

Dietary Contribution of Wild Edible Plants to Women's Diets in the Buffer Zone around the Lama Forest 2012

Ghent University, Bioversity International

report_generated_on: July 28, 2025

visit_data_catalog_at: <http://catalog.ihsn.org/>

Identification

SURVEY ID NUMBER

BEN_2012_DCWEPWDBZLF_v01_M_v01_A_ESS

TITLE

Dietary Contribution of Wild Edible Plants to Women's Diets in the Buffer Zone around the Lama Forest 2012

ABBREVIATION OR ACRONYM

DCWEPWDBZLF 2012

COUNTRY

Name	Country code
Benin	BEN

STUDY TYPE

Individual Food Consumption/Dietary Survey [hh/ifcs]

ABSTRACT

The objective of this study is to assess the contribution of Wild Edible Plants (WEPs) to women's diets in the buffer zone of the Lama forest in southern Benin.

KIND OF DATA

Sample survey data [ssd]

UNIT OF ANALYSIS

Individuals

Scope

NOTES

The survey collected information on:

- Subjects: information on the participants such as age, sex and geographical location.
- Consumption: information on all foods consumed by each participant in each survey day, including quantities and nutrient values.

Coverage

GEOGRAPHIC COVERAGE

Sub-national coverage, only rural areas.

UNIVERSE

The population group covered in the survey was non-pregnant non-lactating women older than 18 years.

Producers and sponsors

PRIMARY INVESTIGATORS

Name
Ghent University
Bioversity International

Sampling

SAMPLING PROCEDURE

Households were randomly selected according to the random walk method (UNICEF 2010). Women were randomly selected from two out of the three villages of the Lama forest, Agadjaligbo and Zalimé, which were chosen for their accessibility. The interviewers started from a crossroads in each village. One of the four paths leading from the cross was chosen and the first household was visited. In case of absence, the household next door was visited. Consecutive households were not selected; one household was interviewed, and then 2, 3 or 4 households were skipped. About 15 interviews were conducted along each of the four paths, always starting from the crossroads. In both villages, 60 interviews were carried out.

WEIGHTING

No sample weights were used in this survey.

Data collection

DATES OF DATA COLLECTION

Start	End
2012-02-15	2012-03-15

DATA COLLECTION MODE

Face-to-face [f2f]

DATA COLLECTION NOTES

Interactive, quantitative individual 24-hour recall, repeated in non-consecutive days (2 recalls per subject). The survey included weekdays and Saturdays (no Sundays).

DATA COLLECTORS

Affiliation
Ghent University
University of Abomey-Calavi

Access policy

CONTACTS

Email
fao-who-gift@fao.org

CONFIDENTIALITY

The users shall not take any action with the purpose of identifying any individual entity (i.e. person, household, enterprise, etc.) in the micro dataset(s). If such a disclosure is made inadvertently, no use will be made of the information, and it will be reported immediately to FAO.

ACCESS CONDITIONS

Micro datasets disseminated by FAO shall only be allowed for research and statistical purposes. Any user which requests access working for a commercial company will not be granted access to any micro dataset regardless of their specified purpose. Users requesting access to any datasets must agree to the following minimal conditions:

- The micro dataset will only be used for statistical and/or research purposes;
- Any results derived from the micro dataset will be used solely for reporting aggregated information, and not for any specific individual entities or data subjects;
- The users shall not take any action with the purpose of identifying any individual entity (i.e. person, household, enterprise, etc.) in the micro dataset(s). If such a disclosure is made inadvertently, no use will be made of the information, and it will be reported immediately to FAO;
- The micro dataset cannot be re-disseminated by users or shared with anyone other than the individuals that are granted

access to the micro dataset by FAO.

CITATION REQUIREMENTS

Ghent University (UGent); Belgium; 2012; 24 hour dietary recall data of adult women of villages in the Lama Forest in Southern Benin

Disclaimer and copyrights

DISCLAIMER

The user of the data acknowledges that the original collector of the data, the authorized distributor of the data, and the relevant funding agency bear no responsibility for use of the data or for interpretations or inferences based upon such uses.

Metadata production

DDI DOCUMENT ID

DDI_BEN_2012_DCWEPWDBZLF_v01_M_v01_A_ESS_FAO

PRODUCERS

Name	Abbreviation	Affiliation	Role
Food and Nutrition Division	ESN	Food and Agriculture Organization of the United Nations	Metadata producer
Statistics Division	ESS	Food and Agriculture Organization of the United Nations	Metadata adapted for FAM
Development Data Group	DECDG	World Bank Group	Metadata adapted for World Bank Microdata Library

DDI DOCUMENT VERSION

Identical to a metadata (BEN_2012_DCWEPWDBZLF_v01_M_v01_A_ESS) published on FAO microdata repository (<https://microdata.fao.org/index.php/catalog>). Some of the metadata fields have been edited.

data_dictionary

Data file	Cases	variables
------------------	--------------	------------------

study_resources

technical_documents

Codebook

title Codebook
filename fao_who_gift_code_book.xlsx
