Farm to School: A Multicomponent Food System Intervention to Increase Consumption of Fruit and Vegetables in Guatemala 2018

Institute of Nutrition of Central America and Panama (INCAP)

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Identification

SURVEY ID NUMBER
GTM_2018_FSMFSIICFV_v01_M_v01_A_ESS

TITLE
Farm to School: A Multicomponent Food System Intervention to Increase Consumption of Fruit and Vegetables in Guatemala 2018

ABBREVIATION OR ACRONYM
FSMFSIICFV 2018

COUNTRY

Name	Country code
Guatemala	GTM

STUDY TYPE
Individual Food Consumption/Dietary Survey [hh/ifcs]

ABSTRACT
The objective of the project was to increase the consumption of fruits and vegetables in school children in the city of Guatemala, by implementing a system of fruit and vegetable provision sustained in the school environment, in order to establish healthy eating habits at an early age.

KIND OF DATA
Sample survey data [ssd]

UNIT OF ANALYSIS
Individuals

Scope

NOTES
The survey collected information on:
- SUBJECTS: information on the participants such as age, sex and geographical location.
- CONSUMPTION: information on all foods consumed by each participant in each survey day, including quantities and nutrient values.
The population group covered in the dataset was children 8-14 years old.

Coverage

GEOGRAPHIC COVERAGE
Sub-national coverage, only urban areas.

Producers and sponsors

PRIMARY INVESTIGATORS

Name
Institute of Nutrition of Central America and Panama (INCAP)

Sampling

SAMPLING PROCEDURE
The schools were selected by convenience. Then, 4 class sections were selected by simple random sampling in each school. The scholars authorized by their parents to participate in the study and voluntarily wanting to, were selected. From there, simple random sampling was applied to have the study sample.

WEIGHTING
No survey weights were used in this survey.

Data collection

DATES OF DATA COLLECTION

Start	End
2018-07-24	2018-09-21

DATA COLLECTION MODE
Face-to-face paper [f2f]

DATA COLLECTION NOTES
Primary dietary assessment method: 24-hour recall, covering both week days and weekends, with no repeated recalls. Secondary dietary assessment method: semi-quantitative food frequency questionnaire.

Access policy

CONTACTS

Email
fao-who-gift@fao.org

CONFIDENTIALITY
The users shall not take any action with the purpose of identifying any individual entity (i.e. person, household, enterprise, etc.) in the micro dataset(s). If such a disclosure is made inadvertently, no use will be made of the information, and it will be reported immediately to FAO

ACCESS CONDITIONS
Users requesting access to FAO datasets must agree to the following minimal conditions:
- The micro dataset will only be used for statistical and/or research purposes;
- Any results derived from the micro dataset will be used solely for reporting aggregated information, and not for any specific individual entities or data subjects;
- The users shall not take any action with the purpose of identifying any individual entity (i.e. person, household, enterprise, etc.) in the micro dataset(s). If such a disclosure is made inadvertently, no use will be made of the information, and it will be reported immediately to FAO;
- The micro dataset cannot be re-disseminated by users or shared with anyone other than the individuals that are granted access to the micro dataset by FAO.

CITATION REQUIREMENTS
Institute of Nutrition of Central America and Panama (INCAP), Guatemala; 2023; "Farm to School: a multicomponent food system intervention to increase consumption of Fruit and Vegetables in Guatemala", 2018

Disclaimer and copyrights

DISCLAIMER
The user of the data acknowledges that the original collector of the data, the authorized distributor of the data, and the

Metadata production

DDI DOCUMENT ID
DDI_GTM_2018_FSMFSIICFV_v01_M_v01_A_ESS_FAO

PRODUCERS

Name	Abbreviation	Affiliation	Role
Victoria Paduladequadros		Food and Agriculture Organization	Metadata producer
Oluwakayode Anidi		Food and Agriculture Organization	Metadata adapted for FAM
Development Economics Data Group	DECDG	The World Bank	Metadata adapted for World Bank Microdata Library

DDI DOCUMENT VERSION
Identical to a metadata (GTM_2018_FSMFSIICFV_v01_EN_M_v01_A_ESS) published on FAO microdata repository (https://microdata.fao.org/index.php/catalog). Some of the metadata fields have been edited.

data_dictionary

Data file	Cases	variables
data_anon_subjects	419	23
data_anon_consumption	11186	78

Data file	Cases	variables
data_anon_consumption	11186	78

Data file: data_anon_subjects

Cases:	419
variables:	23

variables

ID	Name	Label	Question
V102	ADM0_NAME	Country	
V103	ADM1_NAME	Region	
V104	ADM2_NAME	Subregion	
V105	WEIGHTING_FACTOR	Weight factor	
V106	AREA_TYPE	Area	
V107	HOUSEHOLD	ID Household	
V108	SUBJECT	ID Subject	
V109	ROUND	Round	
V110	SEX	Sex	
V111	AGE_YEAR	Age (years)	
V112	ANT_DAY	Day of measurement	
V113	ANT_MONTH	Month of measurement	
V114	ANT_YEAR	Year of measurement	
V115	WEIGHT	Weight (kg)	
V116	HEIGHT	Height (cm)	
V117	METHOD_WEIGHT	Method for body weight measurement	
V118	METHOD_HEIGHT	Method for height measurement	
V119	SPECIAL_DIET	Special diet	
V120	PREG_LACT	Pregnant/lactating	
V121	BREASTFEEDING	Breastfeeding	
V122	UNOVERREP	Under/over reporters for energy	
V123	ACTIVITY	PAL	
V124	VERSION	Version	

total: 23

Data file: data_anon_consumption

Cases:	11186
variables:	78

variables

ID	Name	Label	Question
V148	SUBJECT	Subject identification	
V149	ROUND	Round	
V150	SURVEY_DAY	Day number	
V151	RESPONDER	Responder	
V152	SEASON	Season of the year	
V153	CONSUMPTION_DAY	Day of consumption	
V154	CONSUMPTION_MONTH	Month of consumption	
V155	CONSUMPTION_YEAR	Year of consumption	
V156	WEEK_DAY	Week day of consumption	
V157	EXCEPTION_DAY	Exceptional diet the day of consumption	
V158	CONSUMPTION_TIME_HOUR	Time of consumption (hours)	
V159	CONSUMPTION_TIME_MINUTES	Time of consumption (minutes)	
V160	MEAL_NAME	Eating occasion	
V161	PLACE	Place of consumption	
V162	FOOD_TYPE	Type of the eating occasion	
V163	RECIPE_CODE	ID Recipe	
V164	RECIPE_DESCR	Recipe description in local language (other than English)	
V165	RECIPE_DESCR_ENG	Recipe description in English	
V166	FOODEX2_RECIPE_CODE	FoodEx2 recipe code	
V167	FOODEX2_RECIPE_DESCR	FoodEx2 recipe description	
V168	v20_a1		
V169	AMOUNT_RECIPE	Amount recipe consumed (g)	
V170	CODE_INGREDIENT	Original ingredient code	
V171	INGREDIENT	Food item or Ingredient description in local language (other than English)	
V172	INGREDIENT_ENG	Food item or Ingredient description in English	
V173	FOODEX2_INGR_CODE	FoodEx2 ingredient code	
V174	FOODEX2_INGR_DESCR	FoodEx2 ingredient description	
V175	v26_a1		
V176	FOOD_AMOUNT_UNPROC	Food amount (edible) before processing/cooking (raw amount) (g)	
V177	FOOD_AMOUNT_CONS	Food amount (edible) as consumed by the participant (g)	
V178	FOOD_AMOUNT_REPORTED	Food amount (edible) as reported in the survey (g)	
V179	ENERGY_kcal	Energy (kcal)	
V180	WATER_g	Water (g)	
V181	PROTEIN_g	Protein (g)	
V182	A_PROT_g	Animal protein (g)	
V183	V_PROT_g	Vegetal protein (g)	
V184	CARBOH_g	Carbohydrates (g)	
V185	SUGAR_g	Total sugars (g)	

ID	Name	Label	Question
V186	FIBTG_g	Fibre total dietary (g)	
V187	ALCOHOL_g	Alcohol (g)	
V188	FAT_g	Fat (g)	
V189	SAT_FAT_g	Saturated fat (g)	
V190	MUFA_g	Monounsaturated fat (g)	
V191	PUFA_g	Poly-unsaturated fat (g)	
V192	TFA_g	Trans fatty acid (g)	
V193	CHOL_mg	Cholesterol (mg)	
V194	CALC_mg	Calcium (mg)	
V195	IRON_mg	Iron (mg)	
V196	ZINC_mg	Zinc (mg)	
V197	MG_mg	Magnesium (mg)	
V198	PHOS_mg	Phosphorus (mg)	
V199	POTA_mg	Potassium (mg)	
V200	NA_mg	Sodium (mg)	
V201	CU_mg	Copper (mg)	
V202	IOD_mcg	Iodine (µg/mcg)	
V203	SE_mcg	Selenium (µg/mcg)	
V204	MN_mg	Manganese (mg)	
V205	VITC_mg	Vitamin C (mg)	
V206	THIA_mg	Thiamine (mg)	
V207	RIBO_mg	Riboflavin (mg)	
V208	NIAC_mg	Niacin (mg)	
V209	VITB5_mg	Vitamin B5 (mg)	
V210	VITB6_mg	Vitamin B6 (mg)	
V211	FOLDFE_mcg	Folate (µg/mcg DFE)	
V212	FOL_mcg	Folate, total (µg/mcg)	
V213	FOLFD_mcg	Folate food, naturally occuring food folates (µg/mcg)	
V214	FOLFRE_mcg	Folate, free (µg/mcg)	
V215	FOLAC_mcg	Folic acid (synthetic) (µg/mcg)	
V216	VITB12_mcg	Vitamin B12 (µg/mcg)	
V217	VITA_RAE_mcg	Vitamin A (µg/mcg RAE)	
V218	VITA_RE_mcg	Vitamin A (µg/mcg RE)	
V219	BCAROT_mcg	Beta-carotene (µg/mcg)	
V220	RETOL_mcg	Retinol (µg/mcg)	
V221	VITD_mcg	Vitamin D (µg/mcg)	
V222	VITE_mg	Vitamin E, alpha-tocopherol equivalents (mg)	
V223	VITK_mcg	Vitamin K (µg/mcg)	
V224	PHY_mg	Phytate, total (mg)	
V225	VERSION	Version	

total: 78

ADM0_NAME: Country

Data file: data_anon_subjects

Overview

Valid: 419   Invalid: 0
Type: Discrete   Width: 10   Range: -   Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
Guatemala		419	100%

ADM1_NAME: Region

Data file: data_anon_subjects

Overview

Valid: 419   Invalid: 0
Type: Discrete   Width: 9   Range: -   Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
Guatemala		419	100%

ADM2_NAME: Subregion

Data file: data_anon_subjects

Overview

Valid: 419   Invalid: 0
Type: Discrete   Width: 10   Range: -   Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
Guatemala		419	100%

WEIGHTING_FACTOR: Weight factor

Data file: data_anon_subjects

Overview

Valid: 0   Invalid: 419
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

AREA_TYPE: Area

Data file: data_anon_subjects

Overview

Valid: 419   Invalid: 0   Minimum: 2   Maximum: 2   Mean: 2   Standard deviation: 0
Type: Discrete   Decimal: 0   Width: 8   Range: 2 - 2   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
2		419	100%

HOUSEHOLD: ID Household

Data file: data_anon_subjects

Overview

Valid: 0   Invalid: 419
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

SUBJECT: ID Subject

Data file: data_anon_subjects

Overview

Valid: 419   Invalid: 0   Minimum: 1   Maximum: 419   Mean: 210   Standard deviation: 121.099

Type: Continuous   Decimal: 0   Width: 8   Range: 1 - 419   Format: Numeric

ROUND: Round

Data file: data_anon_subjects

Overview

Valid: 419   Invalid: 0   Minimum: 1   Maximum: 1   Mean: 1   Standard deviation: 0
Type: Discrete   Decimal: 0   Width: 8   Range: 1 - 1   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		419	100%

SEX: Sex

Data file: data_anon_subjects

Overview

Valid: 419   Invalid: 0   Minimum: 1   Maximum: 2   Mean: 1.525   Standard deviation: 0.5
Type: Discrete   Decimal: 0   Width: 8   Range: 1 - 2   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		199	47.5%
2		220	52.5%

AGE_YEAR: Age (years)

Data file: data_anon_subjects

Overview

Valid: 416   Invalid: 3   Minimum: 8   Maximum: 13   Mean: 10.32   Standard deviation: 1.053
Type: Discrete   Decimal: 0   Width: 8   Range: 8 - 13   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
8		2	0.5%

9		106	25.5%
10		132	31.7%
11		115	27.6%
12		55	13.2%
13		6	1.4%
Sysmiss		3	

ANT_DAY: Day of measurement

Data file: data_anon_subjects

Overview

Valid: 419   Invalid: 0   Minimum: 2   Maximum: 31   Mean: 13.387   Standard deviation: 9.313
Type: Continuous   Decimal: 0   Width: 8   Range: 2 - 31   Format: Numeric

ANT_MONTH: Month of measurement

Data file: data_anon_subjects

Overview

Valid: 419   Invalid: 0   Minimum: 7   Maximum: 10   Mean: 8.778   Standard deviation: 0.897
Type: Discrete   Decimal: 0   Width: 8   Range: 7 - 10   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
7		24	5.7%
8		153	36.5%
9		134	32%
10		108	25.8%

ANT_YEAR: Year of measurement

Data file: data_anon_subjects

Overview

Valid: 419   Invalid: 0   Minimum: 2018   Maximum: 2018   Mean: 2018   Standard deviation: 0
Type: Discrete   Decimal: 0   Width: 8   Range: 2018 - 2018   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
2018		419	100%

WEIGHT: Weight (kg)

Data file: data_anon_subjects

Overview

Valid: 419   Invalid: 0   Minimum: 20   Maximum: 75.75   Mean: 36.792   Standard deviation: 9.863
Type: Continuous   Decimal: 2   Width: 8   Range: 20 - 75.75   Format: Numeric

HEIGHT: Height (cm)

Data file: data_anon_subjects

Overview

Valid: 419   Invalid: 0   Minimum: 116.35   Maximum: 170.3   Mean: 137.878   Standard deviation: 8.497
Type: Continuous   Decimal: 2   Width: 8   Range: 116.35 - 170.3   Format: Numeric

METHOD_WEIGHT: Method for body weight measurement

Data file: data_anon_subjects

Overview

Valid: 419   Invalid: 0   Minimum: 1   Maximum: 1   Mean: 1   Standard deviation: 0
Type: Discrete   Decimal: 0   Width: 8   Range: 1 - 1   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		419	100%

METHOD_HEIGHT: Method for height measurement

Data file: data_anon_subjects

Overview

Valid: 419   Invalid: 0   Minimum: 1   Maximum: 1   Mean: 1   Standard deviation: 0
Type: Discrete   Decimal: 0   Width: 8   Range: 1 - 1   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		419	100%

SPECIAL_DIET: Special diet

Data file: data_anon_subjects

Overview

Valid: 0   Invalid: 419
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

PREG_LACT: Pregnant/lactating

Data file: data_anon_subjects

Overview

Valid: 0   Invalid: 419
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

BREASTFEEDING: Breastfeeding

Data file: data_anon_subjects

Overview

Valid: 0   Invalid: 419
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category

Sysmiss	

UNOVERREP: Under/over reporters for energy

Data file: data_anon_subjects

Overview

Valid: 0   Invalid: 419
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

ACTIVITY: PAL

Data file: data_anon_subjects

Overview

Valid: 0   Invalid: 419
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

VERSION: Version

Data file: data_anon_subjects

Overview

Valid: 1   Invalid: 0
Type: Discrete   Width: 12   Range: -   Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
23 June 2023		1	100%

SUBJECT: Subject identification

Data file: data_anon_consumption

Overview

Valid: 11186   Invalid: 0   Minimum: 1   Maximum: 419   Mean: 209.745   Standard deviation: 122.219
Type: Continuous   Decimal: 0   Width: 8   Range: 1 - 419   Format: Numeric

ROUND: Round

Data file: data_anon_consumption

Overview

Valid: 11186   Invalid: 0   Minimum: 1   Maximum: 1   Mean: 1   Standard deviation: 0
Type: Discrete   Decimal: 0   Width: 8   Range: 1 - 1   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		11186	100%

SURVEY_DAY: Day number

Data file: data_anon_consumption

Overview

Valid: 11186   Invalid: 0   Minimum: 1   Maximum: 1   Mean: 1   Standard deviation: 0
Type: Discrete   Decimal: 0   Width: 8   Range: 1 - 1   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		11186	100%

RESPONDER: Responder

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

SEASON: Season of the year

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

CONSUMPTION_DAY: Day of consumption

Data file: data_anon_consumption

Overview

Valid: 11186   Invalid: 0   Minimum: 1   Maximum: 31   Mean: 16.058   Standard deviation: 9.56
Type: Continuous   Decimal: 0   Width: 8   Range: 1 - 31   Format: Numeric

CONSUMPTION_MONTH: Month of consumption

Data file: data_anon_consumption

Overview

Valid: 11186   Invalid: 0   Minimum: 7   Maximum: 9   Mean: 8.201   Standard deviation: 0.663
Type: Discrete   Decimal: 0   Width: 8   Range: 7 - 9   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
7		1561	14%
8		5818	52%
9		3807	34%

CONSUMPTION_YEAR: Year of consumption

Data file: data_anon_consumption

Overview

Valid: 11186   Invalid: 0   Minimum: 2018   Maximum: 2018   Mean: 2018   Standard deviation: 0
Type: Discrete   Decimal: 0   Width: 8   Range: 2018 - 2018   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
2018		11186	100%

WEEK_DAY: Week day of consumption

Data file: data_anon_consumption

Overview

Valid: 11186   Invalid: 0   Minimum: 2   Maximum: 6   Mean: 4.228   Standard deviation: 1.367
Type: Discrete   Decimal: 0   Width: 8   Range: 2 - 6   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
2		1601	14.3%
3		1911	17.1%
4		2755	24.6%
5		2173	19.4%
6		2746	24.5%

EXCEPTION_DAY: Exceptional diet the day of consumption

Data file: data_anon_consumption

Overview

Valid: 11186   Invalid: 0   Minimum: 1   Maximum: 3   Mean: 1.037   Standard deviation: 0.201
Type: Discrete   Decimal: 0   Width: 8   Range: 1 - 3   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		10805	96.6%
2		353	3.2%
3		28	0.3%

CONSUMPTION_TIME_HOUR: Time of consumption (hours)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

CONSUMPTION_TIME_MINUTES: Time of consumption (minutes)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

MEAL_NAME: Eating occasion

Data file: data_anon_consumption

Overview

Valid: 11186   Invalid: 0   Minimum: 2   Maximum: 6   Mean: 4.087   Standard deviation: 1.407
Type: Discrete   Decimal: 0   Width: 8   Range: 2 - 6   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
2		2163	19.3%
3		1432	12.8%
4		3564	31.9%
5		1325	11.8%
6		2702	24.2%

PLACE: Place of consumption

Data file: data_anon_consumption

Overview

Valid: 11186   Invalid: 0   Minimum: 1   Maximum: 2   Mean: 1.199   Standard deviation: 0.399
Type: Discrete   Decimal: 0   Width: 8   Range: 1 - 2   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		8963	80.1%
2		2223	19.9%

FOOD_TYPE: Type of the eating occasion

Data file: data_anon_consumption

Overview

Valid: 11186   Invalid: 0   Minimum: 1   Maximum: 4   Mean: 2.226   Standard deviation: 0.847
Type: Discrete   Decimal: 0   Width: 8   Range: 1 - 4   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		1176	10.5%
2		8156	72.9%
4		1854	16.6%

RECIPE_CODE: ID Recipe

Data file: data_anon_consumption

Overview

Valid: 8156   Invalid: 3030   Minimum: 1   Maximum: 515   Mean: 223.71   Standard deviation: 146.721
Type: Continuous   Decimal: 0   Width: 8   Range: 1 - 515   Format: Numeric

▌ RECIPE_DESCR: Recipe description in local language (other than English)

Data file: data_anon_consumption

Overview

Valid: 8156   Invalid: 0
Type: Discrete   Width: 49   Range: -   Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
ACELGA CON HUEVO		3	0%
ACELGA GUISADA		5	0.1%
AGUA DE AVENA CON AZUCAR		2	0%
AGUA DE PLATANO		2	0%
ALBONDIGAS EN SALSA		11	0.1%
ARROZ A LA VALENCIANA		38	0.5%
ARROZ BLANCO		25	0.3%
ARROZ BLANCO CON TOMATE		13	0.2%
ARROZ COCIDO SIN GRASA		2	0%
ARROZ COCIDO SIN SAL		3	0%
ARROZ CON CHIPILIN		7	0.1%
ARROZ CON HUEVO		5	0.1%
ARROZ CON LOROCO		5	0.1%
ARROZ CON MENUDOS		14	0.2%
ARROZ CON POLLO		7	0.1%
ARROZ JARDINERO		34	0.4%
ARROZ VERDE		7	0.1%
ARVEJA CHINA EN MANTEQUILLA		3	0%
ATOL BLANCO		13	0.2%
ATOL DE ARROZ CON CHOCOLATE		9	0.1%
ATOL DE ARROZ CON LECHE		45	0.6%
ATOL DE AVENA		21	0.3%
ATOL DE AVENA CON LECHE		57	0.7%
ATOL DE CORAZON DE TRIGO		17	0.2%
ATOL DE HABA		50	0.6%

ATOL DE INCAPARINA CON AZUCAR		80	1%
ATOL DE INCAPARINA CON LECHE		51	0.6%
ATOL DE PINOL		2	0%
ATOL DE PLATANO		13	0.2%
ATUN ARREGLADO		4	0%
AVENA CON CHOCOLATE Y CEREAL		4	0%
AVENA CON LECHE		26	0.3%
BEBIDA DE CHOCOLATE CON LECHE		3	0%
BISTEC DE CERDO		25	0.3%
BISTEC DE HIGADO DE RES		5	0.1%
BISTEC DE RES		27	0.3%
BISTEC DE RES CON SALSA		16	0.2%
BLEDO COCIDO		2	0%
BROCOLI CON LIMON		2	0%
CAFE DE CEREALES CON AZUCAR		6	0.1%
CAFE DE MAIZ CON AZUCAR		10	0.1%
CAFE INSTANTANEO CON AZUCAR		415	5.1%
CAFE INSTANTANEO CON CHOCOLATE Y AZUCAR		6	0.1%
CAFE INSTANTANEO CON CREMA Y AZUCAR		15	0.2%
CAFE INSTANTANEO CON EDULCORANTE		1	0%
CAFE INSTANTANEO CON LECHE Y AZUCAR		111	1.4%
CAFE MOLIDO CON AZUCAR		163	2%
CAFE MOLIDO CON LECHE Y AZUCAR		31	0.4%
CALDO DE GALLINA		35	0.4%
CALDO DE HIERBAS		10	0.1%
CALDO DE HUEVO		30	0.4%
CALDO DE MACUY		22	0.3%
CALDO DE MACUY CON HUEVO		16	0.2%
CALDO DE MARISCO		2	0%
CALDO DE NABO		3	0%
CALDO DE PESCADO		6	0.1%
CALDO DE POLLO		353	4.3%
CALDO DE POLLO CON MACUY		9	0.1%
CALDO DE RES		134	1.6%
CAMARONES FRITOS		7	0.1%
CARNE ADOBADA DE CERDO CON ACEITE		8	0.1%
CARNE ADOBADA DE RES CON ACEITE		2	0%
CARNE CON SALSA		4	0%
CARNE DE CERDO ASADA		3	0%

CARNE DE CERDO CON VERDURAS	14	0.2%
CARNE DE CERDO GUISADA	2	0%
CARNE DE RES ASADA CONDIMENTADA	36	0.4%
CARNE DE RES CON VERDURAS	4	0%
CARNE DE RES FRITA	7	0.1%
CARNE DE RES GUISADA	58	0.7%
CARNE MOLIDA	17	0.2%
CARNE MOLIDA FRITA	16	0.2%
CARNE PRENSADA	4	0%
CEBOLLA FRITA	2	0%
CEREAL AZUCARADO CON LECHE	22	0.3%
CEREAL AZUCARADO CON LECHE Y BANANO	8	0.1%
CEREAL CON LECHE	165	2%
CEREAL CON LECHE Y AZUCAR	96	1.2%
CEREAL CON LECHE Y BANANO	83	1%
CEVICHE DE ATUN	5	0.1%
CEVICHE PROTEMAS	6	0.1%
CHICHARRIN	7	0.1%
CHILAQUILAS DE GUISQUIL	8	0.1%
CHILAQUILAS DE QUESO	8	0.1%
CHILE CHILTEPE PREPARADO	2	0%
CHILES RELLENOS	18	0.2%
CHIRMOL	84	1%
CHIRMOL ASADO	2	0%
CHIRMOL CON PAPA	4	0%
CHIRMOL PICANTE	3	0%
CHOCOFRESA	3	0%
CHOCOPAN	3	0%
CHORIZO FRITO	10	0.1%
CHORIZO Y LONGANIZAS FRITAS	6	0.1%
CHOW MEIN DE POLLO	44	0.5%
CHOW MEIN DE RES Y CERDO	5	0.1%
CHULETA DE CERDO FRITA	5	0.1%
CHURRASCOS	6	0.1%
COCO C/SAL Y LIMON Y PEPITA	4	0%
COCTEL DE FRUTAS	10	0.1%
COLIFLOR ENVUELTA EN HUEVO	17	0.2%
COSTILLA A LA BARBACOA	4	0%
COSTILLA ASADA	8	0.1%

COSTILLA EN RECADO		6	0.1%
COSTILLA GUISADA		16	0.2%
CURTIDO		20	0.2%
DOBLADA CON CHOW MEIN		16	0.2%
DOBLADA DE PAPA CON SALSA		6	0.1%
DOBLADAS DE CARNE		13	0.2%
DOBLADAS DE QUESO		7	0.1%
DOBLADAS DE VERDURAS		12	0.1%
DORITOS (SNACK) PREPARADOS		3	0%
DURAZNOS EN DULCE		7	0.1%
DURAZNOS EN MIEL CON CEREZA		6	0.1%
EJOTES CON CARNE MOLIDA		10	0.1%
EJOTES ENVUELTOS EN HUEVO		5	0.1%
ELOTE AMARILLO CON LIMON		3	0%
ELOTE BLANCO CON LIMON		3	0%
ELOTE LOCO		21	0.3%
ELOTITOS (SNACK) PREPARADOS		25	0.3%
ENCHILADAS DE VERDURAS		7	0.1%
ENSALADA DE BERRO		10	0.1%
ENSALADA DE BROCOLI CON LIMON		3	0%
ENSALADA DE CODITOS		7	0.1%
ENSALADA DE LECHUGA Y PEPINO		11	0.1%
ENSALADA DE LECHUGA Y RABANO		10	0.1%
ENSALADA DE LECHUGA Y TOMATE		22	0.3%
ENSALADA DE LECHUGA Y ZANAHORIA		8	0.1%
ENSALADA DE LECHUGA, PEPINO Y RABANO CON LIMON		10	0.1%
ENSALADA DE LECHUGA, TOMATE Y PEPINO CON LIMON		5	0.1%
ENSALADA DE LECHUGA, TOMATE Y ZANAHORIA CON LIMON		14	0.2%
ENSALADA DE PEPINILLO		4	0%
ENSALADA DE REPOLLO		12	0.1%
ENSALADA DE REPOLLO CON QUESO		4	0%
ENSALADA RUSA		17	0.2%
ENSALADA VERDE		6	0.1%
ESTOFADO DE POLLO		2	0%
FILETE DE PESCADO		5	0.1%
FILETE DE POLLO DORADO		3	0%
FLAN DE VAINILLA		6	0.1%
FLAUTAS DE FRIJOL		6	0.1%
FRESAS CON AZUCAR		10	0.1%

FRESAS CON CREMA	2	0%
FRESAS CON CREMA Y AZUCAR	9	0.1%
FRESAS CON MIEL	2	0%
FRESCO DE AVENA	20	0.2%
FRESCO DE CEBADA	5	0.1%
FRESCO DE CHILACAYOTE	2	0%
FRESCO DE CREMITA	10	0.1%
FRESCO DE FRESA CON AZUCAR (EN AGUA)	12	0.1%
FRESCO DE FRUTAS CON AZUCAR (EN AGUA)	14	0.2%
FRESCO DE FRUTAS SIN AZUCAR (EN AGUA)	6	0.1%
FRESCO DE HORCHATA	57	0.7%
FRESCO DE LIMONADA	169	2.1%
FRESCO DE MANGO CON AZUCAR (EN AGUA)	6	0.1%
FRESCO DE MARACUYA	4	0%
FRESCO DE MASA	2	0%
FRESCO DE MELON CON AZUCAR (EN AGUA)	4	0%
FRESCO DE MORA CON AZUCAR (EN AGUA)	10	0.1%
FRESCO DE NANCE	2	0%
FRESCO DE PINA CON AZUCAR (EN AGUA)	32	0.4%
FRESCO DE PINA Y COCO CON AZUCAR (EN AGUA)	3	0%
FRESCO DE PINOL	12	0.1%
FRESCO DE ROSA DE JAMAICA	106	1.3%
FRESCO DE TAMARINDO	26	0.3%
FRESCO DE VAINILLA	4	0%
FRIJOLES BLANCOS CON CARNE	7	0.1%
FRIJOLES COLORADOS	24	0.3%
FRIJOLES COLORADOS CON CHICHARRON	22	0.3%
FRIJOLES NEGROS COCIDOS CON CREMA	2	0%
FRIJOLES NEGROS COCIDOS CON SALCHICHA	2	0%
FRIJOLES NEGROS COLADOS CON CREMA	16	0.2%
FRIJOLES NEGROS COLADOS CON MAYONESA	2	0%
FRIJOLES NEGROS CON ARROZ	2	0%
FRIJOLES NEGROS PARADOS CON QUESO	2	0%
FRIJOLES NEGROS PARADOS FRITOS CON QUESO DURO	2	0%
FRIJOLES VOLTEADOS CON CREMA	3	0%
FRIJOLES VOLTEADOS FRITOS	29	0.4%
FRUTA PARA PANQUEQUES	1	0%
GALLETA DE SODA CON MERMELADA	2	0%
GALLO PINTO	4	0%

GRANIZADA C/LIMON Y PEPITA		2	0%
GRANIZADA DE LIMON		8	0.1%
GRANIZADA SALADA		6	0.1%
GUACAMOL		30	0.4%
GUICOYITOS SUDADOS		7	0.1%
GUISADO DE HABAS		12	0.1%
HELADO CREMOSO CON CONO		4	0%
HELADO CREMOSO DE FRESA CON CONO		6	0.1%
HELADO CREMOSO DE VAINILLA CON CONO		2	0%
HELADO DE FRUTAS CON CONO		2	0%
HELADO DE HIELO DE MORA CASERO		6	0.1%
HELADO DE NIEVE CON CONO		2	0%
HELADO DE NIEVE DE PINA CON CONO		2	0%
HIGADO MIGADO		12	0.1%
HILACHAS		23	0.3%
HUEVO CON CHIRMOL		5	0.1%
HUEVO CON CHORIZO		4	0%
HUEVO CON JAMON		5	0.1%
HUEVO CON SALCHICHA		24	0.3%
HUEVO CON SALCHICHA Y TOMATE		19	0.2%
HUEVO CON SALSA		5	0.1%
HUEVO CON TOMATE Y CEBOLLA		31	0.4%
HUEVO EN OMELETTE CON JAMON Y QUESO		10	0.1%
HUEVO EN TORTA		43	0.5%
HUEVO EN TORTA CON CEBOLLA		8	0.1%
HUEVO ESTRELLADO		132	1.6%
HUEVO REVUELTO		398	4.9%
HUEVO REVUELTO CON SALCHICHA		25	0.3%
HUEVO REVUELTO CON TOMATE Y CEBOLLA		23	0.3%
JAMN GUISADO		4	0%
JAMON DE CERDO CON ACEITE		4	0%
JAMON FRITO		4	0%
JOCON		32	0.4%
JUGO DE NARANJA		6	0.1%
JUGO DE NARANJA Y LIMON		3	0%
KAKIK		10	0.1%
LECHE CON AZUCAR		34	0.4%
LECHE CON CHOCOLATE		12	0.1%
LECHE CON COCOA		8	0.1%

LECHE CON PAN	2	0%
LICUADO DE BANANO (EN LECHE)	2	0%
LICUADO DE BANANO CON AZUCAR (EN LECHE)	6	0.1%
LICUADO DE FRESA CON AZUCAR (EN AGUA)	6	0.1%
LICUADO DE FRESA CON AZUCAR (EN LECHE)	15	0.2%
LICUADO DE FRUTAS CON AZUCAR (EN AGUA)	8	0.1%
LICUADO DE MELON CON AZUCAR (EN AGUA)	8	0.1%
LICUADO DE NARANJA Y ZANAHORIA (EN AGUA)	3	0%
LICUADO DE PAPAYA CON AZUCAR (EN AGUA)	4	0%
LICUADO DE PAPAYA CON AZUCAR (EN LECHE)	3	0%
LICUADO DE PLATANO Y COCOA (EN LECHE)	3	0%
LIMON CON PEPITA	3	0%
LIMON CON SAL	4	0%
LONGANIZA DE CERDO CON ACEITE	2	0%
LONGANIZA DE CERDO CON SALSA	10	0.1%
LONGANIZA DE CERDO FRITA	2	0%
LONGANIZA DE CERDO GUISADA	6	0.1%
LONGANIZA DE CERDO PREPARADA	5	0.1%
LONGANIZA DE POLLO	2	0%
LONGANIZA DE RES PREPARADA	5	0.1%
MANGO VERDE PREPARADO	29	0.4%
MANZANA CON AZUCAR	2	0%
MANZANA CON LIMON	2	0%
MANZANA CON LIMON Y PEPITA	4	0%
MANZANA CON MANIAS	6	0.1%
MANZANA CON MIEL	4	0%
MANZANA PREPARADA	4	0%
MEDALLONES DE POLLO	5	0.1%
MEDALLONES DE POLLO EMPANIZADOS	3	0%
MEDALLONES DE POLLO FRITOS	2	0%
MENUDOS DE POLLO CON ARROZ	5	0.1%
MENUDOS DE POLLO EN SALSA	12	0.1%
MILANESA DE CERDO	14	0.2%
MILANESA DE RES	6	0.1%
MILKSHAKE DE OREO	2	0%
MINERAL PREPARADA	4	0%
MIXTA DE JAMON	7	0.1%
MIXTA DE SALCHICHA	24	0.3%
MOLE DE PLATANO	34	0.4%

MOLLEJAS DE POLLO		7	0.1%
NACHOS PREPARADOS		3	0%
NARANJAS CON PEPITA		3	0%
PALITOS (SNACK) PREPARADOS		10	0.1%
PAN CON BANANO		8	0.1%
PAN CON CHILE RELLENO		19	0.2%
PAN CON CHORIZO		5	0.1%
PAN CON CREMA		8	0.1%
PAN CON FRIJOL		112	1.4%
PAN CON FRIJOL Y HUEVO		6	0.1%
PAN CON FRIJOL Y QUESO		30	0.4%
PAN CON FRIJOL Y QUESO CREMA		6	0.1%
PAN CON FRIJOL Y SALCHICHA		3	0%
PAN CON FRIJOL, QUESO Y CREMA		4	0%
PAN CON HUEVO		90	1.1%
PAN CON HUEVO EN TORTA		3	0%
PAN CON HUEVO Y JAMON		6	0.1%
PAN CON JALEA		3	0%
PAN CON JALEA Y MARGARINA		9	0.1%
PAN CON JAMON		246	3%
PAN CON JAMON Y QUESO		40	0.5%
PAN CON KETCHUP Y MAYONESA		3	0%
PAN CON LONGANIZA		7	0.1%
PAN CON MARGARINA		12	0.1%
PAN CON MAYONESA		2	0%
PAN CON MEDALLON		2	0%
PAN CON MIEL		4	0%
PAN CON NUTELLA		2	0%
PAN CON PATE		8	0.1%
PAN CON POLLO		24	0.3%
PAN CON QUESO AMARILLO		2	0%
PAN CON QUESO CREMA		54	0.7%
PAN CON QUESO CREMA Y JALEA		3	0%
PAN CON QUESO FRESCO		24	0.3%
PAN CON QUESO FRESCO Y CREMA		6	0.1%
PAN CON SALCHICHA		76	0.9%
PAN CON SALSA		2	0%
PAN CON TORTITA DE CARNE		8	0.1%
PAN PIRUJO CON QUESO FRESCO		2	0%

PAN TOSTADO CON JALEA	2	0%
PAN TOSTADO CON MARGARINA	2	0%
PANQUEQUES	60	0.7%
PANQUEQUES CON FRUTA	5	0.1%
PANQUEQUES CON JALEA	4	0%
PANQUEQUES CON MIEL DE ABEJAS	22	0.3%
PANQUEQUES CON MIEL DE MAPLE	17	0.2%
PANZA EN RECADO (TIRAS) SIN GRASA	5	0.1%
PAPAS ASADAS	3	0%
PAPAS CON MAYONESA	8	0.1%
PAPAS DORADAS	11	0.1%
PAPAS FRITAS CASERAS	37	0.5%
PAPAS FRITAS PREPARADAS CON KETCHUP	7	0.1%
PAPAS RELLENAS CON CARNE MOLIDA	6	0.1%
PASTA COCIDA	4	0%
PASTA CON CREMA	8	0.1%
PASTA CON MANTEQUILLA	3	0%
PASTA CON SALCHICHA	4	0%
PASTA CON TOMATE	21	0.3%
PASTA DE CODITOS	2	0%
PASTA DE CODITOS CON JAMON	12	0.1%
PASTA DE CODITOS CON MANTEQUILLA	3	0%
PASTA DE CODITOS CON MAYONESA	34	0.4%
PASTA DE CODITOS CON SALCHICHA	14	0.2%
PASTA DE CODITOS CON SALSA	6	0.1%
PASTA DE ESPAGUETTI	1	0%
PASTA DE ESPAGUETTI CON CARNE	37	0.5%
PASTA DE ESPAGUETTI CON CREMA	11	0.1%
PASTA DE ESPAGUETTI CON MANTEQUILLA	5	0.1%
PASTA DE ESPAGUETTI CON POLLO	7	0.1%
PASTA DE ESPAGUETTI CON QUESO	10	0.1%
PASTA DE ESPAGUETTI CON SALCHICHA Y SALSA	18	0.2%
PASTA DE ESPAGUETTI CON SALSA	53	0.6%
PASTA DE ESPAGUETTI CON TOMATE	6	0.1%
PASTA DE ESPAGUETTI FRITA	9	0.1%
PASTA DE FIDEOS CON CARNE	32	0.4%
PASTA DE FIDEOS CON SALSA	45	0.6%
PASTA TIPO MACARRONES CON SALSA	26	0.3%
PECHUGAS DE POLLO DORADAS	2	0%

PEPIAN DE COSTILLA	6	0.1%
PEPIAN DE GALLINA	18	0.2%
PEPIAN DE POLLO	83	1%
PEPINO CON LIMON	14	0.2%
PEPINO CON MAYONESA	4	0%
PEPINO PREPARADO	38	0.5%
PEPINO Y RABANO CON LIMON	21	0.3%
PERULEROS MIGADOS	4	0%
PESCADO (MOJARRA) FRITO	5	0.1%
PICADO DE CARNE CON VERDURAS	15	0.2%
PICADO DE RABANO	20	0.2%
PINA CON AZUCAR	2	0%
PINCHO DE SALCHICHA	2	0%
PLATANO MADURO COCIDO CON AZUCAR	14	0.2%
PLATANO MADURO FRITO	53	0.6%
PLATANO MADURO FRITO CON CREMA	11	0.1%
POLLLO GUISADO CON ESPINACA	6	0.1%
POLLO A LA PLANCHA	3	0%
POLLO AHUMADO	2	0%
POLLO AL ESTILO CHINO	9	0.1%
POLLO AMARILLO EN RECADO	7	0.1%
POLLO ASADO	43	0.5%
POLLO COCIDO	3	0%
POLLO COCIDO DESMENUZADO	3	0%
POLLO COCIDO EN SALSA	2	0%
POLLO CON ARROZ	19	0.2%
POLLO CON CHIPILIN	7	0.1%
POLLO CON LOROCO	16	0.2%
POLLO CON MACUY	5	0.1%
POLLO CON MAYONESA	8	0.1%
POLLO CON SALSA	6	0.1%
POLLO CON TORTILLA DE HARINA	3	0%
POLLO DESMENUZADO CON MAYONESA	4	0%
POLLO DORADO	53	0.6%
POLLO EMPANIZADO DE RESTAURANTE	3	0%
POLLO EN AMARILLO	11	0.1%
POLLO EN CREMA	6	0.1%
POLLO EN CREMA CON LOROCO	7	0.1%
POLLO EN PINOL	16	0.2%

POLLO FRITO		64	0.8%
POLLO GUISADO		128	1.6%
POLLO HORNEADO		4	0%
POLLO ROSTIZADO		11	0.1%
POPOROPOS S/SAL		2	0%
PUPUSA DE QUESO		16	0.2%
PURE DE PAPA		59	0.7%
QUESO AMARILLO		2	0%
QUILETE CON FRIJOL		4	0%
RABANO CON LIMON		2	0%
REFRESCO ARTIFICIAL DE DURAZNO (POLVO EN AGUA)		9	0.1%
REFRESCO ARTIFICIAL DE FRESA (POLVO EN AGUA)		32	0.4%
REFRESCO ARTIFICIAL DE MANGO (POLVO EN AGUA)		6	0.1%
REFRESCO ARTIFICIAL DE NARANJA (POLVO EN AGUA)		39	0.5%
REFRESCO ARTIFICIAL DE PINA (POLVO EN AGUA)		6	0.1%
REFRESCO ARTIFICIAL DE TAMARINDO (POLVO EN AGUA)		5	0.1%
REFRESCO ARTIFICIAL DE TE DE MANZANA (PREPARADO)		2	0%
REFRESCO ARTIFICIAL DE UVA (POLVO EN AGUA)		8	0.1%
REMOLACHA CON LIMON		15	0.2%
SALCHICHA		11	0.1%
SALCHICHA CON SALSA		18	0.2%
SALCHICHA CON TOMATE		15	0.2%
SALCHICHA FRITA		24	0.3%
SALSA DE TOMATE		76	0.9%
SALSA DE TOMATE CON POLLO		4	0%
SALSA RANCHERA		6	0.1%
SANDIA CON MIEL		2	0%
SANDWICH DE JAMON		8	0.1%
SANDWICH DE JAMON Y QUESO		16	0.2%
SANDWICH DE QUESO		2	0%
SARDINA CON LIMON		2	0%
SOPA DE ACELGA		8	0.1%
SOPA DE CARNE CON VERDURAS		7	0.1%
SOPA DE CHIPILIN		10	0.1%
SOPA DE EJOTE		5	0.1%
SOPA DE MACUY		35	0.4%
SOPA DE POLLO		36	0.4%
SOPA DE POLLO CON FIDEOS		33	0.4%
SOPA DE POLLO CON HUEVO		18	0.2%

SOPA DE POLLO CON VERDURAS		5	0.1%
SOPA DE RES		12	0.1%
SOPA INSTANTANEA DE POLLO CON LIMON		2	0%
SOPA INSTANTANEA PREPARADA		12	0.1%
TACOS DE CARNE		6	0.1%
TACOS DE CHORIZO SUAVES		5	0.1%
TACOS DE PAPA Y POLLO		4	0%
TACOS DE POLLO		3	0%
TAMALITO BLANCO		6	0.1%
TAMALITO DE ELOTE CON CREMA		8	0.1%
TAMALITOS DE MASA CON FRIJOL		3	0%
TAQUERITO PREPARADO (SNACK)		8	0.1%
TE DE CANELA		2	0%
TE DE HIERBABUENA CON AZUCAR		4	0%
TE DE HIERBABUENA CON MIEL		3	0%
TE DE MANGO CON AZUCAR		2	0%
TE DE MANZANILLA CON AZUCAR		17	0.2%
TE NEGRO CON AZUCAR		4	0%
TOMATE CON LIMON		3	0%
TOMATE Y PEPINO CON LIMON		25	0.3%
TORTILLA DE MAIZ CON FRIJOL		4	0%
TORTILLA DE MAIZ CON HUEVO		8	0.1%
TORTILLA DE MAIZ CON MARGARINA		2	0%
TORTILLA DE MAIZ CON MEDALLONES		4	0%
TORTILLA DE MAIZ CON POLLO		2	0%
TORTILLA DE MAIZ CON QUESO		10	0.1%
TORTILLA DE MAIZ CON REQUESON		1	0%
TORTILLA DE MAIZ CON SALCHICHA		4	0%
TORTILLA DE MAIZ FRITA		16	0.2%
TORTILLA DE MAIZ FRITA CON QUESO		5	0.1%
TORTITA DE CARNE		50	0.6%
TORTITA DE CERDO FRITA		2	0%
TORTITA DE PAPA		8	0.1%
TORTITAS DE BERRO		7	0.1%
TOSTADA CON FRIJOL		28	0.3%
TOSTADA CON POLLO		2	0%
TOSTADA CON QUESO FRESCO		4	0%
TOSTADA CON VERDURAS		2	0%
TOSTADAS A LA FRANCESA		4	0%

VERDURAS AL VAPOR		8	0.1%
VERDURAS COCIDAS		10	0.1%
YOGURT SABORIZADO DE FRUTAS CON CEREAL		2	0%
ZANAHORIA CON LIMON		6	0.1%

▌ RECIPE_DESCR_ENG: Recipe description in English

Data file: data_anon_consumption

Overview

Valid: 8156   Invalid: 0
Type: Discrete   Width: 62   Range: -   Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
AMARANTH LEAVES, COOKED		2	0%
APPLE W/HONEY		4	0%
APPLE W/LEMON JUICE		2	0%
APPLE W/LEMON JUICE & GROUNDED PUMPKIN SEED		4	0%
APPLE W/LEMON JUICE, SALT & GROUNDED PUMPKIN SEED		4	0%
APPLE W/PEANUTS		6	0.1%
APPLE W/SUGAR		2	0%
ARTIFICIAL BEVERAGE, APPLE FLAVOUR, READY-TO-DRINK		2	0%
ARTIFICIAL BEVERAGE, GRAPE FLAVOUR, RECONSTITUTED		8	0.1%
ARTIFICIAL BEVERAGE, MANGO FLAVOUR, RECONSTITUTED		6	0.1%
ARTIFICIAL BEVERAGE, ORANGE FLAVOUR, RECONSTITUTED		39	0.5%
ARTIFICIAL BEVERAGE, PEACH FLAVOUR, RECONSTITUTED		9	0.1%
ARTIFICIAL BEVERAGE, PINEAPPLE FLAVOUR, RECONSTITUTED		6	0.1%
ARTIFICIAL BEVERAGE, STRAWBERRY FLAVOUR, RECONSTITUTED		32	0.4%
ARTIFICIAL BEVERAGE, TAMARIND FLAVOUR, RECONSTITUTED		5	0.1%
ASIAN CHOW MEIN, BEEF & PORK		5	0.1%
ASIAN CHOW MEIN, CHICKEN		44	0.5%
BACKRIBS W/BARBECUE SAUCE		4	0%
BACKRIBS W/THICK SAUCE		6	0.1%
BACKRIBS, GRILLED		8	0.1%
BACKRIBS, STEWED		16	0.2%
BANANA MILK-BASED SMOOTHIE		2	0%
BANANA MILK-BASED SMOOTHIE W/SUGAR		6	0.1%

BARLEY GRAINS BEVERAGE		5	0.1%
BATTERED CAULIFLOWER		17	0.2%
BATTERED GREEN BEANS W/PODS		5	0.1%
BEEF & VEGETABLES SOUP		7	0.1%
BEEF LIVER, STEAK		5	0.1%
BEEF MEAT W/AVOCADO & TOMATO SAUCE		6	0.1%
BEEF MEAT W/SAUCE		4	0%
BEEF MEAT W/VEGETABLES		4	0%
BEEF MEAT, BREADED, COOKED		6	0.1%
BEEF MEAT, FRIED		7	0.1%
BEEF MEAT, GRILLED, SPICED		36	0.4%
BEEF MEAT, GROUNDED		17	0.2%
BEEF MEAT, MARINATED, W/OIL		2	0%
BEEF MEAT, STEWED		58	0.7%
BEEF PATTY		50	0.6%
BEEF SAUSAGE LONGANIZA W/MIXED VEGETABLES		5	0.1%
BEEF SOUP		146	1.8%
BEEF STEAK		27	0.3%
BEEF STEAK W/SAUCE		16	0.2%
BEEF TRIPE IN SLICES W/THICK SAUCE WO/FAT		5	0.1%
BEEF&PORK MEAT, PRESSED		4	0%
BEETROOTS W/LEMON JUICE		15	0.2%
BLACK COOKED BEANS W/CREAM		2	0%
BLACK COOKED BEANS W/HARD CHEESE		2	0%
BLACK COOKED BEANS W/RICE		2	0%
BLACK COOKED BEANS W/SAUSAGE		2	0%
BLACK COOKED BEANS W/SOFT CHEESE		2	0%
BLACK COOKED BEANS, LIQUIFIED W/CREAM		16	0.2%
BLACK COOKED BEANS, LIQUIFIED W/MAYONNAISE		2	0%
BLACK NIGHTSHADE SOUP		35	0.4%
BLACK NIGHTSHADE W/COOKED BLACK BEANS		4	0%
BLACK TEA W/SUGAR		4	0%
BLACKBERRY BEVERAGE W/WATER & SUGAR		10	0.1%
BRAD W/CHORIZO SAUSAGE		5	0.1%
BREAD W/BANANA		8	0.1%
BREAD W/BEANS		112	1.4%
BREAD W/BEANS & CHEESE		30	0.4%
BREAD W/BEANS & CREAM CHEESE		6	0.1%
BREAD W/BEANS & EGGS		6	0.1%

BREAD W/BEANS & SAUSAGE		3	0%
BREAD W/BEANS, CHEESE & CREAM		4	0%
BREAD W/CHICKEN LIVER PATE		8	0.1%
BREAD W/CHICKEN NUGGETS		2	0%
BREAD W/CHICKEN SALAD		24	0.3%
BREAD W/CHOCOLATE COATING		3	0%
BREAD W/CREAM		8	0.1%
BREAD W/CREAM CHEESE		54	0.7%
BREAD W/CREAM CHEESE & FRUIT JELLY		3	0%
BREAD W/EGGS		90	1.1%
BREAD W/FILLED SWEET PEPPERS		19	0.2%
BREAD W/FLAT OMELETTE EGGS		3	0%
BREAD W/FRESH UNCURED CHEESE		26	0.3%
BREAD W/FRESH UNCURED CHEESE & CREAM		6	0.1%
BREAD W/FRUIT JELLY		3	0%
BREAD W/FRUIT JELLY & MARGARINE		9	0.1%
BREAD W/HAM		246	3%
BREAD W/HAM & CHEESE		40	0.5%
BREAD W/HAM & EGGS		6	0.1%
BREAD W/KETCHUP & MAYONNAISE		3	0%
BREAD W/LONGANIZA SAUSAGE		7	0.1%
BREAD W/MAPLE SYRUP		4	0%
BREAD W/MARGARINE		12	0.1%
BREAD W/MAYONNAISE		2	0%
BREAD W/MEAT PATTY		8	0.1%
BREAD W/NUTELLA		2	0%
BREAD W/SAUSAGE		76	0.9%
BREAD W/TOMATO SAUCE		2	0%
BREAD W/YELLOW PROCESSED CHEESE		2	0%
BREAD, TOASTED, W/FRUIT JELLY		2	0%
BREAD, TOASTED, W/MARGARINE		2	0%
BREADED BEEF LIVER		12	0.1%
BREAKFAST CEREAL W/MILK		165	2%
BREAKFAST CEREAL W/MILK & BANANA		83	1%
BREAKFAST CEREAL W/MILK & SUGAR		96	1.2%
BREAKFAST SUGARY CEREAL W/MILK		22	0.3%
BREAKFAST SUGARY CEREAL W/MILK & BANANA		8	0.1%
BROAD BEANS ATOLE		50	0.6%
BROADBEANS STEW		12	0.1%

BROCCOLI MIXED SALAD W/LEMON	3	0%
BROCCOLI W/LEMON	2	0%
CABBAGE MIXED SALAD	12	0.1%
CABBAGE MIXED SALAD W/CHEESE	4	0%
CAMOMILE TEA W/SUGAR	17	0.2%
CARROT W/LEMON JUICE	6	0.1%
CEREAL "CORAZON DE TRIGO" ATOLE	17	0.2%
CHARD SWISS WITH EGGS	3	0%
CHAYOTE FRUIT (WHITE), BREADED, COOKED	4	0%
CHEESE CHILAQUILAS	8	0.1%
CHICHEN, COOKED, W/GOLDEN CRUST	53	0.6%
CHICKE, COOKED, ASIAN-STYLE	9	0.1%
CHICKEN & EGG SOUP	18	0.2%
CHICKEN & NIGHTSHADE BLACK LEAVES SOUP	9	0.1%
CHICKEN & NODDLES SOUP	33	0.4%
CHICKEN & VEGETABLES SOUP	5	0.1%
CHICKEN BREAST, COOKED, W/GOLDEN CRUST	2	0%
CHICKEN BREAST, GRILLED	3	0%
CHICKEN FILLET, GOLDEN CRUST	3	0%
CHICKEN GIBLETS W/RICE	5	0.1%
CHICKEN GIBLETS W/TOMATO SAUCE	12	0.1%
CHICKEN GIBLETS, COOKED	7	0.1%
CHICKEN INSTANT SOUP	12	0.1%
CHICKEN INSTANT SOUP W/LEMON	2	0%
CHICKEN MEAL W/RICE	19	0.2%
CHICKEN NUGGETS	5	0.1%
CHICKEN NUGGETS, BREADED	3	0%
CHICKEN NUGGETS, FRIED	2	0%
CHICKEN SAUSAGE LONGANIZA	2	0%
CHICKEN SOUP	389	4.8%
CHICKEN STEW	2	0%
CHICKEN, BAKED	4	0%
CHICKEN, BREADED&FRIED, RESTAURANT PREPARED	3	0%
CHICKEN, COOKED W/CREAM & FERNALDIA FIDDLE SHAPE (LOROCO)	7	0.1%
CHICKEN, COOKED, BOILED	3	0%
CHICKEN, COOKED, BOILED, SLICED	3	0%
CHICKEN, COOKED, GRILLED	43	0.5%
CHICKEN, COOKED, SLICED W/MAYONNAISE	4	0%
CHICKEN, COOKED, SMOKED	2	0%

CHICKEN, COOKED, W/BLACK NIGHTSHADE LEAVES		5	0.1%
CHICKEN, COOKED, W/CREAM		6	0.1%
CHICKEN, COOKED, W/CROTALARIA LEAVES&SHOOTS (CHIPILIN)		7	0.1%
CHICKEN, COOKED, W/FERNALDIA FIDDLE SHAPE (LOROCO)		16	0.2%
CHICKEN, COOKED, W/MAYONNAISE		8	0.1%
CHICKEN, COOKED, W/PINOLE		16	0.2%
CHICKEN, COOKED, W/TOMATO SAUCE		8	0.1%
CHICKEN, COOKED, W/WHEAT TORTILLA		3	0%
CHICKEN, COOKED, W/YELLOW THICK SAUCE		11	0.1%
CHICKEN, FRIED		64	0.8%
CHICKEN, ROASTED		11	0.1%
CHICKEN, STEWED		128	1.6%
CHICKEN, STEWED W/SPINACH		6	0.1%
CHICKEN, YELLOW, COOKED, W/THICK SAUCE		7	0.1%
CHOCOLATE W/MILK DRINK		3	0%
CHOPPED BEEF MEAT W/VEGETABLES		15	0.2%
CHOPPED RADISHES W/OTHER VEGETABLES & LEMON JUICE		20	0.2%
CHOPPED TOMATO DRESSING		84	1%
CHOPPED TOMATO DRESSING W/POTATO		4	0%
CHOPPED TOMATO DRESSING, GRILLED		2	0%
CHOPPED TOMATO DRESSING, SPICY		3	0%
CINNAMON TEA		2	0%
COCONUT W/SALT, LEMON & GROUNDED PUMPKIN SEED		4	0%
COFFEE SUBSTITUTE OF CEREAL GRAIN W/SUGAR		6	0.1%
COFFEE SUBSTITUTE OF MAIZE W/SUGAR		10	0.1%
COFFEE, GROUNDED BASED W/MILK & SUGAR		31	0.4%
COFFEE, GROUNDED BASED W/SUGAR		163	2%
COFFEE, INSTANT, W/ARTIFICIAL SWEETENER		1	0%
COFFEE, INSTANT, W/CHOCOLATE & SUGAR		6	0.1%
COFFEE, INSTANT, W/CREAM & SUGAR		15	0.2%
COFFEE, INSTANT, W/MILK & SUGAR		111	1.4%
COFFEE, INSTANT, W/SUGAR		415	5.1%
COOKED PASATA W/MEAT		32	0.4%
COOKED PASTA W/BUTTER		3	0%
COOKED PASTA W/CREAM		8	0.1%
COOKED PASTA W/SAUSAGE		4	0%
COOKED PASTA W/TOMATO		21	0.3%
COOKED PASTA W/TOMATO SAUCE		45	0.6%
COOKED PASTA, MACARONI TYPE, PLAIN		2	0%

COOKED PASTA, MACARONI TYPE, W/BUTTER		3	0%
COOKED PASTA, MACARONI TYPE, W/HAM		12	0.1%
COOKED PASTA, MACARONI TYPE, W/MAYONNAISE		34	0.4%
COOKED PASTA, MACARONI TYPE, W/SAUSAGE		14	0.2%
COOKED PASTA, MACARONI TYPE, W/TOMATO SAUCE		6	0.1%
COOKED PASTA, MACAROONS W/TOMATO SAUCE		26	0.3%
COOKED PASTA, PLAIN		4	0%
COOKED PASTA, SPAGUETTI		1	0%
COOKED PASTA, SPAGUETTI W/BUTTER		5	0.1%
COOKED PASTA, SPAGUETTI W/CHEESE		10	0.1%
COOKED PASTA, SPAGUETTI W/CHICKEN		7	0.1%
COOKED PASTA, SPAGUETTI W/CREAM		11	0.1%
COOKED PASTA, SPAGUETTI W/MEAT		37	0.5%
COOKED PASTA, SPAGUETTI W/SAUSAGE & TOMATO SAUCE		18	0.2%
COOKED PASTA, SPAGUETTI W/TOMATO SAUCE		53	0.6%
COOKED PASTA, SPAGUETTI. FRIED		9	0.1%
COOKED RICE WO/ FAT		2	0%
COOKED RICE WO/ SALT		3	0%
COOKIES&CREAM MILKSHAKE		2	0%
CORN CHIPS W/LEMON, GROUNDED PUMPKIN SEED & SALT		10	0.1%
CORN CHIPS W/LEMON, SALT & GROUNDED PUMPKIN SEED		8	0.1%
CORN PROCESSED CHIPS W/LEMON & GROUNDED PUMPKIN SEED		3	0%
CORN SNACKS W/LEMON & SALT		25	0.3%
CREAMY, MILK BASED, BEVERAGE		10	0.1%
CROTALARIA LEAVES & SHOOTS SOUP		10	0.1%
CUCUMBER & RADISH W/LEMON JUICE		21	0.3%
CUCUMBER W/LEMON JUICE		14	0.2%
CUCUMBER W/LEMON JUICE, GROUNDED PUMPKIN SEED & SALT		38	0.5%
CUCUMBER W/MAYONNAISE		4	0%
EGG SOUP		30	0.4%
FIG LEAF SQUASH BEVERAGE		2	0%
FILLED TORTILLA W/BEEF MEAT		13	0.2%
FILLED TORTILLA W/CHEESE		7	0.1%
FILLED TORTILLA W/CHOW MEIN		16	0.2%
FILLED TORTILLA W/HAM & OTHER INGREDIENTS		7	0.1%
FILLED TORTILLA W/MIXED VEGETABLES		12	0.1%
FILLED TORTILLA W/POTATO & TOMATO SAUCE		6	0.1%
FILLED TORTILLA W/SAUSAGE & OTHER INGREDIENTS		24	0.3%
FISH FILLET		5	0.1%

FISH MEAT, FRIED		5	0.1%
FISH SOUP		6	0.1%
FRENCH FRIES POTATOES W/KETCHUP, PROCESSED RESTAURANT PREPARED		7	0.1%
FRENCH TOASTS		4	0%
FRIED HAM		4	0%
FRIED TORTILL W/VEGETABLES		2	0%
FRIED TORTILLA W/BEANS		28	0.3%
FRIED TORTILLA W/CHICKEN		2	0%
FRIED TORTILLA W/FRESH UNCURED CHEESE		4	0%
FRUIT SALAD		10	0.1%
FRUIT SALAD FOR PANCAKES TOPPING PURPOSE		1	0%
GARDEN RICE		34	0.4%
GREEN BEANS (W/ PODS) SOUP		5	0.1%
GREEN BEANS (W/ PODS) W/GROUNDED BEEF MEAT		10	0.1%
GREEN CHAYOTE CHILAQUILAS		8	0.1%
GREEN MANGO W/LEMON JUICE, SALT & GROUNDED PUMPKIN SEED		29	0.4%
GREEN PODDED PEAS W/ BUTTER		3	0%
GREEN RICE		7	0.1%
GREEN SALAD		6	0.1%
GUACAMOLE		30	0.4%
HEN EGGS FLAT OMELETTE		43	0.5%
HEN EGGS FLAT OMELETTE W/ONION		8	0.1%
HEN EGGS OMELETTE W/HAM & CHEESE		10	0.1%
HEN EGGS W/CHORIZO		4	0%
HEN EGGS W/HAM		5	0.1%
HEN EGGS W/SAUSAGE & TOMATO		19	0.2%
HEN EGGS W/TOMATO & ONION		31	0.4%
HEN EGGS W/TOMATO DRESSING (CHIRMOL)		5	0.1%
HEN EGGS W/TOMATO SAUCE		5	0.1%
HEN SOUP		35	0.4%
HENN EGGS W/SAUSAGE		24	0.3%
HOMEMADE FRENCH FRIES POTATOES		37	0.5%
HOT CHILI PEPPERS (CHILTEPE) PREPARED		2	0%
JOCON, TRADITIONAL GUATEMALAN MEAL		32	0.4%
KAKIK, TRADITIONAL GUATEMALAN MEAL		10	0.1%
LEMON JUICE & GROUNDED PUMPKIN SEED GRANITA		2	0%
LEMON JUICE GRANITA		8	0.1%
LEMON W/GROUNDED PUMPKIN SEED		3	0%
LEMON W/SALT		4	0%

LEMONADE BEVERAGE		169	2.1%
LETTUCE & CARROTS MIXED SALAD		8	0.1%
LETTUCE & CUCUMBERS MIXED SALAD		11	0.1%
LETTUCE & RADISHES MIXED SALAD		10	0.1%
LETTUCE & TOMATOES MIXED SALAD		22	0.3%
LETTUCE, CUCUMBERS & RADISHES MIXED SALAD		10	0.1%
LETTUCE, TOMATOES & CARROTS MIXED SALAD W/LEMON		14	0.2%
LETTUCE, TOMATOES & CUCUMBERS MIXED SALAD W/LEMON		5	0.1%
MAIZE DOUGH (TAMAL) W/BEANS		3	0%
MAIZE DOUGH BASED BEVERAGE		2	0%
MAIZE THICK TORTILLA FILLED W/CHEESE (SALVADORIAN PUPUSAS)		16	0.2%
MAIZE TORTILLA W/BEANS		4	0%
MAIZE TORTILLA W/CHEESE		10	0.1%
MAIZE TORTILLA W/CHICKEN		2	0%
MAIZE TORTILLA W/CHICKEN NUGGETS		4	0%
MAIZE TORTILLA W/HEN EGGS		8	0.1%
MAIZE TORTILLA W/MARGARINE		2	0%
MAIZE TORTILLA W/REQUESON CHEESE		1	0%
MAIZE TORTILLA W/SAUSAGE		4	0%
MAIZE TORTILLA, FRIED		16	0.2%
MAIZE TORTILLA, FRIED, W/CHEESE		5	0.1%
MANGO BEVERAGE W/WATER & SUGAR		6	0.1%
MANGO TEA W/SUGAR		2	0%
MATURE PLANTAINS, COOKED, BOILED W/SUGAR		14	0.2%
MATURE PLANTAINS, FRIED		53	0.6%
MATURE PLANTAINS, FRIED W/CREAM		11	0.1%
MEATBALLS IN SAUCE		11	0.1%
MELON BEVERAGE W/WATER & SUGAR		4	0%
MELON WATER-BASED SMOOTHIE W/SUGAR		8	0.1%
MILK W/BREAD		2	0%
MILK W/CHOCOLATE		12	0.1%
MILK W/COCOA		8	0.1%
MILK W/SUGAR		34	0.4%
MILK-BASED ICE CREAM W/CONE		4	0%
MILK-BASED STRAWBERRY ICE CREAM W/CONE		6	0.1%
MILK-BASED VANILLA ICE CREAM W/CONE		2	0%
MINERAL WATER W/LEMON JUICE, SOY SAUCE & SALT		4	0%
MIXED CURTED/PICKLING VEGETABLES		20	0.2%
MIXED FRUIT BEVERAGE W/WATER & SUGAR		14	0.2%

MIXED FRUIT BEVERAGE W/WATER WO/SUGAR		6	0.1%
MIXED FRUITS WATER-BASED SMOOTHIE W/SUGAR		8	0.1%
MIXED HERBS SOUP		10	0.1%
MIXED VEGETABLES ENCHILADAS		7	0.1%
NACHES BEVERAGE W/WATER & SUGAR		2	0%
NACHOS W/LEMON JUICE & GROUNDED PUMPKIN SEED		3	0%
NIGHTSHADE BLACK LEAVES & EGG SOUP		16	0.2%
NIGHTSHADE BLACK LEAVES SOUP		22	0.3%
OATS & MILK ATOLE		57	0.7%
OATS ATOLE		21	0.3%
OATS BEVERAGE		20	0.2%
OATS W/ MILK		26	0.3%
OATS W/CHOCOLATE & CEREAL		4	0%
OATS WATER		2	0%
ONIONS, FRIED		2	0%
ORANGE & CARROT WATER-BASED SMOOTHIE		3	0%
ORANGE & LEMON JUICE		3	0%
ORANGE JUICE		6	0.1%
ORANGES W/GROUNDED PUMPKIN SEED & SALT		3	0%
PANCAKES		60	0.7%
PANCAKES W/FRUIT		5	0.1%
PANCAKES W/FRUIT JELLY		4	0%
PANCAKES W/HONEY		22	0.3%
PANCAKES W/MAPLE SYRUP		17	0.2%
PAPAYA MILK-BASED SMOOTHIE W/SUGAR		3	0%
PAPAYA WATER-BASED SMOOTHIE W/SUGAR		4	0%
PASSIONFRUIT BEVERAGE		4	0%
PASTA & MIXED VEGETABLES SALAD		7	0.1%
PASTA, SPAGUETTI, W/TOMATO		6	0.1%
PEACHES IN SWEET SYRUP MEDIUM		7	0.1%
PEACHES IN SWEET SYRUP MEDIUM W/CHERRY		6	0.1%
PEPIAN, TRADITIONAL GUATEMALAN MEAL, W/CHCKEN		83	1%
PEPIAN, TRADITIONAL GUATEMALAN MEAL, W/HEN MEAT		18	0.2%
PEPIAN, TRADITIONAL GUATEMALAN MEAL, W/PORK RIBS		6	0.1%
PICKLES MIXED SALAD		4	0%
PINEAPPLE BEVERAGE W/WATER & SUGAR		32	0.4%
PINEAPPLE W/SUGAR		2	0%
PINEAPPLE&COCONUT BEVERAGE W/WATER & SUGAR		3	0%
PINOL ATOLE		2	0%

PINOL BEVERAGE W/WATER & SUGAR		12	0.1%
PLANTAIN & COCOA MILK-BASED SMOOTHIE		3	0%
PLANTAIN ATOLE		13	0.2%
PLANTAIN MOLE (TRADITIONAL MEAL)		34	0.4%
PLANTAIN WATER		2	0%
POPCORN WO/SALT		2	0%
PORK CHOP, FRIED		5	0.1%
PORK HAM W/OIL		4	0%
PORK MEAT W/VEGETABLES		14	0.2%
PORK MEAT, BREADED, FRIED		14	0.2%
PORK MEAT, GRILLED		3	0%
PORK MEAT, GROUNDED, FRIED		16	0.2%
PORK MEAT, MARINATED, W/OIL		8	0.1%
PORK MEAT, STEWED		2	0%
PORK PATTY, FRIED		2	0%
PORK SAUSAGE LONGANIZA W/MIXED VEGETABLES		5	0.1%
PORK SAUSAGE LONGANIZA W/TOMATO SAUCE		10	0.1%
PORK SAUSAGE LONGANIZA W/VEGETABLE OIL		2	0%
PORK SAUSAGE LONGANIZA, FRIED		2	0%
PORK SAUSAGE LONGANIZA, STEWED		6	0.1%
PORK STEAK		25	0.3%
POTATO CROQUETTE		8	0.1%
POTATO PUREE		59	0.7%
POTATOES W/MAYONNAISE		8	0.1%
POTATOES, COOKED , FILLED W/GROUNDED BEEF		6	0.1%
POTATOES, COOKED W/GOLDEN CRUST		11	0.1%
POTATOES, GRILLED		3	0%
PROCESSED SPREADABLE CHEESE W/MUSHROOMS		2	0%
RADISH W/LEMON JUICE		2	0%
RANCHERA TOMATO COOKED SAUCE		6	0.1%
RED BEANS MEAL		24	0.3%
RED BEANS W/PORK FRIED FAT MEAL		22	0.3%
REFRIED BEANS W/CREAM		3	0%
REFRIED BEANS, PAN FRIED W/ONION		29	0.4%
RICE & CHOCOLATE ATOLE		9	0.1%
RICE & MILK ATOLE		45	0.6%
RICE W/ CROTALARIA LEAVES AND SHOOTS (CHIPILIN)		7	0.1%
RICE W/CHICKEN		7	0.1%
RICE W/EGGS		5	0.1%

RICE W/FERNALDIA FIDDLE SHAPE (LOROCO)		5	0.1%
RICE W/GIBLETS		14	0.2%
RICE&BEANS SALAD		4	0%
RICE&PUMPKIN SEEDS BASED BEVERAGE		57	0.7%
ROSELLE FLOWERS INFUSION BEVERAGE W/WATER & SUGAR		106	1.3%
RUSSIAN SALAD (POTATO BASED)		17	0.2%
SALTED GRANITA		6	0.1%
SANDWICH W/CHEESE		2	0%
SANDWICH W/HAM		8	0.1%
SANDWICH W/HAM & CHEESE		16	0.2%
SARDINES W/LEMON JUICE		2	0%
SAUSAGE		11	0.1%
SAUSAGE CHORIZO & LONGANIZA, FRIED		6	0.1%
SAUSAGE CHORIZO, FRIED		10	0.1%
SAUSAGE W/TOMATO		15	0.2%
SAUSAGE W/TOMATO SAUCE		18	0.2%
SAUSAGE, FRIED		24	0.3%
SAUSAGES SKEWERS		2	0%
SCRAMBLED HEN EGGS		398	4.9%
SCRAMBLED HEN EGGS W/SAUSAGE		25	0.3%
SCRAMBLED HEN EGGS W/TOMATO & ONION		23	0.3%
SEAFOOD SOUP		2	0%
SHRIMP, FRIED		7	0.1%
SMALL GREEN PUMPKINS, COOKED&DRAINED		7	0.1%
SODA CRACKER W/MARMALADE		2	0%
SOYBEAN-MAIZE (INCAPARINA) ATOLE W/MILK		51	0.6%
SOYBEAN-MAIZE (INCAPARINA) ATOLE W/SUGAR		80	1%
SPEARMINT TEA W/HONEY		3	0%
SPEARMINT TEA W/SUGAR		4	0%
STEWED CHARD SWISS		5	0.1%
STEWED HAM		4	0%
STRAWBERRIES W/CREAM		2	0%
STRAWBERRIES W/CREAM & SUGAR		9	0.1%
STRAWBERRIES W/HONEY		2	0%
STRAWBERRIES W/SUGAR		10	0.1%
STRAWBERRY BEVERAGE W/WATER & SUGAR		12	0.1%
STRAWBERRY MILK-BASED SMOOTHIE W/SUGAR		15	0.2%
STRAWBERRY W/CHOCOLATE COATING		3	0%
STRAWBERRY WATER-BASED SMOOTHIE W/SUGAR		6	0.1%

STRIPE-CUTTING BEEF W/VEGETABLES SOUP		23	0.3%
SUNNY-SIDE-UP HEN EGGS		132	1.6%
SWEET PEPPERS, FRIED, WITH FILLING		18	0.2%
TACO, FRIED W/BEANS FILLING (FLAUTAS)		6	0.1%
TACOS (POTATO BASED) W/CHICKEN		4	0%
TACOS W/BEEF MEAT		6	0.1%
TACOS W/CHICKEN		3	0%
TACOS W/CHORIZO		5	0.1%
TAMARIND BEVERAGE W/WATER & SUGAR		26	0.3%
TEXTURED SOY PROTEIN (PROTEMAS) CEVICHE		6	0.1%
TOMATO & CUCUMBER W/LEMON		25	0.3%
TOMATO COOKED SAUCE		76	0.9%
TOMATO COOKED SAUCE W/CHICKEN		4	0%
TOMATO W/LEMON JUICE		3	0%
TUNA CEVICHE		5	0.1%
TUNA SALAD		4	0%
TURNIPS SOUP		3	0%
VALENCIAN RICE		38	0.5%
VANILLA ESSENCE BEVERAGE W/WATER & SUGAR		4	0%
VANILLA FLAN		6	0.1%
VEGETABLES, COOKED, BOILED		10	0.1%
VEGETABLES, STEAMED		8	0.1%
WATER-BASED BLACKBERRY HOMEMADE ICE CREAM		6	0.1%
WATER-BASED FRUIT ICE CREAM W/CONE		2	0%
WATER-BASED ICE CREAM W/CONE		2	0%
WATER-BASED PINEAPPLE ICE CREAM W/CONE		2	0%
WATERCRESS MIXED SALAD		10	0.1%
WATERCRESS PATTY		7	0.1%
WATERCRESS SOUP		8	0.1%
WATERMELON W/MAPLE SYRUP		2	0%
WHEAT CRISP CHIPS (CHICHARRIN)		7	0.1%
WHITE ATOLE		13	0.2%
WHITE BEANS W/PORK MEAT MEAL		7	0.1%
WHITE CORN W/LEMON		3	0%
WHITE MAIZE DOUGH (TAMAL)		6	0.1%
WHITE RICE		25	0.3%
WHITE RICE W/TOMATO		13	0.2%
YELLOW CORN W/LEMON		3	0%
YELLOW CORN W/TOPPINGS		21	0.3%

YELLOW MAIZE DOUGH (TAMAL) W/CREAM		8	0.1%
YOGHURT, FRUIT FLAVOUR, W/CEREAL		2	0%

▌ FOODEX2_RECIPE_CODE: FoodEx2 recipe code

Data file: data_anon_consumption

Overview

Valid: 8156   Invalid: 0
Type: Discrete   Width: 75   Range: -   Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
A004X#F28.A07HP		3	0%
A006V#F28.A07GR		16	0.2%
A006V#F28.A0BA1$F04.A02QF$F04.A031G$F04.A036N		8	0.1%
A008T#F04.A002Q$F04.A012S$F04.A02QF		3	0%
A008T#F28.A0BA1$F04.A000T$F04.A042P$F04.A036N		6	0.1%
A008T#F28.A0BA1$F04.A002Q$F04.A012S$F04.A02QF		8	0.1%
A00CJ#F28.A07HL$F28.A0BA1$F04.A0BB2$F04.A039D$F08.A032L		4	0%
A00CL		60	0.7%
A00CL#F04.A01QG$F08.A033Z		5	0.1%
A00CL#F04.A16FC		4	0%
A00CL#F08.A033J		22	0.3%
A00CL#F08.A033Z		17	0.2%
A00DC#F10.A0CQE$F22.A07SS		2	0%
A00DD#F04.A01LC$F04.A02LY		91	1.1%
A00DD#F04.A02LY$F08.A032P		96	1.2%
A00DR#F04.A02LY		22	0.3%
A00EE#F04.A02LY		165	2%
A00FC#F04.A0F0N$F04.A03AH		3	0%
A00FC#F04.A0F0N$F04.A03AH$F04.A042P		18	0.2%
A00FE#F04.A0F0N$F04.A03AH		3	0%
A00FE#F04.A0F0N$F04.A03AH$F04.A042P		25	0.3%
A00ML#F28.A0BA1$F04.A042P		2	0%
A011S#F28.A0BA1$F28.A07HK$F28.A07HL$F04.A042P		8	0.1%
A01EA#F08.A032L		10	0.1%
A01EA#F08.A033J		2	0%

A01EA#F28.A07HP	3	0%
A01GM#F06.A06XY$F08.A032L	7	0.1%
A01QG#F04.A00KJ$F08.A033Z	2	0%
A01QG#F04.A014K$F04.A0F0N$F04.A03AH$F04.A042P	4	0%
A01QG#F04.A01BY$F04.A042P	4	0%
A01QG#F04.A01BY$F04.A0F0N$F04.A042P	3	0%
A01QG#F04.A01DJ$F04.A03AH	2	0%
A01QG#F04.A01DJ$F04.A03AH$F04.A0F0N	4	0%
A01QG#F04.A01DJ$F04.A03AH$F04.A0F0N$F04.A042P	10	0.1%
A01QG#F04.A01DJ$F08.A032L	2	0%
A01QG#F04.A01DJ$F08.A033J	4	0%
A01QG#F04.A01EA$F04.A02ML	2	0%
A01QG#F04.A01EA$F04.A02ML$F08.A032L	9	0.1%
A01QG#F04.A01GH$F04.A01GM$F06.A06XY$F08.A032L	6	0.1%
A01QG#F04.A01LF$F04.A03AH$F04.A042P$F04.A0F0N	29	0.4%
A01QG#F04.A01LP$F08.A032L	2	0%
A01QG#F04.A0DQG$F04.A02ML$F04.A036N$F08.A032L	11	0.1%
A01QG#F04.A0DZB$F04.A0F0N$F04.A042P	3	0%
A01QG#F08.A033J	11	0.1%
A01QG#F28.A0BA1$F04.A0DQG$F04.A015K$F04.A046H$F08.A032L$F03.A06JA	34	0.4%
A01QG#F28.A0C6N$F04.A01LB$F04.A0DND$F04.A00XF$F04.A03AH$F04.A042P$F03.A06JG	30	0.4%
A01RG#F28.A07GR	5	0.1%
A01SP#F28.A07GG$F04.A042P	3	0%
A025C#F28.A07GR	10	0.1%
A02MP#F04.A02LY$F04.A03HH	20	0.2%
A02MP#F04.A02LY$F04.A047E$F08.A032L	10	0.1%
A02MP#F04.A02PK$F08.A032P	34	0.4%
A02QA#F04.A06TV$F04.A0BYR	6	0.1%
A02QA#F04.A06VS$F04.A0BYR	2	0%
A02QA#F04.A0BYR	4	0%
A02QD#F04.A0BYR$F04.A02LY	2	0%
A031C#F04.A00TZ	2	0%
A036K#F04.A01EE$F08.A032L$F22.A07SS	6	0.1%
A036K#F04.A06NQ$F04.A0BYR	2	0%
A036K#F04.A06SJ$F04.A0BYR	2	0%
A036K#F04.A0BYR	2	0%
A036L#F04.A03AH$F04.A042P	8	0.1%
A036L#F04.A03AH$F04.A042P$F04.A0F0N$F04.A16FC$F04.A043G	6	0.1%
A036L#F04.A03AH$F04.A0F0N	2	0%

A03AM#F08.A032L	6	0.1%
A03DD#F27.A0DZB$F08.A032L	3	0%
A03DE#F04.A03AH$F04.A03AM$F08.A032P	3	0%
A03DF#F04.A00KF$F04.A03DK$F08.A032L	8	0.1%
A03DF#F04.A01EA$F04.A03DK$F08.A032L	6	0.1%
A03DF#F04.A01LC$F04.A02LV$F08.A032L	6	0.1%
A03DF#F04.A01LC$F04.A02LV$F10.A077K	2	0%
A03DF#F04.A01LG$F04.A02LZ$F08.A032L	3	0%
A03DF#F04.A01LG$F04.A03DK$F08.A032L	4	0%
A03DF#F04.A03DK$F08.A032L	8	0.1%
A03DF#F28.A07MR$F04.A01EA$F04.A02PK$F08.A032P	15	0.2%
A03DF#F28.A07MR$F04.A0DQG$F04.A02PK$F04.A03HH	3	0%
A03EA#F04.A00KF$F08.A032L	4	0%
A03EA#F04.A019J$F08.A032L	26	0.3%
A03EA#F04.A01EA$F08.A032L	12	0.1%
A03EA#F04.A01EE$F08.A032P	10	0.1%
A03EA#F04.A01HE$F08.A032P	2	0%
A03EA#F04.A01KC$F08.A032L	4	0%
A03EA#F04.A03AH$F08.A032L	169	2.1%
A03EA#F04.A03DS$F04.A03AH$F04.A042P$F04.A044R	4	0%
A03EH#F08.A032L	6	0.1%
A03EQ#F08.A032P	32	0.4%
A03EV#F04.A01LP$F04.A014K$F08.A032P	3	0%
A03EV#F08.A032L	14	0.2%
A03EV#F10.A077K	6	0.1%
A03EX#F04.A000P$F08.A032L	5	0.1%
A03EX#F04.A002Q$F04.A0CXN$F04.A019T$F04.A03HG$F08.A032L	12	0.1%
A03EX#F04.A002Q$F08.A032P	2	0%
A03EX#F04.A047E$F08.A032L	4	0%
A03EX#F04.A0DLV$F08.A032P	2	0%
A03EX#F28.A07MK$F04.A03JD$F08.A032L	106	1.3%
A03EX#F28.A07MR$F04.A06PA$F08.A032P	8	0.1%
A03EX#F28.A07MR$F04.A06TV$F08.A032L	32	0.4%
A03EX#F28.A07MR$F04.A06VD$F08.A032L	5	0.1%
A03EZ#F08.A032P	2	0%
A03FA#F28.A07MR$F08.A032L	9	0.1%
A03FJ#F28.A07MR$F08.A032L	39	0.5%
A03FL#F28.A07MR$F08.A032L	6	0.1%
A03FN#F28.A07MR$F08.A032L	6	0.1%

A03JZ#F28.A07MR$F04.A002Q$F04.A0CXN$F04.A019T$F04.A03HG$F04.A03DK$F08.A032L	2	0%
A03JZ#F28.A07MR$F04.A002Q$F04.A0DBM$F04.A042P$F04.A02PK$F08.A032L	51	0.6%
A03JZ#F28.A07MR$F04.A002Q$F04.A0DBM$F04.A042P$F04.A03DK$F08.A032L	80	1%
A03JZ#F28.A07MR$F04.A003F$F04.A02PL$F08.A032L	13	0.2%
A03JZ#F28.A07MR$F04.A003X$F04.A02PK$F08.A032L	17	0.2%
A03JZ#F28.A07MR$F04.A185Q$F04.A02PK$F08.A032L	50	0.6%
A03JZ#F28.A07MR$F28.A07MS$F04.A003D$F04.A02PK$F08.A032L	45	0.6%
A03JZ#F28.A07MS$F04.A003D$F04.A034G$F04.A03DK	9	0.1%
A03JZ#F28.A07MS$F04.A00DL$F04.A02LY$F08.A032L	57	0.7%
A03JZ#F28.A07MS$F04.A00DL$F04.A03DK$F08.A032L	21	0.3%
A03JZ#F28.A0CRL$F04.A0DQG$F04.A03DK$F08.A032L	13	0.2%
A03KA#F04.A02LY$F04.A03GN$F08.A032P	31	0.4%
A03KA#F04.A03GN$F08.A032L	163	2%
A03KE#F04.A02LY$F08.A032P	111	1.4%
A03KE#F04.A03HG$F08.A032P	6	0.1%
A03KE#F04.A03TS$F08.A032L	15	0.2%
A03KE#F08.A032P	415	5.1%
A03KE#F08.A046R	1	0%
A03KP#F04.A006V$F08.A032L	10	0.1%
A03KR#F08.A032P	6	0.1%
A03KY#F04.A02MA$F08.A032L	3	0%
A03LC#F08.A032P	4	0%
A03LD#F04.A00YC$F04.A01AB$F08.A033J	3	0%
A03LD#F04.A00YC$F08.A032P	4	0%
A03LD#F04.A019T$F08.A032P	2	0%
A03LD#F04.A06QN$F08.A032L	2	0%
A03LH#F08.A032L	17	0.2%
A03LK#F04.A01LE$F04.A032J	2	0%
A03TL#F08.A032P	20	0.2%
A03TL#F28.A07MS$F08.A032P	2	0%
A03TM#F04.A0F0N$F04.A019V$F08.A032L	57	0.7%
A03VD#F28.A07GZ$F04.A00ZT$F04.A042P	3	0%
A03VD#F28.A0BA1$F04.A00ZT$F04.A00XF$F04.A044X$F04.A042P	8	0.1%
A03VD#F28.A0BA1$F04.A00ZT$F04.A036N	11	0.1%
A03VH#F04.A044X$F04.A042P$F03.A06JB	17	0.2%
A03VK#F28.A0BA1$F28.A07MA$F04.A049S$F04.A16GB$F04.A036N	6	0.1%
A03VM#F04.A013H$F04.A01RG$F04.A16GB	12	0.1%
A03VM#F04.A01BB$F04.A02ML$F03.A06JG	3	0%
A03VM#F04.A03TF$F04.A16GB$F04.A042P	6	0.1%

A03VM#F28.A07GS$F04.A01BB$F03.A06JG		29	0.4%
A03VM#F28.A0BA1$F04.A011Z$F04.A02ML		2	0%
A03VR#F28.A0BA1$F04.A026B		2	0%
A03VR#F28.A0BA1$F04.A02ML$F03.A06JL		16	0.2%
A03VR#F28.A0BA1$F04.A044X$F03.A06JL		2	0%
A03VS#F28.A0BA1$F04.A001D		2	0%
A03VS#F28.A0BA1$F04.A02QF		4	0%
A03VT#F28.A0BA1$F04.A016T$F04.A01RG$F04.A042P		7	0.1%
A03VT#F28.A0BA1$F04.A017M$F04.A01QX$F04.A042P		24	0.3%
A03VT#F28.A0BA1$F04.A01RG$F04.A021A$F04.A026B$F04.A042P$F04.A044C		22	0.3%
A03VV#F04.A01QX$F04.A16GB$F03.A06JB		15	0.2%
A03VV#F04.A01SP$F04.A044C		4	0%
A03VV#F04.A024J$F04.A036N		2	0%
A03VV#F04.A024J$F04.A039D		2	0%
A03VV#F04.A024J$F04.A044C$F04.A042P		10	0.1%
A03VV#F04.A026B$F04.A039D		11	0.1%
A03VV#F04.A026B$F04.A044P		2	0%
A03VV#F28.A07GG$F04.A01SP$F04.A00ZF$F04.A042P		2	0%
A03VV#F28.A07GG$F04.A01SP$F04.A042P$F04.A044X		3	0%
A03VV#F28.A07GM$F04.A022T$F04.A16GB$F04.A042P		4	0%
A03VV#F28.A07GM$F04.A024J$F04.A16GB$F04.A042P		6	0.1%
A03VV#F28.A07GR$F04.A01QX		7	0.1%
A03VV#F28.A07GR$F04.A01RG$F04.A16GB$F04.A044R$F04.A042P		16	0.2%
A03VV#F28.A07GR$F04.A01SP$F04.A042Y		64	0.8%
A03VV#F28.A07GR$F04.A022T$F04.A036N		4	0%
A03VV#F28.A07GR$F04.A024J		2	0%
A03VV#F28.A07GR$F04.A024J$F04.A025C		6	0.1%
A03VV#F28.A07GR$F04.A026B		24	0.3%
A03VV#F28.A07GX$F04.A01SP$F04.A03MB$F04.A044R		4	0%
A03VV#F28.A07GY$F04.A01SP$F04.A042P		11	0.1%
A03VV#F28.A07GZ$F04.A01QX		36	0.4%
A03VV#F28.A07GZ$F04.A01RG		3	0%
A03VV#F28.A07GZ$F04.A01RG$F04.A045E$F04.A042P		8	0.1%
A03VV#F28.A07GZ$F04.A01SP$F04.A017M		3	0%
A03VV#F28.A07GZ$F04.A01SP$F04.A16GB$F04.A039D		43	0.5%
A03VV#F28.A07HK$F04.A01XG$F04.A036N		12	0.1%
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A03VV#F28.A07HK$F28.A07GR$F04.A01SP$F22.A07SK		3	0%
A03VV#F28.A07HK$F28.A0BA1$F04.A01QX$F04.A043G		6	0.1%

A03VV#F28.A07JV$F04.A01SP$F04.A036N	2	0%
A03VV#F28.A0BA1$F04.A001D$F04.A00KR$F04.A00ZT$F04.A01SP	7	0.1%
A03VV#F28.A0BA1$F04.A01QX$F04.A00QH$F04.A00ZT	4	0%
A03VV#F28.A0BA1$F04.A01QX$F04.A044C$F04.A01LB	6	0.1%
A03VV#F28.A0BA1$F04.A01QX$F04.A044C$F04.A042P	4	0%
A03VV#F28.A0BA1$F04.A01QX$F04.A16GB$F04.A042P	27	0.3%
A03VV#F28.A0BA1$F04.A01QX$F04.A16GB$F04.A042P$F04.A0EZD	16	0.2%
A03VV#F28.A0BA1$F04.A01RG$F04.A042P$F04.A036N	6	0.1%
A03VV#F28.A0BA1$F04.A01RG$F04.A045B$F04.A042P	4	0%
A03VV#F28.A0BA1$F04.A01RG$F04.A16GB$F04.A042P	25	0.3%
A03VV#F28.A0BA1$F04.A01RG$F04.A16GB$F04.A042P$F04.A036N	14	0.2%
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A03VV#F28.A0BA1$F04.A01SP$F04.A036N	2	0%
A03VV#F28.A0BA1$F04.A01SP$F04.A036N$F04.A042Y	53	0.6%
A03VV#F28.A0BA1$F04.A01SP$F04.A036Y	3	0%
A03VV#F28.A0BA1$F04.A01SP$F04.A044C	6	0.1%
A03VV#F28.A0BA1$F04.A01SP$F04.A16GB$F04.A002Q$F04.A0CXN$F04.A019T	16	0.2%
A03VV#F28.A0BA1$F04.A01SP$F04.A16GB$F04.A008T$F04.A042P	7	0.1%
A03VV#F28.A0BA1$F04.A01SP$F04.A16GB$F04.A042P$F04.A044R	9	0.1%
A03VV#F28.A0BA1$F04.A01SP$F04.A16GB$F04.A042P$F04.A044X	8	0.1%
A03VV#F28.A0BA1$F04.A01SP$F04.A16GB$F04.A042Y	11	0.1%
A03VV#F28.A0BA1$F04.A01XG$F04.A16GB$F04.A042P	5	0.1%
A03VV#F28.A0BA1$F04.A022T$F04.A036N	4	0%
A03VV#F28.A0BA1$F04.A024J$F04.A16GB$F04.A036N	5	0.1%
A03VV#F28.A0BA1$F04.A024J$F04.A16GB$F04.A042P	5	0.1%
A03VV#F28.A0BA1$F04.A026B$F04.A042P$F04.A044C	18	0.2%
A03VV#F28.A0BA1$F04.A026B$F04.A0DMX$F04.A042P	15	0.2%
A03VV#F28.A0BA1$F04.A049S$F04.A16GB$F04.A00ZF$F04.A042P	17	0.2%
A03VV#F28.A0BA1$F04.A0DGF$F04.A01SP$F04.A02ML	7	0.1%
A03VV#F28.A0BA1$F04.A0DGF$F04.A01SP$F04.A02ML$F04.A16GB	16	0.2%
A03VV#F28.A0BA1$F28.A07JT$F04.A01QX$F04.A036N	2	0%
A03VV#F28.A0BA1$F28.A07JT$F04.A01RG$F04.A036N	8	0.1%
A03VY#F04.A01QX$F04.A16GB$F04.A042P	58	0.7%
A03VY#F04.A01RG$F04.A044C	2	0%
A03VY#F04.A01RG$F04.A16GB$F04.A042P$F04.A036N	16	0.2%
A03VY#F04.A01SP$F04.A00MJ$F04.A042P	6	0.1%
A03VY#F04.A01SP$F04.A01RG$F04.A0ERG	2	0%

A03VY#F04.A01SP$F04.A16GB$F04.A042P$F04.A039D$F04.A017M	128	1.6%
A03XA#F04.A01QV$F04.A01RG	4	0%
A03XF#F28.A07GR$F04.A01RG	2	0%
A03XF#F28.A0BA1$F28.A07HK$F28.A07HL$F04.A01QX$F04.A16GB$F04.A042P	50	0.6%
A03XG#F04.A044C	11	0.1%
A03XG#F28.A07GR$F04.A01SP	2	0%
A03XG#F28.A07GR$F28.A07HK$F04.A01SP	3	0%
A03XG#F28.A0BA1$F04.A01SP	5	0.1%
A03XJ#F04.A03AH$F04.A0FBZ	2	0%
A03XJ#F28.A07GR$F04.A026V$F04.A042P$F04.A042Z	5	0.1%
A03XL#F28.A0BA1$F28.A07HK$F04.A036N	5	0.1%
A03XM#F28.A07GR$F04.A02GB$F04.A042P	7	0.1%
A03XN#F04.A0FBT	4	0%
A03XN#F04.A0FBT$F04.A16GB$F04.A042P	5	0.1%
A03XX#F04.A00KP$F04.A02QF$F04.A042P$F04.A044X$F04.A044P$F20.A07RE	21	0.3%
A03XX#F04.A00QA$F04.A039D	3	0%
A03XX#F04.A0DJR$F04.A042P	5	0.1%
A03XX#F28.A07GG$F04.A00KH$F04.A042P	7	0.1%
A03XX#F28.A0BA1$F04.A00NL$F04.A012S	4	0%
A03XX#F28.A0BA1$F04.A00PC$F04.A01QX$F04.A036N	10	0.1%
A03XX#F28.A0BA1$F28.A07HK$F04.A00JZ	4	0%
A03XX#F28.A0BA1$F28.A07HK$F28.A07HL$F04.A00ND$F04.A042P$F04.A042Z	7	0.1%
A03XX#F28.A0BA1$F28.A07HL$F04.A00FR$F04.A042P	17	0.2%
A03XX#F28.A0BA1$F28.A07HL$F04.A00JZ$F04.A042P	8	0.1%
A03XX#F28.A0BA1$F28.A07HL$F04.A00PC$F04.A036N$F04.A042P	5	0.1%
A03XX#F28.A0BA1$F28.A07MA$F28.A07HL$F04.A00JA$F04.A042P	18	0.2%
A03XZ#F28.A07GG$F04.A042P	10	0.1%
A03XZ#F28.A07GP$F04.A042P	8	0.1%
A03YG#F04.A0DJR$F04.A031G$F04.A036N	3	0%
A03YJ#F28.A07GS$F04.A031G$F04.A039D$F04.A042P$F17.A07NF	132	1.6%
A03YJ#F28.A07GS$F04.A031R$F04.A026B$F04.A036N$F04.A042P	25	0.3%
A03YJ#F28.A07GS$F04.A031R$F04.A036N$F04.A042P	398	4.9%
A03YJ#F28.A07GS$F04.A031R$F04.A0DND$F04.A0DMX$F04.A036N$F04.A042P	23	0.3%
A03YJ#F28.A0BA1$F04.A031G$F04.A023F$F04.A039D	5	0.1%
A03YJ#F28.A0BA1$F04.A031G$F04.A025C$F04.A042P$F04.A036N	4	0%
A03YJ#F28.A0BA1$F04.A031G$F04.A026B$F04.A042P$F04.A036N	24	0.3%
A03YJ#F28.A0BA1$F04.A031G$F04.A026B$F04.A0DMX$F04.A039D$F04.A042P	19	0.2%
A03YJ#F28.A0BA1$F04.A031G$F04.A044C$F04.A042P	5	0.1%
A03YJ#F28.A0BA1$F04.A031G$F04.A045R$F04.A042P	5	0.1%

A03YJ#F28.A0BA1$F04.A031G$F04.A0DND$F04.A0DMX$F04.A042P$F04.A036N		31	0.4%
A03YK#F04.A031G$F04.A031B$F04.A023F$F04.A039C		10	0.1%
A03YN#F04.A031G$F04.A042P$F04.A036P		43	0.5%
A03YN#F04.A031G$F04.A042P$F04.A036P$F04.A0DND		8	0.1%
A03YZ#F04.A004Y$F04.A012S		112	1.4%
A03YZ#F04.A004Y$F04.A012S$F04.A024G		3	0%
A03YZ#F04.A004Y$F04.A012S$F04.A02QF		30	0.4%
A03YZ#F04.A004Y$F04.A012S$F04.A02QZ		6	0.1%
A03YZ#F04.A004Y$F04.A012S$F04.A031G$F04.A044P		6	0.1%
A03YZ#F04.A004Y$F04.A01BB$F04.A02ML$F04.A02QF		4	0%
A03YZ#F04.A004Y$F04.A01SP		2	0%
A03YZ#F04.A004Y$F04.A022R$F04.A031G$F04.A043V		6	0.1%
A03YZ#F04.A004Y$F04.A022R$F04.A043V$F04.A16GB		246	3%
A03YZ#F04.A004Y$F04.A02ML		8	0.1%
A03YZ#F04.A004Y$F04.A033Z		4	0%
A03YZ#F04.A004Y$F04.A039D		12	0.1%
A03YZ#F04.A004Y$F04.A03YN		3	0%
A03YZ#F04.A004Y$F04.A044P$F04.A044X		3	0%
A03YZ#F04.A004Y$F04.A0C6P		2	0%
A03YZ#F04.A004Y$F04.A16FC		3	0%
A03YZ#F04.A004Y$F04.A16FC$F04.A039D		9	0.1%
A03YZ#F04.A005Y$F04.A01NJ		2	0%
A03YZ#F04.A006V$F04.A012S		4	0%
A03YZ#F04.A006V$F04.A01BB$F04.A042P		28	0.3%
A03YZ#F04.A006V$F04.A01SP		2	0%
A03YZ#F04.A006V$F04.A031G		8	0.1%
A03YZ#F04.A006V$F04.A039D		2	0%
A03YZ#F04.A006V$F04.A04DS$F04.A012S$F04.A044P		4	0%
A03YZ#F04.A00BL$F04.A031G		90	1.1%
A03YZ#F04.A00BL$F04.A044X		2	0%
A03YZ#F28.A07HC$F04.A0BB2$F04.A039D		2	0%
A03YZ#F28.A07HC$F04.A0BB2$F04.A16FC		2	0%
A03YZ#F28.A0BA1$F04.A002Q$F04.A02QF		16	0.2%
A03ZA#F04.A004Y$F04.A02QF		26	0.3%
A03ZA#F04.A004Y$F04.A02QF$F04.A02ML		6	0.1%
A03ZA#F04.A004Y$F04.A02QZ		54	0.7%
A03ZA#F04.A004Y$F04.A02QZ$F04.A16FC		3	0%
A03ZA#F04.A004Y$F04.A031B		2	0%
A03ZA#F04.A006V$F04.A012S		6	0.1%

A03ZA#F04.A006V$F04.A02QF	10	0.1%
A03ZA#F04.A006V$F04.A02QF$F04.A042P	7	0.1%
A03ZA#F04.A006V$F04.A02QL	1	0%
A03ZA#F04.A011S$F04.A02ZH$F04.A044C	6	0.1%
A03ZA#F04.A031B$F04.A037T	2	0%
A03ZA#F28.A07GR$F04.A006V$F04.A02QF	5	0.1%
A03ZB#F04.A004Y$F04.A01SP$F04.A042L	24	0.3%
A03ZB#F04.A004Y$F04.A022R$F04.A031B$F04.A043V	40	0.5%
A03ZB#F04.A004Y$F04.A024J$F04.A16GB$F04.A043V	7	0.1%
A03ZB#F04.A004Y$F04.A025C$F04.A044X	5	0.1%
A03ZB#F04.A004Y$F04.A026Q	8	0.1%
A03ZB#F04.A004Y$F04.A03XF$F04.A043V	8	0.1%
A03ZB#F04.A006V$F04.A00GC$F04.A01LB$F04.A023F$F04.A043V	7	0.1%
A03ZB#F04.A006V$F04.A01QX$F04.A16GB$F04.A03AH	6	0.1%
A03ZB#F04.A006V$F04.A01SP	2	0%
A03ZB#F04.A006V$F04.A01SP$F04.A031B	3	0%
A03ZB#F04.A006V$F04.A025C$F04.A16GB	5	0.1%
A03ZB#F04.A006V$F04.A026B$F04.A00GC$F04.A01LB$F04.A043V	24	0.3%
A03ZB#F04.A006V$F04.A026B$F04.A044X$F04.A044P	4	0%
A03ZB#F04.A023F$F04.A031B$F04.A045K	16	0.2%
A03ZB#F04.A023F$F04.A044X$F04.A044P	8	0.1%
A03ZD#F04.A004Y$F04.A00JA$F04.A00KY$F04.A043V	19	0.2%
A03ZD#F04.A004Y$F04.A01LC	8	0.1%
A03ZD#F04.A004Y$F04.A044C	2	0%
A03ZD#F04.A006V	2	0%
A03ZD#F04.A006V$F04.A042P	12	0.1%
A03ZE#F04.A006V$F04.A02QF	4	0%
A03ZG#F04.A004Y$F04.A026C	76	0.9%
A03ZG#F04.A006V$F04.A007R$F04.A01SP$F04.A042P	16	0.2%
A03ZG#F04.A006V$F04.A00ZT$F04.A02QF$F04.A044C	4	0%
A03ZG#F04.A006V$F04.A01QX$F04.A042P$F04.A044L	13	0.2%
A03ZG#F04.A006V$F04.A01SP$F04.A044C	3	0%
A03ZG#F04.A006V$F04.A16GB$F04.A02QF$F04.A042P$F04.A044X	7	0.1%
A040Q#F04.A007R$F04.A01QX$F04.A01RG$F04.A044R	5	0.1%
A040Q#F04.A00ZF$F04.A042P	53	0.6%
A040Q#F04.A01QX$F04.A044C$F04.A042P	32	0.4%
A040Q#F04.A01SP$F04.A044C$F04.A042P	7	0.1%
A040Q#F04.A026C$F04.A00ZF$F04.A044C$F04.A042P	18	0.2%
A040Q#F04.A044C	27	0.3%

A040Q#F04.A044C$F04.A042P		51	0.6%
A040R		21	0.3%
A040R#F04.A007R$F04.A01SP$F04.A044R		44	0.5%
A040R#F04.A0DMX		6	0.1%
A040R#F28.A07GS$F04.A16GB$F04.A042P		9	0.1%
A040S		8	0.1%
A040S#F04.A01SP$F04.A042P		11	0.1%
A040S#F04.A02QJ		10	0.1%
A040Z#F04.A003D$F04.A042P		25	0.3%
A040Z#F04.A003D$F04.A042P$F10.A077D		2	0%
A040Z#F04.A003D$F10.A0CQE		3	0%
A041D		38	0.5%
A041G#F04.A003D$F04.A042P		41	0.5%
A041G#F04.A003D$F04.A0DMX		13	0.2%
A041G#F04.A00KR		7	0.1%
A041G#F04.A031G		5	0.1%
A041G#F04.A0DGF		5	0.1%
A041J#F04.A003D$F04.A01SP		7	0.1%
A041J#F04.A003D$F04.A022B		14	0.2%
A041S#F04.A0DJR$F04.A0DND$F04.A0DMX		8	0.1%
A041T#F04.A03AH$F04.A0B9P		2	0%
A041T#F04.A0B9P$F04.A16GB$F04.A042P		12	0.1%
A041X		2	0%
A041X#F04.A03YE$F04.A0B9N$F04.A042P		6	0.1%
A041Z#F04.A031G$F04.A16GB$F10.A0CJK		30	0.4%
A042B#F04.A00FN$F04.A03AH		2	0%
A042C		6	0.1%
A042C#F04.A00GC$F04.A03AH$F04.A031B		4	0%
A042C#F04.A00KY$F04.A00JM$F04.A03AH$F04.A042P		11	0.1%
A042C#F04.A00KY$F04.A00JM$F04.A0DMX$F04.A03AH$F04.A042P		5	0.1%
A042C#F04.A00KY$F04.A00JM$F04.A0DNJ$F04.A03AH$F04.A042P		10	0.1%
A042C#F04.A00KY$F04.A00QH$F04.A03AH$F04.A042P		8	0.1%
A042C#F04.A00KY$F04.A0DMX$F04.A00QH$F04.A03AH$F04.A042P		14	0.2%
A042C#F04.A00KY$F04.A0DMX$F04.A03AH$F04.A042P		22	0.3%
A042C#F04.A00KY$F04.A0DNJ$F04.A03AH$F04.A042P		10	0.1%
A042D#F04.A00FN$F04.A03AH$F04.A042P		3	0%
A042D#F04.A00GC$F04.A044X$F04.A044G		12	0.1%
A042D#F04.A00JM$F04.A00JA$F04.A042P$F04.A044X		4	0%
A042D#F04.A00JM$F04.A00QV$F04.A03AH$F04.A042P		21	0.3%

A042D#F04.A00JM$F04.A03AH$F04.A042P		18	0.2%
A042D#F04.A00JM$F04.A0F0N$F04.A042P$F04.A03AH		38	0.5%
A042D#F04.A00KP$F04.A03AH$F04.A042P		6	0.1%
A042D#F04.A00ND$F04.A03AH$F04.A042P		10	0.1%
A042D#F04.A00QG$F04.A03AH$F04.A042P		15	0.2%
A042D#F04.A00QH$F04.A03AH$F04.A042P		6	0.1%
A042D#F04.A00QV$F04.A03AH$F04.A042P		20	0.2%
A042D#F04.A0DMX$F04.A00JM$F04.A03AH$F04.A042P		25	0.3%
A042D#F04.A0DMX$F04.A03AH$F04.A042P		3	0%
A042D#F04.A0DNJ$F04.A03AH		2	0%
A042D#F28.A07KC$F04.A044L$F04.A042P		20	0.2%
A042H#F04.A019C$F04.A16GB$F04.A042P$F04.A044X		7	0.1%
A042H#F04.A01SP$F04.A042P$F04.A044X		4	0%
A042J#F04.A011Z$F04.A16GB$F04.A036N		4	0%
A044C#F04.A0DND$F04.A00JA$F04.A042P$F04.A043G		76	0.9%
A044C#F04.A0DND$F04.A039C		6	0.1%
A045Q#F04.A00JB$F04.A042P$F03.A06JC		2	0%
A045R#F04.A00ZT$F04.A0DMN$F04.A042P$F03.A06JC		4	0%
A045R#F04.A0DND$F04.A00JB$F10.A0EZY$F03.A06JC		3	0%
A045R#F04.A0DND$F04.A00XF$F04.A042P$F03.A06JC		84	1%
A045R#F28.A07GZ$F04.A0DND$F04.A00XF$F04.A042P$F03.A06JC		2	0%
A065Z#F04.A00ED$F04.A02NH		2	0%
A0BYV#F04.A044P$F22.A07SK		7	0.1%
A0BYV#F22.A07SS		37	0.5%
A0BZ9#F04.A00KR$F04.A00HC$F04.A00XF$F04.A043G		10	0.1%
A0BZ9#F04.A00NL$F04.A031G$F04.A042P		16	0.2%
A0BZ9#F04.A00NL$F04.A042P		57	0.7%
A0BZ9#F04.A00PC$F04.A0B9Q$F04.A042P		5	0.1%
A0BZ9#F04.A042P		10	0.1%
A0BZA#F04.A01QX$F04.A0B9P$F04.A16GB$F04.A042P		12	0.1%
A0BZA#F04.A01QX$F04.A0B9Q$F04.A16GB$F04.A042P		7	0.1%
A0BZA#F04.A01SP$F04.A022B$F04.A16GB$F04.A042P		36	0.4%
A0BZA#F04.A031G$F04.A0CDQ$F04.A16GB$F04.A0B9Q		18	0.2%
A0BZA#F04.A031G$F04.A0CDQ$F04.A16GB$F04.A0B9Q$F04.A042P		33	0.4%
A0BZA#F04.A16GB$F04.A0B9Q		5	0.1%
A0BZC#F04.A00JA$F04.A0DMN$F04.A00ZT$F04.A01SP		32	0.4%
A0BZC#F04.A00LY$F04.A020Z$F04.A0DMX$F04.A042P		3	0%
A0BZC#F04.A01QX$F04.A042P		134	1.6%
A0BZC#F04.A01QX$F04.A044C$F04.A042P$F03.A06JA		23	0.3%

A0BZC#F04.A01RG$F04.A00JZ$F04.A00ZT		6	0.1%
A0BZC#F04.A01SN$F04.A042P$F04.A043G		35	0.4%
A0BZC#F04.A01SN$F04.A0DMX$F04.A0DMN$F04.A019K$F04.A042P		18	0.2%
A0BZC#F04.A01SP$F04.A042P$F04.A043G		353	4.3%
A0BZC#F04.A01SP$F04.A042P$F04.A043G$F04.A00NL		9	0.1%
A0BZC#F04.A01SP$F04.A0DMX$F04.A00JZ$F04.A019K$F04.A042P		83	1%
A0BZC#F04.A01SQ$F04.A0DMX$F04.A00JZ$F04.A00ZT$F04.A00YC$F04.A042P		10	0.1%
A0C68#F04.A004Y$F04.A02LY		2	0%
A0C68#F04.A06VS		6	0.1%
A0C6K#F04.A042P$F04.A039D		59	0.7%
A0CDQ#F04.A01QX$F04.A042P		37	0.5%
A0CDQ#F04.A022R$F04.A042P		12	0.1%
A0CDQ#F04.A026B$F04.A044X		4	0%
A0CDQ#F04.A039D		3	0%
A0CDQ#F04.A039D$F04.A042P		5	0.1%
A0CDQ#F04.A042P		6	0.1%
A0CDQ#F04.A042P$F04.A039D		3	0%
A0CDQ#F04.A16GB$F04.A026B		14	0.2%
A0CDQ#F04.A16GB$F04.A042P$F04.A044X		34	0.4%
A0DND#F28.A07GR		2	0%
A0DQG#F28.A07GG$F08.A032P$F10.A07XL		14	0.2%
A0DQG#F28.A07GR$F10.A07XL		53	0.6%
A0EQX#F04.A044X$F04.A01LB$F04.A044P		7	0.1%
A0F0T#F04.A00DL$F04.A02LY$F08.A032P		26	0.3%
A0F0V#F04.A00DL$F04.A034G$F04.A00EE$F08.A032L		4	0%
A16ER#F28.A0BA1		7	0.1%
A16ER#F28.A0BA1$F04.A003D$F04.A042P		5	0.1%
A16ER#F28.A0BA1$F04.A020R$F04.A044E$F04.A042P$F10.A077D$F03.A06JA		5	0.1%
A16ER#F28.A0BA1$F04.A044C$F04.A042P		12	0.1%

▌ FOODEX2_RECIPE_DESCR: FoodEx2 recipe description

Data file: data_anon_consumption

Overview

Valid: 8156
Type: Discrete   Width: 255   Range: -   Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
Amaranth leaves, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Salt		2	0%
Beans and meat meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cream, plain, PHYSICAL-STATE = Liquid		16	0.2%
Beans and meat meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Frankfurt-type sausage		2	0%
Beans and meat meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Mayonnaise sauce, PHYSICAL-STATE = Liquid		2	0%
Beans and vegetables meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Fresh uncured cheese		4	0%
Beans and vegetables meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Rice grain		2	0%
Beans, meat, and vegetables meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Dried herbs, INGREDIENT = Pig fresh meat, INGREDIENT = Salt		7	0.1%
Beans, meat, and vegetables meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Pig fresh meat, INGREDIENT = Pig other slaughtering products, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Salt, INGREDIENT = Tomato-containin		22	0.3%
Beans, meat, and vegetables meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Savory, dry, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Salt		24	0.3%
Camomile infusion, SWEETENING-AGENT = Refined cane sugar		17	0.2%
Cheese omelette, INGREDIENT = Hen eggs, INGREDIENT = Processed cheese, sliceable, INGREDIENT = Corned turkey, uncooked, INGREDIENT = Butter		10	0.1%
Chicken fresh meat, PROCESS = Cooking in water, INGREDIENT = Salt		3	0%
Chips/crisps, INGREDIENT = Mayonnaise sauce, INGREDIENT = Avocados, INGREDIENT = Tomato ketchup and related sauces		7	0.1%
Chorizo and similar, PROCESS = Frying		10	0.1%
Chutneys, INGREDIENT = Chili peppers, INGREDIENT = Salt, PHYSICAL-STATE = Fragments / granules / splinters		2	0%
Cocoa beverages, INGREDIENT = Cow milk, skimmed (low fat), SWEETENING-AGENT = Refined cane sugar		3	0%
Coffee beverages, INGREDIENT = Coffee ground, roasted, SWEETENING-AGENT = Refined cane sugar		163	2%
Coffee beverages, INGREDIENT = Cow milk, whole, INGREDIENT = Coffee ground, roasted, SWEETENING-AGENT = Brown cane sugar		31	0.4%
Common peaches, SURROUNDING-MEDIUM = In concentrated sweet liquid-syrup, SWEETENING-AGENT = Refined cane sugar		7	0.1%
Corn chips, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Juice, lemon		3	0%
Corn chips, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Juice, lemon, INGREDIENT = Salt		18	0.2%
Corn curls, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Juice, lemon		3	0%
Corn curls, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Juice, lemon, INGREDIENT = Salt		25	0.3%
Dairy snacks, INGREDIENT = Wheat bran rolled flakes, INGREDIENT = Yoghurt, cow milk, flavoured		2	0%

Dairy/egg soup, INGREDIENT = Hen eggs, INGREDIENT = Mixed vegetables, QUALITATIVE-INFO = With added salt		30	0.4%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Chorizo and similar, INGREDIENT = Salt, INGREDIENT = Vegetable fats and oils, edible		4	0%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Corned turkey, uncooked, INGREDIENT = Traditional margarine		5	0.1%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Salt, INGREDIENT = Vegetable fats and oils, edible		24	0.3%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Tomatoes, INGREDIENT = Traditional margarine, INGREDIENT = Salt		19	0.2%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Tomatoes, INGREDIENT = Salt, INGREDIENT = Vegetable fats and oils, edible		31	0.4%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Tomato chutney, INGREDIENT = Salt		5	0.1%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Salt		5	0.1%
Egg based dishes, PROCESS = Pan frying / shallow frying, INGREDIENT = Hen egg mixed whole, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Salt		25	0.3%
Egg based dishes, PROCESS = Pan frying / shallow frying, INGREDIENT = Hen egg mixed whole, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Tomatoes, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Salt		23	0.3%
Egg based dishes, PROCESS = Pan frying / shallow frying, INGREDIENT = Hen egg mixed whole, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Salt		398	4.9%
Egg based dishes, PROCESS = Pan frying / shallow frying, INGREDIENT = Hen eggs, INGREDIENT = Traditional margarine, INGREDIENT = Salt, EXTENT-OF-COOKING = Egg white solid		132	1.6%
Fermented tea infusion, SWEETENING-AGENT = Brown cane sugar		4	0%
Fish and seafood based dishes, INGREDIENT = Juice, lemon, INGREDIENT = Canned sardines		2	0%
Fish and seafood based dishes, PROCESS = Frying, INGREDIENT = Fish (meat), INGREDIENT = Salt, INGREDIENT = Mixed herbs and spices		5	0.1%
Fish gratin, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Breading, INGREDIENT = Vegetable fats and oils, edible		5	0.1%
Fish soup		2	0%
Fish soup, INGREDIENT = Mixed vegetables, boiled, INGREDIENT = Fish soup, dry, INGREDIENT = Salt		6	0.1%
Flavoured milks, INGREDIENT = Cow milk, whole, INGREDIENT = Cocoa beverage-preparation, powder		20	0.2%
Flavoured milks, INGREDIENT = Cow milk, whole, INGREDIENT = Vanilla essence, SWEETENING-AGENT = Refined cane sugar		10	0.1%
Flavoured milks, INGREDIENT = Milk powder, full fat, SWEETENING-AGENT = Brown cane sugar		34	0.4%
French fries from cut potato, INGREDIENT = Tomato ketchup and related sauces, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared		7	0.1%

French fries from cut potato, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	37	0.5%
Fruit infusion, INGREDIENT = Plantains, INGREDIENT = White sugar	2	0%
Fruit salad, INGREDIENT = Apples, INGREDIENT = Juice, lemon	2	0%
Fruit salad, INGREDIENT = Apples, INGREDIENT = Juice, lemon, INGREDIENT = Dried nuts/seeds and related flours and powders	4	0%
Fruit salad, INGREDIENT = Apples, INGREDIENT = Juice, lemon, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Salt	10	0.1%
Fruit salad, INGREDIENT = Apples, SWEETENING-AGENT = Honey	4	0%
Fruit salad, INGREDIENT = Apples, SWEETENING-AGENT = Refined cane sugar	2	0%
Fruit salad, INGREDIENT = Coconuts, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Juice, lemon, INGREDIENT = Salt	4	0%
Fruit salad, INGREDIENT = Lemons, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Salt	3	0%
Fruit salad, INGREDIENT = Lemons, INGREDIENT = Salt	4	0%
Fruit salad, INGREDIENT = Mangoes, INGREDIENT = Juice, lemon, INGREDIENT = Salt, INGREDIENT = Dried nuts/seeds and related flours and powders	29	0.4%
Fruit salad, INGREDIENT = Oranges, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Salt	3	0%
Fruit salad, INGREDIENT = Pineapples, SWEETENING-AGENT = Refined cane sugar	2	0%
Fruit salad, INGREDIENT = Plantains - paradisiaca cultivars, INGREDIENT = Cream, plain, INGREDIENT = Vegetable fats and oils, edible, SWEETENING-AGENT = Refined cane sugar	11	0.1%
Fruit salad, INGREDIENT = Sour cherries, INGREDIENT = Common peaches, SURROUNDING-MEDIUM = In concentrated sweet liquid-syrup, SWEETENING-AGENT = Refined cane sugar	6	0.1%
Fruit salad, INGREDIENT = Strawberries, INGREDIENT = Cream, plain	2	0%
Fruit salad, INGREDIENT = Strawberries, INGREDIENT = Cream, plain, SWEETENING-AGENT = Refined cane sugar	9	0.1%
Fruit salad, INGREDIENT = Watermelons, SWEETENING-AGENT = Syrups	2	0%
Fruit salad, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Plantains - paradisiaca cultivars, INGREDIENT = Sesame seeds, INGREDIENT = Chocolate sauce, SWEETENING-AGENT = Refined cane sugar, PHYSICAL-STATE = Slices, steaks or ot	34	0.4%
Fruit salad, PROCESS = Pulping / mashing, INGREDIENT = Avocados, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Coriander leaves, INGREDIENT = Juice, lemon, INGREDIENT = Salt, PHYSICAL-STATE = Puree-type	30	0.4%
Fruit salad, SWEETENING-AGENT = Honey	11	0.1%
Fruit smoothies, INGREDIENT = Common banana, INGREDIENT = Cow milk, QUALITATIVE-INFO = Without added sugar	2	0%
Fruit smoothies, INGREDIENT = Common banana, INGREDIENT = Cow milk, SWEETENING-AGENT = Refined cane sugar	6	0.1%
Fruit smoothies, INGREDIENT = Drinking water, SWEETENING-AGENT = Refined cane sugar	8	0.1%
Fruit smoothies, INGREDIENT = Melons, INGREDIENT = Drinking water, SWEETENING-AGENT = Refined cane sugar	8	0.1%
Fruit smoothies, INGREDIENT = Papayas, INGREDIENT = Cow milk, semi skimmed (half fat), SWEETENING-AGENT = Refined cane sugar	3	0%
Fruit smoothies, INGREDIENT = Papayas, INGREDIENT = Drinking water, SWEETENING-AGENT = Refined cane sugar	4	0%
Fruit smoothies, INGREDIENT = Strawberries, INGREDIENT = Drinking water, SWEETENING-AGENT = Refined cane sugar	6	0.1%

Fruit smoothies, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Plantains - paradisiaca cultivars, INGREDIENT = Milk powder, full fat, INGREDIENT = Cocoa beverage-preparation, powder	3	0%
Fruit smoothies, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Strawberries, INGREDIENT = Milk powder, full fat, SWEETENING-AGENT = Brown cane sugar	15	0.2%
Fruit soft drink, mango, SWEETENING-AGENT = Refined cane sugar	6	0.1%
Fruit soft drink, mixed fruit, INGREDIENT = Pineapples, INGREDIENT = Coconuts, SWEETENING-AGENT = Brown cane sugar	3	0%
Fruit soft drink, mixed fruit, QUALITATIVE-INFO = Without added sugar	6	0.1%
Fruit soft drink, mixed fruit, SWEETENING-AGENT = Refined cane sugar	14	0.2%
Fruit soft drink, pineapple, SWEETENING-AGENT = Brown cane sugar	32	0.4%
Granita, INGREDIENT = Juice, lemon, INGREDIENT = Dried nuts/seeds and related flours and powders	2	0%
Granita, INGREDIENT = Juice, lemon, INGREDIENT = Salt	8	0.1%
Granita, INGREDIENT = Juice, lemon, INGREDIENT = Salt, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Fruit jelly, INGREDIENT = Stock cubes or granulate, chicken	6	0.1%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Mixing, INGREDIENT = Plantains - paradisiaca cultivars, INGREDIENT = Drinking water, SWEETENING-AGENT = Refined cane sugar	13	0.2%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Maize flour, INGREDIENT = Agave leaves, INGREDIENT = Cinnamon bark and similar-, INGREDIENT = Cocoa	2	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Maize flour, INGREDIENT = Soyabeans and similar-, INGREDIENT = Salt, INGREDIENT = Drinking water, SW	80	1%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Maize flour, INGREDIENT = Soyabeans and similar-, INGREDIENT = Salt, INGREDIENT = Milk powder, full	51	0.6%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Pulses flour, INGREDIENT = Milk powder, full fat, SWEETENING-AGENT = Refined cane sugar	50	0.6%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Rice flour, INGREDIENT = Milk powder, skimmed, SWEETENING-AGENT = Refined cane sugar	13	0.2%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Wheat flour, INGREDIENT = Milk powder, full fat, SWEETENING-AGENT = Refined cane sugar	17	0.2%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, PROCESS = Soaking, INGREDIENT = Rice grain, polished, INGREDIENT = Milk powder, full fat, SWEETENING-AGENT = Refi	45	0.6%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Soaking, INGREDIENT = Oat rolled grains, wholemeal, INGREDIENT = Cow milk, whole, SWEETENING-AGENT = Refined cane sugar	57	0.7%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Soaking, INGREDIENT = Oat rolled grains, wholemeal, INGREDIENT = Drinking water, SWEETENING-AGENT = Refined cane sugar	21	0.3%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Soaking, INGREDIENT = Rice grain, polished, INGREDIENT = Bitter chocolate, INGREDIENT = Drinking water	9	0.1%
Ice cream, milk-based, INGREDIENT = Strawberry flavour, INGREDIENT = Wafers	6	0.1%

Ice cream, milk-based, INGREDIENT = Vanilla flavour, INGREDIENT = Wafers		2	0%
Ice cream, milk-based, INGREDIENT = Wafers		4	0%
Instant coffee (beverage), INGREDIENT = Cocoa powder, SWEETENING-AGENT = Brown cane sugar		6	0.1%
Instant coffee (beverage), INGREDIENT = Cow milk, whole, SWEETENING-AGENT = Brown cane sugar		111	1.4%
Instant coffee (beverage), INGREDIENT = Non dairy coffee creamer, SWEETENING-AGENT = Refined cane sugar		15	0.2%
Instant coffee (beverage), SWEETENING-AGENT = Brown cane sugar		415	5.1%
Instant coffee (beverage), SWEETENING-AGENT = Sucralose		1	0%
Juice, multi-fruit-carrot, SOURCE-COMMODITIES = Oranges, SWEETENING-AGENT = Refined cane sugar		3	0%
Juice, orange, SWEETENING-AGENT = Refined cane sugar		6	0.1%
Legumes based dishes, INGREDIENT = Broad beans (dry), INGREDIENT = Pig fresh meat, INGREDIENT = Mixed vegetables		12	0.1%
Legumes based dishes, INGREDIENT = Canned or jarred common beans, INGREDIENT = Cream, plain, PHYSICAL-STATE = Puree-type		3	0%
Legumes based dishes, INGREDIENT = Textured soy protein, INGREDIENT = Mixed vegetables, INGREDIENT = Salt		6	0.1%
Legumes based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Beans (fresh seeds without pods) and similar-, INGREDIENT = Cream, plain		2	0%
Legumes based dishes, PROCESS = Pan frying / shallow frying, INGREDIENT = Canned or jarred common beans, PHYSICAL-STATE = Puree-type		29	0.4%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Chicken fresh meat, INGREDIENT = Salt, INGREDIENT = Stock cubes or granulate, chicken		353	4.3%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Chicken fresh meat, INGREDIENT = Salt, INGREDIENT = Stock cubes or granulate, chicken, INGREDIENT = Nightshade, black		9	0.1%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Chicken fresh meat, INGREDIENT = Tomatoes, INGREDIENT = Chayote fruits, INGREDIENT = Peppers, dried, INGREDIENT = Salt		83	1%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Salt		134	1.6%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Salt, PHYSICAL-STATE = Slices, steaks or other flat cuts		23	0.3%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Pig fresh meat, INGREDIENT = Chayote fruits, INGREDIENT = Potatoes		6	0.1%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Poultry fresh meat (muscle meat), INGREDIENT = Salt, INGREDIENT = Stock cubes or granulate, chicken		35	0.4%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Poultry fresh meat (muscle meat), INGREDIENT = Tomatoes, INGREDIENT = Tomatillos, INGREDIENT = Peppers, dried, INGREDIENT = Salt		18	0.2%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Sweet peppers, INGREDIENT = Tomatillos, INGREDIENT = Potatoes, INGREDIENT = Chicken fresh meat		32	0.4%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Turkey fresh meat, INGREDIENT = Tomatoes, INGREDIENT = Chayote fruits, INGREDIENT = Potatoes, INGREDIENT = Spearmint, INGREDIENT = Salt		10	0.1%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Turnip tops, INGREDIENT = Bovine trotters and feet, INGREDIENT = Tomatoes, INGREDIENT = Salt		3	0%

Meat balls, INGREDIENT = Tomato-containing cooked sauces		11	0.1%
Meat balls, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat		5	0.1%
Meat balls, PROCESS = Frying, INGREDIENT = Chicken fresh meat		2	0%
Meat balls, PROCESS = Frying, PROCESS = Breading, INGREDIENT = Chicken fresh meat		3	0%
Meat based dishes, INGREDIENT = Chicken fresh meat, INGREDIENT = Tomato-containing cooked sauces		4	0%
Meat based dishes, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables, PHYSICAL-STATE = Dices / sticks		15	0.2%
Meat based dishes, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Tomato ketchup and related sauces		2	0%
Meat based dishes, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Traditional margarine		11	0.1%
Meat based dishes, INGREDIENT = Fresh spiced sausages in casing, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Salt		10	0.1%
Meat based dishes, INGREDIENT = Fresh spiced sausages in casing, INGREDIENT = Traditional margarine		2	0%
Meat based dishes, INGREDIENT = Fresh spiced sausages in casing, INGREDIENT = Vegetable fats and oils, edible		2	0%
Meat based dishes, PROCESS = Baking, INGREDIENT = Chicken fresh meat, INGREDIENT = Beer, INGREDIENT = Soy sauce		4	0%
Meat based dishes, PROCESS = Breading, INGREDIENT = Beef liver, INGREDIENT = Vegetable fats and oils, edible		12	0.1%
Meat based dishes, PROCESS = Breading, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Stock cubes or granulate, chicken		6	0.1%
Meat based dishes, PROCESS = Breading, PROCESS = Frying, INGREDIENT = Chicken fresh meat, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared		3	0%
Meat based dishes, PROCESS = Breading, PROCESS = Frying, INGREDIENT = Pig fresh meat, INGREDIENT = Black pepper, INGREDIENT = Salt		14	0.2%
Meat based dishes, PROCESS = Broiling/grilling, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Traditional margarine		43	0.5%
Meat based dishes, PROCESS = Broiling/grilling, INGREDIENT = Chicken fresh meat, INGREDIENT = Savory, dry		3	0%
Meat based dishes, PROCESS = Broiling/grilling, INGREDIENT = Cow, ox or bull fresh meat		36	0.4%
Meat based dishes, PROCESS = Broiling/grilling, INGREDIENT = Pig fresh meat		3	0%
Meat based dishes, PROCESS = Broiling/grilling, INGREDIENT = Pig fresh meat, INGREDIENT = Herbs, vegetables and oil sauces, INGREDIENT = Salt		8	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Beef liver, INGREDIENT = Mixed vegetables, INGREDIENT = Salt		5	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Bovine, minced meat, INGREDIENT = Mixed vegetables, INGREDIENT = Tomato paste, INGREDIENT = Salt		17	0.2%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Cream, plain, INGREDIENT = Mixed herbs and spices		6	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Maize oil, edible		3	0%

Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Maize flour, INGREDIENT = Agave leaves, INGREDIENT = Cinnamon bark and similar-		16	0.2%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Salt, INGREDIENT = Mayonnaise sauce		8	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Salt, INGREDIENT = Soy sauce		9	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Seasoning mixes		11	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Unleavened doughs, INGREDIENT = Salt		7	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Nightshade, black, INGREDIENT = Salt		5	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Rice grain, polished, INGREDIENT = Mixed vegetables, INGREDIENT = Salt		19	0.2%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Tomato-containing cooked sauces		6	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Vegetable fats and oils, edible		2	0%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Seasoning mixes		53	0.6%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Carrots, INGREDIENT = Potatoes		4	0%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Salt		27	0.3%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Salt, INGREDIENT = Sauces from fermented/hydrolised sources and similar		16	0.2%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Avocados		6	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Salt		4	0%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Salt, INGREDIENT = Tomato-containing cooked sauces		18	0.2%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Tomatoes, INGREDIENT = Salt		15	0.2%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Fresh spiced sausages in casing, INGREDIENT = Mixed vegetables, INGREDIENT = Salt		5	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Fresh spiced sausages in casing, INGREDIENT = Mixed vegetables, INGREDIENT = Vegetable fats and oils, edible		5	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Ham, pork, INGREDIENT = Vegetable fats and oils, edible		4	0%

Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Other edible flowers, INGREDIENT = Chicken fresh meat, INGREDIENT = Cream, plain		7	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Other edible flowers, INGREDIENT = Chicken fresh meat, INGREDIENT = Cream, plain, INGREDIENT = Mixed vegetables		16	0.2%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Pig fresh meat, INGREDIENT = Barbecue or steak sauces, INGREDIENT = Salt		4	0%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Pig fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Salt		25	0.3%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Pig fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Salt, INGREDIENT = Vegetable fats and oils, edible		14	0.2%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Pig fresh meat, INGREDIENT = Salt, INGREDIENT = Vegetable fats and oils, edible		6	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Rice grain, INGREDIENT = Leafy vegetables, INGREDIENT = Potatoes, INGREDIENT = Chicken fresh meat		7	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Marinating, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Vegetable fats and oils, edible		2	0%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Marinating, INGREDIENT = Pig fresh meat, INGREDIENT = Vegetable fats and oils, edible		8	0.1%
Meat based dishes, PROCESS = Cooking in water, INGREDIENT = Chicken fresh meat, INGREDIENT = Salt, INGREDIENT = Mayonnaise sauce		3	0%
Meat based dishes, PROCESS = Cooking in water, INGREDIENT = Chicken fresh meat, INGREDIENT = Tomato paste, INGREDIENT = Salt		2	0%
Meat based dishes, PROCESS = Frying, INGREDIENT = Chicken fresh meat, INGREDIENT = Seasoning mixes		64	0.8%
Meat based dishes, PROCESS = Frying, INGREDIENT = Cow, ox or bull fresh meat		7	0.1%
Meat based dishes, PROCESS = Frying, INGREDIENT = Frankfurt-type sausage		24	0.3%
Meat based dishes, PROCESS = Frying, INGREDIENT = Fresh spiced sausages in casing		2	0%
Meat based dishes, PROCESS = Frying, INGREDIENT = Fresh spiced sausages in casing, INGREDIENT = Chorizo and similar		6	0.1%
Meat based dishes, PROCESS = Frying, INGREDIENT = Ham, pork, INGREDIENT = Vegetable fats and oils, edible		4	0%
Meat based dishes, PROCESS = Frying, INGREDIENT = Pig fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Soy sauce, INGREDIENT = Salt		16	0.2%
Meat based dishes, PROCESS = Roasting, INGREDIENT = Chicken fresh meat, INGREDIENT = Salt		11	0.1%
Meat based dishes, PROCESS = Smoking, INGREDIENT = Chicken fresh meat, INGREDIENT = Vegetable fats and oils, edible		2	0%
Meat based dishes, PROCESS = Stewing, INGREDIENT = Fresh spiced sausages in casing, INGREDIENT = Mixed vegetables, INGREDIENT = Salt		6	0.1%
Meat based dishes, PROCESS = Stewing, INGREDIENT = Ham, pork, INGREDIENT = Mixed vegetables, INGREDIENT = Salt		4	0%
Meat burger (no sandwich), PROCESS = Cooking and similar thermal preparation processes, PROCESS = Breading, PROCESS = Battering, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Salt		50	0.6%
Meat burger (no sandwich), PROCESS = Frying, INGREDIENT = Pig fresh meat		2	0%

Meat loaf, INGREDIENT = Bovine fresh meat, INGREDIENT = Pig fresh meat		4	0%
Meat soup, INGREDIENT = Juice, lemon, INGREDIENT = Meat and vegetable soup, dry		2	0%
Meat soup, INGREDIENT = Meat and vegetable soup, dry, INGREDIENT = Mixed vegetables, INGREDIENT = Salt		12	0.1%
Meat soup, with pieces, INGREDIENT = Chicken fresh meat, INGREDIENT = Chicken, other slaughtering products, INGREDIENT = Mixed vegetables, INGREDIENT = Salt		36	0.4%
Meat soup, with pieces, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Meat and vegetable soup, dry, INGREDIENT = Mixed vegetables, INGREDIENT = Salt		12	0.1%
Meat soup, with pieces, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Meat/poultry soup, dry, INGREDIENT = Mixed vegetables, INGREDIENT = Salt		7	0.1%
Meat soup, with pieces, INGREDIENT = Hen eggs, INGREDIENT = Pasta, plain (not stuffed), cooked, INGREDIENT = Mixed vegetables, INGREDIENT = Meat/poultry soup, dry		18	0.2%
Meat soup, with pieces, INGREDIENT = Hen eggs, INGREDIENT = Pasta, plain (not stuffed), cooked, INGREDIENT = Mixed vegetables, INGREDIENT = Meat/poultry soup, dry, INGREDIENT = Salt		33	0.4%
Meat soup, with pieces, INGREDIENT = Mixed vegetables, INGREDIENT = Meat/poultry soup, dry		5	0.1%
Meat stew, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Salt, INGREDIENT = Traditional margarine, INGREDIENT = Savory, dry		128	1.6%
Meat stew, INGREDIENT = Chicken fresh meat, INGREDIENT = Pig fresh meat, INGREDIENT = Herbs/spices sauces		2	0%
Meat stew, INGREDIENT = Chicken fresh meat, INGREDIENT = Spinaches, INGREDIENT = Salt		6	0.1%
Meat stew, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Salt		58	0.7%
Meat stew, INGREDIENT = Pig fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Salt, INGREDIENT = Vegetable fats and oils, edible		16	0.2%
Meat stew, INGREDIENT = Pig fresh meat, INGREDIENT = Tomato-containing cooked sauces		2	0%
Milkshakes, INGREDIENT = Wafers, INGREDIENT = Cow milk, whole		2	0%
Minor coffee imitates infusions, INGREDIENT = Tortilla, SWEETENING-AGENT = Refined cane sugar		10	0.1%
Mixed green salad		6	0.1%
Mixed green salad, INGREDIENT = Head lettuces, INGREDIENT = Carrots, INGREDIENT = Juice, lemon, INGREDIENT = Salt		8	0.1%
Mixed green salad, INGREDIENT = Head lettuces, INGREDIENT = Cucumbers, INGREDIENT = Juice, lemon, INGREDIENT = Salt		11	0.1%
Mixed green salad, INGREDIENT = Head lettuces, INGREDIENT = Cucumbers, INGREDIENT = Small radishes, INGREDIENT = Juice, lemon, INGREDIENT = Salt		10	0.1%
Mixed green salad, INGREDIENT = Head lettuces, INGREDIENT = Cucumbers, INGREDIENT = Tomatoes, INGREDIENT = Juice, lemon, INGREDIENT = Salt		5	0.1%
Mixed green salad, INGREDIENT = Head lettuces, INGREDIENT = Small radishes, INGREDIENT = Juice, lemon, INGREDIENT = Salt		10	0.1%
Mixed green salad, INGREDIENT = Head lettuces, INGREDIENT = Tomatoes, INGREDIENT = Carrots, INGREDIENT = Juice, lemon, INGREDIENT = Salt		14	0.2%
Mixed green salad, INGREDIENT = Head lettuces, INGREDIENT = Tomatoes, INGREDIENT = Juice, lemon, INGREDIENT = Salt		22	0.3%
Mixed green salad, INGREDIENT = White cabbage, INGREDIENT = Juice, lemon, INGREDIENT = Processed cheese, sliceable		4	0%

Mixed juices with added ingredients, INGREDIENT = Juice, lemon, INGREDIENT = Juice, orange, SWEETENING-AGENT = Brown cane sugar	3	0%
Mixed vegetable salad, INGREDIENT = Beetroots, INGREDIENT = Juice, lemon, INGREDIENT = Salt	15	0.2%
Mixed vegetable salad, INGREDIENT = Broccoli, INGREDIENT = Juice, lemon, INGREDIENT = Salt	3	0%
Mixed vegetable salad, INGREDIENT = Carrots, INGREDIENT = Juice, lemon, INGREDIENT = Salt	6	0.1%
Mixed vegetable salad, INGREDIENT = Cucumbers, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Salt, INGREDIENT = Juice, lemon	38	0.5%
Mixed vegetable salad, INGREDIENT = Cucumbers, INGREDIENT = Juice, lemon, INGREDIENT = Salt	18	0.2%
Mixed vegetable salad, INGREDIENT = Cucumbers, INGREDIENT = Radishes, INGREDIENT = Juice, lemon, INGREDIENT = Salt	21	0.3%
Mixed vegetable salad, INGREDIENT = Cucumbers, INGREDIENT = Sweet peppers, INGREDIENT = Salt, INGREDIENT = Mayonnaise sauce	4	0%
Mixed vegetable salad, INGREDIENT = Radishes, INGREDIENT = Juice, lemon, INGREDIENT = Salt	20	0.2%
Mixed vegetable salad, INGREDIENT = Small radishes, INGREDIENT = Juice, lemon	2	0%
Mixed vegetable salad, INGREDIENT = Sweet corn, INGREDIENT = Juice, lemon, INGREDIENT = Salt	6	0.1%
Mixed vegetable salad, INGREDIENT = Tomatoes, INGREDIENT = Cucumbers, INGREDIENT = Juice, lemon, INGREDIENT = Salt	25	0.3%
Mixed vegetable salad, INGREDIENT = Tomatoes, INGREDIENT = Juice, lemon, INGREDIENT = Salt	3	0%
Mixed vegetable salad, INGREDIENT = Watercresses, INGREDIENT = Juice, lemon, INGREDIENT = Salt	10	0.1%
Mixed vegetable salad, INGREDIENT = White cabbage, INGREDIENT = Mayonnaise sauce, INGREDIENT = Mustard and related sauces	12	0.1%
Mixed vegetable salad, PROCESS = Pickling, INGREDIENT = Vinegar, INGREDIENT = Salt	20	0.2%
Mixed vegetables soup, INGREDIENT = Swiss chards, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Tomatoes	8	0.1%
Mixed vegetables soup, with puree or pieces, INGREDIENT = Beans (with pods) and similar-, INGREDIENT = Meat/poultry soup, dry, INGREDIENT = Salt	5	0.1%
Mixed vegetables soup, with puree or pieces, INGREDIENT = Leafy vegetables, INGREDIENT = Onions, INGREDIENT = Coriander leaves, INGREDIENT = Stock cubes or granulate, chicken	10	0.1%
Mixed vegetables soup, with puree or pieces, INGREDIENT = Nightshade, black, INGREDIENT = Hen eggs, INGREDIENT = Salt	16	0.2%
Mixed vegetables soup, with puree or pieces, INGREDIENT = Nightshade, black, INGREDIENT = Salt	57	0.7%
Mixed vegetables soup, with puree or pieces, INGREDIENT = Salt	10	0.1%
Non-fermented tea, infusion, INGREDIENT = Cinnamon bark and similar-, SWEETENING-AGENT = Brown cane sugar	2	0%
Non-fermented tea, infusion, INGREDIENT = Mango flavour, SWEETENING-AGENT = Refined cane sugar	2	0%
Non-fermented tea, infusion, INGREDIENT = Spearmint, INGREDIENT = Ginger roots, SWEETENING-AGENT = Honey	3	0%
Non-fermented tea, infusion, INGREDIENT = Spearmint, SWEETENING-AGENT = Brown cane sugar	4	0%

Oats drink, PROCESS = Soaking, SWEETENING-AGENT = Brown cane sugar	2	0%
Oats drink, SWEETENING-AGENT = Brown cane sugar	20	0.2%
Offal based dishes, PROCESS = Cooking and similar thermal preparation processes	7	0.1%
Offal based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Bovine other slaughtering products, INGREDIENT = Vegetables-based cooked sauce, INGREDIENT = Salt, QUALITATIVE-INFO = Fat free, PHYSICAL-STATE = Slices, steaks o	5	0.1%
Offal based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Rice grain, polished, INGREDIENT = Salt	5	0.1%
Offal based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Salt	12	0.1%
Omelette, plain, INGREDIENT = Hen eggs, INGREDIENT = Salt, INGREDIENT = Olive oils	43	0.5%
Omelette, plain, INGREDIENT = Hen eggs, INGREDIENT = Salt, INGREDIENT = Olive oils, INGREDIENT = Onion bulbs for fresh consumption	8	0.1%
Onion bulbs for fresh consumption, PROCESS = Frying	2	0%
Paella	38	0.5%
Pancakes	60	0.7%
Pancakes, INGREDIENT = Fruit jelly	4	0%
Pancakes, INGREDIENT = Fruit salad, SWEETENING-AGENT = Syrups	5	0.1%
Pancakes, SWEETENING-AGENT = Honey	22	0.3%
Pancakes, SWEETENING-AGENT = Syrups	17	0.2%
Pasta, cooked, with cheese/cream	8	0.1%
Pasta, cooked, with cheese/cream, INGREDIENT = Chicken fresh meat, INGREDIENT = Salt	11	0.1%
Pasta, cooked, with cheese/cream, INGREDIENT = Mozzarella	10	0.1%
Pasta, cooked, with mixed sauce, INGREDIENT = Asian-style noodles other than glass noodles, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Pig fresh meat, INGREDIENT = Soy sauce	5	0.1%
Pasta, cooked, with mixed sauce, INGREDIENT = Chicken fresh meat, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Salt	7	0.1%
Pasta, cooked, with mixed sauce, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Salt	32	0.4%
Pasta, cooked, with mixed sauce, INGREDIENT = Frankfurter sausage, INGREDIENT = Tomato paste, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Salt	18	0.2%
Pasta, cooked, with mixed sauce, INGREDIENT = Tomato paste, INGREDIENT = Salt	53	0.6%
Pasta, cooked, with mixed sauce, INGREDIENT = Tomato-containing cooked sauces	27	0.3%
Pasta, cooked, with mixed sauce, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Salt	51	0.6%
Pasta, cooked, with vegetables	21	0.3%
Pasta, cooked, with vegetables, INGREDIENT = Asian-style noodles other than glass noodles, INGREDIENT = Chicken fresh meat, INGREDIENT = Soy sauce	44	0.5%
Pasta, cooked, with vegetables, INGREDIENT = Tomatoes	6	0.1%
Pasta, cooked, with vegetables, PROCESS = Pan frying / shallow frying, INGREDIENT = Mixed vegetables, INGREDIENT = Salt	9	0.1%
Pasta, plain (not stuffed), cooked, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Salt	37	0.5%

Pasta, plain (not stuffed), cooked, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Mayonnaise sauce	4	0%
Pasta, plain (not stuffed), cooked, INGREDIENT = Mixed vegetables, INGREDIENT = Frankfurt-type sausage	14	0.2%
Pasta, plain (not stuffed), cooked, INGREDIENT = Mixed vegetables, INGREDIENT = Salt, INGREDIENT = Mayonnaise sauce	34	0.4%
Pasta, plain (not stuffed), cooked, INGREDIENT = Raw cured (or seasoned) meat, INGREDIENT = Salt	12	0.1%
Pasta, plain (not stuffed), cooked, INGREDIENT = Salt	6	0.1%
Pasta, plain (not stuffed), cooked, INGREDIENT = Salt, INGREDIENT = Traditional margarine	3	0%
Pasta, plain (not stuffed), cooked, INGREDIENT = Traditional margarine	3	0%
Pasta, plain (not stuffed), cooked, INGREDIENT = Traditional margarine, INGREDIENT = Salt	5	0.1%
Pig fresh meat, PROCESS = Frying	5	0.1%
Plantains - paradisiaca cultivars, PROCESS = Cooking in water, SWEETENING-AGENT = Brown cane sugar, QUALITATIVE-INFO = Ripe / mature	14	0.2%
Plantains - paradisiaca cultivars, PROCESS = Frying, QUALITATIVE-INFO = Ripe / mature	53	0.6%
Popcorn (maize, popped), QUALITATIVE-INFO = Without added salt, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	2	0%
Porridge (ready to eat), INGREDIENT = Oat rolled grains, wholemeal, INGREDIENT = Bitter chocolate, INGREDIENT = Wheat, popped, SWEETENING-AGENT = Refined cane sugar	4	0%
Porridge milk based (ready to eat), INGREDIENT = Oat rolled grains, wholemeal, INGREDIENT = Cow milk, whole, SWEETENING-AGENT = Brown cane sugar	26	0.3%
Potato based dishes, PROCESS = Broiling/grilling, INGREDIENT = Potatoes, INGREDIENT = Salt	3	0%
Potato based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Potatoes, INGREDIENT = Coriander leaves, INGREDIENT = Mayonnaise sauce, INGREDIENT = Salt	8	0.1%
Potato based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Potatoes, INGREDIENT = Vegetable fats and oils, edible	11	0.1%
Potato croquettes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Breading, PROCESS = Battering, INGREDIENT = Salt	8	0.1%
Potato puree from potatoes, INGREDIENT = Salt, INGREDIENT = Traditional margarine	59	0.7%
Potatoes and vegetables meal, INGREDIENT = Mayonnaise sauce, INGREDIENT = Salt, PHYSICAL-STATE = Dices / sticks	17	0.2%
Potatoes, meat, and vegetables meal, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Filling, INGREDIENT = Bovine, minced meat, INGREDIENT = Mixed vegetables, INGREDIENT = Vegetable fats and oils, edible	6	0.1%
Prepared pasta salad, INGREDIENT = Black pepper, INGREDIENT = Mixed vegetables, INGREDIENT = Salt, INGREDIENT = Mayonnaise sauce	7	0.1%
Prepared pasta salad, INGREDIENT = Chicken fresh meat, INGREDIENT = Salt, INGREDIENT = Mayonnaise sauce	4	0%
Prepared rice salad, INGREDIENT = Beans (fresh seeds without pods) and similar-, INGREDIENT = Mixed vegetables, INGREDIENT = Vegetable fats and oils, edible	4	0%
Processed cheese, spreadable, INGREDIENT = Canned mushrooms	2	0%
Processed maize-based flakes, INGREDIENT = Common banana, INGREDIENT = Cow milk, whole	91	1.1%
Processed maize-based flakes, INGREDIENT = Cow milk, whole, SWEETENING-AGENT = Brown cane sugar	96	1.2%
Rice and vegetables meal, INGREDIENT = Hen eggs	5	0.1%

Rice and vegetables meal, INGREDIENT = Leafy vegetables	7	0.1%
Rice and vegetables meal, INGREDIENT = Other edible flowers	5	0.1%
Rice and vegetables meal, INGREDIENT = Rice grain, polished, INGREDIENT = Salt	41	0.5%
Rice and vegetables meal, INGREDIENT = Rice grain, polished, INGREDIENT = Tomatoes	13	0.2%
Rice based dishes, cooked, INGREDIENT = Rice grain, polished, INGREDIENT = Salt	25	0.3%
Rice based dishes, cooked, INGREDIENT = Rice grain, polished, INGREDIENT = Salt, QUALITATIVE-INFO = Fat free	2	0%
Rice based dishes, cooked, INGREDIENT = Rice grain, polished, QUALITATIVE-INFO = Without added salt	3	0%
Rice drink, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Cinnamon bark, SWEETENING-AGENT = Refined cane sugar	57	0.7%
Rice, meat, and vegetables meal, INGREDIENT = Rice grain, polished, INGREDIENT = Chicken fresh meat	7	0.1%
Rice, meat, and vegetables meal, INGREDIENT = Rice grain, polished, INGREDIENT = Chicken, other slaughtering products	14	0.2%
Rice, popped, INGREDIENT = Cow milk, whole	22	0.3%
Salads, INGREDIENT = Broccoli, INGREDIENT = Juice, lemon	2	0%
Sandwich and sandwich-like dishes, INGREDIENT = Buns, INGREDIENT = Hen eggs	90	1.1%
Sandwich and sandwich-like dishes, INGREDIENT = Buns, INGREDIENT = Mayonnaise sauce	2	0%
Sandwich and sandwich-like dishes, INGREDIENT = Crackers and breadsticks, INGREDIENT = Marmalade	2	0%
Sandwich and sandwich-like dishes, INGREDIENT = Tortilla, INGREDIENT = Beans (dry) and similar-	4	0%
Sandwich and sandwich-like dishes, INGREDIENT = Tortilla, INGREDIENT = Canned or jarred common beans, INGREDIENT = Salt	28	0.3%
Sandwich and sandwich-like dishes, INGREDIENT = Tortilla, INGREDIENT = Chicken fresh meat	2	0%
Sandwich and sandwich-like dishes, INGREDIENT = Tortilla, INGREDIENT = Chicken, minced meat, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Tomato ketchup and related sauces	4	0%
Sandwich and sandwich-like dishes, INGREDIENT = Tortilla, INGREDIENT = Hen eggs	8	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Tortilla, INGREDIENT = Traditional margarine	2	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Beans (dry) and similar-	112	1.4%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Beans (dry) and similar-, INGREDIENT = Cream cheese	6	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Beans (dry) and similar-, INGREDIENT = Fresh raw sausages	3	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Beans (dry) and similar-, INGREDIENT = Fresh uncured cheese	30	0.4%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Beans (dry) and similar-, INGREDIENT = Hen eggs, INGREDIENT = Tomato ketchup and related sauces	6	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Canned or jarred common beans, INGREDIENT = Cream, plain, INGREDIENT = Fresh uncured cheese	4	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Chicken fresh meat	2	0%

Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Chocolate spread		2	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Cream, plain		8	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Fruit jelly		3	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Fruit jelly, INGREDIENT = Traditional margarine		9	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Omelette, plain		3	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Raw cured (or seasoned) meat, INGREDIENT = Hen eggs, INGREDIENT = Savoury sauces		6	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Raw cured (or seasoned) meat, INGREDIENT = Savoury sauces, INGREDIENT = Mixed vegetables		246	3%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Syrups		4	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Tomato ketchup and related sauces, INGREDIENT = Mayonnaise sauce		3	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Traditional margarine		12	0.1%
Sandwich and sandwich-like dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Maize flour, INGREDIENT = Fresh uncured cheese		16	0.2%
Sandwich and sandwich-like dishes, PROCESS = Toasting / coffee roasting, INGREDIENT = Sandwich bread (hamburger roll-type), INGREDIENT = Fruit jelly		2	0%
Sandwich and sandwich-like dishes, PROCESS = Toasting / coffee roasting, INGREDIENT = Sandwich bread (hamburger roll-type), INGREDIENT = Traditional margarine		2	0%
Sandwich with cheese and vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = Fresh uncured cheese		4	0%
Sandwich with cheese topping/filling, INGREDIENT = Potato croquettes, INGREDIENT = Extra hard cheese (parmesan, grana type), INGREDIENT = Tomato-containing cooked sauces		6	0.1%
Sandwich with cheese topping/filling, INGREDIENT = Processed cheese, sliceable, INGREDIENT = Animal fats and oils (processed fat from animal tissue)		2	0%
Sandwich with cheese topping/filling, INGREDIENT = Tortilla, INGREDIENT = Beans (dry) and similar-		6	0.1%
Sandwich with cheese topping/filling, INGREDIENT = Tortilla, INGREDIENT = Fresh uncured cheese		10	0.1%
Sandwich with cheese topping/filling, INGREDIENT = Tortilla, INGREDIENT = Fresh uncured cheese, INGREDIENT = Salt		7	0.1%
Sandwich with cheese topping/filling, INGREDIENT = Tortilla, INGREDIENT = Ricotta		1	0%
Sandwich with cheese topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Cream cheese		54	0.7%
Sandwich with cheese topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Cream cheese, INGREDIENT = Fruit jelly		3	0%
Sandwich with cheese topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Fresh uncured cheese		26	0.3%
Sandwich with cheese topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Fresh uncured cheese, INGREDIENT = Cream, plain		6	0.1%

Sandwich with cheese topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Processed cheese, sliceable	2	0%
Sandwich with cheese topping/filling, PROCESS = Frying, INGREDIENT = Tortilla, INGREDIENT = Fresh uncured cheese	5	0.1%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = Asian-style noodles other than glass noodles, INGREDIENT = Chicken fresh meat, INGREDIENT = Salt	16	0.2%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = Chicken fresh meat, INGREDIENT = Tomato-containing cooked sauces	3	0%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Salt, INGREDIENT = Vinegar	13	0.2%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = Mixed vegetables, INGREDIENT = Fresh uncured cheese, INGREDIENT = Salt, INGREDIENT = Mayonnaise sauce	7	0.1%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = Potatoes, INGREDIENT = Fresh uncured cheese, INGREDIENT = Tomato-containing cooked sauces	4	0%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Frankfurter sausage	76	0.9%
Sandwich with processed meat topping/filling, INGREDIENT = Corned turkey, uncooked, INGREDIENT = Mayonnaise sauce, INGREDIENT = Tomato ketchup and related sauces	8	0.1%
Sandwich with processed meat topping/filling, INGREDIENT = Corned turkey, uncooked, INGREDIENT = Processed cheese, sliceable, INGREDIENT = Salad dressing	16	0.2%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = Chicken fresh meat	2	0%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = Chicken fresh meat, INGREDIENT = Processed cheese, sliceable	3	0%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = Chorizo and similar, INGREDIENT = Mixed vegetables	5	0.1%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Juice, lemon	6	0.1%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Mayonnaise sauce, INGREDIENT = Tomato ketchup and related sauces	4	0%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = Frankfurt-type sausage, INGREDIENT = White cabbage, INGREDIENT = Avocados, INGREDIENT = Savoury sauces	24	0.3%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = White cabbage, INGREDIENT = Avocados, INGREDIENT = Corned turkey, uncooked, INGREDIENT = Savoury sauces	7	0.1%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Chicken fresh meat, INGREDIENT = Prepared meat salad	24	0.3%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Chorizo and similar, INGREDIENT = Mayonnaise sauce	5	0.1%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Fresh spiced sausages in casing, INGREDIENT = Mixed vegetables, INGREDIENT = Savoury sauces	7	0.1%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Meat burger (no sandwich), INGREDIENT = Savoury sauces	8	0.1%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Pate, chicken liver	8	0.1%

Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Raw cured (or seasoned) meat, INGREDIENT = Processed cheese, sliceable, INGREDIENT = Savoury sauces		40	0.5%
Sandwich with vegetable topping/filling, INGREDIENT = Tortilla		2	0%
Sandwich with vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = Salt		12	0.1%
Sandwich with vegetable topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Common banana		8	0.1%
Sandwich with vegetable topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Sweet peppers, INGREDIENT = Head lettuces, INGREDIENT = Savoury sauces		19	0.2%
Sandwich with vegetable topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Tomato-containing cooked sauces		2	0%
Seafood salad, INGREDIENT = Canned tunas and similar		4	0%
Seafood salad, INGREDIENT = Canned tunas and similar, INGREDIENT = Mixed vegetables, INGREDIENT = Salt		5	0.1%
Seafood-based meals, PROCESS = Frying, INGREDIENT = Shrimps, common, INGREDIENT = Salt		7	0.1%
Soft drink, apple flavour, SWEETENING-AGENT = Brown cane sugar		2	0%
Soft drink, apricot flavour, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, SWEETENING-AGENT = Refined cane sugar		9	0.1%
Soft drink, flavoured, no fruit, INGREDIENT = Barley grains, SWEETENING-AGENT = Refined cane sugar		5	0.1%
Soft drink, flavoured, no fruit, INGREDIENT = Maize flour, INGREDIENT = Agave leaves, INGREDIENT = Cinnamon bark and similar-, INGREDIENT = Cocoa powder, SWEETENING-AGENT = Refined cane sugar		12	0.1%
Soft drink, flavoured, no fruit, INGREDIENT = Maize flour, SWEETENING-AGENT = Brown cane sugar		2	0%
Soft drink, flavoured, no fruit, INGREDIENT = Pumpkins and similar-, SWEETENING-AGENT = Brown cane sugar		2	0%
Soft drink, flavoured, no fruit, INGREDIENT = Vanilla essence, SWEETENING-AGENT = Refined cane sugar		4	0%
Soft drink, flavoured, no fruit, PROCESS = Brewing / infusion, INGREDIENT = Hibiscus infusion flowers, SWEETENING-AGENT = Refined cane sugar		106	1.3%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Grape flavour, SWEETENING-AGENT = Brown cane sugar		8	0.1%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Strawberry flavour, SWEETENING-AGENT = Refined cane sugar		32	0.4%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Tamarind flavour, SWEETENING-AGENT = Refined cane sugar		5	0.1%
Soft drink, mango flavour, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, SWEETENING-AGENT = Refined cane sugar		6	0.1%
Soft drink, orange flavour, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, SWEETENING-AGENT = Refined cane sugar		39	0.5%
Soft drink, pineapple flavour, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, SWEETENING-AGENT = Refined cane sugar		6	0.1%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Blackberries, SWEETENING-AGENT = Brown cane sugar		10	0.1%

Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Carbonated natural mineral water, INGREDIENT = Juice, lemon, INGREDIENT = Salt, INGREDIENT = Soy sauce	4	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Juice, lemon, SWEETENING-AGENT = Refined cane sugar	169	2.1%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Melons, SWEETENING-AGENT = Refined cane sugar	4	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Miscellaneous fruits with edible peel, SWEETENING-AGENT = Brown cane sugar	2	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Passionfruits, SWEETENING-AGENT = Refined cane sugar	4	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Strawberries, SWEETENING-AGENT = Refined cane sugar	12	0.1%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Tamarind, SWEETENING-AGENT = Refined cane sugar	26	0.3%
Sorbet, INGREDIENT = Blackberries, SWEETENING-AGENT = Refined cane sugar, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	6	0.1%
Sorbet, INGREDIENT = Fruit flavour, INGREDIENT = Wafers	2	0%
Sorbet, INGREDIENT = Pineapple flavour, INGREDIENT = Wafers	2	0%
Sorbet, INGREDIENT = Wafers	2	0%
Spoonable desserts and ice creams (generic), INGREDIENT = Vanilla flavour	6	0.1%
Spoonable desserts and ice creams (generic), INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Cow milk, whole	2	0%
Strawberries, PROCESS = Chocolate coating	3	0%
Strawberries, SWEETENING-AGENT = Honey	2	0%
Strawberries, SWEETENING-AGENT = Refined cane sugar	10	0.1%
Tomato chutney, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Chili peppers, QUALITATIVE-INFO = Hot/piquant/spicy, PHYSICAL-STATE = Fragments / granules / splinters	3	0%
Tomato chutney, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Coriander leaves, INGREDIENT = Salt, PHYSICAL-STATE = Fragments / granules / splinters	84	1%
Tomato chutney, INGREDIENT = Potatoes, INGREDIENT = Tomatillos, INGREDIENT = Salt, PHYSICAL-STATE = Fragments / granules / splinters	4	0%
Tomato chutney, PROCESS = Broiling/grilling, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Coriander leaves, INGREDIENT = Salt, PHYSICAL-STATE = Fragments / granules / splinters	2	0%
Tomato-containing cooked sauces, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Butter	6	0.1%
Tomato-containing cooked sauces, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Sweet peppers, INGREDIENT = Salt, INGREDIENT = Stock cubes or granulate, chicken	76	0.9%
Tortilla, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Fresh uncured cheese, INGREDIENT = Hen eggs, INGREDIENT = Vegetable fats and oils, edible	8	0.1%
Tortilla, PROCESS = Frying	16	0.2%
Unleavened doughs, INGREDIENT = Maize flour, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Fresh uncured cheese	3	0%
Unleavened doughs, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Maize flour, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Fresh uncured cheese	8	0.1%

Unleavened doughs, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Maize grain, INGREDIENT = Salt, INGREDIENT = Vegetable fats and oils, edible	6	0.1%
Various pastry, PROCESS = Battering, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Sandwich bread (hamburger roll-type), INGREDIENT = Traditional margarine, SWEETENING-AGENT = Refined cane sugar	4	0%
Vegetable based dishes, INGREDIENT = Podded pea (young pods), INGREDIENT = Traditional margarine	3	0%
Vegetable based dishes, INGREDIENT = Sweet corn, INGREDIENT = Fresh uncured cheese, INGREDIENT = Salt, INGREDIENT = Mayonnaise sauce, INGREDIENT = Tomato ketchup and related sauces, PART-CONSUMED-ANALYSED = With cob	21	0.3%
Vegetable based dishes, INGREDIENT = Swiss chards, INGREDIENT = Salt	5	0.1%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Beans (with pods) and similar-, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Vegetable fats and oils, edible	10	0.1%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Nightshade, black, INGREDIENT = Beans (dry) and similar-	4	0%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Battering, INGREDIENT = Beans (with pods) and similar-, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Salt	5	0.1%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Battering, INGREDIENT = Cauliflowers, INGREDIENT = Salt	17	0.2%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Battering, INGREDIENT = Chayote fruits, INGREDIENT = Salt	8	0.1%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Breading, INGREDIENT = Chayote fruits	4	0%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Breading, PROCESS = Battering, INGREDIENT = Watercresses, INGREDIENT = Salt, INGREDIENT = Mixed herbs and spices	7	0.1%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Filling, PROCESS = Battering, INGREDIENT = Sweet peppers, INGREDIENT = Salt	18	0.2%
Vegetable based dishes, PROCESS = Cooking in water, INGREDIENT = Pumpkins, INGREDIENT = Salt	7	0.1%
Vegetable casserole, PROCESS = Cooking in water, INGREDIENT = Salt	10	0.1%
Vegetable casserole, PROCESS = Steaming, INGREDIENT = Salt	8	0.1%
Vegetable souffl, INGREDIENT = Swiss chards, INGREDIENT = Hen eggs, INGREDIENT = Vegetable fats and oils, edible	3	0%
Wheat bread and rolls, PROCESS = Chocolate coating	3	0%
Wheat coffee infusion, SWEETENING-AGENT = Brown cane sugar	6	0.1%
Wheat, popped, INGREDIENT = Cow milk, whole	165	2%

V20_A1:

Data file: data_anon_consumption

Overview

Valid: 239   Invalid: 0
Type: Discrete   Width: 77   Range: -   Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
EETENING-AGENT = Refined cane sugar		80	33.5%
fat, SWEETENING-AGENT = Refined cane sugar		51	21.3%
g cooked sauces		22	9.2%
her flat cuts		34	14.2%
ned cane sugar		45	18.8%
powder, INGREDIENT = Drinking water, SWEETENING-AGENT = Refined cane sugar		2	0.8%
r other flat cuts		5	2.1%

▋ AMOUNT_RECIPE: Amount recipe consumed (g)

Data file: data_anon_consumption

Overview

Valid: 8156   Invalid: 3030   Minimum: 0.4   Maximum: 2000   Mean: 175.91   Standard deviation: 186.799
Type: Continuous   Decimal: 2   Width: 8   Range: 0.4 - 2000   Format: Numeric

▋ CODE_INGREDIENT: Original ingredient code

Data file: data_anon_consumption

Overview

Valid: 11186   Invalid: 0   Minimum: 1001   Maximum: 65821142   Mean: 13713329.96   Standard deviation: 23773999.938
Type: Continuous   Decimal: 0   Width: 8   Range: 1001 - 65821142   Format: Numeric

▋ INGREDIENT: Food item or Ingredient description in local language (other than English)

Data file: data_anon_consumption

Overview

Valid: 11186   Invalid: 0
Type: Discrete   Width: 72   Range: -   Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
ACEITE VEGETAL, DE MAIZ		25	0.2%
ACEITE VEGETAL, DE OLIVA		4	0%

ACEITE VEGETAL, DE SOYA		6	0.1%
ACEITE VEGETAL, TODA CLASE		338	3%
ACELGA CRUDA		4	0%
ADEREZO ENSALADA, TIPO FRANCES C/SAL		3	0%
ADEREZO ITALIANO		1	0%
AGUA DULCE		4	0%
AGUACATE		33	0.3%
AJO MOLIDO		3	0%
AJO, CABEZA O BULBO		7	0.1%
ALGODON DE AZUCAR		2	0%
ALITAS DE POLLO ROSTIZADAS		2	0%
APAZOTE/EPAZOTE		1	0%
APIO, TALLOS		26	0.2%
ARROZ BLANCO CON PROTEMAS (DESAYUNO ESCOLAR)		1	0%
ARROZ BLANCO, PULIDO, ENRIQUECIDO, PRECOCIDO		14	0.1%
ARROZ BLANCO, PULIDO, S/ENRIQUECER		32	0.3%
ARROZ BLANCO, SEMIPULIDO		5	0%
ARROZ FRITO		131	1.2%
ARROZ FRITO (GUATEMALA)		11	0.1%
ARVEJA CHINA, CRUDA		2	0%
ARVEJA CRUDA		3	0%
ATOL 13 CEREALES		2	0%
ATOL BLANCO		3	0%
ATOL CORAZON DE TRIGO, PREPARADO (REFACCION ESCOLAR)		14	0.1%
ATOL DE ARROZ CON CHOCOLATE		7	0.1%
ATOL DE ARROZ CON LECHE		3	0%
ATOL DE AVENA/MOSH (GUATEMALA)		3	0%
ATOL DE BIENESTARINA CON LECHE		1	0%
ATOL DE ELOTE		1	0%
ATOL DE HABA		17	0.2%
ATOL DE INCAPARINA		10	0.1%
ATOL DE MAIZ QUEBRADO		2	0%
ATOL DE PLTANO (GUATEMALA)		5	0%
ATOLE INCAPARINA		6	0.1%
AVENA CON LECHE (DESAYUNO ESCOLAR)		18	0.2%
AVENA EN HOJUELAS C/FORTIFICACION		33	0.3%
AVENA EN HOJUELAS S/FORTIFICAR (MOSH)		5	0%
AVENA INSTANTANEA, FORTIFICADA		1	0%
AVENA MOLIDA C/FORTIFICACION		4	0%

AYOTE/GUICOY/ZAPALLO/CALABAZA, AMARILLO/MADURO		7	0.1%
AZUCAR BLANCA, GRANULADA, FORTIF.C/VIT A		661	5.9%
AZUCAR MORENA FORTIF. C/VIT A		170	1.5%
AZUCAR MORENA O NEGRA		2	0%
BANANO		81	0.7%
BANANO/GUINEO, MADURO		40	0.4%
BARBACOA EN POLVO		1	0%
BEBIDA DE CHOCOLATE CALIENTE CON AGUA		3	0%
BEBIDA DE CHOCOLATE CON AGUA		1	0%
BEBIDA DE CHOCOLATE CON LECHE, POLVO (MILO)		2	0%
BEBIDA GASEOSA O CARBONATADA, TIPO SODA		1	0%
BEBIDA LACTEA CON ACEITE VEGETAL		49	0.4%
BEBIDA LACTEA CON ACEITE VEGETAL EN POLVO		15	0.1%
BEBIDA NUTRITIVA, INCAPARINA, COCCION RAPIDA, POLVO		2	0%
BEBIDA NUTRITIVA, INCAPARINA, CRECIMAX, POLVO		3	0%
BEBIDA NUTRITIVA, INCAPARINA, LISTA PARA BEBER		3	0%
BEBIDA NUTRITIVA, INCAPARINA, POLVO		39	0.3%
BERRO, CRUDO		4	0%
BLEDO/AMARANTO, HOJAS		1	0%
BOCADO DE REINA		2	0%
BOLITAS DE BERLIN		3	0%
BOLLO C/JAMON		1	0%
BROCOLI/BRECOL CRUDO		5	0%
BROTES DE SOYA		1	0%
CAF DE CEREALES		3	0%
CAF INSTANTNEO, PREPARADO C/AGUA S/AZCAR		2	0%
CAF TOSTADO MOLIDO, PREPARADO C/AGUA S/AZCAR		1	0%
CAFE INSTANTANEO CON LECHE Y AZUCAR		1	0%
CAFE INSTANTANEO, DESCAFEINADO, POLVO		8	0.1%
CAFE INSTANTANEO, POLVO		242	2.2%
CAFE TOSTADO MOLIDO, POLVO		91	0.8%
CALABACITA/GUICOYITO/PIPIAN		9	0.1%
CALDO DE ARROZ CON CHIPILIN		1	0%
CALDO DE POLLO, O GALLINA		3	0%
CALDO DE POLLO, DESHIDRATADO, EN POLVO		211	1.9%
CALDO DE RES, DESHIDRATADO, EN POLVO		17	0.2%
CAMARON, COCIDO		1	0%
CAMARON, FRESCO		2	0%
CAMARONES ASADOS		1	0%

CANELA EN RAJA		1	0%
CANELA, MOLIDA		1	0%
CANELITAS		2	0%
CARACOL DE MAR, CARNE DE		1	0%
CARAMELOS DUROS		19	0.2%
CARAMELOS SUAVES		14	0.1%
CARNE ADOBADA DE CERDO		1	0%
CARNE ADOBADA DE RES		1	0%
CARNE DE RES ASADA		2	0%
CARNITAS DE CERDO		3	0%
CEBADA, GRANO ENTERO		2	0%
CEBOLLA, CABEZA		372	3.3%
CEBOLLA, CABEZA Y TALLOS		13	0.1%
CEBOLLA, POLVO		8	0.1%
CEBOLLA, TALLOS		5	0%
CEBOLLIN		4	0%
CERDO, CARNE MAGRA, COCIDA		1	0%
CERDO, CARNE MAGRA, CRUDA		13	0.1%
CERDO, CARNE MAGRA, CRUDA CON HUESO		3	0%
CERDO, CARNE RICA EN GRASA, CRUDA		2	0%
CERDO, CARNE SEMIMAGRA, CRUDA		7	0.1%
CERDO, CHICHARRONES		3	0%
CERDO, COSTILLA ASADA		2	0%
CERDO, COSTILLA CRUDA		6	0.1%
CEREAL DE AVENA CON MARSHMALLOW		2	0%
CEREAL DE CHOCOLATE		1	0%
CEREAL DESAYUNO, CHOCO KRISPIES		45	0.4%
CEREAL DESAYUNO, COCOA FLAKES		20	0.2%
CEREAL DESAYUNO, COMPLETE /KOMPLETE, MIEL Y PASAS		2	0%
CEREAL DESAYUNO, CORN FLAKES		29	0.3%
CEREAL DESAYUNO, CORN FLAKES C/MIEL		3	0%
CEREAL DESAYUNO, FROOT LOOPS		31	0.3%
CEREAL DESAYUNO, FROOT LOOPS c/MARSHMALLOW		4	0%
CEREAL DESAYUNO, GRANOLA		1	0%
CEREAL DESAYUNO, NESQUICK CHOCOLATE		7	0.1%
CEREAL DESAYUNO, ZUCARITAS DE MAIZ		11	0.1%
CEREAL FITNESS INTEGRAL		1	0%
CEREZA		2	0%
CHAOMEIN		1	0%

CHAYOTE/GUISQUIL/PATASTE, COCIDO S/SAL, ESCURRIDO		4	0%
CHAYOTE/GUISQUIL/PATASTE, CRUDO		75	0.7%
CHAYOTE/GUISQUIL/PATASTE, HOJAS Y PUNTAS		2	0%
CHEPES		1	0%
CHICHARRIN (de harina de trigo)		2	0%
CHICHARRONES (SNACK)		3	0%
CHICHARRONES DE CERDO		3	0%
CHICLE		3	0%
CHILACAYOTE/CHIVERRE, MADURO		1	0%
CHILE CHILTEPE		4	0%
CHILE DULCE, VERDE		11	0.1%
CHILE DULCE/PIMIENTO ROJO, FRESCO		77	0.7%
CHILE EN POLVO		2	0%
CHILE GUAQUE, DE GUATEMALA		17	0.2%
CHILE PASA		11	0.1%
CHILE PICANTE, SECO		1	0%
CHILE RELLENO DE GUATEMALA		11	0.1%
CHIMICHURRI		3	0%
CHIPILIN, HOJAS Y PUNTA		3	0%
CHOBIX DE TRIGO (SNACK)		6	0.1%
CHOCOBANANO		13	0.1%
CHOCOBANANO CON MANIA		1	0%
CHOCOLATE CON LECHE (GOLOSINA)		7	0.1%
CHOCOLATE CON LECHE Y MANI (GOLOSINA)		2	0%
CHOCOLATE PARA CHOCOBANANO		1	0%
CHOCOLATE, TABLILLAS PARA BEBIDA		8	0.1%
CHOCOPINA		1	0%
CHOP SUEY MIXTO		3	0%
CHORIZO		5	0%
CHORIZO ASADO		1	0%
CHORIZO DE CERDO		10	0.1%
CHORIZO DE CERDO Y RES		3	0%
CHOW MEIN		7	0.1%
CHOW MEIN DE POLLO		3	0%
CHUCHITO		19	0.2%
CHULETA DE CERDO FRITA		2	0%
CHURROS CON CHOCOLATE		1	0%
CILANTRO/CULANTRO		105	0.9%
CIRUELA MORADA		2	0%

CLARA DE HUEVO COCIDO		2	0%
COCO, MADURO, PULPA		2	0%
COCOA CALC-TOSE		1	0%
COCOA MIXTA, POLVO		1	0%
COLIFLOR CRUDA		4	0%
CONDIMENTO CURRY, POLVO		1	0%
CONDIMENTOS O ESPECIAS MOLIDAS NO ESPECIFICADAS		15	0.1%
CONO DE HELADO WAFLE		1	0%
CORAZON DE TRIGO		1	0%
CREMA		54	0.5%
CREMA RALA		3	0%
CREMA, ESPESA		33	0.3%
CREMA, RALA		5	0%
CREMA, SUSTITUTO NO LACTEO, EN POLVO		5	0%
CREPAS DE POLLO		1	0%
CREPAS, DE POLLO		1	0%
CUBILETE DE VAINILLA		3	0%
CUQUITO DE CHICLE		1	0%
DONA DE AZUCAR		1	0%
DONA DE CHOCOLATE		1	0%
DULCE TIPICO PEPITORIA		1	0%
DURAZNO		37	0.3%
DURAZNO AMARILLO/MELOCOTON, FRUTA CRIOLLA		4	0%
DURAZNO AMARILLO/MELOCOTON, FRUTA IMPORTADA		2	0%
EJOTES/VAINICAS, COCIDOS S/SAL, ESCURRIDO		1	0%
EJOTES/VAINICAS, CRUDOS		20	0.2%
ELOTE AMARILLO COCIDO		4	0%
ELOTE BLANCO COCIDO		1	0%
ELOTE/MAIZ FRESCO, AMARILLO		3	0%
ELOTE/MAIZ FRESCO, AMARILLO DULCE, COCIDO S/SAL		1	0%
ELOTE/MAIZ FRESCO, AMARILLO DULCE, CRUDO		21	0.2%
ELOTE/MAIZ FRESCO, BLANCO		10	0.1%
ELOTITOS (SNACK)		9	0.1%
EMPANADA DE DULCE DE LECHE		3	0%
EMPANADA DE PAPA		3	0%
ENSALADA PREPARADA EN RESTAURANTE		1	0%
ENSALADA RESTAURANTE, REPOLLO		2	0%
ESENCIA CUALQUIER SABOR		6	0.1%
ESPAGUETI CON CARNE (REFACCION ESCOLAR)		18	0.2%

ESPINACA CRUDA		1	0%
FIDEOS PARA CHOW MEIN		6	0.1%
FLAN SABOR DE VAINILLA, POLVO		4	0%
FRESA		11	0.1%
FRESA O FRUTILLA		32	0.3%
FRESCO CALIENTE CON AZUCAR		1	0%
FRESCO DE CASCARA DE PINA		3	0%
FRESCO DE ESENCIA DE FRESA		2	0%
FRESCO DE HORCHATA CON MORRO		1	0%
FRESCO DE NARANJADA		1	0%
FRESCO DE PINA		1	0%
FRESCO DE PINA SIN AZUCAR (EN AGUA)		1	0%
FRIJOL BLANCO, GRANO SECO		1	0%
FRIJOL PILIGUE, GRANO SECO		1	0%
FRIJOL ROJO O POROTO, GRANO SECO		4	0%
FRIJOL ROJO, COCIDO S/SAL		5	0%
FRIJOL TODA VARIEDAD, COCIDO, ENVASADO SOL&LIQ		1	0%
FRIJOL TODA VARIEDAD, REFRITO, ENVASADO		16	0.1%
FRIJOLES COLADOS FRITOS		2	0%
FRIJOLES NEGROS COCIDOS		78	0.7%
FRIJOLES NEGROS COCIDOS ENTEROS (GUATEMALA)		14	0.1%
FRIJOLES NEGROS COLADOS		92	0.8%
FRIJOLES NEGROS COLADOS FRITOS		34	0.3%
FRIJOLES NEGROS FRITOS		10	0.1%
FRIJOLES NEGROS FRITOS, PURE O COLADOS (GUATEMALA)		58	0.5%
FRIJOLES NEGROS PARADOS		49	0.4%
FRIJOLES NEGROS PARADOS FRITOS		2	0%
FRIJOLES NEGROS REFRITOS O VOLTEADOS (GUATEMALA)		15	0.1%
FRIJOLES NEGROS VOLTEADOS		15	0.1%
FRIJOLES NEGROS VOLTEADOS FRITOS		24	0.2%
FRIJOLES ROJOS COCIDOS		5	0%
FRIJOLES ROJOS PARADOS		2	0%
FRIJOLES VOLTEADOS		6	0.1%
GALLETA CON CHIPS DE CHOCOLATE		2	0%
GALLETA DE CHOCOLATE		1	0%
GALLETA DE CHOCOLATE CON RELLENO		23	0.2%
GALLETA DE MARHMALLOW		4	0%
GALLETA DE SODA		11	0.1%
GALLETA DE SODA TIPO COCKTAIL		2	0%

GALLETA DULCE CON RELLENO		8	0.1%
GALLETA DULCE TIPO WAFFLE		4	0%
GALLETA DULCE TIPO WAFFLE CON RELLENO		30	0.3%
GALLETA TIPO MARIA		5	0%
GALLETAS DE SODA, C/SAL		1	0%
GALLETAS DULCES, CONOS PARA HELADO		8	0.1%
GALLETAS DULCES, DE CHOCOLATE		1	0%
GALLO O GALLINA, CARNE CRUDA		5	0%
GASEOSA TIPO COLA		111	1%
GASEOSA TIPO COLA LIGHT		1	0%
GASEOSA TIPO NO COLA FRESA		3	0%
GASEOSA TIPO NO COLA FRUTA		1	0%
GASEOSA TIPO NO COLA LIMON		15	0.1%
GASEOSA TIPO NO COLA MANZANA		1	0%
GASEOSA TIPO NO COLA NARANJA		14	0.1%
GASEOSA TIPO NO COLA PINA		4	0%
GASEOSA TIPO NO COLA UVA		11	0.1%
GASEOSA TIPO SODA NARANJA		2	0%
GELATINA		25	0.2%
GENGIBRE O JENGIBRE		1	0%
GOMITAS		2	0%
GRANIZADA		1	0%
GRANOLA CON PASAS		1	0%
GUAYABA		1	0%
GUINEO MAJONCHO		2	0%
GUISQUIL COCIDO		1	0%
HABA SECA, HARINA		11	0.1%
HABA, GRANO VERDE		2	0%
HAMBURGUESA		2	0%
HARINA DE ARROZ BLANCO		3	0%
HARINA DE MAIZ BLANCO PILADO, S/ENRIQUECER		1	0%
HARINA DE MAIZ NIXTAMALIZADO, MASA SECA		4	0%
HARINA DE MAIZ NIXTAMALIZADO, MASA SECA (USAR 25059)		1	0%
HARINA DE TRIGO ENRIQUECIDA, TODO USO		1	0%
HARINA DE TRIGO, S/ENRIQUECER, TODO USO		3	0%
HARINA EMPANIZADOR (ROSTIZADOR)		16	0.1%
HARINA PARA PANCAKES (C/ MANTEQUILLA&LECHE)		3	0%
HARINA PARA PANCAKES (HARINA PROCESADA)		20	0.2%
HELADO CREMOSO DE CHOCOLATE		1	0%

HELADO CREMOSO DE FRESA		4	0%
HELADO CREMOSO DE VAINILLA		2	0%
HELADO DE BOTONETAS		1	0%
HELADO DE FRESA CASERO		1	0%
HELADO DE FRUTAS CASERO		9	0.1%
HELADO DE HIELO DE MANDARINA CASERO		1	0%
HELADO DE HIELO DE MANIA CASERO		4	0%
HELADO DE MORA		1	0%
HELADO DE NIEVE ARTIFICIAL		8	0.1%
HELADO DE NIEVE DE CHOCOLATE CASERO		1	0%
HELADO DE NIEVE DE CREMA CASERO		1	0%
HELADO DE NIEVE DE LIMON		1	0%
HELADO DE NIEVE DE MANDARINA		1	0%
HELADO DE NIEVE DE MANGO CON PEPITA		1	0%
HELADO DE NIEVE DE VAINILLA CASERO		1	0%
HELADO DE PINA CASERO		1	0%
HELADO-CREMA O ICE CREAM, CHOCOLATE		1	0%
HELADO-CREMA O ICE CREAM, FRESA		3	0%
HELADO-CREMA O ICE CREAM, VAINILLA		2	0%
HELADO-NIEVE, DISTINTAS FRUTAS, COMERCIAL		2	0%
HELADO-NIEVE, DISTINTAS FRUTAS, NO COMERCIAL		1	0%
HELADO-NIEVE, SABOR ARTIFICIAL		1	0%
HIERBA FLOR AMARILLA, HOJAS Y TALLOS		1	0%
HIERBABUENA		38	0.3%
HIERBAMORA/MACUY		21	0.2%
HIGOS EN ALMIBAR		3	0%
HONGOS ENLATADOS, SOLIDOS		1	0%
HORCHATA DE ARROZ ESCOLAR		13	0.1%
HUESO DE RES (SIN CARNE)		3	0%
HUEVO DE GALLINA, ENTERO, CRUDO		337	3%
HUEVO DURO		18	0.2%
HUEVOS, REVUELTOS O PICADOS		10	0.1%
INCAPARINA (DESAYUNO ESCOLAR)		10	0.1%
INCAPARINA CON LECHE LISTA PARA TOMAR		2	0%
INCAPARINA DE VAINILLA LISTA PARA BEBER		1	0%
JALEAS TODA VARIEDAD		8	0.1%
JAMAICA ROSA, FLORES SECAS PARA BEBIDA		26	0.2%
JAMON DE CERDO, CURADO (GRASA APROX. 13%)		9	0.1%
JAMON DE PAVO		40	0.4%

JAMON DE POLLO		1	0%
JAMON TIPO PICNIC		48	0.4%
JOCOTE		2	0%
JUGO DE NARANJA SIN AZUCAR		2	0%
KIWI		1	0%
LASAGNA DE CARNE		1	0%
LECHE (BEBIDA LACTEA)		4	0%
LECHE CHOCOLATADA		8	0.1%
LECHE DE VACA, DESCREMADA C/VIT A, EN POLVO		4	0%
LECHE DE VACA, DESCREMADA S/VIT A, EN POLVO		2	0%
LECHE DE VACA, DESCREMADA, FLUIDA		1	0%
LECHE DE VACA, DESLACTOSADA Y SEMIDESCREMADA (2 % GRASA), FLUIDA		5	0%
LECHE DE VACA, INTEGRA, EN POLVO		126	1.1%
LECHE DE VACA, INTEGRA, FLUIDA (3.25% GRASA)		108	1%
LECHE DE VACA, SEMIDESCREMADA (2% GRASA), FLUIDA		1	0%
LECHE DESLACTOSADA, EN POLVO		6	0.1%
LECHE ENTERA LIQUIDA		7	0.1%
LECHE ENTERA POLVO CON AGUA		12	0.1%
LECHE ENTERA, NIDO FORTIFICADA		9	0.1%
LECHUGA ARREPOLLADA (ICEBERG)		37	0.3%
LECHUGA NO ARREPOLLADA (BUTTERHEAD)		3	0%
LICHAS		3	0%
LICUADO DE FRESA CON AGUA		1	0%
LICUADO DE FRUTAS (EN AGUA)		5	0%
LIMON		1	0%
LIMON AGRIO, FRUTA SIN PIEL		156	1.4%
LIMON AGRIO, JUGO		1	0%
LIMON MANDARINA		8	0.1%
LIMON PERSA		46	0.4%
LIMONADA		5	0%
LONGANIZA DE CERDO		9	0.1%
LONGANIZA DE CERDO ASADA		4	0%
LONGANIZA DE CERDO COCIDA		2	0%
LONGANIZA DE POLLO		1	0%
LONGANIZA DE RES		6	0.1%
LONGANIZA DE RES ASADA		1	0%
LONGANIZA DE RES FRITA		5	0%
LOROCO		7	0.1%
MAICILLO O SORGO, GRANO ENTERO		1	0%

MAIZ BLANCO O NEGRO, GRANO ENTERO, CRUDO	2	0%
MANDARINA	3	0%
MANGO MADURO	10	0.1%
MANGO VERDE	11	0.1%
MANI JAPONES	3	0%
MANI/CACAHUATE TOSTADO, C/ACEITE C/SAL	1	0%
MANIA CON LIMON	1	0%
MANIAS	1	0%
MANTEQUILLA C/SAL	3	0%
MANZANA	49	0.4%
MANZANA CRIOLLA C/CASCARA	6	0.1%
MANZANA ROJA	4	0%
MANZANA VERDE	3	0%
MANZANA, FRUTA CRIOLLA, S/CASCARA	1	0%
MANZANA, FRUTA IMPORTADA, C/CASCARA	1	0%
MANZANA, FRUTA IMPORTADA, S/CASCARA	1	0%
MANZANITA/MANZANILLA	2	0%
MARACUYA/GRANADILLA MORADA, PULPA	2	0%
MARGARINA (20% GRASA) C/SAL	43	0.4%
MARGARINA (80% GRASA C/SAL	182	1.6%
MARSHMALLOW	3	0%
MARSHMALLOW CON CHOCOLATE	1	0%
MASA HUMEDA, DE MAIZ BLANCO C/CAL	7	0.1%
MAYONESA	1	0%
MAYONESA COMERCIAL C/SAL	125	1.1%
MEDALLONES O "NUGGETS" DE POLLO FRITO	1	0%
MEDALLONES O "NUGGETS" DE POLLO SIN FREIR	6	0.1%
MELON	8	0.1%
MELON CORRUGADO O CANTALOUPE	9	0.1%
MELON LISO O MELON CASABA	2	0%
MENUDOS DE POLLO COCIDOS	2	0%
MERMELADAS TODA VARIEDAD	1	0%
MIEL DE ABEJAS	20	0.2%
MIEL DE MAPLE	1	0%
MIEL DE MAPLE PREPARADA PARA PANCAKES	9	0.1%
MIGA DE PAN O PAN RALLADO	14	0.1%
MILTOMATE	23	0.2%
MIXTA (TORTILLA, GUACAMOL, SALCHICHA)	8	0.1%
MODIFICADOR DE LA LECHE, SABOR CHOCOLATE, NESQUIK POLVO	7	0.1%

MOLLEJAS DE POLLO COCIDAS		2	0%
MORA/ZARZAMORA		7	0.1%
MORAS		1	0%
MORTADELA DE CERDO Y RES		2	0%
MOSTAZA COMERCIAL		6	0.1%
NABO, HOJAS		1	0%
NACHOS (SNACK)		27	0.2%
NACHOS CON FRIJOL Y CARNE		1	0%
NANCE		1	0%
NARANJA		6	0.1%
NARANJA DULCE, FRUTA		5	0%
NARANJA DULCE, JUGO NATURAL		1	0%
NISPEROS SIN CASCARA		1	0%
NUTELLA		1	0%
PACHE		2	0%
PAN FRANCS DE COSTA RICA		1	0%
PAN BLANCO DE RODAJA		9	0.1%
PAN BLANCO DE RODAJA TOSTADO		1	0%
PAN BLANCO, DE RODAJA O CUADRADO, SUAVE		12	0.1%
PAN BLANCO, DE RODAJA O CUADRADO, TOSTADO		1	0%
PAN BLANCO, TIPO HAMBURGUESA-HOT DOG		1	0%
PAN CAMPECHANA		4	0%
PAN DE AGUA		6	0.1%
PAN DULCE		116	1%
PAN DULCE DE GUATEMALA (USAR 25061)		3	0%
PAN DULCE TOSTADO		36	0.3%
PAN DULCE TOSTADO (CHAMPURRADA)		7	0.1%
PAN FRANCES		238	2.1%
PAN FRANCES DE GUATEMALA		230	2.1%
PAN FRANCES SIMPLE		54	0.5%
PAN GALLETA		5	0%
PAN INTEGRAL, DE RODAJA O CUADRADO, SUAVE		1	0%
PAN INTEGRAL, DE RODAJA O CUADRADO, TOSTADO		1	0%
PAN PIRUJO		21	0.2%
PAN PIRUJO CON FRIJOL		3	0%
PANQUEQUE PREPARADO, SIMPLE		13	0.1%
PAPALINAS (SNACK)		9	0.1%
PAPALINAS SABOR BARBACOA (SNACK)		1	0%
PAPAS A LA FRANCESA, FRITAS EN ACEITE VEG.		3	0%

PAPAS C/CASCARA, CRUDAS		19	0.2%
PAPAS COCIDAS CON CASCARA		1	0%
PAPAS COCIDAS SIN CASCARA		2	0%
PAPAS FRITAS DE RESTAURANTE		14	0.1%
PAPAS PURE, HOJUELAS DESHIDRATADAS S/LECHE		2	0%
PAPAS S/CASCARA, COCIDAS S/SAL		1	0%
PAPAS S/CASCARA, CRUDAS		128	1.1%
PAPAYA		10	0.1%
PAPAYA/LECHOSA MADURA, PULPA		11	0.1%
PASTA DE ESPAGUETTI AL FORNO		1	0%
PASTA DE ESPAGUETTI CON ALBONDIGAS		1	0%
PASTA DE POLLO		6	0.1%
PASTA ENRIQUECIDA, CRUDA		91	0.8%
PASTA S/ENRIQUECER, CRUDA		2	0%
PASTEL CON RELLENO DE MANJAR		2	0%
PASTEL DE CHOCOLATE		6	0.1%
PASTEL DE FRESAS CON CREMA		2	0%
PASTEL DE FRUTAS		2	0%
PASTELITO DE CHOCOLATE		2	0%
PASTELITO DE TURRON		1	0%
PASTELITO DE VAINILLA		5	0%
PATE DE HIGADO DE GANSO, ENVASADO		1	0%
PATE DE HIGADO DE POLLO, ENVASADO		3	0%
PAVO, CARNE C/PIEL, CRUDA		1	0%
PECHUGA DE POLLO ASADA		1	0%
PECHUGA DE POLLO FRITA		3	0%
PEDIASURE		3	0%
PEPIAN CALDOSO (CIUDAD DE GUATEMALA)		4	0%
PEPIAN RECADO (HUEHUETENANGO, SUCHITEPEQUEZ)		3	0%
PEPINO		2	0%
PEPINO/COJOMBRO DE ENSALADA		34	0.3%
PEPITA MOLIDA		41	0.4%
PEPITORIA MOLIDA		14	0.1%
PERA		2	0%
PEREJIL, FRESCO		10	0.1%
PERULERO COCIDO		2	0%
PESCADO CARNE, ATUN ENLATADO C/AGUA, SOLIDOS		2	0%
PESCADO CARNE, BACALAO, FRESCO		1	0%
PESCADO CARNE, MOJARRA FRESCA		1	0%

PESCADO CARNE, SARDINA ENLATADA C/TOMATE		1	0%
PESCADO SECO		1	0%
PIA, FRUTA DULCE		28	0.3%
PICADO DE VERDURAS		2	0%
PICADO DE VERDURAS (DESAYUNO ESCOLAR)		1	0%
PIE DE MANZANA		1	0%
PIE DE QUESO		1	0%
PIERNAS DE POLLO FRITAS		2	0%
PIMIENTA NEGRA		12	0.1%
PINA		8	0.1%
PINOL C/CACAO		1	0%
PINOL SIMPLE		11	0.1%
PIRUJO CON FRIJOL REFACCION ESCOLAR		6	0.1%
PIZZA DE CARNE Y VEGETALES		4	0%
PIZZA DE PEPPERONI		19	0.2%
PIZZA DE QUESO		4	0%
PLATANO FRITO		6	0.1%
PLATANO MADURO		40	0.4%
PLATANO MADURO COCIDO		11	0.1%
POLLO ADOBADO		1	0%
POLLO CON LIMON		1	0%
POLLO EMPANIZADO FRITO, MUSLO		6	0.1%
POLLO EMPANIZADO FRITO, PECHUGA		1	0%
POLLO FRITO DE RESTAURANTE		7	0.1%
POLLO TEJANO		1	0%
POLLO, ALAS C/PIEL, CRUDAS		1	0%
POLLO, CARNE C/PIEL, COCIDA		4	0%
POLLO, CARNE C/PIEL, CRUDA		79	0.7%
POLLO, CARNE C/PIEL, FRITA		1	0%
POLLO, CARNE C/PIEL, HORNEADA		2	0%
POLLO, CARNE S/PIEL, CRUDA		34	0.3%
POLLO, MOLLEJA, COCIDA		1	0%
POLLO, MUSLO C/PIEL, CRUDO		4	0%
POLLO, MUSLO C/PIEL, FRITO		2	0%
POLLO, PECHUGA C/PIEL, CRUDA		10	0.1%
POLLO, PECHUGA S/PIEL, COCIDA		5	0%
POLLO, PECHUGA S/PIEL, FRITA		1	0%
POLLO, PIERNA C/PIEL, COCIDA		1	0%
POLLO, PIERNA C/PIEL, CRUDA		15	0.1%

POLLO, PIERNA C/PIEL, FRITA	4	0%
POLLO, PIERNA S/PIEL, FRITA	1	0%
POLLO, VISCERAS O MENUDOS, CRUDOS	7	0.1%
POLVO DE HORNEAR	1	0%
POPOROPOS	4	0%
POPOROPOS SABOR QUESO	3	0%
PROTEMAS (PROTEINA DE SOYA)	1	0%
PUERRO, CABEZA O BULBO Y HOJAS	5	0%
PUPUSA DE QUESO	9	0.1%
QUESO AMARILLO, PASTRZ & PROCES., PARA UNTAR	1	0%
QUESO AMARILLO, PASTRZ & PROCES., RODAJAS	21	0.2%
QUESO BLANCO FRESCO, LECHE INTEGRA	24	0.2%
QUESO BLANCO FRESCO, LECHE SEMIDESCREMADA	8	0.1%
QUESO COTTAGE, S/CREMA	1	0%
QUESO CREMA	4	0%
QUESO CREMA O DE CAPAS	39	0.3%
QUESO DE CAPAS	2	0%
QUESO DURO	6	0.1%
QUESO DURO O SECO, LECHE INTEGRA	16	0.1%
QUESO FRESCO	20	0.2%
QUESO MOZARELA, LECHE DESCREMADA	2	0%
QUESO MOZARELA, LECHE INTEGRA	3	0%
QUESO OREADO	1	0%
QUESO PARMESANO, DURO	1	0%
QUESO TIPO QUESILLO, FRESCO	7	0.1%
RABANO REDONDO, RAIZ	21	0.2%
REFRESCO ARTIF. C/VIT C, SABOR FRUTAS, POLVO	49	0.4%
REFRESCO ARTIF. C/VIT C, SABOR FRUTAS, PREPARADO	1	0%
REFRESCO ARTIF. C/VIT C, SABOR NARANJA, POLVO	33	0.3%
REFRESCO ARTIF. S/VIT C, SABOR FRUTAS, POLVO	11	0.1%
REFRESCO ARTIFICIAL DE ALOE VERA	1	0%
REFRESCO ARTIFICIAL DE ESENCIA DE FRESA	1	0%
REFRESCO ARTIFICIAL DE FRESA (PREPARADO)	1	0%
REFRESCO ARTIFICIAL DE FRUTAS (POLVO EN AGUA)	54	0.5%
REFRESCO ARTIFICIAL DE FRUTAS (PREPARADO)	10	0.1%
REFRESCO ARTIFICIAL DE LIMON (POLVO EN AGUA)	11	0.1%
REFRESCO ARTIFICIAL DE LIMON (PREPARADO)	6	0.1%
REFRESCO ARTIFICIAL DE MANGO (PREPARADO)	1	0%
REFRESCO ARTIFICIAL DE MANZANA (POLVO EN AGUA)	4	0%

REFRESCO ARTIFICIAL DE MANZANA (PREPARADO)	4	0%
REFRESCO ARTIFICIAL DE MELON (POLVO EN AGUA)	1	0%
REFRESCO ARTIFICIAL DE NARANJA (PREPARADO)	85	0.8%
REFRESCO ARTIFICIAL DE PINA (PREPARADO)	1	0%
REFRESCO ARTIFICIAL DE TE FRIO (POLVO EN AGUA)	1	0%
REFRESCO ARTIFICIAL DE UVA (PREPARADO)	3	0%
REFRESCO ARTIFICIAL NECTAR DE MANZANA	28	0.3%
REFRESCO ARTIFICIAL NECTAR DE MELOCOTON	12	0.1%
REFRESCO ARTIFICIAL NECTAR DE PERA	4	0%
REFRESCO ARTIFICIAL NECTAR DE PINA	1	0%
REFRESCO CONCENTRADO C/AZUCAR	15	0.1%
REFRESCO DE TAMARINDO NATURAL	10	0.1%
RELLENITOS	8	0.1%
REMOLACHA CRUDA	8	0.1%
REPOLLO COCIDO	1	0%
REPOLLO/COL COMUN, COCIDO S/SAL, ESCURRIDO	4	0%
REPOLLO/COL COMUN, CRUDO	15	0.1%
RES CARNE MAGRA, CRUDA CON HUESO	4	0%
RES COSTILLA	7	0.1%
RES, CARNE MAGRA, CRUDA	39	0.3%
RES, CARNE SALADA, SECA	2	0%
RES, CARNE SEMIMAGRA, ASADA	2	0%
RES, CARNE SEMIMAGRA, COCIDA	3	0%
RES, CARNE SEMIMAGRA, CRUDA	17	0.2%
RES, HIGADO, CRUDO	3	0%
RES, PANZA O MONDONGO, CRUDO	1	0%
REVOLCADO DE CERDO	1	0%
ROSA DE JAMAICA NATURAL PREPARADA	37	0.3%
SAL DE AJO	8	0.1%
SAL DE MESA	556	5%
SALCHICHA ASADA	1	0%
SALCHICHA DE CERDO COCIDA	3	0%
SALCHICHA DE PAVO	8	0.1%
SALCHICHA DE POLLO	3	0%
SALCHICHA DE RES Y CERDO	73	0.7%
SALCHICHA EMPANIZADA	1	0%
SALSA DE TOMATE NATURAL	39	0.3%
SALSA DE TOMATE PROCESADA	1	0%
SALSA DULCE	4	0%

SALSA ENVASADA, DE SOYA		14	0.1%
SALSA ENVASADA, INGLESA		3	0%
SALSA ENVASADA, PICANTE		1	0%
SALSA ENVASADA, TOMATE, CATSUP		111	1%
SALSA KETCHUP		1	0%
SALSA PROCESADA, SOFRITO		7	0.1%
SALSA PROCESADA, TOMATE C/CEBOLLA		1	0%
SALSA PROCESADA, TOMATE C/HONGOS		1	0%
SALSA PROCESADA, TOMATE C/QUESO		13	0.1%
SALSA PROCESADA, TOMATE PARA SPAGHETTI		10	0.1%
SALSA PROCESADA, TOMATE, ESTILO RANCHERO		30	0.3%
SANDIA		29	0.3%
SANDIA PICADA		1	0%
SANDWICH O HAMBURGUESA, FILETE DE POLLO		2	0%
SANDWICHES DE JAMON		1	0%
SAZONADOR MOLIDO NO ESPECIFICADO		34	0.3%
SEMILLA DE AJONJOLI		14	0.1%
SEMILLA DE AYOTE, CRUDA		1	0%
SEMILLA DE CHAN		4	0%
SHECA		1	0%
SNACKS, TOSTADITAS/MAIZ, SABOR BARBACOA		3	0%
SNACKS, TOSTADITAS/MAIZ, SABOR NACHOS		2	0%
SNACKS, TOSTADITAS/MAIZ, SABOR QUESO		1	0%
SNACKS, TOSTADITAS/MAIZ, SIMPLES		9	0.1%
SOPA CREMA DESHIDRATADA, MARISCOS		1	0%
SOPA DE ARROZ FRITO		2	0%
SOPA DE COLA DE RES EN POLVO		1	0%
SOPA DESHIDRATADA, RES Y FIDEOS		3	0%
SOPA DESHIDRATADA, FIDEO RAMEN, SABOR POLLO		7	0.1%
SOPA DESHIDRATADA, FIDEO RAMEN, SABOR RES		1	0%
SOPA DESHIDRATADA, POLLO C/ARROZ		1	0%
SOPA DESHIDRATADA, POLLO C/FIDEOS		64	0.6%
SOPA INSTANTANEA DE POLLO		5	0%
SOPA INSTANTANEA DE RES		2	0%
TACO MIXTO		1	0%
TACOS DE CARNE DE RES		4	0%
TACOS DE PAPA		1	0%
TAMAL DE CERDO		3	0%
TAMAL DE POLLO		5	0%

TAMALITO DE CHIPILIN		1	0%
TAMALITO DE FRIJOLES NEGROS		1	0%
TAMALITO DE MASA		2	0%
TAMALITO NEGRO		1	0%
TAMARINDO		8	0.1%
TE CHIRREPECO		3	0%
TE DE MANZANILLA		2	0%
TE DE MANZANILLA, PREPARADO C/AGUA S/AZUCAR		9	0.1%
TE NEGRO INSTANTANEO, EN POLVO		2	0%
TOMATE ROJO		313	2.8%
TOMATE, PASTA ENLATADA S/SAL		5	0%
TORTILLA DE HARINA DE MAIZ FORTIFICADA LISTA PARA HORNEAR O FREIR (USDA)		1	0%
TORTILLA DE MAIZ		587	5.2%
TORTILLA DE MAIZ BLANCO, C/CAL		29	0.3%
TORTILLA DE MAIZ PALMEADA		1	0%
TORTILLA DE MASECA		2	0%
TORTILLA DE TRIGO, LISTA PARA FREIR U HORNEAR		2	0%
TORTITAS DE CARNE (CERDO, POLLO Y SOYA) PROCESADAS		6	0.1%
TORTITAS DE CARNE (GUATEMALA)		5	0%
TOSTADA CON CHOW MEIN		5	0%
TOSTADA CON GUACAMOL		3	0%
TOSTADA CON SALSA		5	0%
TOSTADA DE FRIJOL (GUATEMALA)		10	0.1%
TOSTADA DE FRIJOL Y QUESO		4	0%
TOSTADA DE MAIZ		6	0.1%
TOSTADAS DE MAZ		6	0.1%
TOSTADITAS DE MAIZ SABOR QUESO (SNACK)		27	0.2%
TOSTADITAS MAIZ (SNACK)		19	0.2%
TOSTADITAS MAIZ SABOR BARBACOA (SNACK)		45	0.4%
UVA, FRUTA SECA O PASA		1	0%
UVAS		1	0%
VEGETALES, JUGO ENLATADO		1	0%
VERDURA PICADA PARA CHOWMEIN		1	0%
VINAGRE		6	0.1%
WANTAN		1	0%
YOGURT DE FRESA		3	0%
YOGURT LIQUIDO SABORIZADO DE COCO		1	0%
YOGURT SABORIZADO DE CHOCOLATE		1	0%
YOGURT SABORIZADO DE FRUTAS		11	0.1%

YOGURT, LECHE ENTERA, SABOR FRUTAS	1	0%
YUCA O MANDIOCA, RAIZ	7	0.1%
YUQUITAS (SNACK)	1	0%
ZANAHORIA C/CASCARA, CRUDA	6	0.1%
ZANAHORIA S/CASCARA, COCIDA S/SAL, ESCURRIDA	1	0%
ZANAHORIA S/CASCARA, CRUDA	86	0.8%

INGREDIENT_ENG: Food item or Ingredient description in English

Data file: data_anon_consumption

Overview

Valid: 11186   Invalid: 0
Type: Discrete   Width: 78   Range: -   Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
ALLSPICE, GROUND		15	0.1%
AMARANTH, LEAVES RAW		1	0%
APPLE, COMMON, WO/SKIN, RAW		1	0%
APPLE, GREEN, RAW		3	0%
APPLE, IMPORTED, W/SKIN, RAW		1	0%
APPLE, IMPORTED, WO/SKIN, RAW		1	0%
APPLE, RAW		49	0.4%
APPLE, RED, RAW		4	0%
ARTESANAL TYPICAL CANDY, PEPITORIA		1	0%
ARTIFICIAL BEVERAGE, POWDER, FRUIT FLAVOR WO/VIT C		11	0.1%
ARTIFICIAL BEVERAGE, COMMERCIAL, ALOE VERA FLAVOUR		1	0%
ARTIFICIAL BEVERAGE, ESSENCE W/WATER, STRAWBERRY FLAVOUR		1	0%
ARTIFICIAL BEVERAGE, FRUIT NECTAR, APPLE		28	0.3%
ARTIFICIAL BEVERAGE, FRUIT NECTAR, PEACH		12	0.1%
ARTIFICIAL BEVERAGE, FRUIT NECTAR, PEAR		4	0%
ARTIFICIAL BEVERAGE, FRUIT NECTAR, PINEAPPLE		1	0%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, APPLE		4	0%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, FRUITS		10	0.1%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, GRAPE		3	0%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, LEMON		6	0.1%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, MANGO		1	0%

ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, ORANGE		85	0.8%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, PINEAPPLE		1	0%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, STRAWBERRY		1	0%
ARTIFICIAL BEVERAGE, POWDER W/WATER, APPLE FLAVOUR		4	0%
ARTIFICIAL BEVERAGE, POWDER W/WATER, FRUIT FLAVOUR		54	0.5%
ARTIFICIAL BEVERAGE, POWDER W/WATER, ICED TEA FLAVOUR		1	0%
ARTIFICIAL BEVERAGE, POWDER W/WATER, LEMON FLAVOUR		11	0.1%
ARTIFICIAL BEVERAGE, POWDER W/WATER, MELON FLAVOUR		1	0%
ASIAN CHOW MEIN, CHICKEN		3	0%
ASIAN FOOD, CHOP SUEY, BEEF AND PORK		3	0%
ASIAN FOOD, CHOW MEIN		8	0.1%
ATOLE, 13 CEREALS		2	0%
ATOLE, INCAPARINA W/WATER		10	0.1%
ATOLE, MAIZE BASED		2	0%
AVOCADO		33	0.3%
BAKING POWDER		1	0%
BANANA		121	1.1%
BANANA COMMON, SHORT&THICK RAW		2	0%
BARLEY, WHOLE GRAIN RAW		2	0%
BEANS SNAPS, GREEN, COOKED, DRAINED		1	0%
BEANS SNAPS, GREEN, RAW		20	0.2%
BEANS, ALL VARIETY, REFRIED, CANNED		17	0.2%
BEANS, COOKED, LIQUIFIED		92	0.8%
BEANS, COOKED, LIQUIFIED, FRIED		2	0%
BEANS, KIDNEY, RED, MATURE SEEDS, COOKED, WO SALT		5	0%
BEANS, PILIGUE, MATURE SEEDS, RAW		1	0%
BEANS, PUREE CONSISTENCY		6	0.1%
BEANS, RED, MATURE SEEDS, RAW		4	0%
BEANS, WHITE, MATURE SEEDS, RAW		1	0%
BEEF BONE		3	0%
BEEF MEAT, GRILLED		2	0%
BEEF MEAT, LOWFAT, W/BONE, RAW		4	0%
BEEF MEAT, MARINATED, COOKED		1	0%
BEEF, LEAN&FAT, BROILED		3	0%
BEEF, LEAN&FAT, GRILLED		2	0%
BEEF, LEAN&FAT, RAW		17	0.2%
BEEF, LEAN, RAW		39	0.3%
BEEF, LIVER, RAW		3	0%
BEEF, MEAT, DRIED & SALTED		2	0%

BEEF, RIBS		7	0.1%
BEEF, TRIPE, RAW		1	0%
BEETS, ROOT, RAW		8	0.1%
BEVERAGE, CHOCOLATE POWDER		7	0.1%
BEVERAGE, CHOCOLATE&MILK, POWDER (MILO)		2	0%
BEVERAGE, DILUTED ORANGE JUICE W/WATER		1	0%
BEVERAGE, HORCHATA (RICE BASED) W/ CALABASH TREE FRUIT		1	0%
BEVERAGE, NUTRITIONAL, CRECIMAX (SOYBEAN-MAIZE), POWDER		3	0%
BEVERAGE, NUTRITIONAL, INCAPARINA (SOYBEAN-MAIZE)		16	0.1%
BEVERAGE, NUTRITIONAL, INCAPARINA (SOYBEAN-MAIZE), POWDER		41	0.4%
BEVERAGE, NUTRITIONAL, INCAPARINA (SOYBEAN-MAIZE), READY-TO-EAT, W MILK		5	0%
BEVERAGE, PINEAPPLE SHELL INFUSION W/WATER		3	0%
BEVERAGE, PINEAPPLE W/WATER WO SUGAR		1	0%
BEVERAGE, STRAWBERRY ESSENCE W/WATER		2	0%
BLACK BEANS, COOKED		141	1.3%
BLACK BEANS, COOKED, LIQUIFIED, FRIED		34	0.3%
BLACK BEANS, FRIED		12	0.1%
BLACK BEANS, LIQUIFIED		58	0.5%
BLACK BEANS, PUREE CONSISTENCY		30	0.3%
BLACK BEANS, PUREE CONSISTENCY, FRIED		24	0.2%
BLACK TEA INFUSION (CHIRREPECO)		3	0%
BLACKBERRIES, RAW		8	0.1%
BREAD CRUMBS, DRY GRATED, PLAIN		14	0.1%
BREAD W/BEANS		6	0.1%
BREAD W/HAM		1	0%
BREAD WHEAT, FLAT-BUN		5	0%
BREAD WHEAT, FRENCH-TYPE		238	2.1%
BREAD WHEAT, FRENCH-TYPE (COSTA RICA)		1	0%
BREAD WHEAT, FRENCH-TYPE (GUATEMALA)		230	2.1%
BREAD WHEAT, FRENCH-TYPE, SIMPLE		54	0.5%
BREAD WHEAT, PIRUJO		21	0.2%
BREAD WHEAT, PIRUJO W/BEANS		3	0%
BREAD WHEAT, SWEET		116	1%
BREAD WHEAT, SWEET (GUATEMALA)		3	0%
BREAD WHEAT, SWEET, TOASTED		36	0.3%
BREAD WHEAT, SWEET, TOASTED (CHAMPURRADA)		7	0.1%
BREAD WHITE, COMMERC, SOFT-TYPE		12	0.1%
BREAD WHITE, COMMERC, TOASTED		1	0%
BREAD WHOLE WHEAT		1	0%

BREAD WHOLE WHEAT, TOASTED	1	0%
BREAD, CAMPECHANA	4	0%
BREAD, WATER-BASED	6	0.1%
BREAD, WHITE, COMMERCIAL	9	0.1%
BREAD, WHITE, TOASTED, COMMERCIAL	1	0%
BROAD BEANS ATOLE	17	0.2%
BROADBEANS, FLOUR	11	0.1%
BROADBEANS, INMATURE SEEDS, RAW	2	0%
BROCCOLI, RAW	5	0%
BROTH, BEEF POWDER, DRY	17	0.2%
BROTH, CHICKEN, POWDER, DRY	211	1.9%
BROWN OR BLACK SUGAR	2	0%
BUN W/ HAM	1	0%
BUTTER W/SALT	3	0%
BYRSONIMA (NANCHE), RAW	1	0%
CABBAGE SALAD, RESTAURANT PREPARED	2	0%
CABBAGE, COOKED, BOILED	1	0%
CABBAGE, COOKED, WO/SALT	4	0%
CABBAGE, RAW	15	0.1%
CAKE, CHOCOLATE FLAVOUR	6	0.1%
CAKE, CHOCOLATE, SMALL PROCESSED	2	0%
CAKE, FRUIT FLAVOUR	2	0%
CAKE, STRAWBERRY WITH CREAM	2	0%
CAKE, VANILLA, SMALL PROCESSED	5	0%
CAKE, WITH FILLING OF CARAMEL SAUCE	2	0%
CAKE, WITH MERENGUE, SMALL	1	0%
CANDIES, GUMDROPS, STARCH JELLY PIECES	14	0.1%
CANDIES, HARD	19	0.2%
CARBONATED BEVERAGE, SODA TYPE	1	0%
CARROTS, W/SKIN, RAW	6	0.1%
CARROTS, WO/SKIN, BOILED, W/O SALT, DRAINED	1	0%
CARROTS, WO/SKIN, RAW	86	0.8%
CASSAVA, ROOTS, RAW	7	0.1%
CAULIFLOWER, RAW	4	0%
CELERY STALKS, RAW	26	0.2%
CEREAL "CORAZON DE TRIGO"	1	0%
CEREAL "CORAZON DE TRIGO" ATOLE	14	0.1%
CEREALS RTE (Ready-to-eat), CHOCOLATE NESQUICK	7	0.1%
CEREALS RTE (Ready-to-eat), COCOA FLAKES	20	0.2%

CEREALS RTE- GRANOLA (OATS-WHEAT)		3	0%
CEREALS RTE- SUGAR CORN FLAKES		11	0.1%
CEREALS RTE. COCOA KRISPIES		45	0.4%
CEREALS RTE. COMPLETE WHEAT BRAN FLAKES		1	0%
CEREALS RTE. CORN FLAKES		29	0.3%
CEREALS RTE. CORN FLAKES WITH HONEY		3	0%
CEREALS RTE. FROOT LOOPS		35	0.3%
CEREALS, GRANOLA W/RAISINS		1	0%
CHAMOMILE		2	0%
CHAMOMILE TEA INFUSION		2	0%
CHARD SWISS, RAW		4	0%
CHAYOTE FRUIT (GUISQUIL), COOKED, BOILED		1	0%
CHAYOTE FRUIT (GUISQUIL), LEAVES&SHOOTS, RAW		2	0%
CHAYOTE FRUIT (GUISQUIL), RAW		75	0.7%
CHAYOTE FRUIT, COOKED BOILED WO/SALT, DRAINED		4	0%
CHAYOTE FRUIT, COOKED, BOILED		2	0%
CHEESE CREAM		4	0%
CHEESE CREAM OR NATURAL SEMISOFT		39	0.3%
CHEESE MOZARELLA, WHOLE MILK		3	0%
CHEESE MOZZARELLA, SKIMMED MILK		2	0%
CHEESE NATURAL, HARD TYPE, WHOLE MILK		22	0.2%
CHEESE NATURAL, QUESILLO TYPE		7	0.1%
CHEESE NATURAL, SEMISOFT		2	0%
CHEESE NATURAL, SEMISOFT, WHOLE MILK		1	0%
CHEESE NATURAL, SOFT TYPE, LOW FAT		28	0.3%
CHEESE NATURAL, SOFT TYPE, WHOLE MILK		24	0.2%
CHEESE PARMESAN, HARD		1	0%
CHEESE PASTEURIZED PROCESS, AMERICAN TYPE		21	0.2%
CHEESE PASTEURIZED PROCESS, AMERICAN, SPREAD		1	0%
CHERRY SOUR, RAW		2	0%
CHEWING GUM		3	0%
CHICKEN BREAST, BREADED, FRIED		1	0%
CHICKEN BREAST, COOKED, FRIED		3	0%
CHICKEN BREAST, COOKED, GRILLED		1	0%
CHICKEN HAM		1	0%
CHICKEN LEGS, BREADED, FRIED		6	0.1%
CHICKEN NUGGETS, UNCOOKED		6	0.1%
CHICKEN PASTE		6	0.1%
CHICKEN SOUP		3	0%

CHICKEN WINGS, ROASTED	2	0%
CHICKEN WINGS, W/SKIN, RAW	1	0%
CHICKEN, BREAST MEAT WO/SKIN, COOKED, FRIED	1	0%
CHICKEN, BREAST MEAT WO/SKIN, COOKED, STEWED	5	0%
CHICKEN, BREAST, MEAT&SKIN, RAW	10	0.1%
CHICKEN, COOKED, FRIED, FROM RESTAURANT	7	0.1%
CHICKEN, COOKED, ROASTED, TEJANO-STYLE	1	0%
CHICKEN, COOKED, W/LEMON	1	0%
CHICKEN, GIBLETS, COOKED, BOILED	2	0%
CHICKEN, GIBLETS, RAW	7	0.1%
CHICKEN, GIZZARD, COOKED, BOILED	2	0%
CHICKEN, GIZZARDS (GIBLETS), STEWED	1	0%
CHICKEN, LEG WO/SKIN, COOKED	1	0%
CHICKEN, LEG&SKIN, COOKED	1	0%
CHICKEN, LEG&SKIN, FRIED	4	0%
CHICKEN, LEG, MEAT&SKIN, RAW	15	0.1%
CHICKEN, LEGS, COOKED, FRIED	2	0%
CHICKEN, MARINATED	1	0%
CHICKEN, MEAT ONLY, W/O SKIN, RAW	34	0.3%
CHICKEN, MEAT&SKIN, BAKED	2	0%
CHICKEN, MEAT&SKIN, COOKED, STEWED	4	0%
CHICKEN, MEAT&SKIN, FRIED	1	0%
CHICKEN, MEAT&SKIN, RAW	79	0.7%
CHICKEN, THIGH, MEAT&SKIN, COOKED, FRIED	2	0%
CHICKEN, THIGH, MEAT&SKIN, RAW	4	0%
CHIVES, RAW	4	0%
CHOCOLATE BEVERAGE W/WATER	1	0%
CHOCOLATE CEREAL, PUFFED RICE	1	0%
CHOCOLATE, TABLETS FOR DRINK	9	0.1%
CHOPPED VEGETABLES	1	0%
CHOPPED VEGETABLES, FOR CHOW MEIN USE	1	0%
CHUCHITO, TRADITIONAL DISH, MAIZE-BASED W/MEAT OR POULTRY FILLING	19	0.2%
CHURROS, CHOCOLATE FILLING	1	0%
CINNAMON BREAD ROLLS, STICKS	2	0%
CINNAMON, BARK	1	0%
CINNAMON, GROUND	1	0%
COCOA POWDER	1	0%
COCOA&HAZELNUT SPREAD, COMMERCIAL (NUTELLA)	1	0%
COCOA, POWDER, COMMERCIAL	1	0%

COCONUT MEAT, RAW		2	0%
COD, FRESH RAW		1	0%
COFFEE GRAIN, TOASTED POWDER		91	0.8%
COFFEE SUBSTITUTE, CEREAL GRAIN, POWDER		3	0%
COFFEE, GROUNDED BASED WO/SUGAR		1	0%
COFFEE, INSTANT, REGULAR, POWDER		250	2.2%
COFFEE, INSTANT, W/MILK & SUGAR		1	0%
COFFEE, INSTANT, WO/SUGAR		2	0%
COMMON APPLE, W/PEEL		6	0.1%
COOKED PASTA, SPAGUETTI W/MEAT		18	0.2%
COOKIE, BUTTER BASED, SIMPLE		5	0%
COOKIE, CHOCOLATE FLAVOUR		1	0%
COOKIE, CHOCOLATE FLAVOUR, W/FILLING		23	0.2%
COOKIE, CHOCOLATE-CHIP		2	0%
COOKIE, W/FILLING		8	0.1%
COOKIE, W/MARSHMALLOWS		4	0%
COOKIE, WAFER		4	0%
COOKIE, WAFER, W/FILLING		30	0.3%
COOKIES, CHOCOLATE WAFERS		1	0%
CORIANDER, RAW		105	0.9%
CORN DOUGH, WHITE, LIME-TREATED		7	0.1%
CORN FLOUR, MASA NIXTAMALIZADA		5	0%
CORN GRAIN		1	0%
CORN WHITE, GRAIN		2	0%
COTRALARIA, LEAVES AND SHOOTS		3	0%
COTTAGE CHEESE WO/FAT		1	0%
CRACKERS, SALTINES ADDED SALT		1	0%
CRACKERS, SIMPLE		11	0.1%
CRACKERS, SIMPLE, COCKTAIL FORM W/SALT		2	0%
CREAM SOUP, BLACK PEPPERS BASED (PEPIAN)		7	0.1%
CREAM, FLUID, LIGHT CONSISTENSY (TABLE CREAM)		8	0.1%
CREAM, HEAVY WHIPPING, DENSE CONSISTENSY		87	0.8%
CREAM, SUBSTITUTE, POWDER		5	0%
CREPES, CHICKEN		1	0%
CREPES, W/CHICKEN FILLING		1	0%
CUCUMBER, RAW		36	0.3%
CURRY POWDER		1	0%
DOUGHNUTS, CHOCOLATE GLAZED		1	0%
DOUGHNUTS, PLAIN, SUGARED OR GLAZED		1	0%

DOUGHNUTS-BERLINER, W/FILLING		3	0%
DRINK FRUIT PUNCH-FLAVOR W/VIT C, POWDER PREP W/WATER		1	0%
DRINK FRUIT-PUNCH FLAVOR, POWDER W/VIT C		49	0.4%
DRINK ORANGE FLAVOUR, POWDER W/VIT C		33	0.3%
EGG, WHITE, BOILED		2	0%
EGG, WHOLE, BOILED		18	0.2%
EGGS, SCRAMBLED		10	0.1%
ESSENCE, ANY FLAVOUR		6	0.1%
FAST FOODS, CHICKEN NUGGETS		1	0%
FAST FOODS, PANCAKES, PLAIN		13	0.1%
FAST FOODS, POTATO, FRENCH FRIED IN VEGETABLE OIL		3	0%
FAST FOODS/RESTAURANT, POTATOES, FRENCH FRIED IN OIL		14	0.1%
FERNALDIA FIDDLE SHAPE, RAW		7	0.1%
FIG LEAF SQUASH, MATURE, RAW		1	0%
FIGS, HEAVY SYRUP, CANNED		3	0%
FISH, DRIED		1	0%
FLOUR, BREADING/ROASTING PURPOSE		16	0.1%
FRANKFURT, BEEF&PORK		73	0.7%
FRANKFURTER, TURKEY		8	0.1%
FRIED RICE		131	1.2%
FROZEN BANANA W/CHOCOLATE COATING		13	0.1%
FROZEN BANANA W/CHOCOLATE COATING AND PEANUTS		1	0%
FROZEN PINEAPPLE W/CHOCOLATE COATING		1	0%
FROZEN WATER, ARTIFICIAL, BUBBLEGUM FLAVOUR		1	0%
GARLIC BULB, RAW		7	0.1%
GARLIC POWDER		3	0%
GELATINE		25	0.2%
GINGER, COMMON, RAW		1	0%
GRANITA		1	0%
GRAPE, RAW		1	0%
GREEN CORN ON COB, WHITE RAW		10	0.1%
GREEN CORN ON COB, WHITE, COOKED, BOILED		1	0%
GREEN CORN ON COB, YELLOW		3	0%
GREEN CORN ON COB, YELLOW, COOKED, BOILED		4	0%
GREEN CORN ON COB, YELLOW, SWEET, COOKED, W/O SALT		1	0%
GREEN CORN ON COB, YELLOW, SWEET, RAW		21	0.2%
GUAVA		1	0%
GUMMIES		2	0%
HAM, PICNIC TYPE		48	0.4%

HAM, PORK, CURED, LEAN&FAT (FAT APROX 13%)		9	0.1%
HAMBURGUER		2	0%
HEN EGG, WHOLE, RAW, FRESH		337	3%
HONEY		12	0.1%
HONEY, BEE		8	0.1%
HOT CHOCOLATE BEVERAGE W/WATER		3	0%
HOT WATER, W/SUGAR		1	0%
HUSK TOMATO, RAW		23	0.2%
ICE CREAM CONE, WAFER TYPE		9	0.1%
ICE CREAM, BLACKBERRY		1	0%
ICE CREAM, MILK-BASED, CHOCOLATE FLAVOUR		2	0%
ICE CREAM, MILK-BASED, CHOCOLATE FLAVOUR W/SOFT CANDIES		1	0%
ICE CREAM, MILK-BASED, STRAWBERRY FLAVOUR		4	0%
ICE CREAM, MILK-BASED, VANILLA FLAVOUR		2	0%
ICE CREAM, STRAWBERRY, COMMERCIAL		3	0%
ICE CREAM, VANILLA COMMERCIAL		2	0%
ICE CREAM, WATER-BASED, NON COMMERCIAL		1	0%
ICE CREAM-WATER BASED, ARTIFICIAL FLAVOUR		8	0.1%
ICE WATER SORBET, MANDARIN FLAVOUR		1	0%
ICE WATER SORBET, MIXED FRUITS FLAVOUR		9	0.1%
ICE WATER SORBET, PEANUT FLAVOUR		4	0%
ICE WATER SORBET, PINEAPPLE FLAVOUR		1	0%
ICE WATER SORBET, STRAWBERRY FLAVOUR		1	0%
ICE WATER, ARTIFICIAL FLAVOR		1	0%
ICE WATER, CHOCOLATE FLAVOUR		1	0%
ICE WATER, CREAM FLAVOUR		1	0%
ICE WATER, FRUITS, COMMERCIAL		2	0%
ICE WATER, LEMON FLAVOUR		1	0%
ICE WATER, MANDARIN FLAVOUR		1	0%
ICE WATER, MANGO FLAVOUR W/PUMPKING GRANULATED SEEDS		1	0%
ICE WATER, VANILLA FLAVOUR		1	0%
INFANT NUTRITIONAL SUPPLEMENT, PEDIASURE		3	0%
INSTANT SOUP, BEEF		2	0%
INSTANT SOUP, CHICKEN		5	0%
JELLIES, ALL VAR.		8	0.1%
JUICE, MIX FRUIT, W/WATER		5	0%
KIWIFRUIT, FRESH, RAW		1	0%
LASAGNA, W/MEAT FILLING AND SAUCE		1	0%
LEAVES, SPEARMINT, RAW		38	0.3%

LEEKS BULB&TOPS, RAW	5	0%
LEMON JUICE, RAW	1	0%
LEMON TANGERINE VAR.	8	0.1%
LEMON, PERSIAN VAR.	46	0.4%
LEMONADE BEVERAGE	5	0%
LEMONS, RAW	1	0%
LEMONS, RAW, WITHOUT PEEL	156	1.4%
LETTUCE, BUTTERHEAD, RAW	3	0%
LETTUCE, ICEBERG, RAW	37	0.3%
LITCHIS, RAW	3	0%
LOQUATS, RAW, W/O PEEL	1	0%
MADRECACAO, FLOWERS RAW	1	0%
MAIZE THICK TORTILLA FILLED W/CHEESE (SALVADORIAN PUPUSAS)	9	0.1%
MANGO COMMON, GREEN, RAW	11	0.1%
MANGO COMMON, MATURE RAW	10	0.1%
MAPLE SYRUP	1	0%
MARGARINE, REG. W/SALT	182	1.6%
MARGARINE, VEG OIL SPRD, 20% FAT	43	0.4%
MARMALADES, ALL VAR.	1	0%
MARSHMALLOW	3	0%
MARSHMALLOW, CHOCOLATE COATING	1	0%
MASHED POTATO, POWDER	2	0%
MAYONNAISE	1	0%
MAYONNAISE COMMERCIAL W/SALT	125	1.1%
MEAT BURGER, HOME MADE	5	0%
MELON, RAW	19	0.2%
MILK CHOCOLATE	7	0.1%
MILK CHOCOLATE, W/NUTS	2	0%
MILK IMITATE, W/ADDED VEGETABLE FAT/SHORTENING	68	0.6%
MILK, DRY, LACTOSE FREE	6	0.1%
MILK, DRY, NONFAT, REGULAR, W/VITAMIN A	4	0%
MILK, DRY, NONFAT, REGULAR, WO/VITAMIN A	2	0%
MILK, DRY, WHOLE	126	1.1%
MILK, DRY, WHOLE W/WATER	12	0.1%
MILK, DRY, WHOLE, FORTIFIED	9	0.1%
MILK, FLUID, CHOCOLATE, COMMERCIAL	8	0.1%
MILK, FLUID, SEMI-SKIMMED (2% MILKFAT)	1	0%
MILK, FLUID, SEMI-SKIMMED, LACTOSE FREE (2% MILKFAT)	5	0%
MILK, FLUID, SKIMMED	1	0%

MILK, FLUID, WHOLE (3.25% MILKFAT)		115	1%
MOJARRA, FRESH, RAW		1	0%
MOMBIN, RAW		2	0%
MORTADELLA, BEEF&PORK		2	0%
MUFFIN, VANILLA		3	0%
MUSHROOMS, CANNED, DRAINED SOLIDS		1	0%
MUSTARD, YELLOW, PREPARED		6	0.1%
NIGHTSHADE BLACK LEAVES, RAW		21	0.2%
NOODLES, CHINESE, CHOW MEIN		6	0.1%
OAT FLOUR, FORTIFIED		4	0%
OATS & MILK ATOLE		3	0%
OATS CEREAL W/MARSHMALLOWS		2	0%
OATS FORTIFIED, RAW		33	0.3%
OATS INSTANT, FORTIFIED, RAW		1	0%
OATS NON FORTIFIED, RAW		5	0%
OATS W/ MILK		18	0.2%
OIL VEGETABLE, ALL TYPES		338	3%
OIL VEGETABLE, CORN		25	0.2%
OIL VEGETABLE, OLIVE		4	0%
ONION POWDER		8	0.1%
ONION, TOPS, RAW		5	0%
ONIONS, BULB RAW		372	3.3%
ONIONS, BULB&TOPS RAW		13	0.1%
ORANGE JUICE, NATURAL SQUEEZED		2	0%
ORANGE, RAW		6	0.1%
PANCAKES, PLAIN DRY MIX, BUTTERMILK		23	0.2%
PAPAYA MATURE, RAW		11	0.1%
PAPAYA, RAW		10	0.1%
PARSLEY&HERBS W/OIL SAUCE (CHIMICHURRI)		3	0%
PARSLEY, RAW		10	0.1%
PASSION-FRUIT, RAW		2	0%
PASTA COMMERCIAL, ENRICHED DRY		91	0.8%
PASTA COMMERCIAL, UNENRICHED, DRY		2	0%
PASTA, COOKED, BAKED W/TOMATO SAUCE		1	0%
PASTA, COOKED, W/MEATBALLS		1	0%
PATE, CHICKEN LIVER, CANNED		4	0%
PATTIES, BEEF&PORK&SOYBEAN, COMMERCIAL		6	0.1%
PEACHES, COMMON, RAW		41	0.4%
PEACHES, IMPORTED, RAW		2	0%

PEANUTS, ALL TYPES, OIL-ROASTED, W/SALT		1	0%
PEANUTS, DRY-TOASTED		1	0%
PEARS, RAW		2	0%
PEAS GREEN, EDIBLE PODDED RAW		2	0%
PEAS GREEN, RAW		3	0%
PEPPER, BLACK		12	0.1%
PEPPERS, CHILI POWDER		2	0%
PEPPERS, FILLED W/MEAT&ONIONS, BREADED, FRIED (CHILE RELLENO)		11	0.1%
PEPPERS, HOT CHILI, ALL VAR., DRIED		1	0%
PEPPERS, HOT CHILI, CHILTEPE FRESH RAW		4	0%
PEPPERS, RAISIN		11	0.1%
PEPPERS, RED, DRIED		17	0.2%
PEPPERS, SWEET, GREEN, FRESH RAW		11	0.1%
PEPPERS, SWEET, RED, FRESH RAW		77	0.7%
PIE, APPLE		1	0%
PIE, CHEESESCAKE		1	0%
PIE/PATTY POTATO BASED		3	0%
PIE/PATTY, FILLING OF CARAMEL SAUCE		3	0%
PINEAPPLE BEVERAGE		1	0%
PINEAPPLE, RAW		36	0.3%
PINOL PLAIN		11	0.1%
PINOL W/CACAO		1	0%
PIZZA, CHEESE ONLY		4	0%
PIZZA, MEAT AND VEGETABLES TOPPING		4	0%
PIZZA, PEPPERONI TOPPINH		19	0.2%
PLANTAIN ATOLE		5	0%
PLANTAIN MATURE, COOKED IN WATER		11	0.1%
PLANTAIN MATURE, RAW		40	0.4%
PLANTAINS, FRIED		6	0.1%
PLUMS, PURPLE, RAW		2	0%
POPCORN		4	0%
POPCORN, CHEESE FLAVOUR		3	0%
PORK CHOP, FRIED		2	0%
PORK MEAT, LOWFAT, W/BONE, RAW		3	0%
PORK MEAT, MARINATED, COOKED		1	0%
PORK MEAT, SLICED, COOKED		3	0%
PORK, FRESH, BACKRIBS, GRILLED		2	0%
PORK, FRESH, BACKRIBS, RAW		6	0.1%
PORK, FRESH, HIGH FAT, RAW		2	0%

PORK, FRESH, LEAN&FAT, RAW	7	0.1%
PORK, FRESH, LEAN, COOKED	1	0%
PORK, FRESH, LEAN, RAW	13	0.1%
PORK, SKIN, FRIED	6	0.1%
POTATOES, W/SKIN, COOKED, BOILED	1	0%
POTATOES, W/SKIN, RAW	19	0.2%
POTATOES, WO/SKIN, COOKED WO/SALT	1	0%
POTATOES, WO/SKIN, COOKED, BOILED	2	0%
POTATOES, WO/SKIN, RAW	128	1.1%
POULTRY, FROM MATURE HENS, RAW	5	0%
PROTEMAS, MEAT EXTENDER, SOY PROTEIN	1	0%
PUDDING, VANILLA, DRY MIX, POWDER	4	0%
PUMPKIN, MATURE AND YELLOW, RAW	7	0.1%
PUMPKIN, SMALL RAW	9	0.1%
RADISH SMALL, ROOT	21	0.2%
RAISINS SEEDLESS	1	0%
RED BEANS, COOKED	5	0%
RED BEANS, COOKED, W/PIECES	2	0%
RELLENITOS, TRADITIONAL DISH, PLANTAIN BASED DOUGH FILLED WITH LIQUIFIED BEANS	8	0.1%
REVOLCADO, TRADITIONAL DISH, CHOPPED PIG HEAD W/TOMATO AND PEPPER SAUCE	1	0%
RICE & CHOCOLATE ATOLE	7	0.1%
RICE & MILK ATOLE	3	0%
RICE COOKED FRIED	11	0.1%
RICE FLOUR, WHITE	3	0%
RICE W/TEXTURED SOY PROTEIN	1	0%
RICE WHITE, MED. GRAIN, POLISHED, ENRICH, PRECOOKED, RAW	14	0.1%
RICE WHITE, MED. GRAIN, POLISHED, UNENRICHED, RAW	32	0.3%
RICE WHITE, UNDERMILL	5	0%
RICE&PUMPKIN SEEDS BASED BEVERAGE, PREPARED	13	0.1%
ROLLS, HAMBURGER OR HOT DOG, PLAIN	1	0%
ROSELLE FLOWERS INFUSION BEVERAGE	37	0.3%
ROSELLE, FLOWERS DRIED	26	0.2%
SALAD DRESSING, FRENCH DRESSING, COMM. REG	3	0%
SALAD DRESSING, ITALIAN	1	0%
SALAD, RESTAURANT PREPARED	1	0%
SALT W/GARLIC POWDER	8	0.1%
SALT, TABLE	556	5%
SANDWICH OR BURGUER, CHICKEN	2	0%
SARDINE, CANNED W/TOMATO	1	0%

SAUCE, BARBECUE FLAVOR		1	0%
SAUCE, CATSUP		111	1%
SAUCE, COMMERCIAL, KETCHUP		1	0%
SAUCE, COMMERCIAL, SWEET FLAVOUR		4	0%
SAUCE, COMMERCIAL, TOMATO-BASED		1	0%
SAUCE, SOFRITO, PREPARED FROM RECIPE		7	0.1%
SAUCE, SOYBEAN		14	0.1%
SAUCE, SPAGHETTI, PREGO NATURAL TRADITIONAL, COMMERCIAL		10	0.1%
SAUCE, SPICY		1	0%
SAUCE, TOMATO W/CHEESE, CANNED, COMMERCIAL		13	0.1%
SAUCE, TOMATO W/MUSHROOMS, CANNED, COMMERCIAL		1	0%
SAUCE, TOMATO W/ONIONS, COMMERCIAL		1	0%
SAUCE, TOMATO W/ONIONS, PEPPERS&CELERY, COMMERCIAL		30	0.3%
SAUCE, WORCESTERSHIRE		3	0%
SAUSAGE CHORIZO		5	0%
SAUSAGE CHORIZO, PORK, GRILLED		1	0%
SAUSAGE LONGANIZA, BEEF		2	0%
SAUSAGE LONGANIZA, COW/BOVINE		4	0%
SAUSAGE LONGANIZA, COW/BOVINE, FRIED		5	0%
SAUSAGE LONGANIZA, COW/BOVINE, GRILLED		1	0%
SAUSAGE LONGANIZA, PORK, BOILED		2	0%
SAUSAGE LONGANIZA, PORK, GRILLED		4	0%
SAUSAGE, BREADED		1	0%
SAUSAGE, CHICKEN		3	0%
SAUSAGE, CHORIZO, PORK		10	0.1%
SAUSAGE, CHORIZO, PORK&BEEF		3	0%
SAUSAGE, LONGANIZA, CHICKEN		1	0%
SAUSAGE, LONGANIZA, PORK		9	0.1%
SAUSAGE, PORK&BEEF, GRILLED		1	0%
SAUSAGE, PORK, COOKED, BOILED		3	0%
SAVORY, GROUND		34	0.3%
SEEDS, CHIA		4	0%
SEEDS, PEPITORIA GROUNDED		41	0.4%
SEEDS, PEPITORIA, GROUNDED		14	0.1%
SEEDS, PUMPKIN, RAW		1	0%
SEEDS, SESAME DRIED		14	0.1%
SHECA, TRADITIONAL DISH, SOFT BREAD W/FILLING		1	0%
SHRIMP, COOKED, MOIST HEAT		1	0%
SHRIMP, FRESH RAW		2	0%

SHRIMP, GRILLED		1	0%
SNACKS, CASSAVA ROOTS CHIPS, COMMERCIAL		1	0%
SNACKS, CORN BASED EXTRUDED, CHIPS, BARBECUE-FLAVOR		3	0%
SNACKS, CORN BASED EXTRUDED, CHIPS, NACHO-FLAVOR		2	0%
SNACKS, CORN BASED EXTRUDED, CHIPS, PLAIN		9	0.1%
SNACKS, CORN BASED EXTRUDED, TWISTS, CHEESE FLAVOR		1	0%
SNACKS, CORN-BASE EXTR, CHIPS, PLAIN		9	0.1%
SNACKS, NACHOS (TORTILLA CHIPS)		27	0.2%
SNACKS, NACHOS (TORTILLA CHIPS), W/BEANS AND GROUND BEEF		1	0%
SNACKS, PEANUTS, W/LEMON		1	0%
SNACKS, PEANUTS, W/WHEAT-FLOUR LAYER (JAPANESE-TYPE)		3	0%
SNACKS, PIG FAT TISSUE, FRIED		3	0%
SNACKS, POTATO CHIPS		9	0.1%
SNACKS, POTATO CHIPS, BARBACUE-FLAVOR		1	0%
SNACKS, TORTILLA CHIPS (NACHOS), BARBACUE FLAVOUR, COMMERCIAL		45	0.4%
SNACKS, TORTILLA CHIPS (NACHOS), CHEESE FLAVOUR, COMMERCIAL		27	0.2%
SNACKS, TORTILLA CHIPS (NACHOS), COMMERCIAL		19	0.2%
SNACKS, WHEAT BASED, CHIPS		6	0.1%
SODA DRINK, CARBONATED, ORANGE FLAVOUR		2	0%
SOFT DRINK, COLA CARBONATED		111	1%
SOFT DRINK, COLA CARBONATED, DIET		1	0%
SOFT DRINK, NOT COLA CARBONATED, APPLE FLAVOUR		1	0%
SOFT DRINK, NOT COLA CARBONATED, FRUIT FLAVOUR		1	0%
SOFT DRINK, NOT COLA CARBONATED, GRAPE FLAVOUR		11	0.1%
SOFT DRINK, NOT COLA CARBONATED, LEMON FLAVOUR		15	0.1%
SOFT DRINK, NOT COLA CARBONATED, ORANGE FLAVOUR		14	0.1%
SOFT DRINK, NOT COLA CARBONATED, PINEAPPLE FLAVOUR		4	0%
SOFT DRINK, NOT COLA CARBONATED, STRAWBERRY FLAVOUR		3	0%
SOFT DRINK, RECONSTITUTED FROM FRUIT CONCENTRATE, W/SUGAR		15	0.1%
SOUP CREAM DEHYDRATED, DRY FORM, SEAFOOD		1	0%
SOUP DEHYDRATED, DRY FORM, BEEF&NOODLES		3	0%
SOUP DEHYDRATED, DRY FORM, CHICKEN&NOODLES		64	0.6%
SOUP DEHYDRATED, DRY FORM, CHICKEN&RICE		1	0%
SOUP, BEEF FLAVOUR, POWDER		1	0%
SOUP, DEHYDRATED, DRY FORM, RAMEN NOODLE BEEF FLAVOR		1	0%
SOUP, DEHYDRATED, DRY FORM, RAMEN NOODLE CHICKEN FLAVOR		7	0.1%
SOUP, RICE AND CROTALARIA LEAVES AND SHOOTS		1	0%
SOUP, RICE AND VEGETABLES		2	0%
SOY SPROUTS		1	0%

SOYA-MAIZE DRINK, FORTIFIED, READY-TO-DRINK, VANILLA FLAVOUR		1	0%
SOYBEAN, OIL		6	0.1%
SOYBEAN-MAIZE (BIENESTARINA) ATOLE W/SUGAR		1	0%
SPINACH, RAW		1	0%
STRAWBERRIES, RAW		43	0.4%
STRAWBERRY WATER-BASED SMOOTHIE		1	0%
SUGAR BROWN, GRANULATED FORTIFIED W/VIT A		170	1.5%
SUGAR COTTON		2	0%
SUGAR WHITE, GRANULATED FORTIFIED W/VIT A		661	5.9%
SWEET BREAD DESSERT, SOFT AND CREAMY		2	0%
SWEET CORN BASED ATOLE		1	0%
SWEET ORANGE, FRUIT RAW		5	0%
SWEET ORANGE, JUICE NATURAL		1	0%
SYRUPS, TABLE BLENDS, PANCAKE W/2% MAPLE		9	0.1%
TACO, MIXED, MEXICAN		1	0%
TACOS, BEEF FILLING		4	0%
TACOS, POTATO BASED		1	0%
TAMALE, POTATO BASED, FILLED W/MEAT OR POULTRY		2	0%
TAMALE, TRADITIONAL DISH, BEANS BASED		2	0%
TAMALE, TRADITIONAL DISH, ONLY DOUGH		2	0%
TAMALE, TRADITIONAL DISH, W/CHICKEN		5	0%
TAMALE, TRADITIONAL DISH, W/CROTALARIA LEAVES AND SHOOTS		1	0%
TAMALE, TRADITIONAL DISH, W/MEAT OR POULTRY FILLING & CHOCOLATE		1	0%
TAMALE, TRADITIONAL DISH, W/PORK		3	0%
TAMARIND BEVERAGE		10	0.1%
TAMARIND, RAW		8	0.1%
TANGERINES (MANDARIN ORANGES), RAW		3	0%
TEA INSTANT, UNSWEETENED, POWDER		2	0%
TEA, HERB, CHAMOMILE, BREWED		9	0.1%
TOMATO PASTE, WO/SALT, CANNED		5	0%
TOMATO, NATURAL SAUCE		39	0.3%
TOMATO, RED, RAW		313	2.8%
TORTILLA W/SAUSAGE, AVOCADO AND SAUCES (MIXTAS)		8	0.1%
TORTILLA, CORN WHITE, LIME TREATED		29	0.3%
TORTILLA, FRIED W/ CHOW-MEIN		5	0%
TORTILLA, FRIED W/BEANS		10	0.1%
TORTILLA, FRIED W/BEANS AND CHEESE		4	0%
TORTILLA, FRIED W/GUACAMOLE		3	0%
TORTILLA, FRIED W/TOMATO SAUCE		5	0%

TORTILLA, MAIZE BASED		587	5.2%
TORTILLA, MAIZE BASED, FRIED		12	0.1%
TORTILLA, MAIZE BASED, HOMEMADE		1	0%
TORTILLA, MAIZE FLOUR BASED		2	0%
TORTILLA, WHEAT, READY-TO-BAKE/FRY		3	0%
TUNA, CANNED IN WATER, DRAINED SOLIDS		2	0%
TURKEY ROLL, LIGHT MEAT		38	0.3%
TURKEY ROLL. LIGHT MEAT		2	0%
TURKEY, MEAT&SKIN, RAW		1	0%
TURNIPS, GREEN, RAW		1	0%
VEGETABLES JUICE, CANNED		1	0%
VEGETABLES, CHOPPED		2	0%
VINEGAR		6	0.1%
WANTAN (ASIAN-STYLE DEEP FRIED WHEAT DOUGH)		1	0%
WATER, W/SUGAR		4	0%
WATERCRESS, RAW		4	0%
WATERMELON, RAW		29	0.3%
WATERMELON, RAW, CHOPPED		1	0%
WHEAT CRISP CHIPS (CHICHARRIN)		2	0%
WHEAT FLOUR WHITE, ALL PURPOSE, UNENRICHED		3	0%
WHEAT FLOUR, ALL PURPOSE, FORTIFIED		1	0%
WHELK, RAW		1	0%
WHITE ATOLE		3	0%
WHITE MAIZE MEAL, DEGERMED, NOT FORTIFIED		1	0%
YELLOW HERBS, LEAVES AND STEMS		1	0%
YOGHURT, CHOCOLATE FLAVOUR		1	0%
YOGHURT, FRUIT FLAVOUR		12	0.1%
YOGHURT, LIQUID, COCONUT FLAVOUR		1	0%
YOGHURT, STRAWBERRY FLAVOUR		3	0%

▌FOODEX2_INGR_CODE: FoodEx2 ingredient code

Data file: data_anon_consumption

Overview

Valid: 11186   Invalid: 0
Type: Discrete   Width: 65   Range: -   Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
A000P		2	0%
A000T		1	0%
A000T#F10.A0F2R		2	0%
A001D#F10.A0EZZ		5	0%
A002P#F28.A0CQY$F10.A0F2R$F10.A0F6D		1	0%
A002Q#F28.A07HC$F04.A019T$F04.A03HG$F04.A0EZM$F04.A0CXN		12	0.1%
A002Q#F28.A07LQ$F04.A048J		5	0%
A002Y#F10.A0F6C		4	0%
A003D#F10.A0F6C$F17.A0CQX		14	0.1%
A003D#F10.A0F6D		32	0.3%
A003F#F10.A07XK		3	0%
A003X#F04.A004F$F10.A0F6C		1	0%
A003X#F10.A0F6C		1	0%
A003Y#F10.A0F6D		3	0%
A004X#F28.A07HN		119	1.1%
A004Y		6	0.1%
A004Y#F22.A07SH		9	0.1%
A004Y#F22.A07SZ		544	4.9%
A004Y#F28.A07HC$F03.A06JA$F22.A07SH		1	0%
A004Y#F28.A07HC$F28.A07HN		36	0.3%
A005E		1	0%
A005Y#F10.A0CJK		1	0%
A005Y#F10.A0CJK$F22.A07SH		2	0%
A005Y#F22.A07SH		11	0.1%
A006R#F04.A002Q$F04.A0EYH		19	0.2%
A006R#F28.A07GG$F04.A000S		2	0%
A006R#F28.A07GG$F28.A07MA$F04.A012S		2	0%
A006R#F28.A07GG$F28.A07MA$F04.A01RG		3	0%
A006R#F28.A07GG$F28.A07MA$F04.A01SP		5	0%
A006R#F28.A07GG$F28.A07MA$F04.A0EYH$F04.A0EQD		1	0%
A006R#F28.A07GG$F28.A0CRL$F04.A01SP$F04.A00KR		1	0%
A006R#F28.A0BA1$F28.A07MA$F10.A0CJQ		1	0%
A006V#F04.A002Q		2	0%
A006V#F04.A002Q$F04.A048J		29	0.3%
A006V#F04.A002Q$F04.A048J$F22.A07SS		1	0%
A006V#F04.A002Q$F04.A048J$F22.A07SY		587	5.2%
A006V#F04.A002Q$F10.A0F6C$F22.A07SH$F24.A07VQ		1	0%
A006V#F04.A003X$F22.A07SH$F24.A07VQ		2	0%

A006V#F04.A00ZT		1	0%
A006V#F28.A07GR$F04.A002Q		12	0.1%
A006V#F28.A07GR$F04.A002Q$F04.A007R		5	0%
A006V#F28.A07GR$F04.A002Q$F04.A00ZF		5	0%
A006V#F28.A07GR$F04.A012S		10	0.1%
A006V#F28.A07GR$F04.A012S$F04.A002Q$F04.A02QE		4	0%
A006V#F28.A07GR$F28.A0C6N$F04.A002Q$F04.A01LB		3	0%
A006V#F28.A07MA$F04.A03VT		1	0%
A007A		14	0.1%
A007L#F10.A0F6C		91	0.8%
A007L#F10.A0F6D		2	0%
A007R		14	0.1%
A008T#F04.A002Q$F04.A048J$F10.A07XK		7	0.1%
A009M#F28.A07GR$F28.A07MA		1	0%
A009X#F04.A019V		2	0%
A009Y#F22.A07SH		5	0%
A009Z#F22.A07SH		1	0%
A00AE#F04.A0EQD$F22.A07SH		2	0%
A00AE#F28.A07HN$F04.A035H$F22.A07SH		4	0%
A00AE#F28.A07MA$F04.A06MF$F22.A07SH		23	0.2%
A00AE#F28.A07MA$F22.A07SH		8	0.1%
A00AQ#F04.A06VS$F10.A16YC$F22.A07SH		5	0%
A00AQ#F28.A07MA$F04.A01EA$F04.A06MX$F04.A06VS		2	0%
A00AQ#F28.A07MA$F04.A065H		2	0%
A00AX#F04.A004Y$F04.A00BT		2	0%
A00BA		2	0%
A00BC#F04.A06VS$F22.A07SQ		3	0%
A00BD#F10.A16YC		1	0%
A00BG		6	0.1%
A00BG#F10.A16YC$F22.A07SH		2	0%
A00BL#F22.A07SZ		5	0%
A00BL#F28.A07HN		4	0%
A00BR#F28.A07HN		1	0%
A00BR#F28.A07HP		1	0%
A00BR#F28.A07MA		3	0%
A00BV#F04.A00AS		1	0%
A00BZ#F04.A01DJ		1	0%
A00CJ#F28.A07MA$F04.A065H		3	0%
A00CL		13	0.1%

A00CL#F04.A01SP$F22.A07SK		1	0%
A00DC		4	0%
A00DC#F04.A06LZ		3	0%
A00DD		29	0.3%
A00DD#F04.A033J		3	0%
A00DD#F28.A07HN		11	0.1%
A00DD#F28.A07HP$F24.A07VP		20	0.2%
A00DJ#F10.A0F6C		1	0%
A00DL#F10.A0F6C		33	0.3%
A00DL#F10.A0F6D		5	0%
A00DN#F04.A035H		2	0%
A00DR#F28.A07HP		46	0.4%
A00ED		1	0%
A00EE#F04.A035H$F04.A06NQ		4	0%
A00EE#F04.A06NQ		31	0.3%
A00EH		1	0%
A00EH#F04.A01ME$F04.A033J		2	0%
A00EL#F04.A01ME		1	0%
A00EM#F28.A07HP$F24.A07VP		7	0.1%
A00FC#F04.A06KM$F22.A07SH		3	0%
A00FC#F22.A07SH		2	0%
A00FD#F04.A00PC$F04.A049S$F22.A07SR		1	0%
A00FD#F04.A06KM$F22.A07SH		45	0.4%
A00FD#F04.A06LZ$F22.A07SH		27	0.2%
A00FD#F22.A07SH		46	0.4%
A00FE#F04.A06LZ		1	0%
A00FE#F22.A07SH		18	0.2%
A00FN		5	0%
A00FR		4	0%
A00GC		15	0.1%
A00GC#F28.A07GG		1	0%
A00GC#F28.A07GG$F10.A0CQE		4	0%
A00GZ		7	0.1%
A00JA#F10.A0F2Q		11	0.1%
A00JA#F10.A0F2S		77	0.7%
A00JA#F28.A07GR$F28.A07HK$F28.A07MA$F04.A042L		11	0.1%
A00JB		4	0%
A00JM		36	0.3%
A00JZ#F10.A0F2Q		75	0.7%

A00JZ#F28.A07GL$F10.A0F2Q		1	0%
A00JZ#F28.A07GL$F10.A0F2R		2	0%
A00JZ#F28.A07GL$F26.A07XD		4	0%
A00KF		19	0.2%
A00KH#F10.A07XL$F10.A0F5H		7	0.1%
A00KH#F10.A0F2Q$F10.A16YC		9	0.1%
A00KJ		29	0.3%
A00KJ#F28.A07KY		1	0%
A00KP#F10.A0F2R		10	0.1%
A00KP#F10.A0F5H		24	0.2%
A00KP#F28.A07GG$F10.A0F5H		1	0%
A00KP#F28.A07GL$F10.A0F2R		1	0%
A00KP#F28.A07GL$F10.A0F5H		4	0%
A00KR#F26.A07XE$F20.A0CQV		3	0%
A00KY		40	0.4%
A00LY		1	0%
A00MJ		1	0%
A00ML		1	0%
A00ND		4	0%
A00NL		21	0.2%
A00PC#F10.A0F2Q		20	0.2%
A00PC#F28.A0BA1$F10.A0F2Q		1	0%
A00QA		2	0%
A00QG		8	0.1%
A00QH#F20.A07QE		6	0.1%
A00QH#F20.A07QF		86	0.8%
A00QH#F28.A07GL$F10.A0CQE$F20.A07QF		1	0%
A00RR#F01.A05BX		5	0%
A00RY		26	0.2%
A00SB#F20.A07RL		5	0%
A00SY		1	0%
A00TZ		1	0%
A00XD		4	0%
A00XF		105	0.9%
A00XJ		1	0%
A00YC		38	0.3%
A00YE		10	0.1%
A00ZF#F22.A07SH		10	0.1%
A00ZF#F28.A0BYP$F10.A0CQE		5	0%

Code		Count	%
A00ZT#F20.A07QE		19	0.2%
A00ZT#F20.A07QF		128	1.1%
A00ZT#F28.A07GL$F20.A07QE		1	0%
A00ZT#F28.A07GL$F20.A07QF		2	0%
A00ZT#F28.A0BA1$F10.A0CQE$F20.A07QF		1	0%
A00ZZ		7	0.1%
A011E		2	0%
A011N#F22.A07SK		14	0.1%
A011S		3	0%
A012J		3	0%
A012S#F10.A0F2R		1	0%
A012S#F10.A0F2S		4	0%
A012S#F26.A07XE		1	0%
A012S#F28.A07GG$F10.A0F2S		5	0%
A012S#F28.A07GG$F10.A166Z		92	0.8%
A012S#F28.A07GR$F10.A166Z		12	0.1%
A012S#F28.A07GR$F28.A0CRJ$F10.A166Z$F03.A06JL		36	0.3%
A012S#F28.A0BA1$F10.A0F2S		7	0.1%
A012S#F28.A0BA1$F10.A166Z		49	0.4%
A012S#F28.A0BA1$F28.A0CRJ$F10.A166Z$F03.A06JL		58	0.5%
A013H#F10.A07XM		2	0%
A014K		2	0%
A015H#F04.A03AH		1	0%
A015H#F28.A07GY		1	0%
A015H#F28.A07GY$F04.A036N$F10.A0CJK		1	0%
A015H#F28.A07LZ$F04.A003X$F22.A07SH		3	0%
A015K		14	0.1%
A015X		1	0%
A017M#F28.A07LA$F03.A06JD		34	0.3%
A019C		12	0.1%
A019J		8	0.1%
A019K#F03.A06JD		2	0%
A019K#F10.A0F2S		17	0.2%
A019K#F27.A00JB		1	0%
A019K#F27.A00JB$F10.A0F2Y		11	0.1%
A019V		1	0%
A019V#F28.A07LA		1	0%
A01AB		1	0%
A01BB#F28.A07GS		16	0.1%

A01BB#F28.A0BA1$F20.A0F1S		1	0%
A01BY		1	0%
A01BY#F20.A07QF		156	1.4%
A01CD		3	0%
A01CR		5	0%
A01DJ		49	0.4%
A01DJ#F10.A0F2Q		3	0%
A01DJ#F10.A0F2S		4	0%
A01DJ#F20.A07QE		7	0.1%
A01DJ#F20.A07QF		2	0%
A01DL#F20.A07QF		1	0%
A01DP		2	0%
A01DX		1	0%
A01EA		43	0.4%
A01EE		8	0.1%
A01GH		2	0%
A01GL		2	0%
A01GM		41	0.4%
A01GQ#F10.A16ZX		2	0%
A01HE#F01.A18CE		1	0%
A01JT		1	0%
A01KA		3	0%
A01KC		2	0%
A01LB		33	0.3%
A01LC		121	1.1%
A01LF#F10.A07XL		10	0.1%
A01LF#F10.A0F2Q		11	0.1%
A01LG		21	0.2%
A01LP		36	0.3%
A01ME#F20.A07RD		1	0%
A01NJ		1	0%
A01NN#F27.A01HG$F06.A06XY		3	0%
A01QV#F28.A07GZ		2	0%
A01QX#F10.A077B		17	0.2%
A01QX#F20.A07QL		7	0.1%
A01QX#F20.A0F4V		39	0.3%
A01QX#F20.A0F4V$F20.A07QL		4	0%
A01QX#F28.A07GZ$F10.A077B		7	0.1%
A01RG#F10.A077B		7	0.1%

A01RG#F10.A0CRE		2	0%
A01RG#F20.A07QL		6	0.1%
A01RG#F20.A07QL$F20.A0F4V		3	0%
A01RG#F20.A0F4V		13	0.1%
A01RG#F28.A07GG$F10.A077C		1	0%
A01RG#F28.A07GR		2	0%
A01RG#F28.A07GZ$F20.A07QL		2	0%
A01SN#F01.A0C7A		5	0%
A01SP#F02.A06AG$F20.A07QQ		1	0%
A01SP#F02.A06AG$F28.A07GY		2	0%
A01SP#F02.A07XQ$F20.A07QQ		19	0.2%
A01SP#F02.A07XQ$F28.A07GR		2	0%
A01SP#F02.A07XQ$F28.A07GR$F20.A07QQ		6	0.1%
A01SP#F02.A07XQ$F28.A07GR$F20.A07QR		1	0%
A01SP#F02.A07XQ$F28.A07HK$F28.A07GR		6	0.1%
A01SP#F02.A07XQ$F28.A0BA1$F20.A07QQ		1	0%
A01SP#F02.A07XS$F20.A07QQ		10	0.1%
A01SP#F02.A07XS$F28.A07GM$F20.A07QR		5	0%
A01SP#F02.A07XS$F28.A07GR		3	0%
A01SP#F02.A07XS$F28.A07GR$F20.A07QR		1	0%
A01SP#F02.A07XS$F28.A07GZ		1	0%
A01SP#F02.A07XS$F28.A07HK$F28.A07GR		1	0%
A01SP#F20.A07QQ		79	0.7%
A01SP#F20.A07QR		34	0.3%
A01SP#F28.A07GM$F20.A07QQ		4	0%
A01SP#F28.A07GR$F20.A07QQ		1	0%
A01SP#F28.A07GR$F22.A07SK		7	0.1%
A01SP#F28.A07GX$F20.A07QQ		2	0%
A01SP#F28.A07GY$F04.A042Z		1	0%
A01SP#F28.A07KX		6	0.1%
A01SP#F28.A07KX$F28.A07GR$F28.A07HK$F22.A07SH		1	0%
A01SP#F28.A0BA1$F04.A01BY		1	0%
A01SQ#F20.A07QQ		1	0%
A01VA#F28.A07GR$F22.A07SH		3	0%
A01XF		3	0%
A020R#F02.A07XN		1	0%
A020R#F02.A18LY		3	0%
A021A#F28.A07GR$F20.A07QQ$F20.A0F4T		6	0.1%
A022B#F02.A06AD$F28.A07GL		2	0%

A022B#F02.A07XR		7	0.1%
A022B#F02.A07XR$F28.A07GL		2	0%
A022B#F02.A07XR$F28.A07GM		1	0%
A022R		48	0.4%
A022T#F07.A073A		9	0.1%
A023E#F27.A01SP		1	0%
A023F#F03.A06JA		38	0.3%
A023T#F28.A07KV		2	0%
A024G#F04.A01SP		3	0%
A024G#F28.A07GL$F04.A01RG$F04.A021A		3	0%
A024G#F28.A07GZ		1	0%
A024G#F28.A07HK		1	0%
A024J#F04.A01QV$F04.A020R		2	0%
A024J#F04.A01RG$F04.A021A		9	0.1%
A024J#F04.A01SP$F04.A022B		1	0%
A024J#F28.A07GL$F04.A01RG$F04.A021A		2	0%
A024J#F28.A07GR$F04.A01QV$F04.A020R		5	0%
A024J#F28.A07GZ$F04.A01QV$F04.A020R		1	0%
A024J#F28.A07GZ$F04.A01RG$F04.A021A		4	0%
A024J#F28.A0BA1$F04.A01QV$F04.A020R		4	0%
A025C		5	0%
A025C#F04.A01RG$F04.A021A		10	0.1%
A025C#F04.A021A$F04.A01TN$F04.A020R		3	0%
A025C#F28.A07GZ		1	0%
A025Q#F04.A01TN$F04.A020R$F04.A021A		2	0%
A026B#F04.A01TN$F04.A020R$F04.A021A		73	0.7%
A026C#F04.A01SQ$F04.A022D		8	0.1%
A026P#F18.A07NR		1	0%
A026Q#F18.A07NR		3	0%
A026V#F26.A07XE		1	0%
A02BV		1	0%
A02GB		2	0%
A02GB#F28.A07GG		1	0%
A02GB#F28.A07GZ		1	0%
A02GX#F24.A07VV		1	0%
A02JP		1	0%
A02LV#F04.A036N		53	0.5%
A02LY		7	0.1%
A02LY#F03.A06JL$F07.A06ZT		108	1%

A02LY#F28.A07MR		12	0.1%
A02LZ#F03.A06JL$F07.A06ZF		1	0%
A02LZ#F28.A07MM$F03.A06JL$F07.A06ZF		5	0%
A02MA#F03.A06JL		1	0%
A02ML		8	0.1%
A02ML#F03.A0CEE		87	0.8%
A02MP#F04.A06MF$F22.A07SH		8	0.1%
A02NH#F04.A06MF		1	0%
A02NH#F04.A06NQ		12	0.1%
A02NH#F04.A06TV		3	0%
A02NQ#F04.A06MM		1	0%
A02PJ#F04.A036N		15	0.1%
A02PJ#F10.A0CQD		6	0.1%
A02PK		126	1.1%
A02PK#F10.A0F6C		9	0.1%
A02PL		2	0%
A02PL#F09.A0EXZ		4	0%
A02QA#F04.A06MF		2	0%
A02QA#F04.A06TV		4	0%
A02QA#F04.A06TV$F22.A07SH		3	0%
A02QA#F04.A06VS		2	0%
A02QA#F04.A06VS$F22.A07SH		2	0%
A02QA#F04.A0EQP$F04.A06MF		1	0%
A02QF#F10.A0CJQ		7	0.1%
A02QF#F10.A0CJQ$F26.A07XE		2	0%
A02QF#F10.A169Q$F26.A07XE		20	0.2%
A02QF#F26.A07XD		39	0.3%
A02QF#F27.A02LY$F10.A169Q		24	0.2%
A02QF#F27.A02LZ$F10.A169Q		8	0.1%
A02QF#F28.A07KG$F10.A0CJP		16	0.1%
A02QF#F28.A07KG$F10.A0CJP$F26.A07XE		6	0.1%
A02QF#F28.A07KL$F10.A169Q$F26.A07XE		1	0%
A02QG#F10.A077D		1	0%
A02QJ#F27.A02LY		3	0%
A02QJ#F27.A02MA		2	0%
A02QZ		4	0%
A02ZH		1	0%
A031B#F10.A0F5H		21	0.2%
A031C#F10.A0F5H		1	0%

A031G		337	3%
A031T#F28.A07GL		2	0%
A032B		18	0.2%
A032C#F28.A0CRJ		10	0.1%
A032L#F09.A0EXZ$F10.A0F6C		661	5.9%
A032P		2	0%
A032P#F09.A0EXZ$F10.A0F6C		170	1.5%
A033J		20	0.2%
A033Z#F27.A034A		10	0.1%
A034J		7	0.1%
A034Q#F04.A034J$F04.A014C		2	0%
A034X		19	0.2%
A034Z#F04.A0CGF		1	0%
A035G		2	0%
A035H		3	0%
A035H#F28.A07HP		1	0%
A035L		16	0.1%
A035M		3	0%
A036H		25	0.2%
A036K		1	0%
A036K#F04.A015H$F22.A07SR		4	0%
A036K#F04.A01CD$F22.A07SS		1	0%
A036K#F04.A01EA$F22.A07SS		1	0%
A036K#F04.A01EE		1	0%
A036K#F04.A01LP$F22.A07SS		1	0%
A036K#F04.A06MF$F22.A07SR		1	0%
A036K#F04.A06MX$F22.A07SR		1	0%
A036K#F04.A06NQ		2	0%
A036K#F04.A06NQ$F22.A07SR		9	0.1%
A036K#F04.A06NQ$F22.A07SS		1	0%
A036K#F04.A06VS$F22.A07SR		1	0%
A036L		1	0%
A036L#F04.A06LJ		1	0%
A036L#F04.A06QE$F22.A07SH		1	0%
A036L#F04.A06QM$F22.A07SH		1	0%
A036L#F04.A06QN$F04.A0CGF$F22.A07SH		1	0%
A036L#F22.A07SH		8	0.1%
A036N		338	3%
A036P		4	0%

A036X		6	0.1%
A036Y		25	0.2%
A039C#F10.A0CJK		3	0%
A039D#F10.A0CJK$F07.A073H		43	0.4%
A039D#F10.A0CJK$F07.A076B		182	1.6%
A03AH		1	0%
A03AM		3	0%
A03AN		5	0%
A03CS#F28.A0BYP		1	0%
A03DF#F04.A01EA$F04.A03DK		1	0%
A03DK#F08.A032L		4	0%
A03DS		1	0%
A03EA#F04.A019J		10	0.1%
A03EA#F04.A01DJ$F22.A07SH		28	0.3%
A03EA#F04.A03AH$F08.A032L		5	0%
A03EA#F28.A07MR$F04.A03BN$F04.A03DT$F08.A032H		15	0.1%
A03EL		1	0%
A03EN#F22.A07SH		12	0.1%
A03EP#F22.A07SH		4	0%
A03EQ		1	0%
A03EQ#F08.A032P		1	0%
A03EQ#F22.A07SH		1	0%
A03EV#F28.A07MR$F09.A0EXN$F10.A0F6C		1	0%
A03EX#F04.A03DG$F22.A07SH		1	0%
A03EX#F04.A06NQ$F22.A07SH		10	0.1%
A03EX#F04.A06PA$F22.A07SH		3	0%
A03EX#F04.A06TV$F04.A047C$F08.A032L		2	0%
A03EX#F04.A06TV$F22.A07SH		1	0%
A03EX#F28.A07JN$F04.A06NQ$F10.A06HS		1	0%
A03EX#F28.A07JN$F04.A06PA$F10.A06HS		11	0.1%
A03EX#F28.A07JN$F04.A06TV$F10.A06HS		3	0%
A03EX#F28.A07MK$F04.A03JD$F08.A032L		37	0.3%
A03EX#F28.A07MQ$F04.A06TV$F04.A047C		1	0%
A03EX#F28.A07MR$F04.A06KV		1	0%
A03EX#F28.A07MR$F04.A06NQ		54	0.5%
A03EX#F28.A07MR$F04.A06RA		1	0%
A03EZ#F22.A07SH		4	0%
A03EZ#F28.A07JN$F10.A06HS		1	0%
A03EZ#F28.A07MR		4	0%

A03FF#F22.A07SH		6	0.1%
A03FF#F28.A07JN$F10.A06HS		15	0.1%
A03FF#F28.A07MR		11	0.1%
A03FJ#F22.A07SH		85	0.8%
A03FJ#F28.A07JN$F10.A06HS		16	0.1%
A03FL#F22.A07SH		1	0%
A03FL#F28.A07JN$F10.A06HS		4	0%
A03FN#F22.A07SH		1	0%
A03FR		111	1%
A03FY		1	0%
A03GF#F04.A000T$F04.A0DBM$F10.A0F6C		44	0.4%
A03GF#F04.A06NQ		11	0.1%
A03GF#F04.A06NQ$F09.A0EXN$F10.A0F6C		49	0.4%
A03GF#F04.A06RR$F09.A0EXN$F10.A0F6C		33	0.3%
A03GN		91	0.8%
A03GQ		242	2.2%
A03GR		8	0.1%
A03GZ		3	0%
A03HG		1	0%
A03HH		10	0.1%
A03HY		2	0%
A03JC		2	0%
A03JD		26	0.2%
A03JZ#F04.A00KP$F04.A02LY$F08.A032L		1	0%
A03JZ#F28.A07MR$F04.A002Q$F04.A0DBM$F04.A02PK$F08.A032L		1	0%
A03JZ#F28.A07MR$F04.A003F$F04.A02PL$F08.A032L		3	0%
A03JZ#F28.A07MR$F04.A003X		14	0.1%
A03JZ#F28.A07MR$F04.A185Q$F04.A02PK$F08.A032L		17	0.2%
A03JZ#F28.A07MR$F28.A07MS$F04.A003D$F04.A02PK$F08.A032L		3	0%
A03JZ#F28.A07MS$F04.A003D$F04.A034G$F04.A03DK		7	0.1%
A03JZ#F28.A07MS$F04.A00DL$F04.A02LY$F08.A032L		3	0%
A03JZ#F28.A0CRL$F04.A0DQG$F04.A03DK$F08.A032L		5	0%
A03KA#F04.A03GN$F10.A077K		1	0%
A03KE#F04.A02LY$F08.A032P		1	0%
A03KE#F10.A077K		2	0%
A03KY#F04.A03DK		1	0%
A03KZ#F04.A03DK		3	0%
A03LC#F08.A032P		3	0%
A03LG#F04.A032P		1	0%

A03LH	2	0%
A03LH#F10.A077K	9	0.1%
A03LK#F04.A01LP$F08.A032L$F20.A0F7P	3	0%
A03TC#F23.A07TL	3	0%
A03TF	1	0%
A03TJ#F04.A002Q$F04.A06VS$F10.A0F6C$F24.A07VP	1	0%
A03TJ#F04.A002Q$F10.A0F6C$F24.A07VP	5	0%
A03TM#F04.A0F0N$F04.A019V$F08.A032L	13	0.1%
A03TM#F04.A171B	1	0%
A03TS	5	0%
A03VD#F28.A07GG$F28.A07MA$F04.A0EYH	2	0%
A03VM#F04.A012S$F03.A06JG	6	0.1%
A03VM#F04.A012S$F10.A166Z$F03.A06JG	30	0.3%
A03VM#F28.A07GR$F04.A012S$F10.A166Z$F03.A06JG	24	0.2%
A03VV#F04.A0F0B$F04.A044C$F03.A06JB	1	0%
A03XF#F04.A01QV$F04.A01RG$F04.A03TF$F22.A07SH	6	0.1%
A03XF#F22.A07SS	5	0%
A03YZ#F04.A004Y$F04.A012S	9	0.1%
A03YZ#F04.A004Y$F04.A022R$F04.A043V$F04.A16GB	1	0%
A03YZ#F28.A0BA1$F04.A002Q$F04.A02QF	9	0.1%
A03ZB#F04.A006V$F04.A01QV	4	0%
A03ZB#F04.A00BL$F04.A022R	1	0%
A03ZG#F04.A003X$F04.A006V$F04.A01SP$F10.A0CJQ	1	0%
A03ZG#F04.A006V$F04.A00GC$F04.A01LB$F04.A026B$F04.A044X$F04.A044P	8	0.1%
A03ZL	2	0%
A03ZL#F04.A01SP	2	0%
A03ZP	4	0%
A03ZQ#F04.A025B	19	0.2%
A03ZY	4	0%
A040N#F04.A03XG	1	0%
A040N#F28.A07GX$F04.A044C	1	0%
A040P#F04.A0EYH$F04.A044C$F22.A07SK	1	0%
A040R#F04.A007R$F04.A01SP$F04.A044R	3	0%
A041G#F04.A03TF	1	0%
A041G#F28.A07GR	142	1.3%
A041L#F04.A041G	2	0%
A041Q	92	0.8%
A041Y#F04.A001D$F04.A00KR	1	0%
A042B#F22.A07SP	1	0%

A042D#F04.A00FY$F22.A07SK		2	0%
A042L#F04.A01SP$F03.A06JF		6	0.1%
A042P		556	5%
A042Y#F28.A07KG$F04.A00GZ$F03.A06JD		3	0%
A042Y#F28.A07KG$F04.A00GZ$F04.A042P$F03.A06JD		8	0.1%
A042Y#F28.A07KG$F04.A00HC$F03.A06JD		8	0.1%
A042Z#F03.A06JD		15	0.1%
A043A		1	0%
A043G#F28.A07KG$F03.A06JD		211	1.9%
A043H#F28.A07KG$F03.A06JD		17	0.2%
A044C		39	0.3%
A044C#F04.A00HC$F22.A07SH		1	0%
A044C#F04.A00RY$F04.A00HC$F04.A00HZ$F22.A07SH		30	0.3%
A044C#F28.A07GT$F04.A16GB		7	0.1%
A044C#F28.A0BYP$F04.A00TQ$F22.A07SH		1	0%
A044C#F28.A0BYP$F04.A02QE$F22.A07SH		13	0.1%
A044E#F04.A0DMX$F04.A019K$F04.A015K$F10.A0F2Y		7	0.1%
A044G#F22.A07SH		6	0.1%
A044L		6	0.1%
A044P		1	0%
A044P#F03.A06JF		1	0%
A044P#F22.A07SH		111	1%
A044R#F22.A07SH		14	0.1%
A044X		1	0%
A044X#F10.A0CJK		125	1.1%
A045B		1	0%
A045E#F04.A00YE$F06.A06XJ		3	0%
A045K#F04.A044L$F04.A036N$F22.A07SH		1	0%
A045K#F10.A0CJK$F03.A0CEE$F22.A07SH		3	0%
A047C		6	0.1%
A04AC#F28.A0BA1		3	0%
A04KS		16	0.1%
A04MA#F20.A07QG		1	0%
A0B9N		1	0%
A0B9P#F04.A007R$F04.A01SP		7	0.1%
A0B9P#F04.A01QV$F04.A007R		1	0%
A0B9Q#F04.A001D$F04.A01SP		1	0%
A0B9Q#F04.A007S$F04.A06QY		3	0%
A0B9Q#F04.A01SP$F04.A007R		64	0.6%

A0B9Q#F04.A020Y		1	0%
A0BB2#F10.A07XK		13	0.1%
A0BB2#F28.A07HC$F10.A06HR$F03.A06JA$F22.A07SH		1	0%
A0BB2#F28.A07HC$F10.A07XK		1	0%
A0BYR		9	0.1%
A0BYR#F04.A0EQD		1	0%
A0BYR#F22.A07SH		4	0%
A0BYR#F28.A07MA$F22.A07SH		30	0.3%
A0BYS#F04.A06KM		1	0%
A0BYS#F22.A07SH		9	0.1%
A0BYV#F22.A07SK		3	0%
A0BZA#F04.A06KR		2	0%
A0BZA#F04.A0CRZ		5	0%
A0BZC#F04.A01SP$F04.A042P$F04.A043G		3	0%
A0C6D#F04.A000T		2	0%
A0C6D#F04.A034G$F03.A06JH		9	0.1%
A0C6D#F28.A07MR$F04.A001X		2	0%
A0C6D#F28.A07MR$F04.A002Q$F04.A01BG		26	0.2%
A0C6P#F04.A014L$F22.A07SH		1	0%
A0CDQ#F04.A01QX$F04.A042P		18	0.2%
A0CGD		1	0%
A0CSN		20	0.2%
A0CSN#F04.A02MV		3	0%
A0DGF#F26.A07XE		7	0.1%
A0DJR		4	0%
A0DLV#F10.A07XL		1	0%
A0DMN		23	0.2%
A0DMX#F10.A0F2S		313	2.8%
A0DND		372	3.3%
A0DND#F20.A07RL		13	0.1%
A0DNJ		21	0.2%
A0DQG		40	0.4%
A0DQG#F28.A07GG$F10.A07XL$F20.A07QF		11	0.1%
A0DQG#F28.A07GR		6	0.1%
A0DQK		2	0%
A0DRM		2	0%
A0DYQ		8	0.1%
A0DYR		46	0.4%
A0DZB		6	0.1%

A0EQX#F04.A003X	2	0%
A0EQX#F04.A003X$F18.A07NK$F22.A07SH	6	0.1%
A0EQX#F28.A07KV$F04.A00ZZ$F22.A07SH	1	0%
A0ERG#F10.A0EZY	1	0%
A0EYQ#F27.A01QV$F28.A0BA1	1	0%
A0EYQ#F27.A01RG$F28.A0BA1	1	0%
A0EYQ#F27.A01SP$F28.A0BA1	1	0%
A0EZD#F22.A07SH	3	0%
A0F0N#F27.A015X	55	0.5%
A0F0T#F04.A00DL$F04.A02LY$F08.A032P	18	0.2%
A0FBT#F06.A06YG	2	0%
A0FBZ#F04.A0DMX	1	0%
A169T	1	0%
A16EY	4	0%
A16FC	8	0.1%
A16FJ#F28.A07HN$F22.A07SZ	7	0.1%
A16FX#F28.A07MA$F28.A07HN$F04.A0DQG$F04.A012S	8	0.1%
A16FY#F28.A07MA$F28.A07HN$F04.A046H	1	0%
A16FZ	4	0%
A16GB#F04.A01TN$F04.A042N	3	0%
A16GB#F28.A07KY	3	0%
A16GB#F28.A07KY$F24.A07VV	1	0%
A16GC#F04.A06VS	4	0%
A16GL#F28.A07HP$F28.A07KQ$F04.A01LC	13	0.1%
A16GL#F28.A07HP$F28.A07KQ$F04.A01LC$F04.A015H	1	0%
A16GL#F28.A07HP$F28.A07KQ$F04.A01LP	1	0%
A16QS#F10.A0F2Q$F20.A07RL	2	0%
A185Q#F04.A013H	11	0.1%

FOODEX2_INGR_DESCR: FoodEx2 ingredient description

Data file: data_anon_consumption

Overview

Valid: 11186
Type: Discrete   Width: 255   Range: -   Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
Amaranth leaves		1	0%
Apples		49	0.4%
Apples, PART-CONSUMED-ANALYSED = W/o peel		2	0%
Apples, PART-CONSUMED-ANALYSED = With peel		7	0.1%
Apples, QUALITATIVE-INFO = Green		3	0%
Apples, QUALITATIVE-INFO = Red		4	0%
Aromatic herbs, PART-CONSUMED-ANALYSED = With stem		1	0%
Asian-style noodles other than glass noodles		14	0.1%
Avocados		33	0.3%
Barbecue or steak sauces		1	0%
Barley grains		2	0%
Beans (dry) and similar-, GENERIC-TERM = Other		1	0%
Beans (dry) and similar-, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Blending, QUALITATIVE-INFO = Black, PHYSICAL-STATE = Liquid		58	0.5%
Beans (dry) and similar-, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Black		49	0.4%
Beans (dry) and similar-, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Red		7	0.1%
Beans (dry) and similar-, PROCESS = Cooking in water, QUALITATIVE-INFO = Black		92	0.8%
Beans (dry) and similar-, PROCESS = Cooking in water, QUALITATIVE-INFO = Red		5	0%
Beans (dry) and similar-, PROCESS = Frying, PROCESS = Blending, QUALITATIVE-INFO = Black, PHYSICAL-STATE = Liquid		36	0.3%
Beans (dry) and similar-, PROCESS = Frying, QUALITATIVE-INFO = Black		12	0.1%
Beans (dry) and similar-, QUALITATIVE-INFO = Red		4	0%
Beans (dry) and similar-, QUALITATIVE-INFO = White		1	0%
Beans (with pods) and similar-, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Green		1	0%
Beans (with pods) and similar-, QUALITATIVE-INFO = Green		20	0.2%
Beetroots		8	0.1%
Biscuit with inclusions, filling or coating, INGREDIENT = Chocolate and similar, PREPARATION-PRODUCTION-PLACE = Food industry prepared		2	0%
Biscuit with inclusions, filling or coating, PROCESS = Filling, INGREDIENT = Chocolate flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared		23	0.2%
Biscuit with inclusions, filling or coating, PROCESS = Filling, PREPARATION-PRODUCTION-PLACE = Food industry prepared		8	0.1%
Biscuit with inclusions, filling or coating, PROCESS = Sugar coating, INGREDIENT = Foamed sugar products (marshmallows), PREPARATION-PRODUCTION-PLACE = Food industry prepared		4	0%
Biscuits, chocolate, PREPARATION-PRODUCTION-PLACE = Food industry prepared		1	0%
Biscuits, sweet, plain, INGREDIENT = Cinnamon bark		2	0%
Black pepper		12	0.1%
Blackberries		8	0.1%
Boiled eggs		18	0.2%

Bovine fresh meat, PROCESS = Broiling/grilling		2	0%
Bovine liver		3	0%
Bovine other slaughtering products, PART-NATURE = Bone tissue (as part-nature)		3	0%
Bovine other slaughtering products, PART-NATURE = Tripe (as part-nature)		1	0%
Breadcrumbs		14	0.1%
Broad beans (dry), QUALITATIVE-INFO = Unripe / immature		2	0%
Broccoli		5	0%
Brown cane sugar		2	0%
Brown cane sugar, FORTIFICATION-AGENT = Vitamin A (retinol, carotenoids), QUALITATIVE-INFO = Fortified		170	1.5%
Buns, PREPARATION-PRODUCTION-PLACE = Prepared by bakery		5	0%
Buns, PROCESS = Sugar coating		4	0%
Butter biscuits, PREPARATION-PRODUCTION-PLACE = Food industry prepared		5	0%
Butter, QUALITATIVE-INFO = With added salt		3	0%
Camomile infusion		2	0%
Camomile infusion, QUALITATIVE-INFO = Without added sugar		9	0.1%
Canned mushrooms		1	0%
Canned or jarred common beans, PROCESS = Cooking and similar thermal preparation processes, PART-CONSUMED-ANALYSED = With surrounding medium		1	0%
Canned or jarred common beans, PROCESS = Pan frying / shallow frying		16	0.1%
Canned or jarred fruit, SOURCE-COMMODITIES = Figs, SURROUNDING-MEDIUM = In concentrated sweet liquid-syrup		3	0%
Canned sardines, INGREDIENT = Tomatoes		1	0%
Canned tunas and similar, SURROUNDING-MEDIUM = In water		2	0%
Caramel, hard, INGREDIENT = Pumpkin seeds and similar-		1	0%
Carbonated natural mineral water		1	0%
Carrots, PART-CONSUMED-ANALYSED = W/o peel		86	0.8%
Carrots, PART-CONSUMED-ANALYSED = With peel		6	0.1%
Carrots, PROCESS = Boiling, QUALITATIVE-INFO = Without added salt, PART-CONSUMED-ANALYSED = W/o peel		1	0%
Cassava roots		7	0.1%
Cauliflowers		4	0%
Celeries		26	0.2%
Cereal and cereal-like flours		16	0.1%
Cereal products and grains based soup, INGREDIENT = Rice grain, INGREDIENT = Leafy vegetables		1	0%
Chamomile		2	0%
Chayote fruits, PROCESS = Boiling, GENERIC-TERM = Unspecified		4	0%
Chayote fruits, PROCESS = Boiling, QUALITATIVE-INFO = Green		1	0%
Chayote fruits, PROCESS = Boiling, QUALITATIVE-INFO = White		2	0%
Chayote fruits, QUALITATIVE-INFO = Green		75	0.7%

Chayote leaves, QUALITATIVE-INFO = Green, PART-CONSUMED-ANALYSED = With tops		2	0%
Chewing gum		3	0%
Chia seeds		4	0%
Chicken fresh meat, PART-CONSUMED-ANALYSED = W/o skin		34	0.3%
Chicken fresh meat, PART-CONSUMED-ANALYSED = With skin		79	0.7%
Chicken fresh meat, PART-NATURE = Breast (as part-nature), PART-CONSUMED-ANALYSED = With skin		10	0.1%
Chicken fresh meat, PART-NATURE = Breast (as part-nature), PROCESS = Breading, PROCESS = Frying		1	0%
Chicken fresh meat, PART-NATURE = Breast (as part-nature), PROCESS = Broiling/grilling		1	0%
Chicken fresh meat, PART-NATURE = Breast (as part-nature), PROCESS = Frying		3	0%
Chicken fresh meat, PART-NATURE = Breast (as part-nature), PROCESS = Frying, PART-CONSUMED-ANALYSED = W/o skin		1	0%
Chicken fresh meat, PART-NATURE = Breast (as part-nature), PROCESS = Stewing, PART-CONSUMED-ANALYSED = W/o skin		5	0%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PART-CONSUMED-ANALYSED = With skin		19	0.2%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PROCESS = Breading, PROCESS = Frying		6	0.1%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PROCESS = Cooking and similar thermal preparation processes, PART-CONSUMED-ANALYSED = With skin		1	0%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PROCESS = Frying		2	0%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PROCESS = Frying, PART-CONSUMED-ANALYSED = W/o skin		1	0%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PROCESS = Frying, PART-CONSUMED-ANALYSED = With skin		6	0.1%
Chicken fresh meat, PART-NATURE = Wing (as part-nature), PART-CONSUMED-ANALYSED = With skin		1	0%
Chicken fresh meat, PART-NATURE = Wing (as part-nature), PROCESS = Roasting		2	0%
Chicken fresh meat, PROCESS = Baking, PART-CONSUMED-ANALYSED = With skin		2	0%
Chicken fresh meat, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Lemons		1	0%
Chicken fresh meat, PROCESS = Dicing and stripe-cutting		6	0.1%
Chicken fresh meat, PROCESS = Dicing and stripe-cutting, PROCESS = Frying, PROCESS = Breading, PREPARATION-PRODUCTION-PLACE = Food industry prepared		1	0%
Chicken fresh meat, PROCESS = Frying, PART-CONSUMED-ANALYSED = With skin		1	0%
Chicken fresh meat, PROCESS = Frying, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared		7	0.1%
Chicken fresh meat, PROCESS = Roasting, INGREDIENT = Mixed herbs and spices		1	0%
Chicken fresh meat, PROCESS = Stewing, PART-CONSUMED-ANALYSED = With skin		4	0%
Chicken, other slaughtering products, PART-NATURE = Giblet (as part-nature)		7	0.1%
Chicken, other slaughtering products, PART-NATURE = Giblet (as part-nature), PROCESS = Boiling		2	0%
Chicken, other slaughtering products, PART-NATURE = Giblet (as part-nature), PROCESS = Stewing		1	0%

Chicken, other slaughtering products, PART-NATURE = Stomach (as part-nature), PROCESS = Boiling		2	0%
Chili peppers		4	0%
Chips/crisps, INGREDIENT = Wheat flour		2	0%
Chips/crisps, INGREDIENT = Wheat flour, PACKAGING-FORMAT = Bag, sack or pouch, PREPARATION-PRODUCTION-PLACE = Food industry prepared		6	0.1%
Chips/crisps, PROCESS = Slicing, INGREDIENT = Cassava roots, PREPARATION-PRODUCTION-PLACE = Food industry prepared		1	0%
Chives		4	0%
Chocolate cake		6	0.1%
Chocolate cake, QUALITATIVE-INFO = Small, PREPARATION-PRODUCTION-PLACE = Food industry prepared		2	0%
Chocolate spread, INGREDIENT = Hazelnuts, PREPARATION-PRODUCTION-PLACE = Food industry prepared		1	0%
Chorizo and similar		5	0%
Chorizo and similar, INGREDIENT = Pig fresh meat, INGREDIENT = Pig other slaughtering products		10	0.1%
Chorizo and similar, INGREDIENT = Pig other slaughtering products, INGREDIENT = Bovine and pig fresh meat, INGREDIENT = Bovine other slaughtering products		3	0%
Chorizo and similar, PROCESS = Broiling/grilling		1	0%
Cinnamon bark		1	0%
Cinnamon bark, PROCESS = Grinding / milling / crushing		1	0%
Cocoa beverage-preparation, powder		10	0.1%
Cocoa beverages, INGREDIENT = Drinking water		1	0%
Cocoa powder		1	0%
Coconuts		2	0%
Cod		1	0%
Coffee beverages, INGREDIENT = Coffee ground, roasted, QUALITATIVE-INFO = Without added sugar		1	0%
Coffee ground, roasted		91	0.8%
Cola beverages, caffeinic		111	1%
Common banana		121	1.1%
Common banana - paradisiaca cultivars		2	0%
Common laminated dough, PROCESS = Frying, PROCESS = Filling		1	0%
Common peaches		41	0.4%
Cooked turkey meat, PROCESS = Slicing		2	0%
Coriander leaves		105	0.9%
Corn chips, INGREDIENT = Barbeque flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared		3	0%
Corn chips, PREPARATION-PRODUCTION-PLACE = Food industry prepared		2	0%
Corn curls, INGREDIENT = Cheese flavour		1	0%
Corn curls, PREPARATION-PRODUCTION-PLACE = Food industry prepared		18	0.2%
Corned turkey, uncooked, PHYSICAL-STATE = Slices, steaks or other flat cuts		38	0.3%

Cottage cheese, QUALITATIVE-INFO = Fat free		1	0%
Cow milk, INGREDIENT = Vegetable fats and oils, edible		53	0.5%
Cow milk, semi skimmed (half fat), PHYSICAL-STATE = Liquid, FAT-CONTENT = 2 % fat		1	0%
Cow milk, semi skimmed (half fat), PROCESS = Lactose reduction, PHYSICAL-STATE = Liquid, FAT-CONTENT = 2 % fat		5	0%
Cow milk, skimmed (low fat), PHYSICAL-STATE = Liquid		1	0%
Cow milk, whole		7	0.1%
Cow milk, whole, PHYSICAL-STATE = Liquid, FAT-CONTENT = 3.2 % fat		108	1%
Cow milk, whole, PROCESS = Reconstitution from concentrate, powder or other dehydrated form		12	0.1%
Cow, ox or bull fresh meat, PART-CONSUMED-ANALYSED = Excluding visible fat		39	0.3%
Cow, ox or bull fresh meat, PART-CONSUMED-ANALYSED = Excluding visible fat, PART-CONSUMED-ANALYSED = With bone		4	0%
Cow, ox or bull fresh meat, PART-CONSUMED-ANALYSED = With bone		7	0.1%
Cow, ox or bull fresh meat, PROCESS = Broiling/grilling, QUALITATIVE-INFO = Half fat or medium fat		7	0.1%
Cow, ox or bull fresh meat, QUALITATIVE-INFO = Half fat or medium fat		17	0.2%
Crackers and breadsticks, PREPARATION-PRODUCTION-PLACE = Food industry prepared		11	0.1%
Crackers and breadsticks, QUALITATIVE-INFO = With added salt		1	0%
Crackers and breadsticks, QUALITATIVE-INFO = With added salt, PREPARATION-PRODUCTION-PLACE = Food industry prepared		2	0%
Cream cheese		4	0%
Cream custard cake, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Brioche type products		2	0%
Cream, plain		8	0.1%
Cream, plain, PHYSICAL-STATE = Spoonable creamy		87	0.8%
Cucumbers		36	0.3%
Cured seasoned poultry meat, SOURCE-COMMODITIES = Chicken fresh meat		1	0%
Curry powder		1	0%
Diet soft drink with caffeine		1	0%
Doughnuts-berliner, PROCESS = Chocolate coating		1	0%
Doughnuts-berliner, PROCESS = Filling		3	0%
Doughnuts-berliner, PROCESS = Sugar coating		1	0%
Dried fish		1	0%
Dried nuts/seeds and related flours and powders, SOURCE-COMMODITIES = Pumpkin seeds		55	0.5%
Dried pasta, QUALITATIVE-INFO = Fortified		91	0.8%
Dried pasta, QUALITATIVE-INFO = Not fortified		2	0%
Dried vine fruits (raisins etc.), PART-CONSUMED-ANALYSED = W/o seeds		1	0%
Drinking water, SWEETENING-AGENT = Refined cane sugar		4	0%
Epazote		1	0%
Essences and extracts		6	0.1%

Extra hard cheese (parmesan, grana type)	1	0%
Fermented tea infusion, SWEETENING-AGENT = Brown cane sugar	3	0%
Filled chocolate, INGREDIENT = Milk chocolate, INGREDIENT = Tree nuts	2	0%
Fish (meat), GENERIC-TERM = Other	1	0%
Fish soup, dry	1	0%
Flavoured milks, INGREDIENT = Chocolate flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	8	0.1%
Foamed sugar products (marshmallows)	3	0%
Foamed sugar products (marshmallows), PROCESS = Chocolate coating	1	0%
Frankfurt-type sausage, INGREDIENT = Bovine and pig fresh meat, INGREDIENT = Bovine other slaughtering products, INGREDIENT = Pig other slaughtering products	73	0.7%
Frankfurter sausage, INGREDIENT = Turkey fresh meat, INGREDIENT = Turkey, other slaughtering products	8	0.1%
French fries from cut potato, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared	3	0%
Fresh raw sausages, INGREDIENT = Chicken fresh meat	3	0%
Fresh raw sausages, PROCESS = Boiling, INGREDIENT = Pig fresh meat, INGREDIENT = Pig other slaughtering products	3	0%
Fresh raw sausages, PROCESS = Breading	1	0%
Fresh raw sausages, PROCESS = Broiling/grilling	1	0%
Fresh spiced sausages in casing, INGREDIENT = Bovine fresh meat, INGREDIENT = Bovine other slaughtering products	2	0%
Fresh spiced sausages in casing, INGREDIENT = Chicken fresh meat, INGREDIENT = Chicken, other slaughtering products	1	0%
Fresh spiced sausages in casing, INGREDIENT = Pig fresh meat, INGREDIENT = Pig other slaughtering products	9	0.1%
Fresh spiced sausages in casing, PROCESS = Boiling, INGREDIENT = Pig fresh meat, INGREDIENT = Pig other slaughtering products	2	0%
Fresh spiced sausages in casing, PROCESS = Broiling/grilling, INGREDIENT = Bovine fresh meat, INGREDIENT = Bovine other slaughtering products	1	0%
Fresh spiced sausages in casing, PROCESS = Broiling/grilling, INGREDIENT = Pig fresh meat, INGREDIENT = Pig other slaughtering products	4	0%
Fresh spiced sausages in casing, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Bovine fresh meat, INGREDIENT = Bovine other slaughtering products	4	0%
Fresh spiced sausages in casing, PROCESS = Frying, INGREDIENT = Bovine fresh meat, INGREDIENT = Bovine other slaughtering products	5	0%
Fresh uncured cheese, GENERIC-TERM = Unspecified	39	0.3%
Fresh uncured cheese, PROCESS = Drying (dehydration), QUALITATIVE-INFO = Hard	16	0.1%
Fresh uncured cheese, PROCESS = Drying (dehydration), QUALITATIVE-INFO = Hard, GENERIC-TERM = Other	6	0.1%
Fresh uncured cheese, PROCESS = Semi-drying (e.g. Fruits), QUALITATIVE-INFO = Semi-soft, GENERIC-TERM = Other	1	0%
Fresh uncured cheese, QUALITATIVE-INFO = Semi-soft, GENERIC-TERM = Other	20	0.2%
Fresh uncured cheese, QUALITATIVE-INFO = Soft	7	0.1%
Fresh uncured cheese, QUALITATIVE-INFO = Soft, GENERIC-TERM = Other	2	0%

Fresh uncured cheese, SOURCE-COMMODITIES = Cow milk, semi skimmed (half fat), QUALITATIVE-INFO = Semi-soft		8	0.1%
Fresh uncured cheese, SOURCE-COMMODITIES = Cow milk, whole, QUALITATIVE-INFO = Semi-soft		24	0.2%
Fried bread dough, PROCESS = Filling, PROCESS = Sugar coating, INGREDIENT = Plantains - paradisiaca cultivars, INGREDIENT = Beans (dry) and similar-		8	0.1%
Fried dough sweet, PROCESS = Filling, PROCESS = Sugar coating, INGREDIENT = Chocolate sauce		1	0%
Fried eggs, PROCESS = Blending		10	0.1%
Fries (finger chips), PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared		14	0.1%
Fruit cake		2	0%
Fruit dessert thickened, PROCESS = Chocolate coating, PROCESS = Freezing, INGREDIENT = Common banana		13	0.1%
Fruit dessert thickened, PROCESS = Chocolate coating, PROCESS = Freezing, INGREDIENT = Common banana, INGREDIENT = Peanuts		1	0%
Fruit dessert thickened, PROCESS = Chocolate coating, PROCESS = Freezing, INGREDIENT = Pineapples		1	0%
Fruit infusion, INGREDIENT = Pineapples, SWEETENING-AGENT = Refined cane sugar, PART-CONSUMED-ANALYSED = Only peel		3	0%
Fruit jelly		8	0.1%
Fruit pie-tarts, INGREDIENT = Apples		1	0%
Fruit smoothies, INGREDIENT = Strawberries, INGREDIENT = Drinking water		1	0%
Fruit soft drink, mixed fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, FORTIFICATION-AGENT = Vitamin C (ascorbic acid), QUALITATIVE-INFO = Fortified		1	0%
Fruit soft drink, orange		1	0%
Fruit soft drink, peach, PREPARATION-PRODUCTION-PLACE = Food industry prepared		12	0.1%
Fruit soft drink, pear, PREPARATION-PRODUCTION-PLACE = Food industry prepared		4	0%
Fruit soft drink, pineapple		1	0%
Fruit soft drink, pineapple, PREPARATION-PRODUCTION-PLACE = Food industry prepared		1	0%
Fruit soft drink, pineapple, SWEETENING-AGENT = Brown cane sugar		1	0%
Garden peas (without pods)		3	0%
Garlic		7	0.1%
Gelatine dessert		25	0.2%
Ginger roots		1	0%
Granita		1	0%
Granita, INGREDIENT = Bubblegum flavour		1	0%
Granita, INGREDIENT = Lemon flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared		1	0%
Granita, INGREDIENT = Mandarin flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared		1	0%
Granita, INGREDIENT = Mango flavour, INGREDIENT = Pumpkin seeds and similar-, PREPARATION-PRODUCTION-PLACE = Food industry prepared		1	0%
Granita, PREPARATION-PRODUCTION-PLACE = Food industry prepared		8	0.1%
Guavas		1	0%

Ham, pork, FAT-CONTENT = 13 % fat		9	0.1%
Hamburger with bread		2	0%
Hamburger with bread, INGREDIENT = Chicken fresh meat		2	0%
Hard candies		19	0.2%
Head lettuces		40	0.4%
Hen egg white, PROCESS = Boiling		2	0%
Hen eggs		337	3%
Herbal and other non-tea infusions, INGREDIENT = Brown cane sugar		1	0%
Herbs, vegetables and oil sauces, INGREDIENT = Parsley, SURROUNDING-MEDIUM = In vegetable oil		3	0%
Herbs/spices sauces, QUALITATIVE-INFO = Hot/piquant/spicy		1	0%
Hibiscus infusion flowers		26	0.2%
Honey		20	0.2%
Hot chocolate, INGREDIENT = Drinking water		3	0%
Hot drinks and infusions composite ingredients, INGREDIENT = Bitter chocolate, PHYSICAL-STATE = Tablets		9	0.1%
Hot drinks and infusions composite ingredients, INGREDIENT = Maize grain		2	0%
Hot drinks and infusions composite ingredients, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Maize flour, INGREDIENT = Soya proteins		26	0.2%
Hot drinks and infusions composite ingredients, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Mixture of grains		2	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), INGREDIENT = Sweet corn, INGREDIENT = Cow milk, whole, SWEETENING-AGENT = Refined cane sugar		1	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Mixing, INGREDIENT = Plantains - paradisiaca cultivars, INGREDIENT = Drinking water, SWEETENING-AGENT = Refined cane sugar		5	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Maize flour, INGREDIENT = Soyabeans and similar-, INGREDIENT = Milk powder, full fat, SWEETENING-AGE		1	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Pulses flour, INGREDIENT = Milk powder, full fat, SWEETENING-AGENT = Refined cane sugar		17	0.2%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Rice flour, INGREDIENT = Milk powder, skimmed, SWEETENING-AGENT = Refined cane sugar		3	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Wheat flour		14	0.1%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, PROCESS = Soaking, INGREDIENT = Rice grain, polished, INGREDIENT = Milk powder, full fat, SWEETENING-AGENT = Refi		3	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Soaking, INGREDIENT = Oat rolled grains, wholemeal, INGREDIENT = Cow milk, whole, SWEETENING-AGENT = Refined cane sugar		3	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Soaking, INGREDIENT = Rice grain, polished, INGREDIENT = Bitter chocolate, INGREDIENT = Drinking water		7	0.1%
Ice cream, milk-based, INGREDIENT = Chocolate flavour		2	0%

Ice cream, milk-based, INGREDIENT = Soft candies and analogues, INGREDIENT = Chocolate flavour		1	0%
Ice cream, milk-based, INGREDIENT = Strawberry flavour		4	0%
Ice cream, milk-based, INGREDIENT = Strawberry flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared		3	0%
Ice cream, milk-based, INGREDIENT = Vanilla flavour		2	0%
Ice cream, milk-based, INGREDIENT = Vanilla flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared		2	0%
Instant coffee (beverage), INGREDIENT = Cow milk, whole, SWEETENING-AGENT = Brown cane sugar		1	0%
Instant coffee (beverage), QUALITATIVE-INFO = Without added sugar		2	0%
Instant coffee powder		242	2.2%
Instant coffee powder, decaffeinated		8	0.1%
Jelly candies		16	0.1%
Juice, lemon		1	0%
Juice, orange		3	0%
Kiwi fruits (green, red, yellow)		1	0%
Lasagna, INGREDIENT = Mammals and birds meat, INGREDIENT = Tomato-containing cooked sauces, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared		1	0%
Leafy vegetables, GENERIC-TERM = Other, PART-CONSUMED-ANALYSED = With germ		3	0%
Leeks, PART-CONSUMED-ANALYSED = With tops		5	0%
Legume (beans) soup		92	0.8%
Legumes based dishes, INGREDIENT = Beans (dry) and similar-, PHYSICAL-STATE = Puree-type		6	0.1%
Legumes based dishes, INGREDIENT = Beans (dry) and similar-, QUALITATIVE-INFO = Black, PHYSICAL-STATE = Puree-type		30	0.3%
Legumes based dishes, PROCESS = Frying, INGREDIENT = Beans (dry) and similar-, QUALITATIVE-INFO = Black, PHYSICAL-STATE = Puree-type		24	0.2%
Lemons		1	0%
Lemons, PART-CONSUMED-ANALYSED = W/o peel		156	1.4%
Loquats, PART-CONSUMED-ANALYSED = W/o peel		1	0%
Maize flour, PROCESS = Alkalizing, INGREDIENT = Flour treatment agent		5	0%
Maize flour, PROCESS = Toasting / coffee roasting, INGREDIENT = Cinnamon bark and similar-, INGREDIENT = Cocoa powder, INGREDIENT = Herbs, spices and similar, INGREDIENT = Agave leaves		12	0.1%
Maize grain		1	0%
Maize grain, QUALITATIVE-INFO = White		2	0%
Maize meal, PROCESS = Degermination, QUALITATIVE-INFO = White, QUALITATIVE-INFO = Not fortified		1	0%
Maize oil, edible		25	0.2%
Mandarins		3	0%
Mangoes, QUALITATIVE-INFO = Green		11	0.1%
Mangoes, QUALITATIVE-INFO = Ripe / mature		10	0.1%

Marinated meat, SOURCE-COMMODITIES = Bovine fresh meat, PROCESS = Cooking and similar thermal preparation processes		1	0%
Marinated meat, SOURCE-COMMODITIES = Chicken fresh meat, PROCESS = Cooking and similar thermal preparation processes		1	0%
Marinated meat, SOURCE-COMMODITIES = Pig fresh meat, PROCESS = Cooking and similar thermal preparation processes		1	0%
Marmalade		1	0%
Mashed potato powder		2	0%
Mayonnaise sauce		1	0%
Mayonnaise sauce, QUALITATIVE-INFO = With added salt		125	1.1%
Meat and vegetable soup, dry, INGREDIENT = Asian-style noodles other than glass noodles, INGREDIENT = Chicken fresh meat		7	0.1%
Meat and vegetable soup, dry, INGREDIENT = Bovine fresh meat, INGREDIENT = Asian-style noodles other than glass noodles		1	0%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Chicken fresh meat, INGREDIENT = Salt, INGREDIENT = Stock cubes or granulate, chicken		3	0%
Meat based dishes, INGREDIENT = Pig head, INGREDIENT = Tomato-containing cooked sauces, PHYSICAL-STATE = Dices / sticks		1	0%
Meat burger (no sandwich), INGREDIENT = Bovine fresh meat, INGREDIENT = Pig fresh meat, INGREDIENT = Textured soy protein, PREPARATION-PRODUCTION-PLACE = Food industry prepared		6	0.1%
Meat burger (no sandwich), PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)		5	0%
Meat soup, with pieces, INGREDIENT = Beef soup flavour		2	0%
Meat soup, with pieces, INGREDIENT = Chicken flavour		5	0%
Meat/poultry soup, dry, INGREDIENT = Bovine tail		1	0%
Meat/poultry soup, dry, INGREDIENT = Chicken fresh meat, INGREDIENT = Asian-style noodles other than glass noodles		64	0.6%
Meat/poultry soup, dry, INGREDIENT = Pasta based dishes, uncooked, INGREDIENT = Meat flavour		3	0%
Meat/poultry soup, dry, INGREDIENT = Rice grain, INGREDIENT = Chicken fresh meat		1	0%
Melons		19	0.2%
Meringue tart, QUALITATIVE-INFO = Small		1	0%
Milk chocolate		7	0.1%
Milk powder, INGREDIENT = Vegetable fats and oils, edible		15	0.1%
Milk powder, QUALITATIVE-INFO = Lactose free		6	0.1%
Milk powder, full fat		126	1.1%
Milk powder, full fat, QUALITATIVE-INFO = Fortified		9	0.1%
Milk powder, skimmed		2	0%
Milk powder, skimmed, FORTIFICATION-AGENT = Vitamin A (retinol, carotenoids)		4	0%
Miscellaneous fruits with edible peel, SOURCE = Murici (as plant)		1	0%
Mixed breakfast cereals, INGREDIENT = Dried vine fruits (raisins etc.)		1	0%
Mixed cereal rolled grains		1	0%
Mixed cereal rolled grains, INGREDIENT = Dried vine fruits (raisins etc.), INGREDIENT = Honey		2	0%

Mixed fruit juice		5	0%
Mixed herbs and spices, PHYSICAL-STATE = Powder		15	0.1%
Mixed supplements/formulations, TARGET-CONSUMER = Children food		3	0%
Mixed vegetable juice, PROCESS = Canning / jarring		1	0%
Mixed vegetable salad, INGREDIENT = Head cabbages, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared		2	0%
Mixed vegetables, INGREDIENT = Bovine and pig fresh meat, INGREDIENT = Seasoning, sauces and condiments		3	0%
Mixed vegetables, PROCESS = Mincing / chopping / cutting		3	0%
Mixed vegetables, PROCESS = Mincing / chopping / cutting, INTENDED-USE = Raw but intended to be eaten cooked		1	0%
Mortadella-type sausage, INGREDIENT = Bovine and pig fresh meat, INGREDIENT = Bovine other slaughtering products, INGREDIENT = Pig other slaughtering products		2	0%
Mozzarella, SOURCE-COMMODITIES = Cow milk, skimmed (low fat)		2	0%
Mozzarella, SOURCE-COMMODITIES = Cow milk, whole		3	0%
Muffins, INGREDIENT = Vanilla flavour, PREPARATION-PRODUCTION-PLACE = Canteen / localized catering prepared		3	0%
Mustard and related sauces, PREPARATION-PRODUCTION-PLACE = Food industry prepared		6	0.1%
Nightshade, black		21	0.2%
Non dairy coffee creamer		5	0%
Oat flour, QUALITATIVE-INFO = Fortified		4	0%
Oat rolled grains, wholemeal, QUALITATIVE-INFO = Fortified		33	0.3%
Oat rolled grains, wholemeal, QUALITATIVE-INFO = Not fortified		5	0%
Olive oils		4	0%
Onion bulbs for fresh consumption		372	3.3%
Onion bulbs for fresh consumption, PART-CONSUMED-ANALYSED = With tops		13	0.1%
Oranges		6	0.1%
Oranges, sweet		5	0%
Other edible flowers, GENERIC-TERM = Other		7	0.1%
Other hybrids of Citrus reticulata, not elsewhere mentioned		8	0.1%
Pancake pre-mixes (dry)		20	0.2%
Pancake pre-mixes (dry), INGREDIENT = Buttermilk		3	0%
Pancakes		13	0.1%
Pancakes, INGREDIENT = Chicken fresh meat, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared		1	0%
Papayas		21	0.2%
Parsley		10	0.1%
Passionfruits		2	0%
Pasta based dishes, cooked, INGREDIENT = Meat balls		1	0%
Pasta based dishes, cooked, PROCESS = Baking, INGREDIENT = Tomato-containing cooked sauces		1	0%

Pasta, cooked, with vegetables, INGREDIENT = Asian-style noodles other than glass noodles, INGREDIENT = Chicken fresh meat, INGREDIENT = Soy sauce		3	0%
Pasta, plain (not stuffed), cooked, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Salt		18	0.2%
Pate, chicken liver, PACKAGING-FORMAT = Drawn can		3	0%
Pate, goose liver, PACKAGING-FORMAT = Drawn can		1	0%
Peaches and similar-		2	0%
Peanuts, INGREDIENT = Juice, lemon		1	0%
Peanuts, PROCESS = Compounding, assembling, coating or filling, INGREDIENT = Wheat flour, PREPARATION-PRODUCTION-PLACE = Food industry prepared		3	0%
Peanuts, PROCESS = Roasting		1	0%
Peanuts, PROCESS = Roasting, INGREDIENT = Vegetable fats and oils, edible, QUALITATIVE-INFO = With added salt		1	0%
Pears		2	0%
Peppers, dried, PHYSICAL-STATE = Powder		2	0%
Peppers, dried, QUALITATIVE-INFO = Red		17	0.2%
Peppers, dried, SOURCE-COMMODITIES = Chili peppers		1	0%
Peppers, dried, SOURCE-COMMODITIES = Chili peppers, QUALITATIVE-INFO = Dark		11	0.1%
Pig fat tissue, PROCESS = Frying, PREPARATION-PRODUCTION-PLACE = Food industry prepared		3	0%
Pig fresh meat, PART-CONSUMED-ANALYSED = Excluding visible fat		13	0.1%
Pig fresh meat, PART-CONSUMED-ANALYSED = With bone		6	0.1%
Pig fresh meat, PART-CONSUMED-ANALYSED = With bone, PART-CONSUMED-ANALYSED = Excluding visible fat		3	0%
Pig fresh meat, PROCESS = Broiling/grilling, PART-CONSUMED-ANALYSED = With bone		2	0%
Pig fresh meat, PROCESS = Cooking in water, QUALITATIVE-INFO = Low fat (naturally or reduced)		1	0%
Pig fresh meat, PROCESS = Frying		2	0%
Pig fresh meat, QUALITATIVE-INFO = Half fat or medium fat		7	0.1%
Pig fresh meat, QUALITATIVE-INFO = High fat		2	0%
Pig minced meat, PROCESS = Cooking and similar thermal preparation processes		3	0%
Pig other slaughtering products, PROCESS = Frying, PART-CONSUMED-ANALYSED = With skin, PART-CONSUMED-ANALYSED = Including visible fat		6	0.1%
Pineapples		36	0.3%
Pizza and similar with cheese topping		4	0%
Pizza and similar with cheese, meat, and vegetables		4	0%
Pizza and similar with processed meat topping, INGREDIENT = Pepperoni/paprika-type sausage		19	0.2%
Plantains - paradisiaca cultivars		40	0.4%
Plantains - paradisiaca cultivars, PROCESS = Cooking in water, QUALITATIVE-INFO = Ripe / mature, PART-CONSUMED-ANALYSED = W/o peel		11	0.1%
Plantains - paradisiaca cultivars, PROCESS = Frying		6	0.1%
Plums, QUALITATIVE-INFO = Purple		2	0%

Podded pea (young pods)		2	0%
Popcorn (maize, popped)		4	0%
Popcorn (maize, popped), INGREDIENT = Cheese flavour		3	0%
Porridge milk based (ready to eat), INGREDIENT = Oat rolled grains, wholemeal, INGREDIENT = Cow milk, whole, SWEETENING-AGENT = Brown cane sugar		18	0.2%
Potato based dishes, PROCESS = Cooking in water, PROCESS = Filling, INGREDIENT = Mammals and birds meat		2	0%
Potato crisps from potato slices, INGREDIENT = Barbeque flavour		1	0%
Potato crisps from potato slices, PREPARATION-PRODUCTION-PLACE = Food industry prepared		9	0.1%
Potato croquettes		3	0%
Potatoes, PART-CONSUMED-ANALYSED = W/o peel		128	1.1%
Potatoes, PART-CONSUMED-ANALYSED = With peel		19	0.2%
Potatoes, PROCESS = Boiling, PART-CONSUMED-ANALYSED = W/o peel		2	0%
Potatoes, PROCESS = Boiling, PART-CONSUMED-ANALYSED = With peel		1	0%
Potatoes, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Without added salt, PART-CONSUMED-ANALYSED = W/o peel		1	0%
Poultry fresh meat (muscle meat), SOURCE = Gallus gallus laying hens (as animal)		5	0%
Powdered drink bases, INGREDIENT = Fruit flavour		11	0.1%
Powdered drink bases, INGREDIENT = Fruit flavour, FORTIFICATION-AGENT = Vitamin C (ascorbic acid), QUALITATIVE-INFO = Fortified		49	0.4%
Powdered drink bases, INGREDIENT = Maize grain, INGREDIENT = Soyabeans and similar-, QUALITATIVE-INFO = Fortified		44	0.4%
Powdered drink bases, INGREDIENT = Orange flavour, FORTIFICATION-AGENT = Vitamin C (ascorbic acid), QUALITATIVE-INFO = Fortified		33	0.3%
Preparations for dessert, INGREDIENT = Vanilla flavour		4	0%
Prepared meat salad, INGREDIENT = Chicken fresh meat, PHYSICAL-STATE = Paste		6	0.1%
Processed cheese, sliceable, QUALITATIVE-INFO = Yellow		21	0.2%
Processed cheese, spreadable, QUALITATIVE-INFO = Yellow		1	0%
Processed maize-based flakes		29	0.3%
Processed maize-based flakes, INGREDIENT = Honey		3	0%
Processed maize-based flakes, PROCESS = Chocolate coating, INTENDED-USE = Ready-to-eat		20	0.2%
Processed maize-based flakes, PROCESS = Sugar coating		11	0.1%
Processed mixed cereal-based flakes, PROCESS = Chocolate coating, INTENDED-USE = Ready-to-eat		7	0.1%
Processed oat-based flakes, INGREDIENT = Foamed sugar products (marshmallows)		2	0%
Pulses flour, INGREDIENT = Broad beans (dry)		11	0.1%
Pumpkin seeds		1	0%
Pumpkins and similar-, QUALITATIVE-INFO = Ripe / mature		1	0%
Pumpkins, QUALITATIVE-INFO = Green, QUALITATIVE-INFO = Small		9	0.1%
Pumpkins, QUALITATIVE-INFO = Ripe / mature, QUALITATIVE-INFO = Yellow		7	0.1%
Purple mombins		2	0%
Raising agents		1	0%

Rambutans		3	0%
Raw cured (or seasoned) meat		48	0.4%
Refined cane sugar, FORTIFICATION-AGENT = Vitamin A (retinol, carotenoids), QUALITATIVE-INFO = Fortified		661	5.9%
Rice and vegetables meal, INGREDIENT = Textured soy protein		1	0%
Rice and vegetables meal, PROCESS = Frying		142	1.3%
Rice drink, INGREDIENT = Calabash nutmeg		1	0%
Rice drink, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Cinnamon bark, SWEETENING-AGENT = Refined cane sugar		13	0.1%
Rice flour, QUALITATIVE-INFO = White/refined		3	0%
Rice grain, QUALITATIVE-INFO = Semi-refined		5	0%
Rice grain, polished, QUALITATIVE-INFO = Fortified, EXTENT-OF-COOKING = Half-cooked		14	0.1%
Rice grain, polished, QUALITATIVE-INFO = Not fortified		32	0.3%
Rice, popped, PROCESS = Chocolate coating		46	0.4%
Rolled oats, instant, QUALITATIVE-INFO = Fortified		1	0%
Salad dressing, INGREDIENT = Vinegar, INGREDIENT = Vegetable fats and oils, edible, PREPARATION-PRODUCTION-PLACE = Food industry prepared		1	0%
Salad dressing, QUALITATIVE-INFO = With added salt, PHYSICAL-STATE = Spoonable creamy, PREPARATION-PRODUCTION-PLACE = Food industry prepared		3	0%
Salads, PREPARATION-PRODUCTION-PLACE = Restaurant prepared		1	0%
Salt		556	5%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Beans (dry) and similar-		9	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Raw cured (or seasoned) meat, INGREDIENT = Savoury sauces, INGREDIENT = Mixed vegetables		1	0%
Sandwich and sandwich-like dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Maize flour, INGREDIENT = Fresh uncured cheese		9	0.1%
Sandwich bread (hamburger roll-type), PROCESS = Toasting / coffee roasting, QUALITATIVE-INFO = Integral /not refined, PHYSICAL-STATE = Slices, steaks or other flat cuts, PREPARATION-PRODUCTION-PLACE = Food industry prepared		1	0%
Sandwich bread (hamburger roll-type), PROCESS = Toasting / coffee roasting, QUALITATIVE-INFO = White/refined		1	0%
Sandwich bread (hamburger roll-type), QUALITATIVE-INFO = White/refined		13	0.1%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = White cabbage, INGREDIENT = Avocados, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Mayonnaise sauce, INGREDIENT = Tomato ketchup and related sauces		8	0.1%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Wheat flour, INGREDIENT = Tortilla, INGREDIENT = Chicken fresh meat, QUALITATIVE-INFO = Soft		1	0%
Sandwich with processed meat topping/filling, INGREDIENT = Buns, INGREDIENT = Raw cured (or seasoned) meat		1	0%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = Bovine fresh meat		4	0%
Sauces from fermented/hydrolised sources and similar, PREPARATION-PRODUCTION-PLACE = Food industry prepared		3	0%
Savory, dry, PROCESS = Grinding / milling / crushing, PHYSICAL-STATE = Powder		34	0.3%

Seasoning mixes, PROCESS = Drying (dehydration), INGREDIENT = Garlic, INGREDIENT = Salt, PHYSICAL-STATE = Powder	8	0.1%
Seasoning mixes, PROCESS = Drying (dehydration), INGREDIENT = Garlic, PHYSICAL-STATE = Powder	3	0%
Seasoning mixes, PROCESS = Drying (dehydration), INGREDIENT = Onions, PHYSICAL-STATE = Powder	8	0.1%
Sesame seeds	14	0.1%
Shortcrust (pies -tarts), INGREDIENT = Cream cheese cake	1	0%
Shrimps, common	2	0%
Shrimps, common, PROCESS = Broiling/grilling	1	0%
Shrimps, common, PROCESS = Cooking in water	1	0%
Small radishes	21	0.2%
Soft drink, apple flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	4	0%
Soft drink, apple flavour, PROCESS = Carbonating, QUALITATIVE-INFO = Sparkling	1	0%
Soft drink, apple flavour, PROCESS = Reconstitution from concentrate, powder or other dehydrated form	4	0%
Soft drink, flavoured, no fruit, INGREDIENT = Aloe vera juice, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Soft drink, flavoured, no fruit, INGREDIENT = Fruit flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	10	0.1%
Soft drink, flavoured, no fruit, INGREDIENT = Grape flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	3	0%
Soft drink, flavoured, no fruit, INGREDIENT = Strawberry flavour, INGREDIENT = Essences and extracts, SWEETENING-AGENT = Refined cane sugar	2	0%
Soft drink, flavoured, no fruit, INGREDIENT = Strawberry flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Soft drink, flavoured, no fruit, PROCESS = Brewing / infusion, INGREDIENT = Hibiscus infusion flowers, SWEETENING-AGENT = Refined cane sugar	37	0.3%
Soft drink, flavoured, no fruit, PROCESS = Carbonating, INGREDIENT = Fruit flavour, QUALITATIVE-INFO = Sparkling	1	0%
Soft drink, flavoured, no fruit, PROCESS = Carbonating, INGREDIENT = Grape flavour, QUALITATIVE-INFO = Sparkling	11	0.1%
Soft drink, flavoured, no fruit, PROCESS = Carbonating, INGREDIENT = Strawberry flavour, QUALITATIVE-INFO = Sparkling	3	0%
Soft drink, flavoured, no fruit, PROCESS = Dilution, INGREDIENT = Strawberry flavour, INGREDIENT = Essences and extracts	1	0%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Black tea flavour	1	0%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Fruit flavour	54	0.5%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Melon flavour	1	0%
Soft drink, lemon flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	6	0.1%
Soft drink, lemon flavour, PROCESS = Carbonating, QUALITATIVE-INFO = Sparkling	15	0.1%
Soft drink, lemon flavour, PROCESS = Reconstitution from concentrate, powder or other dehydrated form	11	0.1%
Soft drink, mango flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%

Soft drink, orange flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared		85	0.8%
Soft drink, orange flavour, PROCESS = Carbonating, QUALITATIVE-INFO = Sparkling		16	0.1%
Soft drink, pineapple flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared		1	0%
Soft drink, pineapple flavour, PROCESS = Carbonating, QUALITATIVE-INFO = Sparkling		4	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Apples, PREPARATION-PRODUCTION-PLACE = Food industry prepared		28	0.3%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Juice, lemon, SWEETENING-AGENT = Refined cane sugar		5	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Tamarind		10	0.1%
Soft drink, with fruit juice (fruit content below the minimum for nectars), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Fruit juice concentrates, INGREDIENT = Bottled drinking water, SWEETENING-AGENT = Sucrose		15	0.1%
Sorbet		1	0%
Sorbet, INGREDIENT = Blackberries		1	0%
Sorbet, INGREDIENT = Chocolate flavour, PREPARATION-PRODUCTION-PLACE = Street vendor prepared and/or sold		1	0%
Sorbet, INGREDIENT = Cream flavour, PREPARATION-PRODUCTION-PLACE = Street vendor prepared and/or sold		1	0%
Sorbet, INGREDIENT = Fruit flavour		2	0%
Sorbet, INGREDIENT = Fruit flavour, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)		1	0%
Sorbet, INGREDIENT = Fruit flavour, PREPARATION-PRODUCTION-PLACE = Street vendor prepared and/or sold		9	0.1%
Sorbet, INGREDIENT = Mandarins, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)		1	0%
Sorbet, INGREDIENT = Peanuts, PREPARATION-PRODUCTION-PLACE = Street vendor prepared and/or sold		4	0%
Sorbet, INGREDIENT = Pineapples, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)		1	0%
Sorbet, INGREDIENT = Strawberries, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)		1	0%
Sorbet, INGREDIENT = Vanilla flavour, PREPARATION-PRODUCTION-PLACE = Street vendor prepared and/or sold		1	0%
Soups (ready-to-eat), INGREDIENT = Rice and vegetables meal		2	0%
Sour cherries		2	0%
Soy sauce, PREPARATION-PRODUCTION-PLACE = Food industry prepared		14	0.1%
Soya bean oil, refined		6	0.1%
Soya drink, INGREDIENT = Maize flour, INGREDIENT = Vanilla flavour, QUALITATIVE-INFO = Fortified, INTENDED-USE = Ready-to-eat		1	0%
Soya drink, INGREDIENT = Maize flour, QUALITATIVE-INFO = Fortified, INTENDED-USE = Ready-to-eat		5	0%
Soyabeans sprouts		1	0%
Spearmint		38	0.3%
Spinaches		1	0%

Sponge biscuits, PROCESS = Sugar coating, PREPARATION-PRODUCTION-PLACE = Prepared by bakery		7	0.1%
Sponge cake, INGREDIENT = Vanilla flavour, QUALITATIVE-INFO = Small, PREPARATION-PRODUCTION-PLACE = Food industry prepared		5	0%
Sponge cake, PROCESS = Filling, INGREDIENT = Baked milk and similar		2	0%
Sponge cake, PROCESS = Filling, INGREDIENT = Strawberries, INGREDIENT = Cream flavour, INGREDIENT = Vanilla flavour		2	0%
Stems/stalks eaten as vegetables, SOURCE = Onion (as plant)		5	0%
Stock cube or granulate, beef, PROCESS = Drying (dehydration), PHYSICAL-STATE = Powder		17	0.2%
Stock cubes or granulate, chicken, PROCESS = Drying (dehydration), PHYSICAL-STATE = Powder		211	1.9%
Strawberries		43	0.4%
Sugar cotton		2	0%
Sweet and sour sauce		4	0%
Sweet corn, PROCESS = Boiling, QUALITATIVE-INFO = White		1	0%
Sweet corn, PROCESS = Boiling, QUALITATIVE-INFO = Yellow		4	0%
Sweet corn, PROCESS = Cooking in water, QUALITATIVE-INFO = Yellow		1	0%
Sweet corn, QUALITATIVE-INFO = White		10	0.1%
Sweet corn, QUALITATIVE-INFO = Yellow		24	0.2%
Sweet peppers, PROCESS = Frying, PROCESS = Breading, PROCESS = Filling, INGREDIENT = Prepared meat salad		11	0.1%
Sweet peppers, QUALITATIVE-INFO = Green		11	0.1%
Sweet peppers, QUALITATIVE-INFO = Red		77	0.7%
Swiss chards		4	0%
Syrups, SOURCE-COMMODITIES = Maples (trunk sap)		10	0.1%
Table grapes		1	0%
Tahiti limes		46	0.4%
Tamarind		8	0.1%
Tea extract (powder)		2	0%
Textured soy protein		1	0%
Tomatillos		23	0.2%
Tomato ketchup and related sauces		1	0%
Tomato ketchup and related sauces, PHYSICAL-STATE = Paste		1	0%
Tomato ketchup and related sauces, PREPARATION-PRODUCTION-PLACE = Food industry prepared		111	1%
Tomato paste, PREPARATION-PRODUCTION-PLACE = Food industry prepared		10	0.1%
Tomato paste, PROCESS = Canning / jarring, QUALITATIVE-INFO = Without added salt		5	0%
Tomato-containing cooked sauces		39	0.3%
Tomato-containing cooked sauces, INGREDIENT = Celeries, INGREDIENT = Onions, INGREDIENT = Peppers and similar-, PREPARATION-PRODUCTION-PLACE = Food industry prepared		30	0.3%
Tomato-containing cooked sauces, INGREDIENT = Onions, PREPARATION-PRODUCTION-PLACE = Food industry prepared		1	0%

Tomato-containing cooked sauces, PROCESS = Canning / jarring, INGREDIENT = Cheese, PREPARATION-PRODUCTION-PLACE = Food industry prepared		13	0.1%
Tomato-containing cooked sauces, PROCESS = Canning / jarring, INGREDIENT = Common mushrooms, PREPARATION-PRODUCTION-PLACE = Food industry prepared		1	0%
Tomato-containing cooked sauces, PROCESS = Stir frying, INGREDIENT = Mixed vegetables		7	0.1%
Tomatoes, QUALITATIVE-INFO = Red		313	2.8%
Tortilla chips, INGREDIENT = Barbeque flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared		45	0.4%
Tortilla chips, INGREDIENT = Beans (with pods) and similar-, INGREDIENT = Bovine, minced meat, PREPARATION-PRODUCTION-PLACE = Street vendor prepared and/or sold		1	0%
Tortilla chips, INGREDIENT = Cheese flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared		27	0.2%
Tortilla chips, PREPARATION-PRODUCTION-PLACE = Food industry prepared		46	0.4%
Tortilla, INGREDIENT = Maize flour		2	0%
Tortilla, INGREDIENT = Maize flour, INGREDIENT = Flour treatment agent		29	0.3%
Tortilla, INGREDIENT = Maize flour, INGREDIENT = Flour treatment agent, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)		1	0%
Tortilla, INGREDIENT = Maize flour, INGREDIENT = Flour treatment agent, PREPARATION-PRODUCTION-PLACE = Prepared by artisan		587	5.2%
Tortilla, INGREDIENT = Maize flour, QUALITATIVE-INFO = Fortified, PREPARATION-PRODUCTION-PLACE = Food industry prepared, INTENDED-USE = Non-ready-to-eat		1	0%
Tortilla, INGREDIENT = Potatoes		1	0%
Tortilla, INGREDIENT = Wheat flour, PREPARATION-PRODUCTION-PLACE = Food industry prepared, INTENDED-USE = Non-ready-to-eat		2	0%
Tortilla, PROCESS = Filling, INGREDIENT = Beans, meat, and vegetables meal		1	0%
Tortilla, PROCESS = Frying, INGREDIENT = Beans (dry) and similar-		10	0.1%
Tortilla, PROCESS = Frying, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Maize flour, INGREDIENT = Cheese		4	0%
Tortilla, PROCESS = Frying, INGREDIENT = Maize flour		12	0.1%
Tortilla, PROCESS = Frying, INGREDIENT = Maize flour, INGREDIENT = Asian-style noodles other than glass noodles		5	0%
Tortilla, PROCESS = Frying, INGREDIENT = Maize flour, INGREDIENT = Tomato paste		5	0%
Tortilla, PROCESS = Frying, PROCESS = Pulping / mashing, INGREDIENT = Maize flour, INGREDIENT = Avocados		3	0%
Traditional margarine, QUALITATIVE-INFO = With added salt, FAT-CONTENT = 20 % fat		43	0.4%
Traditional margarine, QUALITATIVE-INFO = With added salt, FAT-CONTENT = 80 % fat		182	1.6%
Traditional unleavened breads, INGREDIENT = Maize flour, INGREDIENT = Mammals and birds meat		19	0.2%
Traditional unleavened breads, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Filling, QUALITATIVE-INFO = Soft		1	0%
Traditional unleavened breads, PROCESS = Cooking in water, INGREDIENT = Maize and similar-		2	0%
Traditional unleavened breads, PROCESS = Cooking in water, PROCESS = Filling, INGREDIENT = Beans (dry) and similar-		2	0%
Traditional unleavened breads, PROCESS = Cooking in water, PROCESS = Filling, INGREDIENT = Chicken fresh meat		5	0%

Traditional unleavened breads, PROCESS = Cooking in water, PROCESS = Filling, INGREDIENT = Mammals and birds meat, INGREDIENT = Chocolate and similar	1	0%
Traditional unleavened breads, PROCESS = Cooking in water, PROCESS = Filling, INGREDIENT = Pig fresh meat	3	0%
Traditional unleavened breads, PROCESS = Cooking in water, PROCESS = Mixing, INGREDIENT = Chicken fresh meat, INGREDIENT = Leafy vegetables	1	0%
Turkey fresh meat, PART-CONSUMED-ANALYSED = With skin	1	0%
Turnip tops	1	0%
Unleavened doughs, INGREDIENT = Maize flour, INGREDIENT = Flour treatment agent, QUALITATIVE-INFO = White/refined	7	0.1%
Various pastry, PROCESS = Filling, INGREDIENT = Baked milk and similar	3	0%
Vegetable fats and oils, edible	338	3%
Vegetables-based cooked sauce, INGREDIENT = Tomatoes, INGREDIENT = Peppers, dried, INGREDIENT = Sesame seeds, QUALITATIVE-INFO = Dark	7	0.1%
Vinegar	6	0.1%
Wafers	9	0.1%
Wafers, INGREDIENT = Chocolate and similar	1	0%
Wafers, PREPARATION-PRODUCTION-PLACE = Food industry prepared	4	0%
Wafers, PROCESS = Filling, PREPARATION-PRODUCTION-PLACE = Food industry prepared	30	0.3%
Water snails, conches and whelks, INTENDED-USE = Raw but intended to be eaten cooked	1	0%
Watercresses	4	0%
Watermelons	29	0.3%
Watermelons, PROCESS = Mincing / chopping / cutting	1	0%
Wheat bran rolled flakes	1	0%
Wheat bread and rolls, PROCESS = Sugar coating	119	1.1%
Wheat bread and rolls, brown or wholemeal	1	0%
Wheat bread and rolls, white (refined flour)	6	0.1%
Wheat bread and rolls, white (refined flour), PREPARATION-PRODUCTION-PLACE = Food industry prepared	9	0.1%
Wheat bread and rolls, white (refined flour), PREPARATION-PRODUCTION-PLACE = Prepared by bakery	544	4.9%
Wheat bread and rolls, white (refined flour), PROCESS = Toasting / coffee roasting, PHYSICAL-STATE = Slices, steaks or other flat cuts, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Wheat bread and rolls, white (refined flour), PROCESS = Toasting / coffee roasting, PROCESS = Sugar coating	36	0.3%
Wheat coffee ingredient	3	0%
Wheat flour white, QUALITATIVE-INFO = Not fortified	3	0%
Wheat flour, INGREDIENT = Wheat semolina, QUALITATIVE-INFO = Fortified	1	0%
Wheat flour, QUALITATIVE-INFO = Fortified	1	0%
Wheat, popped, INGREDIENT = Foamed sugar products (marshmallows), INGREDIENT = Fruit flavour	4	0%
Wheat, popped, INGREDIENT = Fruit flavour	31	0.3%
White cabbage	15	0.1%

White cabbage, PROCESS = Cooking in water		1	0%
White cabbage, PROCESS = Cooking in water, QUALITATIVE-INFO = Without added salt		4	0%
Yoghurt drinks, including sweetened and/or flavoured variants, INGREDIENT = Coconut flavour		1	0%
Yoghurt, cow milk, flavoured, INGREDIENT = Chocolate flavour		1	0%
Yoghurt, cow milk, flavoured, INGREDIENT = Fruit flavour		12	0.1%
Yoghurt, cow milk, flavoured, INGREDIENT = Strawberry flavour		3	0%

V26_A1:

Data file: data_anon_consumption

Overview

Valid: 19   Invalid: 0
Type: Discrete   Width: 26   Range: -   Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
(common sugar)		15	78.9%
NT = Refined cane sugar		1	5.3%
ned cane sugar		3	15.8%

FOOD_AMOUNT_UNPROC: Food amount (edible) before processing/cooking (raw amount) (g)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

FOOD_AMOUNT_CONS: Food amount (edible) as consumed by the participant (g)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186

Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

FOOD_AMOUNT_REPORTED: Food amount (edible) as reported in the survey (g)

Data file: data_anon_consumption

Overview

Valid: 11186   Invalid: 0   Minimum: 0   Maximum: 2000   Mean: 56.452   Standard deviation: 86.784
Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 2000   Format: Numeric

ENERGY_KCAL: Energy (kcal)

Data file: data_anon_consumption

Overview

Valid: 11186   Invalid: 0   Minimum: 0   Maximum: 1860   Mean: 84.525   Standard deviation: 109.624
Type: Continuous   Decimal: 0   Width: 8   Range: 0 - 1860   Format: Numeric

WATER_G: Water (g)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

PROTEIN_G: Protein (g)

Data file: data_anon_consumption

Overview

Valid: 10847   Invalid: 339   Minimum: 0   Maximum: 98.7   Mean: 2.858   Standard deviation: 5.289
Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 98.7   Format: Numeric

A_PROT_G: Animal protein (g)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

V_PROT_G: Vegetal protein (g)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

CARBOH_G: Carbohydrates (g)

Data file: data_anon_consumption

Overview

Valid: 11133   Invalid: 53   Minimum: 0   Maximum: 210.51   Mean: 12.601   Standard deviation: 18.259
Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 210.51   Format: Numeric

SUGAR_G: Total sugars (g)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

FIBTG_G: Fibre total dietary (g)

Data file: data_anon_consumption

Overview

Valid: 9157   Invalid: 2029   Minimum: 0   Maximum: 26.5   Mean: 0.822   Standard deviation: 1.656
Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 26.5   Format: Numeric

ALCOHOL_G: Alcohol (g)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

FAT_G: Fat (g)

Data file: data_anon_consumption

Overview

Valid: 11149   Invalid: 37   Minimum: 0   Maximum: 166   Mean: 2.686   Standard deviation: 5.988
Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 166   Format: Numeric

SAT_FAT_G: Saturated fat (g)

Data file: data_anon_consumption

Overview

Valid: 9350   Invalid: 1836   Minimum: 0   Maximum: 62.78   Mean: 0.928   Standard deviation: 2.443
Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 62.78   Format: Numeric

MUFA_G: Monounsaturated fat (g)

Data file: data_anon_consumption

Overview

Valid: 9130   Invalid: 2056   Minimum: 0   Maximum: 107.9   Mean: 1.162   Standard deviation: 2.812
Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 107.9   Format: Numeric

PUFA_G: Poly-unsaturated fat (g)

Data file: data_anon_consumption

Overview

Valid: 9132   Invalid: 2054   Minimum: 0   Maximum: 24.262   Mean: 0.508   Standard deviation: 1.237
Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 24.262   Format: Numeric

TFA_G: Trans fatty acid (g)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

CHOL_MG: Cholesterol (mg)

Data file: data_anon_consumption

Overview

Valid: 9346   Invalid: 1840   Minimum: 0   Maximum: 863.6   Mean: 16.532   Standard deviation: 62.098
Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 863.6   Format: Numeric

CALC_MG: Calcium (mg)

Data file: data_anon_consumption

Overview

Valid: 11052   Invalid: 134   Minimum: 0   Maximum: 4322   Mean: 32.23   Standard deviation: 104.864
Type: Continuous   Decimal: 0   Width: 8   Range: 0 - 4322   Format: Numeric

IRON_MG: Iron (mg)

Data file: data_anon_consumption

Overview

Valid: 10993   Invalid: 193   Minimum: 0   Maximum: 1026.66   Mean: 1.969   Standard deviation: 24.122
Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 1026.66   Format: Numeric

ZINC_MG: Zinc (mg)

Data file: data_anon_consumption

Overview

Valid: 8604   Invalid: 2582   Minimum: 0   Maximum: 20.48   Mean: 0.379   Standard deviation: 0.877
Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 20.48   Format: Numeric

MG_MG: Magnesium (mg)

Data file: data_anon_consumption

Overview

Valid: 7157   Invalid: 4029   Minimum: 0   Maximum: 818   Mean: 11.475   Standard deviation: 22.32
Type: Continuous   Decimal: 0   Width: 8   Range: 0 - 818   Format: Numeric

PHOS_MG: Phosphorus (mg)

Data file: data_anon_consumption

Overview

Valid: 10820   Invalid: 366   Minimum: 0   Maximum: 2910   Mean: 46.562   Standard deviation: 93.446
Type: Continuous   Decimal: 0   Width: 8   Range: 0 - 2910   Format: Numeric

POTA_MG: Potassium (mg)

Data file: data_anon_consumption

Overview

Valid: 8624   Invalid: 2562   Minimum: 0   Maximum: 8838   Mean: 106.322   Standard deviation: 224.771
Type: Continuous   Decimal: 0   Width: 8   Range: 0 - 8838   Format: Numeric

NA_MG: Sodium (mg)

Data file: data_anon_consumption

Overview

Valid: 8797   Invalid: 2389   Minimum: 0   Maximum: 11627   Mean: 110.402   Standard deviation: 297.102
Type: Continuous   Decimal: 0   Width: 8   Range: 0 - 11627   Format: Numeric

CU_MG: Copper (mg)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

IOD_MCG: Iodine (µg/mcg)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

SE_MCG: Selenium (µg/mcg)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

MN_MG: Manganese (mg)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

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Sysmiss	

VITC_MG: Vitamin C (mg)

Data file: data_anon_consumption

Overview

Valid: 10208   Invalid: 978   Minimum: 0   Maximum: 514.68   Mean: 4.656   Standard deviation: 16.211
Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 514.68   Format: Numeric

THIA_MG: Thiamine (mg)

Data file: data_anon_consumption

Overview

Valid: 10951   Invalid: 235   Minimum: 0   Maximum: 108   Mean: 0.104   Standard deviation: 2.062
Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 108   Format: Numeric

RIBO_MG: Riboflavin (mg)

Data file: data_anon_consumption

Overview

Valid: 10894   Invalid: 292   Minimum: 0   Maximum: 4.537   Mean: 0.0743   Standard deviation: 0.187
Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 4.537   Format: Numeric

NIAC_MG: Niacin (mg)

Data file: data_anon_consumption

Overview

Valid: 10943   Invalid: 243   Minimum: 0   Maximum: 70.425   Mean: 0.741   Standard deviation: 1.828
Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 70.425   Format: Numeric

VITB5_MG: Vitamin B5 (mg)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

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Sysmiss	

VITB6_MG: Vitamin B6 (mg)

Data file: data_anon_consumption

Overview

Valid: 8535   Invalid: 2651   Minimum: 0   Maximum: 120   Mean: 0.148   Standard deviation: 2.597
Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 120   Format: Numeric

FOLDFE_MCG: Folate (µg/mcg DFE)

Data file: data_anon_consumption

Overview

Valid: 6882   Invalid: 4304   Minimum: 0   Maximum: 1049   Mean: 21   Standard deviation: 60.972
Type: Continuous   Decimal: 0   Width: 8   Range: 0 - 1049   Format: Numeric

FOL_MCG: Folate, total (µg/mcg)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

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FOLFD_MCG: Folate food, naturally occuring food folates (µg/mcg)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

FOLFRE_MCG: Folate, free (µg/mcg)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

FOLAC_MCG: Folic acid (synthetic) (µg/mcg)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

VITB12_MCG: Vitamin B12 (µg/mcg)

Data file: data_anon_consumption

Overview

Valid: 8130   Invalid: 3056   Minimum: 0   Maximum: 68.19   Mean: 0.213   Standard deviation: 1.312
Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 68.19   Format: Numeric

VITA_RAE_MCG: Vitamin A (µg/mcg RAE)

Data file: data_anon_consumption

Overview

Valid: 10643   Invalid: 543   Minimum: 0   Maximum: 9294   Mean: 43.932   Standard deviation: 197.236
Type: Continuous   Decimal: 0   Width: 8   Range: 0 - 9294   Format: Numeric

VITA_RE_MCG: Vitamin A (µg/mcg RE)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

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CATEGORIES

Value	Category
Sysmiss	

BCAROT_MCG: Beta-carotene (µg/mcg)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

RETOL_MCG: Retinol (µg/mcg)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

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Sysmiss	

VITD_MCG: Vitamin D (µg/mcg)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

VITE_MG: Vitamin E, alpha-tocopherol equivalents (mg)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

VITK_MCG: Vitamin K (µg/mcg)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186

Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

CATEGORIES

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Sysmiss	

PHY_MG: Phytate, total (mg)

Data file: data_anon_consumption

Overview

Valid: 0   Invalid: 11186
Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

Questions and instructions

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Sysmiss	

VERSION: Version

Data file: data_anon_consumption

Overview

Valid: 1   Invalid: 0
Type: Discrete   Width: 12   Range: -   Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
23 June 2023		1	100%

study_resources

technical_documents

Codebook

title	Codebook
filename	fao_who_gift_code_book_fam.xlsx