

# STEPwise Survey for Non Communicable Diseases Risk Factor 2015

**Ministry of Health**

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visit\_data\_catalog\_at: <http://catalog.ihsn.org/>

## Identification

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SURVEY ID NUMBER  
NRU\_2015\_STEPS\_v01\_M

TITLE  
STEPwise Survey for Non Communicable Diseases Risk Factor 2015

COUNTRY

Name	Country code
Nauru	NRU

STUDY TYPE  
Other Household Survey [hh/oth]

SERIES INFORMATION  
This is the second STEPS conducted by Nauru.

### ABSTRACT

STEPS is a household-based survey to obtain core data on the established risk factors that determine the major burden of NCDs.

KIND OF DATA  
Sample survey data [ssd]

UNIT OF ANALYSIS  
Individuals

## Version

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VERSION DESCRIPTION  
Public-use dataset

## Scope

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### NOTES

The following topics were included in the survey: tobacco use, alcohol consumption, diet, physical activity, history of raised blood glucose, history of raised blood pressure, history of raised total cholesterol, history of cardiovascular diseases, lifestyle advice, and cervical cancer screening. Additionally, the following measures were taken: blood pressure, height, weight, waist circumference, hip circumference, heart rate, fasting blood glucose, total cholesterol, HDL cholesterol and haemoglobin. Finally, the following optional modules were included: oral health, violence and injury and mental health.

### TOPICS

Topic	Vocabulary
STEPS	Survey

### KEYWORDS

Keyword
noncommunicable diseases
risk factors
health surveys
tobacco use

alcohol use
diet
nutrition
salt
physical activity
blood pressure
cervical cancer
overweight
obesity
diabetes
hypertension
cardiovascular disease
blood glucose
cholesterol
HDL cholesterol
oral health
violence and injury
mental health

## Coverage

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### GEOGRAPHIC COVERAGE

National coverage

### UNIVERSE

Adults aged 18-69 years.

## Producers and sponsors

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### PRIMARY INVESTIGATORS

#### Name

Ministry of Health

## Sampling

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### SAMPLING PROCEDURE

As STEPS is intended to be nationally representative, a simple random samples of individuals was identified, based on the most recent census survey.

### RESPONSE RATE

The overall response rate was 74.5%.

### WEIGHTING

Analysis weights were calculated by taking the inverse of the probability of selection of each participant. These weights were adjusted for differences in the age-sex composition of the sample population as compared to the target population.

Different weight variables are available per Step:

wStep1 - for interview data

wStep2 - for physical measures

wStep3 - for biochemical measures

This allows for differences in the weight calculation for each Step of the survey as the age-sex composition of the respondents to each Step can differ slightly due to refusal or drop out. Additionally, some countries perform subsampling for Step 2 and/or Step 3. When no subsampling is done and response rates do not differ across Steps of the survey, the 3 weight variables will be the same.

## **data\_collection**

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### DATES OF DATA COLLECTION

<b>Start</b>	<b>End</b>
2015-09	2016-04

### DATA COLLECTION MODE

Face-to-face [f2f]

### DATA COLLECTION NOTES

Cardiochek devices were used to collect the glucose and lipid measures.

## **Access policy**

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### CONTACTS

<b>Name</b>	<b>Affiliation</b>	<b>Email</b>	<b>URL</b>
NCD Surveillance Team	World Health Organization	ncdmonitoring@who.int	<a href="#">Link</a>

### ACCESS CONDITIONS

The user undertakes:

- (1) to acknowledge the data source.
- (2) to share any planned publications with WHO prior to publication.
- (3) to offer co-authorship of any reports or publications using the survey results to the coordinator of the survey.
- (4) to use the data for non-commercial, not-for-profit public health purposes only.

### CITATION REQUIREMENTS

Publications based on STEPS data should cite the survey report (if available) and acknowledge the data source in the following manner:

"This paper uses data from the [country] [year] STEPS survey, implemented by [implementing agency] with the support of the World Health Organization."

### ACCESS AUTHORITY

<b>Name</b>	<b>Affiliation</b>	<b>Email</b>	<b>URL</b>
NCD Surveillance Team	World Health Organization	ncdmonitoring@who.int	<a href="#">Link</a>

## **Disclaimer and copyrights**

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### DISCLAIMER

The data is being distributed without warranty of any kind. The responsibility for the use of the data lies with the user. In no event shall the World Health Organization be liable for damages arising from its use.

## Metadata production

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DDI DOCUMENT ID  
DDI\_NRU\_2015\_STEPS\_v01\_M

PRODUCERS

Name	Abbreviation	Affiliation	Role
Yue Wu		World Health Organization	Documentation of data
Melanie Cowan		World Health Organization	Supervision and review of metadata and documentation of study
Development Economics Data Group	DECDG	The World Bank	Metadata adapted for World Bank Microdata Library

DATE OF METADATA PRODUCTION

2019-12-25

DDI DOCUMENT VERSION

Identical to a metadata (NRU\_2015\_STEPS\_v01) published on WHO NCD microdata repository (<http://extranet.who.int/ncdsmicrodata/index.php/catalog>). Some of the metadata fields have been edited.

**data\_dictionary**

Data file	Cases	variables
<b>NRU2015</b> National public-use dataset	1387	217



**Data file: NRU2015**

National public-use dataset

Cases: 1387

variables: 217

**variables**

ID	Name	Label	Question
V734	pid	pid	
V737	i6	interview language	
V738	sex	sex	
V739	age	age for analysis	
V740	c4	yrs of education	
V741	c5	highest level of education	
V742	c6	ethnic group	
V743	c7	marital status	
V744	c8	work status	
V745	c9	adults older than 18yrs in household	
V746	c10a	average earnings of household per week	
V747	c10b	average earnings of household per month	
V748	c10c	average earnings of household per year	
V749	c10d	average earnings refused to disclose	
V750	c11	estimated household income (range)	
V751	t1	current smoking	
V752	t2	current daily smoking	
V753	t3	age started smoking	
V754	t4a	time since started smoking (years)	
V755	t4b	time since started smoking (months)	
V756	t4c	time since started smoking (weeks)	
V757	t5a	manufactured cigs smoked per day	
V758	t5aw	manufactured cigs smoked per week	
V759	t5b	hand-rolled cigs smoked per day	
V760	t5bw	hand-rolled cigs smoked per week	
V761	t5c	pipes smoked per day	
V762	t5cw	pipes smoked per week	
V763	t5d	cigars smoked per day	
V764	t5dw	cigars smoked per week	
V765	t5e	shisha sessions per day	
V766	t5ew	shisha sessions per week	
V767	t5f	other smoked per day	
V768	t5fw	other smoked per week	
V769	t5other	specify other product smoked	
V770	t6	stop smoking attempt in past 12 mos	
V771	t7	advised by MD to stop smoking	
V772	t8	past smoking	

ID	Name	Label	Question
V773	t9	past daily smoking	
V774	t10	age quit smoking	
V775	t11a	time since quitting smoking (years)	
V776	t11b	time since quitting smoking (months)	
V777	t11c	time since quitting smoking (days)	
V778	t12	current smokeless tobacco use	
V779	t13	current daily smokeless tobacco use	
V780	t14a	Snuff, by mouth times per day	
V781	t14aw	Snuff, by mouth times per week	
V782	t14b	Snuff, by nose times per day	
V783	t14bw	Snuff, by nose times per week	
V784	t14c	Chewing tobacco times per day	
V785	t14cw	Chewing tobacco times per week	
V786	t14d	Betel, quid times per day	
V787	t14dw	Betel, quid times per week	
V788	t14e	other smokeless product per day	
V789	t14ew	other smokeless product per week	
V790	t14other	specify other smokeless product used	
V791	t15	past smokeless use	
V792	t16	past daily smokeless use	
V793	t17	exposed to smoke in home	
V794	t18	exposed to smoke at work	
V795	a1	ever drank alcohol	
V796	a2	drank alcohol in past 12 mos	
V797	a3	stopped drinking due to health reasons	
V798	a4	freq drinking in past 12 mos	
V799	a5	drank alcohol in past 30 days	
V800	a6	number drinking occasions past 30 days	
V801	a7	average number drinks per occasion past 30 days	
V802	a8	largest number drinks past 30 days	
V803	a9	times drank 6+ drinks in single occasion past 30 days	
V804	a10a	number of drinks consumed last Monday	
V805	a10b	number of drinks consumed last Tuesday	
V806	a10c	number of drinks consumed last Wednesday	
V807	a10d	number of drinks consumed last Thursday	
V808	a10e	number of drinks consumed last Friday	
V809	a10f	number of drinks consumed last Saturday	
V810	a10g	number of drinks consumed last Sunday	
V811	a11	drank undeclared alcohol in past 7 days	
V812	a12a	number of homebrewed spirits in past 7 days	
V813	a12b	number of homebrewed beer or wine in past 7 days	
V814	a12d	number of drinks of alcohol not intended for consumption in past 7 days	
V815	a12e	number of drinks of other untaxed alcohol in past 7 days	
V816	a12c	number of drinks from over the border in past 7 days	
V817	a13	unable to stop drinking in past 12 mos	

ID	Name	Label	Question
V818	a14	failed to do what was expected due to drinking in past 12 mos	
V819	a15	needing drink first thin in morning in past 12 mos	
V820	a16	family problems with alcohol in past 12 mos	
V821	x22	last time cerv cancer screening	
V822	x23	know how to do self-breast exam	
V823	x24	perform self-breast exam monthly	
V824	x28	past 4 weeks: feel tired for no good reason	
V825	x29	past 4 weeks: feel nervous	
V826	x30	past 4 weeks: feel nervous that nothing could calm you down	
V827	x31	past 4 weeks: feel hopeless	
V828	x32	past 4 weeks: feel restless/ fidgety	
V829	x33	past 4 weeks: feel restless that could not sit still	
V830	x34	past 4 weeks: feel depressed	
V831	x35	past 4 weeks: feel everything was an effort	
V832	x36	past 4 weeks: feel so sad that nothing could cheer you up	
V833	x37	past 4 weeks: feel worthless	
V834	d1	days fruit eaten per week	
V835	d2	servings fruit eaten per day	
V836	d3	days veg eaten per week	
V837	d4	servings veg eaten per day	
V838	d5	adding salt when eating	
V839	d6	adding salt when cooking	
V840	d7	eating processed foods high in salt	
V841	d8	how much salt consumed	
V842	d9	importance lowering salt	
V843	d10	can excess salt hurt health	
V844	d11a	limit consumption of processed foods	
V845	d11b	look at salt content on labels	
V846	d11c	buy low salt alternative	
V847	d11d	use spices instead of salt	
V848	d11e	avoid eating out	
V849	d11f	do other things to control salt intake	
V850	d11other	specify other ways to control salt intake	
V851	d12	oil used most often	
V852	d12other	oil used most often	
V853	d13	meals per week outside home	
V854	v3	in road traffic accident in past 12 mos	
V855	v4	injured and required medical attention in accident	
V856	p1	vig activity at work	
V857	p2	vig activity at work: days per week	
V858	p3a	vig activity at work: hours per day	
V859	p3b	vig activity at work: mins per day	
V860	p4	mod activity at work	
V861	p5	mod activity at work: days per week	
V862	p6a	mod activity at work: hours per day	

ID	Name	Label	Question
V863	p6b	mod activity at work: mins per day	
V864	p7	active transport	
V865	p8	active transport: days per week	
V866	p9a	active transport: hours per day	
V867	p9b	active transport: mins per day	
V868	p10	vig leisure activity	
V869	p11	vig leisure activity: days per week	
V870	p12a	vig leisure activity: hours per day	
V871	p12b	vig leisure activity: mins per day	
V872	p13	mod leisure activity	
V873	p14	mod leisure activity: days per week	
V874	p15a	mod leisure activity: hours per day	
V875	p15b	mod leisure activity: mins per day	
V876	p16a	sedentary time: hours per day	
V877	p16b	sedentary time: mins per day	
V878	h1	BP measured	
V879	h2a	told had high BP	
V880	h2b	told had high BP in past 12 mos	
V881	h3	taken meds for high BP	
V882	h4	seen trad'l healer for high BP	
V883	h5	taking trad'l meds for high BP	
V884	h6	gluc measured	
V885	h7a	told had high gluc	
V886	h7b	told had high gluc in past 12 mos	
V887	h8	taken meds for high gluc	
V888	h9	taking insulin for high gluc	
V889	h10	seen trad'l healer for high gluc	
V890	h11	taking trad'l meds for high gluc	
V891	h12	chol measured	
V892	h13a	told had high chol	
V893	h13b	told had high chol in past 12 mos	
V894	h14	taken meds for high chol	
V895	h15	seen trad'l healer for high chol	
V896	h16	taking trad'l meds for high chol	
V897	h17	had heart attack or stroke	
V898	h18	currently taking aspirin	
V899	h19	currently taking statins	
V900	h20a	advised to not smoke	
V901	h20b	advised to reduce salt	
V902	h20c	advised to eat fruit/veg	
V903	h20d	advised to reduce fat	
V904	h20e	advised to do pa	
V905	h20f	advised to lose weight	
V906	cx1	cerv cancer screening	
V907	x25	dentist visit past 6 mos	

ID	Name	Label	Question
V908	x26	state of teeth	
V909	x27	state of gums	
V910	m1	interviewer ID	
V911	m2	BP device ID	
V912	m3	cuff size	
V913	m4a	BP reading 1: systolic	
V914	m4b	BP reading 1: diastolic	
V915	m5a	BP reading 2: systolic	
V916	m5b	BP reading 2: diastolic	
V917	m6a	BP reading 3: systolic	
V918	m6b	BP reading 3: diastolic	
V919	m7	took raised BP meds in past 2 weeks	
V920	m8	pregnant	
V921	m9	interviewer ID	
V922	m10a	height device ID	
V923	m10b	weight device ID	
V924	m11	height (cm)	
V925	m12	weight (kg)	
V926	m13	waist circ device ID	
V927	m14	waist circumference (cm)	
V928	m15	hip circumference (cm)	
V929	m16a	heart rate reading 1	
V930	m16b	heart rate reading 2	
V931	m16c	heart rate reading 3	
V932	b1	fasting for past 12 hrs	
V933	b2	blood measures technician ID	
V934	b3	gluc device ID	
V935	b4a	time blood sample taken (hours)	
V936	b4b	time blood sample taken (minutes)	
V937	b5	fasting blood glucose (mmol/l)	
V938	b6	took insulin today	
V939	b7	chol device ID	
V940	b8	total cholesterol (mmol/l)	
V941	b9	chol meds taken in past 2 weeks	
V942	b10	fasting prior to urine collection	
V943	b13a	time urine sample taken (hours)	
V944	b13b	time urine sample taken (minutes)	
V945	b17	HDL cholesterol (mmol/l)	
V946	b18	haemoglobin (mmol/l)	
V947	wstep1	final analysis weight for step 1 variables (interview)	
V948	wstep2	final analysis weight for step 2 variables (physical measures)	
V949	wstep3	final analysis weight for step 3 variables (biochemical measures)	
V950	agerange	ageranges for which survey was designed	
V951	psu	psu	
V952	stratum	stratum	

total: 217



**PID: pid****Data file: NRU2015****Overview**

Valid: 1387 Invalid: 0 Minimum: 11 Maximum: 151859 Mean: 61914.298 Standard deviation: 64598.618  
 Type: Continuous Decimal: 0 Width: 10 Range: 11 - 151859 Format: Numeric

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**I6: interview language****Data file: NRU2015****Overview**

Valid: 1387 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 24 Range: 1 - 3 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	English	222	16%
2	Nauruan	191	13.8%
3	Both (English & Nauruan)	974	70.2%

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**SEX: sex****Data file: NRU2015****Overview**

Valid: 1387 Invalid: 0  
 Type: Discrete Width: 5 Range: - Format: character

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
Men		652	47%
Women		735	53%

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**AGE: age for analysis****Data file: NRU2015****Overview**

Valid: 1387 Invalid: 0 Minimum: 18 Maximum: 69 Mean: 35.724 Standard deviation: 12.623  
 Type: Continuous Decimal: 0 Width: 10 Range: 18 - 69 Format: Numeric

## C4: yrs of education

Data file: NRU2015

### Overview

Valid: 1386 Invalid: 1  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		2	0.1%
1		4	0.3%
2		6	0.4%
3		8	0.6%
5		15	1.1%
6		33	2.4%
7		68	4.9%
8		95	6.9%
9		175	12.6%
10		302	21.8%
11		265	19.1%
12		221	15.9%
13		71	5.1%
14		26	1.9%
15		23	1.7%
16		20	1.4%
17		16	1.2%
18		12	0.9%
19		3	0.2%
20		2	0.1%
21		2	0.1%
22		2	0.1%
23		2	0.1%
28		1	0.1%
30		4	0.3%
77	Don't know	8	0.6%
Sysmiss		1	

## C5: highest level of education

Data file: NRU2015

### Overview

Valid: 1386 Invalid: 1  
 Type: Discrete Decimal: 0 Width: 28 Range: 1 - 88 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	No formal schooling	7	0.5%
2	Less than primary school	31	2.2%
3	Primary school completed	435	31.4%
4	Secondary school completed	829	59.8%
6	College/University completed	77	5.6%
7	Post graduate degree	7	0.5%
88	Refused	0	0%
Sysmiss		1	

## C6: ethnic group

Data file: NRU2015

### Overview

Valid: 1386 Invalid: 1  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Nauruans	1320	95.2%
2	Others	66	4.8%
88	Refused	0	0%
Sysmiss		1	

## C7: marital status

Data file: NRU2015

## Overview

Valid: 1386 Invalid: 1  
 Type: Discrete Decimal: 0 Width: 21 Range: 1 - 88 Format: Numeric

## Questions and instructions

### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Never married	375	27.1%
2	Currently married	738	53.2%
3	Separated	40	2.9%
4	Divorced	21	1.5%
5	Widowed	76	5.5%
6	Cohabitating/De-facto	136	9.8%
88	Refused	0	0%
Sysmiss		1	

## C8: work status

Data file: NRU2015

## Overview

Valid: 1386 Invalid: 1  
 Type: Discrete Decimal: 0 Width: 27 Range: 1 - 88 Format: Numeric

## Questions and instructions

### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Government employee	471	34%
2	Non-government employee	533	38.5%
3	Self-employed	38	2.7%
4	Non-paid/volunteer	4	0.3%
5	Student	7	0.5%
6	Homemaker	51	3.7%
7	Retired	30	2.2%
8	Unemployed (able to work)	208	15%
9	Unemployed (unable to work)	44	3.2%
88	Refused	0	0%
Sysmiss		1	

**C9: adults older than 18yrs in household****Data file: NRU2015****Overview**

Valid: 1386 Invalid: 1  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1		25	1.8%
2		180	13%
3		147	10.6%
4		209	15.1%
5		194	14%
6		166	12%
7		153	11%
8		92	6.6%
9		69	5%
10		52	3.8%
11		29	2.1%
12		21	1.5%
13		13	0.9%
14		5	0.4%
15		9	0.6%
16		2	0.1%
17		1	0.1%
18		4	0.3%
20		3	0.2%
22		1	0.1%
30		2	0.1%
77	Don't know	8	0.6%
88	Refused	1	0.1%
Sysmiss		1	

**C10A: average earnings of household per week****Data file: NRU2015**

## Overview

Valid: 751 Invalid: 636 Minimum: 0 Maximum: 5000 Mean: 586.842 Standard deviation: 585.574  
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 5000 Format: Numeric

---

## C10B: average earnings of household per month

**Data file:** NRU2015

### Overview

Valid: 340 Invalid: 1047 Minimum: 0 Maximum: 45000 Mean: 1888.003 Standard deviation: 2727.313  
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 45000 Format: Numeric

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## C10C: average earnings of household per year

**Data file:** NRU2015

### Overview

Valid: 29 Invalid: 1358 Minimum: 2000 Maximum: 80000 Mean: 23019.241 Standard deviation: 23214.955  
 Type: Continuous Decimal: 0 Width: 10 Range: 2000 - 80000 Format: Numeric

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## C10D: average earnings refused to disclose

**Data file:** NRU2015

### Overview

Valid: 1376 Invalid: 11  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 1 Format: Numeric

### Questions and instructions

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#### CATEGORIES

Value	Category	Cases	
0	Disclosed	1120	81.4%
1	Refused	256	18.6%
Sysmiss		11	

---

## C11: estimated household income (range)

**Data file:** NRU2015

### Overview

Valid: 266 Invalid: 1121  
 Type: Discrete Decimal: 0 Width: 31 Range: 1 - 88 Format: Numeric

## Questions and instructions

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CATEGORIES

Value	Category	Cases	
1	<= Quintile 10,000	42	15.8%
2	More than 10,001, <=Q 20,000	27	10.2%
3	More than Q 20,001, <=Q 30,000	6	2.3%
4	More than Q 30,001, <= Q 50,000	2	0.8%
5	More than Q 50,001	0	0%
77	Don't Know	183	68.8%
88	Refused	6	2.3%
Sysmiss		1121	

---

## T1: current smoking

Data file: NRU2015

### Overview

Valid: 1386 Invalid: 1  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

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CATEGORIES

Value	Category	Cases	
1	Yes	644	46.5%
2	No	742	53.5%
Sysmiss		1	

---

## T2: current daily smoking

Data file: NRU2015

### Overview

Valid: 644 Invalid: 743  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

CATEGORIES

Value	Category	Cases	
1	Yes	567	88%

2	No	77	12%
Sysmiss		743	

### T3: age started smoking

Data file: NRU2015

#### Overview

Valid: 644 Invalid: 743  
 Type: Discrete Decimal: 0 Width: 10 Range: 8 - 77 Format: Numeric

#### Questions and instructions

##### CATEGORIES

Value	Category	Cases	
8		7	1.1%
9		11	1.7%
10		10	1.6%
11		19	3%
12		35	5.4%
13		59	9.2%
14		64	9.9%
15		74	11.5%
16		77	12%
17		56	8.7%
18		73	11.3%
19		33	5.1%
20		25	3.9%
21		27	4.2%
22		10	1.6%
23		6	0.9%
24		8	1.2%
25		13	2%
26		2	0.3%
27		4	0.6%
28		3	0.5%
29		1	0.2%
30		4	0.6%
32		1	0.2%
35		2	0.3%

37		1	0.2%
47		1	0.2%
52		1	0.2%
69		3	0.5%
77	Don't know	14	2.2%
Sysmiss		743	

## T4A: time since started smoking (years)

Data file: NRU2015

### Overview

Valid: 17 Invalid: 1370  
 Type: Discrete Decimal: 0 Width: 10 Range: 20 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
20		1	5.9%
61		2	11.8%
77	Don't know	14	82.4%
Sysmiss		1370	

## T4B: time since started smoking (months)

Data file: NRU2015

### Overview

Valid: 16 Invalid: 1371  
 Type: Discrete Decimal: 0 Width: 10 Range: 11 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
11		2	12.5%
77	Don't know	14	87.5%
Sysmiss		1371	

**T4C: time since started smoking (weeks)****Data file:** NRU2015**Overview**

Valid: 16    Invalid: 1371  
 Type: Discrete    Decimal: 0    Width: 10    Range: 30 - 77    Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
30		2	12.5%
77	Don't know	14	87.5%
Sysmiss		1371	

**T5A: manufactured cigs smoked per day****Data file:** NRU2015**Overview**

Valid: 567    Invalid: 820  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 77    Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
0		21	3.7%
1		24	4.2%
2		14	2.5%
3		18	3.2%
4		10	1.8%
5		21	3.7%
6		22	3.9%
7		14	2.5%
8		10	1.8%
9		3	0.5%
10		75	13.2%
12		12	2.1%
13		2	0.4%
15		18	3.2%
16		3	0.5%

17		2	0.4%
20		198	34.9%
24		6	1.1%
25		14	2.5%
28		1	0.2%
30		6	1.1%
35		2	0.4%
40		40	7.1%
48		1	0.2%
50		16	2.8%
77	Don't know	14	2.5%
Sysmiss		820	

## T5AW: manufactured cigs smoked per week

Data file: NRU2015

### Overview

Valid: 103 Invalid: 1284  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		12	11.7%
1		10	9.7%
2		7	6.8%
3		6	5.8%
4		7	6.8%
5		8	7.8%
6		2	1.9%
7		5	4.9%
8		2	1.9%
10		6	5.8%
11		1	1%
13		2	1.9%
20		10	9.7%
21		1	1%
25		1	1%

40		2	1.9%
60		1	1%
80		2	1.9%
350		5	4.9%
777	Don't know	13	12.6%
Sysmiss		1284	

## T5B: hand-rolled cigs smoked per day

Data file: NRU2015

### Overview

Valid: 567 Invalid: 820  
Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		514	90.7%
1		12	2.1%
2		6	1.1%
3		4	0.7%
4		5	0.9%
5		2	0.4%
6		1	0.2%
7		2	0.4%
10		2	0.4%
15		2	0.4%
20		8	1.4%
25		1	0.2%
40		2	0.4%
50		2	0.4%
77	Don't know	4	0.7%
Sysmiss		820	

## T5BW: hand-rolled cigs smoked per week

Data file: NRU2015

## Overview

Valid: 339 Invalid: 1048  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		322	95%
1		6	1.8%
2		3	0.9%
3		1	0.3%
8		1	0.3%
10		1	0.3%
28		1	0.3%
350		1	0.3%
777	Don't know	3	0.9%
Sysmiss		1048	

## T5C: pipes smoked per day

Data file: NRU2015

## Overview

Valid: 567 Invalid: 820 Minimum: 0 Maximum: 50 Mean: 0.132 Standard deviation: 2.266  
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 50 Format: Numeric

## T5CW: pipes smoked per week

Data file: NRU2015

## Overview

Valid: 352 Invalid: 1035  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
0		349	99.1%
8		1	0.3%
350		1	0.3%
777	Don't know	1	0.3%

Sysmiss		1035	
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## T5D: cigars smoked per day

Data file: NRU2015

### Overview

Valid: 567 Invalid: 820  
Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		565	99.6%
1		1	0.2%
77	Don't know	1	0.2%
Sysmiss		820	

## T5DW: cigars smoked per week

Data file: NRU2015

### Overview

Valid: 353 Invalid: 1034  
Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		351	99.4%
40		1	0.3%
777	Don't know	1	0.3%
Sysmiss		1034	

## T5E: shisha sessions per day

Data file: NRU2015

### Overview

Valid: 567 Invalid: 820 Minimum: 0 Maximum: 50 Mean: 0.111 Standard deviation: 2.142  
Type: Continuous Decimal: 0 Width: 10 Range: 0 - 50 Format: Numeric

## T5EW: shisha sessions per week

Data file: NRU2015

### Overview

Valid: 350 Invalid: 1037  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		348	99.4%
20		1	0.3%
777	Don't know	1	0.3%
Sysmiss		1037	

## T5F: other smoked per day

Data file: NRU2015

### Overview

Valid: 567 Invalid: 820  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		515	90.8%
1		10	1.8%
2		4	0.7%
3		1	0.2%
4		4	0.7%
5		2	0.4%
10		4	0.7%
12		1	0.2%
15		1	0.2%
17		1	0.2%
20		9	1.6%
25		1	0.2%

30		1	0.2%
50		7	1.2%
77	Don't know	6	1.1%
Sysmiss		820	

## T5FW: other smoked per week

Data file: NRU2015

### Overview

Valid: 332 Invalid: 1055  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		287	86.4%
1		8	2.4%
3		1	0.3%
5		1	0.3%
7		1	0.3%
10		3	0.9%
14		1	0.3%
15		1	0.3%
20		4	1.2%
21		1	0.3%
24		1	0.3%
25		1	0.3%
30		1	0.3%
40		2	0.6%
50		1	0.3%
56		1	0.3%
70		2	0.6%
100		1	0.3%
140		2	0.6%
350		3	0.9%
777	Don't know	9	2.7%
Sysmiss		1055	

**T5OTHER: specify other product smoked****Data file: NRU2015****Overview**

Valid: 1387 Invalid: 0  
 Type: Discrete Width: 20 Range: - Format: character

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
.		1315	94.8%
ALPIME		1	0.1%
ALPIN#		1	0.1%
ALPINE		12	0.9%
CIGARETTES		1	0.1%
DERAUWERA		1	0.1%
MARIJUANA		2	0.1%
METHOD		1	0.1%
NIL		3	0.2%
NONE		7	0.5%
NONEE		1	0.1%
PANDANUS DRIED LEAF		1	0.1%
alpiine		1	0.1%
alpine		7	0.5%
fliter		1	0.1%
manufactured		1	0.1%
manufactured cigaret		1	0.1%
manufactured smoke		11	0.8%
n0ne		1	0.1%
no		1	0.1%
none		15	1.1%
nonne		1	0.1%
peter jackson		1	0.1%

**T6: stop smoking attempt in past 12 mos****Data file: NRU2015****Overview**

Valid: 644 Invalid: 743  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Yes	463	71.9%
2	No	181	28.1%
Sysmiss		743	

---

## T7: advised by MD to stop smoking

Data file: NRU2015

### Overview

Valid: 644 Invalid: 743  
 Type: Discrete Decimal: 0 Width: 23 Range: 1 - 3 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Yes	237	36.8%
2	No	260	40.4%
3	No visit in past 12 mos	147	22.8%
Sysmiss		743	

---

## T8: past smoking

Data file: NRU2015

### Overview

Valid: 742 Invalid: 645  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Yes	244	32.9%
2	No	498	67.1%
Sysmiss		645	

---

**T9: past daily smoking****Data file:** NRU2015**Overview**

Valid: 321 Invalid: 1066  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	221	68.8%
2	No	100	31.2%
Sysmiss		1066	

**T10: age quit smoking****Data file:** NRU2015**Overview**

Valid: 243 Invalid: 1144  
 Type: Discrete Decimal: 0 Width: 10 Range: 8 - 77 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
8		1	0.4%
10		1	0.4%
11		1	0.4%
12		1	0.4%
13		3	1.2%
14		3	1.2%
15		9	3.7%
16		3	1.2%
17		8	3.3%
18		12	4.9%
19		9	3.7%
20		13	5.3%
21		5	2.1%
22		8	3.3%
23		7	2.9%

24		10	4.1%
25		13	5.3%
26		3	1.2%
27		4	1.6%
28		7	2.9%
29		5	2.1%
30		16	6.6%
31		6	2.5%
32		3	1.2%
33		4	1.6%
34		4	1.6%
35		5	2.1%
36		2	0.8%
37		2	0.8%
38		1	0.4%
39		3	1.2%
40		8	3.3%
41		2	0.8%
42		2	0.8%
43		1	0.4%
44		3	1.2%
45		2	0.8%
46		1	0.4%
47		4	1.6%
48		5	2.1%
49		3	1.2%
50		5	2.1%
52		1	0.4%
53		2	0.8%
54		3	1.2%
55		1	0.4%
57		3	1.2%
59		1	0.4%
60		1	0.4%
69		5	2.1%
77	Don't know	18	7.4%
Sysmiss		1144	

**T11A: time since quitting smoking (years)****Data file:** NRU2015**Overview**

Valid: 21 Invalid: 1366  
 Type: Discrete Decimal: 0 Width: 10 Range: 3 - 77 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
3		1	4.8%
4		2	9.5%
8		1	4.8%
10		2	9.5%
17		1	4.8%
20		1	4.8%
52		1	4.8%
77	Don't know	12	57.1%
Sysmiss		1366	

**T11B: time since quitting smoking (months)****Data file:** NRU2015**Overview**

Valid: 14 Invalid: 1373  
 Type: Discrete Decimal: 0 Width: 10 Range: 4 - 77 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
4		2	14.3%
77	Don't know	12	85.7%
Sysmiss		1373	

**T11C: time since quitting smoking (days)****Data file:** NRU2015**Overview**

Valid: 12 Invalid: 1375

Type: Discrete    Decimal: 0    Width: 10    Range: 77 - 77    Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
77	Don't know	12	100%
Sysmiss		1375	

---

## T12: current smokeless tobacco use

**Data file:** NRU2015

### Overview

Valid: 1385    Invalid: 2  
Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Yes	1	0.1%
2	No	1384	99.9%
Sysmiss		2	

---

## T13: current daily smokeless tobacco use

**Data file:** NRU2015

### Overview

Valid: 1    Invalid: 1386  
Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Yes	1	100%
2	No	0	0%
Sysmiss		1386	

---

**T14A: Snuff, by mouth times per day****Data file:** NRU2015**Overview**

Valid: 1 Invalid: 1386  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 0 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		1	100%
Sysmiss		1386	

**T14AW: Snuff, by mouth times per week****Data file:** NRU2015**Overview**

Valid: 0 Invalid: 1387  
 Type: Discrete Decimal: 0 Width: 10 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**T14B: Snuff, by nose times per day****Data file:** NRU2015**Overview**

Valid: 1 Invalid: 1386  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 0 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		1	100%
Sysmiss		1386	

**T14BW: Snuff, by nose times per week****Data file:** NRU2015**Overview**

Valid: 0 Invalid: 1387  
 Type: Discrete Decimal: 0 Width: 10 Range: - Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>
Sysmiss	

**T14C: Chewing tobacco times per day****Data file:** NRU2015**Overview**

Valid: 1 Invalid: 1386  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 0 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
0		1	100%
Sysmiss		1386	

**T14CW: Chewing tobacco times per week****Data file:** NRU2015**Overview**

Valid: 0 Invalid: 1387  
 Type: Discrete Decimal: 0 Width: 10 Range: - Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>
Sysmiss	

**T14D: Betel, quid times per day****Data file:** NRU2015**Overview**

Valid: 1 Invalid: 1386  
 Type: Discrete Decimal: 0 Width: 10 Range: 4 - 4 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
4		1	100%
Sysmiss		1386	

**T14DW: Betel, quid times per week****Data file:** NRU2015**Overview**

Valid: 0 Invalid: 1387  
 Type: Discrete Decimal: 0 Width: 10 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**T14E: other smokeless product per day****Data file:** NRU2015**Overview**

Valid: 1 Invalid: 1386  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 0 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
0		1	100%
Sysmiss		1386	

**T14EW: other smokeless product per week****Data file:** NRU2015**Overview**

Valid: 1    Invalid: 1386  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 0    Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
0		1	100%
Sysmiss		1386	

**T14OTHER: specify other smokeless product used****Data file:** NRU2015**Overview**

Valid: 0    Invalid: 1387  
 Type: Discrete    Decimal: 0    Width: 10    Range: -    Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>
Sysmiss	

**T15: past smokeless use****Data file:** NRU2015**Overview**

Valid: 1384    Invalid: 3  
 Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	31	2.2%
2	No	1353	97.8%
Sysmiss		3	

## T16: past daily smokeless use

**Data file:** NRU2015

### Overview

Valid: 31 Invalid: 1356  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	16	51.6%
2	No	15	48.4%
Sysmiss		1356	

## T17: exposed to smoke in home

**Data file:** NRU2015

### Overview

Valid: 1385 Invalid: 2  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	754	54.4%
2	No	631	45.6%
Sysmiss		2	

## T18: exposed to smoke at work

**Data file:** NRU2015

### Overview

Valid: 1385 Invalid: 2  
 Type: Discrete Decimal: 0 Width: 25 Range: 1 - 3 Format: Numeric

### Questions and instructions

#### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	298	21.5%
2	No	796	57.5%
3	Don't work in closed area	291	21%
Sysmiss		2	

---

**A1: ever drank alcohol****Data file:** NRU2015**Overview**

Valid: 1385 Invalid: 2  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	951	68.7%
2	No	434	31.3%
Sysmiss		2	

---

**A2: drank alcohol in past 12 mos****Data file:** NRU2015**Overview**

Valid: 951 Invalid: 436  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	616	64.8%
2	No	335	35.2%
Sysmiss		436	

---

**A3: stopped drinking due to health reasons****Data file:** NRU2015

## Overview

Valid: 335 Invalid: 1052  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	64	19.1%
2	No	271	80.9%
Sysmiss		1052	

## A4: freq drinking in past 12 mos

Data file: NRU2015

## Overview

Valid: 616 Invalid: 771  
 Type: Discrete Decimal: 0 Width: 22 Range: 1 - 88 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Daily	8	1.3%
2	5-6 days per week	18	2.9%
3	3-4 days per week	43	7%
4	1-2 days per week	147	23.9%
5	1-3 days per month	132	21.4%
6	Less than once a month	264	42.9%
88	Refused	4	0.6%
Sysmiss		771	

## A5: drank alcohol in past 30 days

Data file: NRU2015

## Overview

Valid: 616 Invalid: 771  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Yes	378	61.4%
2	No	238	38.6%
Sysmiss		771	

---

## A6: number drinking occasions past 30 days

Data file: NRU2015

### Overview

Valid: 378 Invalid: 1009  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1		119	31.5%
2		62	16.4%
3		58	15.3%
4		34	9%
5		13	3.4%
6		16	4.2%
7		10	2.6%
8		15	4%
9		1	0.3%
10		3	0.8%
12		16	4.2%
14		1	0.3%
16		1	0.3%
18		1	0.3%
20		1	0.3%
21		1	0.3%
24		6	1.6%
30		3	0.8%
36		1	0.3%
50		11	2.9%

77	Don't know	5	1.3%
Sysmiss		1009	

## A7: average number drinks per occasion past 30 days

Data file: NRU2015

### Overview

Valid: 378 Invalid: 1009  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		20	5.3%
2		13	3.4%
3		17	4.5%
4		11	2.9%
5		12	3.2%
6		42	11.1%
7		11	2.9%
8		17	4.5%
9		2	0.5%
10		23	6.1%
11		3	0.8%
12		69	18.3%
13		1	0.3%
14		2	0.5%
15		13	3.4%
16		5	1.3%
17		1	0.3%
18		5	1.3%
20		14	3.7%
24		31	8.2%
25		5	1.3%
26		1	0.3%
27		2	0.5%
28		1	0.3%
30		7	1.9%

35		1	0.3%
36		1	0.3%
42		1	0.3%
48		4	1.1%
50		16	4.2%
77	Don't know	27	7.1%
Sysmiss		1009	

## A8: largest number drinks past 30 days

Data file: NRU2015

### Overview

Valid: 378 Invalid: 1009  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		16	4.2%
2		18	4.8%
3		11	2.9%
4		11	2.9%
5		5	1.3%
6		33	8.7%
7		9	2.4%
8		11	2.9%
9		1	0.3%
10		21	5.6%
11		3	0.8%
12		44	11.6%
14		2	0.5%
15		15	4%
16		7	1.9%
17		2	0.5%
18		7	1.9%
19		2	0.5%
20		21	5.6%
21		1	0.3%

24		55	14.6%
25		4	1.1%
26		2	0.5%
27		1	0.3%
30		7	1.9%
34		1	0.3%
35		1	0.3%
36		4	1.1%
40		4	1.1%
42		1	0.3%
48		6	1.6%
50		21	5.6%
77	Don't know	31	8.2%
Sysmiss		1009	

## A9: times drank 6+ drinks in single occasion past 30 days

Data file: NRU2015

### Overview

Valid: 378 Invalid: 1009  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		31	8.2%
1		77	20.4%
2		59	15.6%
3		46	12.2%
4		33	8.7%
5		13	3.4%
6		21	5.6%
7		6	1.6%
8		16	4.2%
9		2	0.5%
10		6	1.6%
12		16	4.2%
15		2	0.5%

16		1	0.3%
20		1	0.3%
24		7	1.9%
26		1	0.3%
30		3	0.8%
36		1	0.3%
40		1	0.3%
48		1	0.3%
50		15	4%
77	Don't know	19	5%
Sysmiss		1009	

## A10A: number of drinks consumed last Monday

Data file: NRU2015

### Overview

Valid: 378 Invalid: 1009  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		291	77%
1		5	1.3%
2		2	0.5%
3		2	0.5%
4		3	0.8%
5		1	0.3%
6		6	1.6%
7		1	0.3%
8		3	0.8%
9		2	0.5%
10		3	0.8%
12		9	2.4%
14		1	0.3%
15		3	0.8%
24		3	0.8%
30		1	0.3%

50		14	3.7%
77	Don't know	28	7.4%
Sysmiss		1009	

## A10B: number of drinks consumed last Tuesday

Data file: NRU2015

### Overview

Valid: 378 Invalid: 1009  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		311	82.3%
1		5	1.3%
3		1	0.3%
4		1	0.3%
5		1	0.3%
6		3	0.8%
7		2	0.5%
9		1	0.3%
10		1	0.3%
12		9	2.4%
18		1	0.3%
24		2	0.5%
28		1	0.3%
50		13	3.4%
77	Don't know	26	6.9%
Sysmiss		1009	

## A10C: number of drinks consumed last Wednesday

Data file: NRU2015

### Overview

Valid: 378 Invalid: 1009  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
0		304	80.4%
1		3	0.8%
2		2	0.5%
3		2	0.5%
4		3	0.8%
5		1	0.3%
6		7	1.9%
7		2	0.5%
8		1	0.3%
12		7	1.9%
15		1	0.3%
16		2	0.5%
18		1	0.3%
24		2	0.5%
26		1	0.3%
36		1	0.3%
50		14	3.7%
77	Don't know	24	6.3%
Sysmiss		1009	

---

### A10D: number of drinks consumed last Thursday

Data file: NRU2015

#### Overview

Valid: 378 Invalid: 1009  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
0		294	77.8%
1		3	0.8%
2		1	0.3%
3		2	0.5%

4		3	0.8%
5		1	0.3%
6		8	2.1%
7		1	0.3%
8		2	0.5%
10		1	0.3%
12		8	2.1%
14		1	0.3%
16		1	0.3%
18		3	0.8%
20		1	0.3%
21		1	0.3%
24		2	0.5%
27		1	0.3%
48		1	0.3%
50		16	4.2%
77	Don't know	27	7.1%
Sysmiss		1009	

## A10E: number of drinks consumed last Friday

Data file: NRU2015

### Overview

Valid: 378 Invalid: 1009  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		223	59%
1		6	1.6%
2		5	1.3%
3		6	1.6%
4		4	1.1%
5		3	0.8%
6		17	4.5%
7		2	0.5%
8		2	0.5%

10		6	1.6%
12		24	6.3%
14		1	0.3%
15		4	1.1%
16		1	0.3%
18		2	0.5%
20		5	1.3%
22		2	0.5%
24		15	4%
25		1	0.3%
28		1	0.3%
30		5	1.3%
36		1	0.3%
48		2	0.5%
50		15	4%
77	Don't know	25	6.6%
Sysmiss		1009	

## A10F: number of drinks consumed last Saturday

Data file: NRU2015

### Overview

Valid: 378 Invalid: 1009  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		208	55%
1		5	1.3%
2		6	1.6%
3		6	1.6%
4		1	0.3%
5		1	0.3%
6		13	3.4%
7		1	0.3%
8		5	1.3%
10		7	1.9%

12		31	8.2%
14		2	0.5%
16		4	1.1%
17		1	0.3%
18		5	1.3%
20		6	1.6%
24		17	4.5%
25		2	0.5%
28		1	0.3%
30		4	1.1%
38		1	0.3%
48		2	0.5%
50		19	5%
77	Don't know	30	7.9%
Sysmiss		1009	

## A10G: number of drinks consumed last Sunday

Data file: NRU2015

### Overview

Valid: 378 Invalid: 1009  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		272	72%
1		4	1.1%
2		4	1.1%
3		2	0.5%
4		1	0.3%
5		2	0.5%
6		11	2.9%
10		3	0.8%
12		15	4%
15		1	0.3%
16		2	0.5%
20		3	0.8%

24		10	2.6%
25		2	0.5%
50		17	4.5%
77	Don't know	29	7.7%
Sysmiss		1009	

---

**A11: drank undeclared alcohol in past 7 days****Data file:** NRU2015**Overview**

Valid: 378    Invalid: 1009  
 Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

**Questions and instructions****CATEGORIES**

Value	Category	Cases	
1	Yes	7	1.9%
2	No	371	98.1%
Sysmiss		1009	

---

**A12A: number of homebrewed spirits in past 7 days****Data file:** NRU2015**Overview**

Valid: 7    Invalid: 1380  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 77    Format: Numeric

**Questions and instructions****CATEGORIES**

Value	Category	Cases	
0		3	42.9%
1		2	28.6%
2		1	14.3%
77	Don't know	1	14.3%
Sysmiss		1380	

---

**A12B: number of homebrewed beer or wine in past 7 days****Data file:** NRU2015**Overview**

Valid: 7    Invalid: 1380  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 77    Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
0		1	14.3%
1		1	14.3%
5		1	14.3%
6		1	14.3%
20		1	14.3%
77	Don't know	2	28.6%
Sysmiss		1380	

**A12D: number of drinks of alcohol not intended for consumption in past 7 days****Data file:** NRU2015**Overview**

Valid: 7    Invalid: 1380  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 77    Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
0		3	42.9%
1		1	14.3%
77	Don't know	3	42.9%
Sysmiss		1380	

**A12E: number of drinks of other untaxed alcohol in past 7 days****Data file:** NRU2015**Overview**

Valid: 7    Invalid: 1380  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 77    Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
0		3	42.9%
1		1	14.3%
77	Don't know	3	42.9%
Sysmiss		1380	

---

## A12C: number of drinks from over the border in past 7 days

Data file: NRU2015

### Overview

Valid: 7    Invalid: 1380  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 77    Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
0		1	14.3%
1		4	57.1%
77	Don't know	2	28.6%
Sysmiss		1380	

---

## A13: unable to stop drinking in past 12 mos

Data file: NRU2015

### Overview

Valid: 616    Invalid: 771  
 Type: Discrete    Decimal: 0    Width: 21    Range: 1 - 5    Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Daily or almost daily	32	5.2%
2	Weekly	52	8.4%
3	Monthly	48	7.8%
4	Less than monthly	125	20.3%

5	Never	359	58.3%
Sysmiss		771	

---

**A14: failed to do what was expected due to drinking in past 12 mos****Data file:** NRU2015**Overview**

Valid: 616 Invalid: 771  
 Type: Discrete Decimal: 0 Width: 21 Range: 1 - 5 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Daily or almost daily	25	4.1%
2	Weekly	48	7.8%
3	Monthly	48	7.8%
4	Less than monthly	164	26.6%
5	Never	331	53.7%
Sysmiss		771	

---

**A15: needing drink first thin in morning in past 12 mos****Data file:** NRU2015**Overview**

Valid: 616 Invalid: 771  
 Type: Discrete Decimal: 0 Width: 21 Range: 1 - 5 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1	Daily or almost daily	19	3.1%
2	Weekly	32	5.2%
3	Monthly	19	3.1%
4	Less than monthly	65	10.6%
5	Never	481	78.1%
Sysmiss		771	

---

**A16: family problems with alcohol in past 12 mos****Data file:** NRU2015**Overview**

Valid: 1385 Invalid: 2  
 Type: Discrete Decimal: 0 Width: 40 Range: 1 - 5 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes, more than monthly	21	1.5%
2	Yes, monthly	30	2.2%
3	Yes, several times but less than monthly	86	6.2%
4	Yes, once or twice	239	17.3%
5	No	1009	72.9%
Sysmiss		2	

**X22: last time cerv cancer screening****Data file:** NRU2015**Overview**

Valid: 395 Invalid: 992  
 Type: Discrete Decimal: 0 Width: 21 Range: 1 - 4 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Within last year	116	29.4%
2	Within last two years	60	15.2%
3	Longer than two years	182	46.1%
4	Can't remember	37	9.4%
Sysmiss		992	

**X23: know how to do self-breast exam****Data file:** NRU2015**Overview**

Valid: 732 Invalid: 655  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 3 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Yes	251	34.3%
2	No	447	61.1%
3	Unsure	34	4.6%
Sysmiss		655	

---

## X24: perform self-breast exam monthly

Data file: NRU2015

### Overview

Valid: 251 Invalid: 1136  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 4 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Yes	90	35.9%
2	No	52	20.7%
3	Sometimes	101	40.2%
4	Unsure	8	3.2%
Sysmiss		1136	

---

## X28: past 4 weeks: feel tired for no good reason

Data file: NRU2015

### Overview

Valid: 1382 Invalid: 5  
 Type: Discrete Decimal: 0 Width: 20 Range: 1 - 5 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	None of the time	543	39.3%
2	A little of the time	222	16.1%
3	Some of the time	470	34%

4	Most of the time	112	8.1%
5	All of the time	35	2.5%
Sysmiss		5	

---

**X29: past 4 weeks: feel nervous****Data file:** NRU2015**Overview**

Valid: 1382 Invalid: 5  
 Type: Discrete Decimal: 0 Width: 20 Range: 1 - 5 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	None of the time	835	60.4%
2	A little of the time	200	14.5%
3	Some of the time	297	21.5%
4	Most of the time	37	2.7%
5	All of the time	13	0.9%
Sysmiss		5	

---

**X30: past 4 weeks: feel nervous that nothing could calm you down****Data file:** NRU2015**Overview**

Valid: 1382 Invalid: 5  
 Type: Discrete Decimal: 0 Width: 20 Range: 1 - 5 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	None of the time	1106	80%
2	A little of the time	115	8.3%
3	Some of the time	141	10.2%
4	Most of the time	17	1.2%
5	All of the time	3	0.2%
Sysmiss		5	

**X31: past 4 weeks: feel hopeless****Data file:** NRU2015**Overview**

Valid: 1382 Invalid: 5  
 Type: Discrete Decimal: 0 Width: 20 Range: 1 - 5 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	None of the time	763	55.2%
2	A little of the time	212	15.3%
3	Some of the time	330	23.9%
4	Most of the time	61	4.4%
5	All of the time	16	1.2%
Sysmiss		5	

**X32: past 4 weeks: feel restless/ fidgety****Data file:** NRU2015**Overview**

Valid: 1382 Invalid: 5  
 Type: Discrete Decimal: 0 Width: 20 Range: 1 - 5 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	None of the time	637	46.1%
2	A little of the time	192	13.9%
3	Some of the time	430	31.1%
4	Most of the time	93	6.7%
5	All of the time	30	2.2%
Sysmiss		5	

**X33: past 4 weeks: feel restless that could not sit still****Data file:** NRU2015

## Overview

Valid: 1382 Invalid: 5  
 Type: Discrete Decimal: 0 Width: 20 Range: 1 - 5 Format: Numeric

## Questions and instructions

CATEGORIES

Value	Category	Cases	
1	None of the time	802	58%
2	A little of the time	171	12.4%
3	Some of the time	322	23.3%
4	Most of the time	67	4.8%
5	All of the time	20	1.4%
Sysmiss		5	

## X34: past 4 weeks: feel depressed

Data file: NRU2015

## Overview

Valid: 1382 Invalid: 5  
 Type: Discrete Decimal: 0 Width: 20 Range: 1 - 5 Format: Numeric

## Questions and instructions

CATEGORIES

Value	Category	Cases	
1	None of the time	661	47.8%
2	A little of the time	236	17.1%
3	Some of the time	374	27.1%
4	Most of the time	71	5.1%
5	All of the time	40	2.9%
Sysmiss		5	

## X35: past 4 weeks: feel everything was an effort

Data file: NRU2015

## Overview

Valid: 1382 Invalid: 5  
 Type: Discrete Decimal: 0 Width: 20 Range: 1 - 5 Format: Numeric

## Questions and instructions

---

CATEGORIES

Value	Category	Cases	
1	None of the time	509	36.8%
2	A little of the time	226	16.4%
3	Some of the time	452	32.7%
4	Most of the time	124	9%
5	All of the time	71	5.1%
Sysmiss		5	

---

## X36: past 4 weeks: feel so sad that nothing could cheer you up

**Data file:** NRU2015

### Overview

Valid: 1382 Invalid: 5  
 Type: Discrete Decimal: 0 Width: 20 Range: 1 - 5 Format: Numeric

## Questions and instructions

---

CATEGORIES

Value	Category	Cases	
1	None of the time	836	60.5%
2	A little of the time	181	13.1%
3	Some of the time	316	22.9%
4	Most of the time	40	2.9%
5	All of the time	9	0.7%
Sysmiss		5	

---

## X37: past 4 weeks: feel worthless

**Data file:** NRU2015

### Overview

Valid: 1382 Invalid: 5  
 Type: Discrete Decimal: 0 Width: 20 Range: 1 - 5 Format: Numeric

## Questions and instructions

---

CATEGORIES

Value	Category	Cases	

1	None of the time	824	59.6%
2	A little of the time	192	13.9%
3	Some of the time	300	21.7%
4	Most of the time	43	3.1%
5	All of the time	23	1.7%
Sysmiss		5	

## D1: days fruit eaten per week

Data file: NRU2015

### Overview

Valid: 1385 Invalid: 2  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		491	35.5%
1		288	20.8%
2		210	15.2%
3		138	10%
4		70	5.1%
5		44	3.2%
6		12	0.9%
7		114	8.2%
77	Don't know	18	1.3%
Sysmiss		2	

## D2: servings fruit eaten per day

Data file: NRU2015

### Overview

Valid: 861 Invalid: 526  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	

1		469	54.5%
2		215	25%
3		110	12.8%
4		27	3.1%
5		14	1.6%
6		7	0.8%
7		6	0.7%
8		3	0.3%
10		3	0.3%
12		1	0.1%
20		3	0.3%
77	Don't know	3	0.3%
Sysmiss		526	

### D3: days veg eaten per week

Data file: NRU2015

#### Overview

Valid: 1385 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

#### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		424	30.6%
1		183	13.2%
2		187	13.5%
3		180	13%
4		81	5.8%
5		66	4.8%
6		14	1%
7		226	16.3%
77	Don't know	24	1.7%
Sysmiss		2	

### D4: servings veg eaten per day

Data file: NRU2015

## Overview

Valid: 927 Invalid: 460  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1		553	59.7%
2		227	24.5%
3		82	8.8%
4		12	1.3%
5		12	1.3%
6		5	0.5%
7		10	1.1%
10		2	0.2%
11		1	0.1%
14		2	0.2%
20		10	1.1%
77	Don't know	11	1.2%
Sysmiss		460	

## D5: adding salt when eating

Data file: NRU2015

## Overview

Valid: 1385 Invalid: 2  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Always	653	47.1%
2	Often	87	6.3%
3	Sometimes	355	25.6%
4	Rarely	170	12.3%
5	Never	118	8.5%
77	Don't know	2	0.1%
Sysmiss		2	

## D6: adding salt when cooking

Data file: NRU2015

### Overview

Valid: 1385 Invalid: 2  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Always	796	57.5%
2	Often	89	6.4%
3	Sometimes	261	18.8%
4	Rarely	88	6.4%
5	Never	126	9.1%
77	Don't know	25	1.8%
Sysmiss		2	

## D7: eating processed foods high in salt

Data file: NRU2015

### Overview

Valid: 1385 Invalid: 2  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Always	309	22.3%
2	Often	149	10.8%
3	Sometimes	665	48%
4	Rarely	221	16%
5	Never	41	3%
77	Don't know	0	0%
Sysmiss		2	

**D8: how much salt consumed****Data file: NRU2015****Overview**

Valid: 1384 Invalid: 3  
 Type: Discrete Decimal: 0 Width: 21 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Far too much	179	12.9%
2	Too much	285	20.6%
3	Just the right amount	681	49.2%
4	Too little	127	9.2%
5	Far too little	63	4.6%
77	Don't know	49	3.5%
Sysmiss		3	

**D9: importance lowering salt****Data file: NRU2015****Overview**

Valid: 1384 Invalid: 3  
 Type: Discrete Decimal: 0 Width: 20 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Very important	907	65.5%
2	Somewhat important	184	13.3%
3	Not at all important	156	11.3%
77	Don't know	137	9.9%
Sysmiss		3	

**D10: can excess salt hurt health****Data file: NRU2015****Overview**

Valid: 1384 Invalid: 3

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 77    Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Yes	1144	82.7%
2	No	100	7.2%
77	Don't know	140	10.1%
Sysmiss		3	

---

## D11A: limit consumption of processed foods

**Data file: NRU2015**

### Overview

Valid: 1384    Invalid: 3

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Yes	741	53.5%
2	No	643	46.5%
Sysmiss		3	

---

## D11B: look at salt content on labels

**Data file: NRU2015**

### Overview

Valid: 1384    Invalid: 3

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Yes	292	21.1%
2	No	1092	78.9%
Sysmiss		3	

## D11C: buy low salt alternative

**Data file:** NRU2015

### Overview

Valid: 1384 Invalid: 3  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	338	24.4%
2	No	1046	75.6%
Sysmiss		3	

## D11D: use spices instead of salt

**Data file:** NRU2015

### Overview

Valid: 1384 Invalid: 3  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	603	43.6%
2	No	781	56.4%
Sysmiss		3	

## D11E: avoid eating out

**Data file:** NRU2015

### Overview

Valid: 1384 Invalid: 3  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	588	42.5%
2	No	796	57.5%
Sysmiss		3	

## D11F: do other things to control salt intake

Data file: NRU2015

### Overview

Valid: 1384 Invalid: 3  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	500	36.1%
2	No	884	63.9%
Sysmiss		3	

## D11OTHER: specify other ways to control salt intake

Data file: NRU2015

### Overview

Valid: 1387 Invalid: 0  
 Type: Discrete Width: 20 Range: - Format: character

### Questions and instructions

#### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
.		887	64%
>EE		1	0.1%
ADVISE FAMILY		1	0.1%
AMY DRINK		1	0.1%
BALANCE		1	0.1%
BALANCE SALT INTAKE		1	0.1%
BOILING		3	0.2%
BOILING FOOD ONLY		1	0.1%
CHILLI		8	0.6%

CHILLI GARLIC		1	0.1%
CHILLI LIME		1	0.1%
CHILLI LIME VINEGAR		1	0.1%
CHILLI ONION GARLIC		1	0.1%
CHILLI VINEGAR		1	0.1%
CHILLI VINEGAR LIME		1	0.1%
CONTROL		9	0.6%
CONTROL SALTY FOOD I		1	0.1%
Chilli		1	0.1%
DOMT NONE		1	0.1%
DON'T USE		4	0.3%
DONT ADD SALT INFOOD		1	0.1%
DONT BUY		1	0.1%
DONT BUY SALT		1	0.1%
DONT EAT SALT		1	0.1%
DONT USE SALT		1	0.1%
DONTUSE IT		1	0.1%
DRINK		1	0.1%
DRINK LOT OF WATER		1	0.1%
DRINK TEA		1	0.1%
DRINK WATER		24	1.7%
DRINK WATER OR JUICE		2	0.1%
DRINK WATER OR SWEET		1	0.1%
DRINK a lot Water		1	0.1%
DRINK waa DRINK		1	0.1%
DRINKING WATER		2	0.1%
DRINKING Water		1	0.1%
Drink water		2	0.1%
Drinking water		1	0.1%
EXERCISE		7	0.5%
EXERCISE N WATER		2	0.1%
Exercise		3	0.2%
GARLIC		5	0.4%
GINGER GARLIC		1	0.1%
HIDE IT		1	0.1%
IF NO SALT		1	0.1%
KIMCHEE		1	0.1%
LESS		7	0.5%
LESS SALT		2	0.1%

LESS SALT AND FOOD		1	0.1%
LEVEL		1	0.1%
LIME		6	0.4%
LIME AND VINEGAR		1	0.1%
LIME CHILLI		1	0.1%
LIME GARLIC VIMEGAR		1	0.1%
LIME OR VINEGAR		1	0.1%
LIME PEPPER		1	0.1%
LIME TOBASCO		1	0.1%
LIME VINEGAR		1	0.1%
LIMIT		2	0.1%
LIMIT SALT INTAKE		2	0.1%
LITTLE SALT		1	0.1%
LOWER INTAKE		1	0.1%
Lime/Water		1	0.1%
Limit salt		1	0.1%
Limits salt		2	0.1%
Limits salt intake		1	0.1%
MEDS		1	0.1%
NEVER USE SALT		3	0.2%
NIL		2	0.1%
NO SALT		1	0.1%
NO SALT ADDED		1	0.1%
NO SALT USED		1	0.1%
NONE		19	1.4%
NOT WITH DAUGHTER		1	0.1%
None		1	0.1%
OTHER SPICES		1	0.1%
REDUCE SALT USE		1	0.1%
Rarely add salt		1	0.1%
SALT		2	0.1%
SALT CONTROL		1	0.1%
SATLL		1	0.1%
SPORT, WATER		1	0.1%
STOP EATING SALT		1	0.1%
SUGAR		1	0.1%
SUGAR LIME VINEGAR		1	0.1%
SUGAR VINEGAR		1	0.1%
SWEET CHILLI		1	0.1%

TEA OR WATER		1	0.1%
TOBASCO		1	0.1%
VIMEGAR LIME		1	0.1%
VINEGAR		4	0.3%
VINEGAR & WATER		1	0.1%
VINEGAR LIME		1	0.1%
WATER		70	5%
WATER & LESS SALT		1	0.1%
WATER & VINEGAR		1	0.1%
WATER OR NO SALT		1	0.1%
WATER THERAPY		1	0.1%
WORK		1	0.1%
Watches Salt; Limit		1	0.1%
Water		5	0.4%
Water Therapy		1	0.1%
add less salt		1	0.1%
add more water		1	0.1%
avoid salt		1	0.1%
bbq		1	0.1%
boiling		1	0.1%
bp patient		1	0.1%
chilli		3	0.2%
chillii vinegar		1	0.1%
chilly		8	0.6%
chilly chimchi		1	0.1%
chilly lime		1	0.1%
choilly		1	0.1%
curry. lime ,vinegar		1	0.1%
dont use much		1	0.1%
drink water		1	0.1%
drink a lot of water		1	0.1%
drink alot water		1	0.1%
drink more water		1	0.1%
drink water		14	1%
drink water 1.5L		1	0.1%
drink water, salt no		1	0.1%
drink water.		1	0.1%
drinking water		10	0.7%
drinks fizzy water		1	0.1%

eat raw food		1	0.1%
exercise		5	0.4%
garlic		6	0.4%
garlic lime chilly		2	0.1%
garlic lime vinnegar		1	0.1%
ginger		2	0.1%
kimchi		1	0.1%
less salt added		2	0.1%
lime		13	0.9%
lime apple sider		1	0.1%
lime chilly		1	0.1%
lime chilly vinegar		1	0.1%
lime v vinegar		1	0.1%
lime vin		1	0.1%
lime vinegar		4	0.3%
lime vinegar chilly		2	0.1%
lime, vinegar		1	0.1%
limit salt		1	0.1%
limit salt intake		4	0.3%
limited sault		1	0.1%
limiting salt		1	0.1%
limits salt		1	0.1%
n0		1	0.1%
nil		1	0.1%
no limited		1	0.1%
no salt		1	0.1%
no salt added		1	0.1%
none		24	1.7%
not add salt in cook		1	0.1%
oxo		2	0.1%
peel tomato, pawpaw		1	0.1%
reduce not adding		1	0.1%
reduce salt in diet		1	0.1%
reduce salt intake		1	0.1%
salt		8	0.6%
salt away		1	0.1%
spices sauce		1	0.1%
sugar		1	0.1%
sweat out		1	0.1%

sweets		1	0.1%
table salt		2	0.1%
take alot of water		1	0.1%
tebasco		1	0.1%
tofu		1	0.1%
tomato sauce		1	0.1%
use less salt		1	0.1%
use little amount		1	0.1%
use something else		1	0.1%
vinager		1	0.1%
vinegar		4	0.3%
vinegar lime		1	0.1%
vinegar chilli		1	0.1%
vinegar lime		1	0.1%
vinegar lime chilly		1	0.1%
vinegar, chilly,		1	0.1%
vinegar, lime		1	0.1%
water		45	3.2%
water alot intake		1	0.1%
water intake		1	0.1%
water therapy		1	0.1%
water, hard work		1	0.1%
water/exercise		1	0.1%

## D12: oil used most often

Data file: NRU2015

### Overview

Valid: 1384 Invalid: 3  
 Type: Discrete Decimal: 0 Width: 18 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Vegetable oil	1189	85.9%
2	Lard or suet	2	0.1%
3	Butter or ghee	25	1.8%
4	Margarine	13	0.9%

5	Other	69	5%
6	None in particular	40	2.9%
7	None used	11	0.8%
77	Don't know	35	2.5%
Sysmiss		3	

## D12OTHER: oil used most often

Data file: NRU2015

### Overview

Valid: 1387 Invalid: 0  
 Type: Discrete Width: 19 Range: - Format: character

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
.		1318	95%
CANOL OIL		1	0.1%
CANOLA		13	0.9%
CANOLA OIL		5	0.4%
COOKING OIL		1	0.1%
Canola		2	0.1%
OLIVE		7	0.5%
OLIVE OIL		9	0.6%
Olive		1	0.1%
PALM		1	0.1%
PEANUT		2	0.1%
PEANUT OIL		1	0.1%
Water		1	0.1%
canola		5	0.4%
canola oil		1	0.1%
dont know		1	0.1%
none		1	0.1%
olive		4	0.3%
olive oil		8	0.6%
olive or peanut oil		1	0.1%
peanut oil		3	0.2%
sya bean or palm		1	0.1%

## D13: meals per week outside home

Data file: NRU2015

### Overview

Valid: 1384 Invalid: 3  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		242	17.5%
1		328	23.7%
2		266	19.2%
3		152	11%
4		58	4.2%
5		80	5.8%
6		31	2.2%
7		100	7.2%
8		10	0.7%
9		6	0.4%
10		19	1.4%
11		3	0.2%
12		9	0.7%
13		1	0.1%
14		28	2%
15		10	0.7%
16		4	0.3%
17		1	0.1%
18		3	0.2%
20		1	0.1%
21		11	0.8%
25		1	0.1%
30		6	0.4%
77	Don't know	14	1%
Sysmiss		3	

**V3: in road traffic accident in past 12 mos****Data file:** NRU2015**Overview**

Valid: 1384 Invalid: 3  
 Type: Discrete Decimal: 0 Width: 19 Range: 1 - 88 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes (as driver)	116	8.4%
2	Yes (as passenger)	19	1.4%
3	Yes (as pedestrian)	3	0.2%
4	Yes (as a cyclist)	6	0.4%
5	No	1238	89.5%
77	Don't know	2	0.1%
88	Refused	0	0%
Sysmiss		3	

**V4: injured and required medical attention in accident****Data file:** NRU2015**Overview**

Valid: 144 Invalid: 1243  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	69	47.9%
2	No	73	50.7%
77	Don't know	1	0.7%
88	Refused	1	0.7%
Sysmiss		1243	

**P1: vig activity at work****Data file:** NRU2015

## Overview

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1	Yes	260	18.8%
2	No	1123	81.2%
Sysmiss		4	

## P2: vig activity at work: days per week

Data file: NRU2015

## Overview

Valid: 260 Invalid: 1127  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 7 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1		29	11.2%
2		32	12.3%
3		39	15%
4		13	5%
5		67	25.8%
6		32	12.3%
7		48	18.5%
Sysmiss		1127	

## P3A: vig activity at work: hours per day

Data file: NRU2015

## Overview

Valid: 260 Invalid: 1127  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

---

CATEGORIES

Value	Category	Cases	
0		54	20.8%
1		24	9.2%
2		31	11.9%
3		26	10%
4		19	7.3%
5		19	7.3%
6		15	5.8%
7		11	4.2%
8		34	13.1%
9		2	0.8%
10		7	2.7%
11		4	1.5%
12		7	2.7%
14		1	0.4%
16		5	1.9%
77	Don't know	1	0.4%
Sysmiss		1127	

---

## P3B: vig activity at work: mins per day

Data file: NRU2015

### Overview

Valid: 260    Invalid: 1127  
 Type: Discrete    Decimal: 0    Width: 10    Range: 0 - 77    Format: Numeric

## Questions and instructions

---

CATEGORIES

Value	Category	Cases	
0		185	71.2%
4		1	0.4%
10		23	8.8%
15		4	1.5%
20		4	1.5%
30		38	14.6%

59		4	1.5%
77	Don't know	1	0.4%
Sysmiss		1127	

## P4: mod activity at work

Data file: NRU2015

### Overview

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	580	41.9%
2	No	803	58.1%
Sysmiss		4	

## P5: mod activity at work: days per week

Data file: NRU2015

### Overview

Valid: 580 Invalid: 807  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		39	6.7%
2		54	9.3%
3		65	11.2%
4		52	9%
5		174	30%
6		50	8.6%
7		143	24.7%
77	Don't know	3	0.5%
Sysmiss		807	

## P6A: mod activity at work: hours per day

Data file: NRU2015

### Overview

Valid: 577 Invalid: 810  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		109	18.9%
1		75	13%
2		74	12.8%
3		55	9.5%
4		61	10.6%
5		38	6.6%
6		31	5.4%
7		18	3.1%
8		71	12.3%
9		2	0.3%
10		5	0.9%
11		2	0.3%
12		23	4%
14		2	0.3%
16		4	0.7%
77	Don't know	7	1.2%
Sysmiss		810	

## P6B: mod activity at work: mins per day

Data file: NRU2015

### Overview

Valid: 577 Invalid: 810  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
0		440	76.3%
5		1	0.2%
10		30	5.2%
15		8	1.4%
20		12	2.1%
25		1	0.2%
30		69	12%
40		2	0.3%
45		3	0.5%
50		1	0.2%
59		3	0.5%
77	Don't know	7	1.2%
Sysmiss		810	

## P7: active transport

Data file: NRU2015

### Overview

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	617	44.6%
2	No	766	55.4%
Sysmiss		4	

## P8: active transport: days per week

Data file: NRU2015

### Overview

Valid: 617 Invalid: 770  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1		79	12.8%
2		77	12.5%
3		101	16.4%
4		46	7.5%
5		84	13.6%
6		39	6.3%
7		187	30.3%
77	Don't know	4	0.6%
Sysmiss		770	

## P9A: active transport: hours per day

Data file: NRU2015

### Overview

Valid: 612 Invalid: 775  
Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
0		399	65.2%
1		100	16.3%
2		43	7%
3		18	2.9%
4		6	1%
5		8	1.3%
6		8	1.3%
7		1	0.2%
8		7	1.1%
9		1	0.2%
10		7	1.1%
12		4	0.7%
16		2	0.3%
77	Don't know	8	1.3%
Sysmiss		775	

## P9B: active transport: mins per day

Data file: NRU2015

### Overview

Valid: 612 Invalid: 775  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

CATEGORIES

Value	Category	Cases	
0		177	28.9%
3		1	0.2%
10		120	19.6%
12		4	0.7%
15		48	7.8%
16		1	0.2%
20		76	12.4%
25		2	0.3%
30		149	24.3%
35		1	0.2%
38		1	0.2%
40		8	1.3%
45		12	2%
50		1	0.2%
59		3	0.5%
77	Don't know	8	1.3%
Sysmiss		775	

## P10: vig leisure activity

Data file: NRU2015

### Overview

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	210	15.2%

2	No	1173	84.8%
Sysmiss		4	

## P11: vig leisure activity: days per week

Data file: NRU2015

### Overview

Valid: 210 Invalid: 1177  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		25	11.9%
2		26	12.4%
3		23	11%
4		18	8.6%
5		29	13.8%
6		48	22.9%
7		40	19%
77	Don't know	1	0.5%
Sysmiss		1177	

## P12A: vig leisure activity: hours per day

Data file: NRU2015

### Overview

Valid: 208 Invalid: 1179  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		42	20.2%
1		61	29.3%
2		56	26.9%
3		28	13.5%
4		10	4.8%

5		5	2.4%
6		1	0.5%
8		1	0.5%
10		1	0.5%
16		2	1%
77	Don't know	1	0.5%
Sysmiss		1179	

---

## P12B: vig leisure activity: mins per day

Data file: NRU2015

### Overview

Valid: 208 Invalid: 1179  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		138	66.3%
2		1	0.5%
10		9	4.3%
15		3	1.4%
20		5	2.4%
25		1	0.5%
30		42	20.2%
40		2	1%
45		2	1%
50		1	0.5%
59		3	1.4%
77	Don't know	1	0.5%
Sysmiss		1179	

---

## P13: mod leisure activity

Data file: NRU2015

### Overview

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

CATEGORIES

Value	Category	Cases	
1	Yes	386	27.9%
2	No	997	72.1%
Sysmiss		4	

---

### P14: mod leisure activity: days per week

Data file: NRU2015

#### Overview

Valid: 386 Invalid: 1001  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

---

CATEGORIES

Value	Category	Cases	
1		66	17.1%
2		72	18.7%
3		56	14.5%
4		39	10.1%
5		47	12.2%
6		47	12.2%
7		58	15%
77	Don't know	1	0.3%
Sysmiss		1001	

---

### P15A: mod leisure activity: hours per day

Data file: NRU2015

#### Overview

Valid: 385 Invalid: 1002  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

---

CATEGORIES

Value	Category	Cases	

0		102	26.5%
1		111	28.8%
2		80	20.8%
3		47	12.2%
4		17	4.4%
5		11	2.9%
6		1	0.3%
8		2	0.5%
9		2	0.5%
10		2	0.5%
12		2	0.5%
15		1	0.3%
16		4	1%
77	Don't know	3	0.8%
Sysmiss		1002	

## P15B: mod leisure activity: mins per day

Data file: NRU2015

### Overview

Valid: 385 Invalid: 1002  
Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		243	63.1%
1		1	0.3%
2		2	0.5%
5		1	0.3%
10		21	5.5%
15		8	2.1%
20		12	3.1%
25		1	0.3%
30		81	21%
40		4	1%
45		4	1%
59		4	1%

77	Don't know	3	0.8%
Sysmiss		1002	

## P16A: sedentary time: hours per day

Data file: NRU2015

### Overview

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
0		69	5%
1		105	7.6%
2		145	10.5%
3		139	10.1%
4		137	9.9%
5		146	10.6%
6		109	7.9%
7		28	2%
8		148	10.7%
9		22	1.6%
10		89	6.4%
11		7	0.5%
12		114	8.2%
13		5	0.4%
14		20	1.4%
15		13	0.9%
16		47	3.4%
77	Don't know	40	2.9%
Sysmiss		4	

## P16B: sedentary time: mins per day

Data file: NRU2015

### Overview

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

## Questions and instructions

---

CATEGORIES

Value	Category	Cases	
0		1208	87.3%
1		2	0.1%
2		3	0.2%
3		1	0.1%
8		2	0.1%
10		22	1.6%
15		3	0.2%
16		1	0.1%
20		7	0.5%
25		1	0.1%
30		80	5.8%
40		1	0.1%
45		5	0.4%
59		7	0.5%
77	Don't know	40	2.9%
Sysmiss		4	

---

### H1: BP measured

Data file: NRU2015

#### Overview

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

CATEGORIES

Value	Category	Cases	
1	Yes	932	67.4%
2	No	451	32.6%
Sysmiss		4	

---

### H2A: told had high BP

Data file: NRU2015

## Overview

Valid: 932 Invalid: 455  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	300	32.2%
2	No	632	67.8%
Sysmiss		455	

## H2B: told had high BP in past 12 mos

Data file: NRU2015

## Overview

Valid: 300 Invalid: 1087  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	188	62.7%
2	No	112	37.3%
Sysmiss		1087	

## H3: taken meds for high BP

Data file: NRU2015

## Overview

Valid: 300 Invalid: 1087  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	77	25.7%
2	No	223	74.3%
Sysmiss		1087	

**H4: seen trad'l healer for high BP****Data file:** NRU2015**Overview**

Valid: 300 Invalid: 1087  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	9	3%
2	No	291	97%
Sysmiss		1087	

**H5: taking trad'l meds for high BP****Data file:** NRU2015**Overview**

Valid: 300 Invalid: 1087  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	17	5.7%
2	No	283	94.3%
Sysmiss		1087	

**H6: gluc measured****Data file:** NRU2015**Overview**

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	910	65.8%
2	No	473	34.2%
Sysmiss		4	

## H7A: told had high gluc

**Data file:** NRU2015

### Overview

Valid: 910 Invalid: 477  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	225	24.7%
2	No	685	75.3%
Sysmiss		477	

## H7B: told had high gluc in past 12 mos

**Data file:** NRU2015

### Overview

Valid: 225 Invalid: 1162  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	126	56%
2	No	99	44%
Sysmiss		1162	

## H8: taken meds for high gluc

**Data file:** NRU2015

### Overview

Valid: 225 Invalid: 1162

Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	81	36%
2	No	144	64%
Sysmiss		1162	

**H9: taking insulin for high gluc****Data file: NRU2015****Overview**Valid: 225    Invalid: 1162  
Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	25	11.1%
2	No	200	88.9%
Sysmiss		1162	

**H10: seen trad'l healer for high gluc****Data file: NRU2015****Overview**Valid: 225    Invalid: 1162  
Type: Discrete    Decimal: 0    Width: 10    Range: 1 - 2    Format: Numeric**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	9	4%
2	No	216	96%
Sysmiss		1162	

**H11: taking trad'l meds for high gluc****Data file:** NRU2015**Overview**

Valid: 225 Invalid: 1162  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	12	5.3%
2	No	213	94.7%
Sysmiss		1162	

**H12: chol measured****Data file:** NRU2015**Overview**

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	302	21.8%
2	No	1081	78.2%
Sysmiss		4	

**H13A: told had high chol****Data file:** NRU2015**Overview**

Valid: 302 Invalid: 1085  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	119	39.4%

2	No	183	60.6%
Sysmiss		1085	

## H13B: told had high chol in past 12 mos

Data file: NRU2015

### Overview

Valid: 119 Invalid: 1268  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	64	53.8%
2	No	55	46.2%
Sysmiss		1268	

## H14: taken meds for high chol

Data file: NRU2015

### Overview

Valid: 119 Invalid: 1268  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	22	18.5%
2	No	97	81.5%
Sysmiss		1268	

## H15: seen trad'l healer for high chol

Data file: NRU2015

### Overview

Valid: 119 Invalid: 1268  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Yes	1	0.8%
2	No	118	99.2%
Sysmiss		1268	

---

## H16: taking trad'l meds for high chol

Data file: NRU2015

### Overview

Valid: 119 Invalid: 1268  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Yes	6	5%
2	No	113	95%
Sysmiss		1268	

---

## H17: had heart attack or stroke

Data file: NRU2015

### Overview

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Yes	284	20.5%
2	No	1099	79.5%
Sysmiss		4	

---

**H18: currently taking aspirin****Data file:** NRU2015**Overview**

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	72	5.2%
2	No	1311	94.8%
Sysmiss		4	

**H19: currently taking statins****Data file:** NRU2015**Overview**

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	31	2.2%
2	No	1352	97.8%
Sysmiss		4	

**H20A: advised to not smoke****Data file:** NRU2015**Overview**

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	406	29.4%

2	No	977	70.6%
Sysmiss		4	

## H20B: advised to reduce salt

Data file: NRU2015

### Overview

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	524	37.9%
2	No	859	62.1%
Sysmiss		4	

## H20C: advised to eat fruit/veg

Data file: NRU2015

### Overview

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1	Yes	657	47.5%
2	No	726	52.5%
Sysmiss		4	

## H20D: advised to reduce fat

Data file: NRU2015

### Overview

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	603	43.6%
2	No	780	56.4%
Sysmiss		4	

---

## H20E: advised to do pa

Data file: NRU2015

### Overview

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	680	49.2%
2	No	703	50.8%
Sysmiss		4	

---

## H20F: advised to lose weight

Data file: NRU2015

### Overview

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	664	48%
2	No	719	52%
Sysmiss		4	

---

**CX1: cerv cancer screening****Data file:** NRU2015**Overview**

Valid: 732 Invalid: 655  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

**Questions and instructions**

## CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	391	53.4%
2	No	337	46%
77	Don't know	4	0.5%
Sysmiss		655	

**X25: dentist visit past 6 mos****Data file:** NRU2015**Overview**

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 35 Range: 1 - 3 Format: Numeric

**Questions and instructions**

## CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes, check-up, no treatment need	78	5.6%
2	Yes, extraction or filling of tooth	344	24.9%
3	No, not been in last six months	961	69.5%
Sysmiss		4	

**X26: state of teeth****Data file:** NRU2015**Overview**

Valid: 1383 Invalid: 4  
 Type: Discrete Decimal: 0 Width: 18 Range: 1 - 4 Format: Numeric

**Questions and instructions**

## CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Good	801	57.9%
2	Painful	162	11.7%
3	Decayed	316	22.8%
4	Loose/mobile teeth	104	7.5%
Sysmiss		4	

## X27: state of gums

**Data file:** NRU2015

### Overview

Valid: 1383 Invalid: 4  
Type: Discrete Decimal: 0 Width: 23 Range: 1 - 4 Format: Numeric

### Questions and instructions

#### CATEGORIES

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Good	1122	81.1%
2	Bleeding and/or painful	128	9.3%
3	Swollen	86	6.2%
4	Not sure/other	47	3.4%
Sysmiss		4	

## M1: interviewer ID

**Data file:** NRU2015

### Overview

Valid: 1109 Invalid: 278 Minimum: 0 Maximum: 4033 Mean: 285.472 Standard deviation: 323.762  
Type: Continuous Decimal: 0 Width: 10 Range: 0 - 4033 Format: Numeric

## M2: BP device ID

**Data file:** NRU2015

### Overview

Valid: 1105 Invalid: 282 Minimum: 0 Maximum: 99 Mean: 4.209 Standard deviation: 6.083  
Type: Continuous Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

**M3: cuff size****Data file:** NRU2015**Overview**

Valid: 1106 Invalid: 281  
 Type: Discrete Decimal: 0 Width: 22 Range: 1 - 88 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Universal	1104	99.8%
2	Extra large	0	0%
3	Refused to be measured	0	0%
88	Refused	2	0.2%
Sysmiss		281	

**M4A: BP reading 1: systolic****Data file:** NRU2015**Overview**

Valid: 1102 Invalid: 285 Minimum: 77 Maximum: 888 Mean: 130.544 Standard deviation: 59.847  
 Type: Continuous Decimal: 0 Width: 10 Range: 77 - 888 Format: Numeric

**M4B: BP reading 1: diastolic****Data file:** NRU2015**Overview**

Valid: 1102 Invalid: 285 Minimum: 44 Maximum: 888 Mean: 86.717 Standard deviation: 60.904  
 Type: Continuous Decimal: 0 Width: 10 Range: 44 - 888 Format: Numeric

**M5A: BP reading 2: systolic****Data file:** NRU2015**Overview**

Valid: 1095 Invalid: 292 Minimum: 75 Maximum: 210 Mean: 122.226 Standard deviation: 17.916  
 Type: Continuous Decimal: 0 Width: 10 Range: 75 - 210 Format: Numeric

**M5B: BP reading 2: diastolic****Data file:** NRU2015

## Overview

Valid: 1095 Invalid: 292 Minimum: 49 Maximum: 135 Mean: 80.201 Standard deviation: 12.704  
 Type: Continuous Decimal: 0 Width: 10 Range: 49 - 135 Format: Numeric

---

### M6A: BP reading 3: systolic

**Data file:** NRU2015

## Overview

Valid: 1095 Invalid: 292 Minimum: 71 Maximum: 888 Mean: 123.144 Standard deviation: 29.742  
 Type: Continuous Decimal: 0 Width: 10 Range: 71 - 888 Format: Numeric

---

### M6B: BP reading 3: diastolic

**Data file:** NRU2015

## Overview

Valid: 1095 Invalid: 292 Minimum: 43 Maximum: 888 Mean: 81.228 Standard deviation: 27.483  
 Type: Continuous Decimal: 0 Width: 10 Range: 43 - 888 Format: Numeric

---

### M7: took raised BP meds in past 2 weeks

**Data file:** NRU2015

## Overview

Valid: 1103 Invalid: 284  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Yes	27	2.4%
2	No	1069	96.9%
77	Don't know	7	0.6%
Sysmiss		284	

---

### M8: pregnant

**Data file:** NRU2015

## Overview

Valid: 586 Invalid: 801  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category	Cases	
1	Yes	30	5.1%
2	No	556	94.9%
Sysmiss		801	

---

### M9: interviewer ID

**Data file:** NRU2015

#### Overview

Valid: 1074 Invalid: 313 Minimum: 0 Maximum: 3300 Mean: 230.309 Standard deviation: 233.642  
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 3300 Format: Numeric

---

### M10A: height device ID

**Data file:** NRU2015

#### Overview

Valid: 1073 Invalid: 314 Minimum: 0 Maximum: 888 Mean: 8.41 Standard deviation: 66.48  
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 888 Format: Numeric

---

### M10B: weight device ID

**Data file:** NRU2015

#### Overview

Valid: 1073 Invalid: 314 Minimum: 0 Maximum: 888 Mean: 8.424 Standard deviation: 66.341  
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 888 Format: Numeric

---

### M11: height (cm)

**Data file:** NRU2015

#### Overview

Valid: 1065 Invalid: 322 Minimum: 100.7 Maximum: 888.8 Mean: 167.523 Standard deviation: 59.469  
 Type: Continuous Decimal: 0 Width: 10 Range: 100.7 - 888.8 Format: Numeric

---

### M12: weight (kg)

**Data file:** NRU2015

## Overview

Valid: 1066 Invalid: 321 Minimum: 43.4 Maximum: 888.8 Mean: 99.031 Standard deviation: 65.682  
 Type: Continuous Decimal: 0 Width: 10 Range: 43.4 - 888.8 Format: Numeric

---

## M13: waist circ device ID

**Data file:** NRU2015

### Overview

Valid: 1071 Invalid: 316 Minimum: 0 Maximum: 90 Mean: 4.732 Standard deviation: 12.529  
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 90 Format: Numeric

---

## M14: waist circumference (cm)

**Data file:** NRU2015

### Overview

Valid: 1051 Invalid: 336 Minimum: 30 Maximum: 888.8 Mean: 114.866 Standard deviation: 92.591  
 Type: Continuous Decimal: 0 Width: 10 Range: 30 - 888.8 Format: Numeric

---

## M15: hip circumference (cm)

**Data file:** NRU2015

### Overview

Valid: 1051 Invalid: 336 Minimum: 0 Maximum: 888.8 Mean: 123.674 Standard deviation: 93.646  
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 888.8 Format: Numeric

---

## M16A: heart rate reading 1

**Data file:** NRU2015

### Overview

Valid: 1102 Invalid: 285 Minimum: 30 Maximum: 888 Mean: 75.208 Standard deviation: 61.392  
 Type: Continuous Decimal: 0 Width: 10 Range: 30 - 888 Format: Numeric

---

## M16B: heart rate reading 2

**Data file:** NRU2015

### Overview

Valid: 1095 Invalid: 292 Minimum: 30 Maximum: 148 Mean: 70.147 Standard deviation: 10.653  
 Type: Continuous Decimal: 0 Width: 10 Range: 30 - 148 Format: Numeric

---

**M16C: heart rate reading 3****Data file:** NRU2015**Overview**

Valid: 1095 Invalid: 292 Minimum: 30 Maximum: 888 Mean: 71.619 Standard deviation: 27.393  
 Type: Continuous Decimal: 0 Width: 10 Range: 30 - 888 Format: Numeric

---

**B1: fasting for past 12 hrs****Data file:** NRU2015**Overview**

Valid: 1088 Invalid: 299  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	26	2.4%
2	No	1062	97.6%
Sysmiss		299	

---

**B2: blood measures technician ID****Data file:** NRU2015**Overview**

Valid: 1061 Invalid: 326 Minimum: 0 Maximum: 99 Mean: 24.797 Standard deviation: 19.944  
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

---

**B3: gluc device ID****Data file:** NRU2015**Overview**

Valid: 1061 Invalid: 326 Minimum: 0 Maximum: 42 Mean: 5.651 Standard deviation: 6.098  
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 42 Format: Numeric

---

**B4A: time blood sample taken (hours)****Data file:** NRU2015**Overview**

Valid: 1111 Invalid: 276 Minimum: 0 Maximum: 24 Mean: 11.309 Standard deviation: 2.874  
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 24 Format: Numeric

**B4B: time blood sample taken (minutes)****Data file:** NRU2015**Overview**

Valid: 1111 Invalid: 276 Minimum: 0 Maximum: 59 Mean: 26.801 Standard deviation: 17.394  
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 59 Format: Numeric

**B5: fasting blood glucose (mmol/l)****Data file:** NRU2015**Overview**

Valid: 1058 Invalid: 329 Minimum: 1.1 Maximum: 33.3 Mean: 5.248 Standard deviation: 3.314  
 Type: Continuous Decimal: 0 Width: 10 Range: 1.1 - 33.3 Format: Numeric

**B6: took insulin today****Data file:** NRU2015**Overview**

Valid: 1058 Invalid: 329  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

**Questions and instructions****CATEGORIES**

<b>Value</b>	<b>Category</b>	<b>Cases</b>	
1	Yes	15	1.4%
2	No	1043	98.6%
Sysmiss		329	

**B7: chol device ID****Data file:** NRU2015**Overview**

Valid: 1060 Invalid: 327 Minimum: 0 Maximum: 99 Mean: 6.014 Standard deviation: 7.4  
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 99 Format: Numeric

**B8: total cholesterol (mmol/l)****Data file:** NRU2015

## Overview

Valid: 1059 Invalid: 328 Minimum: 0.7 Maximum: 10.36 Mean: 3.856 Standard deviation: 1.32  
 Type: Continuous Decimal: 0 Width: 10 Range: 0.7 - 10.36 Format: Numeric

---

## B9: chol meds taken in past 2 weeks

Data file: NRU2015

### Overview

Valid: 1061 Invalid: 326  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

### Questions and instructions

---

#### CATEGORIES

Value	Category	Cases	
1	Yes	26	2.5%
2	No	1034	97.5%
77	Don't know	1	0.1%
Sysmiss		326	

---

## B10: fasting prior to urine collection

Data file: NRU2015

### Overview

Valid: 966 Invalid: 421  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

### Questions and instructions

---

#### CATEGORIES

Value	Category	Cases	
1	Yes	71	7.3%
2	No	895	92.7%
Sysmiss		421	

---

## B13A: time urine sample taken (hours)

Data file: NRU2015

### Overview

Valid: 924 Invalid: 463 Minimum: 0 Maximum: 22 Mean: 2.326 Standard deviation: 4.731  
 Type: Continuous Decimal: 0 Width: 10 Range: 0 - 22 Format: Numeric

## B13B: time urine sample taken (minutes)

Data file: NRU2015

### Overview

Valid: 924 Invalid: 463 Minimum: 0 Maximum: 58 Mean: 3.562 Standard deviation: 10.397  
Type: Continuous Decimal: 0 Width: 10 Range: 0 - 58 Format: Numeric

## B17: HDL cholesterol (mmol/l)

Data file: NRU2015

### Overview

Valid: 1059 Invalid: 328 Minimum: 0.3 Maximum: 2.59 Mean: 0.794 Standard deviation: 0.355  
Type: Continuous Decimal: 0 Width: 10 Range: 0.3 - 2.59 Format: Numeric

## B18: haemoglobin (mmol/l)

Data file: NRU2015

### Overview

Valid: 561 Invalid: 826 Minimum: 0 Maximum: 77.77 Mean: 21.646 Standard deviation: 24.568  
Type: Continuous Decimal: 0 Width: 10 Range: 0 - 77.77 Format: Numeric

## WSTEP1: final analysis weight for step 1 variables (interview)

Data file: NRU2015

### Overview

Valid: 1387 Invalid: 0 Minimum: 2.477 Maximum: 3.499 Mean: 3.037 Standard deviation: 0.336  
Type: Continuous Decimal: 0 Width: 10 Range: 2.477054 - 3.498944 Format: Numeric

## WSTEP2: final analysis weight for step 2 variables (physical measures)

Data file: NRU2015

### Overview

Valid: 1387 Invalid: 0 Minimum: 2.477 Maximum: 3.499 Mean: 3.037 Standard deviation: 0.336  
Type: Continuous Decimal: 0 Width: 10 Range: 2.477053 - 3.498944 Format: Numeric

## WSTEP3: final analysis weight for step 3 variables (biochemical measures)

Data file: NRU2015

## Overview

Valid: 1387 Invalid: 0 Minimum: 2.477 Maximum: 3.499 Mean: 3.037 Standard deviation: 0.336  
 Type: Continuous Decimal: 0 Width: 10 Range: 2.477054 - 3.498944 Format: Numeric

---

## AGERANGE: age ranges for which survey was designed

**Data file:** NRU2015

### Overview

Valid: 1387 Invalid: 0  
 Type: Discrete Width: 5 Range: - Format: character

### Questions and instructions

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#### CATEGORIES

Value	Category	Cases	
18-29		537	38.7%
30-44		506	36.5%
45-69		344	24.8%

---

## PSU: psu

**Data file:** NRU2015

### Overview

Valid: 1387 Invalid: 0 Minimum: 1 Maximum: 715 Mean: 8.693 Standard deviation: 19.874  
 Type: Continuous Decimal: 0 Width: 10 Range: 1 - 715 Format: Numeric

---

## STRATUM: stratum

**Data file:** NRU2015

### Overview

Valid: 1387 Invalid: 0  
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 1 Format: Numeric

### Questions and instructions

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#### CATEGORIES

Value	Category	Cases	
1		1387	100%

---

# **study\_resources**

## **questionnaires**

### **STEPS Nauru 2015 Questionnaire**

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title STEPS Nauru 2015 Questionnaire  
country Nauru  
filename STEPS\_Nauru\_2015\_Questionnaire.pdf

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## **technical\_documents**

### **Generic STEPS Questionnaire (version 3.1)**

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title Generic STEPS Questionnaire (version 3.1)  
filename STEPS\_Instrument\_V3-1.pdf

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