES

Value	Category	Cases	
BETLENUT		1	100%

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### A1A: ever drank alcohol

Data file: NRU2004

#### Overview

Valid: 2272 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

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### CATEGORIES

Value	Category	Cases	
1	Yes	1682	74%
2	No	590	26%

---

### A1: drank alcohol in past 12 mos

Data file: NRU2004

## Overview

Valid: 1682 Invalid: 590  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	1013	60.2%
2	No	669	39.8%
Sysmiss		590	

## A2: freq drinking in past 12 mos

Data file: NRU2004

## Overview

Valid: 1011 Invalid: 1261  
 Type: Discrete Decimal: 0 Width: 23 Range: 1 - 4 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	5 or more days per week	41	4.1%
2	1-4 days per week	235	23.2%
3	1-3 days per month	246	24.3%
4	Less than once a month	489	48.4%
Sysmiss		1261	

## A3: average drinks during one day

Data file: NRU2004

## Overview

Valid: 1013 Invalid: 1259  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1		37	3.7%

2		23	2.3%
3		15	1.5%
4		28	2.8%
5		10	1%
6		88	8.7%
7		18	1.8%
8		57	5.6%
9		11	1.1%
10		31	3.1%
11		15	1.5%
12		159	15.7%
13		6	0.6%
14		27	2.7%
15		9	0.9%
16		9	0.9%
17		28	2.8%
18		8	0.8%
20		10	1%
21		4	0.4%
22		2	0.2%
24		162	16%
77	Don't know	256	25.3%
Sysmiss		1259	

## A5A: number of drinks consumed last Monday

Data file: NRU2004

### Overview

Valid: 1013 Invalid: 1259  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		959	94.7%
2		1	0.1%
3		2	0.2%
4		2	0.2%

6		5	0.5%
7		2	0.2%
8		2	0.2%
9		1	0.1%
10		1	0.1%
12		6	0.6%
14		1	0.1%
17		3	0.3%
18		1	0.1%
22		1	0.1%
24		8	0.8%
77	Don't know	18	1.8%
Sysmiss		1259	

## A5B: number of drinks consumed last Tuesday

Data file: NRU2004

### Overview

Valid: 1013 Invalid: 1259  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		962	95%
1		1	0.1%
2		1	0.1%
3		1	0.1%
4		2	0.2%
6		3	0.3%
8		2	0.2%
9		2	0.2%
10		2	0.2%
11		1	0.1%
12		7	0.7%
14		1	0.1%
17		1	0.1%
18		1	0.1%

23		1	0.1%
24		8	0.8%
77	Don't know	17	1.7%
Sysmiss		1259	

### A5C: number of drinks consumed last Wednesday

Data file: NRU2004

#### Overview

Valid: 1013 Invalid: 1259  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

#### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
0		953	94.1%
1		3	0.3%
2		2	0.2%
4		2	0.2%
6		4	0.4%
7		4	0.4%
8		5	0.5%
9		1	0.1%
10		4	0.4%
11		1	0.1%
12		6	0.6%
14		1	0.1%
17		2	0.2%
18		1	0.1%
21		1	0.1%
24		10	1%
77	Don't know	13	1.3%
Sysmiss		1259	

### A5D: number of drinks consumed last Thursday

Data file: NRU2004

**Overview**

Valid: 1013 Invalid: 1259  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
0		944	93.2%
2		2	0.2%
3		2	0.2%
4		2	0.2%
6		7	0.7%
8		2	0.2%
10		2	0.2%
11		1	0.1%
12		8	0.8%
14		3	0.3%
16		1	0.1%
17		5	0.5%
18		2	0.2%
21		2	0.2%
24		12	1.2%
77	Don't know	18	1.8%
Sysmiss		1259	

**A5E: number of drinks consumed last Friday****Data file: NRU2004****Overview**

Valid: 1013 Invalid: 1259  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
0		853	84.2%
1		3	0.3%
2		1	0.1%

3		3	0.3%
4		6	0.6%
5		1	0.1%
6		5	0.5%
7		3	0.3%
8		14	1.4%
9		1	0.1%
10		6	0.6%
11		4	0.4%
12		13	1.3%
13		1	0.1%
14		5	0.5%
17		9	0.9%
18		2	0.2%
21		2	0.2%
23		2	0.2%
24		39	3.8%
77	Don't know	40	3.9%
Sysmiss		1259	

## A5F: number of drinks consumed last Saturday

Data file: NRU2004

### Overview

Valid: 1013 Invalid: 1259  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		823	81.2%
1		1	0.1%
2		1	0.1%
3		6	0.6%
4		4	0.4%
5		3	0.3%
6		10	1%
7		5	0.5%

8		14	1.4%
9		3	0.3%
10		5	0.5%
12		16	1.6%
14		5	0.5%
16		1	0.1%
17		8	0.8%
18		2	0.2%
20		3	0.3%
21		1	0.1%
22		1	0.1%
24		50	4.9%
72		1	0.1%
77	Don't know	50	4.9%
Sysmiss		1259	

## A5G: number of drinks consumed last Sunday

Data file: NRU2004

### Overview

Valid: 1013 Invalid: 1259  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		930	91.8%
1		1	0.1%
2		2	0.2%
4		1	0.1%
5		1	0.1%
6		3	0.3%
8		4	0.4%
9		1	0.1%
10		2	0.2%
12		11	1.1%
14		1	0.1%
16		1	0.1%

17		3	0.3%
18		1	0.1%
20		2	0.2%
21		1	0.1%
24		17	1.7%
77	Don't know	31	3.1%
Sysmiss		1259	

## D1: days fruit eaten per week

Data file: NRU2004

### Overview

Valid: 2271 Invalid: 1  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		1184	52.1%
1		583	25.7%
2		281	12.4%
3		122	5.4%
4		21	0.9%
5		21	0.9%
6		4	0.2%
7		51	2.2%
77	Don't know	4	0.2%
Sysmiss		1	

## D2: servings fruit eaten per day

Data file: NRU2004

### Overview

Valid: 1087 Invalid: 1185  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1		568	52.3%
2		232	21.3%
3		112	10.3%
4		67	6.2%
5		13	1.2%
6		22	2%
7		5	0.5%
8		15	1.4%
77	Don't know	53	4.9%
Sysmiss		1185	

### D3: days veg eaten per week

**Data file:** NRU2004

#### Overview

Valid: 2272 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

#### Questions and instructions

#### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
0		617	27.2%
1		442	19.5%
2		410	18%
3		310	13.6%
4		78	3.4%
5		72	3.2%
6		10	0.4%
7		332	14.6%
77	Don't know	1	0%

### D4: servings veg eaten per day

**Data file:** NRU2004

#### Overview

Valid: 1655 Invalid: 617  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

---

CATEGORIES

Value	Category	Cases	
1		959	57.9%
2		234	14.1%
3		88	5.3%
4		41	2.5%
5		20	1.2%
6		9	0.5%
7		42	2.5%
8		6	0.4%
77	Don't know	256	15.5%
Sysmiss		617	

---

## P1: vig activity at work

Data file: NRU2004

### Overview

Valid: 2272 Invalid: 0

Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

CATEGORIES

Value	Category	Cases	
1	Yes	342	15.1%
2	No	1930	84.9%

---

## P2: vig activity at work: days per week

Data file: NRU2004

### Overview

Valid: 342 Invalid: 1930

Type: Discrete Decimal: 0 Width: 8 Range: 1 - 7 Format: Numeric

## Questions and instructions

---

CATEGORIES

Value	Category	Cases	

1		73	21.3%
2		50	14.6%
3		42	12.3%
4		23	6.7%
5		81	23.7%
6		21	6.1%
7		52	15.2%
Sysmiss		1930	

### P3A: vig activity at work: hours per day

Data file: NRU2004

#### Overview

Valid: 255 Invalid: 2017  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

#### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
0		1	0.4%
1		47	18.4%
2		59	23.1%
3		45	17.6%
4		43	16.9%
5		16	6.3%
6		21	8.2%
7		1	0.4%
8		16	6.3%
77	Don't know	6	2.4%
Sysmiss		2017	

### P3B: vig activity at work: mins per day

Data file: NRU2004

#### Overview

Valid: 341 Invalid: 1931  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

---

CATEGORIES

Value	Category	Cases	
0		222	65.1%
2		1	0.3%
3		1	0.3%
5		6	1.8%
9		1	0.3%
10		13	3.8%
15		6	1.8%
20		14	4.1%
30		68	19.9%
45		3	0.9%
77	Don't know	6	1.8%
Sysmiss		1931	

---

## P4: mod activity at work

Data file: NRU2004

### Overview

Valid: 2272 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

CATEGORIES

Value	Category	Cases	
1	Yes	1006	44.3%
2	No	1266	55.7%

---

## P5: mod activity at work: days per week

Data file: NRU2004

### Overview

Valid: 1006 Invalid: 1266  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 7 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1		57	5.7%
2		91	9%
3		95	9.4%
4		58	5.8%
5		311	30.9%
6		73	7.3%
7		321	31.9%
Sysmiss		1266	

---

## P6A: mod activity at work: hours per day

Data file: NRU2004

### Overview

Valid: 818 Invalid: 1454  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1		188	23%
2		151	18.5%
3		119	14.5%
4		113	13.8%
5		81	9.9%
6		50	6.1%
7		29	3.5%
8		38	4.6%
9		6	0.7%
10		12	1.5%
11		2	0.2%
12		4	0.5%
13		1	0.1%
14		6	0.7%
77	Don't know	18	2.2%

Sysmiss	1454	
---------	------	--

## P6B: mod activity at work: mins per day

Data file: NRU2004

### Overview

Valid: 1004 Invalid: 1268  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		732	72.9%
1		1	0.1%
2		1	0.1%
5		5	0.5%
10		28	2.8%
12		1	0.1%
15		24	2.4%
20		28	2.8%
25		1	0.1%
30		152	15.1%
35		2	0.2%
40		7	0.7%
45		3	0.3%
50		1	0.1%
77	Don't know	18	1.8%
Sysmiss		1268	

## P7: active transport

Data file: NRU2004

### Overview

Valid: 2272 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	1338	58.9%
2	No	934	41.1%

---

**P8: active transport: days per week****Data file:** NRU2004**Overview**

Valid: 1336 Invalid: 936  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 7 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1		132	9.9%
2		191	14.3%
3		211	15.8%
4		69	5.2%
5		158	11.8%
6		70	5.2%
7		505	37.8%
Sysmiss		936	

---

**P9A: active transport: hours per day****Data file:** NRU2004**Overview**

Valid: 469 Invalid: 1803  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
0		1	0.2%
1		257	54.8%
2		108	23%
3		70	14.9%
4		7	1.5%

5		3	0.6%
77	Don't know	23	4.9%
Sysmiss		1803	

## P9B: active transport: mins per day

Data file: NRU2004

### Overview

Valid: 1335 Invalid: 937  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		388	29.1%
2		2	0.1%
3		1	0.1%
5		20	1.5%
6		1	0.1%
8		3	0.2%
10		120	9%
12		1	0.1%
14		1	0.1%
15		114	8.5%
16		1	0.1%
20		212	15.9%
25		17	1.3%
26		1	0.1%
30		370	27.7%
33		1	0.1%
40		30	2.2%
45		21	1.6%
50		7	0.5%
55		1	0.1%
77	Don't know	23	1.7%
Sysmiss		937	

**P10: vig leisure activity****Data file:** NRU2004**Overview**

Valid: 2272 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	167	7.4%
2	No	2105	92.6%

**P11: vig leisure activity: days per week****Data file:** NRU2004**Overview**

Valid: 167 Invalid: 2105  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 7 Format: Numeric

**Questions and instructions**

## CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1		16	9.6%
2		16	9.6%
3		26	15.6%
4		14	8.4%
5		30	18%
6		43	25.7%
7		22	13.2%
Sysmiss		2105	

**P12A: vig leisure activity: hours per day****Data file:** NRU2004**Overview**

Valid: 141 Invalid: 2131  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

---

### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
0		1	0.7%
1		54	38.3%
2		49	34.8%
3		22	15.6%
4		13	9.2%
77	Don't know	2	1.4%
Sysmiss		2131	

---

## P12B: vig leisure activity: mins per day

Data file: NRU2004

### Overview

Valid: 166    Invalid: 2106  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 77    Format: Numeric

## Questions and instructions

---

### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
0		115	69.3%
1		1	0.6%
3		1	0.6%
10		1	0.6%
20		4	2.4%
30		37	22.3%
40		1	0.6%
45		3	1.8%
50		1	0.6%
77	Don't know	2	1.2%
Sysmiss		2106	

---

## P13: mod leisure activity

Data file: NRU2004

## Overview

Valid: 2272 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Yes	305	13.4%
2	No	1967	86.6%

---

## P14: mod leisure activity: days per week

Data file: NRU2004

## Overview

Valid: 305 Invalid: 1967  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 7 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1		28	9.2%
2		56	18.4%
3		61	20%
4		23	7.5%
5		30	9.8%
6		34	11.1%
7		73	23.9%
Sysmiss		1967	

---

## P15A: mod leisure activity: hours per day

Data file: NRU2004

## Overview

Valid: 197 Invalid: 2075  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

---

### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
0		2	1%
1		82	41.6%
2		55	27.9%
3		25	12.7%
4		26	13.2%
5		3	1.5%
77	Don't know	4	2%
Sysmiss		2075	

## P15B: mod leisure activity: mins per day

**Data file:** NRU2004

### Overview

Valid: 305 Invalid: 1967  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
0		168	55.1%
2		1	0.3%
5		3	1%
10		15	4.9%
15		14	4.6%
20		15	4.9%
30		75	24.6%
40		4	1.3%
45		4	1.3%
50		2	0.7%
77	Don't know	4	1.3%
Sysmiss		1967	

## P16A: sedentary time: hours per day

**Data file:** NRU2004

### Overview

Valid: 2061 Invalid: 211  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1		293	14.2%
2		440	21.3%
3		311	15.1%
4		271	13.1%
5		167	8.1%
6		147	7.1%
7		63	3.1%
8		116	5.6%
9		31	1.5%
10		72	3.5%
11		17	0.8%
12		64	3.1%
13		11	0.5%
14		25	1.2%
15		1	0%
77	Don't know	32	1.6%
Sysmiss		211	

---

### P16B: sedentary time: mins per day

Data file: NRU2004

#### Overview

Valid: 2269 Invalid: 3  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
0		1868	82.3%
2		1	0%
3		1	0%
5		6	0.3%
7		1	0%
10		37	1.6%

12		1	0%
15		21	0.9%
20		46	2%
25		5	0.2%
30		226	10%
32		1	0%
35		3	0.1%
40		6	0.3%
45		8	0.4%
50		3	0.1%
55		2	0.1%
56		1	0%
77	Don't know	32	1.4%
Sysmiss		3	

## H2: told had high BP in past 12 mos

Data file: NRU2004

### Overview

Valid: 2272 Invalid: 0  
Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	251	11%
2	No	2021	89%

## H3A: currently receiving for high BP: drugs

Data file: NRU2004

### Overview

Valid: 251 Invalid: 2021  
Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
-------	----------	-------	--

1	Yes	99	39.4%
2	No	152	60.6%
Sysmiss		2021	

**H7: told had high gluc in past 12 mos****Data file:** NRU2004**Overview**

Valid: 2272 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

**Questions and instructions****CATEGORIES**

Value	Category	Cases	
1	Yes	328	14.4%
2	No	1944	85.6%

**H8A: currently receiving for high gluc: insulin****Data file:** NRU2004**Overview**

Valid: 322 Invalid: 1950  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

**Questions and instructions****CATEGORIES**

Value	Category	Cases	
1	Yes	23	7.1%
2	No	299	92.9%
Sysmiss		1950	

**H8B: currently receiving for high gluc: drugs****Data file:** NRU2004**Overview**

Valid: 328 Invalid: 1944  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Yes	134	40.9%
2	No	194	59.1%
Sysmiss		1944	

---

## H8C: currently receiving for high gluc: special diet

Data file: NRU2004

### Overview

Valid: 326 Invalid: 1946  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Yes	97	29.8%
2	No	229	70.2%
Sysmiss		1946	

---

## M1: interviewer ID

Data file: NRU2004

### Overview

Valid: 2270 Invalid: 2  
 Type: Discrete Decimal: 0 Width: 8 Range: 20 - 29 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
20		60	2.6%
21		182	8%
22		1110	48.9%
23		129	5.7%
24		8	0.4%
25		153	6.7%

26		109	4.8%
27		130	5.7%
28		125	5.5%
29		264	11.6%
Sysmiss		2	

---

## M2A: height device ID

Data file: NRU2004

### Overview

Valid: 2270 Invalid: 2  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		2269	100%
2		1	0%
Sysmiss		2	

---

## M2B: weight device ID

Data file: NRU2004

### Overview

Valid: 2270 Invalid: 2  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 1 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		2270	100%
Sysmiss		2	

---

## M3: height (cm)

Data file: NRU2004

### Overview

Valid: 2270 Invalid: 2 Minimum: 138 Maximum: 666.6 Mean: 162.453 Standard deviation: 13.32

Type: Continuous    Decimal: 0    Width: 9    Range: 138 - 666.599975585938    Format: Numeric

---

## M4: weight (kg)

**Data file:** NRU2004

### Overview

Valid: 2270    Invalid: 2    Minimum: 40    Maximum: 666.6    Mean: 90.053    Standard deviation: 35.036  
 Type: Continuous    Decimal: 0    Width: 9    Range: 40 - 666.599975585938    Format: Numeric

---

## M5: pregnant

**Data file:** NRU2004

### Overview

Valid: 1186    Invalid: 1086  
 Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 77    Format: Numeric

### Questions and instructions

---

#### CATEGORIES

Value	Category	Cases	
1	Yes	34	2.9%
2	No	1151	97%
77	Don't know	1	0.1%
Sysmiss		1086	

---

## M6: waist device ID

**Data file:** NRU2004

### Overview

Valid: 2238    Invalid: 34    Minimum: 2    Maximum: 27    Mean: 2.583    Standard deviation: 0.72  
 Type: Continuous    Decimal: 0    Width: 8    Range: 2 - 27    Format: Numeric

---

## M7: waist circumference (cm)

**Data file:** NRU2004

### Overview

Valid: 2238    Invalid: 34    Minimum: 58.6    Maximum: 666.6    Mean: 100.571    Standard deviation: 33.443  
 Type: Continuous    Decimal: 0    Width: 9    Range: 58.5999984741211 - 666.599975585938    Format: Numeric

---

**M8: interviewer ID****Data file:** NRU2004**Overview**

Valid: 2271 Invalid: 1  
 Type: Discrete Decimal: 0 Width: 8 Range: 20 - 29 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
20		322	14.2%
21		245	10.8%
22		137	6%
23		112	4.9%
24		384	16.9%
25		29	1.3%
26		34	1.5%
27		244	10.7%
28		418	18.4%
29		346	15.2%
Sysmiss		1	

**M9: BP device ID****Data file:** NRU2004**Overview**

Valid: 2271 Invalid: 1  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 8 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1		272	12%
2		292	12.9%
3		344	15.1%
4		281	12.4%
5		325	14.3%
6		153	6.7%
7		339	14.9%

8		265	11.7%
Sysmiss		1	

---

**M10: cuff size****Data file:** NRU2004**Overview**

Valid: 2271 Invalid: 1  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 3 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	small	2	0.1%
2	medium	1034	45.5%
3	large	1235	54.4%
Sysmiss		1	

---

**M11A: BP reading 1: systolic****Data file:** NRU2004**Overview**

Valid: 2271 Invalid: 1 Minimum: 73 Maximum: 666 Mean: 134.43 Standard deviation: 44.02  
 Type: Continuous Decimal: 0 Width: 8 Range: 73 - 666 Format: Numeric

**M11B: BP reading 1: diastolic****Data file:** NRU2004**Overview**

Valid: 2271 Invalid: 1 Minimum: 36 Maximum: 666 Mean: 85.358 Standard deviation: 47.367  
 Type: Continuous Decimal: 0 Width: 8 Range: 36 - 666 Format: Numeric

**M12A: BP reading 2: systolic****Data file:** NRU2004**Overview**

Valid: 2271 Invalid: 1 Minimum: 80 Maximum: 666 Mean: 130.094 Standard deviation: 46.717  
 Type: Continuous Decimal: 0 Width: 8 Range: 80 - 666 Format: Numeric

**M12B: BP reading 2: diastolic****Data file:** NRU2004**Overview**

Valid: 2271 Invalid: 1 Minimum: 45 Maximum: 666 Mean: 84.456 Standard deviation: 56.157  
 Type: Continuous Decimal: 0 Width: 8 Range: 45 - 666 Format: Numeric

---

**M13A: BP reading 3: systolic****Data file:** NRU2004**Overview**

Valid: 2271 Invalid: 1 Minimum: 72 Maximum: 666 Mean: 127.283 Standard deviation: 39.164  
 Type: Continuous Decimal: 0 Width: 8 Range: 72 - 666 Format: Numeric

---

**M13B: BP reading 3: diastolic****Data file:** NRU2004**Overview**

Valid: 2271 Invalid: 1 Minimum: 44 Maximum: 666 Mean: 80.539 Standard deviation: 36.886  
 Type: Continuous Decimal: 0 Width: 8 Range: 44 - 666 Format: Numeric

---

**M16A: heart rate reading 1****Data file:** NRU2004**Overview**

Valid: 2271 Invalid: 1 Minimum: 44 Maximum: 666 Mean: 73.369 Standard deviation: 40.967  
 Type: Continuous Decimal: 0 Width: 8 Range: 44 - 666 Format: Numeric

---

**M16B: heart rate reading 2****Data file:** NRU2004**Overview**

Valid: 2271 Invalid: 1 Minimum: 43 Maximum: 666 Mean: 73.513 Standard deviation: 42.742  
 Type: Continuous Decimal: 0 Width: 8 Range: 43 - 666 Format: Numeric

---

**M16C: heart rate reading 3****Data file:** NRU2004**Overview**

Valid: 2271 Invalid: 1 Minimum: 45 Maximum: 666 Mean: 73.25 Standard deviation: 38.891  
 Type: Continuous Decimal: 0 Width: 8 Range: 45 - 666 Format: Numeric

**B1: ate/drank in past 12 hours (fasting status)****Data file:** NRU2004**Overview**

Valid: 2270 Invalid: 2  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	2	0.1%
2	No	2267	99.9%
77	Don't know	1	0%
Sysmiss		2	

**B2: technician ID****Data file:** NRU2004**Overview**

Valid: 2272 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 8 Range: 31 - 34 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
31		121	5.3%
32		2149	94.6%
33		1	0%
34		1	0%

**B3: gluc device ID****Data file:** NRU2004**Overview**

Valid: 2272 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1		2269	99.9%
2		3	0.1%

---

## B4: time blood sample taken

Data file: NRU2004

### Overview

Valid: 2272 Invalid: 0 Minimum: 6.45 Maximum: 13.49 Mean: 8.947 Standard deviation: 0.742  
 Type: Continuous Decimal: 0 Width: 9 Range: 6.44999980926514 - 13.4899997711182 Format: Numeric

---

## B5: fasting blood glucose (mmol/l)

Data file: NRU2004

### Overview

Valid: 2272 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 16 Range: 1 - 31.1000003814697 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Low	56	2.5%
1.10000002384186		2	0.1%
1.20000004768372		1	0%
1.29999995231628		3	0.1%
1.39999997615814		3	0.1%
1.5		3	0.1%
1.60000002384186		1	0%
2	High	101	4.4%
2.09999990463257		14	0.6%
2.20000004768372		10	0.4%
2.29999995231628		12	0.5%
2.40000009536743		20	0.9%
2.5		28	1.2%
2.59999990463257		4	0.2%
2.70000004768372		9	0.4%

2.79999995231628		3	0.1%
2.90000009536743		1	0%
3	Unable to assess	268	11.8%
3.09999990463257		71	3.1%
3.2000004768372		74	3.3%
3.29999995231628		86	3.8%
3.40000009536743		97	4.3%
3.5		96	4.2%
3.59999990463257		20	0.9%
3.7000004768372		12	0.5%
3.79999995231628		1	0%
4		282	12.4%
4.09999990463257		43	1.9%
4.19999980926514		28	1.2%
4.30000019073486		31	1.4%
4.40000009536743		24	1.1%
4.5		20	0.9%
4.59999990463257		8	0.4%
4.69999980926514		3	0.1%
4.80000019073486		2	0.1%
4.90000009536743		2	0.1%
5		99	4.4%
5.09999990463257		30	1.3%
5.19999980926514		28	1.2%
5.30000019073486		32	1.4%
5.40000009536743		39	1.7%
5.5		19	0.8%
5.59999990463257		1	0%
5.69999980926514		2	0.1%
5.80000019073486		1	0%
6		136	6%
6.09999990463257		26	1.1%
6.19999980926514		23	1%
6.30000019073486		24	1.1%
6.40000009536743		19	0.8%
6.5		14	0.6%
6.69999980926514		1	0%
7		50	2.2%
7.09999990463257		6	0.3%

7.19999980926514		10	0.4%
7.30000019073486		8	0.4%
7.4000009536743		5	0.2%
7.5		11	0.5%
7.59999990463257		1	0%
7.69999980926514		2	0.1%
8		37	1.6%
8.10000038146973		7	0.3%
8.19999980926514		5	0.2%
8.30000019073486		6	0.3%
8.39999961853027		4	0.2%
8.5		6	0.3%
8.69999980926514		1	0%
9		16	0.7%
9.10000038146973		6	0.3%
9.19999980926514		4	0.2%
9.30000019073486		3	0.1%
9.39999961853027		3	0.1%
9.5		5	0.2%
10		17	0.7%
10.1000003814697		1	0%
10.1999998092651		5	0.2%
10.3000001907349		4	0.2%
10.3999996185303		4	0.2%
10.5		2	0.1%
10.6000003814697		2	0.1%
11		17	0.7%
11.1000003814697		3	0.1%
11.1999998092651		4	0.2%
11.3000001907349		4	0.2%
11.3999996185303		1	0%
11.5		1	0%
12		10	0.4%
12.1000003814697		3	0.1%
12.1999998092651		2	0.1%
12.3000001907349		1	0%
12.3999996185303		2	0.1%
12.5		2	0.1%
12.6000003814697		1	0%

13		8	0.4%
13.1000003814697		1	0%
13.1999998092651		4	0.2%
13.3000001907349		1	0%
13.3999996185303		2	0.1%
13.5		1	0%
13.6000003814697		1	0%
13.6999998092651		1	0%
14		8	0.4%
14.1999998092651		1	0%
14.3999996185303		1	0%
14.5		1	0%
14.6999998092651		1	0%
15		5	0.2%
15.1999998092651		1	0%
15.3000001907349		1	0%
15.5		2	0.1%
16		5	0.2%
16.1000003814697		1	0%
16.2000007629395		1	0%
16.2999992370605		2	0.1%
16.3999996185303		2	0.1%
16.6000003814697		1	0%
17		3	0.1%
17.5		1	0%
31.1000003814697		1	0%

## B6: chol device ID

Data file: NRU2004

### Overview

Valid: 2271 Invalid: 1  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		2269	99.9%

2		2	0.1%
Sysmiss		1	

## B7: total cholesterol (mmol/l)

Data file: NRU2004

### Overview

Valid: 2272 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 16 Range: 1 - 13 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Low	0	0%
2	High	0	0%
3	Unable to assess	73	3.2%
3.09999990463257		38	1.7%
3.20000004768372		41	1.8%
3.29999995231628		63	2.8%
3.40000009536743		64	2.8%
3.5		72	3.2%
3.59999990463257		9	0.4%
3.70000004768372		11	0.5%
3.79999995231628		6	0.3%
3.90000009536743		3	0.1%
4		442	19.5%
4.09999990463257		79	3.5%
4.19999980926514		85	3.7%
4.30000019073486		81	3.6%
4.40000009536743		95	4.2%
4.5		112	4.9%
4.59999990463257		3	0.1%
4.69999980926514		4	0.2%
4.80000019073486		6	0.3%
4.90000009536743		1	0%
5		368	16.2%
5.09999990463257		62	2.7%
5.19999980926514		66	2.9%

5.30000019073486		64	2.8%
5.40000009536743		54	2.4%
5.5		48	2.1%
5.59999990463257		10	0.4%
5.69999980926514		4	0.2%
5.80000019073486		2	0.1%
6		141	6.2%
6.09999990463257		16	0.7%
6.19999980926514		18	0.8%
6.30000019073486		13	0.6%
6.40000009536743		5	0.2%
6.5		8	0.4%
6.69999980926514		2	0.1%
7		47	2.1%
7.09999990463257		5	0.2%
7.19999980926514		6	0.3%
7.30000019073486		3	0.1%
7.40000009536743		2	0.1%
7.5		7	0.3%
8		16	0.7%
8.19999980926514		4	0.2%
8.39999961853027		1	0%
9		5	0.2%
9.10000038146973		1	0%
10		3	0.1%
12		1	0%
12.3000001907349		1	0%
13		1	0%

## X7: albumin device ID

Data file: NRU2004

### Overview

Valid: 2272 Invalid: 0

Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1		7	0.3%
2		2265	99.7%

---

## X8: albuminuria

**Data file:** NRU2004

### Overview

Valid: 2272 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 3 Format: Numeric

### Questions and instructions

#### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Negative	1879	82.7%
2	Positive	391	17.2%
3	ND	2	0.1%

---

## X9: albuminuria - number of positive

**Data file:** NRU2004

### Overview

Valid: 391 Invalid: 1881  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 4 Format: Numeric

### Questions and instructions

#### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1		201	51.4%
2		108	27.6%
3		77	19.7%
4		5	1.3%
Sysmiss		1881	

---

## AGERANGE: ages for which survey was designed

**Data file:** NRU2004

## Overview

Valid: 2272 Invalid: 0  
 Type: Discrete Width: 5 Range: - Format: character

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
15-24		546	24%
25-34		523	23%
35-44		580	25.5%
45-54		495	21.8%
55-64		128	5.6%

## PSU: psu

Data file: NRU2004

## Overview

Valid: 2272 Invalid: 0 Minimum: 1 Maximum: 2281 Mean: 1143.089 Standard deviation: 657.805  
 Type: Continuous Decimal: 0 Width: 8 Range: 1 - 2281 Format: Numeric

## STRATUM: stratum

Data file: NRU2004

## Overview

Valid: 2272 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 1 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1		2272	100%

## WSTEP1: final analysis weight for step 1 (interview) - pop adjusted only

Data file: NRU2004

## Overview

Valid: 2272 Invalid: 0 Minimum: 1.035 Maximum: 6.461 Mean: 3.246 Standard deviation: 1.916  
 Type: Continuous Decimal: 0 Width: 9 Range: 1.03451204299927 - 6.46132326126099 Format: Numeric

## WSTEP2: final analysis weight for step 2 (physical measures) - pop adjusted only

Data file: NRU2004

### Overview

Valid: 2272 Invalid: 0 Minimum: 1.035 Maximum: 6.461 Mean: 3.246 Standard deviation: 1.916  
Type: Continuous Decimal: 0 Width: 9 Range: 1.03451204299927 - 6.46132326126099 Format: Numeric

## WSTEP3: final analysis weight for step 3 (biochemical measures) - pop adjusted only

Data file: NRU2004

### Overview

Valid: 2272 Invalid: 0 Minimum: 1.035 Maximum: 6.461 Mean: 3.246 Standard deviation: 1.916  
Type: Continuous Decimal: 0 Width: 9 Range: 1.03451204299927 - 6.46132326126099 Format: Numeric

# **study\_resources**

## **questionnaires**

### **Questionnaire**

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title Questionnaire  
filename Nauru\_2004\_STEPS\_questionnaire.pdf

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## **reports**

### **Fact Sheet**

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title Fact Sheet  
country Nauru  
filename STEPS\_Nauru\_2004\_FactSheet.pdf

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## **Report**

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title Report  
country Nauru  
filename STEPS\_Nauru\_2004\_Report.pdf

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## **technical\_documents**

### **Generic STEPS Questionnaire (version 1.4)**

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title Generic STEPS Questionnaire (version 1.4)  
filename STEPS\_Instrument\_v1-4.pdf

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