

STEPwise Survey for Non Communicable Diseases Risk Factor 2017

Ministry of Health

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Identification

SURVEY ID NUMBER

ZMB_2017_STEPS_v01_M

TITLE

STEPwise Survey for Non Communicable Diseases Risk Factor 2017

ABBREVIATION OR ACRONYM

STEPS 2017

COUNTRY

Name	Country code
Zambia	ZMB

STUDY TYPE

Other Household Survey [hh/oth]

SERIES INFORMATION

This is the second STEPS conducted by Zambia.

ABSTRACT

STEPS is a household-based survey to obtain core data on the established risk factors that determine the major burden of NCDs.

KIND OF DATA

Sample survey data [ssd]

UNIT OF ANALYSIS

Individuals

Version

VERSION DESCRIPTION

Public-use dataset

Scope

NOTES

The following topics were included in the survey: tobacco use, alcohol consumption, diet, physical activity, history of raised blood glucose, history of raised blood pressure, history of raised total cholesterol, history of cardiovascular diseases, lifestyle advice, and cervical cancer screening. Additionally, the following measures were taken: blood pressure, height, weight, waist circumference, hip circumference, heart rate, fasting blood glucose, total cholesterol, urinary sodium and urinary creatinine. Finally, the following optional modules were included: tobacco policy, oral health and mental health/suicide.

TOPICS

Topic	Vocabulary
STEPS	Survey

KEYWORDS

Keyword
noncommunicable diseases
risk factors

health surveys
tobacco use
alcohol use
diet
nutrition
salt
physical activity
blood pressure
cervical cancer
overweight
obesity
diabetes
hypertension
cardiovascular disease
blood glucose
cholesterol
tobacco policy
oral health
mental health

Coverage

GEOGRAPHIC COVERAGE

National coverage

UNIVERSE

Adults aged 18-69 years.

Producers and sponsors

PRIMARY INVESTIGATORS

Name
Ministry of Health

Sampling

SAMPLING PROCEDURE

A multi-stage cluster sample design was used to produce representative data for that age range in Zambia. One individual within the age range of the survey was selected per household.

Please refer to page 22-24 of report for further information.

RESPONSE RATE

The overall response rate was 74% for Step 1 and 2 and 65% for Step 3.

WEIGHTING

Analysis weights were calculated by taking the inverse of the probability of selection of each participant. These weights were adjusted for differences in the age-sex composition of the sample population as compared to the target population.

Different weight variables are available per Step:

wStep1 - for interview data

wStep2 - for physical measures

wStep3 - for biochemical measures

This allows for differences in the weight calculation for each Step of the survey as the age-sex composition of the respondents to each Step can differ slightly due to refusal or drop out. Additionally, some countries perform subsampling for Step 2 and/or Step 3. When no subsampling is done and response rates do not differ across Steps of the survey, the 3 weight variables will be the same.

Data collection

DATES OF DATA COLLECTION

Start	End
2017-07	2017-10

DATA COLLECTION MODE

Face-to-face [f2f]

DATA COLLECTION NOTES

CardioChek devices were used for glucose and cholesterol measurements.

Access policy

CONTACTS

Name	Affiliation	Email	URL
NCD Surveillance Team	World Health Organization	ncdmonitoring@who.int	Link

ACCESS CONDITIONS

The user undertakes:

- (1) to acknowledge the data source.
- (2) to share any planned publications with WHO prior to publication.
- (3) to offer co-authorship of any reports or publications using the survey results to the coordinator of the survey.
- (4) to use the data for non-commercial, not-for-profit public health purposes only.

CITATION REQUIREMENTS

Publications based on STEPS data should cite the survey report (if available) and acknowledge the data source in the following manner:

"This paper uses data from the [country] [year] STEPS survey, implemented by [implementing agency] with the support of the World Health Organization."

ACCESS AUTHORITY

Name	Affiliation	Email	URL
NCD Surveillance Team	World Health Organization	ncdmonitoring@who.int	Link

Disclaimer and copyrights

DISCLAIMER

The data is being distributed without warranty of any kind. The responsibility for the use of the data lies with the user. In no event shall the World Health Organization be liable for damages arising from its use.

Metadata production

DDI DOCUMENT ID

DDI_ZMB_2017_STEPS_v01_M

PRODUCERS

Name	Abbreviation	Affiliation	Role
Yue Wu		World Health Organization	Documentation of data
Melanie Cowan		World Health Organization	Supervision and review of metadata and documentation of study
Development Economics Data Group	DECDG	The World Bank	Metadata adapted for World Bank Microdata Library

DATE OF METADATA PRODUCTION

2019-12-26

DDI DOCUMENT VERSION

Identical to a metadata (ZMB_2017_STEPS_v01) published on WHO NCD microdata repository (<http://extranet.who.int/ncdsmicrodata/index.php/catalog>). Some of the metadata fields have been edited.

data_dictionary

Data file	Cases	variables
zmb2017 National public-use dataset	4302	240

Data file: zmb2017

National public-use dataset

Cases: 4302

variables: 240

variables

ID	Name	Label	Question
V1201	pid	participant ID - unique record ID	
V1202	sex	sex	
V1203	age	age for analysis	
V1204	c4	yrs of education	
V1205	c5	highest level of education	
V1206	c6	tribe	
V1207	c7	marital status	
V1208	c8	work status	
V1209	c9	adults older than 18yrs in household	
V1210	c10	average earnings of household	
V1211	c10type	type of average earnings of household	
V1212	c11	estimated household income (range)	
V1213	t1	current smoking	
V1214	t2	current daily smoking	
V1215	t3	age started smoking	
V1216	t4	time since started smoking	
V1217	t4type	type of time since started smoking	
V1218	t5a	manufactured cigs smoked per day	
V1219	t5aw	manufactured cigs smoked per week	
V1220	t5b	hand-rolled cigs smoked per day	
V1221	t5bw	hand-rolled cigs smoked per week	
V1222	t5c	pipes smoked per day	
V1223	t5cw	pipes smoked per week	
V1224	t5d	cigars smoked per day	
V1225	t5dw	cigars smoked per week	
V1226	t5e	shisha sessions per day	
V1227	t5ew	shisha sessions per week	
V1228	t5f	other smoked per day	
V1229	t5fw	other smoked per week	
V1230	t6	stop smoking attempt in past 12 mos	
V1231	t7	advised by MD to stop smoking	
V1232	t8	past smoking	
V1233	t9	past daily smoking	
V1234	t10	age quit smoking	
V1235	t11	time since quitting smoking	
V1236	t11type	type of time since quitting smoking	
V1237	t12	current smokeless tobacco use	

ID	Name	Label	Question
V1238	t13	current daily smokeless tobacco use	
V1239	t14a	Snuff, by mouth times per day	
V1240	t14aw	Snuff, by mouth times per week	
V1241	t14b	Snuff, by nose times per day	
V1242	t14bw	Snuff, by nose times per week	
V1243	t14c	Chewing tobacco times per day	
V1244	t14cw	Chewing tobacco times per week	
V1245	t14d	Betel, quid times per day	
V1246	t14dw	Betel, quid times per week	
V1247	t14e	other smokeless product per day	
V1248	t14ew	other smokeless product per week	
V1249	t15	past smokeless use	
V1250	t16	past daily smokeless use	
V1251	t17	exposed to smoke in home	
V1252	t18	exposed to smoke at work	
V1253	tp1a	notice info on dangers of smoking in newspapers, magazines, internet	
V1254	tp1b	notice info on dangers of smoking on TV	
V1255	tp1c	notice info on dangers of smoking on radio	
V1256	tp2	noticed cig ads	
V1257	tp3a	notice cig promos: free samples	
V1258	tp3b	notice cig promos: cigs on sale	
V1259	tp3c	notice cig promos: coupons	
V1260	tp3d	notice cig promos: free gifts	
V1261	tp3e	notice cig promos: branded clothing	
V1262	tp3f	notice cig promos: in the mail	
V1263	tp4	noticed health warnings on cig packs	
V1264	tp5	thought about quitting due to health warning	
V1265	tp6	number of cigs bought last purchase	
V1266	tp7	price paid for last cig purchase	
V1267	a1	ever drank alcohol	
V1268	a2	drank alcohol in past 12 mos	
V1269	a3	stopped drinking due to health reasons	
V1270	a4	freq drinking in past 12 mos	
V1271	a5	drank alcohol in past 30 days	
V1272	a6	number drinking occasions past 30 days	
V1273	a7	average number drinks per occasion past 30 days	
V1274	a8	largest number drinks past 30 days	
V1275	a9	times drank 6+ drinks in single occasion past 30 days	
V1276	a10a	number of drinks consumed last Monday	
V1277	a10b	number of drinks consumed last Tuesday	
V1278	a10c	number of drinks consumed last Wednesday	
V1279	a10d	number of drinks consumed last Thursday	
V1280	a10e	number of drinks consumed last Friday	
V1281	a10f	number of drinks consumed last Saturday	
V1282	a10g	number of drinks consumed last Sunday	

ID	Name	Label	Question
V1283	a11	drank undeclared alcohol in past 7 days	
V1284	a12a	number of homebrewed spirits in past 7 days	
V1285	a12b	number of homebrewed beer or wine in past 7 days	
V1286	a12c	number of drinks from over the border in past 7 days	
V1287	a12d	number of drinks of alcohol not intended for consumption in past 7 days	
V1288	a12e	number of drinks of other untaxed alcohol in past 7 days	
V1289	a13	unable to stop drinking in past 12 mos	
V1290	a14	failed to do what was expected due to drinking in past 12 mos	
V1291	a15	needing drink first thin in morning in past 12 mos	
V1292	a16	family problems with alcohol in past 12 mos	
V1293	d1	days fruit eaten per week	
V1294	d2	servings fruit eaten per day	
V1295	d3	days veg eaten per week	
V1296	d4	servings veg eaten per day	
V1297	d5	adding salt when eating	
V1298	d6	adding salt when cooking	
V1299	d7	eating processed foods high in salt	
V1300	d8	how much salt consumed	
V1301	d9	importance lowering salt	
V1302	d10	can excess salt hurt health	
V1303	d11a	limit consumption of processed foods	
V1304	d11b	look at salt content on labels	
V1305	d11c	buy low salt alternative	
V1306	d11d	use spices instead of salt	
V1307	d11e	avoid eating out	
V1308	d11f	do other things to control salt intake	
V1309	d12	oil used most often	
V1310	p1	vig activity at work	
V1311	p2	vig activity at work: days per week	
V1312	p3a	vig activity at work: hours per day	
V1313	p3b	vig activity at work: mins per day	
V1314	p4	mod activity at work	
V1315	p5	mod activity at work: days per week	
V1316	p6a	mod activity at work: hours per day	
V1317	p6b	mod activity at work: mins per day	
V1318	p7	active transport	
V1319	p8	active transport: days per week	
V1320	p9a	active transport: hours per day	
V1321	p9b	active transport: mins per day	
V1322	p10	vig leisure activity	
V1323	p11	vig leisure activity: days per week	
V1324	p12a	vig leisure activity: hours per day	
V1325	p12b	vig leisure activity: mins per day	
V1326	p13	mod leisure activity	
V1327	p14	mod leisure activity: days per week	

ID	Name	Label	Question
V1328	p15a	mod leisure activity: hours per day	
V1329	p15b	mod leisure activity: mins per day	
V1330	p16a	sedentary time: hours per day	
V1331	p16b	sedentary time: mins per day	
V1332	h1	BP measured	
V1333	h2a	told had high BP	
V1334	h2b	told had high BP in past 12 mos	
V1335	h3	taken meds for high BP	
V1336	h4	seen trad'l healer for high BP	
V1337	h5	taking trad'l meds for high BP	
V1338	h6	gluc measured	
V1339	h7a	told had high gluc	
V1340	h7b	told had high gluc in past 12 mos	
V1341	h8	taken meds for high gluc	
V1342	h9	taking insulin for high gluc	
V1343	h10	seen trad'l healer for high gluc	
V1344	h11	taking trad'l meds for high gluc	
V1345	h12	chol measured	
V1346	h13a	told had high chol	
V1347	h13b	told had high chol in past 12 mos	
V1348	h14	taken meds for high chol	
V1349	h15	seen trad'l healer for high chol	
V1350	h16	taking trad'l meds for high chol	
V1351	h17	had heart attack or stroke	
V1352	h18	currently taking aspirin	
V1353	h19	currently taking statins	
V1354	h20	seen doctor/ health worker past 3 years	
V1355	h20a	advised to not smoke	
V1356	h20b	advised to reduce salt	
V1357	h20c	advised to eat fruit/veg	
V1358	h20d	advised to reduce fat	
V1359	h20e	advised to do pa	
V1360	h20f	advised to lose weight	
V1361	h20g	advised to reduce sugary beverages	
V1362	cx1	cerv cancer screening	
V1363	o1	number natural teeth	
V1364	o2	state of teeth	
V1365	o3	state of gums	
V1366	o4	has removable dentures	
V1367	o5a	has upper denture	
V1368	o5b	has lower denture	
V1369	o6	pain in teeth, gums or mouth in past 12 mos	
V1370	o7	time since last dentist visit	
V1371	o8	main reason for last dentist visit	
V1372	o9	frequency of cleaning teeth	

ID	Name	Label	Question
V1373	o10	use toothpaste to clean teeth	
V1374	o11	toothpaste used has fluoride	
V1375	o12a	used to clean teeth: Toothbrush	
V1376	o12b	used to clean teeth: Wooden toothpicks	
V1377	o12c	used to clean teeth: Plastic toothpicks	
V1378	o12d	used to clean teeth: Thread (dental floss)	
V1379	o12e	used to clean teeth: Charcoal	
V1380	o12f	used to clean teeth: Chewstick / miswak	
V1381	o12	used to clean teeth: Other	
V1382	o13a	had problem in past 12 mos: Difficulty in chewing foods	
V1383	o13b	had problem in past 12 mos: Difficulty with speech/trouble pronouncing words	
V1384	o13c	had problem in past 12 mos: Felt tense because of problems with teeth or mouth	
V1385	o13d	had problem in past 12 mos: Embarrassed about appearance of teeth	
V1386	o13e	had problem in past 12 mos: Avoid smiling because of teeth	
V1387	o13f	had problem in past 12 mos: Sleep is often interrupted	
V1388	o13g	had problem in past 12 mos: Days not at work because of teeth or mouth	
V1389	o13h	had problem in past 12 mos: Difficulty doing usual activities	
V1390	o13i	had problem in past 12 mos: Less tolerant of spouse or people close to you	
V1391	o13j	had problem in past 12 mos: Reduced participation in social activities	
V1392	mh1	considered suicide in past 12 mos	
V1393	mh2	sought prof help for suicidal thoughts	
V1394	mh3	made plan for suicide in past 12 mos	
V1395	mh4	attempted suicide ever	
V1396	mh5	attempted suicide in past 12 mos	
V1397	mh6	main method used in last suicide attempt	
V1398	mh7	sought medical care for last suicide attempt	
V1399	mh8	admitted to hospital overnight due to last attempt	
V1400	mh9	close family member attempted suicide	
V1401	mh10	close family member died from suicide	
V1402	m1	interviewer ID	
V1403	m2	BP device ID	
V1404	m4a	BP reading 1: systolic	
V1405	m4b	BP reading 1: diastolic	
V1406	m5a	BP reading 2: systolic	
V1407	m5b	BP reading 2: diastolic	
V1408	m6a	BP reading 3: systolic	
V1409	m6b	BP reading 3: diastolic	
V1410	m7	took raised BP meds in past 2 weeks	
V1411	m8	pregnant	
V1412	m9	interviewer ID	
V1413	m10a	height device ID	
V1414	m10b	weight device ID	
V1415	m11	height (cm)	
V1416	m12	weight (kg)	
V1417	m13	waist circ device ID	

ID	Name	Label	Question
V1418	m14	waist circumference (cm)	
V1419	m15	hip circumference (cm)	
V1420	m16a	heart rate reading 1	
V1421	m16b	heart rate reading 2	
V1422	m16c	heart rate reading 3	
V1423	b1	fasting for past 12 hrs	
V1424	b2	blood measures technician ID	
V1425	b3	gluc device ID	
V1426	b5	fasting blood glucose (mmol/l)	
V1427	b6	took insulin today	
V1428	b8	total cholesterol (mmol/l)	
V1429	b9	chol meds taken in past 2 weeks	
V1430	b10	fasting prior to urine collection	
V1431	b11	technician ID	
V1432	b12	urine device ID	
V1433	b14	urinary sodium (mmol/l)	
V1434	b15	urinary creatinine (mmol/l)	
V1435	agerange	ageranges for which survey was designed	
V1436	stratum	stratum	
V1437	wstep1	final analysis weight for step 1 variables (interview)	
V1438	wstep3	final analysis weight for step 3 variables (biochemical measures)	
V1439	wstep2	final analysis weight for step 2 variables (physical measures)	
V1440	psu	psu	

total: 240

PID: participant ID - unique record ID**Data file: zmb2017****Overview**

Valid: 4302 Invalid: 0 Minimum: 10048959 Maximum: 99999999 Mean: 54964337.328 Standard deviation: 26086644.062
 Type: Continuous Decimal: 0 Width: 10 Range: 10048959 - 99999999 Format: Numeric

SEX: sex**Data file: zmb2017****Overview**

Valid: 4302 Invalid: 0
 Type: Discrete Width: 5 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
Men		1614	37.5%
Women		2688	62.5%

AGE: age for analysis**Data file: zmb2017****Overview**

Valid: 4302 Invalid: 0 Minimum: 18 Maximum: 69 Mean: 36.571 Standard deviation: 13.864
 Type: Continuous Decimal: 0 Width: 10 Range: 18 - 69 Format: Numeric

C4: yrs of education**Data file: zmb2017****Overview**

Valid: 4302 Invalid: 0
 Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		303	7%
1		48	1.1%

2		123	2.9%
3		155	3.6%
4		224	5.2%
5		258	6%
6		269	6.3%
7		771	17.9%
8		211	4.9%
9		643	14.9%
10		185	4.3%
11		123	2.9%
12		522	12.1%
13		58	1.3%
14		77	1.8%
15		92	2.1%
16		34	0.8%
17		22	0.5%
18		15	0.3%
19		5	0.1%
20		11	0.3%
21		7	0.2%
22		3	0.1%
23		1	0%
24		1	0%
77	Don't know	141	3.3%

C5: highest level of education

Data file: zmb2017

Overview

Valid: 4302 Invalid: 0

Type: Discrete Decimal: 0 Width: 33 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	No formal schooling	425	9.9%
2	Less than primary	1121	26.1%
3	Primary school completed	1036	24.1%

4	Junior secondary school completed	826	19.2%
5	Secondary higher school completed	564	13.1%
6	College/University completed	311	7.2%
7	Post graduate degree	16	0.4%
88	Refused	3	0.1%

C6: tribe

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Bemba	1260	29.3%
2	Ila	66	1.5%
3	Kaonde	140	3.3%
4	Lala	85	2%
5	Lamba	88	2%
6	Lozi	280	6.5%
7	Lunda	134	3.1%
8	Luvale	128	3%
9	Chew	330	7.7%
10	Soli	21	0.5%
11	Tonga	536	12.5%
12	Other	1230	28.6%
88	Refused	3	0.1%
Sysmiss		1	

C7: marital status

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 17 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Never married	934	21.7%
2	Currently married	2621	60.9%
3	Separated	149	3.5%
4	Divorced	259	6%
5	Widowed	323	7.5%
6	Cohabiting	6	0.1%
88	Refused	9	0.2%
Sysmiss		1	

C8: work status

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 27 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Government employee	146	3.4%
2	Non-government employee	292	6.8%
3	Self-employed	1709	39.7%
4	Non-paid	185	4.3%
5	Student	274	6.4%
6	Homemaker	338	7.9%
7	Retired	55	1.3%
8	Unemployed (able to work)	1048	24.4%
9	Unemployed (unable to work)	248	5.8%
88	Refused	6	0.1%
Sysmiss		1	

C9: adults older than 18yrs in household

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		1089	25.3%
2		2073	48.2%
3		698	16.2%
4		253	5.9%
5		104	2.4%
6		30	0.7%
7		13	0.3%
8		6	0.1%
9		2	0%
10		1	0%
18		1	0%
19		1	0%
21		1	0%
77	Don't know	27	0.6%
88	Refused	2	0%
Sysmiss		1	

C10: average earnings of household

Data file: zmb2017

Overview

Valid: 2740 Invalid: 1562 Minimum: 1 Maximum: 500000 Mean: 2487.72 Standard deviation: 13968.89
 Type: Continuous Decimal: 0 Width: 10 Range: 1 - 500000 Format: Numeric

C10TYPE: type of average earnings of household

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Month	1853	43.1%
2	Week	347	8.1%
3	Year	540	12.6%
77	Don't know	1371	31.9%
88	Refused	190	4.4%
Sysmiss		1	

C11: estimated household income (range)

Data file: zmb2017

Overview

Valid: 1565 Invalid: 2737

Type: Discrete Decimal: 0 Width: 30 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	<=4,000 ZMK	301	19.2%
2	More than 4,001, <=10,000 ZMK	51	3.3%
3	More than 10,001, <=15,000 ZMK	19	1.2%
4	More than 15,001, <=20,000 ZMK	14	0.9%
5	More than 20,000 ZMK	26	1.7%
77	Don't know	958	61.2%
88	Refused	196	12.5%
Sysmiss		2737	

T1: current smoking

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	475	11%
2	No	3826	89%
Sysmiss		1	

T2: current daily smoking

Data file: zmb2017

Overview

Valid: 475 Invalid: 3827

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	356	74.9%
2	No	119	25.1%
Sysmiss		3827	

T3: age started smoking

Data file: zmb2017

Overview

Valid: 475 Invalid: 3827

Type: Discrete Decimal: 0 Width: 10 Range: 8 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
8		1	0.2%
10		3	0.6%
12		10	2.1%
13		3	0.6%
14		9	1.9%
15		26	5.5%

16		30	6.3%
17		22	4.6%
18		42	8.8%
19		19	4%
20		50	10.5%
21		23	4.8%
22		21	4.4%
23		15	3.2%
24		10	2.1%
25		27	5.7%
26		5	1.1%
27		10	2.1%
28		6	1.3%
29		5	1.1%
30		15	3.2%
31		2	0.4%
32		4	0.8%
33		1	0.2%
34		2	0.4%
35		5	1.1%
37		3	0.6%
38		3	0.6%
39		2	0.4%
40		5	1.1%
41		1	0.2%
42		3	0.6%
43		2	0.4%
45		4	0.8%
47		3	0.6%
48		2	0.4%
49		1	0.2%
51		1	0.2%
52		1	0.2%
53		1	0.2%
54		1	0.2%
55		1	0.2%
60		1	0.2%
63		1	0.2%
64		2	0.4%

67		1	0.2%
77	Don't know	70	14.7%
Sysmiss		3827	

T4: time since started smoking

Data file: zmb2017

Overview

Valid: 27 Invalid: 4275 Minimum: 2 Maximum: 40 Mean: 17.333 Standard deviation: 10.217
Type: Continuous Decimal: 0 Width: 10 Range: 2 - 40 Format: Numeric

T4TYPE: type of time since started smoking

Data file: zmb2017

Overview

Valid: 70 Invalid: 4232
Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Weeks	3	4.3%
2	Years	24	34.3%
77	Don't know	43	61.4%
Sysmiss		4232	

T5A: manufactured cigs smoked per day

Data file: zmb2017

Overview

Valid: 356 Invalid: 3946
Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		82	23%
1		27	7.6%

2		35	9.8%
3		30	8.4%
4		38	10.7%
5		36	10.1%
6		16	4.5%
7		8	2.2%
8		3	0.8%
9		1	0.3%
10		19	5.3%
12		2	0.6%
15		3	0.8%
20		9	2.5%
30		1	0.3%
77	Don't know	46	12.9%
Sysmiss		3946	

T5AW: manufactured cigs smoked per week

Data file: zmb2017

Overview

Valid: 201 Invalid: 4101

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		116	57.7%
1		13	6.5%
2		13	6.5%
3		11	5.5%
5		6	3%
6		3	1.5%
7		2	1%
10		5	2.5%
12		1	0.5%
14		1	0.5%
15		1	0.5%
18		1	0.5%

20		4	2%
25		1	0.5%
28		2	1%
35		2	1%
40		2	1%
77	Don't know	5	2.5%
777	Don't know	12	6%
Sysmiss		4101	

T5B: hand-rolled cigs smoked per day

Data file: zmb2017

Overview

Valid: 356 Invalid: 3946

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		120	33.7%
1		15	4.2%
2		24	6.7%
3		27	7.6%
4		36	10.1%
5		27	7.6%
6		17	4.8%
7		6	1.7%
8		9	2.5%
9		3	0.8%
10		18	5.1%
12		2	0.6%
14		1	0.3%
15		4	1.1%
16		1	0.3%
20		2	0.6%
32		1	0.3%
40		1	0.3%
77	Don't know	42	11.8%

Sysmiss		3946	
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T5BW: hand-rolled cigs smoked per week

Data file: zmb2017

Overview

Valid: 239 Invalid: 4063

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		189	79.1%
1		6	2.5%
2		8	3.3%
3		6	2.5%
4		4	1.7%
5		4	1.7%
7		3	1.3%
10		1	0.4%
14		1	0.4%
15		2	0.8%
20		2	0.8%
21		2	0.8%
28		1	0.4%
30		1	0.4%
50		1	0.4%
77	Don't know	7	2.9%
777	Don't know	1	0.4%
Sysmiss		4063	

T5C: pipes smoked per day

Data file: zmb2017

Overview

Valid: 356 Invalid: 3946

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		294	82.6%
2		5	1.4%
5		3	0.8%
8		2	0.6%
10		2	0.6%
14		1	0.3%
20		1	0.3%
77	Don't know	48	13.5%
Sysmiss		3946	

T5CW: pipes smoked per week

Data file: zmb2017

Overview

Valid: 413 Invalid: 3889

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		401	97.1%
2		1	0.2%
14		1	0.2%
56		1	0.2%
77	Don't know	7	1.7%
777	Don't know	2	0.5%
Sysmiss		3889	

T5D: cigars smoked per day

Data file: zmb2017

Overview

Valid: 356 Invalid: 3946

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		283	79.5%
1		5	1.4%
2		5	1.4%
3		2	0.6%
4		5	1.4%
5		3	0.8%
6		3	0.8%
8		3	0.8%
10		3	0.8%
32		1	0.3%
77	Don't know	43	12.1%
Sysmiss		3946	

T5DW: cigars smoked per week

Data file: zmb2017

Overview

Valid: 402 Invalid: 3900

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		376	93.5%
1		1	0.2%
3		3	0.7%
4		2	0.5%
5		1	0.2%
12		1	0.2%
14		1	0.2%
22		1	0.2%
70		1	0.2%
77	Don't know	7	1.7%
777	Don't know	8	2%

Sysmiss		3900	
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T5E: shisha sessions per day

Data file: zmb2017

Overview

Valid: 356 Invalid: 3946

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		304	85.4%
1		1	0.3%
2		1	0.3%
10		1	0.3%
77	Don't know	49	13.8%
Sysmiss		3946	

T5EW: shisha sessions per week

Data file: zmb2017

Overview

Valid: 423 Invalid: 3879

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		404	95.5%
1		5	1.2%
2		1	0.2%
8		1	0.2%
21		1	0.2%
77	Don't know	8	1.9%
777	Don't know	3	0.7%
Sysmiss		3879	

T5F: other smoked per day**Data file: zmb2017****Overview**

Valid: 356 Invalid: 3946

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		290	81.5%
1		1	0.3%
2		1	0.3%
5		2	0.6%
8		2	0.6%
14		1	0.3%
20		1	0.3%
77	Don't know	58	16.3%
Sysmiss		3946	

T5FW: other smoked per week**Data file: zmb2017****Overview**

Valid: 380 Invalid: 3922

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		358	94.2%
1		2	0.5%
4		2	0.5%
42		1	0.3%
77	Don't know	4	1.1%
777	Don't know	13	3.4%
Sysmiss		3922	

T6: stop smoking attempt in past 12 mos**Data file: zmb2017****Overview**

Valid: 475 Invalid: 3827

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	226	47.6%
2	No	249	52.4%
Sysmiss		3827	

T7: advised by MD to stop smoking**Data file: zmb2017****Overview**

Valid: 475 Invalid: 3827

Type: Discrete Decimal: 0 Width: 23 Range: 1 - 3 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	72	15.2%
2	No	315	66.3%
3	No visit in past 12 mos	88	18.5%
Sysmiss		3827	

T8: past smoking**Data file: zmb2017****Overview**

Valid: 3821 Invalid: 481

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	195	5.1%
2	No	3626	94.9%
Sysmiss		481	

T9: past daily smoking

Data file: zmb2017

Overview

Valid: 314 Invalid: 3988

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	115	36.6%
2	No	199	63.4%
Sysmiss		3988	

T10: age quit smoking

Data file: zmb2017

Overview

Valid: 195 Invalid: 4107

Type: Discrete Decimal: 0 Width: 10 Range: 13 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
13		1	0.5%
14		2	1%
15		9	4.6%
16		6	3.1%
17		5	2.6%
18		17	8.7%

19		8	4.1%
20		14	7.2%
21		3	1.5%
22		7	3.6%
23		14	7.2%
24		2	1%
25		8	4.1%
26		2	1%
27		5	2.6%
28		3	1.5%
29		4	2.1%
30		8	4.1%
31		2	1%
32		4	2.1%
33		4	2.1%
34		2	1%
35		3	1.5%
36		1	0.5%
37		1	0.5%
38		4	2.1%
39		2	1%
40		4	2.1%
41		1	0.5%
42		3	1.5%
44		3	1.5%
45		1	0.5%
48		2	1%
50		1	0.5%
52		2	1%
53		1	0.5%
56		1	0.5%
58		1	0.5%
59		2	1%
60		2	1%
62		1	0.5%
63		2	1%
65		1	0.5%
66		1	0.5%
77	Don't know	25	12.8%

Sysmiss

4107

T11: time since quitting smoking**Data file: zmb2017****Overview**

Valid: 11 Invalid: 4291 Minimum: 5 Maximum: 59 Mean: 13.455 Standard deviation: 15.642
 Type: Continuous Decimal: 0 Width: 10 Range: 5 - 59 Format: Numeric

T11TYPE: type of time since quitting smoking**Data file: zmb2017****Overview**

Valid: 24 Invalid: 4278
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Months	2	8.3%
2	Years	8	33.3%
77	Don't know	14	58.3%
Sysmiss		4278	

T12: current smokeless tobacco use**Data file: zmb2017****Overview**

Valid: 4301 Invalid: 1
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	231	5.4%
2	No	4070	94.6%
Sysmiss		1	

T13: current daily smokeless tobacco use**Data file: zmb2017****Overview**

Valid: 230 Invalid: 4072

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	119	51.7%
2	No	111	48.3%
Sysmiss		4072	

T14A: Snuff, by mouth times per day**Data file: zmb2017****Overview**

Valid: 119 Invalid: 4183

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		60	50.4%
1		6	5%
2		11	9.2%
3		10	8.4%
4		3	2.5%
5		1	0.8%
6		2	1.7%
7		4	3.4%
10		2	1.7%
12		2	1.7%
77	Don't know	18	15.1%
Sysmiss		4183	

T14AW: Snuff, by mouth times per week**Data file: zmb2017****Overview**

Valid: 171 Invalid: 4131

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		145	84.8%
1		8	4.7%
2		2	1.2%
3		2	1.2%
4		2	1.2%
7		2	1.2%
21		1	0.6%
77	Don't know	4	2.3%
777	Don't know	5	2.9%
Sysmiss		4131	

T14B: Snuff, by nose times per day**Data file: zmb2017****Overview**

Valid: 119 Invalid: 4183

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		19	16%
1		13	10.9%
2		20	16.8%
3		23	19.3%
4		14	11.8%
5		4	3.4%
6		3	2.5%
7		7	5.9%

8		1	0.8%
10		3	2.5%
12		1	0.8%
15		1	0.8%
21		1	0.8%
77	Don't know	9	7.6%
Sysmiss		4183	

T14BW: Snuff, by nose times per week

Data file: zmb2017

Overview

Valid: 130 Invalid: 4172

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		44	33.8%
1		32	24.6%
2		18	13.8%
3		10	7.7%
4		4	3.1%
5		1	0.8%
7		5	3.8%
10		2	1.5%
16		1	0.8%
21		2	1.5%
77	Don't know	5	3.8%
777	Don't know	6	4.6%
Sysmiss		4172	

T14C: Chewing tobacco times per day

Data file: zmb2017

Overview

Valid: 119 Invalid: 4183

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		94	79%
1		1	0.8%
3		3	2.5%
5		1	0.8%
77	Don't know	20	16.8%
Sysmiss		4183	

T14CW: Chewing tobacco times per week

Data file: zmb2017

Overview

Valid: 205 Invalid: 4097

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		198	96.6%
1		1	0.5%
77	Don't know	4	2%
777	Don't know	2	1%
Sysmiss		4097	

T14D: Betel, quid times per day

Data file: zmb2017

Overview

Valid: 119 Invalid: 4183

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		103	86.6%

77	Don't know	16	13.4%
Sysmiss		4183	

T14DW: Betel, quid times per week

Data file: zmb2017

Overview

Valid: 214 Invalid: 4088

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		208	97.2%
77	Don't know	3	1.4%
777	Don't know	3	1.4%
Sysmiss		4088	

T14E: other smokeless product per day

Data file: zmb2017

Overview

Valid: 119 Invalid: 4183

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		99	83.2%
2		1	0.8%
3		2	1.7%
77	Don't know	17	14.3%
Sysmiss		4183	

T14EW: other smokeless product per week

Data file: zmb2017

Overview

Valid: 195 Invalid: 4107

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 777 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		186	95.4%
4		1	0.5%
77	Don't know	2	1%
777	Don't know	6	3.1%
Sysmiss		4107	

T15: past smokeless use**Data file: zmb2017****Overview**

Valid: 4070 Invalid: 232

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	66	1.6%
2	No	4004	98.4%
Sysmiss		232	

T16: past daily smokeless use**Data file: zmb2017****Overview**

Valid: 177 Invalid: 4125

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	57	32.2%

2	No	120	67.8%
Sysmiss		4125	

T17: exposed to smoke in home

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1
Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	706	16.4%
2	No	3595	83.6%
Sysmiss		1	

T18: exposed to smoke at work

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1
Type: Discrete Decimal: 0 Width: 25 Range: 1 - 3 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	613	14.3%
2	No	2692	62.6%
3	Don't work in closed area	996	23.2%
Sysmiss		1	

TP1A: notice info on dangers of smoking in newspapers, magazines, internet

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1
Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	598	13.9%
2	No	3382	78.6%
77	Don't know	321	7.5%
Sysmiss		1	

TP1B: notice info on dangers of smoking on TV

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	760	17.7%
2	No	3193	74.2%
77	Don't know	348	8.1%
Sysmiss		1	

TP1C: notice info on dangers of smoking on radio

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1503	34.9%
2	No	2501	58.1%
77	Don't know	297	6.9%
Sysmiss		1	

TP2: noticed cig ads**Data file:** zmb2017**Overview**

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	645	15%
2	No	3323	77.3%
77	Don't know	333	7.7%
Sysmiss		1	

TP3A: notice cig promos: free samples**Data file:** zmb2017**Overview**

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	170	4%
2	No	3798	88.3%
77	Don't know	333	7.7%
Sysmiss		1	

TP3B: notice cig promos: cigs on sale**Data file:** zmb2017**Overview**

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	265	6.2%
2	No	3646	84.8%
77	Don't know	390	9.1%
Sysmiss		1	

TP3C: notice cig promos: coupons

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	28	0.7%
2	No	3821	88.8%
77	Don't know	452	10.5%
Sysmiss		1	

TP3D: notice cig promos: free gifts

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	59	1.4%
2	No	3739	86.9%
77	Don't know	503	11.7%
Sysmiss		1	

TP3E: notice cig promos: branded clothing**Data file:** zmb2017**Overview**

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	204	4.7%
2	No	3556	82.7%
77	Don't know	541	12.6%
Sysmiss		1	

TP3F: notice cig promos: in the mail**Data file:** zmb2017**Overview**

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	18	0.4%
2	No	3745	87.1%
77	Don't know	538	12.5%
Sysmiss		1	

TP4: noticed health warnings on cig packs**Data file:** zmb2017**Overview**

Valid: 480 Invalid: 3822

Type: Discrete Decimal: 0 Width: 34 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	240	50%
2	No	168	35%
3	Did not see any cigarette packages	40	8.3%
77	Don't know	32	6.7%
Sysmiss		3822	

TP5: thought about quitting due to health warning

Data file: zmb2017

Overview

Valid: 240 Invalid: 4062

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	162	67.5%
2	No	78	32.5%
77	Don't know	0	0%
Sysmiss		4062	

TP6: number of cigs bought last purchase

Data file: zmb2017

Overview

Valid: 480 Invalid: 3822

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 7777 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		33	6.9%
2		72	15%
3		33	6.9%

4		34	7.1%
5		24	5%
6		20	4.2%
7		2	0.4%
8		3	0.6%
9		2	0.4%
10		19	4%
12		4	0.8%
14		2	0.4%
15		2	0.4%
20		57	11.9%
24		1	0.2%
40		7	1.5%
50		1	0.2%
60		7	1.5%
777	Don't know	6	1.3%
7777	Don't know	151	31.5%
Sysmiss		3822	

TP7: price paid for last cig purchase

Data file: zmb2017

Overview

Valid: 352 Invalid: 3950

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 7777 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		96	27.3%
2		51	14.5%
3		37	10.5%
4		11	3.1%
5		40	11.4%
6		10	2.8%
7		3	0.9%
8		1	0.3%
10		17	4.8%

12		3	0.9%
14		1	0.3%
15		7	2%
16		2	0.6%
20		10	2.8%
25		1	0.3%
30		1	0.3%
40		2	0.6%
44		1	0.3%
45		3	0.9%
50		18	5.1%
60		1	0.3%
77		11	3.1%
150		4	1.1%
200		1	0.3%
777	Don't know	5	1.4%
888	Missing	1	0.3%
7777	Don't know	14	4%
Sysmiss		3950	

A1: ever drank alcohol

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1398	32.5%
2	No	2903	67.5%
Sysmiss		1	

A2: drank alcohol in past 12 mos

Data file: zmb2017

Overview

Valid: 1398 Invalid: 2904

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1047	74.9%
2	No	351	25.1%
Sysmiss		2904	

A3: stopped drinking due to health reasons**Data file: zmb2017****Overview**

Valid: 351 Invalid: 3951

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	64	18.2%
2	No	287	81.8%
Sysmiss		3951	

A4: freq drinking in past 12 mos**Data file: zmb2017****Overview**

Valid: 1047 Invalid: 3255

Type: Discrete Decimal: 0 Width: 22 Range: 1 - 7 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Daily	90	8.6%
2	5-6 days per week	55	5.3%
3	3-4 days per week	112	10.7%

4	1-2 days per week	287	27.4%
5	1-3 days per month	193	18.4%
6	Less than once a month	265	25.3%
7	Don't know	45	4.3%
Sysmiss		3255	

A5: drank alcohol in past 30 days

Data file: zmb2017

Overview

Valid: 1047 Invalid: 3255

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	845	80.7%
2	No	202	19.3%
Sysmiss		3255	

A6: number drinking occasions past 30 days

Data file: zmb2017

Overview

Valid: 845 Invalid: 3457

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		13	1.5%
1		154	18.2%
2		118	14%
3		89	10.5%
4		88	10.4%
5		38	4.5%
6		23	2.7%
7		26	3.1%

8		25	3%
9		3	0.4%
10		13	1.5%
12		13	1.5%
13		1	0.1%
14		3	0.4%
15		8	0.9%
16		1	0.1%
20		13	1.5%
22		2	0.2%
23		1	0.1%
24		5	0.6%
25		6	0.7%
28		2	0.2%
29		1	0.1%
30		36	4.3%
50		3	0.4%
77	Don't know	160	18.9%
Sysmiss		3457	

A7: average number drinks per occasion past 30 days

Data file: zmb2017

Overview

Valid: 832 Invalid: 3470

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		87	10.5%
2		105	12.6%
3		83	10%
4		114	13.7%
5		70	8.4%
6		60	7.2%
7		7	0.8%
8		26	3.1%

9		4	0.5%
10		40	4.8%
11		1	0.1%
12		16	1.9%
14		1	0.1%
15		15	1.8%
16		9	1.1%
18		1	0.1%
20		16	1.9%
30		3	0.4%
32		1	0.1%
40		2	0.2%
42		1	0.1%
77	Don't know	170	20.4%
Sysmiss		3470	

A8: largest number drinks past 30 days

Data file: zmb2017

Overview

Valid: 845 Invalid: 3457

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		60	7.1%
2		85	10.1%
3		69	8.2%
4		76	9%
5		47	5.6%
6		69	8.2%
7		23	2.7%
8		34	4%
9		17	2%
10		48	5.7%
11		1	0.1%
12		31	3.7%

14		4	0.5%
15		24	2.8%
16		7	0.8%
18		3	0.4%
19		2	0.2%
20		24	2.8%
24		2	0.2%
25		9	1.1%
26		1	0.1%
28		3	0.4%
30		5	0.6%
31		1	0.1%
32		2	0.2%
36		1	0.1%
40		3	0.4%
42		1	0.1%
50		4	0.5%
77	Don't know	189	22.4%
Sysmiss		3457	

A9: times drank 6+ drinks in single occasion past 30 days

Data file: zmb2017

Overview

Valid: 845 Invalid: 3457

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		195	23.1%
1		102	12.1%
2		85	10.1%
3		57	6.7%
4		28	3.3%
5		25	3%
6		12	1.4%
7		17	2%

8		7	0.8%
9		3	0.4%
10		11	1.3%
12		9	1.1%
13		1	0.1%
14		1	0.1%
15		6	0.7%
16		1	0.1%
18		1	0.1%
20		7	0.8%
24		1	0.1%
25		2	0.2%
26		1	0.1%
30		17	2%
77	Don't know	256	30.3%
Sysmiss		3457	

A10A: number of drinks consumed last Monday

Data file: zmb2017

Overview

Valid: 845 Invalid: 3457

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		604	71.5%
1		33	3.9%
2		39	4.6%
3		22	2.6%
4		18	2.1%
5		15	1.8%
6		7	0.8%
7		4	0.5%
8		7	0.8%
9		2	0.2%
10		7	0.8%

12		3	0.4%
13		1	0.1%
14		2	0.2%
15		3	0.4%
16		1	0.1%
20		1	0.1%
22		1	0.1%
40		1	0.1%
77	Don't know	74	8.8%
Sysmiss		3457	

A10B: number of drinks consumed last Tuesday

Data file: zmb2017

Overview

Valid: 845 Invalid: 3457

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		609	72.1%
1		39	4.6%
2		29	3.4%
3		20	2.4%
4		19	2.2%
5		11	1.3%
6		13	1.5%
7		7	0.8%
8		9	1.1%
10		6	0.7%
12		4	0.5%
14		1	0.1%
15		1	0.1%
18		1	0.1%
20		1	0.1%
40		2	0.2%
77	Don't know	73	8.6%

Sysmiss		3457	
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A10C: number of drinks consumed last Wednesday

Data file: zmb2017

Overview

Valid: 845 Invalid: 3457

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		601	71.1%
1		30	3.6%
2		31	3.7%
3		21	2.5%
4		28	3.3%
5		11	1.3%
6		14	1.7%
7		3	0.4%
8		9	1.1%
10		11	1.3%
11		2	0.2%
12		5	0.6%
13		1	0.1%
14		1	0.1%
15		2	0.2%
18		1	0.1%
19		1	0.1%
22		1	0.1%
30		1	0.1%
40		1	0.1%
77	Don't know	70	8.3%
Sysmiss		3457	

A10D: number of drinks consumed last Thursday

Data file: zmb2017

Overview

Valid: 845 Invalid: 3457

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		588	69.6%
1		43	5.1%
2		38	4.5%
3		26	3.1%
4		18	2.1%
5		16	1.9%
6		12	1.4%
7		3	0.4%
8		13	1.5%
9		1	0.1%
10		9	1.1%
12		3	0.4%
14		1	0.1%
15		1	0.1%
16		1	0.1%
18		1	0.1%
20		2	0.2%
30		2	0.2%
40		1	0.1%
77	Don't know	66	7.8%
Sysmiss		3457	

A10E: number of drinks consumed last Friday**Data file: zmb2017****Overview**

Valid: 845 Invalid: 3457

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		538	63.7%
1		46	5.4%
2		30	3.6%
3		32	3.8%
4		30	3.6%
5		31	3.7%
6		20	2.4%
7		4	0.5%
8		9	1.1%
9		1	0.1%
10		11	1.3%
12		9	1.1%
13		1	0.1%
14		2	0.2%
15		5	0.6%
16		1	0.1%
18		1	0.1%
20		2	0.2%
21		1	0.1%
40		1	0.1%
77	Don't know	70	8.3%
Sysmiss		3457	

A10F: number of drinks consumed last Saturday

Data file: zmb2017

Overview

Valid: 845 Invalid: 3457

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		433	51.2%
1		56	6.6%
2		59	7%
3		39	4.6%

4		50	5.9%
5		31	3.7%
6		31	3.7%
7		10	1.2%
8		18	2.1%
9		2	0.2%
10		15	1.8%
11		2	0.2%
12		15	1.8%
13		1	0.1%
15		9	1.1%
16		1	0.1%
20		4	0.5%
25		1	0.1%
40		1	0.1%
45		1	0.1%
50		2	0.2%
77	Don't know	64	7.6%
Sysmiss		3457	

A10G: number of drinks consumed last Sunday

Data file: zmb2017

Overview

Valid: 845 Invalid: 3457

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		504	59.6%
1		50	5.9%
2		51	6%
3		34	4%
4		34	4%
5		14	1.7%
6		18	2.1%
7		4	0.5%

8		18	2.1%
9		3	0.4%
10		17	2%
12		12	1.4%
14		1	0.1%
15		3	0.4%
16		1	0.1%
20		2	0.2%
24		2	0.2%
25		2	0.2%
30		1	0.1%
40		2	0.2%
77	Don't know	72	8.5%
Sysmiss		3457	

A11: drank undeclared alcohol in past 7 days

Data file: zmb2017

Overview

Valid: 845 Invalid: 3457

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	273	32.3%
2	No	572	67.7%
Sysmiss		3457	

A12A: number of homebrewed spirits in past 7 days

Data file: zmb2017

Overview

Valid: 273 Invalid: 4029

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		139	50.9%
1		21	7.7%
2		19	7%
3		15	5.5%
4		10	3.7%
5		8	2.9%
6		1	0.4%
7		2	0.7%
8		3	1.1%
9		2	0.7%
10		4	1.5%
11		2	0.7%
15		2	0.7%
16		1	0.4%
19		1	0.4%
20		2	0.7%
23		1	0.4%
25		2	0.7%
30		1	0.4%
50		1	0.4%
77	Don't know	36	13.2%
Sysmiss		4029	

A12B: number of homebrewed beer or wine in past 7 days

Data file: zmb2017

Overview

Valid: 273 Invalid: 4029

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		118	43.2%
1		25	9.2%
2		32	11.7%
3		14	5.1%

4		17	6.2%
5		11	4%
6		8	2.9%
7		1	0.4%
8		6	2.2%
10		4	1.5%
12		3	1.1%
15		1	0.4%
20		1	0.4%
22		1	0.4%
40		2	0.7%
77	Don't know	29	10.6%
Sysmiss		4029	

A12C: number of drinks from over the border in past 7 days

Data file: zmb2017

Overview

Valid: 273 Invalid: 4029

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		203	74.4%
1		8	2.9%
2		6	2.2%
3		4	1.5%
4		5	1.8%
6		1	0.4%
8		2	0.7%
12		2	0.7%
50		1	0.4%
77	Don't know	41	15%
Sysmiss		4029	

A12D: number of drinks of alcohol not intended for consumption in past 7 days**Data file: zmb2017****Overview**

Valid: 273 Invalid: 4029

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		232	85%
1		1	0.4%
2		1	0.4%
4		2	0.7%
8		1	0.4%
77	Don't know	36	13.2%
Sysmiss		4029	

A12E: number of drinks of other untaxed alcohol in past 7 days**Data file: zmb2017****Overview**

Valid: 273 Invalid: 4029

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		224	82.1%
1		2	0.7%
2		2	0.7%
3		1	0.4%
4		1	0.4%
10		3	1.1%
15		1	0.4%
77	Don't know	39	14.3%
Sysmiss		4029	

A13: unable to stop drinking in past 12 mos**Data file:** zmb2017**Overview**

Valid: 1047 Invalid: 3255

Type: Discrete Decimal: 0 Width: 21 Range: 1 - 5 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Daily or almost daily	77	7.4%
2	Weekly	102	9.7%
3	Monthly	84	8%
4	Less than monthly	109	10.4%
5	Never	675	64.5%
Sysmiss		3255	

A14: failed to do what was expected due to drinking in past 12 mos**Data file:** zmb2017**Overview**

Valid: 1047 Invalid: 3255

Type: Discrete Decimal: 0 Width: 21 Range: 1 - 5 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Daily or almost daily	60	5.7%
2	Weekly	66	6.3%
3	Monthly	63	6%
4	Less than monthly	85	8.1%
5	Never	773	73.8%
Sysmiss		3255	

A15: needing drink first thin in morning in past 12 mos**Data file:** zmb2017**Overview**

Valid: 1047 Invalid: 3255

Type: Discrete Decimal: 0 Width: 21 Range: 1 - 5 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Daily or almost daily	43	4.1%
2	Weekly	74	7.1%
3	Monthly	51	4.9%
4	Less than monthly	56	5.3%
5	Never	823	78.6%
Sysmiss		3255	

A16: family problems with alcohol in past 12 mos

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 40 Range: 1 - 5 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes, more than monthly	68	1.6%
2	Yes, monthly	83	1.9%
3	Yes, several times but less than monthly	123	2.9%
4	Yes, once or twice	255	5.9%
5	No	3772	87.7%
Sysmiss		1	

D1: days fruit eaten per week

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		966	22.5%
1		679	15.8%
2		497	11.6%
3		376	8.7%
4		123	2.9%
5		71	1.7%
6		31	0.7%
7		324	7.5%
77	Don't know	1234	28.7%
Sysmiss		1	

D2: servings fruit eaten per day

Data file: zmb2017

Overview

Valid: 2101 Invalid: 2201

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		1004	47.8%
2		570	27.1%
3		253	12%
4		72	3.4%
5		59	2.8%
6		13	0.6%
7		33	1.6%
8		10	0.5%
10		24	1.1%
11		1	0%
12		2	0.1%
13		1	0%
14		1	0%
15		2	0.1%
18		1	0%
20		8	0.4%

77	Don't know	47	2.2%
Sysmiss		2201	

D3: days veg eaten per week

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		14	0.3%
1		71	1.7%
2		118	2.7%
3		248	5.8%
4		167	3.9%
5		191	4.4%
6		103	2.4%
7		3145	73.1%
77	Don't know	244	5.7%
Sysmiss		1	

D4: servings veg eaten per day

Data file: zmb2017

Overview

Valid: 4043 Invalid: 259

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		1032	25.5%
2		2091	51.7%
3		409	10.1%
4		93	2.3%

5		23	0.6%
6		11	0.3%
7		194	4.8%
8		3	0.1%
9		2	0%
10		4	0.1%
12		8	0.2%
14		79	2%
15		1	0%
16		7	0.2%
17		1	0%
18		7	0.2%
20		1	0%
77	Don't know	77	1.9%
Sysmiss		259	

D5: adding salt when eating

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Always	1259	29.3%
2	Often	359	8.3%
3	Sometimes	1319	30.7%
4	Rarely	653	15.2%
5	Never	699	16.3%
77	Don't know	12	0.3%
Sysmiss		1	

D6: adding salt when cooking

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Always	3139	73%
2	Often	344	8%
3	Sometimes	413	9.6%
4	Rarely	191	4.4%
5	Never	208	4.8%
77	Don't know	6	0.1%
Sysmiss		1	

D7: eating processed foods high in salt

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Always	43	1%
2	Often	169	3.9%
3	Sometimes	814	18.9%
4	Rarely	1347	31.3%
5	Never	1870	43.5%
77	Don't know	58	1.3%
Sysmiss		1	

D8: how much salt consumed

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1
 Type: Discrete Decimal: 0 Width: 21 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Far too much	75	1.7%
2	Too much	464	10.8%
3	Just the right amount	3290	76.5%
4	Too little	305	7.1%
5	Far too little	21	0.5%
77	Don't know	146	3.4%
Sysmiss		1	

D9: importance lowering salt

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 20 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Very important	2011	46.8%
2	Somewhat important	942	21.9%
3	Not at all important	395	9.2%
77	Don't know	953	22.2%
Sysmiss		1	

D10: can excess salt hurt health

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
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1	Yes	2622	61%
2	No	621	14.4%
77	Don't know	1058	24.6%
Sysmiss		1	

D11A: limit consumption of processed foods

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1032	24%
2	No	3269	76%
Sysmiss		1	

D11B: look at salt content on labels

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	258	6%
2	No	4043	94%
Sysmiss		1	

D11C: buy low salt alternative

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	215	5%
2	No	4086	95%
Sysmiss		1	

D11D: use spices instead of salt

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	357	8.3%
2	No	3944	91.7%
Sysmiss		1	

D11E: avoid eating out

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	621	14.4%
2	No	3680	85.6%
Sysmiss		1	

D11F: do other things to control salt intake**Data file: zmb2017****Overview**

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	177	4.1%
2	No	4124	95.9%
Sysmiss		1	

D12: oil used most often**Data file: zmb2017****Overview**

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 18 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Vegetable/palm oil	3364	78.2%
2	Lard or suet	334	7.8%
3	Butter	0	0%
4	Margarine	0	0%
5	Other	65	1.5%
6	None in particular	320	7.4%
7	None used	85	2%
77	Don't know	133	3.1%
Sysmiss		1	

P1: vig activity at work**Data file: zmb2017****Overview**

Valid: 4301 Invalid: 1

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	2765	64.3%
2	No	1536	35.7%
Sysmiss		1	

P2: vig activity at work: days per week

Data file: zmb2017

Overview

Valid: 2765 Invalid: 1537

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		156	5.6%
2		207	7.5%
3		212	7.7%
4		149	5.4%
5		329	11.9%
6		663	24%
7		827	29.9%
77	Don't know	222	8%
Sysmiss		1537	

P3A: vig activity at work: hours per day

Data file: zmb2017

Overview

Valid: 2543 Invalid: 1759

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		195	7.7%
1		230	9%
2		298	11.7%
3		346	13.6%
4		375	14.7%
5		411	16.2%
6		326	12.8%
7		94	3.7%
8		137	5.4%
9		26	1%
10		25	1%
11		4	0.2%
12		17	0.7%
13		2	0.1%
14		1	0%
15		1	0%
16		1	0%
77	Don't know	54	2.1%
Sysmiss		1759	

P3B: vig activity at work: mins per day

Data file: zmb2017

Overview

Valid: 2543 Invalid: 1759

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		2058	80.9%
4		1	0%
5		4	0.2%
8		11	0.4%
9		1	0%
10		62	2.4%
12		1	0%

15		10	0.4%
20		37	1.5%
25		4	0.2%
30		253	9.9%
35		2	0.1%
38		3	0.1%
40		21	0.8%
45		15	0.6%
50		5	0.2%
53		1	0%
77	Don't know	54	2.1%
Sysmiss		1759	

P4: mod activity at work

Data file: zmb2017

Overview

Valid: 4301 Invalid: 1
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	2631	61.2%
2	No	1670	38.8%
Sysmiss		1	

P5: mod activity at work: days per week

Data file: zmb2017

Overview

Valid: 2631 Invalid: 1671
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		201	7.6%

2		291	11.1%
3		313	11.9%
4		160	6.1%
5		168	6.4%
6		238	9%
7		1006	38.2%
77	Don't know	254	9.7%
Sysmiss		1671	

P6A: mod activity at work: hours per day

Data file: zmb2017

Overview

Valid: 2377 Invalid: 1925

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		405	17%
1		608	25.6%
2		562	23.6%
3		263	11.1%
4		145	6.1%
5		83	3.5%
6		76	3.2%
7		21	0.9%
8		86	3.6%
9		16	0.7%
10		14	0.6%
11		3	0.1%
12		9	0.4%
13		1	0%
14		2	0.1%
15		1	0%
16		1	0%
77	Don't know	81	3.4%
Sysmiss		1925	

P6B: mod activity at work: mins per day**Data file: zmb2017****Overview**

Valid: 2377 Invalid: 1925

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		1633	68.7%
2		1	0%
3		2	0.1%
5		5	0.2%
8		3	0.1%
10		57	2.4%
15		25	1.1%
20		50	2.1%
25		4	0.2%
28		1	0%
30		408	17.2%
35		9	0.4%
40		32	1.3%
45		57	2.4%
50		9	0.4%
77	Don't know	81	3.4%
Sysmiss		1925	

P7: active transport**Data file: zmb2017****Overview**

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	3694	85.9%
2	No	606	14.1%
Sysmiss		2	

P8: active transport: days per week

Data file: zmb2017

Overview

Valid: 3694 Invalid: 608

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		473	12.8%
2		410	11.1%
3		429	11.6%
4		227	6.1%
5		349	9.4%
6		355	9.6%
7		1120	30.3%
77	Don't know	331	9%
Sysmiss		608	

P9A: active transport: hours per day

Data file: zmb2017

Overview

Valid: 3363 Invalid: 939

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		1268	37.7%
1		881	26.2%
2		558	16.6%

3		237	7%
4		130	3.9%
5		62	1.8%
6		48	1.4%
7		11	0.3%
8		24	0.7%
9		6	0.2%
10		14	0.4%
12		9	0.3%
15		3	0.1%
16		1	0%
77	Don't know	111	3.3%
Sysmiss		939	

P9B: active transport: mins per day

Data file: zmb2017

Overview

Valid: 3363 Invalid: 939

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		1496	44.5%
1		2	0.1%
2		1	0%
3		1	0%
4		2	0.1%
5		6	0.2%
6		1	0%
7		1	0%
8		6	0.2%
9		1	0%
10		165	4.9%
11		1	0%
12		6	0.2%
14		1	0%

15		102	3%
18		1	0%
19		1	0%
20		225	6.7%
23		1	0%
25		31	0.9%
27		1	0%
30		810	24.1%
33		1	0%
35		35	1%
36		1	0%
38		4	0.1%
40		112	3.3%
45		181	5.4%
50		51	1.5%
51		1	0%
53		1	0%
54		1	0%
55		1	0%
58		1	0%
77	Don't know	111	3.3%
Sysmiss		939	

P10: vig leisure activity

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	689	16%
2	No	3611	84%
Sysmiss		2	

P11: vig leisure activity: days per week**Data file: zmb2017****Overview**

Valid: 689 Invalid: 3613

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		176	25.5%
2		144	20.9%
3		123	17.9%
4		45	6.5%
5		48	7%
6		41	6%
7		73	10.6%
77	Don't know	39	5.7%
Sysmiss		3613	

P12A: vig leisure activity: hours per day**Data file: zmb2017****Overview**

Valid: 650 Invalid: 3652

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		79	12.2%
1		299	46%
2		196	30.2%
3		51	7.8%
4		9	1.4%
5		7	1.1%
6		1	0.2%
9		1	0.2%
77	Don't know	7	1.1%

Sysmiss

3652

P12B: vig leisure activity: mins per day**Data file: zmb2017****Overview**

Valid: 650 Invalid: 3652

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		370	56.9%
5		2	0.3%
8		4	0.6%
10		5	0.8%
15		5	0.8%
20		14	2.2%
30		206	31.7%
38		1	0.2%
40		11	1.7%
45		21	3.2%
46		1	0.2%
50		3	0.5%
77	Don't know	7	1.1%
Sysmiss		3652	

P13: mod leisure activity**Data file: zmb2017****Overview**

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	655	15.2%

2	No	3645	84.8%
Sysmiss		2	

P14: mod leisure activity: days per week

Data file: zmb2017

Overview

Valid: 655 Invalid: 3647

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		148	22.6%
2		130	19.8%
3		117	17.9%
4		41	6.3%
5		50	7.6%
6		32	4.9%
7		97	14.8%
77	Don't know	40	6.1%
Sysmiss		3647	

P15A: mod leisure activity: hours per day

Data file: zmb2017

Overview

Valid: 615 Invalid: 3687

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		260	42.3%
1		206	33.5%
2		92	15%
3		31	5%
4		9	1.5%

5		4	0.7%
6		3	0.5%
8		1	0.2%
15		1	0.2%
77	Don't know	8	1.3%
Sysmiss		3687	

P15B: mod leisure activity: mins per day

Data file: zmb2017

Overview

Valid: 615 Invalid: 3687

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		283	46%
5		1	0.2%
10		29	4.7%
15		17	2.8%
20		39	6.3%
24		1	0.2%
25		5	0.8%
30		182	29.6%
35		3	0.5%
40		16	2.6%
45		23	3.7%
50		7	1.1%
54		1	0.2%
77	Don't know	8	1.3%
Sysmiss		3687	

P16A: sedentary time: hours per day

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		292	6.8%
1		608	14.1%
2		785	18.3%
3		679	15.8%
4		428	10%
5		357	8.3%
6		226	5.3%
7		71	1.7%
8		203	4.7%
9		36	0.8%
10		40	0.9%
11		6	0.1%
12		103	2.4%
13		3	0.1%
14		4	0.1%
15		8	0.2%
16		5	0.1%
77	Don't know	446	10.4%
Sysmiss		2	

P16B: sedentary time: mins per day

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 0 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
0		3161	73.5%
1		4	0.1%
2		5	0.1%
3		3	0.1%

4		1	0%
5		13	0.3%
6		1	0%
7		1	0%
8		12	0.3%
9		3	0.1%
10		12	0.3%
12		2	0%
13		1	0%
15		10	0.2%
20		44	1%
23		1	0%
25		4	0.1%
28		1	0%
30		475	11%
33		1	0%
35		4	0.1%
38		2	0%
40		28	0.7%
45		57	1.3%
50		7	0.2%
59		1	0%
77	Don't know	446	10.4%
Sysmiss		2	

H1: BP measured

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	2335	54.3%
2	No	1965	45.7%
Sysmiss		2	

H2A: told had high BP**Data file: zmb2017****Overview**

Valid: 2335 Invalid: 1967

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	554	23.7%
2	No	1781	76.3%
Sysmiss		1967	

H2B: told had high BP in past 12 mos**Data file: zmb2017****Overview**

Valid: 554 Invalid: 3748

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	361	65.2%
2	No	193	34.8%
Sysmiss		3748	

H3: taken meds for high BP**Data file: zmb2017****Overview**

Valid: 554 Invalid: 3748

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	159	28.7%
2	No	395	71.3%
Sysmiss		3748	

H4: seen trad'l healer for high BP

Data file: zmb2017

Overview

Valid: 554 Invalid: 3748

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	36	6.5%
2	No	518	93.5%
Sysmiss		3748	

H5: taking trad'l meds for high BP

Data file: zmb2017

Overview

Valid: 554 Invalid: 3748

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	49	8.8%
2	No	505	91.2%
Sysmiss		3748	

H6: gluc measured

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	389	9%
2	No	3911	91%
Sysmiss		2	

H7A: told had high gluc

Data file: zmb2017

Overview

Valid: 389 Invalid: 3913

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	67	17.2%
2	No	322	82.8%
Sysmiss		3913	

H7B: told had high gluc in past 12 mos

Data file: zmb2017

Overview

Valid: 67 Invalid: 4235

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	44	65.7%
2	No	23	34.3%
Sysmiss		4235	

H8: taken meds for high gluc**Data file: zmb2017****Overview**

Valid: 67 Invalid: 4235

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	27	40.3%
2	No	40	59.7%
Sysmiss		4235	

H9: taking insulin for high gluc**Data file: zmb2017****Overview**

Valid: 67 Invalid: 4235

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	14	20.9%
2	No	53	79.1%
Sysmiss		4235	

H10: seen trad'l healer for high gluc**Data file: zmb2017****Overview**

Valid: 67 Invalid: 4235

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	3	4.5%

2	No	64	95.5%
Sysmiss		4235	

H11: taking trad'l meds for high gluc

Data file: zmb2017

Overview

Valid: 67 Invalid: 4235

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	6	9%
2	No	61	91%
Sysmiss		4235	

H12: chol measured

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	86	2%
2	No	4214	98%
Sysmiss		2	

H13A: told had high chol

Data file: zmb2017

Overview

Valid: 86 Invalid: 4216

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	24	27.9%
2	No	62	72.1%
Sysmiss		4216	

H13B: told had high chol in past 12 mos

Data file: zmb2017

Overview

Valid: 24 Invalid: 4278

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	11	45.8%
2	No	13	54.2%
Sysmiss		4278	

H14: taken meds for high chol

Data file: zmb2017

Overview

Valid: 24 Invalid: 4278

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	4	16.7%
2	No	20	83.3%
Sysmiss		4278	

H15: seen trad'l healer for high chol**Data file: zmb2017****Overview**

Valid: 24 Invalid: 4278

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	0	0%
2	No	24	100%
Sysmiss		4278	

H16: taking trad'l meds for high chol**Data file: zmb2017****Overview**

Valid: 24 Invalid: 4278

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1	4.2%
2	No	23	95.8%
Sysmiss		4278	

H17: had heart attack or stroke**Data file: zmb2017****Overview**

Valid: 4302 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	160	3.7%

2	No	4142	96.3%
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H18: currently taking aspirin

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2
Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	38	0.9%
2	No	4262	99.1%
Sysmiss		2	

H19: currently taking statins

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2
Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	30	0.7%
2	No	4270	99.3%
Sysmiss		2	

H20: seen doctor/ health worker past 3 years

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2
Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1757	40.9%
2	No	2543	59.1%
Sysmiss		2	

H20A: advised to not smoke

Data file: zmb2017

Overview

Valid: 1757 Invalid: 2545

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	280	15.9%
2	No	1477	84.1%
Sysmiss		2545	

H20B: advised to reduce salt

Data file: zmb2017

Overview

Valid: 1757 Invalid: 2545

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	406	23.1%
2	No	1351	76.9%
Sysmiss		2545	

H20C: advised to eat fruit/veg**Data file: zmb2017****Overview**

Valid: 1757 Invalid: 2545

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	579	33%
2	No	1178	67%
Sysmiss		2545	

H20D: advised to reduce fat**Data file: zmb2017****Overview**

Valid: 1757 Invalid: 2545

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	459	26.1%
2	No	1298	73.9%
Sysmiss		2545	

H20E: advised to do pa**Data file: zmb2017****Overview**

Valid: 1757 Invalid: 2545

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	424	24.1%

2	No	1333	75.9%
Sysmiss		2545	

H20F: advised to lose weight**Data file: zmb2017****Overview**

Valid: 1757 Invalid: 2545

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	337	19.2%
2	No	1420	80.8%
Sysmiss		2545	

H20G: advised to reduce sugary beverages**Data file: zmb2017****Overview**

Valid: 1757 Invalid: 2545

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	340	19.4%
2	No	1417	80.6%
Sysmiss		2545	

CX1: cerv cancer screening**Data file: zmb2017****Overview**

Valid: 2686 Invalid: 1616

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	414	15.4%
2	No	2108	78.5%
77	Don't know	164	6.1%
Sysmiss		1616	

01: number natural teeth

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 17 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	No natural teeth	3	0.1%
2	1 to 9 teeth	20	0.5%
3	10 to 19 teeth	238	5.5%
4	20 teeth or more	3857	89.7%
77	Don't know	182	4.2%
Sysmiss		2	

02: state of teeth

Data file: zmb2017

Overview

Valid: 4297 Invalid: 5

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Excellent	520	12.1%
2	Very Good	781	18.2%

3	Good	1547	36%
4	Average	800	18.6%
5	Poor	539	12.5%
6	Very Poor	84	2%
77	Don't Know	26	0.6%
Sysmiss		5	

03: state of gums

Data file: zmb2017

Overview

Valid: 4297 Invalid: 5

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Excellent	539	12.5%
2	Very Good	957	22.3%
3	Good	1684	39.2%
4	Average	705	16.4%
5	Poor	324	7.5%
6	Very Poor	60	1.4%
77	Don't Know	28	0.7%
Sysmiss		5	

04: has removable dentures

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	398	9.3%
2	No	3902	90.7%

Sysmiss		2	
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O5A: has upper denture**Data file: zmb2017****Overview**

Valid: 398 Invalid: 3904

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	283	71.1%
2	No	115	28.9%
Sysmiss		3904	

O5B: has lower denture**Data file: zmb2017****Overview**

Valid: 398 Invalid: 3904

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	319	80.2%
2	No	79	19.8%
Sysmiss		3904	

O6: pain in teeth, gums or mouth in past 12 mos**Data file: zmb2017****Overview**

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1480	34.4%
2	No	2820	65.6%
Sysmiss		2	

07: time since last dentist visit

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 38 Range: 1 - 6 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Less than 6 months	131	3%
2	6-12 months	168	3.9%
3	More than 1 year but less than 2 years	199	4.6%
4	2 or more years but less than 5 years	261	6.1%
5	5 or more years	387	9%
6	Never received dental care	3154	73.3%
Sysmiss		2	

08: main reason for last dentist visit

Data file: zmb2017

Overview

Valid: 1146 Invalid: 3156

Type: Discrete Decimal: 0 Width: 41 Range: 1 - 5 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Consultation / advice	49	4.3%
2	Pain or trouble with teeth, gums or mouth	862	75.2%

3	Treatment / Follow-up treatment	161	14%
4	Routine check-up treatment	70	6.1%
5	Other	4	0.3%
Sysmiss		3156	

09: frequency of cleaning teeth

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 19 Range: 1 - 7 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Never	27	0.6%
2	Once a month	22	0.5%
3	2-3 times a month	55	1.3%
4	Once a week	23	0.5%
5	2-6 times a week	58	1.3%
6	Once a day	1458	33.9%
7	Twice or more a day	2657	61.8%
Sysmiss		2	

010: use toothpaste to clean teeth

Data file: zmb2017

Overview

Valid: 4273 Invalid: 29

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	3168	74.1%
2	No	1105	25.9%
Sysmiss		29	

O11: toothpaste used has fluoride**Data file: zmb2017****Overview**

Valid: 3168 Invalid: 1134

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 77 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	2790	88.1%
2	No	176	5.6%
77	Don't know	202	6.4%
Sysmiss		1134	

O12A: used to clean teeth: Toothbrush**Data file: zmb2017****Overview**

Valid: 4273 Invalid: 29

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	3771	88.3%
2	No	502	11.7%
Sysmiss		29	

O12B: used to clean teeth: Wooden toothpicks**Data file: zmb2017****Overview**

Valid: 4273 Invalid: 29

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1169	27.4%
2	No	3104	72.6%
Sysmiss		29	

O12C: used to clean teeth: Plastic toothpicks

Data file: zmb2017

Overview

Valid: 4273 Invalid: 29

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	109	2.6%
2	No	4164	97.4%
Sysmiss		29	

O12D: used to clean teeth: Thread (dental floss)

Data file: zmb2017

Overview

Valid: 4273 Invalid: 29

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	90	2.1%
2	No	4183	97.9%
Sysmiss		29	

012E: used to clean teeth: Charcoal**Data file: zmb2017****Overview**

Valid: 4273 Invalid: 29

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	408	9.5%
2	No	3865	90.5%
Sysmiss		29	

012F: used to clean teeth: Chewstick / miswak**Data file: zmb2017****Overview**

Valid: 4273 Invalid: 29

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	805	18.8%
2	No	3468	81.2%
Sysmiss		29	

012: used to clean teeth: Other**Data file: zmb2017****Overview**

Valid: 4273 Invalid: 29

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	796	18.6%

2	No	3477	81.4%
Sysmiss		29	

013A: had problem in past 12 mos: Difficulty in chewing foods

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	1264	29.4%
2	No	3036	70.6%
Sysmiss		2	

013B: had problem in past 12 mos: Difficulty with speech/trouble pronouncing words

Data file: zmb2017

Overview

Valid: 4300 Invalid: 0

Type: Discrete Width: 1 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		487	11.3%
2		3813	88.7%

013C: had problem in past 12 mos: Felt tense because of problems with teeth or mouth

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	584	13.6%
2	No	3716	86.4%
Sysmiss		2	

013D: had problem in past 12 mos: Embarrassed about appearance of teeth

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	291	6.8%
2	No	4009	93.2%
Sysmiss		2	

013E: had problem in past 12 mos: Avoid smiling because of teeth

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	365	8.5%
2	No	3935	91.5%
Sysmiss		2	

013F: had problem in past 12 mos: Sleep is often interrupted**Data file: zmb2017****Overview**

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	822	19.1%
2	No	3478	80.9%
Sysmiss		2	

013G: had problem in past 12 mos: Days not at work because of teeth or mouth**Data file: zmb2017****Overview**

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	556	12.9%
2	No	3744	87.1%
Sysmiss		2	

013H: had problem in past 12 mos: Difficulty doing usual activities**Data file: zmb2017****Overview**

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	676	15.7%

2	No	3624	84.3%
Sysmiss		2	

013I: had problem in past 12 mos: Less tolerant of spouse or people close to you

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2
Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	284	6.6%
2	No	4016	93.4%
Sysmiss		2	

013J: had problem in past 12 mos: Reduced participation in social activities

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2
Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	507	11.8%
2	No	3793	88.2%
Sysmiss		2	

MH1: considered suicide in past 12 mos

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2
Type: Discrete Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	347	8.1%
2	no	3924	91.3%
88	refused	29	0.7%
Sysmiss		2	

MH2: sought prof help for suicidal thoughts

Data file: zmb2017

Overview

Valid: 347 Invalid: 3955

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	74	21.3%
2	no	271	78.1%
88	refused	2	0.6%
Sysmiss		3955	

MH3: made plan for suicide in past 12 mos

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	143	3.3%
2	no	4126	96%
88	refused	31	0.7%
Sysmiss		2	

MH4: attempted suicide ever**Data file:** zmb2017**Overview**

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	99	2.3%
2	no	4156	96.7%
88	refused	45	1%
Sysmiss		2	

MH5: attempted suicide in past 12 mos**Data file:** zmb2017**Overview**

Valid: 144 Invalid: 4158

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	45	31.3%
2	no	71	49.3%
88	refused	28	19.4%
Sysmiss		4158	

MH6: main method used in last suicide attempt**Data file:** zmb2017**Overview**

Valid: 99 Invalid: 4203

Type: Discrete Decimal: 0 Width: 69 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Razor, knife or other sharp instrument	14	14.1%
2	Overdose of medication (e. g. prescribed, over-the-counter)	19	19.2%
3	Overdose of other substance (e.g. heroin, crack, alcohol)	3	3%
4	Poisoning with pesticides (e.g. rat poison, insecticide, weed-killer)	19	19.2%
5	Other poisoning (e.g. plant/seed, household product)	5	5.1%
6	Hang on a rope	19	19.2%
7	Other	2	2%
88	Refused	18	18.2%
Sysmiss		4203	

MH7: sought medical care for last suicide attempt

Data file: zmb2017

Overview

Valid: 99 Invalid: 4203

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	22	22.2%
2	no	77	77.8%
88	refused	0	0%
Sysmiss		4203	

MH8: admitted to hospital overnight due to last attempt

Data file: zmb2017

Overview

Valid: 22 Invalid: 4280

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	14	63.6%
2	no	8	36.4%
88	refused	0	0%
Sysmiss		4280	

MH9: close family member attempted suicide

Data file: zmb2017

Overview

Valid: 4300 Invalid: 2

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	451	10.5%
2	no	3819	88.8%
88	refused	30	0.7%
Sysmiss		2	

MH10: close family member died from suicide

Data file: zmb2017

Overview

Valid: 451 Invalid: 3851

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 88 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	yes	252	55.9%
2	no	199	44.1%
88	refused	0	0%
Sysmiss		3851	

M1: interviewer ID**Data file: zmb2017****Overview**

Valid: 4186 Invalid: 116 Minimum: 1 Maximum: 171412 Mean: 212.032 Standard deviation: 3001.081
 Type: Continuous Decimal: 0 Width: 10 Range: 1 - 171412 Format: Numeric

M2: BP device ID**Data file: zmb2017****Overview**

Valid: 4186 Invalid: 116 Minimum: 1 Maximum: 171412 Mean: 212.032 Standard deviation: 3001.081
 Type: Continuous Decimal: 0 Width: 10 Range: 1 - 171412 Format: Numeric

M4A: BP reading 1: systolic**Data file: zmb2017****Overview**

Valid: 4186 Invalid: 116 Minimum: 54 Maximum: 888 Mean: 133.951 Standard deviation: 68.136
 Type: Continuous Decimal: 0 Width: 10 Range: 54 - 888 Format: Numeric

M4B: BP reading 1: diastolic**Data file: zmb2017****Overview**

Valid: 4186 Invalid: 116 Minimum: 33 Maximum: 888 Mean: 86.378 Standard deviation: 70.732
 Type: Continuous Decimal: 0 Width: 10 Range: 33 - 888 Format: Numeric

M5A: BP reading 2: systolic**Data file: zmb2017****Overview**

Valid: 4155 Invalid: 147 Minimum: 70 Maximum: 888 Mean: 125.969 Standard deviation: 25.269
 Type: Continuous Decimal: 0 Width: 10 Range: 70 - 888 Format: Numeric

M5B: BP reading 2: diastolic**Data file: zmb2017****Overview**

Valid: 4155 Invalid: 147 Minimum: 35 Maximum: 888 Mean: 78.493 Standard deviation: 22.355
 Type: Continuous Decimal: 0 Width: 10 Range: 35 - 888 Format: Numeric

M6A: BP reading 3: systolic**Data file:** zmb2017**Overview**

Valid: 4153 Invalid: 149 Minimum: 61 Maximum: 888 Mean: 124.949 Standard deviation: 36.285
 Type: Continuous Decimal: 0 Width: 10 Range: 61 - 888 Format: Numeric

M6B: BP reading 3: diastolic**Data file:** zmb2017**Overview**

Valid: 4153 Invalid: 149 Minimum: 36 Maximum: 888 Mean: 77.826 Standard deviation: 35.629
 Type: Continuous Decimal: 0 Width: 10 Range: 36 - 888 Format: Numeric

M7: took raised BP meds in past 2 weeks**Data file:** zmb2017**Overview**

Valid: 4186 Invalid: 116
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	151	3.6%
2	No	4035	96.4%
Sysmiss		116	

M8: pregnant**Data file:** zmb2017**Overview**

Valid: 2619 Invalid: 1683
 Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
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1	Yes	176	6.7%
2	No	2443	93.3%
Sysmiss		1683	

M9: interviewer ID**Data file: zmb2017****Overview**

Valid: 4010 Invalid: 292 Minimum: 1 Maximum: 171412 Mean: 220.329 Standard deviation: 3065.981
 Type: Continuous Decimal: 0 Width: 10 Range: 1 - 171412 Format: Numeric

M10A: height device ID**Data file: zmb2017****Overview**

Valid: 4010 Invalid: 292 Minimum: 1 Maximum: 171412 Mean: 220.329 Standard deviation: 3065.981
 Type: Continuous Decimal: 0 Width: 10 Range: 1 - 171412 Format: Numeric

M10B: weight device ID**Data file: zmb2017****Overview**

Valid: 4010 Invalid: 292 Minimum: 1 Maximum: 171412 Mean: 220.329 Standard deviation: 3065.981
 Type: Continuous Decimal: 0 Width: 10 Range: 1 - 171412 Format: Numeric

M11: height (cm)**Data file: zmb2017****Overview**

Valid: 4010 Invalid: 292 Minimum: 101 Maximum: 888 Mean: 162.125 Standard deviation: 27.048
 Type: Continuous Decimal: 0 Width: 10 Range: 101 - 888 Format: Numeric

M12: weight (kg)**Data file: zmb2017****Overview**

Valid: 4010 Invalid: 292 Minimum: 33.8 Maximum: 888 Mean: 61.732 Standard deviation: 30.655
 Type: Continuous Decimal: 0 Width: 10 Range: 33.8 - 888 Format: Numeric

M13: waist circ device ID**Data file: zmb2017****Overview**

Valid: 4010 Invalid: 292 Minimum: 1 Maximum: 171412 Mean: 220.329 Standard deviation: 3065.981
 Type: Continuous Decimal: 0 Width: 10 Range: 1 - 171412 Format: Numeric

M14: waist circumference (cm)**Data file: zmb2017****Overview**

Valid: 4010 Invalid: 0
 Type: Discrete Width: 17 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
100		26	0.6%
100.3		1	0%
100.5		2	0%
101		16	0.4%
101.1		1	0%
101.2		1	0%
101.4		1	0%
101.5		1	0%
101.6		1	0%
101.7		1	0%
102		27	0.7%
102.1		1	0%
102.4		1	0%
102.5		1	0%
103		14	0.3%
103.5		3	0.1%
104		14	0.3%
104.3		1	0%
104.5		1	0%
105		8	0.2%
105.3		1	0%
105.5		2	0%
106		11	0.3%

106.5		1	0%
107		8	0.2%
107.4		1	0%
108		5	0.1%
108.2		1	0%
108.3		1	0%
109		8	0.2%
109.5		1	0%
110		11	0.3%
110.5		2	0%
111		6	0.1%
111.5		1	0%
112		10	0.2%
112.3		1	0%
113		2	0%
114		4	0.1%
115		4	0.1%
115.5		2	0%
116		3	0.1%
116.7		1	0%
117		2	0%
117.5		1	0%
118		4	0.1%
119		1	0%
119.2		1	0%
120		4	0.1%
121		3	0.1%
122		1	0%
123		4	0.1%
124		1	0%
125		2	0%
125.1		1	0%
127		1	0%
129		2	0%
132		1	0%
136		1	0%
138		1	0%
142		1	0%
143		1	0%

155		1	0%
171		1	0%
193		1	0%
197		1	0%
30		2	0%
31		1	0%
31.2		1	0%
32		3	0.1%
33		1	0%
33.5		1	0%
34		3	0.1%
35.5		1	0%
38		1	0%
40		1	0%
43		1	0%
44		1	0%
48		1	0%
49		1	0%
51		1	0%
51.2		1	0%
52.1		1	0%
53		2	0%
54.2		1	0%
55		1	0%
56		5	0.1%
56.1		1	0%
56.2		2	0%
56.9		1	0%
57		2	0%
57.2		1	0%
58		1	0%
58.1		2	0%
58.2		4	0.1%
59		3	0.1%
59.4		1	0%
60		4	0.1%
60.6		1	0%
61		9	0.2%
61.1		1	0%

61.8		1	0%
62		12	0.3%
62.1		6	0.1%
62.5		1	0%
63		17	0.4%
63.2		1	0%
63.4		2	0%
63.5		5	0.1%
63.7		1	0%
64		19	0.5%
64.1		1	0%
64.2		1	0%
64.3		1	0%
64.5		4	0.1%
64.6		2	0%
64.7		1	0%
65		23	0.6%
65.1		1	0%
65.2		1	0%
65.3		1	0%
65.400000000000001		1	0%
65.5		1	0%
66		36	0.9%
66.1		1	0%
66.2		2	0%
66.3		1	0%
66.4		2	0%
66.5		1	0%
66.7		1	0%
66.8		2	0%
67		50	1.2%
67.1		2	0%
67.2		2	0%
67.3		1	0%
67.4		1	0%
67.59999999999999		1	0%
68		76	1.9%
68.09999999999999		1	0%
68.1		4	0.1%

68.2		4	0.1%
68.3		1	0%
68.5		4	0.1%
68.6		2	0%
68.8		3	0.1%
68.90000000000001		1	0%
69		94	2.3%
69.09999999999999		1	0%
69.1		2	0%
69.2		3	0.1%
69.4		1	0%
69.5		7	0.2%
69.8		2	0%
70		109	2.7%
70.1		1	0%
70.2		1	0%
70.3		1	0%
70.4		1	0%
70.5		4	0.1%
70.8		1	0%
71		143	3.6%
71.09999999999999		1	0%
71.2		6	0.1%
71.3		3	0.1%
71.4		1	0%
71.40000000000001		1	0%
71.5		12	0.3%
71.6		3	0.1%
71.7		2	0%
71.8		3	0.1%
71.9		2	0%
72		137	3.4%
72.1		6	0.1%
72.2		3	0.1%
72.3		2	0%
72.5		5	0.1%
72.6		2	0%
72.7		3	0.1%
72.8		2	0%

72.9		3	0.1%
72.900000000000001		1	0%
73		132	3.3%
73.1		1	0%
73.2		7	0.2%
73.3		2	0%
73.4		2	0%
73.400000000000001		1	0%
73.5		20	0.5%
73.6		2	0%
73.7		1	0%
73.8		3	0.1%
74		178	4.4%
74.099999999999999		3	0.1%
74.1		4	0.1%
74.2		10	0.2%
74.3		4	0.1%
74.4		3	0.1%
74.5		15	0.4%
74.599999999999999		2	0%
74.6		1	0%
74.8		5	0.1%
75		141	3.5%
75.099999999999999		1	0%
75.1		5	0.1%
75.2		5	0.1%
75.3		5	0.1%
75.4		3	0.1%
75.5		19	0.5%
75.6		2	0%
75.7		1	0%
75.8		3	0.1%
75.9		1	0%
76		187	4.7%
76.099999999999999		3	0.1%
76.1		5	0.1%
76.2		4	0.1%
76.3		1	0%
76.4		2	0%

76.40000000000001		2	0%
76.5		18	0.4%
76.6		1	0%
76.8		5	0.1%
77		126	3.1%
77.1		1	0%
77.3		4	0.1%
77.4		4	0.1%
77.40000000000001		2	0%
77.5		11	0.3%
77.6		1	0%
77.7		2	0%
77.8		1	0%
78		153	3.8%
78.2		4	0.1%
78.3		5	0.1%
78.4		2	0%
78.40000000000001		1	0%
78.5		12	0.3%
78.59999999999999		1	0%
78.6		1	0%
78.8		3	0.1%
78.9		1	0%
79		154	3.8%
79.09999999999999		3	0.1%
79.1		3	0.1%
79.2		2	0%
79.3		1	0%
79.4		1	0%
79.40000000000001		1	0%
79.5		8	0.2%
79.6		3	0.1%
79.7		2	0%
79.8		1	0%
79.9		1	0%
80		92	2.3%
80.2		3	0.1%
80.3		2	0%
80.4		1	0%

80.5		11	0.3%
80.8		3	0.1%
80.9		2	0%
81		129	3.2%
81.09999999999999		4	0.1%
81.2		3	0.1%
81.3		1	0%
81.4		2	0%
81.400000000000001		1	0%
81.5		9	0.2%
81.6		1	0%
81.7		1	0%
81.8		1	0%
81.9		1	0%
82		135	3.4%
82.09999999999999		1	0%
82.2		1	0%
82.3		1	0%
82.4		2	0%
82.400000000000001		1	0%
82.5		12	0.3%
82.6		1	0%
82.8		2	0%
83		94	2.3%
83.09999999999999		1	0%
83.2		1	0%
83.3		3	0.1%
83.4		1	0%
83.400000000000001		2	0%
83.5		7	0.2%
83.7		1	0%
83.8		1	0%
83.9		2	0%
84		114	2.8%
84.09999999999999		1	0%
84.1		1	0%
84.2		1	0%
84.3		1	0%
84.4		1	0%

84.40000000000001		1	0%
84.5		3	0.1%
84.59999999999999		1	0%
84.6		2	0%
84.7		2	0%
84.9		1	0%
85		67	1.7%
85.2		1	0%
85.3		1	0%
85.40000000000001		1	0%
85.5		4	0.1%
85.9		1	0%
86		103	2.6%
86.2		3	0.1%
86.3		1	0%
86.40000000000001		1	0%
86.5		3	0.1%
86.59999999999999		1	0%
86.8		1	0%
87		48	1.2%
87.1		1	0%
87.5		6	0.1%
87.6		1	0%
87.8		2	0%
88		59	1.5%
88.1		1	0%
88.2		3	0.1%
88.5		7	0.2%
88.59999999999999		1	0%
88.7		2	0%
88.8		1	0%
888		12	0.3%
89		66	1.6%
89.2		2	0%
89.3		3	0.1%
89.40000000000001		1	0%
89.5		4	0.1%
89.59999999999999		1	0%
89.6		1	0%

89.7		1	0%
89.8		1	0%
89.900000000000001		1	0%
90		36	0.9%
90.099999999999999		1	0%
90.1		1	0%
90.3		1	0%
90.4		2	0%
90.8		1	0%
91		48	1.2%
91.2		2	0%
91.3		2	0%
91.4		1	0%
91.400000000000001		1	0%
91.5		7	0.2%
91.8		1	0%
92		50	1.2%
92.1		1	0%
92.2		1	0%
92.5		1	0%
92.8		1	0%
93		34	0.8%
93.1		1	0%
93.2		1	0%
93.5		2	0%
93.7		1	0%
94		55	1.4%
94.1		1	0%
94.2		2	0%
94.5		2	0%
95		21	0.5%
95.5		4	0.1%
95.6		1	0%
95.8		2	0%
96		42	1%
96.2		1	0%
96.5		1	0%
96.8		4	0.1%
97		27	0.7%

97.1		1	0%
97.2		1	0%
97.3		1	0%
98		25	0.6%
98.1		1	0%
98.400000000000001		3	0.1%
98.5		2	0%
98.7		1	0%
99		25	0.6%
99.400000000000001		1	0%
99.5		4	0.1%
99.900000000000001		1	0%

M15: hip circumference (cm)

Data file: zmb2017

Overview

Valid: 4010 Invalid: 292 Minimum: 45 Maximum: 888 Mean: 97.798 Standard deviation: 44.704
 Type: Continuous Decimal: 0 Width: 10 Range: 45 - 888 Format: Numeric

M16A: heart rate reading 1

Data file: zmb2017

Overview

Valid: 4186 Invalid: 116 Minimum: 30 Maximum: 888 Mean: 85.84 Standard deviation: 71.117
 Type: Continuous Decimal: 0 Width: 10 Range: 30 - 888 Format: Numeric

M16B: heart rate reading 2

Data file: zmb2017

Overview

Valid: 4155 Invalid: 147 Minimum: 30 Maximum: 888 Mean: 79.701 Standard deviation: 23.654
 Type: Continuous Decimal: 0 Width: 10 Range: 30 - 888 Format: Numeric

M16C: heart rate reading 3

Data file: zmb2017

Overview

Valid: 4153 Invalid: 149 Minimum: 30 Maximum: 888 Mean: 81.188 Standard deviation: 36.572
 Type: Continuous Decimal: 0 Width: 10 Range: 30 - 888 Format: Numeric

B1: fasting for past 12 hrs**Data file:** zmb2017**Overview**

Valid: 3791 Invalid: 511

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	133	3.5%
2	No	3658	96.5%
Sysmiss		511	

B2: blood measures technician ID**Data file:** zmb2017**Overview**

Valid: 3791 Invalid: 511 Minimum: 1 Maximum: 93719281 Mean: 24826.712 Standard deviation: 1522129.696

Type: Continuous Decimal: 0 Width: 10 Range: 1 - 93719281 Format: Numeric

B3: gluc device ID**Data file:** zmb2017**Overview**

Valid: 3791 Invalid: 511 Minimum: 1 Maximum: 93719281 Mean: 24826.712 Standard deviation: 1522129.696

Type: Continuous Decimal: 0 Width: 10 Range: 1 - 93719281 Format: Numeric

B5: fasting blood glucose (mmol/l)**Data file:** zmb2017**Overview**

Valid: 3658 Invalid: 644 Minimum: 1.1 Maximum: 77 Mean: 5.832 Standard deviation: 8.586

Type: Continuous Decimal: 0 Width: 10 Range: 1.1 - 77 Format: Numeric

B6: took insulin today**Data file: zmb2017****Overview**

Valid: 3791 Invalid: 511

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	17	0.4%
2	No	3774	99.6%
Sysmiss		511	

B8: total cholesterol (mmol/l)**Data file: zmb2017****Overview**

Valid: 3791 Invalid: 511 Minimum: 2.59 Maximum: 77 Mean: 4.713 Standard deviation: 9.523

Type: Continuous Decimal: 0 Width: 10 Range: 2.59 - 77 Format: Numeric

B9: chol meds taken in past 2 weeks**Data file: zmb2017****Overview**

Valid: 3791 Invalid: 511

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	Yes	26	0.7%
2	No	3765	99.3%
Sysmiss		511	

B10: fasting prior to urine collection**Data file: zmb2017**

Overview

Valid: 3791 Invalid: 511

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		2808	74.1%
2		983	25.9%
Sysmiss		511	

B11: technician ID**Data file: zmb2017****Overview**

Valid: 2952 Invalid: 1350 Minimum: 1 Maximum: 26256748 Mean: 8904.28 Standard deviation: 483261.946

Type: Continuous Decimal: 0 Width: 10 Range: 1 - 26256748 Format: Numeric

B12: urine device ID**Data file: zmb2017****Overview**

Valid: 2952 Invalid: 1350 Minimum: 1 Maximum: 26256748 Mean: 8904.28 Standard deviation: 483261.946

Type: Continuous Decimal: 0 Width: 10 Range: 1 - 26256748 Format: Numeric

B14: urinary sodium (mmol/l)**Data file: zmb2017****Overview**

Valid: 2970 Invalid: 1332 Minimum: 7 Maximum: 777 Mean: 134.787 Standard deviation: 67.071

Type: Continuous Decimal: 0 Width: 10 Range: 7 - 777 Format: Numeric

B15: urinary creatinine (mmol/l)**Data file: zmb2017****Overview**

Valid: 2970 Invalid: 0

Type: Discrete Width: 20 Range: - Format: character

AGERANGE: ageranges for which survey was designed**Data file: zmb2017****Overview**

Valid: 4302 Invalid: 0

Type: Discrete Width: 5 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
18-29		1620	37.7%
30-44		1513	35.2%
45-59		785	18.2%
60-69		384	8.9%

STRATUM: stratum**Data file: zmb2017****Overview**

Valid: 4302 Invalid: 0

Type: Discrete Decimal: 0 Width: 10 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1	rural	2660	61.8%
2	urban	1642	38.2%

WSTEP1: final analysis weight for step 1 variables (interview)**Data file: zmb2017****Overview**

Valid: 4302 Invalid: 0 Minimum: 131.123 Maximum: 20871.201 Mean: 1733.071 Standard deviation: 1399.126

Type: Continuous Decimal: 0 Width: 10 Range: 131.123062133789 - 20871.201171875 Format: Numeric

WSTEP3: final analysis weight for step 3 variables (biochemical measures)**Data file: zmb2017****Overview**

Valid: 4302 Invalid: 0 Minimum: 149.269 Maximum: 23618.459 Mean: 1998.163 Standard deviation: 1601.873

Type: Continuous Decimal: 0 Width: 10 Range: 149.269302368164 - 23618.458984375 Format: Numeric

WSTEP2: final analysis weight for step 2 variables (physical measures)**Data file: zmb2017****Overview**

Valid: 4302 Invalid: 0 Minimum: 131.123 Maximum: 20871.201 Mean: 1733.071 Standard deviation: 1399.126

Type: Continuous Decimal: 0 Width: 10 Range: 131.123062133789 - 20871.201171875 Format: Numeric

PSU: psu**Data file: zmb2017****Overview**

Valid: 4302 Invalid: 0 Minimum: 1 Maximum: 347 Mean: 168.374 Standard deviation: 99.381

Type: Continuous Decimal: 0 Width: 10 Range: 1 - 347 Format: Numeric

study_resources

questionnaires

STEPS Zambia 2017 Questionnaire

title STEPS Zambia 2017 Questionnaire
country Zambia
filename STEPS_Zambia_2017_Questionnaire.pdf

reports

STEPS Zambia 2017 Report

title STEPS Zambia 2017 Report
filename STEPS_Zambia_2017_Report.pdf

technical_documents

Generic STEPS Questionnaire (version 3.1)

title Generic STEPS Questionnaire (version 3.1)
filename STEPS_Instrument_V3-1.pdf
